

UPSTATE update

A publication for the SUNY Upstate Medical University community

MARCH 4 THROUGH MARCH 18, 2009

David Duggan, MD, appointed medical director of University Hospital

David B. Duggan, MD, has been appointed medical director of University Hospital of SUNY Upstate Medical University.

The appointment was recommended to University Hospital's Medical Executive (MEC) Committee by David R. Smith, MD, president of SUNY Upstate Medical University, and endorsed by the MEC Feb. 17.

As medical director, Dr. Duggan will report to the chief executive officer of University Hospital and to the dean of the College of Medicine.

Dr. Duggan became chief quality officer of University Hospital on Jan. 1,

and also serves as associate vice president for clinical affairs for SUNY Upstate. He served as chair of the Department of Medicine for 14 years.

Dr. Duggan is a 1979 graduate of SUNY Upstate's College of Medicine and has been a member of faculty since 1985. He succeeds Colleen O'Leary, MD, who had been serving as interim medical director.

Dr. O'Leary will continue in her role as medical director for Perioperative Services, reporting directly to Phillip S. Schaengold, JD, chief executive officer of University Hospital and senior vice



David B. Duggan

continued on page 6

Student Research Day to spotlight more than 60 studies March 25

Understanding human diseases and disorders and how best to treat, manage and possibly cure them begins with research in the laboratory. More than 50 research studies into diseases that range from chlamydia to cancer will be presented by students at SUNY Upstate Medical University at the Charles R. Ross Memorial Student Research Day March 25 in Weiskotten Hall. The day includes student platform presentations, a keynote talk by Peter J. Stambrook, PhD, of the University of Cincinnati College of Medicine and a student poster session.

Twelve students will begin the program by offering brief presentations on their research and fielding questions from the audience. These platform research presentation will be held from 1 to 4 p.m. in the Medical Alumni Auditorium at Weiskotten Hall. Presenters include: College of Graduate

Studies: Lindsey Crawford, Tania DasBanerjee, Miriam Donohue and Steve Hicks; College of Health Professions: Tiffani Cherry; College of Medicine: Scott J. Cameron, PhD, Jungjin Kim, Dominick Maggio, Michael Mix and Jessica Weisz; and College of Nursing: Michael Allain, RN, and Katherine Leonard, RN.

Dr. Stambrook will offer the keynote talk, titled "Genetic Variants in a DNA Damage Response Pathway Elevate the Risk of Cancer in Humans and Mice" from 4 to 5 p.m. in the Medical Alumni Auditorium at Weiskotten Hall. Dr. Stambrook's laboratory has developed a "knockout" mouse that will be useful for detecting mutagenic environments that may lead to cancer. A knockout mouse is one that is missing a single gene and is used for biomedical research. He is collaborating with a clinical group to develop

novel cancer gene therapy. Dr. Stambrook is professor and chair of the Department of Cell Biology, Neurobiology and Anatomy at the University of Cincinnati College of Medicine in Cincinnati, Ohio.

Forty-three students from SUNY Upstate's four colleges will present their research at the Student Poster Session in the Ninth Floor Cafeteria at Weiskotten Hall following Dr. Stambrook's talk. Refreshments will be served.

EAST TOWER news 
BUILDING FOR THE FUTURE AT UPSTATE

See Inside

C A M P U S B R I E F S

Please note the schedule changes for the President's Quarterly Town Hall Meetings:

Tuesday, April 14, 2009
2:00 - 3:00 p.m.
Room 2231 WH
Research Enterprise Town Hall

Tuesday, July 14, 2009
2:00 - 3:00 p.m.
Room 6500 UH
Universitywide Town Hall

Tuesday, October 13, 2009
2:00 - 3:00 p.m.
Room 2231 WH
All College Town Hall

Nominations must be received by March 6, at 4:30 p.m. by the Office of Student Support Services for the 2009 Leonard Tow Humanism in Medicine Award, presented by the Arnold P. Gold Foundation. Candidates for the award must be nominated by a student, staff or faculty member. Two \$1,000 awards will be presented to a member of faculty and to a graduating medical student who demonstrate the highest standard of integrity, excellence, compassion, altruism, respect, empathy and service in the delivery of care to patients. Awards will be presented at the College of Medicine Convocation Ceremony May 17. For criteria or more information about the nomination process, call 464-8855 or email at stuserve@upstate.edu.

The Ninth Annual Healthcare Career Expo will be held March 7, from 10 a.m. to 1 p.m. at the Institute for Human Performance, 505 Irving Ave. Information regarding the new yearlong Nursing Residency Program for graduate nurses will be available as well as information about healthcare positions. Interviews will also be conducted. For a list of current openings and to apply online,

visit upstate.edu/hr/jobs. For more information about Career Expo, call 1-800-464-8668.

To prepare for University Hospital's celebration of National Hospital Week, to be celebrated in May, SUNY Upstate photographers will take candid photos of employees March 9 through March 17 for a National Hospital Week photo collage. The photographers will be at the following locations: March 9, University Hospital basement through the third floor, including PM&R, Emergency Department, Physical Plant and Campus Security; March 10, University Hospital floors four through eight; March 11, UHCC and Joslin Diabetes Center and 550 Harrison; March 12, Jacobsen Hall, the C.A.B., Psychiatry and Behavioral Sciences and 250 Harrison St.; March 14, Regional Oncology Center/Computer Warehouse Building/Gamma Knife and IMT; March 17, Duplicating and Printing Services, IHP (clinical center/bariatrics & track/exercise area/pool), the Health Sciences Child Care Center and the Physician Office Building sites.

Submissions for the 23rd Annual Bruce Dearing Writing Award competition are being accepted by the Center for Bioethics and Humanities through March 13. The competition is open to SUNY Upstate matriculated students, residents, employees and faculty. The subject matter is open. Categories include fiction, poetry, memoir and prose. Winners will be announced and awards presented April 23. Student winners will receive a monetary award; faculty/employee winners will receive gift certificates. All submissions will be considered for publication in *The Healing Muse*. Send submissions to Deirdre Neilen, PhD, Center for Bioethics and Humanities, 725 Irving Ave., Suite 406, Syracuse, NY 13210.

The Neurosurgery Department will

sponsor Neuro Research Day, a symposium to be presented by SUNY Upstate faculty and residents on basic and clinical neuroscience research March 13, from 8 a.m. to 5 p.m. in 2231 Weiskotten Hall. Invited speakers are David G. Amaral, PhD, of the University of California at Davis, who will present "Neurobiological and Neuroimmune Strategies to Understanding Autism" at 11 a.m. and E. Antonio Chiocca, MD, PhD, of Ohio State University Medical Center, who will present "Translational Therapies for Gliomas" at 3:30 p.m.

Visit upstate.edu/heartwalk by March 13 to register with a team captain to join SUNY Upstate's Heart Walk team. Individuals who donate a minimum of \$30 (\$15 for students) will receive an Upstate team shirt. SUNY Upstate Heart Walk team captains may register their teams March 26, from 11:30 a.m. to 3 p.m. at University Hospital's second floor lobby. The Heart Walk will be held April 18, beginning at 9 a.m. at Long Branch Park in Liverpool. For more information, call 464-4263 or 464-4845.

The Creative Writing Workshop will meet March 20, from noon until 1 p.m., in the Center for Bioethics and Humanities conference room in the Physicians Office Building, Suite 406, 725 Irving Ave. For more information, e-mail gardenr@upstate.edu or call 464- 8451.

The Second World Sleep Day will be recognized March 20 under the slogan "Drive Alert, Arrive Safe." The day is recognized as a celebration of sleep and a call to action on important issues related to sleep, including medicine, education, social aspects and driving. It aims to lessen the burden of sleep problems on society through better prevention and management of sleep disorders. Antonio Culebras, MD, professor of neurology at SUNY Upstate, serves as co-chair of this world wide recognition. The World

continued on page 7

EAST TOWER **news**

BUILDING FOR THE FUTURE AT UPSTATE



East Tower pocket guide is a must-read for new addition's highlights

The East Tower Pocket Guide will be a must-read for anyone working in the East Tower expansion—or for anybody just interested in what's what in University Hospital's newest six-story expansion that is slated to open this summer.

The 23-page directory will provide readers with a top-to-bottom inventory of what comprises the addition and how to get from point A to point B.

"The guide primarily will be used to educate staff members whose current job location will move to the East Tower expansion," said Leola Rodgers, an associate hospital administrator and co-chair of the East Tower Communications and Wayfinding/Signage subcommittees. "It's one of our staff education training materials for the new location."

The guide begins with the reminder that the East Tower designation corresponds to all floors located on the east side of the hospital, beginning with the second floor, which houses the Emergency Department and Physical Medicine and Rehabilitation.

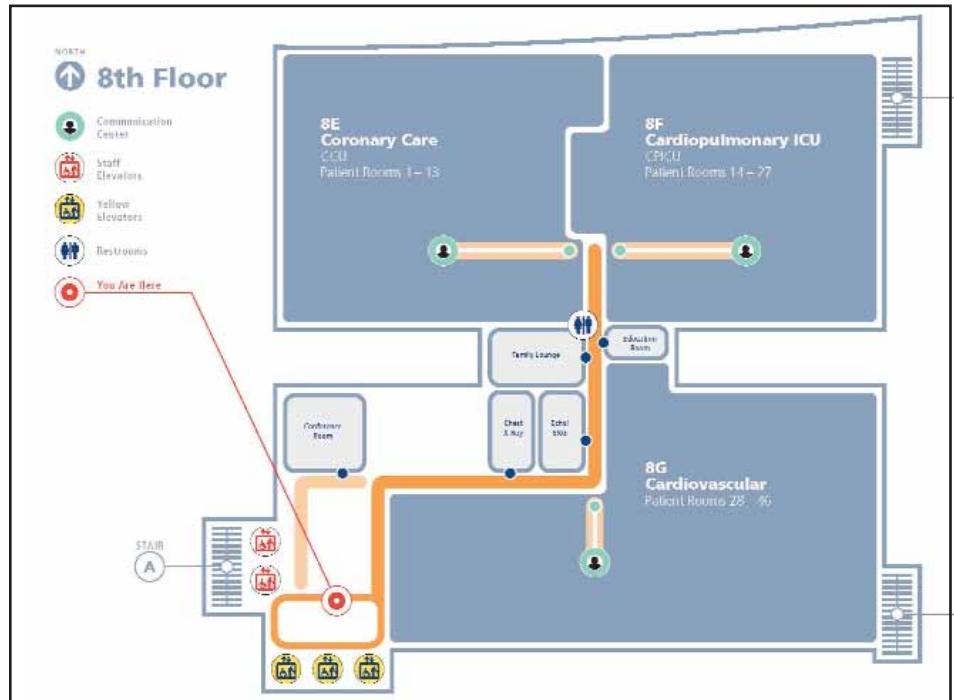
Existing floors that provide services supportive of the East Tower also include the following:

Third Floor: Radiology, Catherization Lab and Electrophysiology; Olivia Pietrafesa Center for Children's Surgery; Gastroenterology and Endoscopy Suite and the Pediatric Imaging Center. (Opening will coincide with opening of Golisano Children's Hospital.)

Fourth Floor: Mechanical equipment and receiving area.

Fifth Floor: Operating Suites, Post Anesthesia Recovery (PACU); Anesthesiology clinical space and surgical waiting room.

Sixth Floor: Medical and Surgical



You Are Here sign for the eighth floor. Similar signs will be located on various floors.

Intensive Care Units and MICU/SICU Intermediate Care Unit and Clark Burn Center.

Seventh Floor: Heating and ventilating systems and storage.

New floors in the East Tower expansion and their functions are:

Eighth Floor: Cardiovascular Services, including Coronary Care Unit (CCU); Cardiopulmonary ICU (CPICU); Cardiovascular patient rooms; and chest X-ray, stress and echocardiogram rooms.

Ninth Floor: Neuroscience Services, including Neurosciences intermediate care; Neurosciences ICU (Neuro ICU); Neurosciences patient rooms; and rehabilitation therapy and staff and family education room.

Tenth Floor: Adult Oncology Services, including general oncology,

medicine; Bone Marrow Transplant unit; and other areas such as Apheresis.

Eleventh Floor: Golisano Children's Hospital, including pediatric surgery, pediatric hematology/oncology, rehabilitation therapy and hydrotherapy rooms, lactation room, classroom and staff and family education room, performance center and café.

Twelfth Floor: Golisano Children's Hospital, including general medical pediatric patient rooms; Adolescent Medicine; and others areas, such as the Family Resource Center.

Information in the guide will ultimately be incorporated in the Patient Handbook and be available on the Web. The guide, which is being produced by Printing and Duplication

continued on page 4



An adult patient room in the intensive care unit nears completion. The alcove at right will house the caregiver workstation.

Pocket Book—*continued from page 3*

Services, is but one element of a full spectrum of approaches that are being used for staff education.

Ensuring that staff who will call the new floors in the East Tower “home” and other employees who will need to regularly do business on those floors have a deep understanding of the new units is a top priority for the hospital.

“Staff training is essential to bring this well-designed and wonderful space to its full potential,” said Kate Mitchell, RN MSN ANP, clinical educator and chair of the East Tower Education Subcommittee.

Mitchell noted that staff training will incorporate tours of the new space, vendor-provided training for new

equipment and, most importantly she says, education on the new care paradigm.

“The concept of patient and family-focused care is going to be a distinctive feature of our care here, especially since this new space will be so welcoming and so accommodating for families,” she said.

Vendors will train staff members on the use of a variety of new equipment that will be in the East Tower expansion, such as the patient lifts and a new nurse call system.

Mitchell says training also will incorporate emergency preparedness.

Staff training will also be done on the Web with Blackboard applications as well as in-person tours.

Mitchell said that while some individuals have already toured the new floors, staff education tours will not begin until the university takes beneficial occupancy of the floors, which is expected in mid to late April. Beneficial occupancy means that the hospital can begin moving equipment and furnishing the units. A preliminary and final review of the facility by the state Health Department is needed before patients are transferred to the new units.

“The excitement surrounding the opening of these new units is really starting to build,” Rodgers said. “But there’s still plenty of work to do before we’re open for business.”

Track progress online

SUNY Upstate employees can keep current on the East Tower expansion progress by visiting: www.upstate.edu/uha/intra/verticalexp.

This site provides all minutes of committee meetings that comprise the East Tower planning process.

While the Steering Committee oversees the process, various subcommittees have been charged with various responsibilities as noted by their subcommittee names: Acquisition/Procurement Subcommittee, Operational Logistics Subcommittee, Technology Subcommittee, Communication Subcommittee, Construction Logistics Subcommittee.

An additional East Tower Web site is under construction. A live view of the construction site, which has been available on the Web since work began on the project, is at: www.upstate.edu/gch/webcam/webcam.php



Technology of convenience

A movable medical gas column is one of the many new items that are included in the East Tower expansion. These columns are included in the pediatric intensive care unit rooms and enable caregivers to move unhindered around the patient's bed.

Officials eye mid-April for beneficial occupancy

SUNY Upstate Medical University plans on taking beneficial occupancy of the East Tower addition in mid to late April.

Beneficial occupancy means that the hospital can begin moving equipment and furnishing the units.

A preliminary and final review of the facility by the state Health Department is needed before patients are transferred to the new units.

Nina Popow, assistant planner for hospital planning, said work on floors seven through 10 is nearing completion.

“There still is some significant work to finish, but when you look at the project in total, we’re nearing the finish line,” she said.

Popow said among the work that remains is flooring and cabinetry

installation on several floors as well as the installation of doors to the private patient rooms and some bathroom fixtures.

Popow said once beneficial occupancy has been granted to the new addition, furniture and equipment will be moved into place.

There is still a significant review and inspection process before patients can be transferred to the new unit. Popow said an inspection that reviews life safety, such as fire and smoke alarm systems, and other patient safety systems must be completed before the state Health Department undertakes a complete review of the addition. That review, which includes a tour and an examination of supporting documents, could take one month.

East Tower facts

Patient beds in the East Tower expansion:

209

Tons of steel used in East Tower expansion:

2,200

Number of people (construction, non-hospital) helping to build the expansion:

225

Height of tower from ground floor (Irving Ave side) to top:

143 feet

University Hospital celebrates National Child Life Month in March

A free community training session to address the challenges children with autism, severe developmental delay and mental retardation face during medical treatment; activities for pediatric patients; media interviews; and informational displays are some of the ways that University Hospital of SUNY Upstate Medical University will celebrate National Child Life Month in March. The celebration honors and acknowledges the work of University Hospital's eight-member team of certified child life specialists.

The training session—"Special Needs Advocacy Partners" (SNAP)—will be presented by certified Child Life Specialist Gail Klaymann, MSeD, from Cincinnati Children's Hospital, where the SNAP program was developed. University Hospital is only the second hospital in the United States to have received this specialized training. Sponsored by University Hospital's Child Life Program and the Department of Pediatrics, the SNAP program will be held March 24, from 8 a.m. to 4 p.m. in the Crouse Marley Education Center. To register, contact Kara Judd-Litera at juddlitk@upstate.edu.

University Hospital's pediatric patients, their families and the staff from the Department of Pediatrics can add to Child Life Month festivities by wearing a favorite team apparel March 6 (Sports Day); clothing featuring a favorite cartoon character March 13 (Cartoon Day); "Wear a Children's Hospital Shirt Day" March 20; and Hawaiian-themed clothes March 27 (Aloha Day).

Child life specialists also gave each pediatric patient a balloon on Balloon Day March 2 and have planned related activities for each pediatric unit throughout the week, including a "Zoo To You" program March 27, at 1 p.m. in the 4C conference room in University Hospital.

The community is also invited to learn more about the services offered by University Hospital's Child Life Program by visiting the Child Life Information Table Thursdays, March 2, 12 and 19, from 11 a.m. to 1 p.m. in



Child life specialist Sue Karl works with Jah'measha W. during a patient and family art project in the pediatric unit.

University Hospital's second floor lobby.

Child life specialists are child development experts who promote effective coping through play, preparation, education, and self-expression activities for children and their family members who face challenging experiences, particularly those related to healthcare and hospitalization. They play a vital role in educating caregivers, administrators and the general public about the needs of children under stress.

Through patient education, University Hospital's child life specialists make a hospital stay or doctor's visit a positive experience for the child and their family. "When the child and the family is prepared and understands what to expect during a visit or hospitalization, they are less apt to be anxious about the experience," said Margaret Nellis, manager of University Hospital's Child Life program.

In addition to Nellis, University Hospital's child life specialists are Kara Judd-Litera, Sue Karl, Marsha Kernan, Regina Lozito, Colleen Baish, Janice Whitcombe and Brittany Metcalf.

Their day-to-day responsibilities include coordinating pre-admission tours, offering support and distraction during medical procedures, playroom activities and other special events, serving as advocates on behalf of families and children of all ages and developing and implementing staff education initiatives.

Dr. Duggan—continued from page 1

president for Hospital Affairs.

Dr. O'Leary is also vice chair of the Department of Anesthesiology. She has been designated to become president of the University Hospital Medical Staff effective April.

Dr. Duggan's responsibilities as medical director and chief quality officer fit with his role as associate vice president regarding monitoring and improvement of outcomes, quality, and service for the hospital and practices, as liaison between clinical and information systems, and in other clinical initiatives, as well as his ongoing chairmanship of the Practice Standards Task Force.

Campus Briefs—*continued from page 2*

Association of Sleep Medicine and many groups in different countries sponsor World Sleep Day. For more information about World Sleep Day and sleep disorders, visit worldsleepday.wasmonline.org.

March 20 is the deadline to register for SUNY's Bring Your Child to Work Day April 23. The day will feature a program that explores the world of clinical care/nursing and trauma. Participants must be a child or grandchild of a SUNY Upstate employee. Up to 30 children in each of the following age groups will be accepted: 7-10, 11-14 and 15-17. The deadline to register is March 20. For more information, call Maryann Fields at 464-4773 or Barb Riggall at 464-4964. Program details and required area available by visiting upstate.edu/hr/jobs/trauma_kids.php.

March 20 is the deadline to submit artwork for SUNY Upstate's On My Own Time art show to be held in April at the Health Sciences Library. Contact Olivia Maggio at maggioj@upstate.edu

for more information.

The SUNY Upstate community is invited to welcome new faculty members at the second annual Celebration of Faculty reception March 23 at the Institute for Human Performance, 505 Irving Ave. The reception, to be held from 4:30 to 5 p.m., will be followed by a program that includes the recognition of faculty members who have promoted and/or tenured during this past year and of the recipients of SUNY Upstate's second annual Gold Standard awards.

Joslin Diabetes Center will present its annual Diabetes Alert Day March 24, from 5 to 7 p.m. at HealthLink/Oasis in ShoppingTown Mall, DeWitt. Certified diabetes educators will discuss pediatric and adult treatment and disease management; living well with diabetes, including nutrition and meal-planning, exercise, psychosocial concerns, managing glucose levels, insulin; clinical trials; and prevention tactics; and food and cooking tips. To register, call Health Connections at 464-8668.

Applications for the 2009-2010 Grant Funding Program of Advocates for Upstate Medical University will be accepted until 4 p.m. March 24. The grants, which total \$2,500 for each approved project, are meant to improve patient care and satisfaction, support medical education and enhance community health. Applicants will be notified of decisions made by the Grant Funding Committee, led by Treasurer Joan Thorn and Assistant Treasurer Nancy Chepenuk, in May. Funding will be available June 1. Application and guidelines are available by visiting upstate.edu/advocates/grant_funding.php, or by calling Jennifer Emmi at 464-5610.

SUNY Upstate's College of Graduate Studies will sponsor its 2009 PhD Admissions Program Recruitment Days March 29 and 30. For additional information, contact Dr. Daniel Ts'o at 464-5531, e-mail tsod@upstate.edu or Sandi Tillotson at 464-7655, e-mail tillotss@upstate.edu.

Lunch-n-Learn Programs to recognize Social Work Awareness Month

SUNY Upstate Medical University will celebrate March as Social Work Awareness Month with free Lunch-n-Learn programs, titled "Lessen Your Stress," to be presented March 6, 17, 25 and April 1, at 11:30 a.m. and at noon, in 2402 University Hospital (second floor small cafeteria); and March 10, 24 and 31, same times, in the fifth floor large conference room at UHCC. Attendees are invited to bring a lunch and learn how to survive in a stressful workplace.

University Hospital programs:

- March 6: "Stress Busters—Measuring Your Own Stress and Getting Help: Upstate's Employee Assistance Program (EAP) Can Show the Way," to be presented by Sarah-Lee Ritchie, LMSW;
- March 17: "Relaxation—Self Renewal in the Work Place and At Home," to be presented by Louise Fenton, LCSW-R;
- March 25: "Nutrition and Stress,"

to be presented by Terry Podolak, RD; and

- April 1: "Making Exercise a Part of Life," to be presented by Janice Lazarski, DPT, PT.

UHCC programs:

- March 10: "Relaxation - Self Renewal in the Work Place and At Home," to be presented by Nancy Calhoun, LMSW and Taisa Reynolds, LMSW;
- March 24: "Nutrition and Stress" to be presented by Heather Richardson, RD;
- March 31: "Making Exercise a Part of Life" to be presented by Janice Lazarski, DPT, PT.

Drawings will be held at each program for a "Lessen Your Stress" gift basket. The basket will be presented to the winner at the end of the last Lunch-n-Learn session.

SUNY Upstate's social workers are members of the Continuum of Care Department who provide supportive

intervention services to patients and their families, serving as an intricate part of the process of helping patients and families cope with trauma or health concerns.

In addition to patients and families, social workers are an important resource for staff, providing support to mitigate post-traumatic stress.

Social workers at SUNY Upstate are available 24 hours a day, seven days a week, including weekends and holidays. They are required to have a master's degree in social work and a New York State License (LMSW). In addition to the LMSW, some social work staff members have achieved a Licensed Clinical Social Worker (LCSW) or Licensed Clinical Social Worker-R (LCSW-R) status.

For more information about services provided by the Department of Continuum of Care, call 464-6161.

Register for workshops at www3.upstate.edu/hr/training, click Management Development. HealthLink Seminars are free, unless otherwise noted, and are open to all. Call HealthConnections at 464-8668 or visit upstate.edu/healthlink to register.

March 4. 1 to 2 p.m. 1307D University Hospital.

Webinar. “Challenging Microbes—Practice Guidance for Healthcare Environmental Cleaning” will describe the epidemiology of challenging microbes as well as present the ES tools for safeguarding healthcare facilities.

March 5 and 19. 1 to 3 p.m. 205 Jacobsen Hall.

Workshop. “Upstate Stars Recognition Program” will discuss the benefits of recognition, innovative ways to recognize employees and recognition tools.

March 5. 9 to 11 a.m. 205 Jacobsen Hall.

Workshop. “Understanding Compliance at University Hospital for Managers will focus on why University Hospital has a compliance program, the details of the program and what is needed to maintain institutional compliance.

March 5. 6 to 7 p.m. HealthLink/Oasis, ShoppingTown Mall, DeWitt.

HealthLink Seminar. “Urinary Leakage: Can You Laugh with Confidence?” will review the types of urinary incontinence and what can be done to help. *Program is for adults.*

March 7. 9 to 11 a.m. Bethany Baptist Church, 194 Beattie St., Syracuse.

Annual Health Information Forum. Bruce Simmons MD, director of Student and Employee Health, will present “Hypertension: the Secret Killer.” Free blood pressure screening will be available and a continental breakfast will be served until 9:45 a.m. Contact 445-1889 (Mary) or 457-9275 (Virginia) for reservations and more information.

March 9. 6 to 8 p.m. Sheraton Syracuse University Hotel and Conference Center, 801 University Ave., Syracuse.

Visiting Professorship Program of the Department of Medicine, Cardiology Division. “New Advances in the Treatment of Atrial Fibrillation” will be presented by Moussa Mansour, MD, of Massachusetts General Hospital. Dr. Mansour will also perform seven complex electrophysiology cases with SUNY Upstate physicians during the week. The program is sponsored by the Electrophysiology Laboratory-Heart Rhythm Center. Reception with hors d’oeuvres and beverages at 6 p.m. Dr. Mansour’s presentation to begin at 6:30 p.m.

March 9. 6 to 7 p.m. HealthLink/Oasis, ShoppingTown Mall, DeWitt.

HealthLink Seminar. “Depression in Children and Adolescents” will discuss the signs and symptoms of depression in children and effective ways to evaluate and treat it.

March 10. 9 to 11 a.m. 1328B University Hospital.

Workshop. “What Every Supervisor Needs to Know About Employee Absences” will discuss when and how employees request a leave of absence, the importance of understanding the Family and Medical Leave Act (FMLA), and how to report work-related injuries or illnesses.

March 10. Noon to 8 p.m. 3507 Setnor Academic Building.

Workshop. “Workplace Violence: CPI Non-Violent Crisis Intervention” will teach how to respond effectively to the warning signs that someone is beginning to lose control and address how staff can deal with their own stress, anxieties and emotions when confronted with challenging situations.

March 11. 9 to 11 a.m. 205 Jacobsen Hall.

Workshop. “Quality Management and Outcomes Measurement” will

provide managers with a general overview of University Hospital’s Organizational Quality, Management & Improvement Plan.

March 11. 1 to 2 p.m. 1159 Weiskotten Hall.

Audioconference. “Handling Difficult Conversations: Keys to Stopping Bad Behavior” will provide the tools to make these conversations happen sooner, go more smoothly and produce better outcomes.

March 11. 6 to 7 p.m. Liverpool Library, 310 Tulip St., Liverpool.

HealthLink Seminar. “Learning to Learn: Using Neuroscience to Improve Adolescent Study Habits and Learning” will provide practical strategies to improve learning based on research. The intended audience for this presentation is middle and high school students and their parents.

March 12. 6 to 7 p.m. HealthLink/Oasis, ShoppingTown Mall, DeWitt.

HealthLink Seminar. “Colonoscopy: The Whole Story” will discuss the colonoscopy procedure, colon cancer screening protocol, virtual colonoscopy, and barium enema testing.

March 13. 8 a.m. to 3:30 p.m. Syracuse Stage, 820 E. Genesee St., Syracuse.

Sixth Annual Seymour Fisher Memorial Workshop. “Suicidal Behavior and Comorbid Disorders: A Life-span Treatment Perspective.” Presenter Donald Meichenbaum, PhD, of the University of Waterloo, Ontario, Canada, will use case presentations to better understand the phenomenology of depressed and suicidal patients. The value of a Constructive Narrative perspective will be highlighted. For more information, call 464-3104 or e-mail thorpl@upstate.edu.

March 13. 9 a.m. to noon. 1328B University Hospital.

continued on page 9



Children's book illustrator visits UH

Syracuse book illustrator London Ladd, right, visited University Hospital's pediatric units Feb. 18 to talk about his illustrations for the children's book, "March On!: The Day My Brother Martin Changed the World," written by Christine King Farris, sister of the Rev. Dr. Martin Luther King Jr. Ladd gave the pediatric patients sketchbooks. The children also received autographed copies of "March On!," made possible in part through funding provided by The Shannon Froio Foundation. Ladd also appeared on Rev. Weez's Story Hour, a program of University Hospital's Spiritual Care Services. Photographed with Ladd are University Hospital patient Alyssa Bell, far left, her sister, Amelia, seated at table, and their mother, Julie Bell. Ladd's appearance at the hospital was coordinated by Colleen Baish, child life specialist, as part of SUNY Upstate's Black History Month celebration.

Seminars—continued from page 8

Workshop. "DISC Personal Profile" will help participants to discover their personal style and that of others to build understanding versus judging.

March 16. 6 to 8 p.m. HealthLink/Oasis, ShoppingTown Mall, DeWitt.

*HealthLink Seminar. "Mindful Eating" will teach what triggers eating and how to manage weight without dieting or succumbing to fads. Call 464-6052 to register or visit upstate.edu/stress for fees and additional information. *Course fee and registration required.

March 17. 6 to 7 p.m. HealthLink/Oasis, ShoppingTown Mall, DeWitt.

HealthLink Seminar. "Diabetes 101" will focus on basic information about what diabetes is, how it is treated and how to manage it safely.

March 18. 6 to 7 p.m. Liverpool Library, 310 Tulip St., Liverpool.

HealthLink Seminar. "Spirituality and Health: Coping with Cancer" will explore spirituality and health and how spirituality can assist with coping when dealing with cancer.

March 19. 1 to 2 p.m. 6703a University Hospital.

Workshop. "Computer Skills for PSLs" will teach GroupWise, Microsoft Word, and Internet skills. Open to any level of computer ability. PSLs have first consideration, but all are welcome. Call

Lauren Brady 464-4407 to arrange for evening classes.

March 19. 2 to 4 p.m. 205 Jacobsen Hall.

Workshop. "Diversity Management in Healthcare" explores the historical context for understanding diversity and looks at the legal, moral, and business cases for valuing diversity in a health-care environment. Best practices are identified and staff competencies are generated at the conclusion of the course.

March 20. 7:30 a.m. to 4:30 p.m. Sheraton Syracuse University Hotel and Conference Center, 801 University Ave., Syracuse.

The 13th Annual HIV/AIDS Update: "HIV in Challenging Times, Caring for You and Your Patient," for all health-care professionals interested in the care of patients with HIV Disease, will cover topics including epidemiology, basic antiretroviral therapy, neurological complications of HIV disease, antisocial personality disorder, what's new at the AIDS Institute, the public health impact of STD's and pregnancy and HIV. Continuing education contact hours have been applied for. The fee (MD/DO \$90, PA/NP/RN \$75, Student RN \$45) includes tuition, meals, and parking in the hotel garage. For more information, questions and access to registration materials call 464-7313 or e-mail napierkm@upstate.edu.

March 24. 8:30 to 11:30 a.m. 1328B University Hospital.

Workshop. "Communication Skills" will provide participants with communication skills, including listening, assertion and conflict resolution.

March 25. 9 to 11 a.m. 205 Jacobsen Hall.

Workshop. "Hiring for CSEA - Represented Employees" will include how to review appropriate paperwork, documentation and Civil Service requirements.

March 26. 9 to 11:30 a.m. 205 Jacobsen Hall.

Workshop. "Fundamentals of PEF and CSEA Performance Evaluations" will review the purpose, process and timelines associated with developing PEF and CSEA Performance Programs and Performance Evaluations.

March 31. 9 to noon. 1328B University Hospital.

Workshop. "Crucial Confrontations" will help participants to sharpen their skills to better address unwanted behavior and violated expectations.

March 31. 2 to 4:30 p.m. 205 Jacobsen Hall.

Workshop. "UUP Performance Management Fundamentals" will review the purpose, process, and timelines associated with developing UUP Performance Programs and Performance Evaluations in accordance with the Memorandum of Understanding (MOU).

Wednesday, March 4

Anesthesiology Grand Rounds. 6:45 to 8 a.m. Medical Alumni Aud., Wsk. Hall.

Otolaryngology Grand Rounds. 7 to 8 a.m. 6500 University Hospital.

Surgery Morbidity/ Mortality Conference. 7 to 8 a.m. 2231 Wsk. Hall.

Orthopedic Grand Rounds. "Lisfranc Injuries." Scott Skroth, MD. 8 to 9 a.m. 6500 University Hospital.

Neuroscience Grand Rounds. "Clinical Trials in Anterior Horn Cell Disease: What Have We Learned?" Jeremy M. Shefner, MD, PhD, Upstate Medical University. 8 to 9 a.m. 103 Wsk. Hall.

Surgery Grand Rounds. "Hereditary Colorectal Cancer." Joseph DiRocco, MD, Upstate Medical University. "Desmoid Tumors: A review of the Literature." Jorge Posadas, MD, Upstate Medical University. 8 to 9 a.m. 2231 Wsk. Hall.

Pediatric Grand Rounds. "Pediatric Adenovirus Infections: Our Local Experience." Roberta Moro, MD, Upstate Medical University. 9:15 to 10:30 a.m. 6500 University Hospital.

• **Rev. Weez's Storytime.** Noon. Interfaith Chapel, University Hospital.

Webinar. "Challenging Microbes—Practice Guidance for Healthcare Environmental Cleaning." 1 to 2 p.m. 1307D University Hospital.

Spiritual Care Grand Rounds. 4 to 5:15 p.m. First Floor Conference Room, Setnor Academic Bldg.

Burn Survivors Support Group. 5 to 7 p.m. 6551 University Hospital.

Campus Activities Governing Board Meeting. 5:30 p.m. 115 C.A.B.

Thursday, March 5

SUNY Upstate New Employee Orientation. 7 a.m. to 3:30 p.m. East Lounge, C.A.B.

Medicine Grand Rounds. "Update on Minimally Invasive Cardiac Surgery." Gregory Fink, MD, Upstate Medical University. 8:30 a.m. Medical Alumni Aud., Wsk. Hall.

Workshop. "Understanding Compliance at University Hospital." 9 to 11 a.m. 205 Jacobsen Hall.

Child Life Program Information Table. 11 a.m. to 1 p.m. Second floor lobby, University Hospital. An activity of Child Life Month.

Psychiatry Grand Rounds. "Pharmacological Treatment of Neurobehavioral Sequelae of Traumatic Brain Injury." Carolina Arevalo, MD, Upstate Medical University. 12:30 to 2 p.m. PBS Building, 713 Harrison St. Syracuse.

Workshop. "Upstate Stars Recognition Program." 1 to 3 p.m. 205 Jacobsen Hall.

Nursing Grand Rounds. "Condition Yellow: A Hospital-wide Approach to Emergency Department Overcrowding." Lisa Hoyle, MS, RN, Upstate Medical University. 1:30 to 2:30 p.m. 103 Wsk. Hall.

WebCAIS for Travel RNs. 1:30 to 5:30 p.m. Classroom D, Institute for Human Performance. Contact Barb Bennett 464-9267 or e-mail bennettb@upstate.edu with questions.

Vascular Conference. 5 p.m. 8800 University Hospital.

HealthLink Seminar. "Urinary Leakage: Can You Laugh with Confidence?" Adonis Hijaz, MD, Upstate Medical University. 6 to 7 p.m. HealthLink/Oasis, ShoppingTown Mall, DeWitt.

Friday, March 6

SUNY Upstate New Employee Orientation. 7 a.m. to noon. East Lounge, C.A.B.

Obstetrics/Gynecology Post Graduate Education Conference. "Update in Fetal Monitoring." 7:30 to 10:30 a.m. Marley Education Ctr.

Clinical Hands-on Practice Orientation (CHOP). Noon to 3:30 p.m. East Lounge, C.A.B.

Lunch-n-Learn Program. "Stress Busters—Measuring Your Own Stress and Getting Help: Upstate's EAP Can Show the Way." 11:30 a.m. and Noon. 2402 University Hospital (second floor small cafeteria).

• **Mass.** Noon. Interfaith Chapel, University Hospital.

Saturday, March 7

Health Information Forum. 9 to 11 a.m. Bethany Baptist Church, 194 Beattie St., Syracuse.

Ninth Annual Healthcare Career Expo. 10 a.m. to 1 p.m. Institute for Human Performance, 505 Irving Ave., Syracuse.

• **Mass.** 4 p.m. Interfaith Chapel, University Hospital.

Sunday, March 8

Healthlink on Air. 9 to 10 a.m. WSYR-570 AM.

• **Mass.** Noon. Interfaith Chapel, University Hospital.

Monday, March 9

• **Mass.** Noon. Interfaith Chapel, University Hospital.

Biochemistry and Molecular Graduate Student Seminar. "Ssk2: The MAPKKK at the Crossroads of Cytoskeletal and Chemical Osmoadaptation." Richard Mangio, Upstate Medical University. Noon. 2231 Wsk. Hall.

Yoga Class. 5 to 6:15 p.m.

East Lounge, C.A.B. Call Dawn at 464-9391 for more information.

Cardiology Division Visiting Professorship Program. "New Advances in the Treatment of Atrial Fibrillation." Moussa Mansour, MD, Massachusetts General Hospital. 6 to 8 p.m. Sheraton Syracuse University Hotel and Conference Ctr., 801 University Ave., Syracuse.

HealthLink Seminar. "Depression in Children and Adolescents." Wanda Fremont, MD, Upstate Medical University. 6 to 7 p.m. HealthLink/Oasis, ShoppingTown Mall, DeWitt.

Tuesday, March 10

Workshop. "What Every Supervisor Needs to Know About Employee Absences." 9 to 11 a.m. 1328B University Hospital.

Workshop. "Workplace Violence: CPI Non-violent Crisis Intervention." Noon to 8 p.m. 3507 Setnor Academic Bldg.

HealthLink Seminar. "Quit Smoking For Good..And For Free." Cynthia Cary, RRT, Upstate Medical University. Noon to 1 p.m. HealthLink/Oasis, ShoppingTown Mall, DeWitt.

• **Weekly Prayer Service.** Noon. Interfaith Chapel, University Hospital.

Lunch-n-Learn Program. "Relaxation-Self Renewal in the Work Place and At Home." 11:30 a.m. and Noon. Fifth Floor Conference Rm., UHCC.

Vocera. 1 to 3 p.m. Institute for Human Performance, Classroom C. Contact Derek Hawkins at 464-1400 or at hawkinsd@upstate.edu with questions.

Spiritual Fitness. 3 p.m. 2N, PM & R Dayroom, University Hospital.

Infectious Diseases

Conference. Shelley Gilroy, MD, Upstate Medical University. 4 p.m. 304 Crouse Physician's Office Bldg., Irving Avenue, Syracuse.

Wednesday, March 11

Anesthesiology Grand Rounds. 6:45 to 8 a.m. Medical Alumni Aud., Wsk. Hall.

Otolaryngology Grand Rounds. 7 to 8 a.m. 6500 University Hospital.

Surgery Morbidity/ Mortality Conference. 7 to 8 a.m. 2231 Wsk. Hall.

WebCAIS/Groupwise Class (Licensed). 7:30 a.m. to noon. Classroom D, Institute for Human Performance.

Neuroscience Grand Rounds. "Epilepsy in Women." Rabia Rizwana, MD, Upstate Medical University. 8 to 9 a.m. 103 Wsk. Hall.

Orthopedic Grand Rounds. R. Grant Mostak, MD. 8 to 9 a.m. 6500 University Hospital.

Surgery Grand Rounds. "Endocrine Tumors of the Abdomen." Howard M. Simon, MD, Upstate Medical University. 8 to 9 a.m. 2231 Wsk. Hall.

Workshop. "Quality Management and Outcomes Measurement." 9 to 11 a.m. 205 Jacobsen Hall.

Pediatric Grand Rounds. "My Last Hurrah: Maybe." Frederick Roberts, MD, Upstate Medical University. 9:15 to 10:30 a.m. 6500 University Hospital.

Emergency Medicine Grand Rounds. 10:30 to 11:30 a.m. 103 Wsk. Hall.

• **Rev. Weez's Storytime.** See 3/4 listing.

Audioconference. "Handling Difficult Conversations: Keys to Stopping Bad Behavior." 1 to 2 p.m. 1159 Wsk. Hall.

continued on page 11

Calendar—cont'd.. from page 10

Vocera. See 3/10 listing.

Undergraduate Student Council Meeting. 6 p.m. West Lounge, C.A.B.

Graduate Student Council Meeting. 6 p.m. 115 C.A.B.

HealthLink Seminar. “Learning to Learn: Using Neuroscience to Improve Adolescent Study Habits and Learning.” Kevin Antshel, PhD, Upstate Medical University. 6 to 7 p.m. Liverpool Public Library, 310 Tulip St., Liverpool.

Thursday, March 12

Nursing Services Orientation (NSO). (PSC, monitor techs, psych therapy techs). 8 a.m. to 12:15 p.m. (RN, LPN, GN, GPN, CT, UST). 8 a.m. to 3:30 p.m. 1328b University Hospital.

Medicine Grand Rounds. 8:30 to 9:30 a.m. 1159 Wsk. Hall.

Child Life Program Information Table. See 3/5 listing.

Psychiatry Grand Rounds. “The Anatomy of Prejudices and Prejudice Against Children.” Elisabeth young-Bruehl, PhD, Columbia University. 12:30 to 2 p.m. PBS Building, 713 Harrison St. Syracuse.

Vocera. See 3/10 listing.

Vascular Conference. 5 p.m. 8800 University Hospital.

HealthLink Seminar. “Colonoscopy: The Whole Story.” Debra Malay, RN, BSN, Upstate Medical University. 6 to 7 p.m. HealthLink/Oasis, ShoppingTown Mall, DeWitt.

Friday, March 13

WebCAIS/Groupwise Class (Non-licensed). 7:30 a.m. to noon. Classroom D, Institute for Human Performance.

Obstetrics/Gynecology Grand Rounds. David Duggan, MD, Upstate Medical University. 7:30 a.m. Marley Education Ctr.

Sixth Annual Seymour Fisher Memorial Workshop. “Suicidal Behavior and Comorbid Disorders: A Life-span Treatment Perspective.” Donald Meichenbaum, PhD, University of Waterloo. 8 a.m. to 3:30 p.m. Syracuse Stage, 820 E. Genesee St. Syracuse.

Neuro Research Day. 8 a.m. to 5 p.m.

2231 Wsk. Hall.

Workshop. “DISC Personal Profile.” 9 a.m. to noon. 1328B University Hospital.

Lecture. “Neurobiological and Neuroimmune Strategies to Understanding Autism.” David G. Amaral, PhD, University of California at Davis. 11 a.m. 2231 Wsk. Hall. Part of Neuro Research Day.

• **Mass.** See 3/6 listing.

Lecture. “Translational Therapies for Gliomas.” E. Antonio Chiocca, MD, PhD, The Ohio State University Medical Center. 3:30 p.m. 2231 Wsk. Hall. Part of Neuro Research Day.

Saturday, March 14

• **Mass.** See 3/7 listing.

Sunday, March 15

Jersey Boys Rochester Theatre Trip. Reservations only. Sponsored by C.A.G.B.

Healthlink on Air. See 3/8 listing.

• **Mass.** See 3/8 listing.

Monday, March 16

• **Mass.** See 3/9 listing.

Yoga Class. See 3/9 listing.

HealthLink Seminar. “Mindful Eating.” Lisa Kaufmann, MD, Terry Podolak, RD, Upstate Medical University. 6 to 8 p.m. HealthLink/Oasis, ShoppingTown Mall, DeWitt. Course fee and registration required. Call 464-6052.

Tuesday, March 17

• **Weekly Prayer Service.** See 3/10 listing.

Lunch-n-Learn Program. “Relaxation—Self-Renewal in the Work Place and at Home.” 11:30 a.m. and Noon. 2402 University Hospital (second floor small cafeteria).

HealthLink Seminar. “Quit Smoking For Good..And For Free.” See 3/10 listing.

Spiritual Fitness. 3 p.m. 2N, PM & R Dayroom, University Hospital.

Infectious Diseases Conference. Timothy Endy, MD, MPH, Upstate Medical University. 4 p.m. 304 Crouse Physician’s Office Bldg..

HealthLink Seminar. “Diabetes 101.”

6 to 7 p.m. HealthLink/Oasis, ShoppingTown Mall, DeWitt.

Wednesday, March 18

Anesthesiology Grand Rounds. 6:45 to 8 a.m. Medical Alumni Aud., Wsk. Hall.

Otolaryngology Grand Rounds. 7 to 8 a.m. 6500 University Hospital.

Surgery Morbidity/ Mortality Conference. 7 to 8 a.m. 2231 Wsk. Hall.

Neuroscience Grand Rounds. “The Naked Intensivist: Why Do We Treat Vasospasm As We Do.” Jesse J. Corry, MD, Upstate Medical University. 8 to 9 a.m. 103 Wsk. Hall.

Orthopedic Grand Rounds. Scott Schweizer, MD. 8 to 9 a.m. 6500 University Hospital.

Surgery Grand Rounds. 8 to 9 a.m. 2231 Wsk. Hall.

Pediatric Grand Rounds. “Perinatal Autopsy and Syndrome Diagnosis: Quality Control for Prenatal Diagnosis.” Robert R. Lebel, MD, Upstate Medical University. 9:15 to 10:30 a.m. 6500 University Hospital.

• **Rev. Weez’s Storytime.** See 3/4 listing.

Pathology Grand Rounds. Noon. 6717 University Hospital.

Center for Children’s Health Policy Seminar. “Global Progress Toward the Millennium Development Goals for Children.” 3 to 4 p.m. 9299 Wsk. Hall.

HealthLink Seminar. “Spirituality and Health: Coping with Cancer.” Rev. Terry Culbertson, Upstate Medical University. 6 to 7 p.m. Liverpool Public Library, 310 Tulip St., Liverpool.

Thursday, March 19

SUNY Upstate New Employee Orientation. 7 a.m. to 3:30 p.m. East Lounge, C.A.B.

60-Day Retention Program. 7:45 to 8:45 a.m. or 3:45 to 4:45 p.m. 1403 University Hospital.

Medicine Grand Rounds. David Duggan, MD, Upstate Medical University. 8:30 to 9:30 a.m. 1159 Wsk. Hall.

Child Life Program Information Table. See 3/5 listing.

Psychiatry Meeting for Full-time Faculty. Noon to 2 p.m. PBS Building, 713 Harrison St. Syracuse.

Workshop. “Computer Skills for PSLs.” 1 to 2 p.m. 6703A University Hospital.

Workshop. “Upstate Stars Recognition Program.” 1 to 3 p.m. 205 Jacobsen Hall.

WebCAIS for Travel RNs. See 3/5 listing.

Workshop. “Diversity Management in Healthcare.” 2 to 4 p.m. 205 Jacobsen Hall.

Vascular Conference. 5 p.m. 8800 University Hospital.

Friday, March 20

SUNY Upstate New Employee Orientation. 7 a.m. to Noon. East Lounge, C.A.B.

13th Annual HIV/AIDS Update. “HIV in Challenging Times, Caring for You and Your Patient.” 7:30 a.m. to 4:30 p.m. Sheraton Syracuse University Hotel and Conference Ctr. 801 University Ave., Syracuse.

Obstetrics/Gynecology Grand Rounds. “The Evidence for Doppler Ultrasound in Obstetrical Practice.” 7:30 a.m. Marley Education Ctr.

Clinical Hands-on Practice Orientation (CHOP). See 3/6 listing.

HealthLink Seminar. “Quit Smoking For Good..And For Free.” See 3/10 listing.

Creative Writing Workshop. Noon to 1 p.m. Center for Bioethics and Humanities Conference Room, Suite 406 Crouse Physician’s Office Bldg.

• **Mass.** See 3/6 listing.

Saturday, March 21

• **Mass.** See 3/7 listing.

Sunday, March 22

Healthlink on Air. See 3/8 listing.

• **Mass.** See 3/8 listing.

• Broadcast live from the Chapel on in-house Channel 40.

Upstate Update

**Issue: April 1 to 15
Deadline: March 23**



Photograph by William Mueller

It's all in the finishing touches

Tina Evans, manager of SUNY Upstate Medical University's Regional Oncology Center (ROC) and a cosmetologist, right, assists ROC patient Stephanie Zumbuhl as she applies make-up provided to her by "Look Good...Feel Better (LGFB)," a program of the American Cancer Society, the National Cosmetology Association and the Personal Care Products Council Foundation. The ROC is one of several cancer centers nationwide to offer its patients LGFB group sessions where trained, volunteer cosmetologists teach women how to cope with skin changes and hair loss that may accompany cancer treatment through the use of cosmetics and skin care products donated by the cosmetic industry. The women, who receive free

cosmetic kits and wigs, also learn ways to disguise hair loss with wigs, scarves and other accessories. SUNY Upstate's LGFB group meets monthly at HealthLink at ShoppingTown Mall in DeWitt. "For women undergoing cancer treatment, LGFB is also like a makeover for the soul and that's a beautiful thing," said Evans, who facilitates the group sessions with cancer survivor Denise Humeniuk. To learn more about the program, call Evans at 464-8233.



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To submit news or calendar items, contact editor Doretta Royer, Fourth Floor, 250 Harrison Street, 464-4833; e-mail: royerd@upstate.edu.

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