

## *Information for You from Your Health Care Team*

### Post Eso PillCam Procedure Instructions

#### After ingesting the Eso PillCam capsule

- Nothing to eat or drink for 20 minutes.
- The entire PillCam procedure usually lasts 20 minutes, but is only considered complete according to your physician's instructions. Do not disconnect the equipment or remove the belt at any time during this period.
- If you are not positive that you have expelled the PillCam capsule or develop unexplained nausea, abdominal pain, or vomiting, contact your physician.
- Avoid any powerful magnetic fields such as those produced by an MRI machine or Amateur (Ham) Radio until after the capsule has been passed.

Any further questions, please call University Gastroenterology at (315) 464-1600.