

# University **Gastroenterology**

MEDICINE AT ITS BEST

HILL MEDICAL BUILDING • 1000 EAST GENESEE STREET • SYRACUSE, NY 13210

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## *Information for You from Your Health Care Team*

### Preparation for Liver Biopsy

Your procedure has been scheduled for \_\_\_\_\_ at \_\_\_\_\_ .  
(date) (time)

Please check in at Patient Registration in the main lobby at Upstate Medical University Hospital  
at \_\_\_\_\_ .

#### **Patient Preparation Instructions**

1. One week before the procedure, blood tests will be done to determine if your blood clotting factors are within normal limits. If you live far from the hospital, your blood work can be done at a local hospital or laboratory and faxed to our office at (315) 464-1601. If your blood tests are not within normal limits, you will be contacted with further instructions.
2. You will not be able to drive yourself home the day of the liver biopsy so arrange for transportation. You will need to remain in the hospital a minimum of 6 hours. After the liver biopsy is complete, a family member will be able to stay with you.
3. You may drink a liquid breakfast before 6:30 AM
4. Medications: Continue your usual medications as scheduled (exceptions listed below). You may take your medications the morning of your biopsy with a small glass of water.

#### **Do Not Take the Following Medications:**

- Aspirin-stop taking 7 days before the procedure.
- Anti-inflammatory medications (arthritis medications, Motrin™, Advil™, etc.) stop taking 3 days before the procedure and 5 days after the procedure.

#### **Diabetics**

If you are taking insulin, take only one-half your usual dose the day of the procedure. Continue your usual insulin dose the next day.

**Any questions, please call University Gastroenterology at (315) 464-5728.**

**If you need to change or cancel your appointment,  
please call (315) 464-1600 or (315) 464-1616.**