TEAM UPSTATE 2013 Events

AIDS Walk/Run

- Chuck Simpson, Upstate's director of campus activities and special projects, captained a team for this year's AIDS Walk/Run that raised more than \$38,000 for the event Sunday, June 2. He sent thanks to more than 50 Upstate colleagues who contributed to his team, called Team Stumblers.
- "The walk overall raised over \$174,000 to benefit the programs/services of AIDS Community Resources. One hundred percent of the proceeds will stay local and benefit the programs/services in the nine-county Upstate New York region," he says.
- Team Stumblers was the No. 1 fundraising community team, raising \$38,393 -- so far. Donations are still coming in, he reports.

A Run For Their Life

- 167 Upstate students and employees participated in the 3rd annual 'A Run For Their Life' in October, raising more than \$10,000 to benefit the Carol M. Baldwin Research Fund and Upstate Medical University's research for breast cancer.
- Marian's Magnificent Team lead the Upstate teams with the most dollars raised \$2,574.31

Blood Drives

- 633 people from the Downtown campus donated blood
- 193 people from the Community campus donated blood

Canned Food Drive-CON/HR

• Per the Interreligious Food Consortium, Upstate donated 566 pounds of food during the annual food drive sponsored by Upstate Human Resources and The College of Health Professions.

Community Giving Campaign

• 1414 Upstate medical University employees and students raised \$586,649

Corporate Challenge

• Team Upstate was well represented at the annual Syracuse Corporate Challenge in June with 104 participants enjoying a beautiful evening of fitness and camaraderie. Our mixed team took first place: Chris Loughlin, John Kolh, Kristy Kmack, Cara Lavier.

Dictionary Project

• 10 Upstate medical students presented new dictionaries, books and goody bags to 194 - 3rd graders from Dr. Martin Luther King Magnet School, as part of the National Dictionary Project.

Duck Race to End Racism

- 10 Upstate students and employees volunteered. Upstate was a supporting sponsor of this annual festive event which supports "Community Wide Dialogues," a program of InterfaithWorks.
- In addition to winning the race, Upstate won the "most unusual idea" award for the decoration of its "Proud to Know" duck.

Heart Walk

• More than 442 Upstate students, employees, friends and family participated in the Heart Walk in April, and raised almost \$34,000 to benefit the American Heart Association's fight against heart disease and stroke.

Making Strides Against Breast Cancer

• 106 members of Team Upstate raised more than \$10,100 at the American Cancer Society's Making Strides Against Breast Cancer walk in October.

March for Babies

- More than 80 Upstate students and employees participated in the March for Babies in October, and raised \$7,457 for the March of Dimes.
- Top fundraising Team for 2008-2012

Mary Nelson's Youth Day BBQ

- Upstate students and employees collected over 200 backpacks and school supplies for Mary Nelson's Backpack Distribution.
- 10 Upstate studnets and staff volunteered at the event

Move 5K

• Per Kerry Greene: Upstate's Department of Physical Therapy Education and Move Along Inc. organized the Move 5k at Green lakes State Park. Over 140 participants took part. This is the third annual Move 5k benefitting PT students and Move Along Inc.

National Cancer Survivors Day

• Upstate health care professionals organize and volunteer at the annual National Cancer Survivors Day event in June.

Step Out-Walk to Fight Diabetes

• Upstate employees raised over \$3,000 for Juvenile Diabetes.

Toy Drive

• Upstate students and employees collected hundreds of toys for children in our community during the holiday season.

Veteran's Day Parade

• Upstate employees and U.S. Army veterans marched in the Veterans Day Parade Nov. 9 at the New York State Fairgrounds. Upstate's veterans were also honored at a ceremony Nov. 8 at Setnor Academic Building.

New York State Fair

• Upstate Medical University was present at this years New York State Fair. Over 36 departments were represented with over 300 Upstate volunteers to staff the booth each day. 756 people signed up to participate in the Women's Health Network and 29 sign ups for Clinical Trials. In addition, there were 800 helmets given away to the youth and over. 600 blood pressure checks for the public. This year, Upstate launched a new segment called "The Doctor is In" where Upstate Physicians volunteered their time to answer questions from the public about specific issues.

Student-Assorted Volunteer Activities

- The inaugural SUNY Upstate Medical Student Volunteer Day Sept. 8 2012 was a success. More than 150 medical students spent their Saturday afternoon at nine different sites in Onondaga County — cleaning, building, harvesting, painting, repairing, sorting,
- New Orleans Katrina relief Eight first-year medical students participated in New Orleans Katrina relief efforts. The students spent their "vacation" rehabbing a house damaged by Hurricane Katrina in 2005. This is the second year in a row the Center for Civic Engagement has sponsored a trip to hard-hit St. Bernard Parish.
- Five Upstate medical students traveled to Nicaragua over the summer to volunteer (another student went to Peru). The trips were coordinated by Upstate's Center for Civic Engagement, which provides all of our students with volunteer opportunities in Syracuse and in countries where Upstate has an established clinical presence.
- Upstate students established a foot clinic/health clinic at the Rescue Mission's homeless shelter.

Helping Hands for Forgotten Feet

• Upstate students donated over 400 pairs of shoes and 100 pairs of socks to the Rescue Mission.