

## *Information for You from Your Health Care Team*

### **Percutaneous Endoscopic Gastrostomy (PEG) Tube Placement Preparation (Gastrostomy Feeding Tube)**

#### **Why is this done?**

This procedure is done if you are unable to eat (swallow) normally and need short-term or long-term nutrition.

Your PEG tube procedure will be performed by Dr. \_\_\_\_\_ .

The date and time for your procedure is \_\_\_\_\_ .

Please sign in at patient registration on the first floor of Upstate Medical University Hospital at \_\_\_\_\_ .

#### **How do I prepare for PEG tube placement?**

- Do not eat or drink anything after midnight
- Inform your physician **AT LEAST ONE WEEK PRIOR** to the procedure if you are taking any blood thinning medications such as **Coumadin** or **Plavix**, or if you are a **diabetic**.
- **You must arrange for someone to accompany you home after the procedure as you will not be allowed to drive or leave alone.**
- It will be beneficial for you to find someone to assist you with day-to-day duties to allow yourself time to rest following the procedure.
- Please leave any valuables at home.

#### **The Day of your Procedure, you will need to:**

- Sign an informed consent.
- Remove your glasses or contact lenses.
- Remove your dentures or plates.
- Provide information concerning allergies, medications, and medical history. Your blood pressure, pulse, and oxygen level will be monitored before, during, and after the procedure.
- The RN will start an IV for administering medications as needed to relax you. You will not be put to sleep, but will feel relaxed and as comfortable as possible.
- During the procedure, the room is darkened with you lying on your back with your head slightly raised.
- The tube placement procedure takes approximately 20 to 30 minutes.

#### **What happens after the procedure?**

- Following the tube placement, you will be allowed to rest. You may then lie on your back or side with head slightly elevated until you are fully awake.
- You will be given instructions to check the dressing every four hours for the first 24 hours for bloody drainage. The dressing may be changed as needed.
- You will be discharged when you are feeling well with an appointment for the following day to return to the office to have the tube and incision checked.

## When should I call my Gastroenterologist?

Call your provider immediately if:

- You have pain that becomes worse
- You develop or continue to have nausea or vomiting
- You develop a fever
- You have excessive bleeding around the tube
- You develop blood in your stool or they become black and tarry.

**If the feeding tube falls out, go to the Emergency Room immediately to have it replaced.**

Call your provider during office hours if:

- You have questions about the procedure or functioning of the PEG tube.
- You want to make another appointment.

**If you have any other questions, please call University Gastroenterology at (315) 464-1600.**