



Information for You from Your Health Care Team

DISCHARGE INSTRUCTIONS FOR PNEUMOSTAT

- Keep unit upright and below the level of your chest
- Do not disconnect unit
- Do not kink tubing by sitting or laying on it
- No baths until chest tube is removed. Sponge baths are okay or you may shower on the days your visiting nurse visits. Shower just before her visit so she can change the dressing.
- If the tape at the connection of the chest tube and atrium begins to loosen, apply more tape
- **PER DOCTOR DIRECTIONS ONLY:**
 - If you are to empty the unit, clean access port on bottom of unit with alcohol wipe. Attach syringe and withdraw fluid. Write down how much fluid you withdraw and bring this with you the next time you see your doctor. How often you do this and when you do it depends on what your doctor tells you to do.
- Chest tube usually stays in 1-2 weeks until leak is healed
- Return to office to have tube removed
- Dressing is then removed 48 hours after chest tube is removed.
- Call your doctor if:
 - The tube falls out; cover the site with a dry, sterile dressing right away

- You have shortness of breath or chest pain
- You have a fever over 101 degrees
- You have any foul smelling or cloudy drainage
- Your appointment with Dr. _____ on _____ at _____. With or without chest x-ray.

Additional Instructions:

