Operative Fixation of Rib Fractures

| INCLUSION CRITERIA | EXCLUSION CRITERIA | OUTCOME MEASURES |
|--|---|--|
| 1) Flail chest - Defined as | 1) Anatomic location of rib | 1) Ventilator-Free Days (VFD) |
| follows: | fractures are not amenable to | |
| ≥3 unilateral segmental rib fractures ≥3 bilateral rib fractures; | surgical fixation (e.g. fractures directly adjacent to spinal column) 2) Bib fractures primarily | 2) Days spent in ICU (up to the time patient is deemed stable to leave the ICU, this excludes days that patient has to remain in the ICU due to upavailability of beds |
| • 25 unilateral fractures combined with sternum fracture/dissociation | involving floating ribs (ribs 10- 12) | on the regular ward) |
| 2) Severe deformity of the chest wall - Diagnosed by CT scan. | 3) Other significant injuries that may require long term intubation: | pain medication administered during the hospital stay |
| Defined as follows: | | 4) Intubation, repeat intubation |
| Severe displacement (100%) of 3 or more ribs | 4) Severe pulmonary contusion (Defined as PaO2/FIO2 ratio <200 with radiological evidence | 5)Pneumonia |
| (by minimum 15mm each) | of pulmonary infiltrates WITHIN 24 hours of THORACIC TRAUMA) | 6)Tracheostomy |
| Marked loss thoracic volume/caved in chest | 5)Severe pulmonary contusion | 7)Mortality |
| (>25% volume loss in involved lobe(s) Overriding of 3 or more rib fractures (by | (Defined as PaO2/FIO2 ratio <200 with radiological evidence of pulmonary infiltrates WITHIN 24 hours of THORACIC TRAUMA) | 9)Complications of surgical intervention: rates of wound infection, fixation failure, nonunion, hardware related |
| minimum 15mm each)(assess Spirometry) | 6) Severe head injury/Traumatic brain injury – (GCS ≤ 8 at 48 hrs | complications 10) Pulmonary function testing: |
| Two or more rib fractures associated with intra-parenchymal injury ie ribs in the lung parenchyma | post injury. If unable to assess full GCS due to intubation or other causes, GCS motor ≤4 at 48 hrs post injury) | spirometry measurement of tidal volume, forced vital capacity (FVC), inspiratory capacity (IC) and forced expiratory volume at 1 second (FEV1) – measured at 3 |
| | 7) Upper airway injury requiring long term intubation and mechanical ventilation (e.g. tracheal disruption) | and 12 months post injury. |
| | 8)Acute quadriplegia/quadraparesis | |
| | 9) Head and neck burn injuries, or inhalation burn injuries | |
| | 10)Medically unstable | |