

TEAM UPSTATE 2011 Events

Advisory Dean Community Outreach Projects

(January-May)

- Under the direction of The Center for Civic Engagement 160 1st year medical students and 30 Doctor of Physical Therapy Students participated in our new Advisory Dean Community Outreach Projects
- Weekly volunteer sites include: Assumption Food Pantry, Catholic Charities North Side CYO, South West Community Center, The National Kidney Foundation, and The Rescue Mission.

AIDS Walk

(June)

- Team Upstate was the largest team at the 19th Annual AIDS Walk/Run in June. The event raised over \$186,000 for prevention programs and to support basic needs of people living with HIV/AIDS.

Amaus Free Clinic -- Cathedral Emergency Services

(January-June)

- Upstate students volunteered at the weekly free clinic throughout the academic year and into the summer.
- Upstate students in collaboration with Amaus Clinic and The Center for Civic Engagement designed and implemented a Patient Navigator Program at Amaus.
- PNP allows students to learn about the underlying causes of poverty and social injustice. Students are partnered with patients in order to provide support and resources, helping patients to "navigate" the healthcare system.

Booth House -- Salvation Army

(January-June)

- 10 Upstate students brought health education to teenagers twice a month throughout the spring semester.
- Booth House is operated by the Salvation Army to provide young adults with difficult living situations a temporary place to stay.

Catholic Charities North Side CYO

(January-May)

- Under the direction of The Center for Civic Engagement 40 Upstate students volunteered once a week at North Side CYO providing health education and tutoring
- 10 Upstate medical students, Donna Vavonese, and The Center for Civic Engagement organized a field trip to Upstate for the summer camp participants at CYO. The kids learned about different health care professions.

Corporate Challenge

(June)

- 61 Upstate employees participated in the Syracuse Corporate Challenge in June. The annual event highlights corporate team spirit and supports different local charities each year.

Father Daughter Valentine Ball

(February)

- Upstate employees volunteered at the annual event, which was attended by 651, and raised over \$33,000 to support Pediatric services at Upstate.

Heart Walk (April)

- Upstate employees and students participated in the American Heart Association's Heart Walk, raising over \$30,000 for the Heart Association. Team Upstate was the Heart Walk's top overall fundraising team, top team healthcare division, and top fundraising team for Kintera.

InterFaith Works' Community Wide Dialogue Annual Duck Race To End Racism

(June)

- Upstate employees and their families participated in the Annual Duck Race to End Racism, held at Syracuse's Inner Harbor and presented by the Community Wide Dialogue, a program of InterFaith Works of CNY. Upstate's duck, decorated to highlight Upstate's Cancer Center, was a two-time winner – it won the race and the "best dressed duck" award.

Juneteenth Festival and Celebration

(June)

- Upstate Medical University co-hosted the Health Pavillion at the Juneteenth Festival and staff and family members marched in the parade.

Legs for Life Program

(June)

- Students from the College of Health Professions Medical Imaging Science program (Diagnostic Medical Sonography) participated in the Legs for Life program and provided free vascular screening to over 100 patients.

Literacy Festival

(June)

- Several Upstate staff and family members participated in the annual Juneteenth Festival.

Migrant Clinic

(June)

- 10 Upstate students volunteered at mobile clinics to provide health care to migrant farm workers in Central New York. The Migrant Clinic is a collaborative effort between SUNY Upstate student volunteers and the Onondaga County Health Department.

Miracle Motorcycle Ride

(May)

- Upstate employees participated and raised funds at the annual Miracle Ride in May.

National Cancer Survivors™ Day

(June)

- Upstate health care professionals organize and volunteer at the annual National Cancer Survivors Day event.

Paige's Butterfly Run

(June)

- Upstate employees participated in the annual Paige's Butterfly Run.

Pat's Pavement Pounder

(September)

- Upstate employees volunteered at the 12th annual Pat's Pavement in September.

Race for the Cure

(May)

- Team Upstate raised over \$5,000 for the Susan B. Komen Breast Cancer Foundation.

Refugee Health Project

(January-May)

- Under the direction of The Center for Civic Engagement 8 Upstate students participate in presenting a health orientation to new refugees, helping them become familiar with the health care system in the United States
- 12 Upstate Medical Students volunteer at the Saturday Morning Refugee Education Program held at MLK school, teaching refugee children about the importance of healthy lifestyles

Relay for Life

(March)

- The Upstate chapter of Colleges Against Cancer raised \$3,800 for the American Cancer Society at the Relay for Life in April, and won the 'Best Team Spirit' award.

Salvation Army

(January-May)

- Under the direction of The Center for Civic Engagement 10 Upstate student volunteer at the afterschool program teaching health education and especially the importance of personal hygiene.

Samaritan Center Project

(May)

- 27 Team Upstate volunteers served 150 meals to those in need at the Samaritan Center in Syracuse.

South West Community Center

(January-May)

- Under the direction of The Center for Civic Engagement 60 Upstate student volunteer at the afterschool program providing tutoring in all subjects and health education.
- 30 Doctor of Physical Therapy Students, The College of Health Professions, and The Center for Civic Engagement provided after school 'Physical Fitness Challenges' to keep inner city youth healthy and active.

Spring Clean-Up

(May)

- About 20 Upstate employees represented the university in a Spring Clean-up, sponsored by the Downtown Committee and University Hill Corporation. The Downtown Committee provided gloves and breakfast as Upstate employees scoured the University Hill area in an all-out effort to clean-up the area of litter.

Strikes against Stoke

(May)

- Bowling event to benefit the Upstate University Hospital Stoke Fund to support patient and family education, direct patient care needs and raising community awareness.

Vera House White Ribbon Campaign

(March)

- Upstate raised more than \$2,000 for the Vera House White Ribbon Campaign. President David Smith was honorary chair of the event to raise awareness of domestic & sexual abuse.

Wear Red Day 2011

(February)

- Many Upstate employees participated in National Wear Red Day in Feb. to raise awareness of heart disease in women.

The National Kidney Foundation

(January-May)

- 20 Upstate students volunteered at the National Kidney Foundations health screening. This screening provided individuals in the community with information regarding the importance of healthy lifestyles and the dangers of living uncontrolled with hypertension and diabetes.

Green Hills Health Fair

(March)?

- 5 Upstate students participated in a health fair at Green Hills Market to promote nutrition and health education.

July-December

The Team Upstate Council was formed to promote public awareness of the University's contributions to the community and to instill pride in our organization by acknowledging and supporting employee volunteer efforts. We believe the spirit of volunteerism adds an important dimension to our workplace culture.

Upstate students and employees have been busy with a variety of outreach and volunteer efforts from July through December. Below is a list of activities for our semi-annual report.

Advisory Dean Community Outreach Projects

(August-January)

- Under the direction of The Center for Civic Engagement 160 1st year medical students and 30 Doctor of Physical Therapy Students participated in our new Advisory Dean Community Outreach Projects
- Weekly volunteer sites include: Catholic Charities North Side CYO, HopePrint, South West Community Center, The National Kidney Foundation, The Dialysis Clinic, and The Rescue Mission.

AIDS Walk

(June)

- 37 Upstate employees, their friends and family participated in the Aids Walk/Run in June, and took home the award for largest team.

Amaus Free Clinic – Cathedral Emergency Services

(June-January)

- Upstate students volunteered at the weekly free clinic throughout the academic year and into the summer.
- Upstate students in collaboration with Amaus Clinic and The Center for Civic Engagement designed and implemented a Patient Navigator Program at Amaus.
- PNP allows students to learn about the underlying causes of poverty and social injustice. Students are partnered with patients in order to provide support and resources, helping patients to “navigate” the healthcare system.

Backpack and Book Drive

(August)

- Upstate employees participated in a drive for backpacks, books and school supplies that benefits local children attending Mary Nelson’s Youth Day BBQ.

Book Drive – Worldwide Books.org

(July – December and on-going)

- Coordinated by CHP faculty member, Elton Garvin
- Students from Upstate’s Veterans Club and CHP’s Physical Therapy Club collect books which were donated to schools, libraries and domestic and international charities throughout the world wherever there is a need
- More than 10,000 books collected to date

Booth House – Salvation Army

(August-January)

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Catholic Charities North Side CYO

(August-January)

- Under the direction of The Center for Civic Engagement 40 Upstate students volunteered once a week at North Side CYO providing health education and tutoring

Community Giving Campaign

(September-December)

- 1,902 Upstate employees contributed \$650,043 to support vital health and human service agencies and the Upstate Foundation in our annual giving campaign.

Dictionary Project

(October)

- Ninety-five third-graders from Dr. Martin Luther King Magnet School received new dictionaries from Upstate medical students.

Juneteenth Festival

(June)

- Upstate employees provided health information in the Dr. Henry A. Washington Health Pavilion at the annual Juneteenth Festival.

Making Strides Against Breast Cancer

(October)

- 120 members of Team Upstate raised \$12,862 for the American Cancer Society.

March for Babies

(October-December)

- Upstate employees and students participated in the March of Dimes walk, and raised \$7,646.

Salvation Army

(August-January)

- Under the direction of The Center for Civic Engagement 10 Upstate student volunteer at the afterschool program teaching health education and especially the importance of personal hygiene.

South West Community Center

(June-January)

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- 30 Doctor of Physical Therapy Students, The College of Health Professions, and The Center for Civic Engagement provided after school “Physical Fitness Challenges” to keep inner city youth healthy and active.

St. Baldrick’s Fundraiser

(March)

- 3 Upstate employees raised \$11,000 for the St. Baldrick’s Fundraiser.

Step Out-Walk to Fight Diabetes

(October)

- 37 employees raised \$6,522 for the American Diabetes Association at the Step Out Walk.

Strikes Against Stroke

(May)

- 59 bowlers raised \$1,136 at the annual bowling event to benefit the Upstate University Hospital Stroke Fund to support patient and family education, direct patient care needs and raising community awareness.

Team Haiti

(November-January)

- Upstate campus and community were instrumental in collecting over items and monetary donations for relief efforts in Haiti.
- 9 Medical Students travelled to Haiti to provide much needed medical services in clinics and orphanages.

The National Kidney Foundation

(June-January)

- 20 Upstate students volunteered at the National Kidney Foundations health screening.
- This screening provided individuals in the community with information regarding the importance of healthy lifestyles and the dangers of living uncontrolled with hypertension and diabetes.

Toy Drive

(December)

- Upstate students and employees collected hundreds toys for local children in our community during the holiday season.

Vascular Screening – College of Health Professions Medical Imaging Students

(June)

- College of Health Professions student from the Diagnostic Medical Sonography (DMS) program participated in the "Legs for Life" program on Wednesday, 6/22/11.
- The event helped spread awareness of vascular disease and its prevention. 165 participants were screened and several were diagnosed with peripheral arterial disease and carotid stenosis.

Walk to Cure Diabetes (JDRF)

(September)

- 6 walkers raised \$1,303 for juvenile diabetes as part of the Walk to Cure Diabetes.

Walk from Obesity

(September)

- Sponsored by the CNY Bariatric Surgery Center at Upstate, 40 participants raised \$2,500 to create awareness of the disease of obesity.

Report prepared by:

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