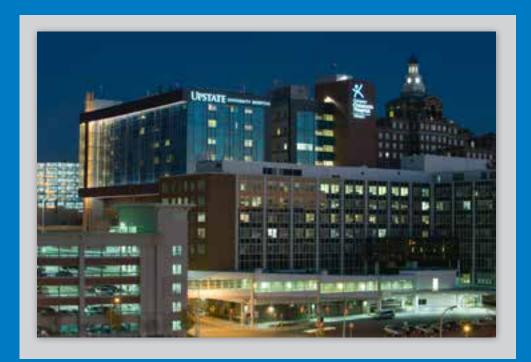
FROM THE REGION'S ONLY ACADEMIC UROLOGY PROGRAM



# UROLOGY

PART OF SUNY UPSTATE MEDICAL UNIVERSITY AND AFFILIATED WITH THE UPSTATE CANCER CENTER



## LETTER FROM THE CHAIR: GENNADY BRATSLAVSKY, MD

Last year we introduced you to the inaugural issue of the Upstate Urology Updates. This publication is our way of communicating the ongoing progress from the region's only academic urology program. In the last several months, many great things have happened within our department that we are excited to share with you.

In this edition of Upstate Urology Updates you will read about our newest team members, who include surgeons and researchers as well as new clinical and clerical support staff. You will also read about many new treatments and programs that are now offered by our team for patients in Central New York.

We are also happy to share the news about ground breaking new procedures that we have performed at Upstate and our research with identification of key proteins or cellular enzymes that could be effective drug targets in urologic and other cancers. We will also update you on our community services as well as the national and international prominence that the Upstate Urology faculty has gained through publications and presentations in top medical journals as well as at conferences throughout the world.

We are also happy to share news of our expansion with the opening of our new office in Auburn, as well as our expansion in the Rome area. We are also including some interesting and educational facts about certain common



urologic problems that you and our patients may find educational.

We hope you enjoy this edition of Upstate Urology Updates and thank you for all of your support and being part of this wonderful community with us.

Sincerely,

Gennady Bratslavsky, MD Professor and Chair Department of Urology SUNY Upstate Medical University

## 2016

# UPSTATE UROLOGY TEAM



Our group of over 80 caring and highly qualified physicians, scientists and other clinical personnel provide the most comprehensive and integrative services in the area's covering anything from the most common urologic conditions to the most complex urologic problems requiring specialized training.

Our department is a well-integrated group of 26 physicians, 5 midlevel providers, 7 PhD/scientists, 16 nurses, 5 graduate and postgraduate students, 26 administrators, medical assistants and dedicated research coordinators.

We utilize the newest technology available in the world and perform the most advanced and sophisticated clinical and basic research along with teaching a new generation of physicians, surgeons and scientists.

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# UPSTATE UROLOGY IS INTRODUCE THE NEV THE TEAM FOR SURG

# SURGERY



#### NATASHA GINZBURG, MD

Assistant Professor Female and reconstructive urology, urinary incontinence in women, pelvic floor treatment and neurourology



#### RYAN SIDEBOTTOM, DO

Assistant Professor All urologic needs, general urology, male health, urologic oncology, enlarged prostate, kidney stones. Dr. Sidebottom sees patients at Upstate Urology of Auburn office in Auburn, NY



#### MATTHEW D. MASON, MD

Assistant Professor Pediatric urology, treatment of hernias and hydroceles in children, robotic surgery in children, urinary tract infections and penile abnormalities



FOR QUESTIONS OR TO MAKE A REFERRAL, CALL 315-464-1500

# 5 PROUD TO VEST MEMBERS OF ERY AND RESEARCH.

# RESEARCH



#### HEIDI HEHNLY, PHD

Assistant Professor, Department of Cell and Developmental Biology and Urology Research: Mitotic signaling in cancer



#### TELISA STEWART, DRPH, MPH

Assistant Professor, Department of Public Health and Preventive Medicine and UrologyAffiliated Investigator - U.S. Department of Veterans Affairs Research: Medical decision making and treatment choice, patient navigation, mental health, genitourinary oncology, rurality, social of health, behavioral interventions, community based participatory research and patient reported information.



#### MARGARET FORMICA, PHD

Assistant Professor, Departments of Public Health and Preventive Medicine and Urology Research: Epidemiology of prostate and kidney cancers, patient navigation, medical decision

making and treatment choice UROLOGY

## EDUCATIONAL CORNER

# PELVIC FLOOR DISORDER ON THE RISE

Pelvic floor disorders in women can range from incontinence to pelvic pain to prolapse of the pelvic organs. In 2010, there were 28.1 million women with a pelvic floor disorder in the United States. Current projections expect an increase to 43.8 million women by 2050. Options for treatment include watchful waiting as well as specific behavioral modifications. Pelvic floor muscle exercises, either self-directed or under the guidance of a skilled pelvic floor physical therapist, can also improve symptoms related to pelvic floor disorders. In some cases, medications or a pessary may be helpful. For many patients, the choice to have surgical correction of their prolapse is the best option. The type of procedure that is appropriate varies depending on both patient and prolapse-specific factors.

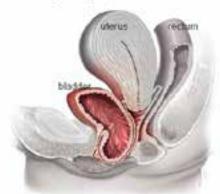
Pelvic prolapse can occur either in the anterior compartment (often called a cystocele), the posterior compartment (often called a rectocele or enterocele), or in the apical compartment (uterine or vaginal vault Dr. Natasha Ginzburg joins us from Philadelphia, Pa. She completed her fellowship in female pelvic medicine and reconstructive surgery at Drexel University College of Medicine. Prior to the fellowship, her general urology training was performed at Albert Einstein Medical Center in the Bronx. She enjoys all

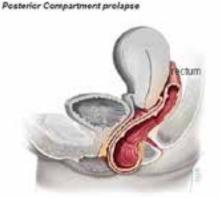


areas of urology with a specific focus on female urology and complex pelvic floor reconstruction as well as treatment of pelvic organ prolapse and female incontinence.

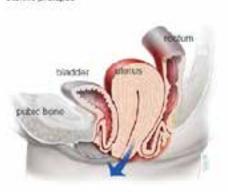
prolapse). One, all or any combination can occur in the same patient.







Uterline prolapse

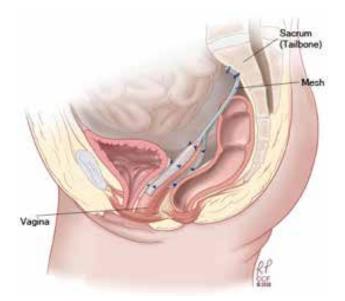


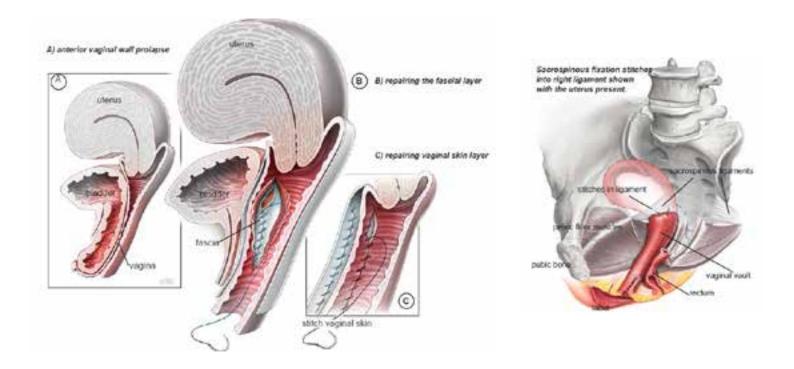
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## PELVIC FLOOR DISORDER ON THE RISE

Surgical treatment for prolapse can be performed in a minimally invasive fashion, either via a vaginal incision or utilizing the Da Vinci robotic platform for an abdominal approach. The gold standard for prolapse repair is the abdominal sacrocolpopexy. In this procedure, the prolapsed vagina is secured to the anterior longitudinal ligament at the level of the sacral promontory via a graft.

A vaginal approach can also be performed for prolapse in any compartment without the use of graft material. In these procedures, by strengthening and recreating the pubocervical, rectovaginal, sacrospinous or uterosacral fascia and ligaments, the original anatomy is restored.





Women who suffer with pelvic floor disorders have many options for treatment for their bothersome

symptoms. Working together with the patient, the best solution can be found to achieve optimal outcomes.

# UPSTATE Pediatric Golisano Children's Hospital Urology

## 725 IRVING AVE., SUITE 406 | SYRACUSE, NY I3210 | PHONE: 315-464-6060 | FAX: 315-464-1968 www.upstate.edu/urology/healthcare/peds\_urology-clinic.php

Pediatric urology is a field that encompasses any condition affecting the urinary system or external genital anatomy in children, and thus includes a wide spectrum of conditions such as hydronephrosis, neurologic bladder dysfunction, urinary tract infections, penile anomalies, desired circumcisions, inguinal hernias, testicular problems, and other congenital abnormalities of varying severity. Dr. Jonathan Riddell and Dr. Matthew Mason are our two pediatric urologists specializing in these conditions. They offer a wide variety of treatments, including minimally invasive techniques such as robotic and laparoscopic surgery and endoscopic procedures.

One condition encountered frequently

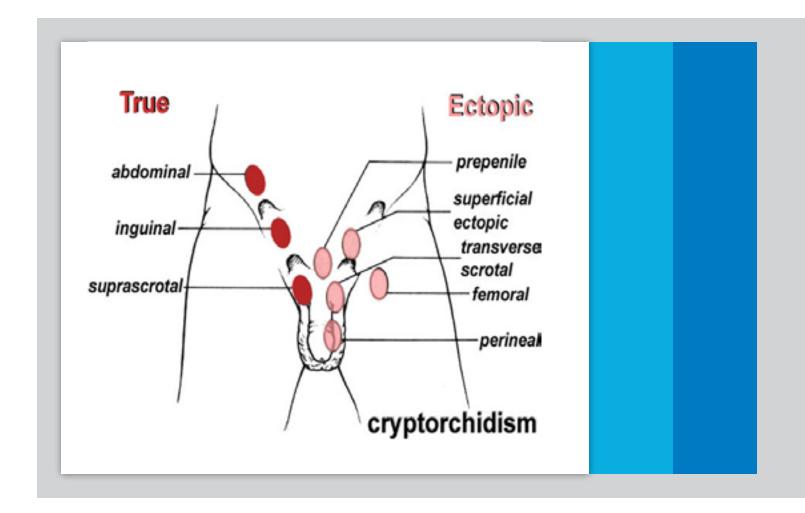
in pediatric urology is **cryptorchidism**, **frequently referred to as undescended testicles**. This is a relatively common condition, estimated to occur in up to 4% of full-term male newborns and up to 45% of pre-term male newborns. **Many of these patients may have spontaneous descent of their testicle(s) over time, but an estimated 60% (or more in some studies) will ultimately require surgical treatment to relocate testicles that will not descend on their own** in order to reduce long-term risks of malignancy and impaired fertility. In 2014, the American Urological Association published new guidelines on the evaluation and treatment of cryptorchidism. These guidelines state that all boys with cryptorchidism persistent or diagnosed after 6 months of age should be referred to a surgical specialist (such as a Pediatric Urologist) for evaluation, as these testicles are unlikely to descend spontaneously. **Immediate consultation should be sought for any infant with concern for a disorder of sex development such as bilateral nonpalpbale testicles**.



Matthew D. Mason, MD

#### Jonathan Riddell, MD

2016



Included in these guidelines is the recommendation against ordering ultrasound evaluation before specialist referral, as these tests rarely assist in decision making and treatment of these patients and have also been found to have high rates of false positive and false negative results. Scrotal ultrasounds can be a costly examination, and it is important to consider the necessity of such testing in the age of rising health care costs and value-based purchasing.

Dr. Riddell and Dr. Mason are experts in evaluating undescended testicles and deciding whether a child does or does not require surgical treatment. They both offer treatment for this condition via laparoscopic or conventional surgical techniques. Please feel free to refer any patient or contact us with a question about their testicular exam findings or whether further workup or possible surgical treatment is necessary.



Urology

## NEW PROSTATE SURGERY OPTION ONLY AVAILABLE IN THIS AREA AT UPSTATE

Within the past year a unique procedure for treating enlarged prostate was introduced to the area and is only offered at Upstate University Hospital's Community Campus. Holmium laser enucleation of the prostate (HoLEP) is a surgical procedure that uses a high-power laser to precisely remove the obstructive portion of an enlarged prostate in its entirety and it is offered to patients by Upstate Assistant Professor Urology Jessica Paonessa, MD.

Should a patient need surgical treatment for an enlarged prostate, the HoLEP procedure is the only minimally invasive option that completely removes the obstructing tissue within the prostate via anatomic dissection. As such, there is a very low reoperation rate and an even lower rate of blocking tissue regrowth.

When the prostate is enlarged, the ability for urine to flow is hindered and often causes a weak stream of urine, a stream that starts and stops, frequency and urgency. These symptoms can also interfere with sleep. In all, the enlarged prostate can affect lifestyle and the ability to perform daily activities.

An enlarged prostate is diagnosed through history, physical exam, ultrasound, urodynamic studies, uroflow and other in-office tests. Typically, a nonsurgical treatment option is prescribed to patients before surgery. Medications can offer temporary relief from the symptoms associated with the condition.

"For many men, taking medicine for this condition isn't something they want to do long-term, and for other patients, the medications may not be effective," said Paonessa. "In these cases, the next step is to remove the obstructive tissue surgically."



Upstate Assistant Professor Urology Jessica Paonessa, MD.

First introduced as a surgical option for enlarged prostate in 1998 in North America, **HoLEP is a minimally invasive surgical procedure that is performed by entering the prostate through the urethra, which is the tube that carries urine and is surrounded by the prostate.** This unique procedure utilizes a laser to separate the obstructive tissue from the original prostate. The laser features exact precision, yielding minimal bleeding for the patient following surgery. After the laser is used, another device (a morcellator) cuts the tissue into small pieces and extracts it using suction. Through this unique system, all of the removed tissue is preserved and sent to pathology for examination.

"Unlike other transurethral prostate surgeries, HoLEP is an anatomic dissection," said Paonessa. "This allows for a thorough cleanout of the blocking tissue and offers patients many benefits."

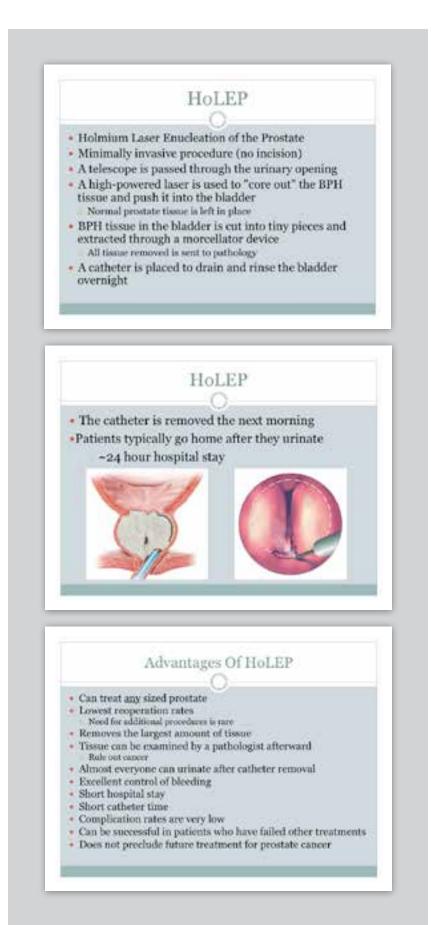
Following the procedure, the original prostate, which is left intact, retracts to its original size and allows the patient to regain the ability to urinate without difficulty. Patients remain in the hospital for approximately 24 hours and are able to return to their daily activities without restrictions in seven to 10 days.

"The results of the surgery are longlasting and patients experience lifechanging results," said Paonessa. "They can travel, sleep through the night and return to their normal daily activities."

Candidates for the procedure are men of any age who have an enlarged prostate. The HoLEP procedure can also be performed on most patients with comorbidities.

Dr. Paonessa is fellowship trained in surgery for enlarged prostates as well as in kidney stone surgery and specializes in complex stone disease and metabolic management for kidney stone prevention.

For information about urology at Upstate, visit www.upstate.edu/urology.

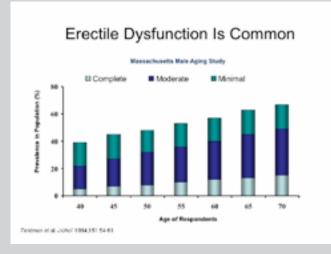




## ERECTILE DYSFUNCTION: PREVALENT AND VERY TREATABLE

More than two decades ago, erectile dysfunction (ED) was defined by the National Institutes of Health (NIH) as the "consistent inability to obtain and maintain an erection satisfactory for sexual function."1 Six years later, in 1999, the World Health Organization (WHO) further defined sexual health as a "fundamental human right."<sup>2</sup> Essentially, to quality for treatment, either a man or his partner needs to feel dissatisfied with erection-related sexual function. No longer is an extensive workup (penile Doppler, penile injections, cavernosography, or pudendal artery arteriograms) necessary to determine the exact reason for erection loss. In part, this is because the treatment options are exactly the same for both ED etiologies—constricted arterial inflow or venous leakage. Attempts to surgically correct vascular causes for ED are no longer an option, as they simply do not work. The only effective surgical intervention is a penile implant.

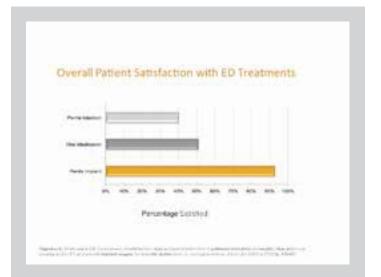
Treating ED is straightforward and follows a simple threetiered algorithm. After ruling out low libido/andropause, depression and premature ejaculation (where detumescence occurs due to an "early" orgasm—not true ED), men should consider starting with PDE-5 inhibitor pills. Oral agents are contraindicated for treating some men with ED. The Princeton Guidelines suggest that the following men are at high risk for a cardiac event and should not be exercising—including

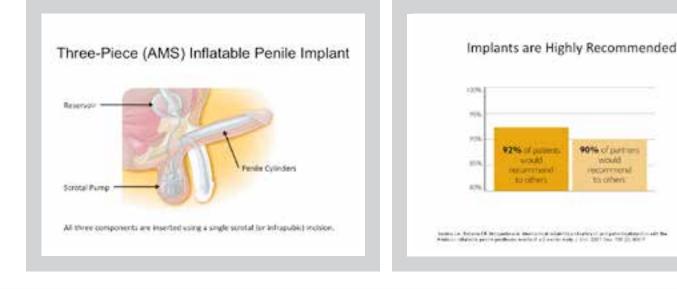




JC TRUSSELL, MD Associate Professor Department of Urology SPECIALTIES: male infertility, erectile dysfunction, andrology, general urology

sexual activity—when the following are present: (1) unstable angina, (2) untreated myocardial infarction within two weeks, (3) class IV congestive heart failure, and (4) uncontrolled hypertension.<sup>3</sup> Specific to PDE-5 inhibitor use, exposure to nitrates/nitroglycerine is a strict contraindication. 70 %





of men will realize success using an oral agent.4 For nonresponders, consider trying a different PDE-5 inhibitor while re-educating the patient on proper use of the pill. If this does not work, move on to second-line therapies.

Second-line therapies for ED are much more effective, but come with greater expense and more invasiveness. These therapies include a vacuum erection device, a urethral suppository (MUSE), and penile injections. The vacuum works well but can be difficult to master and is contraindicated in patients on Coumadin. MUSE is a prostaglandin-based treatment that should never be used with a pregnant partner as premature labor may ensue. Consider starting with the maximum dose (1,000 mcg) of MUSE, as its efficacy is not much better than a placebo. Finally, penile injection therapy is a good option but should be administered with the supervision of a urologist as priapism can occur if dosing guidelines are not carefully followed. Use of second-line therapies can be effective for years. Expense, a lack of spontaneity, and worsening ED will cause many men to pursue the third-line treatment option: surgery.

Surgery, as a third-line intervention, replaces the erectogenic corporal bodies with a prosthetic sleeve. For this reason, all other options listed above are no longer an option to a man postoperatively. Having said this, patient and partner satisfaction after an implant is 92 and 90 percent respectively. In fact, with the ease of use, reliability and improved spontaneity, most men wish they had chosen the implant sooner. Functionally, the implant is designed to provide a discrete, firm erection without changing baseline orgasm or sensitivity. Penile implant surgery takes about 45 minutes

to perform, and after, a 23-hour stay, discharge to home for a 10-to-14 day recovery should be anticipated. Infection is the most concerning risk for any implant surgery. Current penile implant models are coated with antibiotics-minimizing infection rates to fewer than 3 percent. In the rare event a patient becomes infected, the entire device needs to be removed since the offending bacteria will create a biofilmeffectively sheltering the bacteria from administered antibiotics. With a modern technique known as the Mulcahy Washout, the infected device can be removed and replaced with a brand-new device during a single operative setting. This washout technique allows for a more rapid return to sexual function, with preservation of penile length and less risk for penile scarring and is successful 70 percent of the time.

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90% of parties would

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In conclusion, ED is a prevalent yet very treatable **condition.** Restoring erectile function and guality of life for affected men and their partners proceeds along a simple three-tiered treatment algorithm. As treatment progresses to penile injections and implant surgery, urological consultation is suggested. Upstate Urology is proud to offer expertise in advanced treatment options for ED. Dr. Trussell has extensive experience with treating both high-risk and complicated implant clients. He looks forward to working with you to provide all options for men suffering from erectile dysfunction.

- 1. NIH Consensus Develop. Panel on Impotence. JAMA 1993;270(1):83-90.
- 2. WHO. J Urology 1998:709-26.
- 3. Mayo Clin Proc. 2012 Aug; 87(8): 766-778
- 4. Goldstein I, Lue TF, Padma-Nathan H, Rosen RC, Steers WD, Wicker PA; Sildenafil Study Group. Oral Sildenafil in the Treatment of Erectile Dysfunction. 1998. J Urol. 2002 Feb;167(2 Pt 2):1197-203; discussion 1204

## ONCOLOGY CORNER ONCOLOGY CORNER

## PROSTATE CANCER: NEW APPROACH TO DETECTION

The current standard of care for prostate cancer diagnosis involves both blood testing (PSA and others) and biopsy tissue sampling (ultrasound guided biopsy) which are both known to be imprecise. Blood testing, while useful, is well known to have both false positive and false negative results. In addition, standard approaches to biopsy using ultrasound guidance can result in considerable underestimation of the total amount of cancer in the prostate gland, including missed cancers. This is mainly due to ultrasound inability to identify cancer within the gland (it can see the prostate but not the cancer).

At Upstate, we strive to overcome these limitations to current standards. Utilizing techniques developed at the National Cancer Institute, we utilize state-of-the-art 3 Tesla multiparametric MRI to identify areas within the prostate gland that are likely to harbor cancer. Next, we have implemented special biopsy equipment (Uronav MRI/US fusion prostate biopsy), which can use these MRI-based maps to guide the needle directly into the area of suspicion. This strategy allows us not only to avoid missed cancers, it also gives us the best understanding



SRINIVAS VOURGANTI, MD Assistant Professor Department of Urology SPECIALTIES: urologic oncology; prostate cancer, bladder cancer; kidney cancer; penile cancer

This red triangle is an MRI-based 3-D image of the prostate in a man otherwise missed with standard biopsy approaches. The circular colored areas are areas of suspicion, as indicated by a MRI scan. Using Upstate's UroNav fusion biopsy system, we are able to hone in on areas where cancer may be hiding. The cylinders show where tissue samples were removed for biopsy. Cancer cells were found to occupy about a third of this man's prostate, in the green circular region.

of how much and how aggressive the cancer truly is within the prostate. (see figure)

**By implementing this new approach,** we have been able to identify men who have otherwise had significant cancers that have been undetected using standard techniques. More importantly, we are more confident that those men

identified with low-risk cancers do not have hidden areas of higher-risk disease. As a result, these men can be followed without invasive treatments that can potentially harm (including both urinary and sexual quality of life). In this way, we are able to personalize the treatment plan for all men and avoid both over treatment and under treatment.

## ONCOLOGY **CORNER**

## KIDNEY CANCER: UPSTATE'S Surgical options with davinci

Kidney cancer also known as renal cell carcinoma (RCC) is one of the most common urologic cancers that unfortunately touches more and more lives in Upstate New York as well as nationally. The incidence of this often deadly disease has been increasing by 2% per year for the past several decades. The ever growing number of CT scans and other radiologic tests being performed is the main reason for this concerning rise. RCC represents 2-3 % of all cancers in adults. It is the seventh most common cancer in men and the ninth most common cancer in women. Kidney cancer is the most lethal of common urologic cancers, with approximately 35% of patients dying from the disease at five years. Half of the patients presenting with RCC have their cancer confined to the kidney. 25% have disease that is locally advanced and another 25% have kidney cancer that has spread or metastasized to other organs.

Kidney cancer is one of several types of cancer that does not respond to traditional treatments such as chemotherapy and radiation therapy. RCC is a surgical disease, and in most cases it must be "cut out" to achieve cure. As recently as 10 to 15 years ago, the diagnosis of RCC led to a loss of a kidney with a resulting huge scar on one's flank and months of recovery. Fortunately, evolving surgical techniques and improved technology allow for, minimally invasive approach to renal cell carcinoma with the ability to save as much of the healthy kidney as possible. **The vast majority of kidney** 

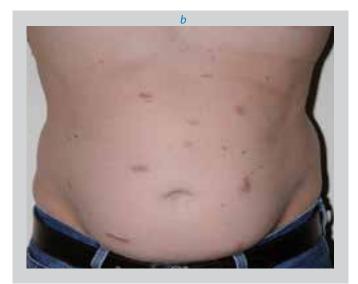


OLEG SHAPIRO, MD Associate Professor Departments of Urology and Radiation Oncology SPECIALTIES: urologic oncology and endourology, robotic and laparoscopic surgery of prostate, kidney, bladder and adrenal; renal stone disease

Figure: a) Patient after traditional kidney surgeryb) Patient after daVinci robotic partial nephrectomy on both kidneys.

surgery at Upstate is now done using the davinci robot. The benefits of this approach have been well researched and documented. Patients have shorter convalescence, less pain and much better cosmetic outcomes. In addition, the ability to perform partial nephrectomy (preserving healthy kidney by removing only the cancerous tumor) affords the patient a better overall kidney function. This translates to a smaller risk of developing cardiovascular disease, being hospitalized for causes unrelated to kidney cancer and even lower rates of death compared to patients with poorer renal function.





## FIRST OF ITS KIND ROBOTIC-ASSISTED SURGERY **AT UPSTATE MAKES COVER OF UROLOGY**

Physicians at SUNY Upstate Medical University in Syracuse describe in the December issue of Urology the first case in the world in which doctors used minimally invasive robotic surgery to perform a radical nephrectomy (removal of entire kidney) with a level III inferior vena cava thrombectomy (removal of a tumor from the largest vein that carries blood to the heart). The procedure also included the removal of numerous lymph nodes. The surgery was performed in 2013 and is featured on the cover of the current issue of Urology.

Of special note in this case was the size of the tumor thrombus—11 centimeters. Prior to this operation the largest inferior vena cava (IVC) tumor removed by robotic surgery has been reported in literature as five centimeters (level II).

In about 10 percent of kidney cancer cases, tumors grow and enter the IVC. Eventually, this tumor can reach the patient's heart with deadly consequences. Surgery to remove this tumor can be complicated depending on its proximity to the heart. In the case performed at Upstate, doctors say the tumor came within two inches of the patient's heart.

Previously, removal of this type of tumor was done by making large incisions that often required patients to remain in the hospital for many days or even weeks. Recently, with the introduction of the robotic-assisted surgery, a few centers have performed this tumor removal without large incisions allowing patients to go home earlier than after traditional open approach.

The Upstate case is important in that it expands the surgical limits of minimally invasive laparoscopic and



Gennady Bratslavsky, MD, chief of urology at Upstate Medical University, conducted the first-ever case of its kind that included robotic-assisted radical nephrectomy, a vena cava thrombectomy and dissection of lymph nodes. The six-hour case, performed in 2013, is featured on the cover of Urology.

robotic surgery, said Gennady Bratslavsky, MD, chief of Urology at Upstate, who authored the case report with Jed-Sian Cheng, MD, MPH.

Robotic surgery for this complex case provided the benefit of three-dimensional vision, articulating instruments and precise instrument control and was able to handle challenging and delicate procedures, Bratslavsky said.

The successful use of robotic surgery in this complex case also can be seen by the relatively short hospital stay for the patient. In this case, the patient was discharged to home after 36 hours with no postoperative complications.

While this report offers encouraging progress for using robotic-assisted surgery in a complex IVC thrombus case, Bratslavsky warns that maximum caution should be exercised when using this approach and that centers providing this surgical option have the appropriate infrastructure for management of these complex patients.

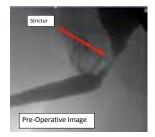
## UPSTATE OFFERING DEFINITIVE TREATMENT **OF URETHRAL STRICTURES**

The Male Reconstructive Center was established in August 2012 to satisfy the growing need for urological reconstruction in Upstate New York. The director of the male reconstruction, Dr. Dmitriy Nikolavsky, joined SUNY Upstate Medical University in the summer of 2012 after finishing a reconstructive urology fellowship at the University of Colorado. Dr. Nikolavsky specializes in urethral reconstruction, male incontinence, cancer survivorship and transgender urological reconstruction. While at SUNY Upstate, he has described several reconstructive procedures, including one for the correction of an otherwise unsalvageable devastated urethra. Another important publication this year was on successful reconstruction of sphincteric urethra, a location that used to be a taboo for operations due to fears of various complications.

In general, urethral stricture disease, a scar in the urethra causing urinary obstruction, is a relatively common condition that has plagued men for millennia. The old-fashioned treatments such as urethral dilations or urethrotomies (internal cuts) are known to be minimally effective, with cure rates of only 0-12%. The newer reconstructive techniques are called urethroplasties and are now being routinely performed at Upstate by Dr. Nikolavsky. These procedures are plastic surgery techniques applied to urethral reconstruction. Urethroplasty success rates are ranging from 75-98%, depending on the causes and the severity of stricture disease. In the simplest cases, the scarred part of the urethra is removed and the healthy edges are sutured together. In more complex situations the diseased portion of the urethra is augmented with healthy tissue flaps or grafts, such as oral mucosa (Fig. 1-4).

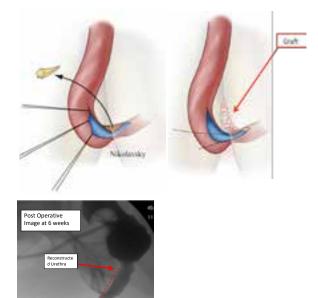
As complex as they sound, these are relatively simple operations routinely performed as outpatient or shortstay surgeries. The patients may choose to go to light duty work within one week. As stated earlier, these procedures have high success rates, low complication rates, and most importantly, extremely high rates of patient satisfaction and positive impact on quality of life.





DMITRIY NIKOLAVSKY, MD Assistant Professor Department of Urology SPECIALTIES: male incontinence, urethral stricture disease, reconstructive surgery

Operative steps (from J. Urol publication): 1) Removal of the scar tissue while preserving the rest of the urethra. 2) Placement of oral mucosal graft to augment the urethra



## WEBSITE ABSTRACT



In Leszek Kotula's lab, our work focuses primarily on the protein Abi1 and its role in prostate cancer progression and resistance to androgen deprivation therapy. Prostate cancer is the most commonly diagnosed non-cutaneous cancer in American men and is the second-leading cause of cancer-related death. Dr. Kotula discovered Abi1 and subsequently found that its deletion is associated with development of prostate cancer. In cells, Abi1 is usually found as a member of the WAVE complex, which is involved mainly in actin cytoskeleton dynamics and is important for cell shape and migration. Current projects in the lab utilize human tumor cell lines and mouse models to examine Abi1's role in prostate cancer. We are studying how different isoforms of Abi1 behave and how they regulate important cell processes. We are also examining the role Abi1 plays in cell-cell adhesion and migration, processes that are important to define the metastatic potential of cancer cells. Lastly, we are studying how Abi1 may play a role in the development of castration resistance in prostate cancer for which there currently is no cure. We are also interested in the roles of other WAVE complex members in prostate cancer, glioblastoma, as well as in breast and pancreatic cancer. Ultimately, we hope to better understand the effects of dysregulated WAVE complexes to identify prognostic markers and treatment targets to improve survival for prostate cancer patients.

## UPSTATE RESEARCHERS FIND KEY CELLULAR ENZYME **COULD BE EFFECTIVE DRUG TARGET IN UROLOGIC CANCER CELLS**

Researchers at the SUNY Upstate Medical University have found that a key cellular enzyme, c-Abl, could be an effective drug target in cancer cells for urologic cancers, such as prostate and kidney. Ongoing research into treatments for kidney cancer is especially important since kidney cancer is known to be resistant to current chemotherapy and radiation.

In this study, researchers uncovered a mechanism whereby the heat shock protein 90, or Hsp90, could be disrupted or disengaged from its role as chaperone of cancer cells. By acting as a guardian of cancer cells, Hsp90, role is to help cancer cells grow and thrive. This disruption is essential to halt the growth of and kill the cancer cells.

Previous research showed that the disruption of Hsp90 from its activator, Aha1, sensitizes cancer cells to Hsp90 drugs. Upstate researchers used specific compounds aiming at the regulator of Aha1, known as c-Abl, to successfully disconnect Aha1 from Hsp90. With the regulator Aha1 disrupted, researchers were able to show that Hsp90 drugs, can be used more effectively in inhibiting kidney cancer cells growth. Hsp90 drugs have been tested successfully in clinical trials for breast cancer, lung cancer, leukemia (multiple myeloma) and gastric cancer.

Upstate's research was led by Mehdi Mollapour, PhD, an assistant professor of urology and biochemistry and molecular biology; Diana Dunn, a graduate student in the laboratory; and Mark Woodford, a research assistant; and was completed in collaboration with Dimitra Bourboulia, PhD, an assistant professor; and Gennady Bratslavsky, MD, professor and chair of urology, all at Upstate Medical University. Their findings appear in Cell Reports.

According to Mollapour, the findings of this study will not only "help enhance the efficacy of Hsp90 drugs in the



The research team from Upstate Medical University includes, from left, Mehdi Mollapour, PhD, an assistant professor of urology and biochemistry and molecular biology; Diana Dunn, a graduate student; and Mark Woodford, a research assistant; Dimitra Bourboulia, PhD, an assistant professor; and Gennady Bratslavsky, MD, professor and chair of urology.

clinic but also lay a foundation for future studies aiming to understand combination therapy with Hsp90 drugs."

The scientific community is working with measured enthusiasm studying and testing ways to disrupt Hsp90's role as a guardian of cancer cells, thereby enabling cancer survival. The research at Upstate used kidney tumors from patients that were treated by urologic surgeons at Upstate Urology.

About 61,000 new cases of kidney cancer are diagnosed each year, with about 14,000 people dying from the disease. The most common form of kidney care is renal cell carcinoma, which is resistant to chemotherapy. Mollapour says, "This type of study brings Hsp90 drugs closer to a clinical trial testing in kidney cancer patients."

## TWO INTERNATIONAL CONFERENCES **HELD AT UPSTATE**

#### THE 6<sup>TH</sup> BHD SYMPOSIUM AND IST INTERNATIONAL UPSTATE KIDNEY CANCER SYMPOSIUM

Two international conferences at Upstate received support from the Department of Urology. Gennady Bratslavsky, MD, professor and chair, and Mehdi Mollapour, PhD, assistant professor, were chairs of the organizing committee and conference hosts for the 6th BHD Symposium and 1st International Upstate Kidney Cancer Symposium, which took place, in September. The conference offered presentations on scientific and clinical developments of Birt-Hogg-Dubé (BHD) syndrome and renal cell cancer. The invited speakers include the leading experts in this field, and the symposium promoted the discovery of drug development, therapeutics and intraoperative management of the patients with BHD and multifocal renal tumors.

While the symposium content was aimed at researchers, clinicians and academics, the fourth day of the conference was dedicated to the patients who will have the opportunity for an informal question-and-answer session with the experts about how best to treat and manage the health problems associated with BHD and kidney cancer.

The international panel of scientific and medical experts included a keynote from Dr. Marston Linehan, a chief surgeon at the National Cancer Institute's Center for Cancer Research. The conference was previously held in Denmark, Washington, D.C., the Netherlands, Cincinnati and Paris.

#### PHEOCHROMOCYTOMA AND PARAGANGLIOMA (PHEO/PARA) 2015 INTERNATIONAL CONFERENCE

The Upstate Cancer Center and Upstate Urology Department hosted the Pheochromocytoma and



Participants in the symposium were able to network, exchange ideas and share challenges. Leading scientists, surgeons and experts in the field all have a united goal of bringing innovative and progressive treatments to patients with BHD and kidney cancer.

Paraganglioma (pheo/para) 2015 International Conference in November on the campus of Upstate Medical University.

Experts spoke on various topics related to pheo/ para, including pediatric management of pheo/para, modern imaging, genetic implications and general wellness for pheo/para patients. Patients were invited to the conference to receive the latest updates on management of this condition.

Pheo/para are neuroendocrine tumors that can present challenges to treat and diagnose. The incidence of pheo/para is two to eight per million people per year, with cases occurring in both men and women and equally across all races. Many patients present with one adrenal tumor, which is removed and the cause is not determined.

Among the conference participants were John H. Sipple, MD, whose pioneering work in this field led to the naming of Sipple Syndrome, and keynote presentation by Karel Packak, MD, a senior investigator at the National Institutes of Health. Upstate Urology physicians are also faculty members at Upstate Medical University. As part of the only academic medical university in Central New York, our doctors are also engaged in advancing education, research and best practices in their field.

These activities on a state, national and international level — including presentations, publications, research grants and board memberships — have a direct effect on supporting excellence in patient care right here at Upstate University Hospital.

## AWARDS

**Gennady Bratslavsky, MD**, *Urology*, received the Distinguished Speaker award at the Bon Secours Cancer Institute Inaugural Summit, Richmond, Va., October 10, 2014.

## NATIONAL LEADERSHIP

**Gennady Bratslavsky, MD**, was elected to the Executive Committee of the Endourological Society, Seaford, NY.

**Gennady Bratslavsky, MD,** and **Oleg Shapiro, MD**, served on the Board of Directors for the Northeast American Urological Association in 2014. **Imad Nsouli, MD**, *Urology*, received the Best Program Director of the Year award 2013-2014 from the Graduate Medical Education Office, SUNY Upstate Medical University.

**Gennady Bratslavsky, MD**, served on the Board of Directors for the Society of Urologic Oncology, Clinical Trial Consortium, in 2014.

**Dmitriy Nikolavsky, MD**, *Urology*, Organizing of Dr. Kulkarni & Barbagli Lecture, Reconstructive Urology Lecture Series, held at Upstate Urology, Upstate Medical University Hospital, May 20 and 21, 2014

## **RESEARCH GRANTS AWARDED**

Mehdi Mollapour, PhD, Urology, , PlCarol M. Baldwin Breast Cancer Research FundRole of PP5 phosphatase in tamoxifen resistance in breast cancerSeptember 2015 to September 2017, 50,000

## PUBLICATIONS

**Bratslavsky G,** Renal cell carcinoma 2015 AUA Highlights, AUA News, September 2015.

**Abouelleil M**, Chelluri R, **Daugherty M**, **Bratslavsky G**, **Shapiro**, **O**. In obese patients, the distance between skin and renal collecting system, changes with the position of the patient from supine to prone. JEndourol. 2015 July;29(7): 760-3. doi: 20.1089/end 2015.0075. PMID: 25809826. Chehab M, Caza T, Skotnicki K, **Landas S, Bratslavsky G, Mollapour M, Bourboulia D.** Targeting Hsp90 in urothelial carcinoma. Oncotarget 2015 Apr 20;6(11):8454-73 PMID: 25909217.

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Morissey D, El-Khawand D, **Ginzburg N**, Wehbe S, O'Hare P 3rd, Whitmore K. Botulinum toxin A injections into pelvic floor muscles under electromyographic guidance for women with refractory high-tone pelvic floor dysfunction: a 6 month prospective pilot study. Female Pelvic Med Reconstr Surg 2015 Sep-Oct;21(5):277-82. PMID: 25900057.

## PUBLICATIONS

Borofsky MS, **Paonessa JE**, Evan AP, Williams JC Jr, Coe F, Worcester EM, Lingeman JE. A proposed grading system to standardize the description of renal papillary appearance at the time of endoscopy in patients with nephrolithiasis. J Endourol 2015 Sep 18. PMID: 26414908.

El Tayeb MM, Borofsky MS, **Paonessa JE**, Lingeman JE. Wolf piranha vs lumenis versacut prostate morcellation devices: a prospective randomized trial. J Urol 2015 Aug 22. Pii: S0022-5347(15)04677-7. PMID: 26307163.

#### Manwaring J, Vourganti S, Nikolavsky D, Valente AL, Byler T.

Pannus is the new prepuce? Penile cancer in a buried phallus. Case Rep Urol 2015;2015;403545. Doi: 10.1155/2015/403545. Epub 2015 Sep 13. PMID: 26446361.

**Bratslavsky G, Cheng JS**. The first report of robotic assisted radical nephrectomy with retrohepatic vena caval tumor thrombectomy (Level III) combined with extended retroperitoneal lymph node dissection. *Urology*, 2015 Aug 4. Pii: S0090-4295(15)00659-7.

Dunn DM, Woodford MR, Truman AW, Jensen SM, Schulman J, Caza T, Remillard TC, Loiselle D. Wolfgeher D, Blagg BS, Franco L, Haystead TA, Daturpalli S, Mayer MP, Trepel JB, Morgan RM, Prodromou C, Kron SJ, Panaretou B, Stetler-Stevenson WG, Landas SK, Neckers L, Bratslavsky G, **Bourboulia D, Mollapour M. c-Abl** mediated tyrosine phosphorylation of Aha1 activates its co-chaperone function in cancer cells. *Jour Cell Rep* 2015 Jul 28. Pii: S2211-1247(15)00730-5.

Chehab M, Caza T, Skotnicki K, Landas S, Bratslavsky G, Mollapour M, Bourboulia D. Oncotarget, 2015 Apr 20;6(11):8454-73.

Polotsky AJ, Allshouse AA, Casson PR, Coutifaris C, Diamond MP, Christman GM, Schlaff WD, Alvero R, **Trussell JC**, Krawetz SA, Santoro N, Eisenberg E, Zhang H, Legro RS. Impact of male and female weight, smoking and intercourse frequency on live birth in women with polycystic ovary syndrome. *J Clin Endocrinol Metab*. 2015 June;100(6):2405-12.

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Borofsky MS, El Tayeb MM, **Paonessa** JE, Lingeman JE. Initial experience and comparative efficacy of the UreTron: a new intracorporeal ultrasonic lithotripter. *Urology*, 2015 Jun:85(6):1279-83.

Bhojani N, **Paonessa JE**, Hameed TA, Worcester EM, Evan AP, Code FL, Borofsky MS, Lingeman JE. Nephrocacinosis in calcium stone formers who do not have systemic disease. *J Urol* 2015 May 16. Pii: S0022-5347(15)04010-0.

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**Byler T, Nsouli I**, A new sign of bladder cancer? (Physicians Practice). 2015 Jul;A2

**Nikolavsky D**, Prelaminated gracilis flap with buccal mucosa graft for salvage of devastated urethra. *Case Rep Urol.* 2015; 2015:490518. Jul 16.

## **BOOKS & BOOK CHAPTERS**

Okafor HT, **Nsouli, IS.** *Atlas of the Oral and Maxillofacial Surgery Clinics of North America*. September 2015 edition.

Okafor H, **Nikolavsky D**. Impact of short-stay urethroplasty on health-related quality of life and patient's perception of timing of discharge. *Advances in Urology*, Volume 2015, Article ID 806357, 5 pages.

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## POSTERS

Dunn DM, Woodford MR, Truman AW, Jensen SM, Schulman J, Caza T, Remillard TC, Loiselle D, Wolfgeher D, Blagg BSJ, Franco L, Haystead TA, Daturpalli S, Mayer MP, Trepel JB, Morgan RML, Prodromou C, Kron SJ, Panaretou B, Stetler-Stevenson WG, Landas S, Neckers L, Bratslavsky G, Bourboulia D, Mollapour M. c-Abl Mediated Tyrosine Phosphorylation of Aha1 Activates Its Co-Chaperone Function in Renal Cell Carcinoma. Sixth BHD Symposium and First International Upstate Kidney Cancer Symposium. Syracuse. September 23 – 26, 2015.

Woodford MR, Diana Dunn, Blanden AR, Truman AW, Remillard TC, Bottone S, Morgan RML, Landas S, Prodromou C, Bourboulia D, Schmidt L, Loh SN, Linehan WM, Bratslavsky G, Mollapour M. Inhibition of the Hsp90 molecular chaperone ATPase Activity by the FNIPs Co-chaperones. Sixth BHD Symposium and First International Upstate Kidney Cancer Symposium. Syracuse, NY. September 23 –26, 2015.

## **PRESENTATIONS: INTERNATIONAL**

**Gennady Bratslavsky, MD**, Urology, Moderator: "Impact of Ischemia on Renal Function, Myths and Reality," X Anniversary Congress of Russian Association of Oncological Urology, Moscow, Russia, October 1-3, 2015.

"Treatment Approaches for Patients with Small Renal Cell Carcinoma: Active Surveillance in Patients with Renal Cancer, the Modern View on the State of the Problem", X Anniversary Congress of Russian Association of Oncological Urology, Moscow, Russia, October 1-3, 2015.

"Renal Cell Carcinoma with Tumor Thrombosis on IVC," X Anniversary Congress of Russian Association of Oncological Urology, Moscow, Russia, October 1-3, 2015.

"Prospects for Treatment of Patients With mRCC – What Awaits Us in the Coming 10 Year Anniversary," X Anniversary Congress of Russian Association of Oncological Urology, Moscow, Russia, October 1-3, 2015.

"Management of RCC Patients with IVC Tumor Thrombsos – Open vs. Minimally Invasive Surgery," X Anniversary Congress of Russian Association of Oncological Urology, Moscow, Russia, October 1-3, 2015.

**Gennady Bratslavsky, MD**, Urology, "Partial Nephrectomy for Multifocal Renal Cell Carcinoma" at the NY Section American Urological Association 113th Annual Meeting, Lisbon, Portugal, September 6-9, 2015:

"Partial Adrenalectomy" at the NY Section American Urological Association 113th Annual Meeting, Lisbon, Portugal, September 6-9, 2015.

"Hereditary RCC and Principles of Management" at the XXV Congreso Peruano de Urologia, Trujillo, Peru, August 6-8, 2015.

"IVC Thrombectomy: Technique and Outcomes" at the XXV Congreso Peruano de Urologia, Trujillo, Peru, August 6-8, 2015.

"Treatment of Metastatic Kidney Cancer: 2015 Update" at the XXV Congreso Peruano de Urologia, Trujillo, Peru, August 6-8, 2015.

"Partial Nephrectomy for Tumors Greater Than 7cm" at the XXV Congreso Peruano de Urologia, Trujillo, Peru, August 6-8, 2015.

"Management of Local Recurrence After Radical Nephrectomy and Renal Carcinoma Multifocal" at the XXV Congreso Peruano de Urologia, Trujillo, Peru, August 6-8, 2015.

"Adjuvant radiotherapy after radical prostatectomy vs. rescue when, how?" at

the XXV Congreso Peruano de Urologia, Trujillo, Peru, August 6-8, 2015.

"New therapeutic strategies for bone metastases" at the XXV Congreso Peruano de Urologia, Trujillo, Peru, August 6-8, 2015.

**Dmitriy Nikolavsky, MD,** Urology, "Reoperative urethroplasty, posterior urethra, challenges, in reconstructive urology", Genitourinary Reconstructive Society Symposium at SIU, Melbourne, Australia, October 2015.

"Treatment of bladder outlet strictures after radical prostatectomy", New York Section of AUA, Lisbon, Portugal, September 2015.

Reconstruction of vesico urethral strictures after radical prostatectomy, New York Section of AUA, Lisbon, Portugal, September 2015.

Urethral reconstruction for strictures in neo-phallic urethra, NY Section of AUA, Lisbon, Portugal, September 2015.

Moderator: Reconstruction and female pelvic medicine sessions, NY Section of AUA, Lisbon, Portugal, September 2015.

**Gennady Bratslavsky, MD,** Urology, presented "Robotic Partial Nephrectomy for Multiple Ipsilateral Renal Masses," Russian Endourology Society Meeting,

## **PRESENTATIONS: INTERNATIONAL**

World Congress of Endourology 2014, Taipei, Taiwan, September 3-5, 2014.

Spencer J, **Nikolavsky D**, "Patients Adherence to the Symptom-Based Follow-up Protocol after urethral Reconstruction" at the Northeast American Urological Association 2015 Annual Meeting, Quebec City, Canada, Oct. 2015.

Abouelleil M, Manwaring J, Blakely S, **Nikolavsky D**, "Salvage Reconstruction For Failed Neourethra in Female To Male Gender Reassignment" at the Northeast American Urological Association 2015 Annual Meeting, Quebec City, Canada, Oct. 2015.

Blakely S, Abouelleil M, Manwaring J, Caza T, **Nikolavsky D,** Landas S, "Dorsal onlay urethroplasty for membranous urethral strictures: urinary and erectile functional outcomes" at the Northeast American Urological Association 2015 Annual Meeting, Quebec City, Canada, Oct. 2015. Spencer J, **Nikolavsky D**, "Clinical and Patient Reported Outcomes of Urethroplasty for Long Segment or panurethral Strictures" at the Northeast American Urological Association 2015 Annual Meeting, Quebec City, Canada, Oct. 2015.

Madala A, Zaytoun O, Wojtowycz A, **Bratslavsky G, Vourganti S**, "Size Does Matter: Improving The Diagnostic Value Of Prostate Multiparametric MRI(MPmri) With The Consideration of Lesion Volumes" at the Northeast American Urological Association 2015 Annual Meeting, Quebec City, Canada, Oct. 2015.

Daugherty M, **Vourganti S, Bratslavsky G**, "Contemporary Utilization Of Lymph Node Dissection For Rcc: Are We Accepting The Randomized Trial?" at the Northeast American Urological Association 2015 Annual Meeting, Quebec City, Canada, Oct. 2015. Gleicher S, **Bratslavsky G, Vourganti S**, "Clinical Features of Prostate Cancer in Confirmed BRCA2 Mutation Carriers" at the Northeast American Urological Association 2015 Annual Meeting, Quebec City, Canada, Oct. 2015.

Chehab M, Cotran R, Dunn D, Madala A, Woodford M, Jamal S, **Bratslavsky G**, Mollapour M, Bourboulia D, "Combined Inhibition Of Wee1 Kinase And Heat Shock Protein-90 In The Treatment Of Urothelial Cancer" at the Northeast American Urological Association 2015 Annual Meeting, Quebec City, Canada, Oct. 2015.

Riddell VB, **Nikolavsky D**, "Primary Urethroplasty for Idiopathic and Post-Traumatic Bulbar Stricture in Adolescent Boys"" at the Northeast American Urological Association 2015 Annual Meeting, Quebec City, Canada, Oct. 2015.

## **PRESENTATIONS: NATIONAL**

Gennady Bratslavsky, MD, Chair, Urology, presented "Plenary I – Kidney Cancer" at the 2015 Annual AUA Meeting in New Orleans, LA, May 16-19, 2015.

Abouelleil, Mourad, MD, Urology, presented "Overexpression of Mps1 in clear cell renal cell carcinoma (ccRCC) confers tumor selectivity on heat shock protein-90 (Hsp90) inhibitors" and "Robotic conversion of Cecostomy tube to Malone antegrade continence enema (ACE), surgical technique." as abstracts at the 2015 Annual AUA Meeting in New Orleans, LA, May 16-19, 2015.

## **PRESENTATIONS: STATE AND LOCAL**

Gennady Bratslavsky, MD, Urology, "Advances in Robotic Surgery of the Kidney" at the Current Concepts in Men's Health Conference, Saratoga Springs, NY, August 14-16, 2015.

Gennady Bratslavsky, MD, Chair, Urology, presented "Role of a surgeon in management of metastatic RCC". At Sixth BHD Symposium and First International Upstate Kidney Cancer Symposium. Syracuse, NY. September 23 –26, 2015. Mehdi Mollapour, PhD, Urology, presented "Inhibition of the Hsp90 Molecular Chaperone ATPase activity by the FNIPs Co-chaperones". At the Sixth BHD Symposium and First International Upstate Kidney Cancer Symposium. Syracuse, NY. September 23–26, 2015.

# UPSTATE UROLOGY IN OUR COMMUNITIES

Upstate Urology team members, through donations and/or participation, support a number of agencies, events and organizations we believe make a difference in the lives of those we serve.

## Upstate Urology made charitable donations to the following organizations in 2015:

merican Cancer Society elay for Life	Upstate M Foundati
pstate Open	Susan B.
015 16th Annual Basket Ball	Auburn C
lystery, Malt & Merlot arah House	NE Sectio Associatio
m & Juli Boeheim Foundation Gala	White Co
ome Hospital Gala	Carol M. F Research Tourname Cups for a
he Carol M. Baldwin Breast Cancer easearch Fund of CNY Gala	
pstate Foundation Gala	

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Medical University on Komen Breast Cancer community Hospital on American Urological on Foundation at Ceremony Baldwin Breast Cancer Fund of CNY Golf ent

a Cause



Dr. Gennady Bratslavsky throws out the first pitch at Upstate Urology Night at a Syracuse Chief's game.



The second annual ride for Prostate Cancer Awareness raised just under \$3,000 for research.



Dr. Gennady Bratslavsky gets a little help dropping the puck at the Syracuse Crunch "Movember" game in late November. "Movember" is a nationwide event aimed at raising awareness of prostate cancer and funds for research.



Upstate Urology recently opened an office in Auburn, New York. Pictured are: Leah Coppola, RN; Dr Ryan Sidebottom, DO; Sandra Cornall, administrative assistant; and Jason Bray, LPN

## UPSTATE UROLOGY NAMED COMMUNITY SERVICE TEAM OF THE YEAR

Upstate's Department of Urology was selected as Upstate Medical University's Community Service Team of the Year for 2015. This award was presented to the Urology team and includes the Upstate Urology teams across multiple campuses and locations including, but not limited to, the downtown and community campus, the pediatric office, research and the clinical and administrative support teams.



## UPSTATE UROLOGY NAMED Community service team of the year

## Here are some highlights of their community involvement:

- The Paddle for the Cure for breast cancer research - the 2015 event raised more than \$30,000 for the cause.
- Food Drive the teams collected a total of 2,000 food items to be donated to Sarah House, the Ronald McDonald House and the food pantry in Oneida.
- Easter Baskets this team collected various items to be donated to needy families.
- Zero Prostate Cancer Run Upstate Urology has the largest team in the run.

- Gift Baskets instead of a gift exchange among office staff, this team decided to collect money and purchase toiletries to be given to Sarah House. About \$1,000 was raised, and more than 100 gift baskets were created.
- The LEON Festival at the start of summer vacation, team members participated in the 2nd Annual LEON Festival at Onondaga Lake Park and distributed free health information and giveaways to parents and kids.

• A Run for Their Life for breast cancer more than 20 team members raised \$1,200.

2016

- St. Baldrick's a single staff member had her hair shaved and, with the support of the Urology team, helped raise more than \$4,000.
- The Heart Walk/Run had a 10-member team from Urology that raised \$1,200.



# UPSTATE UROLOGY FACULTY



#### GENNADY BRATSLAVSKY, MD

Professor and Chairman Department of Urology

SPECIALTIES:

Urologic oncology robotic and laparoscopic surgery of prostate, kidney, bladder and adrenal



#### ZAHI N. MAKHULI, MD

Professor Department of Urology SPECIALTY: General urology, andrology



#### OLEG SHAPIRO, MD

Associate Professor Departments of Urology and Radiation Oncology

#### **SPECIALTIES:**

Urologic oncology and endourology, robotic and laparoscopic surgery of prostate, kidney, bladder, and adrenal, renal stone disease



### JC TRUSSELL, MD

Associate Professor Department of Urology

#### **SPECIALTY:**

Male infertility, erectile dysfunction, andrology, general urology

## DMITRIY NIKOLAVSKY, MD

Assistant Professor Department of Urology

#### SPECIALTIES:

Female/male incontinence urethral stricture disease pelvic organ prolapse vesico vaginal fistula, reconstructive surgery



#### JONATHAN RIDDELL, MD

FRCS Assistant Professor Department of Urology SPECIALTY:

Pediatric urology



### RAKESH KHANNA, MD

Assistant Professor Department of Urology

### SPECIALTIES:

Urologic oncology robotic and laparoscopic surgery of prostate, kidney, bladder, and adrenal



#### IMAD NSOULI, M.D.

Associate Professor Department of Urology Associate Professor

SPECIALTY: General urology

## SRINIVAS VOURGANTI, M.D.

Assistant Professor Departments of Urology and Radiation Oncology

#### **SPECIALTIES:**

Urologic oncology, prostate cancer, bladder cancer, kidney cancer, penile cancer



## JESSICA PAONESSA, MD

Assistant Professor Department of Urology

#### SPECIALTIES:

Nephrolithiasis (kidney stones), enlarged prostate, urination problems, voiding dysfunction, bladder surgery, kidney surgery





TIMOTHY BYLER, MD Assistant Professor Department of Urology SPECIALTY: General female urologic health



#### NATASHA GINZBURG, MD,

Assistant Professor, Female and Reconstructive Urology



RYAN SIDEBOTTOM, DO

Assistant Professor All urologic needs, general urology, male health, urologic oncology, enlarged prostate, kidney stones



MATTHEW D. MASON, MD, Assistant Professor, Pediatric Urology



#### LESZEK KOTULA, MD, PHD

Associate Professor Department of Urology and Biochemistry and Molecular Biology SPECIALTY: Research: Director, basic

**Research:** Director, basic prostate cancer research



#### MEHDI MOLLAPOUR, PHD

Assistant Professor Department of Urology and Biochemistry and Molecular Biology SPECIALTY:

**Research:** Director, basic kidney cancer research



#### **DAWN POST, PHD**

Assistant Professor Department of Urology Department of Microbiology and Immunology

SPECIALTY: Research: Molecular pathways of prostate and kidney cancer



#### DIMITRA BOURBOULIA, PHD

Assistant Professor Department of Urology and Biochemistry and Molecular Biology SPECIALTY:

**Research:** Director, basic bladder cancer research



#### MARGARET FORMICA, PHD

Assistant Professor Departments of Public Health and Preventive Medicine and Urology SPECIALTY:

**Research:** Epidemiology of prostate and kidney cancers, patient navigation, medical decision making and treatment choice



#### HEIDI HEHNLY, PHD,

Assistant Professor, Department of Cell and Developmental Biology and Urology SPECIALTY:

**Research:** Mitotic signaling in cancer



#### TELISA STEWART, DPH, MPH

Assistant Professor, Department of Public Health and Preventive Medicine and Urology Affiliated Investigator -U.S. Department of Veterans Affairs

#### **SPECIALTY:**

**Research:** Medical decision making and treatment choice, patient navigation, mental health

# UPSTATE UROLOGY RESIDENTS



#### PGY-6 MOURAD ABOUELLEIL, MD

PGY-5

MAHMOUD

CHEHAB, MD

Medical School: University of Wisconsin School of Medicine and Public Health, WI



#### PGY-6 ALOSH MADALA, MD

Medical School: Windsor University School of Medicine, Basseterre, St. Kitts and Nevis

## PGY-3 MICHAEL DAUGHERTY, MD

Medical School: SUNY Upstate Medical University



PGY-3 JARED MANWARING, MD Medical School: West Virginia University School of Medicine, WV

Medical School: University of

Cincinnati, College of Medicine, OH



PGY-2 JEFFREY SPENCER, MD Medical School: SUNY Buffalo



PGY-2 LAURA CORNWELL, MD Medical School: University of Louisville School of Medicine





PGY-2



MORGAN PRINCE, MD Medical School: Medical College of Wisconsin



PGY-I MICHAEL DANESHVAR, MD Medical School: Chicago Mec

Medical School: Chicago Medical School at Rosalind Franklin University of Medicine and Science

\* PGY indicates year after graduation from medical (post graduate) school.



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UPSTATE UROLOGY AT ROME MEDICAL PRACTICE 267 Hill Road, Suite 300 | Rome, NY 13440





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**UPSTATE UNIVERSITY HOSPITAL** 

**COMMUNITY CAMPUS** 

4900 Broad Road | Syracuse, NY 13215

UPSTATE UROLOGY AT AUBURN 17 East Genesee St., Suite 303 | Auburn, NY 13021

FOR MORE INFORMATION OR TO SCHEDULE AN APPOINTMENT, CALL UPSTATE UROLOGY AT TELEPHONE: 315-464-1500 OR FAX: 315-464-6117

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