

Information for You from Your Health Care Team

Instructions and Preparation for Electrogastrogram (EGG Test)

Your EGG test will be done in Suite 205 at the Hill Medical Building on

Date: _____ at (time) _____

What is the EGG test?

The EGG test is a measure of the stomach's electrical activity. The EGG is like an EKG of the stomach.

What preparation is required?

The patient should have nothing to eat or drink after midnight. Two hours prior to the EGG test time, you should eat 2 pieces of dry toast and drink 6 oz. of apple juice. Any pro or anti-motility medications (see below) must be stopped 3-4 days prior to the schedule test.

List of drugs that must be stopped 72 hours before the EGG test:

- Reglan, Propulsid, Domperidone, Bethanechol
- Narcotic Drugs (Codeine, Demerol, Darvocet, Morphine, Percocet, Percodan)
- Calcium channel blockers (Procardia)
- Compazine
- NSAIDS (Relafin, Advil, etc.)

List of drugs you may continue:

- Zantac, Pepcid, Tagamet
- Prilosec, Prevacid, Aciphex, Nexium, Protonix
- (If you have diabetes, check your morning glucose level and take 50% smaller insulin dose if appropriate)

What should you expect during the procedure?

Three EKG-type electrodes will be placed on your abdomen. After a 15 minute period, you will be asked to drink water until you are full. Then, a further 30 minutes of EGG is recorded. After the test, you may resume your medications and activities.

If you have any problems or questions, please call 315-464-1600.