U P S T A T E

update

A publication for the SUNY Upstate Medical University community

AUGUST 31 THROUGH SEPTEMBER 14, 2011

Upstate launches Community Giving Campaign Sept. 19; sets $650,000 goal

Upstate Medical University will launch its 2011 Community Giving Campaign (CGC) Sept. 19 with a goal of $650,000. Two kickoff events are planned. Upstate staff at Community General are invited to a kickoff event Sept. 12, at noon in the Community General cafeteria. CGC department representatives and management are invited to a kickoff event Sept. 13, at noon in the Weiskotten Hall Courtyard.

Serving as 2011 campaign co-chairs are John McCabe, MD, Upstate University Hospital chief executive officer and senior vice president for hospital affairs, and Wanda Thompson, PhD, senior vice president of operations.

The 2011 campaign welcomes Upstate's newest members from Community General and offers a new way to contribute online (see "Letter from Co-chairs" for details). Employees may also contribute by completing a pledge card included in the campaign packets, to be distributed the week of Sept. 19.

2011 Community Giving Campaign co-chairs John McCabe, MD, and Wanda Thompson, PhD

Community Giving Campaign co-chairs' letter to the Upstate community

Upstate colleagues:

We are pleased to announce the kickoff of the 2011 Community Giving Campaign, which includes the United Way. This year we especially welcome to our campaign our newest members from Upstate University Hospital at Community General.

Last year, between Upstate and Community General, 1,928 employees raised an impressive $625,712. With the community need even greater this year, and Upstate in the spotlight as the area's largest employer, we hope to increase our participation to 2,000 and our total contribution to $650,000. We have every confidence we will be successful.

To make it more convenient for employees to participate, you can donate online through our ePledge program. On Sept. 19, you will receive an e-mail from the United Way of Central New York that will include a link to the Community Giving Campaign/United Way site. You will be given a username and temporary password that you can use to access your own electronic pledge card. You will be able to set up your donation by payroll deduction or credit card, and submit via the United Way's secured site. You will still receive a campaign packet from your department representative in case you prefer to make a contribution in

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Upstate's Fall Faculty Convocation is Sept. 14

Upstate Medical University's 2011 Fall Faculty Convocation and Presentation of Awards will be held Sept. 14, at 4 p.m. in the Medical Alumni Auditorium in Weiskotten Hall. The Upstate community is welcome to attend.

Awards will recognize faculty, voluntary faculty and staff members, as well as philanthropic supporters of the university.

Among the honorees will be David H. Northrup, the Carol M. Baldwin family, and Stephen Fournier, accepting on behalf of Key Bank, who will receive awards for their distinguished public service in healthcare and education and exemplary leadership to Upstate and in the community.

A reception will be held immediately following the ceremony in the Weiskotten Hall courtyard.

See pages 6, 7 for list of award recipients.

Upstate Medical University to commemorate the 10th anniversary of 9/11.

See page 3

CAMPUS BRIEFS

RefWorks 2.0 user sesssions will be held in 220 Health Sciences Library on the following days and times:

• Sept. 1: RefWorks for Beginners, 10 to 11 a.m.; What's New in RefWorks 2.0, 3 to 4 p.m.

• Sept. 6: What's New in RefWorks 2.0, 10 to 11 a.m.; RefWorks for Beginners, 3 to 4 p.m.:

• Oct. 5: What's New in RefWorks 2.0, noon to 1 p.m.; RefWorks for Beginners, 3 to 4 p.m. RefWorks 2.0 has a new interface and abilities that further enhance the user experience. To learn more visit http://upstate.edu/blogs/library/2011/08/22/introducing-refworks-2-0-all-the-power-of-refworks-with-a-new-interface-and-abilities-that-further-enhance-the-user-experience.

The C.A.B. recreational facilities will close Sept. 2, at 4:30 p.m. and reopen Sept. 6, at 7 a.m. for the Labor Day weekend.

Visit the Upstate Medical University and Upstate University Hospital exhibit at the New York State Fair through Sept. 5, from 10 a.m. to 10 p.m., in the Science and Industry Building. Find the complete Upstate schedule at http://upstate.edu/publicaffairs/update/current.pdf.

The annual required Patient Safety Fairs, covering restraints, fall prevention, blood administration and safety companion, will be held Sept. 7, 14, 23 and 26, in 1328B Upstate University Hospital. For details, visit http://www.upstate.edu/hr/intra/training/mandatory/mandatory_restraints.php. For restraints, falls or safety companion information, contact Cherie Nash at nashc@upstate.edu or 464-4403. For blood administration information, contact Barbara LaCasse at lacasseb@upstate.edu or 464-6151.

The College of Graduate Studies' 11th Annual Biomedical Sciences Retreat and Poster Presentation will be held Sept. 8 at The Lodge at the Welch Allyn Conference Center, 4355 State St., Skaneateles. Registration is required. To register, visit www.upstate.edu/grad/intra/ retreat.php. For more information about the Retreat, contact Sandi Tillotson at tillotss@upstate.edu.

Ride for Research, to benefit Upstate breast cancer research, will be held rain or shine Sept. 11, beginning at the Dinosaur Barb-B-Que, 246 W. Willow St., Syracuse. Registration begins at 9 a.m.; ride at 11 a.m. Day of the event registration is $35. A passenger fee of $10 includes the cookout. For a pre-registration brochure, visit www.upstate.edu/events.

Updates on the Upstate Cancer Center and information about the Upstate Family Tree of Hope and fundraising ideas will be available at Upstate University Hospital cafeteria Sept. 12, from 11 a.m. to 1 p.m. Upstate Cancer Center apparel will be available for purchase in the small cafeteria. For available items, visit http://www.upstate.edu/cancer-center/store. For more information, contact Heidi Chapman at 464-6065 or chapmanh@upstate.edu.

Upstate's mixed bowling league is recruiting members through Sept. 13. The league bowls Tuesdays, at 5:15 p.m. at Lakeview Bowling Center, 715 Old Liverpool Road, Liverpool. To join or for more information call 464-7882 or 464-2412 or e-mail benwared@upstate.edu or mieczkoc@upstate.edu.

An information/orientation session for Upstate's End-of-Life Companion volunteer on call program will be held Sept. 14, at 4:30 p.m. in 1403 Upstate University Hospital. For more information, call 464-6144.

Go casual for kids on Miracle Jeans Day Sept. 14, for a minimum donation of $5. Proceeds benefit Upstate Golisano Children's Hospital. To register, visit www.miraclejeansday.com. For information, contact Robin Grabowski at grabowsr@upstate.edu or 464-5748.

Advocates for Upstate University Hospital at Community General will host its annual "Fall Swing" golf tournament Sept. 14, at West Hill Country Club in Camillus. Sponsorships and foursomes are available for this event that supports the needs of Upstate's Community General campus. To participate or for more information, call 492-5571.

"Appreciative Leadership: Getting Results" webinars will be held Sept. 15, and Oct. 4 and 18, from noon to 1:30 p.m. in Setnor Hall. Nursing Continuing Education credits will be offered. Register at http://www3. upstate.edu/hr/training and enter keyword: positive. For information, contact Barb Riggall at riggallb@upstate.edu or 464-4964. The webinars and their locations are:

• Sept. 15: Conflict Resolution for Today's Leader, 1507/1508 Setnor Hall.

• Oct. 4: Appreciative Inquiry and Polarity Management as Alternatives to Traditional Process Improvement, 3509/3510 Setnor Hall.

Oct. 18: Managing During Times of Extreme Change, 3509/3510 Setnor Hall.

The second annual Walk from Obesity will be held Sept. 17 at Onondaga Lake Park in Liverpool. On-site registration begins at 7:30 a.m. The walk begins at 8:30 a.m. Proceeds from the event will help support educational missions of the American Society for Metabolic and Bariatric Surgery Foundation and the Obesity Action Coalition and funds programs focused on research, education and advocacy. For more information, contact Denise Smith at smitdeni@upstate.edu or call 464-9821. To register, visit: http://walkfromobesity.donordrive.com/index.cfm?fuseaction=donorDrive.eventDetails&eventID=547.

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Sustainability Fair to highlight healthy-living and green initiatives Sept. 28

"A Healthy Community Starts With You" is the theme for Upstate Medical University's third annual "Think Green Sustainability Fair," to be held Sept. 28, from 11 a.m. to 2 p.m. in the C.A.B.

The event, free and open to the public, features energy-saving and healthy-living ideas and highlights sustainability efforts at Upstate. Free energy-saving light bulbs and locally grown apples will be offered (limit one per person.)

Upstate Medical University departments will join several local green organizations and companies to present displays on green initiatives and offer demonstrations and giveaways that reflect healthy living.

The fair also will provide information on Upstate's Climate Action Plan and on the Upstate Community Garden, located on the west lawn of the C.A.B. at 155 Elizabeth Blackwell St.

The 30-foot by 40-foot garden, tended by Upstate students who live in Clark Tower, features potatoes, beans, lettuce, herbs, carrots, tomatoes, peas, peppers, kale and flowers. Some of the produce is used for nutrition education programs they conduct at Syracuse elementary schools.

Upstate departments that will participate in the fair are: Anastomosis student group, Environmental Health and Safety, Environmental Services, Health Sciences Library, Information, Management and Technology (IMT), Morrison Food and Nutrition Services, Physical Plant, Property Management, Public Health and Preventive Medicine, and Student Affairs.

Community agencies that will participate in the fair are Centro, City of Syracuse, Cornell Cooperative Extension, Department of Environmental Conservation, NYS Parks, OCRRA, Onondaga Community College, Onondaga County, Syracuse University, SUNY Binghamton, SUNY ESF, U.S. Postal Service.

For more green ideas, visit www.upstate.edu/green.

Upstate to mark the 10th anniversary of 9/11 with talks and services

Upstate Medical University will mark the 10th anniversary of 9/11 with presentations by 1st level responders, a remembrance corner and religious services.

On Sept. 7, at noon, a special service will be held in the Interfaith Chapel at Upstate University Hospital that will feature remarks from Upstate's Senior Counsel Regina McGraw, JD, about her experiences on Sept. 11, 2001.

McGraw, who is also a registered nurse, was in Manhattan that day to attend a law conference. Moments after the attack, McGraw volunteered at a New York City hospital to care for victims of the attack.

McGraw will be joined by Upstate University Hospital Chief Executive Officer John McCabe, MD.

A Spiritual Care Grand Rounds presentation, "Ten Years after 9/11: A Spiritual Perspective From a 1st Level Responder," will be offered by the Rev. José (Joe) Antonio Colon, Jr., MSW, MDIV at 4 p.m. in the Medical Alumni Conference Room, located on the first floor of the Setnor Academic Building.

At the time of the attack, Rev. Colon was a member of the New York City Police Peer Assistance Program, serving as a peer support counselor. From September 2001 to June 2002, the Bronx Homicide Task Force assigned him to Ground Zero, where he served as a crisis intervention investigator. A retired detective, he is a licensed minister of the United Church of Christ-Oneida Association. Rev. Colon also serves as a consultant chaplain at Crouse Hospital and as a chaplain at St. Joseph's Hospital Health Care Center.

In addition, a Remembrance Corner will be set up in the Interfaith Chapel at Upstate University Hospital, where individuals can write personal reflections on dove-shaped paper. The Remembrance Corner will be open through Sept. 10.

The hospital Interfaith Chapel will hold two services, Sept. 10 at 4 p.m. and Sept. 11 at noon.

2011 Fall Faculty Convocation award recipients

Twenty-one individuals, a local business and foundation, will be honored for distinguished service to the university at Upstate Medical University's 2011 Fall Faculty Convocation and Presentation of Awards Sept. 14, at 4 p.m. in the Medical Alumni Auditorium in Weiskotten Hall. Award recipients are:

Chancellor's Award for Excellence in Scholarship and Creative Activities
Andras Perl, MD, PhD
Medicine

Chancellor's Award for Excellence in Teaching
Thomas L. Schwartz, MD
Psychiatry and Behavioral Sciences

Chancellor's Award for Excellence in Professional Service
Donna L. Vavonese
Student Affairs

Chancellor's Award for Excellence in Classified Service
Cheryl Allen
College of Nursing

Angela Hill
Campus Environmental Services

Sharon Wiggins, RN
Nursing, Upstate Stroke Center

President's Award for Excellence in Basic Research by a Young Investigator
Jeffrey D. Amack, PhD
Cell and Developmental Biology

President's Award for Excellence and Leadership in Research
David C. Amberg, PhD
Biochemistry and Molecular Biology

Wendy R. Kates, PhD
Psychiatry and Behavioral Sciences

President's Award for Advancement of Affirmative Action
Rev. Terry Ruth Culbertson, MDIV, BCC, CT
Spiritual Care Center

President's Award for Excellence in Professional Service
Susan Shaw, MSN, PNP, ANP
Palliative Care Service

President's Award for Excellence in Faculty Service
Rich O'Neill, PhD
Psychiatry and Behavioral Sciences

President's Awards for Excellence in Teaching
College of Medicine, Clinical Department:
Burk Jubelt, MD, Neurology

College of Medicine, Basic Science Departments/College of Graduate Studies:
Ira H. Ames, PhD
Cell and Developmental Biology

College of Nursing:
Janet Ambrogne Sobczak, PhD, FPMHNP-BC

College of Health Professions:
Carol Recker-Hughes, PT, PhD
Physical Therapy Education

Binghamton Campus:
Martin C. Masarech, MD
Family Medicine

President's Awards for Outstanding Voluntary Faculty
College of Nursing:
Therese Wiley Dancks, Esq.
Gale & Dancks, LLC

College of Health Professions:
Deborah L. Dill, RTRM
Upstate University Hospital

Binghamton Campus:
Aamir Rasheed, MD
Neuro Medical Care Associates

President's Award for Distinguished Service:
David H. Northrup, Jr.

President's Award for Excellence in Philanthropic Service, Individual
The Carol M. Baldwin Family

President's Award for Excellence in Philanthropic Service, Corporate
Stephen Fournier will accept on behalf of Key Bank

2011 Fall Faculty Convocation award recipients

Andras Perl

Thomas L. Schwartz

Donna L. Vavonese

Cheryl Allen

Angela Hill

Sharon Wiggins

David C. Amberg

Wendy Kates

Jeffrey D. Amack

Rev. Terry Ruth Culbertson

Susan Shaw

Rich O'Neill

Burk Jubelt

Ira H. Ames

Janet Ambrogne Sobczak

Carol Recker-Hughes

Martin C. Masarech

Therese Wiley Dancks

Deborah L. Dill

Aamir Rasheed

David H. Northrup

The Carol M. Baldwin Family

Stephen Fournier, on behalf of Key Bank

KeyBank

Faculty Development 2011-12 seminar series begins Sept. 27

The 2011-12 Upstate Medical University Faculty Educator Development Seminar series will run Sept. 27 to May 22, culminating with a dinner and workshop June 26.

The seminar series, open to Upstate faculty members and staff, aims to enhance teaching skills and identify and address teaching issues at Upstate.

The seminars will be held from noon to 1 p.m. in 318 Health Sciences Library with lunch provided. A December seminar will not be offered.

The 2011 series includes:

• Sept. 27: "Assessment and Evaluation of Student Learning: Constructing Exams That Identify Learning—Not Test-taking Skills," to be presented by Michelle Dolphin, PT, DPT, MS, OCS, assistant professor of physical therapy in the College of Health Profesions.

• Oct. 25: "Ethics Remediation for MLC-3 Cheating: Lessons Learned (and a Modest Proposal)," will be presented by Kathy Faber-Langendoen, MD, Medical Alumni Endowed Professor of Bioethics and the chair of the Center for Bioethics and Humanities.

• Nov. 22: "Use of Simulation to Assess Student Competencies" will be presented by Bruce E. Searles, BS, CCP, associate professor and chair of Cardiovascular Perfusion in the College of Health Professions.

• Jan. 24: "Update on the Fourth-Year Medical School" will be presented by Lynn Cleary, MD, professor of medicine, senior associate dean for education (Curriculum Office), and vice president for academic affairs.

• Feb. 28: "Use of Clickers—Teaching Genetics" will be presented by Carol Anne Kozik, CAS, MS, FMP, assistant professor of nursing, College of Nursing.

• March 27: "Who Owns My Lecture/Online Courses" will be presented by Lynn Cleary, MD, professor of medicine, senior associate dean for education and vice president for academic affairs; Regina McGraw, University Council Office.

• April 24: "Educational Needs of Returning Veterans" will be presented by Jill Thomas, PhD, assistant professor of psychiatry and behavioral sciences and Holly Vanderhoff, PhD, assistant professor of psychiatry and behavioral sciences and assistant dean and director of Student Counseling Services.

• May 22: "Student Assessment of Faculty" will be presented by Dale Avers, PT, DPT, PhD, associate professor of physical therapy education, College of Health Professions; and Margaret Maimone, PhD, assistant professor of cell and developmental biology.

The series also includes the Medical Education Journal Club for all faculty. The club meets the third Monday of each month, beginning Sept. 19, from noon to 1 p.m. in the Doust Board Room in Weiskotten Hall.

The Faculty Development Seminar series and its activities are supported by the Office of Faculty Affairs and Faculty Development in the College of Medicine.

For more information about the Faculty Development Seminar series, contact Michele Henderson in the Office of Faculty Affairs and Faculty Development at hendermi@upstate.edu or 464-1681.

Applications sought for Upstate Golisano Children's Hospital funding

Upstate Golisano Children's Hospital is accepting applications for funding from Upstate staff members who work to improve the healthcare of children at the children's hospital and in related pediatric areas.

Funds may be used to support programs, education, equipment, and basic or clinical research projects to benefit children who are treated at the children's hospital.

Research proposals will be reviewed and ranked for scientific merit by Upstate's Research Advisory Committee. Proposals that demonstrate the availability of matching funds will be given greater consideration.

One-time or start-up fund requests generally are given preference over requests for on-going program support for general applications.

General applications must be submitted to Thomas Welch, MD, chair of Pediatrics and sent to Cherlyn Clarry at Clarryc@upstate.edu Sept. 20, by 5 p.m.

Contact Toni Gary at 464-4264, garyt@upstate.edu with questions regarding the general application.

Applications for research support must be received by Upstate's Research Office Sept. 30, by 5 p.m. Contact Barbara Humphrey at 464-4322, humphreb@ upstate.edu with questions regarding the research application.

Allocations will be announced February 2012 after approval by the Foundation Board of Directors. Funds allocated in 2012 are available from March 1, 2012, through March 1, 2013.

Upstate Golisano Children's Hospital funds are raised throughout the year through special events, community fundraisers, individual and corporate donations, including Children's Miracle Network sponsors.

All of the funds raised in Central New York are used to support everyday needs at the children's hospital.

Campus Briefs—*from page 2*

Upstate Medical University President David R. Smith, MD, and Assistant Vice President of Diversity and Inclusion Maxine Thompson will be honored at the Mary Nelson Youth Center "Beyond the Dream Gala," Sept. 17, from 7 to 11 p.m. at the Nicholas J. Pirro Convention Center, 800 S. State St., Syracuse. Event proceeds will benefit the Mary Nelson Youth Day Foundation. For tickets and other information, visit http://youthdaybarbecue.com.

Two Paddle for the Cure events, sponsored by The Carol M. Baldwin Breast Cancer Research Fund of CNY, Inc., will be held Sept. 17, at 10 a.m. at the Mountainman Outdoor Supply in Moose River in Old Forge and Sept. 18, at 10 a.m. at the Balls Eddy Boat Launch, 37 Penn-York Rd., in Starlight, Pa. Proceeds benefit breast cancer research at Upstate. Visit www.upstate.edu/events to download a registration form. Call Janice Sell at 464-6276 for more information.

Breathe Deep CNY, (formerly known as LUNGevity), will be held Sept. 18, from 9 a.m. to noon at Long Branch Park in Liverpool. The event, a 5K timed race and untimed walk to raise funds for lung cancer research, includes live music, refreshments, free massages and a silent auction. To register or to make a donation, visit www.LUNGevity.org/CNY. For more information, email cicol@upstate.edu.

The Upstate community is invited to a reception to introduce new chairs in the College of Medicine Sept. 19, from 4:30 to 6 p.m. on the ninth floor at Weiskotten Hall. The new chairs are: Gennady Bratslavsky, MD, (Urology); Lawrence Chin, MD, (Neurosurgery); John Epling, MD, (Family Medicine); Barry Knox, PhD, (Neuroscience and Physiology); Robert Silverman, MD, (Obstetrics and Gynecology); and Colleen O'Leary, MD, (interim, Anesthesiology). The reception is hosted by Steven J. Scheinman, dean of the College of Medicine and senior vice president for Upstate Medical University.

Team Upstate onsite registration for March for Babies will be held Sept. 20, from 11:30 a.m. to 1 p.m. on the second floor lobby in Upstate University Hospital. The march will take place Oct. 16, beginning at 10 a.m. at Onondaga Community College, 4585 W. Seneca Turnpike, Syracuse. Individuals may also sign up with any team captain by Sept. 30. For a list of team captains, visit www.upstate.edu/babies. Donate a minimum of $30 ($15 for students) by Sept. 30 to receive a Team Upstate T-shirt. Team Upstate was the March for Babies' top fundraising team for 2009 and 2010. For more information, contact Kim Garver at 464-2087, garverk@upstate.edu.

Pat's Pavement Pounder will be held Sept. 25, from noon to 3 p.m., at the Fayetteville-Manlius High School track, 8201 E. Seneca Turnpike, Manlius. Registration is $20 for individuals; $40 for families. Proceeds benefit the Dr. William J. Waters Center for Children's Cancer and Blood Disorders and the Patrick Cole Courage Award at Fayetteville-Manlius High School. To register, call 682-6286.

Visit the 12th floor art gallery at the Upstate Golisano Children's Hospital through Sept. 28 to see the Art Gone Wild show, created by animals at the Rosamond Gifford Zoo. The art is available for purchase. A kiosk located in the Treehouse Gallery features a behind-the-scenes look at how the animals created their works of art.

Learn recipes for locally grown vegetables and fruits when the "Upstate Market Chef" presents a live cooking demonstration at the Upstate Farmer's Market Sept. 9 and 23, from 11:30 a.m. to 1:30 p.m. in the parking lot of the Upstate Golisano Children's Hospital, located at the corner of East Adams Street and Irving Avenue. Upstate Medical University's Farmers Market features fresh produce, eggs, organic breads, pastries and other items, such as flowers and herbs from local farmers, every Friday through mid-October from 11 a.m. to 4 p.m.

The Nursing Excellence Celebration will be held Sept. 27 at the DoubleTree Hotel, 6301 State Route 298, East Syracuse. Online registration deadline is Sept. 21. Visit www.upstate.edu/special events/nursing_excellence.php to register.

The Second Annual Advancement Fair presented by The President's Advisory Council on Women's Issues (PACWI) at Upstate will be held Sept. 27, from 11 a.m. to 1 p.m. in the Upstate Golisano Children's Hospital Treehouse. The entire Upstate community is invited to participate. Details will be provided in upcoming issues of Upstate Online.

3R Image will sponsor a uniform sale with Bayberry Uniform Sept. 28 and 29, from 6 a.m. to 4 p.m. at the small cafeteria, located on the second floor of Upstate University Hospital. Ten percent of the proceeds will benefit 3RImage that supports events, such as the Nursing Excellence dinner and Nurses' Week events. In addition employees will receive a 10 percent discount. Orders will be accepted for Logo apparel with the Upstate University Hospital Logo, the Upstate Golisano Children's Hospital logo and Stand Tall.

Mail for the Upstate University Hospital at Community General campus, 4900 Broad Road, will be delivered daily via interoffice mail by the Upstate Mail Center and distributed by the Upstate University Hospital at Community General mailroom. A complete department listing is available through the Upstate Mail Center by calling 464-5391. For more information or to make changes to the department listing, contace Pete DeSantis at 464-5328.

View the monthly EPIC newsletter, "Building Bridges," and status reports at http://www.upstate.edu/imt/ambulatory_systems/intra/epic/documents.php.

Upstate welcomes students to campus with white coat ceremonies, events

Upstate Medical University welcomed 507 new students and their families to campus Aug. 24. with a full schedule of orientation activities that included white coat ceremonies, dinners; campus tours, academic and informational sessions and social events.

The College of Medicine welcomed 195 new students; the College of Health Professions welcomed 181 new students. The College of Nursing welcomed 106 new students; and the College of Graduate Studies welcomed 25 new students.

Upstate's total enrollment for this academic year is 1,572.

Photograph by William Mueller

Upstate Medical University President David R. Smith, MD, shakes hands with first-year medical student Nefetari Owens at the College of Medicine White Coat ceremony Aug. 24.

Photograph by Deborah Rexine

Nearly 40 Upstate students, serving as orientation advisors, helped new students move into Clark Tower Aug. 24.

Photograph by William Mueller

The College of Nursing held its White Coat ceremony Aug. 24 in Weiskotten Hall. Accepting a white coat from faculty members Margaret Wade, DNP, RN, FNP, (left), and Joanne Coppola, MS, RN, FNP, is family nurse practitioner student Chidi Boston.

Community Giving — *from page 1*

the traditional way.

Your participation, at any level, is essential to our success and the well being of our community. Below is just a small sample of what the campaign accomplished last year:

• Provided hot meals to the hungry, including working families with children, the elderly, people laid off from work, and the homeless.

• Helped people after their homes were destroyed by fire or other disasters.

• Helped give hope a new home with the campaign to build the Upstate Cancer Center.

• Helped families in crisis get counseling and stay together, keeping children out of foster care.

• Helped fight for the prevention of cruelty to animals and find loving homes for the animals who need them.

Our campaign success starts with you, whether you're new to the campaign or a veteran donor.

To encourage participation, both the United Way and Upstate are offering terrific incentives and prizes that are clearly listed in all materials.

Once again, Zanette Howe is the Community Giving Campaign director and Dan Hurley will handle leadership gifts through the Hamilton White campaign. They have joined the Community Giving Campaign committee and department representatives in designing what will be Upstate's most successful giving campaign to date. If you have any questions, please contact Zanette (464-4263 or howez@upstate.edu).

Many residents in our community are more vulnerable than ever and increasingly dependent on the good will of those in more secure circumstances. We hope you will find it possible to support Upstate's 2011 Community Giving Campaign.

John McCabe, MD
Community Giving Campaign Co-Chair
Chief Executive Officer
Senior Vice President for Hospital Affairs
Upstate University Hospital

Wanda Thompson, PhD
Community Giving Campaign Co-Chair
Senior Vice President of Operations
Upstate Medical University

Seminars and Conferences

Sept. 6, 13, 20, 27 and Oct. 4, 11. 4:30 to 5:30 p.m. HealthLink/OASIS Learning Center, 6333 NY Rt. 298, East Syracuse.

HealthLink Seminar. "YogaLates." is a combination of Yoga to improve flexibility, balance and breathing, and Pilates which will train abdominal and back core muscles as well as stretch the spine. A work out that is adaptable to all fitness levels will be offered. Bring a yoga mat. Presented by Pulse Fitness staff. Class size limited. Preregistration required. Class fee: $42 for six-wk. session. Cash/Check only. Call 464-8668 to register.

Sept. 8, 15, 22, 29 and Oct. 6, 13. 5 to 6 p.m. HealthLink/OASIS Learning Center, 6333 NY Rt. 298, East Syracuse.

HealthLink Seminar. "Zumba GOLD (part of a series)." Presented by Pulse Fitness staff. Reap the benefits of cardiovascular exercise through dance with Zumba GOLD. This class is designed for the active older adult, beginners, or the person who may have physical limitations. Class fee: $42 for six-week session. Space is limited. Preregistration required. Cash/check only. Call 464-8668 to register.

Sept. 6, 13, 15, 20, 27, and Oct. 4. Noon to 1 p.m. HealthLink/OASIS Learning Center, 6333 NY Rt. 298, East Syracuse.

Sept. 13, 20, 27, 29 and Oct. 4, 11, 18. Cicero Public Library, 8686 Knowledge La., Cicero.

HealthLink Seminar. "Quit Smoking for Good and For Free." Learn how to successfully quit smoking for good. Receive a personalized quit plan; learn about medications, the NYS Smoker's Quitline, and stress management and relapse prevention skills. Limited class size. Registration required. Call 464-8668.

Sept. 12. 6 to 7 p.m. HealthLink/OASIS Learning Center, 6333 NY Rt. 298, East Syracuse. Sept. 14, 6 to 7 p.m. Liverpool Library, 310 Tulip St., Liverpool.

HealthLink Seminar. "Prostate Cancer Update." Learn about the latest advances in treatment and diagnosis of this disease, promising research, information on free screenings, and local resources through the American Cancer Society and the Man to Man support group. Free. Registration required. Call 464-8668 to register.

Sept. 19. 6 to 7 p.m. North Syracuse Public Library, 100 Trolley Barn Lane, North Syracuse.

HealthLink Seminar. "Sports Concussion: More than Just a Bump on the Head." A review of the current concepts and controversies related to sports concussion, including recognition of the concussion, when an athlete should return to sports, and the possible academic consequences of concussion. Free. Registration required. Call 464-8668 to register.

Sept. 21. 6 to 7 p.m. HealthLink/OASIS Learning Center, 6333 NY Rt. 298, East Syracuse.

HealthLink Seminar. "Lower Back Pain and Spinal Stenosis." Lumbar spinal stenosis is a narrowing of the spinal canal in the lower back, known as the lumbar area. Spinal stenosis may cause pain, numbness, or weakness, most often in the legs, feet, and buttocks. This program will discuss causes and treatment options. Free. Registration required. Call 464-8668 to register.

Sept. 23. 7:30 a.m. to 12:45 p.m. Medical Alumni Aud., Weiskotten Hall.

Upstate Cancer Symposium. Prominent guest speakers and local experts will provide updates on advances in cancer treatments. The symposium is sponsored by the Upstate Cancer Center and the Upstate Cancer Research Institute. To register or for more information, call Upstate Connect at 800-464-8668. The deadline to register is Sept. 13. Individuals must register to receive CME credits.

Sept. 26. 6 to 7 p.m. Liverpool Library, 310 Tulip St., Liverpool.

HealthLink Seminar. "Celiac Disease." Approximately one in 100 people have celiac disease, however, only about three percent of these people have been diagnosed. Learn about diagnosis and what lifestyle changes and treatments options exist. Free. Registration required. Call 464-8668 to register.

Sept. 28. 6 to 7 p.m. Joslin Diabetes Center, 3229 E. Genesee St., Syracuse.

HealthLink Seminar. "Preparing for College When You Have Diabetes." Explore how high school students with diabetes and their families can prepare now for college. Free. Registration required. Call 464-8668 to register.

Sept. 29. 5 to 6:30 p.m. HealthLink/OASIS Learning Center, 6333 NY Rt. 298, East Syracuse.

HealthLink Seminar. "Man to Man." In collaboration with the American Cancer Society, learn about and join Man to Man, a support and information group for men diagnosed with prostate cancer and those who love them. Learn about the latest diagnosis and treatment options as well a support available locally. Free Registation is required. Call 464-8668 to register.

Note:

Upstate Update will take on a new look, a new name and will be distributed every week exclusively online beginning Sept. 14.

Paper copies of Upstate Update will no longer be available, beginning Sept. 14.

The new "Upstate Online" will be delivered directly through groupwise to the Upstate family and will be made available online to friends of Upstate.

Wednesday, Aug. 31

Anesthesiology Grand Rounds. 6:45 to 8 a.m. Medical Alumni Aud., Wsk. Hall.

Surgery Morbidity/ Mortality Conference. 7 to 8 a.m. 2231 Wsk. Hall.

Orthopedic Grand Rounds. "Scoliosis Progression—What We Know in 2011." Jim Sanders, MD. 8 a.m. 3501 Upstate University Hospital.

Campus Clean Up Day. 9 a.m. to 3 p.m. All departments are encouraged to participate.

• **Rev. Weez and Friends Storytime.** Noon. East Tower Treehouse Chapel, Upstate Golisano Children's Hospital.

College of Health Professions White Coat Ceremony. 5 p.m. Goldstein Auditorium, Schine Student Center, Syracuse University campus. An activity of Orientation Weekend.

Thursday, Sept. 1

Medicine Power Rounds. "Competencies and Professionalism in Medicine: It Takes a Village." Michael C. Iannuzzi, MD, MBA, Upstate Medical University. 7:15 a.m. 1159 Wsk. Hall.

New Employee Orientation. 7:30 a.m. to 3:30 p.m. East Lounge, C.A.B.

Module Day Advanced. 7:30 a.m. to 3:30 p.m. 1328b Upstate University Hospital.

RefWorks 2.0 Information Session. "RefWorks for Beginners." 10 to 11 a.m. 220 Health Sciences Library.

• **Chaplain Intern Interfaith Devotions.** Noon. Interfaith Chapel, Upstate University Hospital.

Psychiatry and Behavioral Sciences Grand Rounds. "Pharmacotherapy for Perinatal Depression: Evidence-based Medicine." Shari Lusskin, MD, Mount Sinai Medical Center. 12:30 to 2 p.m. PBS Building, 713 Harrison St., Syracuse.

RefWorks 2.0 Information Session. "What's New in RefWorks 2.0." 3 to 4 p.m. 220 Health Sciences Library.

Vascular Conference. 5 p.m. 8800 Upstate University Hospital.

Zumba Class. 5:30 p.m. C.A.B. recreational facilities. Upstate students and C.A.B. members only.

Friday, Sept. 2

Obstetrics/Gynecology Grand Rounds. 7:30 a.m. Marley Educ. Ctr.

New Employee Orientation. 7:30 a.m. to noon. East Lounge, C.A.B.

Upstate Farmers Market. 11 a.m. to 4 p.m. Parking Lot, Upstate Golisano Children's Hospital, 1 Children's Place, Syracuse.

Clinical Hands-on Practice. Noon to 3:30 p.m. East Lounge, C.A.B.

• **Sabbath Service.** Noon. Interfaith Chapel, Upstate University Hospital.

• **Ju'mah Islamic Service.** 1:15 p.m. Chapel, Crouse Hospital.

Saturday, Sept. 3

• **Mass.** 4 p.m. Intertfaith Chapel, Upstate University Hospital.

Sunday, Sept. 4

HealthLink on Air. 9 to 10 a.m. WSYR-570AM..

• **Christian Ecumenical Worship.** 10:30 a.m. Interfaith Chapel, Upstate University Hospital.

• **Mass.** Noon. Interfaith Chapel, Upstate University Hospital.

Yoga Class. 4 p.m. C.A.B. recreational facilities. Upstate students and C.A.B. members only.

Monday, Sept. 5

Mass. Noon. Interfaith Chapel, Upstate University Hospital.

Tuesday, Sept. 6

Computer Systems Training. 7:30 a.m. to 4 p.m. Classroom D, Institute for Human Performance.

RefWorks 2.0 Information Session. "What's New in RefWorks 2.0." 10 to 11 a.m. 220 Health Sciences Library.

HealthLink Seminar. "Quit Smoking for Good and for Free." (part of a series). Noon to 1 p.m. HealthLink /OASIS Learning Center, 6333 NY Rt. 298, East Syracuse. Registration is required. Call 464-8668 to register.

• **Weekly Ecumenical Prayer Service.** Noon. Interfaith Chapel, Upstate University Hospital.

RefWorks 2.0 Information Session. "RefWorks For Beginners." 3 to 4 p.m. 220 Health Sciences Library.

HealthLink Seminar. "YogaLates." (part of a series-fee required). 4:30 to 5:30 p.m. HealthLink /OASIS Learning Center, 6333 NY Rt. 298, East Syracuse. Registration is required. Call 464-8668 to register.

Zumba Class. 5:30 p.m. C.A.B. recreational facilities. Upstate students and C.A.B. members only.

Yoga Class. 6:45 p.m. C.A.B. recreational facilities. Upstate students and C.A.B. members only.

Wednesday, Sept. 7

Patient Safety Fair. 1328B Upstate University Hospital.

Anesthesiology Grand Rounds. 6:45 to 8 a.m. Medical Alumni Aud., Wsk. Hall.

Surgery Morbidity/ Mortality Conference. 7 to 8 a.m. 2231 Wsk. Hall.

Computer Systems Training. 7:30 a.m. to 11 a.m. Classroom D, Institute for Human Performance.

Orthopedic Grand Rounds. "Wrist Pain in Athletes." Leela Farr, MD. 8 a.m. 3501 Upstate University Hospital.

Surgery Grand Rounds. "State of the Department." Robert Cooney, MD, Upstate Medical University. 8 to 9 a.m. 2231 Wsk. Hall.

Pediatric Grand Rounds. "Nature Deficit Disorder." Thomas R. Welch, MD, Upstate Golisano Children's Hospital. 8 to 9:15 a.m. Kinney Drug Performance Center, 11th floor, Upstate Golisano Children's Center.

Service to Commemorate 9/11. Remarks by Regina McGraw, JD, University Counsel, and John McCabe, MD, Upstate University Hospital CEO. Noon. Inerfaith Chapel, Upstate University Hospital.

Biochemistry and Molecular Biology Department Thesis Defense Seminar. "Retinal Degeneration and Regeneration Following Rod Photoreceptor Ablation in a Transgenic Frog Model of Retinitis Pigmentosa." Rene Choi, Upstate Medical University. Noon 2231 Wsk. Hall.

• **Rev. Weez and Friends Storytime.** Noon. East Tower Treehouse Chapel, Upstate Golisano Children's Hospital.

Computer Systems Training. 12:30 to 4 p.m. Classroom D, Institute for Human Performance.

Spiritual Care Grand Rounds. "Ten Years After 9/11: Spiritual Reflections from a 9/11 Responder." Rev. Joe Colon. 4 to 5:15 p.m. First Floor Conference Rm, Setnor Hall.

Thursday, Sept. 8

11th Annual Biomedical Sciences Retreat and Poster Session. The Lodge at Welch Allyn, 4355 State St., Skaneateles. Sponsored by College of Graduate Studies.

Medicine Power Rounds. 7:15 a.m. 1159 Wsk. Hall.

Nursing Services Orientation. 7:30 a.m. to 4 p.m. 1328b Upstate University Hospital.

• **Chaplain Intern Interfaith Devotions.** Noon. Interfaith Chapel, Upstate University Hospital.

Psychiatry and Behavioral Sciences Meeting for Full-time Faculty. Noon to 2 p.m. PBS Building, 713 Harrison St., Syracuse.

Vascular Conference. 5 p.m. 8800 Upstate University Hospital.

HealthLink Seminar. "Zumba GOLD." (part of a series-fee required). 5 to 6 p.m. HealthLink /OASIS Learning Center, 6333 NY Rt. 298, East Syracuse. Registration is required. Call 464-8668 to register.

Zumba Class. 5:30 p.m. C.A.B. recreational facilities. Upstate students and C.A.B. members only.

Friday, Sept. 9

Obstetrics/Gynecology Grand Rounds. "Sane (Sexual Assault Nurse Examiner) Program Update." Anne E. Galloway, RN, Upstate Medical University. 7:30 a.m. Marley Educ. Ctr.

Computer Systems Training. 7:30 a.m. to 4 p.m. Classroom D, Institute for Human Performance.

Upstate Farmers Market Demonstration by Upstate Market Chef. 11:30 a.m. to 1:30 p.m. Parking Lot, Upstate Golisano Children's Hospital, 1 Children's Place, Syracuse. The market is open from 11 a.m. to 4 p.m.

• **Sabbath Service.** Noon. Interfaith Chapel, Upstate University Hospital.

• **Ju'mah Islamic Service.** 1:15 p.m. Chapel, Crouse Hospital.

Comedy Happy Hour. Ronnie Jordan. 5:30 p.m. Lobby, C.A.B. Admission: $5.

Saturday, Sept. 10

Service to Commemorate 9/11. 4 p.m. Interfaith Chapel, Upstate University

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Hospital.

Sunday, Sept. 11

Ride for Research. Registration: 9 a.m. Ride: 11 a.m. Begins at Dinosaur Bar-B-Que, 246 Willow St., Syracuse.

HealthLink on Air. 9 to 10 a.m. WSYR-570AM.

• **Christian Ecumenical Worship.** 10:30 a.m. Interfaith Chapel, Upstate University Hospital.

Service to Commemorate 9/11. Noon. Interfaith Chapel, Upstate University Hospital.

Yoga Class. 4 p.m. C.A.B. recreational facilities. Upstate students and C.A.B. members only.

Monday, Sept. 12

Vocera Training Class. E8405B Upstate University Hospital. For more information, e-mail Derek Hawkins at Hawkinsd@ upstate.edu or call 464-1400 and state "Derek Hawkins" when prompted.

Upstate Cancer Center Information Table. 11 a.m. to 1 p.m. Café 750, Upstate University Hospital.

Community Giving Campaign Kickoff for Upstate Staff at Community General. Noon. Cafeteria, Community General.

Mass. Noon. Interfaith Chapel, Upstate University Hospital.

Community Giving Campaign Training Session for Department Representatives. 3 to 3:30 p.m. 1403 Upstate University Hospital.

Yoga Class. 5 to 6:15 p.m. East Lounge, C.A.B.

HealthLink Seminar. "Prostate Cancer Update." 6 to 7 p.m. HealthLink /OASIS Learning Center, 6333 NY Rt. 298, East Syracuse. Registration is required. Call 464-8668 to register.

Tuesday, Sept. 13

Module Day Basic. 7:30 a.m. to 3:45 p.m. 1328B Upstate University Hospital.

Community Giving Campaign Training Session for Department Representatives. 11:30 a.m. to noon. 2231 Wsk. Hall.

Community Giving Campaign Kickoff for Department Representatives and Management. Noon to 1 p.m. Wsk. Hall, Courtyard.

HealthLink Seminar. "Quit Smoking for Good and for Free." (part of a series). Noon to 1 p.m. HealthLink /OASIS Learning Center, 6333 NY Rt. 298, East Syracuse. Registration is required. Call 464-8668 to register.

• **Weekly Ecumenical Prayer Service.** Noon. Interfaith Chapel, Upstate University Hospital.

HealthLink Seminar. "YogaLates." (part of a series-fee required). 4:30 to 5:30 p.m. HealthLink /OASIS Learning Center, 6333 NY Rt. 298, East Syracuse. Registration is required. Call 464-8668 to register.

HealthLink Seminar. "Quit Smoking for Good and for Free." (part of a series). 5 to 6 p.m. Cicero Public Library, 8686 Knowledge La., Cicero. Registration is required. Call 464-8668 to register.

Zumba Class. 5:30 p.m. C.A.B. recreational facilities. Upstate students and C.A.B. members only.

Yoga Class. 6:45 p.m. C.A.B. recreational facilities. Upstate students and C.A.B. members only.

Wednesday, Sept. 14

Fall Swing Golf Tournament. West Hill Country Club, 2500 W. Genesee Tnpk., Camillus. Sponsored by Advocates for Upstate University Hospital at Community General.

Patient Safety Fair. 1328B Upstate University Hospital.

Anesthesiology Grand Rounds. 6:45 to 8 a.m. Medical Alumni Aud., Wsk. Hall.

Surgery Morbidity/ Mortality Conference. 7 to 8 a.m. 2231 Wsk. Hall.

Orthopedic Grand Rounds. Daniel DeBottis. 8 a.m. 3501 Upstate University Hospital.

Surgery Grand Rounds. "Burns." Mohamed Elfar, MD, Upstate Medical University. 8 to 9 a.m. 2231 Wsk. Hall.

Pediatric Grand Rounds. "Frank A. Oski, MD, Visiting Professor: "Neonatal Lung Protective Strategies." Rita Ryan, MD, Medical University of South Carolina. 8 to 9:15 a.m. Kinney Drug Performance Center, 11th floor, Upstate Golisano Children's Center.

• **Rev. Weez and Friends Storytime.** Noon. East Tower Treehouse Chapel, Upstate Golisano Children's Hospital.

Upstate Medical University Fall Faculty Convocation. 4 p.m. Medical Alumni Aud., Wsk. Hall.

Information/Orientation Session for the End-of-Life Companion Volunteer On Call Program. 4:30 p.m. 1403 Upstate University Hospital.

HealthLink Seminar. "Prostate Cancer Update." 6 to 7 p.m. Liverpool Library, 310 Tulip St., Liverpool. Registration is required. Call 464-8668 to register.

Thursday, Sept. 15

Medicine Power Rounds. 7:15 a.m. 1159 Wsk. Hall.

New Employee Orientation. 7:30 a.m. to 3:30 p.m. East Lounge, C.A.B.

Module Day Advanced. 7:30 a.m. to 3:30 p.m. 1328b Upstate University Hospital.

Webinar. "Conflict Resolution for Today's Leadership Teams." 3509/3510 Setnor Hall.

HealthLink Seminar. "Quit Smoking for Good and for Free." (part of a series). Noon to 1 p.m. HealthLink /OASIS Learning Center, 6333 NY Rt. 298, East Syracuse. Registration is required. Call 464-8668 to register.

• **Chaplain Intern Interfaith Devotions.** Noon. Interfaith Chapel, Upstate University Hospital.

Psychiatry and Behavioral Sciences Grand Rounds. "The Neuroscience of Primary-process Affects: Implications for New Treatments of Depression." Jaak Panksepp, PhD, Washington State University. 12:30 to 2 p.m. PBS Building, 713 Harrison St., Syracuse.

Vascular Conference. 5 p.m. 8800 Upstate University Hospital.

HealthLink Seminar. "Zumba GOLD." (part of a series-fee required). 5 to 6 p.m. HealthLink /OASIS Learning Center, 6333 NY Rt. 298, East Syracuse. Registration is required. Call 464-8668 to register.

Zumba Class. 5:30 p.m. C.A.B. recreational facilities. Upstate students and C.A.B. members only.

Friday, Sept. 16

Obstetrics/Gynecology Grand Rounds. "Preterm Birth and Fetal Fibronectin: Assessing Risk Along the Continuum." Richard Broth, MD, Maryland Perinatal Associates. 7:30 a.m. Marley Educ. Ctr.

New Employee Orientation. 7:30 a.m. to noon. East Lounge, C.A.B.

Upstate Farmers Market. 11 a.m. to 4 p.m. Parking Lot, Upstate Golisano Children's Hospital, 1 Children's Place, Syracuse.

Clinical Hands-on Practice. Noon to 3:30 p.m. East Lounge, C.A.B.

• **Sabbath Service.** Noon. Interfaith Chapel, Upstate University Hospital.

• **Ju'mah Islamic Service.** 1:15 p.m. Chapel, Crouse Hospital.

Saturday, Sept. 17

Walk From Obesity. Registration: 7:30 a.m. Walk: 8:30 a.m. Onondaga Lake Park, Liverpool.

New York Yankees vs. Toronto Blue Jays & Toronto Overnight Trip. Registration required. Sponsored by Campus Activities Governing Board.

Paddle For the Cure. 10 a.m. Mountainman Outdoor Supply, Moose River, Old Forge, NY.

• **Mass.** 4 p.m. Intertfaith Chapel, Upstate University Hospital.

Mary Nelson Beyond the Dream Gala. 7 to 11 p.m. Nicholas J. Pirro Convention Center, 800 S. State St., Syracuse.

Film. "Bridesmaids." Rated R. 7:30 p.m. 103 Wsk. Hall. Free with Upstate ID. Guests: $2.

Sunday, Sept. 18

New York Yankees vs. Toronto Blue Jays & Toronto Overnight Trip. Registration required. Sponsored by Campus Activities Governing Board.

HealthLink on Air. 9 to 10 a.m. WSYR-570AM.

Breathe Deep CNY (formerly known as LUNGevity). 9 a.m. to noon. Long Branch Park, Liverpool.

Paddle For the Cure. 10 a.m. Balls Eddy Boat Launch, 37 Penn-York Rd., Starlight, Pa.

• **Christian Ecumenical Worship.** 10:30 a.m. Interfaith Chapel, Upstate University Hospital.

• **Mass.** Noon. Interfaith Chapel, Upstate University Hospital.

Film. "Bridesmaids." Rated R. 2 p.m. 103 Wsk. Hall. Free with Upstate ID. Guests: $2.

Yoga Class. 4 p.m. C.A.B. recreational facilities. Upstate students and C.A.B. members only.

• Broadcast live on Channel 40.

Visitors to the Upstate Medical University exhibit at the fair learned about cancer prevention, early detection and treatment strategies and received an update on the Upstate Cancer Center.

Submitted Photograph

Upstate Medical University goes to the New York State fair

Representatives from more than 30 Upstate Medical University departments and programs are staffing Upstate's exhibit at the New York State Fair.

The exhibit, located in the Science and Industry Building, is offering free health screenings and health-related information, including community resources for the uninsured, advances in cancer care and smoking cessation programs.

For a schedule of Upstate's exhibits, visit http://www.upstate.edu/news/article.php? title=3341.

Upstate Update is published by the Public and Media Relations Department at Upstate Medical University, Syracuse, NY. To submit news or calendar items, contact editor Doretta Royer, Fourth Floor, 250 Harrison Street, 464-4833; email: royerd@upstate.edu. Printed by Upstate Medical University Duplicating and Printing Services.