

U P S T A T E

update

A publication for the SUNY Upstate Medical University community

OCTOBER 28 THROUGH NOVEMBER 11, 2009

Mental health plays key role in resiliency of older adults, says Upstate study

The resilience of older adults living in rural communities is most likely associated with their mental health and to a lesser extent their friendships and physical health, according to a new study by Upstate Medical University published in the Fall 2009 issue of *Journal of Rural Health*. Resilience refers to one's ability to quickly recover from stresses or other negative events and gain something from those experiences.

"High resilience levels in older adults may be a strong factor in how this population adjusts to the hardships of aging," said the study's author, Margaret Wells, PhD, an assistant professor in the Upstate College of Nursing. "For older adults in rural communities, resilience is an especially important trait since they often face unique challenges such as limited

access to healthcare resources."

The study surveyed 106 adults aged 65 and over from rural areas of New York state about their resilience (equanimity, self-reliance, e.g.), health status (both physical and mental) and social networks (friends and families). One's perceived mental health status had the strongest association with resilience, the study found. Possessing a network of friends—not family—was also shown to be an indicator of greater resilience.

"Young adults leave their families when they move from rural to metropolitan areas, so it's important for older adults to have a social network of close friends and neighbors, especially when help is needed," Dr. Wells said. "Those that rated high on resilience had these social networks."

Dr. Wells said primary care providers

in rural areas may want to screen their older adult patients for resilience levels and provide treatment to enhance those levels. For example, Dr. Wells noted that individuals with untreated depression may have lower resilience levels, which could lead to more difficulty in adjusting to adversity.

"Proper treatment of mental health disorders may help build resilience levels; however, further research is needed to determine this." Dr. Wells said. "If we develop effective treatment strategies to bolster an individual's resilience, we may help more rural older adults maintain independence in their communities," she said.

2010 payroll schedules inside



PHOTOGRAPH BY WILLIAM MUELLER

A night at the museum

The convergence of art and medicine was on display at the Everson Museum when more than 50 residents from Upstate Medical University's Department of Medicine took in the Turner to Cezanne exhibition Oct. 26 to gain a greater understanding of "visual thinking strategies." The teaching method, offered by museum educators, enhances observation, listening and communication skills, which are a foundation for a positive physician-patient relationships. From left, Emily Lazzeri, MD; Swati Mehta, MD; Scott Albert, MD; and Ananth Shankar, MD, review materials outside the exhibition gallery.

CAMPUS BRIEFS

University Hospital's 3R group will sponsor a uniform sale Nov. 2, from 6 a.m. to 6 p.m. in the second floor lobby of University Hospital. Upstate employees will receive a 20 percent discount on purchases. Ten percent of the sales benefit University Hospital. Donation boxes will be available for donations of gently used scrubs.

Inspirational speaker and athlete Will Gross, who is diabetic, will speak at the free CNY Community Diabetes Forum, to be held Nov. 4, from 5 to 8 p.m. at Drumlins Country Club, 800 Nottingham Rd. in Syracuse. Sessions will focus on diabetes and the eyes and feet, physical activity and portion distortion. A question and answer session will follow the sessions. Refreshments will be provided. The forum is co-sponsored by the Joslin Diabetes Center at Upstate. To register, call 464-8668.

Spring courses will be offered from Jan. 19 to April 30 by the Consortium for Culture and Medicine (CCM). The courses are: "Bioethics and the Law," "Interdisciplinary Approaches to Aging Issues," "Let's Talk About Ethical Leadership," "Bioethics," "Culture and Mental Disorder" and "Disability, Medicine and Representation." Registrations will be held in 203 C.A.B. for students in the Colleges of Medicine and Health Professions; third floor at 545 Cedar St. for College of Nursing students; and 1162 Weiskotten Hall for students in the College of Graduate Studies. For more information, call 464-5404 or e-mail dorschel@upstate.edu.

Ski and bicycle helmets are on sale at University Hospital's Trauma Services. Ski helmets are available in sizes small, medium and large and are priced at \$21.50 each. Bicycle helmets are available in sizes toddler, small, medium, large and extra-large and are priced at \$10 each. For more information, visit www.upstate.edu/u/h/surgery/trauma/bike.php or call 464-4773.



Maja C. Anderson

School of Nursing held its first classes on Sept. 14, 1959. A special highlight of the exhibit is a portrait drawing of the school's founding director, Maja C. Anderson, by artist Timothy Nett, who is a member of the Health Sciences Library staff. A timeline of the history of the School and College of Nursing, along with the portrait, can also be viewed at <http://library.upstate.edu/collections/history/50years>.

A representative from the New York State Deferred Compensation Plan will be available to meet with state employees who have questions or are interested in learning more about this supplemental retirement savings plan Nov. 3, from 10 a.m. to 3 p.m. in the second floor lobby of University Hospital. More information about the plan is available at www.nysdcp.com or by calling 1-800-422-8463 or 464-4946.

An Ostomy Fair will be held Nov. 6, from 10 a.m. to 4 p.m. (in continuous 15-minute sessions) in 6408 University Hospital (sixth floor east wing near the Burn Unit).

The 2010 Productivity Enhancement Program is being offered to all full-time and eligible part-time CSEA, PEF, UUP, and classified and unclassified M/C employees. Eligible full-time employees who enroll in this program for 2010 will forfeit three days (22.50 or 24 hours for 37.5 and 40 hour workweeks, respectively) of vacation and/or personal leave

Now on display on the first floor of the Health Sciences Library is an exhibit celebrating 50 years of the School and College of Nursing at Upstate. The

in exchange for a credit of up to \$500 to be applied toward the employee share of New York State Health Insurance Program (NYSHIP) premiums. More detailed information regarding employee eligibility and enrollment packets will be distributed via e-mail. Individuals who are without a GroupWise account will be sent information through inter-office mail.

The Center for Spiritual Care will sponsor Upstate Medical University's annual Memorial Service Nov. 8, at 3 p.m. in University Hospital's Interfaith Chapel. The service is held in memory of University Hospital patients who died between Oct. 1, 2008, and Sept. 30. The Upstate community is welcome to attend. Volunteers are needed to help with greeting, serving refreshments, reading, participating in the service and singing. To volunteer, call 464-4236.

Yoga classes will be held Mondays, through Nov. 30, from 5 to 6:16 p.m. in the East Lounge of the C.A.B. The cost is \$60 for the full session; \$12 per class for walk-ins. For information, contact Dawn Van Dresar at vandresd@upstate.edu or call 464-9391.

The Center for Spiritual Care will present a Reiki Level 1 training for staff Nov. 14, from 8:30 a.m. to 5 p.m. in 12405 Upstate Golisano Children's Hospital. Reiki is an NIH-approved complementary healing practice that has been shown to help people decrease anxiety and pain and to experience an increase in their sense of well being. Reiki is offered to patients at University Hospital. Upon successful completion of Reiki training and the ability to meet other criteria, staff can offer Reiki to assist in patients' healing. The registration fee is \$100. Call Upstate Direct at 464-8668 to register. There is a limit of 12 participants. For more information, e-mail karls@upstate.edu or shepardl@upstate.edu.

Twenty-six students to serve Upstate Medical University as ambassadors



Upstate Medical University President David R. Smith, MD, with the 2009-2010 class of Student Ambassadors.

Photograph by William Mueller

Twenty-six students at SUNY Upstate Medical University have been selected as student ambassadors of the university.

The students, selected from the university's four colleges—Graduate Studies, Health Professions, Medicine and Nursing—will represent the university at various special campus and community events and activities, including presidential receptions and other high-profile gatherings.

"These students are goodwill envoys for the university," said Upstate President David R. Smith, MD. "They are front

and center in our outreach efforts and help create a deeper understanding of Upstate's unique academic mission in this region."

The student ambassador program was initiated in 2006 as a way for the community to learn more about Upstate by interacting with students, as well as to help students learn more about the greater Syracuse community.

Students named as ambassadors are:

- from the College of Graduate Studies: Paurav Desai, Steven Hicks, Jason Horton, Ivayla Geneva, Zainab Mansaray, Nicole Randall;

- from the College of Health Professions: Allison Franklin, Jennifer Davis, Jessica Roberts David Post, Jacoby Jose, Brett Lance;

- from the College of Medicine: Ariba Chowdhury, Emily Cupelo, Jared Smith, Anna Klausner, Joseph Mailman, Peter Osgood, Brian Santacrose, Samuel Richter, Frederic Laporte, Megan Oberle, Megan Redmond, Laura Finocchio; and

- from the College of Nursing: Nisha Andrews, and Valerie Jeanne Khan.

New ordinance bans smoking in posted areas within 100 feet of UH

The Onondaga County Legislature passed an ordinance Sept. 1 that bans smoking in posted areas within 100 feet of the four hospitals in Syracuse (the VAMC is federal property and is not included).

For Upstate Medical University, this completes a process that began in August of 2005 when University Hospital became completely smoke-free. Now, not just the property is smoke-free, but the posted streets and sidewalks bordering University Hos-

pital are as well.

University Hospital will begin enforcing this measure on the Great American Smoke Out, Nov. 19.

Prior to Nov. 19, signage will be in place to inform visitors that smoking is no longer permitted on adjacent streets and sidewalks and will indicate the boundaries. Individuals who violate the new law may be ticketed by University Police or any other law enforcement agencies.

Staff, students and volunteers are

asked to re-familiarize themselves with Upstate's present smoke-free policies and how they can help meet the needs of patients and others who smoke. Current policies will be reviewed and modified where necessary. Admission materials will be updated.

As Upstate has done since 2005, it continues to offer free smoking-cessation classes to staff and the community, as well as free nicotine replacement therapy to Upstate employees, students and volunteers.

Web page, Veterans' Clubs among Upstate's Veterans Day activities

As Veterans Day nears, Upstate Medical University honors the contributions of its employees and students who have served in the military. The recognition continues beyond Nov. 11, however, as several long-term initiatives will mark Upstate as a veteran-friendly campus.

In addition to having a presence in the annual Veterans parade in Syracuse Nov. 7, Upstate will launch a Web page featuring its veterans; finalize plans to form a veterans' group on campus; and continue the process to qualify as a "yellow ribbon" campus. Veterans from the Upstate community who wish to march together in the Central New York veterans parade Nov. 7 should contact Edgar Johnson, diversity initiatives specialist, at johnsone@upstate.edu or call 464-4924.

"We really want a strong presence at this very important event," Johnson said. "We proudly served our country,

and now proudly serve our community through Upstate's mission."

Upstate is also in the process of forming a Veteran's Club for students, although any interested member of the Upstate community is invited to attend. The first meeting will be held Nov. 6, at 3 p.m. in the Doust Board Room, ninth floor Weiskotten Hall. The meeting is organized by Elton Garvin, a veteran and an instructor in the College of Health Profession's Radiation Therapy program. Refreshments will be served.

Upstate also is in the process of earning the designation of a "Yellow Ribbon" campus.

The U.S. Department of Veterans Affairs' Yellow Ribbon Program (officially the Yellow Ribbon GI Education Enhancement Program) is a provision of the Post-9/11 Veterans Educational Assistance Act of 2008.

The program allows colleges and universities to enter into an agreement

with the Department of Veterans Affairs to help fund tuition expenses for eligible veterans who served after Sept. 10, 2001, and who meet certain requirements.

In addition to the 270 veterans who work at Upstate, approximately 20 students, veterans, spouses or children of veterans attend school at Upstate on GI benefits.

Upstate's largest clinical partner is the nearby Veterans Administration Medical Center, where two-thirds of Upstate's medical students have had a clinical training experience. Upstate also has a developing relationship with Fort Drum and the Fort Drum Regional Health Planning Organization, and many Upstate alumni have roles in the military. (See page 5 for profile of Army Corps veteran Louise Pernisi.)

Upstate's Bariatric Surgery Center earns top accreditation for quality of care

The Central New York Bariatric Surgery Center at Upstate Medical University has earned accreditation as a Level 1A facility by the American College of Surgeons' Bariatric Surgery Center Network.

Upstate's center received the highest accreditation level possible, Level 1A, signifying that the hospital's high volume practice can manage the most challenging and complex patients. The ranking also acknowledges the level of services offered by the center and for its standard of care. Additionally, the center was recognized for its participation in the American College of Surgeons National Surgical Quality Improvement Program.

"This recognition from the American College of Surgeons highlights the quality and competence of the center," said Howard Simon, MD, director of the Central New York

Bariatric Surgery Center at Upstate. "It's an acknowledgment of our commitment to our patients."

The accreditation follows a rigorous chart and document review and a site visit earlier this year by an ACS representative.

The center is on pace to perform more than 400 bariatric surgery procedures this year. Surgical options include laparoscopic adjustable gastric banding and Roux en Y gastric bypass.

Bariatric surgery has been shown to reduce obesity, improve mortality and decrease the health risks from chronic diseases, such as cardiomyopathy and diabetes.

Established by the American College of Surgeons in 2005 in an effort to extend established quality improvement practices to all disciplines of surgical care, the ACS BSCN Accreditation

Program provides confirmation that a bariatric surgery center has demonstrated its commitment to providing the highest quality care for its bariatric surgery patients.

Accredited bariatric surgery centers provide not only the hospital resources necessary for optimal care of morbidly obese patients, but also the support and resources that are necessary to address the entire spectrum of care and needs of bariatric patients, from the prehospital phase through the postoperative care and treatment process.

The Central New York Bariatric Surgery Center at Upstate Medical University is located at 505 Irving Ave., Syracuse. For more information, call (315) 464-9852 or visit www.upstate.edu/surgery/healthcare/bariatric.

Louise Pernisi: nurse, case manager, teacher and an Army Corps veteran

The military prepared Louise Pernisi RN, MS, CNS, CCM, CDMS for a career as a nurse, case manager, teacher, clinical nurse specialist, disability management specialist and ... you get the idea.

“The ability to multi-task, identify a need and step in relates to the military,” said Pernisi, an Army Corps nurse from 1985 to 1989. She served in the Reserves for three years until fulfilling her obligation, and later joined University Hospital in 2002 and earned her master’s degree in nursing and clinical nurse specialist certificate from Upstate in 2006.

Pernisi, a medical case manager in Physical Medicine & Rehabilitation at University Hospital, created the Nursing Case Management curriculum for the College of Nursing.

Upstate is the only institution in the East to offer the case management course. Demand was greater than expected, and now it is offered twice a year instead of once. Nursing case managers who complete the course can also use it as a preparation to take a national certification exam.

Pernisi teaches the graduate level course one night a week. Case managers are registered nurses who oversee patient care needs at all levels of medical care including transition from hospitals into the community.

When the patients are injured soldiers, however, the transition can mean anything from a return to active duty to placement in a rehabilitation facility. With the ongoing U.S. involvement in Iraq and Afghanistan, the military finds itself in need of more case managers.

“Every semester we get active duty staff taking the course, which teaches the fundamentals of case management,” Pernisi said. “Three civilian case managers from Fort Drum took it, as did one active duty captain.”

“Until recently, the military relied solely on social workers to handle soldiers’ transitions from hospitals,” she said. “Because case managers are



Louise Pernisi, left, with other Army ROTC cadets participating in basic training at Ft. Knox, Kentucky, in 1983. The four were the only female cadets out of the 30 members of the platoon. After six weeks of basic training, Pernisi was transferred to Walter Reed Medical Center in Washington, D.C., where she received specialized nursing training in critical care and infectious diseases.



Louise Pernisi RN, MS, CNS, CCM, CDMS outside of the inpatient rehabilitation unit in University Hospital. Pernisi is a medical case manager in Physical Medicine and Rehabilitation and an adjunct instructor in Upstate’s College of Nursing.

RNs, they address patients’ medical issues as well as their other needs,” Pernisi said.

“At Fort Drum, case managers assist returning soldiers who have drug and alcohol and psychiatric problems as well as medical needs and try to find civilian providers to treat them,” Pernisi said.

“Case managers optimize the needs and resources,” Pernisi said. “It’s driven by managed care. Case managers help gain access to services the best and fastest way with less and less resources and without high cost.”

Pernisi said there’s a distinct advantage in having a military background when treating injured soldiers and preparing their transition out of the hospital.

“I can anticipate what they need, and I know what resources are available,” she said. “I have that knowledge of the military system. I know for instance what family services

are available on post. I can cut through the paperwork because I know where to look.”

In the case of an injured soldier whose injuries warrant a leave of absence from active duty, Pernisi can advocate for them.

“I have the same language,” she said. “I know there’s no such thing as being off-duty in the military, so when I speak to their commander, I can anticipate what they need to have for a leave of absence.”

—Jim McKeever

Health Information and Technology Week highlights initiatives of CDS

Health Information and Technology Week, to be celebrated Nov. 1 through 7, recognizes the work of the staff of University Hospital's Clinical Data Services (CDS).

"The week represents a nationwide showcase for the thousands of health information management (HIM) professionals who perform their duties masterfully throughout the year," said Terry Wagner, chief information officer for University Hospital. "Daily activities will be held for the staff to celebrate their efforts to further their mission of the management of information contained in the patient's medical record."

CDS is a department of Information Management & Technology, a trend that is seen nationally as health records

are becoming increasingly digital.

CDS is responsible for maintaining the integrity of the electronic record as well as housing the traditional paper and microfilmed records.

"We provide services that are essential to patient care, reimbursement, hospital accreditation, risk management, staff training and research," said Wagner. "Some of the functions performed by the more than 70 staff members in CDS include the analysis, coding, auditing, release of information, transcription coordination, abstracting, reporting, documentation training, storage, and retrieval of the medical records here at Upstate."

CDS staff is also gearing up for the much-anticipated roll-out of the ChartMaxx Electronic Document Man-

agement system in December.

"The written portions of the patient's medical record from that date forward, will be scanned into this new system and with interfaces from our other clinical computer systems, those with the appropriate access and need to know, will be able to access the entire patient's record online" said Wagner.

ChartMaxx will be used first for all inpatient, ambulatory surgery, outpatient procedures, observation and Emergency Department records.

It is planned that the rest of Upstate University Health System, including UHCC, the ROC, 550 Harrison, etc., will have their patient medical records go online in 2010.



Fashion Show raises nearly \$8,000

University Hospital employees, their children and Friends of Upstate Medical University took to the runway to model fall and winter apparel for the "Fifth Annual Looking at Our Stars Silent Auction, Luncheon and Fashion Show," held Oct. 25 at the Genesee Grande Hotel in Syracuse. The event raised nearly \$8,000 to benefit pediatric services at the Upstate Golisano Children's Hospital. Walking the runway were Asha Cristiana, above, daughter of University Hospital nurse Delores Geb; and Kaleb and Shayla Marsh, right, Friends of Upstate.



Photographs by Deborah Rexine

Gwyn Mannion appointed to Upstate Medical University Council

Gwyn Mannion, a quality engineer with SRCTec, has been appointed by the governor's office to serve on the Upstate Medical University Council through June 30, 2014. The Council is an advisory board to Upstate President David R. Smith, MD. Council members are appointed by the governor and hail from all across Central New York.

"I am pleased that the governor has appointed Gwyn Mannion to the Upstate Council," said Dr. Smith. "Her professional and civic experience, and the leadership she has demonstrated in her work on many significant community projects, will serve Upstate well as

we benefit from her wise counsel."

At SRCTec, Mannion has been involved in various developments, ranging from quality management to employee training.

She has served on the boards of key community organizations and institutions, including the Museum of Science and Technology (MOST), East Area YMCA, the Downtown Syracuse YMCA and Immaculate Conception School, among others.



Gwyn Mannion

RECOGNITIONS



John Hoepner

John A. Hoepner, MD, professor and chair of the Department of Ophthalmology, will receive the Distinguished Service Award from the Onondaga County Medical Society at the Society's annual dinner to be held Nov. 2 at the DoubleTree Hotel in East Syracuse. The Distinguished Service Award is the society's highest award.

Michael E. Zuber, PhD, assistant professor of ophthalmology and adjunct assistant professor of biochemistry and molecular biology, gave a presentation titled, "Animal Models in the Development of



Michael Zuber

Retinal Cell Replacement Therapies" Sept. 24 at the Ophthalmology Grand Rounds at SUNY Downstate in Brooklyn.

Christine Stork, PharmD, was inducted as a fellow into the American Academy of Clinical Toxicology at the North American Congress of Clinical Toxicology Sept. 24 in San Antonio. Dr. Stork has served as the clinical director of the Upstate New York Poison Center since 1995. She is a clinical associate professor in the Department of Emergency Medicine and in the Department of Medicine, Division of Clinical Pharmacology. Dr. Stork holds adjunct academic appointments at Albany College of Pharmacy and at Nesbitt School of Pharmacy at Wilkes University. An educator and a researcher, Dr. Stork is a regular



Christine Stork

contributor to clinical journals and text books, has numerous editorial appointments and sits on numerous hospital, county, state and national committees.

Ann Barker Griffith, MD, and the **Department of Ophthalmology**, hosted the annual Eastern Ophthalmic Pathology Society (EOPS) meeting Oct. 8 through 11 at the Syracuse Renaissance Hotel.

EOPS membership is restricted to those who are leaders within ophthalmic pathology. The society currently has 40 members. Thirty-one participants came from Argentina, Canada, Saudi Arabia, and the United States to attend this meeting. Each participant presented their most unusual case from the past year or an especially instructive case to be used for resident education.



Ann Barker Griffith

Directory of Payroll Services 2010 Update

Please update your current copy of the Directory of Payroll Services with the following information:

2010 STATE PAY PERIOD SCHEDULE*

PP	HOURLY	HRLY. TIME SHT. DUE	ANNUAL	TIME SHT. DUE	EXCEPTION PAY (OVERTIME)	CHECK DATE
20	12/17/09-12/30/09	01/01/10	12/24/09-01/06/10	01/08/10	12/10/09-12/23/09	01/20/10
21	12/31/09-01/13/10	01/15/10	01/07/10-01/20/10	01/22/10	12/24/09-01/06/10	02/03/10
22	01/14/10-01/27/10	01/29/10	01/21/10-02/03/10	02/05/10	01/07/10-01/20/10	02/17/10
23	01/28/10-02/10/10	02/12/10	02/04/10-02/17/10	02/19/10	01/21/10-02/03/10	03/03/10
24	02/11/10-02/24/10	02/26/10	02/18/10-03/03/10	03/05/10	02/04/10-02/17/10	03/17/10
25	02/25/10-03/10/10	03/12/10	03/04/10-03/17/10	03/19/10	02/18/10-03/03/10	03/31/10
26	03/11/10-03/24/10	03/26/10	03/18/10-03/31/10	04/02/10	03/04/10-03/17/10	04/14/10
01	03/25/10-04/07/10	04/09/10	04/01/10-04/14/10	04/16/10	03/18/10-03/31/10	04/28/10
02	04/08/10-04/21/10	04/23/10	04/15/10-04/28/10	04/30/10	04/01/10-04/14/10	05/12/10
03	04/22/10-05/05/10	05/07/10	04/29/10-05/12/10	05/14/10	04/15/10-04/28/10	05/26/10
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10	07/29/10-08/11/10	08/13/10	08/05/10-08/18/10	08/20/10	07/22/10-08/04/10	09/01/10
11	08/12/10-08/25/10	08/27/10	08/19/10-09/01/10	09/03/10	08/05/10-08/18/10	09/15/10
12	08/26/10-09/08/10	09/10/10	09/02/10-09/15/10	09/17/10	08/19/10-09/01/10	09/29/10
13	09/09/10-09/22/10	09/24/10	09/16/10-09/29/10	10/01/10	09/02/10-09/15/10	10/13/10
14	09/23/10-10/06/10	10/08/10	09/30/10-10/13/10	10/15/10	09/16/10-09/29/10	10/27/10
15	10/07/10-10/20/10	10/22/10	10/14/10-10/27/10	10/29/10	09/30/10-10/13/10	11/10/10
16	10/21/10-11/03/10	11/05/10	10/28/10-11/10/10	11/12/10	10/14/10-10/27/10	11/24/10
17	11/04/10-11/17/10	11/19/10	11/11/10-11/24/10	11/26/10	10/28/10-11/10/10	12/08/10
18	11/18/10-12/01/10	12/03/10	11/25/10-12/08/10	12/10/10	11/11/10-11/24/10	12/22/10
19	12/02/10-12/15/10	12/17/10	12/09/10-12/22/10	12/24/10	11/25/10-12/08/10	01/05/11
20	12/16/10-12/29/10	01/04/11	12/23/10-01/05/11	01/07/11	12/09/10-12/22/10	01/19/11
21	12/30/10-01/12/11	01/14/11	01/06/11-01/19/11	01/21/11	12/23/10-01/05/11	02/02/11

*Dates not verified by the Office of State Comptroller.

2010 RESEARCH FOUNDATION PAY PERIOD SCHEDULE

PP	PAY PERIOD DATES	EXCEPTION TIME PAID	TIME SHEET DUE	CHECK DATE
14	12/19/09 - 1/1/10	11/26/09 - 12/9/09	12/11/09	1/1/10
15	1/2/10 - 1/15/10	12/10/09 - 12/23/09	12/29/08	1/15/10
16	1/16/10 - 1/29/10	12/24/09 - 1/6/10	1/8/10	1/29/10
17	1/30/10 - 2/12/10	1/7/10 - 1/20/10	1/22/10	2/12/10
18	2/13/10 - 2/26/10	1/21/10 - 2/3/10	2/5/10	2/26/10
19	2/27/10 - 3/12/10	2/4/10 - 2/17/10	2/19/10	3/12/10
20	3/13/10 - 3/26/10	2/18/10 - 3/3/10	3/5/10	3/26/10
21	3/27/10 - 4/9/10	3/4/10 - 3/17/10	3/19/10	4/9/10
22	4/10/10 - 4/23/10	3/18/10 - 3/31/10	4/2/10	4/23/10
23	4/24/10 - 5/7/10	4/1/10 - 4/14/10	4/16/10	5/7/10
24	5/8/10 - 5/21/10	4/15/10 - 4/28/10	4/30/10	5/21/10
25	5/22/10 - 6/4/10	4/29/10 - 5/12/10	5/14/10	6/4/10
26	6/5/10 - 6/18/10	5/13/10 - 5/26/10	5/28/10	6/18/10
01	6/19/10 - 7/2/10	5/27/10 - 6/9/10	6/11/10	7/2/10
02	7/3/10 - 7/16/10	6/10/10 - 6/23/10	6/25/10	7/16/10
03	7/17/10 - 7/30/10	6/24/10 - 7/7/10	7/9/10	7/30/10
04	7/31/10 - 8/13/10	7/8/10 - 7/21/10	7/23/10	8/13/10
05	8/14/10 - 8/27/10	7/22/10 - 8/4/10	8/6/10	8/27/10
06	8/28/10 - 9/10/10	8/5/10 - 8/18/10	8/20/10	9/10/10
07	9/11/10 - 9/24/10	8/19/10 - 9/1/10	9/3/10	9/24/10
08	9/25/10 - 10/8/10	9/2/10 - 9/15/10	9/17/10	10/8/10
09	10/9/10 - 10/22/10	9/16/10 - 9/29/10	10/1/10	10/22/10
10	10/23/10 - 11/5/10	9/30/10 - 10/13/10	10/15/10	11/5/10
11	11/6/10 - 11/19/10	10/14/10 - 10/27/10	10/29/10	11/19/10
12	11/20/10 - 12/3/10	10/28/10 - 11/10/10	11/12/10	12/3/10
13	12/4/10 - 12/17/10	11/11/10 - 11/24/10	11/30/09	12/17/10
14	12/18/10 - 12/31/10	11/25/10 - 12/8/10	12/10/10	12/31/10

2010 FEDERAL COLLEGE WORK STUDY & STUDENT ASSISTANT PAY PERIOD SCHEDULE

PP	PAYROLL PERIOD EFFECTIVE DATE			TIME SHEET DUE TO PAYROLL OFFICE	PICK UP CHECK IN PAYROLL OFFICE
	BEGIN	-	END		
20	12/24/09	-	01/06/10	01/08/10	01/28/10
21	01/07/10	-	01/20/10	01/22/10	02/11/10
22	01/21/10	-	02/03/10	02/05/10	02/25/10
23	02/04/10	-	02/17/10	02/19/10	03/11/10
24	02/18/10	-	03/03/10	03/05/10	03/25/10
25	03/04/10	-	03/17/10	03/19/10	04/08/10
26	03/18/10	-	03/31/10	04/02/10	04/22/10
01	04/01/10	-	04/14/10	04/16/10	05/06/10
02	04/15/10	-	04/28/10	04/30/10	05/20/10
03	04/29/10	-	05/12/10	05/14/10	06/03/10
04	05/13/10	-	05/26/10	05/28/10	06/17/10
05	05/27/10	-	06/09/10	06/11/10	07/01/10
06	06/10/10	-	06/23/10	06/25/10	07/15/10
07	06/24/10	-	07/07/10	07/09/10	07/29/10
08	07/08/10	-	07/21/10	07/23/10	08/12/10
09	07/22/10	-	08/04/10	08/06/10	08/26/10
10	08/05/10	-	08/18/10	08/20/10	09/09/10
11	08/19/10	-	09/01/10	09/03/10	09/23/10
12	09/02/10	-	09/15/10	09/17/10	10/07/10
13	09/16/10	-	09/29/10	10/01/10	10/21/10
14	09/30/10	-	10/13/10	10/15/10	11/04/10
15	10/14/10	-	10/27/10	10/29/10	11/18/10
16	10/28/10	-	11/10/10	11/12/10	12/02/10
17	11/11/10	-	11/24/10	11/26/10	12/16/10
18	11/25/10	-	12/08/10	12/10/10	12/30/10
19	12/09/10	-	12/22/10	12/24/10	01/13/11
20	12/23/10	-	01/05/11	01/07/11	01/27/11
21	01/06/11	-	01/19/11	01/21/11	02/10/11

Payroll Services announces year-end payroll dates

The Payroll Services Office will be closed Nov. 26 and 27; Dec. 25 and Jan. 1.

Schedule for the holiday paycheck/ direct deposit distribution:

- The final paycheck for 2009 for New York state employees will be distributed Dec. 23.
- The final paycheck of 2009 for Research Foundation (RF) employees will be distributed Dec. 18, from 8 a.m. to noon. RF employees who pick up their paychecks at Payroll Services must do so by noon Dec. 18 or the paycheck will be mailed to the employee's current mailing address. The first check of 2010, dated Jan. 1, will be distributed Dec. 31. Checks will be available Dec. 31, from 3 to 4:30 p.m. for RF employees who pick up their paychecks at Payroll Services. Paychecks not picked up by 4:30 p.m. Dec. 31 will be mailed to the employee's current mailing address.
- The final paycheck for 2009 for federal college work study students and

student assistants will be dated and distributed Dec. 31.

- Direct deposits will not be affected by the holiday as they will be sent to financial institutions on the regular pay date.

Payroll and tax information:

- Employees who filed tax exempt in 2009, including student employees, must file a new federal W4 form and/or New York State IT2104 form by Feb. 15 to maintain exempt status. If a new form is not filed, Payroll Services is required to withhold federal and/or NYS income tax at the highest possible rate: single with zero withholding allowances.
- The Social Security Administration generally increases the Social Security wage base each year. It was \$106,800 for 2009, it will be unchanged for 2010.
- The FICA tax rates remain the same for 2010 at 6.2 percent for Social Security and 1.45 percent for Medicare.

• Payroll Services asks employees to review their paycheck/direct deposit stub to verify tax information, name and current address. Employees who request changes to their tax withholding should forward a new W4 and/or IT2104 form to Payroll Services. These forms can be found at www.upstate.edu/payroll/forms or at the Payroll Services offices in 100 Jacobsen Hall. If not enough income tax is withheld throughout the year, employees may face a penalty when filing their personal income tax return.

Individuals who wish to make changes to their name may log into Self Serve at https://selfserve.upstate.edu/ais/applications/hr/emp_details/personal_profile.cfm or stop by Payroll Services in 100 Jacobsen Hall.

- Publications and forms are available at the IRS Web site: <http://www.irs.ustreas.gov/formspubs/index.html>.
- For the IRS Withholding Calculator: search for withholding calculator at <http://www.irs.gov>.



MID-CAMPAIGN REPORT

RAISED TO DATE: \$319,677
OUR 2009 GOAL: \$520,000

To Our Upstate Colleagues ~
Thank You for supporting
our community!

Please continue to help us reach our campaign goal!

CO-CHAIRS



Thomas R
Welch, MD



Debra Stehle

IN THE NEWS



Robert Levine

Robert Levine, MD, was quoted in the *Boston Globe* and in boston.com regarding a recommendation by an FDA advisory panel to ban the use of prescription painkillers

Percocet and Vicodin and to reduce the use of Tylenol due to the ingredient acetaminophen that is linked to liver injury. "This is the best advantage that I've seen in preventing hepatic toxicity, or liver injury," said Dr. Levine, who served as a member of the advisory panel. Dr. Levine added that liver damage from acetaminophen has reduced the number of organs available for transplant. Dr. Levine served as a member of the FDA Gastroenterology Advisory Committee from 2001 to 2005. Since 2005 he has been an active voting consultant for various FDA advisory committees.



Andrea Viczian

Andrea Viczian, PhD, was quoted in Dotmed.com about her research, that uses cell replacement therapy to heal the blinded eye, that resulted in creating

artificial "eyes" in tadpoles. Her work was published in August in the *Journal PloS Biology*.

Judy Kilpatrick, RN, David Duggan, MD, and Shelley Gilroy, MD, were quoted regarding University Hospital's efforts to reduce central line infection rates to zero in the November issue of the newsletter *Briefings on Infection Control*. The article also has appeared on several Web sites.

Robbi Saletsky, PhD, was quoted in several publications and Web sites regarding her use of Virtual Iraq to treat combat veterans with post-traumatic stress disorder. Her

interviews appeared in the Australian Health Information Technology blog, *New York Daily News*, Blogtalkradio, *The American Medical News* of the American Medical Society, YouTube.com, impre.com, Virtually Better.com, Syracuse.com, *Watertown Daily Times*, WSTM-TV3, 9WSYR-TV, the *Post-Standard* and *In Good Health*, among others.

Michael Ratner, MD, Leola Rodgers, MPH, and Suzanne Karl were interviewed in the *Post-Standard* supplement *Healthy Central New York* about the Upstate Golisano Children's Hospital. Move in day at the children's hospital was covered by 9WSYR-TV, News10Now, the *Daily Orange*, WSTM-TV3, the *Post-Standard* and WSYR radio, featuring interviews with **Thomas Welch, MD, Leanna Severance, RN, and Paul Seale**.

Steven Goodman, PhD, was quoted in the *Central New York Business Journal* on the creation of the International Institute of Biomedical Sciences and Technology.

Leslie Kohman, MD, was interviewed on 9WSYR-TV and News10Now during the presentation of a \$40,000 grant to Upstate.



Robbi Saletsky



Leslie Kohman

Stephen Faraone, PhD, discussed the genetic link between substance abuse and ADHD in *Health Magazine*.

David Duggan, MD, was interviewed by 9WSYR-TV and WRVO radio regarding University Hospital's emergency preparedness plan for the H1N1 flu.



David Duggan

James Knoll, MD, had several articles published in Wiley Encyclopedia of Forensic Science, including articles about autoerotic death, the illusion of evil, serial homicide, violence risk assessment for mental health professionals and psychological autopsy.



James Knoll

The September issue of *Physicians Practice* magazine featured the staff and services at the new **Upstate Golisano Children's Hospital**; tips on talking with pediatric patients written by pediatric fellow **Nicholas Bennett, MB, Chir**; and and **Gregory Canute MD**, and the new **Gamma Knife® Perfexion**. These and other articles on Upstate Medical University and University Hospital can be found at www.upstate.edu/publicaffairs.



Photograph by Susan Keeter

Service to the community

Gonzalo Saavedra, center, second-year student in the College of Medicine at Upstate Medical University, volunteered at a blood drive and health fair at St. Lucy's Church on Syracuse's west side in honor of Hispanic Heritage Month. Saavedra served as a Spanish-language inter-

preter for potential blood and marrow donors and others seeking health information. Also serving as volunteers at the event were Sarah-Lee Ritchie, left, of Upstate's Employee Assistance Program, and Mary Meier of Upstate's Department of Diversity and Affirmative Action.

LECTURES, SEMINARS, WORKSHOPS AND FORUMS

Register for workshops and Webcasts at www3.upstate.edu/hr/training/click Management Development.

HealthLink Seminars are free, unless otherwise noted, and are open to all. Call UpstateConnect at 464-8668 or visit upstate.edu/healthlink to register.

Nov. 2, 5, 9, 16 and 23. Noon to 1 p.m. Liverpool Library, 310 Tulip St., Liverpool.

HealthLink Seminar. "Smoking Cessation Classes." Participants receive a personalized quit plan and will learn medication options and maintenance and relapse prevention techniques. Free. Registration recommended. Must attend all classes.

Nov. 2, 4, 9, 16, 23. 3:30 to 4:30 p.m. E9405A East Tower.

Smoking Cessation Classes for Upstate Employees. Free. Nicotine replacement provided. Must attend all classes. For more information or to register, call 464-4426.

Nov. 4. 6 to 7 p.m. Oasis/HealthLink, ShoppingTown Mall, DeWitt.

HealthLink Seminar. "Could Your Stuffy Nose or Snoring be More Than Allergies?" Participants will learn about nasal anatomy, causes and treatments of nasal obstruction, including surgical management to breathe easier.

Nov. 6. 9:30 to 11 a.m. Dunbar Center, 1453 South State St., Syracuse.

HealthLink Seminar. "Diabetes." Participants will gain a better understanding of diabetes and how to manage its care.

Nov. 12. 6 to 7:30 p.m. Liverpool Library, 310 Tulip St., Liverpool.

HealthLink Seminar. "Developing a Happier, Healthier Mindset" will explore how to effectively make use of this type of mindset.

Nov. 17. 5 to 6 p.m. Oasis/HealthLink, ShoppingTown Mall, DeWitt.

HealthLink Seminar. "Upstate is Now a Level 1A Bariatric Surgery Center." Participants will learn what the accreditation means to the Central New York area.

Nov. 21. 10 a.m. to 12:30 p.m. Liverpool Library, 310 Tulip St., Liverpool.

HealthLink Seminar. "Seventh Annual In the Crosshairs: Lung Cancer 2009." Highlights include: update on lung cancer treatments and research available at Upstate; information regarding American Cancer Society and YMCA services available to lung cancer patients and survivors; a personal account from a lung cancer patient.

Wednesday, Oct. 28

Anesthesiology Grand Rounds. 6:45 to 8 a.m. Medical Alumni Aud., Wsk. Hall.

Parking Registration. 7 a.m. to noon and 1 to 4 p.m. Small Cafeteria, University Hospital.

Otolaryngology Grand Rounds. 7 to 8 a.m. 103 Wsk. Hall.

Surgery Morbidity/Mortality Conference. 7 a.m. 2231 Wsk. Hall.

Neuroscience Grand Rounds. "Breaking the Time Barrier in Acute Stroke Therapy." Julius Gene Latorre, MD. 8 to 9 a.m. 103 Wsk. Hall.

Surgery Grand Rounds. "Annual Carol Baldwin Breast Cancer Research Lecture: Vexing Issues in Breast Cancer Radiation Therapy." Jay R. Harris, MD, Dana-Farber Cancer Institute. 8 to 9 a.m. 2231 Wsk. Hall.

Orthopedic Grand Rounds. "Current Principles in Anterior Shoulder Instability." Jaison James, MD. 8 a.m. 3507 Setnor Academic Bldg.

Pediatric Grand Rounds. "GERD Unresponsive to PPIs. Could it be Eosinophilic Esophagitis?" Cary M. Qualia, MD, Albany Medical Center. 8 to 9:15 a.m. Kinney Drugs Performance Center, Upstate Golisano Children's Hospital.

Path to Promotion Workshops for Associate Professors. Noon to 1 p.m. 9299 Wsk. Hall.

• **Rev. Weez and Friends Storytime (for children of all ages).** Noon. Interfaith Chapel, University Hospital.

The Healing Muse Publication Party. 4 to 5 p.m. Medical Alumni Auditorium, Wsk. Hall.

HealthLink Seminar. "COPD (Chronic Obstructive Pulmonary Disease)." Joseph McDonald, MS, RRT, CCRP, Upstate Medical University. 5:30 to 7 p.m. Oasis/HealthLink, ShoppingTown Mall, DeWitt.

Thursday, Oct. 29

Zoll Fair. 7 a.m. to 7 p.m. 1328B University Hospital.

Path to Promotion Workshops for Associate Professors. 7 to 8 p.m. 8709 University Hospital.

Medicine Power Rounds. 7:15 a.m. 1159 Wsk. Hall.

SUNY Upstate New Employee

Orientation. 7:30 a.m. to 3:30 p.m. East Lounge, C.A.B.

Critical Care Nursing Symposium. 7:30 a.m. to 4 p.m. Driver's Village Cicero.

Parking Registration. 9:30 to 11 a.m. Second Floor, Widewaters; Noon to 4 p.m. Small Cafeteria, University Hospital.

Webinar. "Provision of Care." 10 to 11:15 a.m. Location: TBD. To register, e-mail Gayle Hyde at hydeg@upstate.edu.

Chaplain Intern Interfaith Devotions. Noon. Interfaith Chapel, University Hospital.

Psychiatry Grand Rounds. "Helping the Helpers: Understanding Caregiver Strain and End-of-Life Concerns in the Geriatric Population." Dana Cohen, MD, Upstate Medical University. 12:30 to 2 p.m. PBS Bldg, 713 Harrison St.

WebCAIS for Travel RNs. 1:30 to 5:30 p.m. Classroom D, Institute for Human Performance. Contact Barb Bennett 464-9267 or bennettb@upstate.edu with questions.

Vascular Conference. "Angiogram Interpretation 11." Michael Costanza, MD, Upstate Medical University. 5 p.m. 8800 University Hospital.

Friday, Oct. 30

SUNY Upstate New Employee Orientation. 7:30 a.m. to noon. p.m. East Lounge, C.A.B.

Obstetrics/Gynecology Grand Rounds. "Grafts in Pelvic Reconstructive Surgery." Donald Osterfard, MD, University of California, Irvine. 7:30 a.m. Sulzle Aud., Marley Educ. Ctr.

14th Annual Central New York Psychopharmacology and Addiction Psychiatry Update. 8 a.m. to 4:30 p.m. Syracuse Stage, 820 E. Genesee St., Syracuse.

Clinical Hands-on Practice Orientation (CHOP). Noon to 3:30 p.m. East Lounge, C.A.B.

Creative Writing Workshop. Noon to 1 p.m. Center for Bioethics and Humanities' Conference Room, 618 Irving Ave.

• **Sabbath Service.** Noon. Interfaith Chapel, University Hospital.

• **Ju'mah Islamic Service.** 1:15 p.m. Chapel, Crouse Hospital.

Saturday, Oct. 31

• **Mass.** 4 p.m. Interfaith Chapel, University Hospital.

Sunday, Nov. 1

Healthlink on Air. 9 to 10 a.m. WSYR-570AM.

• **Christian Ecumenical Worship.** 10:30 a.m. Interfaith Chapel, University Hospital.

• **Mass.** Noon. Interfaith Chapel, University Hospital.

Monday, Nov. 2

Uniform Sale. 6 a.m. to 6 p.m. Second Floor Lobby and Small Cafeteria Area, University Hospital.

Biochemistry and Molecular Biology. "Ganglion-cell Photoreceptors: A Bit of Fly in the Mammalian Eye." David Berson, PhD, Brown University. Noon. 2231 Wsk. Hall.

• **Mass.** Noon. Interfaith Chapel, University Hospital.

HealthLink Seminar. "Smoking Cessation Class (part of a series)." Cynthia Cary, RRT, RPFT, Upstate Medical University. 3:30 to 4:30 p.m. E9405A, University Hospital (East Tower.)

Upstate Golisano Children's Hospital Phonathon. 5:30 to 8 p.m. Third Floor, C.A.B.

Yoga Class. 5 to 6:15 p.m. East Lounge, C.A.B.

Tuesday, Nov. 3

• **Weekly Ecumenical Prayer Service.** Noon. Interfaith Chapel, University Hospital.

New York State Deferred Compensation Plan Information Table. 10 a.m. to 3 p.m. Second floor lobby, University Hospital.

Vocera. 1 to 3 p.m. Classroom C, Institute For Human Performance. Contact Derek Hawkins at 464-1400 or hawkinsd@upstate.edu with questions.

Spiritual Fitness. 3 p.m. 2N, PM & R Dayroom, University Hospital.

Infectious Diseases Conference. Balaji Desai, MD, Upstate Medical University. 4 p.m. 304 Crouse Physicians Office Building, Irving Avenue, Syracuse.

Wednesday, Nov. 4

Anesthesiology Grand Rounds. 6:45 to 8 a.m. Medical Alumni Aud., Wsk. Hall.

Joint Commission Education Fair.

7 a.m. to 2:30 p.m. 1328B University Hospital.

Otolaryngology Grand Rounds. 7 to 8 a.m. 103 Wsk. Hall.

Webcais/Groupwise (Licensed). 7:30 a.m. to noon. Classroom D, Institute for Human Performance.

Neuroscience Grand Rounds. "Ticks and Fleas: Lessons from the Epilepsy Monitoring Unit." Helen Barkan, MD, PhD, Upstate Medical University. 8 to 9 a.m. 103 Wsk. Hall.

Orthopedic Grand Rounds. 8 a.m. 3507 Setnor Academic Bldg.

Pediatric Grand Rounds. Frank A. Oski, MD, Visiting Professorship. "Immune Thrombocytopenic Purpura (ITP)." George Buchanan, MD, University of Texas. 8 to 9:15 a.m. Kinney Drugs Performance Center, Upstate Golisano Children's Hospital.

• **Rev. Weez and Friends Storytime.** See 10/28 listing.

Vocera. See 11/3 listing.

HealthLink Seminar. "Smoking Cessation Class (part of a series)." Cynthia Cary, RRT, RPFT, Upstate Medical University. 3:30 to 4:30 p.m. E9405A, University Hospital (East Tower.)

Spiritual Care Grand Rounds. 4 to 5:15 p.m. First Floor Conference Room, Setnor Academic Bldg.

Burn Survivors Support Group. 5 to 7 p.m. 6551 University Hospital.

Ninth Annual Free CNY Community Diabetes Forum. 5 to 8 p.m. Drumlins Country Club, 800 Nottingham Rd., Syracuse.

HealthLink Seminar. "Could Your Stuffy nose or Snoring be More Than Allergies?" Amar Suryadevara, MD, Upstate Medical University. 6 to 7 p.m. Oasis/HealthLink, ShoppingTown Mall, DeWitt.

Thursday, Nov. 5

Medicine Power Rounds. 7:15 a.m. 1159 Wsk. Hall.

Nursing Services Orientation NSO. 8 a.m. to 12:15 p.m.; 8 a.m. to 2:15 p.m.; 8 a.m. to 4:30 p.m. 1328B University Hospital.

Webinar. "Rights and Responsibilities, Transplant Safety and Waived Testing." 10 to 11:15

continued on page 15

Calendar—from page 14
a.m. Location: TBD. To register, e-mail Gayle Hyde at hydeg@upstate.edu.

Chaplain Intern Interfaith Devotions. Noon. Interfaith Chapel, University Hospital.

Psychiatry Grand Rounds. "Mental Illness, Human Rights and U.S. Prisons." Jamie Fellner, JD., U.S. Program Human Rights Watch. 12:30 to 2 p.m. PBS Bldg, 713 Harrison St.

Vocera. See 11/3 listing.

Vascular Conference. "Case Conference." Moderator: Vivian Gahtan, MD, Upstate Medical University. 5 p.m. 8800 University Hospital.

Friday, Nov. 6

Obstetrics/Gynecology Grand Rounds. "Health Disparities." Raymond L. Cox, MD, MBA, St. Agnes Hospital, Baltimore. 7:30 a.m. Sulzle Aud., Marley Educ. Ctr.

Webcais/Groupwise (Non-licensed). 7:30 a.m. to noon. Classroom D, Institute for Human Performance.

HealthLink Seminar. "Diabetes." Cynthia DeBartolo, MS, RN, CDE, Upstate Medical University. 9:30 to 11 a.m. Dunbar Center, 1453 South State St., Syracuse.

• **Sabbath Service.** See 10/30 listing.

• **Ju'mah Islamic Service.** See 10/30 listing.

Comedy Hour with Dan Cummins. Happy Hour: 5:30 p.m. Performance: 6:15 p.m. C.A.B. Inappropriate for children under 18 years. Admission: \$4 at the door. Call 464-5618 for more information.

Saturday, Nov. 7

• **Mass.** See 10/31 listing.

Sunday, Nov. 8

Healthlink on Air. See 11/1 listing.

• **Christian Ecumenical Worship.** See 11/1 listing.

• **Mass.** See 11/1 listing.

Memorial Service. 3 p.m. Interfaith Chapel, University Hospital.

Monday, Nov. 9

• **Mass.** See 11/2 listing.

HealthLink Seminar. "Smoking Cessation Class (part of a series)." Cynthia Cary, RRT, RPFT, Upstate Medical University. 3:30 to 4:30 p.m. E9405A, University Hospital (East Tower.)

Yoga Class. 5 to 6:15 p.m. East Lounge, C.A.B.

Tuesday, Nov. 10

• **Weekly Ecumenical Prayer Service.** See 11/3 listing.

Spiritual Fitness. See 11/3 listing.

Infectious Diseases Conference. Scott Riddell, MD, Upstate Medical University. 4 p.m. 304 Crouse Physicians Office Building, Irving Avenue, Syracuse.

Coffeehouse with singer Kyler England. 8 p.m. West

Lounge, C.A.B. Free with Upstate ID.

Wednesday, Nov. 11

Anesthesiology Grand Rounds. 6:45 to 8 a.m. Medical Alumni Aud., Wsk. Hall.

Otolaryngology Grand Rounds. 7 to 8 a.m. 103 Wsk. Hall.

Surgery Morbidity/Mortality Conference. 7 a.m. 2231 Wsk. Hall.

Neuroscience Grand Rounds. "The Prospects of Anti-CD20 Therapy in Myasthenia Gravis." Rup Tandan, MD, University of Vermont. 8 to 9 a.m. 103 Wsk. Hall.

Surgery Grand Rounds. "Maintaining Your Clinical Competence." Patricia J. Numann, MD, Upstate Medical University. 8 to 9 a.m. 2231 Wsk. Hall.

Orthopedic Grand Rounds. 8 a.m. 3507 Setnor Academic Bldg.

Pediatric Grand Rounds. Hans Hartenstein, MD, Pediatric Grand Rounds Endowed Lecture. "Pediatric Diarrhea in Developing Countries: Challenge and Opportunity." 8 to 9:15 a.m. Kinney Drugs Performance Center, Upstate Golisano Children's Hospital.

• **Rev. Weez and Friends Storytime.** See 10/28 listing.

Thursday, Nov. 12

Medicine Power Rounds. 7:15 a.m. 1159 Wsk. Hall.
SUNY Upstate New Employee

Orientation. 7:30 a.m. to 3:30 p.m. East Lounge, C.A.B.

60-Day Retention Program. 7:45 to 8:45 a.m. or 3:45 to 4:45 p.m. 1403 University Hospital.

Webinar. "Medical Staff." 10 to 11:15 a.m. Location: TBD. To register, e-mail Gayle Hyde at hydeg@upstate.edu.

Chaplain Intern Interfaith Devotions. Noon. Interfaith Chapel, University Hospital.

Psychiatry Grand Rounds. "Vagus Nerve Stimulation for Treatment-Resistant Depression: What Neuroimaging Informs Us Regarding Mechanism of Action." Charles R. Conway, MD, Washington University. 12:30 to 2 p.m. PBS Bldg, 713 Harrison St.

WebCAIS for Travel RNs. See 10/29 listing.

Vascular Conference. M.Asad Khan, MD, Upstate Medical University. 5 p.m. 8800 University Hospital.

HealthLink Seminar. "Developing a Happier, Healthier Mindset." Richard O'Neill, PhD, Upstate Medical University. 6 to 7:30 p.m. Liverpool Library, 310 Tulip St., Liverpool.

Friday, Nov. 13

SUNY Upstate New Employee Orientation. 7:30 a.m. to noon. East Lounge, C.A.B.

Obstetrics/Gynecology Grand Rounds. "Virtue in Practice." Robert Roger

Leble, MD, Upstate Medical University. 7:30 a.m. Sulzle Aud., Marley Educ. Ctr.

Clinical Hands-on Practice Orientation (CHOP). See 10/30 listing.

• **Sabbath Service.** See 10/30 listing.

• **Ju'mah Islamic Service.** See 10/30 listing.

Saturday, Nov. 14

Reiki Level I Staff Training. 8:30 a.m. to 5 p.m. 12405 Upstate Golisano Children's Hospital. Sponsored by Upstate's Center for Spiritual Care.

New York City Trip. Reservations only. Sponsored by Campus Activities Governing Board.

• **Mass.** See 10/31 listing.

Sunday, Nov. 15

Healthlink on Air. See 11/1 listing.

• **Christian Ecumenical Worship.** See 11/1 listing.

• **Mass.** See 11/1 listing.

• Broadcast live from the Chapel on in-house Channel 40.

Watch "Upstate Magazine" on Staff Ed TV channel 62 by visiting www.upstate.edu

Upstate Update

**Issue:
Nov. 11 to 25**

Deadline: Nov. 4

Produced and compiled by Upstate University Hospital and hosted by Trisha Torrey, "HLOA" offers a weekly dose of information on health and medical issues affecting Central New Yorkers.



UPSTATE HealthLink On Air

**Sundays, 9 to 10 a.m.
570 WSYR-AM**

Listen anytime!

DOWNLOAD TRANSCRIPTS:

WWW.HEALTHLINKONAIR.ORG



Photograph by Deborah Rexine

Maxine S. Thompson, MSW, LCSW-R, front row, left, and Edgar Johnson, back row, left, of the Office of Diversity and Affirmative

Action are photographed with the mentors and mentees who participated in Upstate's Greater Syracuse Disability Mentoring Day.

Upstate observes Disability Awareness Month

Upstate Medical University recognized October as National Disability Awareness and Disability Employment Awareness Month with several activities, including a kick-off presentation held Oct. 1 on campus by Margaret A. Turk, MD, of Physical Medicine and Rehabilitation. The presentation, titled "Attitudes about Disabilities: Does it Affect Services and Interactions?" was attended by medical professionals, social workers, case managers, rehabilitation counselors, students and educators from the Syracuse area.

Following the presentation, Dr. Turk was presented with a proclamation, signed by local and state officials, that officially declared Upstate's observance of the month.

Upstate also participated in the Greater Syracuse Disability Mentoring Day Oct. 21 when individuals with disabilities were mentored by staff members from Upstate departments. The departments and mentors included: Marketing and University Communications (James McKeever); Health Sciences Library (Bradley Long); Organizational Training & Development (Rena Rokicki); Environmental Services (Ray Mingo); Office of Community Outreach and Global Health Education (Andrea Leifer); and Materials Management (Michael Garver). This event was sponsored by the Office of the President and coordinated by the Office of Diversity & Affirmative Action.



This symbol represents **Engaging Excellence**, an initiative to challenge and encourage our employees to create the best workplace possible