



Information for You from Your Health Care Team

PREDNISONE

(Pred-ni-son-e)

Brand Names: **PEDIAPRED, PRELONE, ORAPRED**

- My doctor also calls Prednisone an oral steroid or an anti-inflammatory



What does Prednisone do?

- Makes me breath easier
- Reduces swelling and mucous found in the lungs



How should Prednisone be stored?

- At room temperature
- Away from heat, moisture, and direct light
- Keep out of reach from children

When do I use Prednisone?

- During an asthma flare-up as directed by your health care provider

What if I miss a dose of Prednisone?

- Call your doctor's office for advice

How do you use Prednisone?

- Comes in liquid or pill form
- Usually taken one to two times a day for 3 to 5 days
- Your health care provider will tell you how to take Prednisone
- Take with food or milk
- **Parents:** Do not stop giving this medicine to your child until told to do so by the doctor. The dose of Prednisone may need to be decreased slowly.
- Check the dose of Prednisone on your child's *Asthma Action Plan*



What are some of the side effects of Prednisone?

- Mood or behavior changes
- Increased appetite
- Nervousness
- Trouble sleeping
- Upset stomach
- Vomiting



CALL DOCTOR NOW!

- Breathing is hard and fast
- Rib cage is showing
- Nose is opening wide
- Can not walk or talk well