

TEAM UPSTATE 2010 Events

Quarter 1

Amaus Free Clinic - Cathedral Emergency Services (January - March)

50 Upstate medical students volunteered at the weekly free clinic during the winter semester.

Reading Buddies Program (January - March)

15 Upstate students participate one-on-one with 3rd grade students at Dr. King Magnet School each week during the spring semester.

Salt City Homeless Outreach Program - SC Hope (January - March)

50 Upstate medical students provided free medical care at the weekly clinic in the basement of the Mulroy Civic Center during the spring semester.

Salvation Army (January - March)

10 Upstate students bring health education to teenagers twice a month throughout the spring semester. Booth House is operated by the Salvation Army to provide young adults ages 12-17 with difficult living situations a temporary place to stay.

5 Upstate students bring nutrition and health education twice a month throughout the spring semester to youth ages 5-12 at the After-School Program of the Salvation Army.

20 Upstate students, along with Dr. Seuss, the Cat in the Hat, and Sidney the Kidney from the National Kidney Foundation of CNY, organized a pediatric health fair in February at the Salvation Army's After-School Program for 50 youth ages 5-12.

Team Haiti (January - February)

Upstate campus and community were instrumental in collecting over \$15,000 for relief efforts in Haiti.

Dance Marathon for Global Health (January)

Upstate campus and community participated in a 12-hour dance marathon and raised over \$1,500 for the non-profit organization Doctors for Global Health.

Colleges Against Cancer Bake Sale (February)

Upstate students organized a bake sale to benefit Relay for Life and the Susan G. Komen Foundation.

Friends of Dorothy House (February)

5 Upstate students assisted in the monthly dinner to benefit Dorothy House, which offers home-based care to people with AIDS in a variety of ways, with a primary focus on hospice care.

Physical Therapy Bake Sale (February)

The Doctor of Physical Therapy Program Class of 2011 hosted a bake sale to benefit physical therapy research.

8th Annual Father Daughter Valentine Ball (February 9)

Upstate employees volunteered at the annual event, which was attended by 651, and raised over \$33,000 to support Pediatric services at Upstate.

Green Hills Health Fair (March)

5 Upstate students participated in a health fair at Green Hills Market to promote nutrition and health education.

Quarter 2

Amaus Free Clinic - Cathedral Emergency Services (April June)

50 Upstate medical students volunteered at the weekly free clinic during the spring semester.

Booth House (April May)

10 Upstate students brought health education to teenagers twice a month throughout the spring semester. Booth House, operated by the Salvation Army, provides young adults who have difficult living situations with a temporary place to stay.

Corporate Challenge (June)

70 Upstate employees participated in the Syracuse Corporate Challenge in June. The annual event highlights corporate team spirit and supports different local charities each year.

Heart Walk (April)

Upstate employees and students participated in the American Heart Associations Heart Walk, raising \$38,000 for the Heart Association. Team Upstate was the Heart Walks top overall fundraising team, top team healthcare division, and top fundraising team for Kintera.

InterFaith Works' Community Wide Dialogue Annual Duck Race To End Racism (June)

Upstate employees and their families participated in the Annual Duck Race to End Racism, held at Syracuses Inner Harbor and presented by the Community Wide Dialogue, a program of InterFaith Works of CNY. Upstates duck, decorated to highlight Upstates Cancer Center, was a two-time winner it won the race and best dressed duck award.

Juneteenth Festival and Celebration (June)

Upstate Medical University co-hosted the Health Pavillion at the Juneteenth Festival and staff and family members marched in the parade.

Literacy Festival (June)

Team Upstate employees volunteered at the Light a Candle for Literacy Parade and Festival held at Syracuses Beard School.

Migrant Clinic (June)

10 Upstate students volunteered at mobile clinics to provide health care to migrant farm workers in Central New York. The Migrant Clinic is a collaborative effort between SUNY Upstate student volunteers and the Onondaga County Health Department.

Miracle Motorcycle Ride for Children (May)

Upstate employees participated and raised funds at the annual Miracle Ride in May.

Paige's Butterfly Run (June)

25 Upstate employees raised more than \$1,000 for the annual Paiges Butterfly Run.

Race for the Cure (May)

40 people joined Team Upstate for the annual Race for the Cure in May, and raised \$3,576 for the Susan B. Komen Breast Cancer Foundation.

Reading Buddies Program (April May)

35 Upstate students participate one-on-one with 3rd grade students at Dr. King Magnet School each week during the spring semester.

Relay for Life

The Upstate chapter of Colleges Against Cancer raised \$3,800 for the American Cancer Society at the Relay for Life in April, and won the Best Team Spirit award.

Samaritan Center Project (April)

Team Upstate volunteers served two meals at the Samaritan Center in Syracuse this spring.

Quarter 3

Advisory Dean Community Outreach Projects (September)

160 1st year medical students participated in our new Advisory Dean Community Outreach Projects.

The Advisory Dean Community Outreach Projects are designed for 1st year medical students, but all students are welcome to participate. These are group-based volunteer projects that take place every week.

Weekly volunteer sites include: Assumption Food Pantry, Catholic Charities North Side CYO, South West Community Center, The National Kidney Foundation, and The Samaritan Center.

Amaus Free Clinic Cathedral Emergency Services (July - September)

Upstate students volunteered at the weekly free clinic during the summer and fall semesters.

Upstate students and the COGHE office designed and implemented a Patient Navigator Program (PNP) at Amaus.

PNP allows students to learn about the underlying causes of poverty and social injustice. Students are partnered with patients in order to provide support and resources, helping patients to navigate the healthcare system.

Backpack and Book Drive (August)

Upstate employees participated in a drive for backpacks, books and school supplies that benefits local children attending Mary Nelsons Youth Day BBQ.

Booth House Salvation Army (September)

10 Upstate students brought health education to teenagers twice a month throughout the fall semester.

Booth House is operated by the Salvation Army to provide young adults with difficult living situations a temporary place to stay.

Challenge Cup Hockey Tournament (August)

The Challenge Cup Hockey Tournament raised \$1,950 for Upstate University Hospitals Pediatric Emergency Department.

CNY Lung Cancer Walk, Run & Rally (September)

Sponsored by Upstates department of Radiation Oncology, in an effort to support the LUNGeVity Foundations ability to fund the most promising research into the early detection and successful treatment of lung cancer.

Light the Night Walk (September)

95 Upstate employees and students raised \$4,319 for the Leukemia and Lymphoma Society at the Light the Night Walk.

Lukies Holes Fore Hope Golf Open (July)

Upstate employees participated in the 8th annual Lukies Holes Fore Hope to benefit the Golisano Childrens Hospital.

Migrant Clinic (July - September)

10 Upstate students volunteered at mobile clinics to provide health care to migrant farm workers in Central New York. The Migrant Clinic is a collaborative effort between Upstate medical student volunteers and the Onondaga County Health Department.

Pats Pavement Pounder (September)

Upstate employees volunteered at the 11th annual Pats Pavement Pounder, which raised over \$10,000 for pediatric cancer research.

Reading Buddies Program (September)

15 Upstate students participate one-on-one with 3rd grade students at Dr. King Magnet School each week during the fall semester.

Salvation Army (September)

10 Upstate student volunteer at the afterschool program teaching health education and especially the importance of personal hygiene.

Upstate Open (July)

Upstate employees volunteered at the 23rd annual Childrens Miracle Open, which raised over \$108,000 to support pediatric services at Upstate Golisano Children's Hospital & the new Pediatric Cancer Center.

Vera House (September)

10 Upstate students trained to become on-call Vera House volunteers.

Vera House provides emergency shelter, counseling and support to women who are victims of domestic and sexual violence and to families in crisis. Student volunteers are trained to work the crisis-call hotline or as victims advocates at shelters and local hospitals.

Walk to Cure Diabetes (JDRF) (September)

Over 19 walkers raised \$1,179 for juvenile diabetes as part of the Walk to Cure Diabetes.

Walk from Obesity (September)

Sponsored by the CNY Bariatric Surgery Center at Upstate, scores of participants raised \$6,000 to create awareness of the disease of obesity.

Quarter 4

Advisory Dean Community Outreach Projects (October-December)

- 160 1st year medical students participated in our new Advisory Dean Community Outreach Projects.
- The Projects are designed for 1st year medical students, but all students are welcome to participate. These are group based volunteer projects that take place every week.
- Weekly volunteer sites include: Assumption Food Pantry, Catholic Charities North Side CYO, South West Community Center, The National Kidney Foundation, and The Samaritan Center.

Amaus Free Clinic Cathedral Emergency Services (October December)

- Upstate students volunteered at the weekly free clinic during the fall semester.
- Upstate students and the COGHE office designed and implemented a Patient Navigator Program at Amaus.
- PNP allows students to learn about the underlying causes of poverty and social injustice. Students are partnered with patients in order to provide support and resources, helping patients to navigate the healthcare system.

Assumption Food Pantry (October-December)

- 30 Upstate students volunteered at Assumption Food Pantry
- Serving food to clients, restocking and organizing food items
- Packing bags of groceries to be given out to clients

Booth House Salvation Army (October-December)

- 10 Upstate students brought health education to teenagers twice a month throughout the fall semester.
- Booth House is operated by the Salvation Army to provide young adults with difficult living situations a temporary place to stay.

Catholic Charities North Side CYO (October-December)

- 40 Upstate students volunteered once a week at North Side CYO providing health education and tutoring

Center for New Americans Blanket Drive (October)

- Upstate students and employees collected over 100 blankets, sheets, towels and warm clothing for refugees.

Community Giving Campaign (September-December)

- Close to 1,700 Upstate employees contributed over \$600,000 to support vital health and human service agencies and the Upstate Foundation in our annual giving campaign.

Dictionary Project (October)

- Ninety-five third-graders from Dr. Martin Luther King Magnet School received new dictionaries from Upstate medical students.

Making Strides Against Breast Cancer (October)

- 126 members of Team Upstate raised \$12,000 for the American Cancer.

March Of Dimes (October-December)

- Upstate employees and students participated in the March for Babies walk, and raised more than \$4,285.

National Kidney Foundation (October-December)

- 20 Upstate students volunteered at the National Kidney Foundations health screening.
- This screening provided individuals in the community with information regarding the importance of healthy lifestyles and the dangers of living uncontrolled with hypertension and diabetes.

Refugee Health Project (October-December)

- 8 Upstate students participate in presenting a health orientation to new refugees, helping them become familiar with the health care system in the United States
- 12 Upstate Medical Students volunteer at the Saturday Morning Refugee Education Program held at MLK school, teaching refugee children about the importance of healthy lifestyles

Salvation Army (October-December)

- 10 Upstate students volunteered at the after school program teaching health education and especially the importance of personal hygiene.

South West Community Center (October-December)

- 60 Upstate student volunteer at the after school program providing tutoring in all subjects and health education.

Step Out-Walk to Fight Diabetes (October)

- Employees raised \$4,097 for the American Diabetes Association at the Step Out Walk.

Toy Drive (December)

- Upstate students and employees collected hundreds toys for local children in our community during the holiday season.

Vera House (October-December)

- 10 Upstate students trained to become on call Vera House volunteers
- Vera House provides emergency shelter, counseling and support to women who are victims of domestic and sexual violence and to families in crisis. Student volunteers are trained to work the crisis-call hotline or as victims advocates at shelters and local hospitals.

Veterans' Day Parade (November)

- An enthusiastic group of Upstate veterans gathered to march together in Syracuse Veterans' Day Parade.

Walk From Obesity (September)

- The CNY Bariatric Surgery Center at Upstate sponsored the first Syracuse Walk From Obesity to raise awareness of the disease of obesity, childhood obesity and morbid obesity. 90 participants raised \$6,000.

Report prepared by:

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