



Breast Care Center: 315-464-8224

www.universityhospital.org

Information for You from Your Health Care Team

After Your Mammosite® Treatment

- You will most likely take an **antibiotic** medicine during your Mammosite® treatment. The antibiotic will be in pill form.
- You must wear a **bra day and night** while the Mammosite® treatment balloon is in place for your radiation therapy.
- The dressing site must be kept dry while you are having treatment. **Do not take a shower** until the balloon catheter is removed or the treatment ends.
- Increase the amount of fluid you drink during your treatment to 64 ounces a day. This is equal to eight 8 ounce glasses. You can drink decaffeinated, low sugar drinks such as milk, diluted juice, herbal teas and water. Do not drink coffee, tea, or soda that contains caffeine.
- **Do not do any activity that involves heavy lifting or weight bearing exercise such as carrying groceries, bowling, vacuuming or lifting weights.** Avoid activities that involve pushing or pulling heavy objects or cause strain on your body.
- **Do not sleep on the balloon** and avoid sudden pressure from an outside source to the area. This could cause the balloon to split open and leak fluid.
- If you experience a flow or gush of fluid, the balloon may have split open. **Call your surgeon right away.**
- On weekends and evenings you will be connected to the Surgery Department's answering service. Ask for your surgeon and you will be contacted by your surgeon or the surgeon on call.
- **Breast Care and Endocrine Surgery Center phone number: day, night, or weekends at 315 464-8224**

Speak Up if You Have Any Questions or Concern