



Information for You from Your Health Care Team

After Your Child's Orchiopexy

What about my child's activities?

- No gym, sports, strenuous activities for 2 weeks after surgery.
- Your child may return to daycare, preschool, or school when they are no longer in pain, usually 2-4 days.
- Quiet reading and playing board or video games are good activities.
- No swimming for 5 days then your child can swim in a chlorinated pool.

When should my child take a bath?

- Sponge bath for 2-3 days to keep dressing dry, then tub bath or shower daily
- Bathing assists in healing, comfort and cleanliness

How should I take care of my child's incision?

- Small white bandages called steri strips usually fall off in 7-10 days. The inside stitches that hold the incision together do not need to be removed. The body will absorb them.
- Your child may have a button on his scrotum. The button is secured by a stitch. The only stitch that needs to be removed is the stitch that secures the button.
- The scrotum on the side of the button may appear more swollen than the other side and may be discolored, this is expected. The swelling and/or bruising will go away.

What medicine should I give my child for pain?

- Motrin® may be used the day after surgery for pain relief
Younger than 12 months:
- Tylenol® may be given to your child every 4 hours for the discomfort.
12 months and older:
- Tylenol with Codeine every 4 hours as needed for discomfort..
Do not give the child any narcotic medicines containing Tylenol at the same time regular Tylenol such as Lortab and Vicodin.

What should my child eat?

- Regular diet.
- If vomiting occurs, do not give your child anything to eat or drink for 1-2 hours. Then offer small amounts of clear liquids until your child does not vomit anymore. Then slowly start their normal diet.

When do I bring my child back to the doctor?

- Your child should be seen in the office in 7-14 days after surgery.
- An appointment should have been made for you and is noted on the papers you received from our office. If an appointment has not been made please call 315-464-2878 during office hours.

- **When should I call the doctor?**
 - Temperature more than 101°
 - Excessive bleeding (some spotting is normal)
 - Extreme irritability.
 - Decrease in appetite along with decrease in energy level
 - Pain is not controlled with pain medication

Division of Pediatric Surgery
315-464-2878

Speak Up if You Have Questions or Concerns