



Information for You from Your Health Care Team

Early Discharge after Cardiac Catheterization

Instructions for Parents

Pediatric Cardiology: 8 AM - 5PM 315-470-7487
5 PM to 8 AM 315-470-7111

1. Your child must stay in bed or on the couch the rest of the day, but may sit up. Getting up to go the bathroom is ok as long as a parent goes along.
2. Don't allow your child to play tomorrow. The medicine given with the test may still be making your child sleepy.
3. Your child can eat or drink all the usual foods.
4. The bandages should be checked when you get home, and at bedtime. If there is any bleeding, put pressure on the area with your whole hand. Then, call the pediatric cardiologist on call for more instructions.
5. Use Tylenol (at the child's usual dose) tonight if needed for pain or low grade fever.
6. For any questions or problems tonight, call 315-470-7111 and ask for the pediatric cardiologist on call.
7. Take the bandage off the leg in the morning. Put band-aids over the small puncture sites. A bruise may develop, and will go away.
8. The pediatric cardiology clinical nurse specialist will call you the day after discharge.

Call our office if you have any questions at other times.

General Instructions

1. No tub baths for 3-4 days. Showers are ok.
2. No swimming for 1 week
3. No gym for 1 week
4. Your child may return to school the next morning if he or she feels very good, but a day's rest at home is ok too.