



Information for You from Your Health Care Team

URODYNAMIC PATIENT INSTRUCTIONS

URODYNAMIC PHONE NUMBER: 315-464-1800

OFFICE HOURS ARE: Monday through Friday, 8:30 am to 4:30 pm

Dr. _____ has ordered a urodynamic study for you. A Urodynamic test is a test for your bladder. Your appointment is scheduled for -

_____.

PREPARATION FOR YOUR TEST

You may eat, drink and take your medications like you normally do every day. Please bring a list of all your medications with the amount and times you take them. If you are able, please try to have a full bladder. If you have a catheter or catheterize yourself, you do not need to have a full bladder. (If you can't hold your urine, it is okay.) The day of your test, please arrive 20 minutes before your scheduled time. Thanks.

You need to register in Outpatient Registration in the Main Lobby at University Hospital. You will then be directed to Urodynamics in Room 4835 on the fourth floor.

DESCRIPTION OF THE TEST

The Urodynamic test is designed to test the pressure in your bladder. In order to test the pressure we need to put a small catheter into your bladder. There is also a small rectal catheter and two small patches placed by your rectum. The bladder is then filled with water. When you feel full, you will be assisted to a commode to urinate. The test takes approximately one hour and 30 minutes. Your bladder may be filled twice. There is little discomfort involved in this test. The results of your test will be interpreted by a physician, and the report will be sent to your doctor.

Please feel free to call with any questions: 315-464-1800

YOU HAVE BEEN SCHEDULED FOR A DIAGNOSTIC TEST. THIS TEST IS DONE ON AN OUTPATIENT BASIS. PLEASE CHECK WITH YOUR INSURANCE COMPANY PRIOR TO YOUR TEST TO SEE IF THIS IS COVERED BY YOUR INSURANCE.