

Discharge Planning

Discharge planning begins when you enter the hospital (sometimes even before the hospital)! Your nurse can be helpful in answering questions you or your care provider may have. Your nurse can also contact your discharge planner for you.

A case manager is assigned to help with discharge planning. The case manager will talk with you to assist with:

1. Planning care you may need at home.
2. Obtaining supplies or equipment you may need.
3. Arranging for home care services if needed.

If you require more care than can be provided at home, a social worker is also available to help with planning transfer to another facility where you can receive skilled care until you are ready to return home.

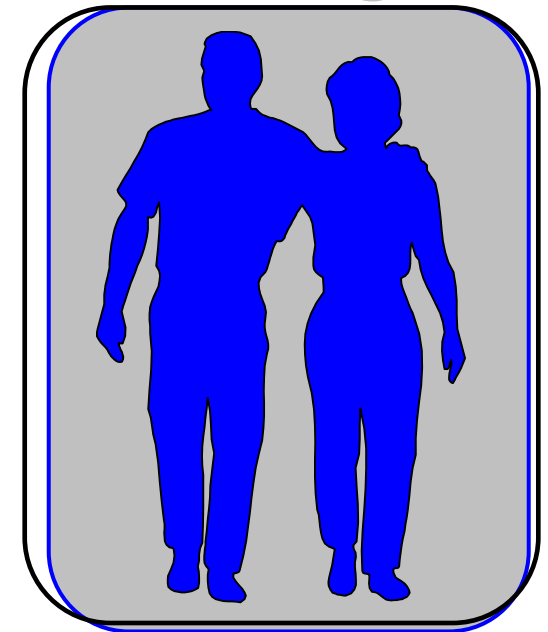
We care about the safe discharge of our patients. We hope your recovery is peaceful and you are well again soon.

Speak Up If You Have Any Questions or Concerns

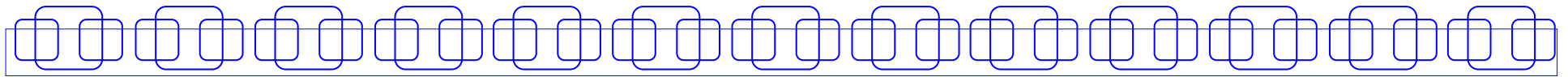
Notes:

**Welcome
to the
Neuroscience
Service**

**Preparing For
Discharge...**



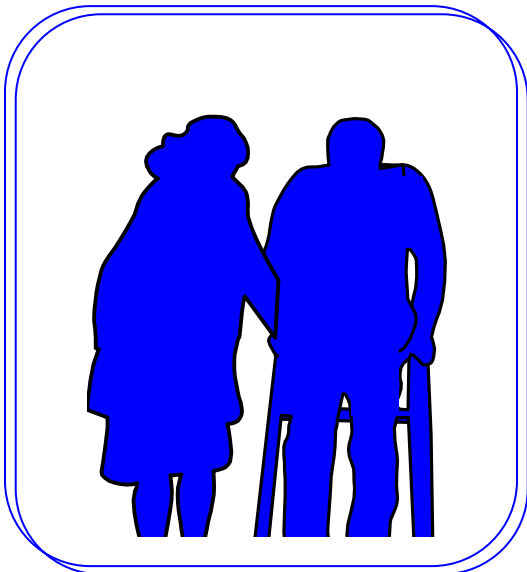
**...starts when you
are admitted to the
hospital**



Why plan now?

We understand that being in the hospital can be hard. By planning for your discharge from the very beginning, we hope to make it easier for you to go back home.

These are some questions to answer and think about so we can make sure you are ready for your discharge from the hospital.



What can help me plan for discharge?

1. Who will give me a ride home from the hospital?
Name: _____
Phone #: _____
2. Where will I go when I am discharged?

3. What pharmacy do I use?

Do I have a way to pay for my medications?

4. Will I have someone to help me with housework (laundry, dishes, meals, groceries) when I go home?

5. Will I have someone to help me with bathing and dressing? _____
6. Will I have trouble with stairs at home? _____

7. Is there someone who can stay with me for a while after I go home?

8. Will I be able to get to the bathroom at home?

9. Will I have a telephone in easy reach at home?

10. Do I have a Health Care Proxy? _____
Who is your proxy?

What is their phone#?

Think about the arrangements you can make to return home safely. Our discharge planners can assist you if needed.