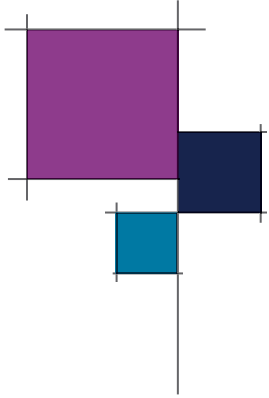


Psychiatric Nursing



The Upstate University Hospital Inpatient Psychiatric Unit, consisting of 23 beds, admits individuals 17 and over with various psychiatric diagnoses. Patients are admitted on both a voluntary and involuntary status and through various referral sources. The reputation of the unit brings referrals from all over central New York for patients with complex diagnostic or management problems. Within a richly diverse patient population, the multidisciplinary staff provides an atmosphere of acceptance, caring and respect.

Collaboration

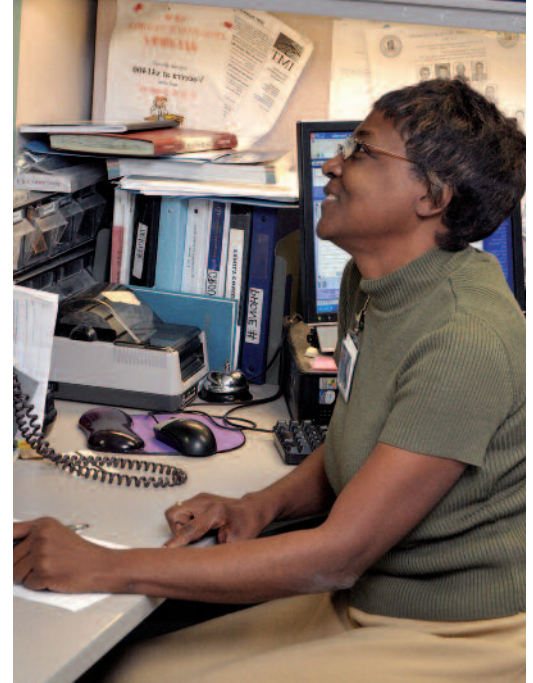
Psychiatric nursing practice provides a multifaceted approach that emphasizes individualized care in an interactive therapeutic milieu. Nursing staff are integral members of the multidisciplinary treatment team and collaborate with other health care professionals to provide excellence in patient care. Primary nursing is practiced with the belief that the therapeutic relationship has the potential for producing change and growth within the individual.

Advocacy

Nursing functions as a patient and family advocate emphasizing community reintegration.

Therapeutic Relationships

Nurses assist patients with self-understanding in an atmosphere of acceptance, caring and trust. Patients are offered an individualized plan of care including individual and group therapy with a strong emphasis on skill-development through psychoeducational programming. Discharge planning is an important component of the patient's treatment plan. The multidisciplinary team and patient work together to develop a comprehensive plan.



Education

In an active teaching environment, nursing provides ongoing psychoeducational programming tailored to the patient's individual needs.

Community Involvement

Nursing values the opportunities for community and professional involvement.

For More Information

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