



SUNY Upstate Medical University

University Hospital

Directions:

From the EAST:

NYS Thruway (I-90) exit 34A (I-481) to I-481 south to I-690 west to Downtown/Townsend Street (Exit #13), turn left off the ramp onto Townsend Street. Go to the seventh (7th) light, turn left on to Adams Street, **stay in middle lane**. After the 2nd traffic light, turn left into Hospital Parking Garage.

From the WEST:

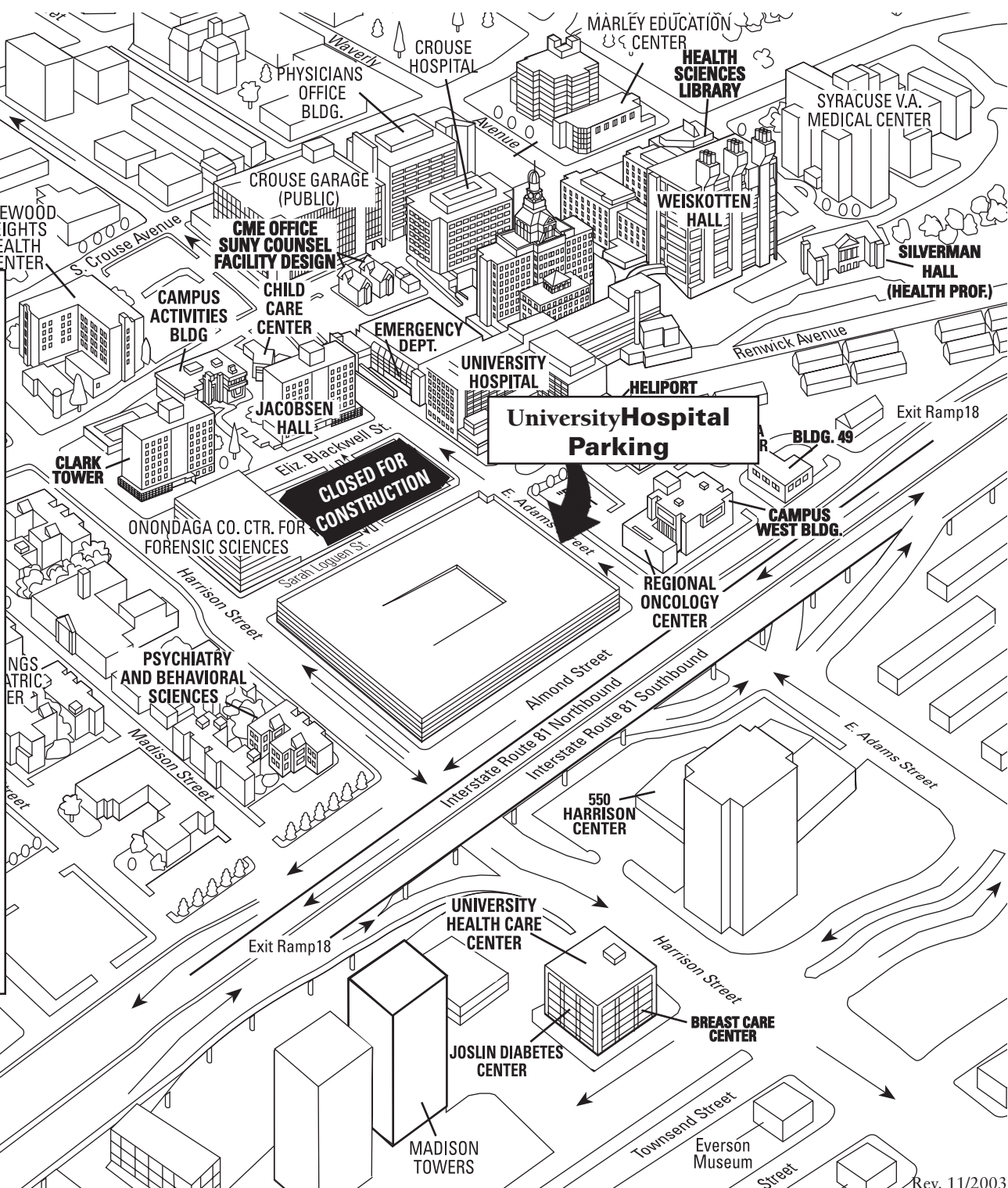
NYS Thruway (I-90) exit 39 to I-690 east to I-81 South to the Adams/Harrison Street exit (Exit #18). **Keep left** on the exit ramp (Almond Street - under I-81), go to the 2nd traffic light, left again on Adams Street, turn left into Hospital Parking Garage.

From the NORTH:

I-81 south to the Adams/Harrison Street exit (Exit #18). **Keep left** on the exit ramp (Almond Street - under I-81), go to the 2nd traffic light, left again on Adams Street, turn left into Hospital Parking Garage.

From the SOUTH:

I-81 north to the Adams Street exit (Exit #18). Right on Adams Street and **keep to left** (this is a one-way street), then turn left into Hospital Parking Garage.



University Hospital Parking

CLOSED FOR CONSTRUCTION