



## Information for You from Your Health Care Team

# ALBUTEROL

(al-BYOO-ter-all)

Brand Names: **VENTOLIN, PROVENTIL**

- My doctor also calls Albuterol a bronchodilator
- Albuterol is a **Rescue-Relief Medicine**



### What does Albuterol do?

- Makes me breath easier
- Relaxes and opens the airways in the lungs
- Works for 2 to 4 hours
- Treats wheezing with asthma

### When do I use Albuterol?

- During an asthma flare-up
- When I am coughing, wheezing, short of breath, or sick with an illness
- Sometimes before exercise and sports



### How do I use Albuterol?

- With a metered dose inhaler (puffer) and holding chamber (spacer)
- OR with a nebulizer
- Your health care provider will tell you how to use Albuterol
- **Parents:** Check the dose of Albuterol on your child's *Asthma Action Plan*

### How should Albuterol be stored?

- In a cool, dry place away from sunlight
- Do not freeze
- Keep out of reach from children



### What if I miss a dose of Albuterol?

- Do not use extra medicine to make up for a missed dose
- Call your doctor's office for advice

### What are some of the side effects of Albuterol?

- Shaking or jitters
- Fast heartbeat
- Nervousness
- Trouble sleeping
- Cough or dry mouth
- Upset stomach
- Vomiting



## CALL DOCTOR NOW!

- Breathing is hard and fast
- Nose is opening wide
- Rib cage is showing
- Can not walk or talk well
- **Using Albuterol more than every 4 hours**