



## Information for You from Your Health Care Team

# XOPENEX

(Zoe-pen-X)

Generic Name: **LEVALBUTEROL** (lev-al-BYOO-ter-all)

- My doctor also calls Xopenex a bronchodilator
- Xopenex is a **Rescue-Relief Medicine**



### What does Xopenex do?

- Makes me breath easier
- Relaxes and opens the airways in the lungs
- Works for 6 to 8 hours
- Treats wheezing with asthma



### How should Xopenex be stored?

- In a cool, dry place away from sunlight
- Keep in foil pouch
- Do not freeze
- Keep out of reach from children

### When do I use Xopenex?

- During an asthma flare-up
- When I am coughing, wheezing, short of breath, or sick with an illness
- Sometimes before exercise and sports

### What if I miss a dose of Xopenex?

- Do not use extra medicine to make up for a missed dose
- Call your doctor's office for advice

### How do I use Xopenex?

- It is a liquid medicine used with a nebulizer
- Your health care provider will tell you how to use Xopenex
- **Parents:** Check the dose of Xopenex on your child's *Asthma Action Plan*



### What are some of the side effects of Xopenex?

- Shakiness (less than Albuterol)
- Fast heartbeat (less than Albuterol)
- Nervousness
- Trouble sleeping
- Cough or dry mouth



## CALL DOCTOR NOW! (315) 464-4357

- Breathing is hard and fast
- Nose is opening wide
- Rib cage is showing
- Can not walk or talk well
- **Using Xopenex more than every 4 hours**