



*Information for You from Your Health Care Team*

**Instructions for Emptying Your Jackson-Pratt (JP) Drain**

1. Wash your hands.
2. Remove the plug from the pouring spout of bulb.
3. Squeeze bulb to empty fluid and air—**Replace Plug.**
4. It is very important to empty the air out as completely as possible; this is what creates suction in the bulb.
5. Each time you empty your drain, record the date, time, and amount of drainage in the chart below.
6. Empty the container at least two times a day, and as needed. You will know when your drain needs to be emptied when the bulb is no longer deflated. You may safety pin your drain to your clothing.



Date	Morning	Evening	Night

**Call your doctor if your drain output changes or if the drain comes out by accident**

**Special Instructions:**

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