

## CPM Use For Total Knee Replacements

During your hospital stay your doctor may prescribe a CPM (Continuous Passive Motion) machine for your operative leg. In some cases this is necessary to assist with knee motion along with exercises and physical therapy. This machine will provide a slow, continuous bending and straightening motion to your knee. The CPM machine will be set to a specific degree of flexion (bending) with the overall goal to increase the amount of motion in your knee joint. The CPM machine should remain on your operative leg throughout the day and night except when you are in therapy, sitting up for meals, or need to go to the bathroom.

The CPM machine may be applied by your therapist or nurse. During your hospital stay, your physician may gradually increase the amount of the machine bends your knee.

