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Information for You from Your Health Care Team

Having a PH-Probe Monitor Test

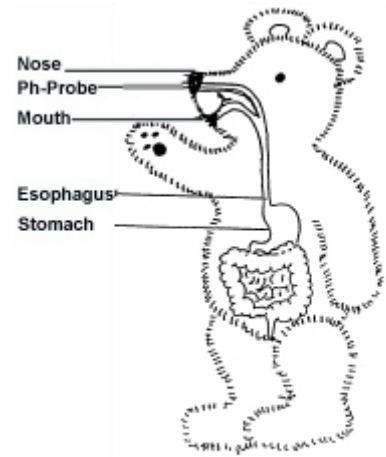
What is a PH-Probe Monitor Test?

A PH-Probe monitor test is done to help your doctor know how often your child has reflux. The probe is a very small tube which is placed through the nostril, down the throat, into the lowest part of the esophagus. It stays in place for 16-24 hours. It is attached to a small machine which records the PH of the fluid in the esophagus.

When the PH is low, acid is in the esophagus (reflux).

What to expect during the test:

Your child cannot eat or drink for 2-4 hours before the probe is put in. A nurse will put the probe in and tape it to your child's face to keep it from coming out. You will be given instructions on how to feed your child while the probe is in place.



Ph-Probe Placement