



Information for You from Your Health Care Team

AEROBID

Generic Name: **FLUNISOLIDE** (floo-NISS-oh-lide)

- My doctor also calls Aerobid an inhaled steroid or an anti-inflammatory.
- Aerobid is a **Controller Medicine**



What does Aerobid do?

- Makes me breath easier
- Helps prevent asthma attacks and control coughing, wheezing, and shortness of breath
- Reduces swelling in the lungs



How should Aerobid be stored?

- At room temperature
- Away from heat, moisture and direct light
- Do not freeze
- Keep out of reach from children

When do I use Aerobid?

- Everyday in the morning and at night
- Aerobid is NOT a rescue-relief medicine

What if I miss a dose of Aerobid?

- Do not use extra medicine to make up for a missed dose
- Call your doctor's office for advice



How do you use Aerobid?

- With a metered dose inhaler (puffer) and holding chamber (spacer)
- **Rinse your mouth** out or brush your teeth after each use
- Your health care provider will tell you how much Aerobid to take
- **Parents:** Check the dose of Aerobid on your child's *Asthma Action Plan*



What are some of the side effects of Aerobid?

- White patches in mouth
- Sore throat or change in voice
- Cough
- Headache
- Upset stomach



CALL DOCTOR NOW!

- Breathing is hard and fast
- Rib cage is showing
- Nose is opening wide
- Can not walk or talk well