

TEAM UPSTATE 2009 Events

Quarter 1

Amaus Free Clinic - Cathedral Emergency Services (January - March)

- 50 Upstate medical students volunteered at the weekly free clinic during the spring semester

Booth House (January - March)

- 10 Upstate students bring health education to teenagers twice a month throughout the spring semester. Booth House is operated by the Salvation Army to provide young adults with difficult living situations a temporary place to stay.

Cover the Uninsured Week (January - March)

- Upstate students have solicited in-kind donations worth approximately \$1200 for the second annual raffle to benefit Amaus Free Clinic. The raffle will occur in April and prizes include: Roundtrip plane ticket to anywhere in the U.S. on Jet Blue Airlines (Grand Prize); 32 inch HD Samsung Flat Panel TV (Second Place); "A Taste of Marshall Street" Package (Third Place); Dinner and a Movie/Comedy Show for Two (Fourth Place); "Pamper me Pretty" Spa & Jewelry Package (Fifth Place).

Fifth Grade Science Fair (January - March)

- 15 Upstate students are engaging teams of fifth grade students at Dr. King Magnet School in scientific inquiry and investigation. The science fair will occur in April and students will be judged by their peers.

Fun with Food! Afterschool Program (January - March)

- 12 Upstate first-year medical students introduced the concepts of healthy eating to second grade students and their families during afterschool activities at Dr. King Magnet School over a six week period.

Physical Therapy Chili Cook-Off (February)

- 15 Upstate students coordinated a chili cook-off with over 75 participants to benefit physical therapy research.

Project SEUSS: SUNY ESF & Upstate Semester of Service (January - March)

- 5 Upstate students helped to make MLK Day a day-on, not a day-off by volunteering at the North Area Athletic and Education Center in January. They helped 30 local school children learn about the food pyramid and healthy eating habits.
- 2 Upstate students had a heart and volunteered at the North Area Athletic and Education Center in February. They taught 30 local school children how to be heart healthy for Valentine's Day through a series of interactive games and activities.
- 2 Upstate students sprung into service and volunteered at the North Area Athletic and Education Center in March. They created working model lungs with 30 local school children on the first day of spring to discuss the effects of asthma and allergies.

Reading Buddies Program (January - March)

- 35 Upstate students participate one-on-one with 3rd grade students at Dr. King Magnet School each week during the spring semester.

Salt City Homeless Outreach Program - SC Hope (January - March)

- 50 Upstate medical students provided free medical care at the weekly clinic in the basement of the Mulroy Civic Center during the spring semester.

Samaritan Center (February)

- 5 Upstate students assembled and distributed 115 winter care packages for during an evening meal at the Samaritan Center to celebrate Valentine's Day.

Vera House (March)

- 20 Upstate students participated in the White Ribbon Campaign to raise awareness about domestic and sexual violence, selling white ribbons and bracelets to the Upstate campus community.

7th Annual Father Daughter Valentine Ball (February)

- Upstate employees volunteered at the annual event, which was attended by 670, and raised over \$25,000 to support Pediatric services at Upstate.

Quarter 2

Amaus Free Clinic - Cathedral Emergency Services (April - June)

- 50 Upstate medical students volunteered at the weekly free clinic during the spring semester.

American Medical Association (AMA) Tour to Insure (May)

- 30 Upstate faculty and students participated in a 4-mile run and raised more than \$400 to benefit local health clinics that provide services to Syracuse's uninsured and underinsured.
- 2 Upstate medical students traveled 150 miles from Albany to Syracuse on bicycles to complete the northeastern leg of the National AMA Tour to Insure, a large-scale, student-organized bike/run relay to raise awareness and funds that assist the millions living without health insurance.

Andrea's Art Auction (May 29)

- 12 Upstate employees helped organize the annual Andrea's Art Auction, which supports the Golisano Children's Hospital and scholarships for area students.

Booth House (April - May)

- 10 Upstate students brought health education to teenagers twice a month throughout the spring semester. Booth House, operated by the Salvation Army, provides young adults who have difficult living situations with a temporary place to stay.

Corporate Challenge (June 23)

- 38 Upstate employees participated in the Syracuse Corporate Challenge in June. The annual event highlights corporate team spirit and supports different local charities each year.

Cover the Uninsured Week (April)

- The Upstate community came together to support the 2nd Annual Amaus Raffle Fundraiser, which donated \$3,250 to support the Amaus Free Clinic and assist Syracuse's uninsured and underinsured.

Fifth Grade Science Fair (April)

- 15 Upstate students engaged 65 fifth grade students at Dr. King Magnet School in scientific inquiry and investigation at an annual science fair hosted by Upstate.

Food Bank of CNY Community Gardening (May)

- Upstate faculty and students helped plant more than 400 tomato plants in a community garden.

Global Youth Service Day (April)

- 10 Upstate students distributed nutrition and fitness education information at the March for Babies, held on Global Youth Service Day. Global Youth Service Day is organized nationally by the Global Youth Action Network, National Youth Leadership Council, and Youth Service America, with thousands of partner organizations in the United States and across the world. This project was funded by the UnitedHealth HEROES Grant.

Heart Walk (April 18)

- Upstate President David R. Smith, MD, served as chair of the Syracuse Heart Walk and Upstate was a major sponsor of the event. 441 Upstate employees and students participated in the American Heart Association's Heart Walk, raising \$30,000 for the Heart Association. Team Upstate was the Heart Walk's top overall fundraising team, top team healthcare division, and top fundraising team for Kentera.

InterFaith Works' Community Wide Dialogue Annual Duck Race To End Racism (June 6)

- 20 Upstate employees and their families participated in the 7th Annual Duck Race to End Racism, held at Syracuse's Inner Harbor and presented by the Community Wide Dialogue, a program of InterFaith Works of CNY. Team Upstate marched in the parade carrying our 2009 duck which featured Upstate's values: discovery, innovation, respect, integrity and community service.

Juneteenth Festival and Celebration (June 13)

- Upstate Medical University was a lead sponsor of Syracuse's 2009 Juneteenth Festival, and host of the first annual Health Pavillion. Scores of Upstate employees and their families volunteered at the Juneteenth Festival by assisting with the Thursday night Ancestral dinner; marching in the Friday afternoon Winston Gaskin Community Walk for Wellness and Saturday's parade; and by hosting, coordinating and staffing the Health Pavillion on Saturday. Bruce Simmons MD, director of Student and Employee Health at Upstate, was keynote speaker at Thursday's dinner.

Literacy Festival (June 6)

- Team Upstate volunteer Brad Long of the Health Sciences Library, volunteered at the Light a Candle for Literacy Parade and Festival held at Syracuse's Beard School. Long showed and discussed the human anatomical models to children and parents. Hundred of children and their families received free books, made crafts, enjoyed music and learned about community resources at this fourth annual festival.

March for Babies (April 26)

- More than 200 Upstate Medical University employees and students raised more than \$16,000 for the March for Dimes by participating in the organization's annual March for Babies.

Migrant Clinic (June)

- 10 Upstate students volunteered at mobile clinics to provide health care to migrant farm workers in Central New York. The Migrant Clinic is a collaborative effort between SUNY Upstate student volunteers and the Onondaga County Health Department.

Miracle Motorcycle Ride for Children (MAY 30)

- Emergency Department chair and acting University Hospital CEO, Dr. John McCabe, kicked off the event with a thank you message for the event's nearly 700 riders, volunteers and sponsors. 55 Upstate employees and their families raised more than \$2,000 for the Miracle Motorcycle ride and many volunteered at the event.

Paige's Butterfly Run (June 6)

- 70 Upstate students and employees raised more than \$1,100 for the annual Paige's Butterfly Run. Dr. Tom Welch and Dr. Bill Kerr were honorary co-chairs for the event, and Team Upstate had the largest number of participants.

Project SEUSS: SUNY ESF & Upstate Semester of Service (April)

- 3 Upstate students sprung into service and volunteered at the North Area Athletic and Education Center in March. They were able to create fruit and vegetable stamp art and engage 15 local school children in Nutrition Bingo, games to teach them about health and nutrition.

Race for the Cure

- 70 people joined Team Upstate for the annual Race for the Cure in May, and raised \$2,500 for the Susan B. Komen Breast Cancer Foundation.

Reading Buddies Program (April - May)

- 35 Upstate students participate one-on-one with 3rd grade students at Dr. King Magnet School each week during the spring semester.

Rockin' the Red Cross (April 24)

- Central New York's premier battle of the corporate bands, featuring Upstate's band, Tachycardia performed at the Landmark Theatre to raise funds for the American Red Cross. Over 130 Upstate employees and students participated in the event.

Salt City Homeless Outreach Program - SC Hope (April - June)

- 50 Upstate medical students provided free medical care at the weekly clinic in the basement of the Mulroy Civic Center during the spring semester.

Sarah House Supply Drive (April)

- Upstate physical therapy students collected non-perishable food and household supplies to benefit Sarah House, a hospitality house that supports patients and families seeking medical treatment in Syracuse area hospitals.

UnitedHealth HEROES Grant (April)

- SUNY Upstate Medical University is a 2009 recipient of the UnitedHealth HEROES Service-Learning Grant which supports youth-led projects that focus on healthy lifestyles. Programs like Global Youth Service Day are made possible by the efforts of the UnitedHealth Group and Youth Service America.

Quarter 3

Amaus Free Clinic - Cathedral Emergency Services (July - September)

- 50 Upstate students volunteered at the weekly free clinic during the fall semester.
- Upstate students and faculty celebrated the clinic's second birthday in July.

Booth House - Salvation Army (September)

- 10 Upstate students brought health education to teenagers twice a month throughout the fall semester.
- Booth House is operated by the Salvation Army to provide young adults with difficult living situations a temporary place to stay.

Children's Miracle Open (July)

- 25 Upstate employees volunteered at the 22nd annual Children's Miracle Open, which raised over \$108,000. Paul Seal was the Executive Chair of the event.

Light the Night Walk (September)

- More than \$10,000 was raised by team upstate for the Leukemia and Lymphoma Society at the Light the Night Walk.

Lukie's Holes Fore Hope Golf Open (July)

- More than 10 Upstate employees participated in the 7th annual Lukie's Holes Fore Hope to support the school room at the Upstate Golisano Children's Hospital.

Migrant Clinic (July - September)

- 10 Upstate students volunteered at mobile clinics to provide health care to migrant farm workers in Central New York. The Migrant Clinic is a collaborative effort between Upstate medical student volunteers and the Onondaga County Health Department.

National Kidney Foundation Kids in Control Program (July - August)

- 12 Upstate medical students introduced the concepts of healthy eating and physical fitness to youth ages 8-13 for five weeks at the Syracuse Urban Youth Development Satellite Camp at Bellegrove Baptist Church with support from the National Kidney Foundation.

Orientation Bus Tour: An Introduction to Your New Community (August)

- 150 Upstate students participated in a bus tour of Syracuse during new student orientation that introduced them to the community and avenues for volunteerism. With stops at community organizations including Amaus Free Clinic, Center for New Americans, and the Samaritan Center, students were educated about the nutrition and health care challenges facing members of the Syracuse community. Students were given a pre- and post-tour survey to assess the impact of the tour, and were also asked to submit a written response about their experience.

Pat's Pavement Pounder (September)

- Upstate employees volunteered at the 10th annual Pat's Pavement Pounder, which raised over \$10,000 for pediatric cancer research.

Reading Buddies Program (September)

- 15 Upstate students participate one-on-one with 3rd grade students at Dr. King Magnet School each week during the fall semester.

Salt City Homeless Outreach Program - SC Hope (July - September)

- 50 Upstate medical students provided free medical care at the weekly clinic in the basement of the Mulroy Civic Center during the fall semester.

Upstate Golisano Children's Hospital Opening (September)

- More than 300 employees volunteered at the Upstate Golisano Children's Hospital grand opening.

Walk to Cure Diabetes (September)

- Over 50 walkers joined Team Upstate to raise \$2,765 for juvenile diabetes as part of the Walk to Cure Diabetes.

Quarter 4

Community Giving Campaign (September - December)

- 1,592 Upstate employees contributed \$527,947 to support vital health and human service agencies and the Upstate Foundation in our annual giving campaign.

Making Strides Against Breast Cancer (October)

- 105 members of Team Upstate raised \$4,475 for the American Cancer Society at the Making Strides Against Breast Cancer walk.

Center for New Americans Blanket Drive (October)

- Upstate students and employees collected over 200 blankets, sheets, towels and warm clothing for refugees.

Dictionary Project (October)

- Ninety third-graders from Dr. Martin Luther King Magnet School received new dictionaries from Upstate medical students.

Amaus Free Clinic - Cathedral Emergency Services (October - December)

- 50 Upstate medical students volunteered at the weekly free clinic during the fall semester.
- 25 Upstate medical students organized a pediatric health fair at the free clinic in October to provide health education and free school physicals.

Booth House - Salvation Army (October - December)

- 10 Upstate students brought health education to teenagers twice a month throughout the fall semester. Booth House is operated by the Salvation Army to provide young adults with difficult living situations a temporary place to stay.

Salt City Homeless Outreach Program - SC Hope (October - December)

- 50 Upstate medical students provided free medical care at the weekly clinic in the basement of the Mulroy Civic Center during the fall semester.

Southwest Community Center (October - December)

- 8 Upstate medical students participate in after-school tutoring and mentoring programs for youth ages 6-16 at the center each week.
- 14 Upstate medical students organized a pediatric health fair at the center in December, in conjunction with the Community Based Adolescent Pregnancy Prevention Program.

Reading Buddies Program (October - December)

- 15 Upstate students participate one-on-one with 3rd grade students at Dr. King Magnet School each week during the fall semester.

Veterans' Day Parade (November)

- An enthusiastic group of Upstate veterans gathered to march together in Syracuse's Veterans' Day Parade.

Center for New Americans Eye Clinic (November)

- 9 Upstate medical students organized an eye clinic and provided screening for 100 refugees.

Team Haiti (November - December)

- 5 Upstate medical students organized a service trip to Haiti to bring medical aid and screening services to rural communities.
- The Division of Student Affairs supported Team Haiti in its pledge to collect over 60 pairs of pajamas for youth in an orphanage in Haiti.
- The College of Health Professions Radiation Therapy Program was instrumental in collecting over 200 medical supplies for Team Haiti to distribute at local hospitals and a student-run wound clinic.

Clark Tower Community Programs (November - December)

- Upstate students conducted a food drive in the residence hall and collected over 100 items to donate to local food pantries.

Toy Drive (December)

- Upstate students and employees collected hundreds toys for needy children in our community during the holiday season.

American Medical Association Bone Marrow Donor Drive (December)

- 15 Upstate medical students from the AMA Medical Student Section organized a bone marrow donor drive in conjunction with the National Marrow Donor Program.

Campus Activities Governing Board (December)

- The CAGB collected canned goods as admission to the December Comedy Show and donated over 100 items to local food pantries.

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