

# update

JANUARY 21 THROUGH FEBRUARY 4, 2009

## SUNY Upstate develops the Upstate Pledge to guide university interactions

SUNY Upstate Medical University has developed a Code of Conduct and Mutual Respect, effective Jan. 1, that will guide the university in its interactions with employees, students, volunteers, patients and their families, the broader healthcare community, government agencies and the general public.

Codes of conduct are commonplace in businesses, universities and in healthcare organizations in that they set expectations of proper practices for individuals and organizations.

SUNY Upstate's code, which is being called the Upstate Pledge, was drafted in response to the university's ongoing Engaging Excellence initiative—a top to bottom review of university operations—as a way to set expectations of professional conduct.

Additionally, the Joint Commission has required all hospitals to have codes of conduct in place by Jan. 1, 2009.

The Upstate Pledge was developed by the university's Civility Committee, endorsed by Leadership Council and approved by SUNY Upstate President David R. Smith, MD.

"This is a sound document that promises all who come to our campus for work, patient care, research, business, study or to volunteer will be treated in a courteous, respectful and professional manner," Dr. Smith said.

In adhering to the Upstate Pledge, the university will ensure it provides the highest level of patient care, safety and confidentiality; that staff is effective, safe and professionally satisfied; that effective communications are

delivered through interpersonal relations and teamwork; and that all staff are respected as essential to the effective operation of the institution.

The pledge is part of a strategic process at the university to strengthen its mission of improving the health of the communities it serves through education, biomedical research and healthcare. It follows the adoption of the university's core values, which are:

- We drive innovation and discovery by empowering our university family to bring forth new ideas and to ensure quality.
- We respect people by treating all with grace and dignity and embracing diversity.
- We serve our community by living

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## Psychiatry attracts significant NIH funding

The competition to obtain funding for biomedical research is daunting given the state of the economy, yet researchers in the Department of Psychiatry and Behavioral Sciences at SUNY Upstate Medical University, in collaboration with the Department of Medicine, Division of Endocrinology, Diabetes and Metabolism and the Department of Family Medicine, were successful in securing National Institutes of Health (NIH) awards, totaling more than \$8.5 million, for five studies that began in September.

"This number of awards within one cycle is unprecedented for our department," said Mantosh Dewan, MD, professor and chair of the Department of Psychiatry and Behavioral Sciences

at SUNY Upstate. "It attests to the fine caliber of our investigators who, with their collaborators, are committed to advancing knowledge and discovering causes of disorders that afflict the lives of so many people."

Steven R. Goodman, PhD, vice president for research and dean of the College of Graduate Studies at SUNY Upstate, notes what may be three reasons for the department's success in securing the NIH funding: A focus on growth for its research enterprise, a collaborative approach to conducting research, and the use of whole genome analysis.

"A collaborative interdisciplinary approach to advancing knowledge is

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CAMPUS BRIEFS

**SUNY Upstate will host a Project Search High School Transition Program Open House** Jan. 28, from 9 to 10:30 a.m., and from 5 to 6:30 p.m. in the East Lounge of the C.A.B. Project Search is a one-year educational program for students with disabilities. It is open to students in the Syracuse City School District who are between the ages of 18 to 21, will be in their last year of high school in the Fall of 2009, are eligible for an IEP diploma and have a goal of competitive employment. To R.S.V.P., email [kteasd13@scsd.us](mailto:kteasd13@scsd.us) or [brechtp@upstate.edu](mailto:brechtp@upstate.edu).

**Panera Bread will offer free cups of select coffees and other samplings** Jan. 28, from 6 a.m. to 9 p.m. to celebrate its partnership with the Golisano Childrens Hospital at Upstate through Panera's Operation Dough-Nation@ program. Customers will be invited to donate \$1 to benefit the children's hospital. In turn, the bakery-cafes will match each donation made that day, up to \$250.00 per bakery-cafe. Panera's bakery-cafes are located at Towne Drive Plaza in Fayetteville, Erie Boulevard East in DeWitt, Route 11 in Cicero, Route 31 in Clay, New Hartford, Vestal and Watertown.

**Volunteers are needed for the College of Medicine Alumni Phonathon on Feb. 3, 5, 11, 17, 23, and 25.** Dinner will be served at 6 p.m. in the atrium of the Setnor Academic Building. Calling will be from 6:30 to 8:30 p.m. Sign up in the College of Medicine Alumni Office, 1510 Setnor Academic Building or call 464-4359. For information on the College of Medicine Phonathon in Binghamton, call Paul Levine at 607-772-3521.

**Submissions for the 23rd annual writing award competition are being accepted** by the Center for Bioethics and Humanities through March 13. The competition is open to SUNY Upstate matriculated students, residents, employees and faculty. The subject

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<http://www.upstate.edu/library/healthinfo/pathfind/bhm.php>

# 2009 BLACK HISTORY MONTH



## EVENTS

### *In Memory of* EUNIQUE DARBY & EDWARD SWAIN

To honor the lives of these two extraordinary young people, the EUNIQUE DARBY & EDWARD SWAIN FUND has been established to further research and education in pediatric hematology and oncology. To donate to the fund (#12990), contact the Upstate Medical University Foundation, 315-464-4416, or go to [www.upstate.edu/giving.php](http://www.upstate.edu/giving.php)

#### OPENING CEREMONY

**CLINICAL TRIALS AND THE AFRICAN AMERICAN COMMUNITY: CONFRONTING THE ISSUES & SHINING A POSITIVE LIGHT**

WEDNESDAY, FEBRUARY 4  
NOON TO 1 P.M.  
WEISKOTTEN HALL, 9TH FLR. AUDITORIUM

A Panel Discussion featuring:

Nicholas Bennett MBBChir, PhD, pediatric infectious disease fellow

Stephen Graziano MD, professor of medicine, chairperson of the Institutional Review Board, oncologist

K. Bruce Simmons MD '79, medical director, employee and student health

Paula Trief, PhD, senior associate dean for faculty affairs and faculty development; professor of psychiatry and medicine

...and others

Lunch will be provided.

#### SARAH LOGUEN FRASER DAY

**LECTURE ON THE IMPACT OF THE TUSKEGEE EXPERIMENT & MARROW DONOR DRIVE**

WEDNESDAY, FEBRUARY 11  
12:30 TO 2 P.M. TALKS; 11 A.M. TO 3 P.M. DONOR DRIVE  
WEISKOTTEN HALL, ALUMNI AUD. & LOBBY, 1ST FLR.

Keynote address by Ruth Hart MD '80, clinical assistant professor of family medicine

Dramatic Portrayal of Sarah Loguen

Scholarship Presentation to Latoya Lawrence, class of 2011

Refreshments will be provided.

SUNY Upstate's Black History month events are sponsored by the Office of Diversity and Affirmative Action (464-5234) and the Student Affairs Office of Multicultural Affairs and CSTEP (464-5433).

#### COMING TOGETHER DINNER

FRIDAY, FEBRUARY 20  
6:30 P.M.

WEISKOTTEN HALL, 9TH FLR. CAFETERIA

Hosted by the Faculty and Staff Association for Diversity and the Student National Medical Association

Bring a dish to share.

STUDENT NATIONAL MEDICAL ASSOCIATION'S ANNUAL DINNER DANCE

**STRUGGLES & TRIUMPHS: WHERE WE HAVE BEEN & WHERE WE ARE GOING**

FRIDAY, FEBRUARY 27  
6 P.M.

CAMPUS ACTIVITIES BUILDING LOBBY

Entertainment by the Donna Alford JaSSband; the Upstate Faculty, Staff & Student Choir; and Upstate students

CEREMONY FOR EUNIQUE & EDWARD Remembrances and Inspirations

Soul food dinner will be provided.

STORYTIME WITH PEDIATRIC PATIENTS & THEIR FAMILIES

THURS., FEB. 12 @ 4 P.M., 4C CONFERENCE ROOM (HARRIET TUBMAN); TBA: (MARTIN LUTHER KING, JR.)  
HOSTED BY THE CHILD LIFE SPECIALISTS

Readings and activities from *March On*, a children's picture book on Martin Luther King, illustrated by Syracuse artist London Ladd; *An Apple for Harriet Tubman* by Glennette Tilley Turner; and *Honey Baby, Sugar Child* by Alice Faye Duncan

THE UPSTATE COMMUNITY IS INVITED TO EVENTS HOSTED BY SYRACUSE UNIVERSITY:

SU'S BLACK HISTORY MONTH OPENING RECEPTION  
Monday, February 2, noon to 2 p.m., Schine Student Center Atrium  
A talk by Rasheed Ali Cromwell, Esq.

CONTEMPORARY CRAFT MASTERS AT CFAC  
January 17 to March 7 (Reception: Sat., Feb. 7, 2 to 4 p.m.)  
Community Folk Art Center (CFAC), 805 E. Genesee St.  
An exhibit of works by Espi Frazier, Hermon Futrell and David MacDonald, artists featured on HGTV's Modern Masters

4th ANNUAL CORA A. THOMAS GOSPEL EXTRAVAGANZA  
Sun., February 22, 4 p.m., Second Olivet Missionary Baptist Church, 818 S. West St.

SOJOURNER STORYTELLING CONFERENCE: MEMORIES OF THE 15TH WARD  
Thursday, February 26, 6 p.m. reception; 7 to 9 p.m. conference  
Shemin Auditorium, Shaffer Art Building



Photograph by William Mueller

*SUNY Upstate Medical University student leaders receive acknowledgment for registering the greatest percentage of student voters during the recent Rock the Vote Challenge sponsored in part by United University Professionals (UUP). From left are Phillip Smith, UUP president; David R. Smith, MD,*

*president of SUNY Upstate; Jenna Gaesser, president of the Graduate Student Council; Jacoby Jose, president of the Undergraduate Student Council; Darrick May, president of the Campus Activities Governing Board; and Carol Braund, local UUP chapter president.*

## SUNY Upstate wins top honors in student-oriented Rock the Vote Challenge

SUNY Upstate Medical University registered the greatest percentage of students to vote in the November 2008 election as part of SUNY-wide Rock the Vote Challenge.

SUNY Upstate registered 31 percent (or 396 students) of its student body to vote, taking top honors as the SUNY campus that registered the greatest percentage of students. SUNY Albany was credited with registering the most students—2,402—or 14 percent of its student body.

Darrick May, a fourth-year medical

student who is president of the university's Campus Activities Governing Board, said the vote registration outcome reflects the students awareness and maturity.

"Healthcare is such a significant political issue today that students who are studying in this field have a heightened political and civic awareness of the issues," he said.

The Rock the Vote challenge was an effort by United University Professionals (UUP), the New York Public Interest Research Group, the SUNY

Student Assembly and the New York State United Teachers (NYSUT). It included a six-week, nonpartisan voter-registration drive on SUNY campuses.

"Thousands of students learned a real-life lesson on democracy in helping to determine who our elected leaders would be," said UUP President Phillip Smith.

The Rock the Vote Challenge registered more than 16,000 SUNY students across all campuses.



Photograph by Deborah Rexine

## Yellow Elevators to serve East Wing

*Susan Knapp, left, and Nina Popow of Hospital Planning review blueprints of University Hospital's Yellow Elevators with Nicholas Steffen of Facilities Design Services. Visitors and staff are asked to use the Yellow Elevators, located behind the Emergency Room on the second floor, to access the following East Wing areas and floors: Third (CT, MR, Radiology, Endoscopy I); and Fifth (OR, recovery suites); Sixth (ICU, Burn Unit in the East Wing). The fourth floor houses the East Wing mechanicals. The elevators will*

*also serve floors eight through 12 when the East Tower opens. The Yellow Elevators are in operation due to the closure of two of the four East Wing's Blue Elevators, that will be out of service for approximately three months. The remaining Blue elevators will be used for the transport of patients and clinical equipment only. All other elevators in the hospital remain operational. For more information on the change in elevator service, contact Nina Popow at 464-5160.*

### NIH funding—continued from page 1

the optimal path to new discoveries," said Dr. Goodman. "In addition, the use of whole genome analysis, which is a systems analysis of a person's entire genetic makeup for the purpose of discovering how one process may affect other processes within the body, is an area of great interest to the NIH."

Psychiatry Professor Stephen V. Faraone, PhD, has received two of the five NIH grants. In one, he is investigating the gene-environment interaction and inter-generational transmission of the effects of trauma. He is collaborating with colleagues from Hadassah Hospital and Hebrew University in Jerusalem to discover how a pregnant woman's exposure to trauma or terror may impact the fetus and possibly influence the unborn child's genetic susceptibility to mental illness. The study, called "The Intergenerational Transmission of Trauma from Terror: A Developmental Perspective" carries a first-year budget of \$439,055 with a total of \$1.4 million over four years. Dr. Faraone also serves as SUNY Upstate's principal investigator on a one-year grant, titled "2/5-

The Psychiatric GWAS Consortium: Integrated & Coordinated GWAS Meta-Analyses" that began Sept. 30 and carries a total cost of \$850,000. In this international study, Dr. Faraone will conduct a whole genome data analysis of Attention Deficit Hyperactivity Disorder (ADHD). He will merge his findings with colleagues from four other study sites who are conducting separate whole genome data analyses on schizophrenia, autism, bipolar disorder and major depressive disorder to discover if there is a genetic relationship among the disorders.

Psychiatry Professor Paula Trief, PhD, and Professor Ruth Weinstock, MD, PhD, division chief of Endocrinology, Diabetes and Metabolism in the Department of Medicine and director of the Joslin Diabetes Center, share a five-year \$3.2 million translational research grant as principal investigators. The grant, titled "Weight Loss in Primary Care: a Translation of the Diabetes Prevention Program" is aimed at weight loss and the prevention of diabetes through primary care practices and the use of telephone delivered interventions.

Professor Stephen J. Glatt, PhD, is

the principal investigator for "Expanding Rapid Ascertainment Networks of Schizophrenia Families in Taiwan." This five-year grant carries a total award of nearly \$1.5 million. Dr. Glatt is collaborating with co-investigators Dr. Faraone and Ming Tsuang, PhD, of the University of California, San Diego, to ascertain 3,500 schizophrenia families (about 10,000 samples) in Taiwan with the goal of performing a family-based genome-wide association scan to detect inherited and acquired genetic risk factors for the disorder.

Dr. Dewan serves as a co-principal investigator with Christopher Morley, research instructor in SUNY Upstate's Department of Family Medicine, on a five-year \$1.1 million NIH study, titled "The Genomics Psychiatry Cohort." SUNY Upstate is among an eight-site consortium whose members will collect genetic information on patients in order to study the genetic risks for schizophrenia. DNA samples from 10,000 patients with schizophrenia and 10,000 from patients who do not have schizophrenia will be collected. SUNY Upstate is responsible for collecting 1,000 DNA samples of each.

## Pediatric residency program at SUNY Upstate earns top accreditation

The pediatric residency program at SUNY Upstate Medical University has been awarded a five-year accreditation through 2013 by the Accreditation Council for Graduate Medical Education (ACGME). Also earning a five-year accreditation is the university's pediatric infectious disease fellowship program.

The five-year accreditation is the longest accreditation period offered by the ACGME. Only about 30 percent of programs reviewed receive such accreditation.

The accreditation comes after a rigorous review of how SUNY Upstate trains physicians for careers in pediatric medicine. The accreditation process requires institutions to complete and submit an extensive written report. An on-site review of the institution also is required.

"We passed with flying colors," said John Andrade, MD, who directs SUNY Upstate's pediatrics residency program. "The five-year accreditation means we're succeeding at all levels and providing outstanding training for pediatricians."

Often, even when the ACGME provides a program with full accreditation, it makes recommendations for improvement. The pediatric residency program's accreditation announcement, however, included no such recommendations. "This is about as strong of an endorsement of a residency program as one can receive," Dr. Andrade said.

According to Dr. Andrade, SUNY Upstate, with its specialty clinics and large geographic patient base, is able to provide pediatric residents with broad experience on a wide range of diagnoses.

"The accreditation team wants to ensure that participants in a residency program are getting significant experience and seeing as many different conditions, as possible," he said.

Dr. Andrade said the excellence of the pediatric residency program extends to the quality of patient care and expertise of faculty. "I think the success of the pediatric residency program does reflect what happens every day here in terms of patient care," he said. "We are an academic medical center with outstanding physicians as faculty."

The five-year accreditation comes prior to the opening of the Golisano Children's Hospital at Upstate, which is set for September 2009.

About 40 resident physicians are enrolled in the three-year pediatric residency program at SUNY Upstate.

## Ultrasound Services reaccrated

The American Institute of Ultrasound in Medicine's Ultrasound Practice Accreditation Council (AIUM) has granted the Regional Perinatal Center's ultrasound services reaccrreditation through 2011.

The Regional Perinatal Center, located at University Health Care Center, is the high-risk obstetrical practice of SUNY Upstate's Department of Obstetrics and Gynecology, Division of Maternal-Fetal Medicine.

Participation in the AIUM's Ultrasound Practice Accreditation program is voluntary and reflects that the facility meets nationally accepted standards and demonstrates consistency in performing quality diagnostic ultrasound examinations.



## NAEYC accredits Upstate Child Care Center

*The Upstate Child Care Center has received five-year accreditation by the Academy for Early Childhood Program of the National Association for the Education of Young Children (NAEYC). Above, Clare White, director of the Upstate Child Care Center and SUNY Upstate Medical University President David R. Smith, MD, display the accreditation certificate. For information about the Child Care Center, call 464-4438.*



## New sign for Chapel

Visitors to University Hospital will have an easier time locating the Interfaith Chapel thanks to new signage, courtesy of Advocates for Upstate Medical University. The sign features literature racks to display information about Spiritual Care programs and an area to post the Chapel's weekly worship schedule. The chapel, located off the University Hospital main lobby, is open at all times for quiet reflection and prayer. Chapel services can be viewed on the hospital's TV Spiritual Care Channel 40. Adjusting the sign are Rev. Terry Culbertson, left, University Hospital's Spiritual Care manager, and a representative from Signage Systems.

### Campus Briefs—continued from page 3

matter is open; categories include fiction, poetry, memoir and prose. Student winners will receive a monetary award. Faculty/employee winners will receive gift certificates. Winners will be announced and awards will be presented April 15. All submissions will receive consideration in the center's annual journal, *The Healing Muse*. For more information, call 464-5404.

**"The Fundamentals of Good Scientific Writing" will be held Feb. 6, from 1 to 4 p.m.** in 4507 Setnor Academic Building. Registration is required by contacting Gail Mead at meadg@upstate.edu or 464-1681.

**The Seventh Annual Father Daughter Valentine Ball will be held Feb. 10, from 6:30 to 9 p.m.** in the Empire Room at the New York State Fairgrounds. The event is presented by Eastside Vineyard Church to benefit pediatric services at the upcoming Golisano Children's Hospital at Upstate. The ball is open to girls 3 years and older and their fathers or special men in their lives. A Patron Room, to include special activities, corsages and hors d'oeuvres, will be held during the event for an additional fee. Advanced registration is required for the ball and the Patron Room. For fee information or to register, visit

[www.eastsidevineyardchurch.org/valentineball](http://www.eastsidevineyardchurch.org/valentineball). For credit card reservations only, call 464-5748.

**SUNY Upstate, in collaboration with the urban community, is seeking talented underrepresented minority college-bound high school seniors and current college undergraduates** to participate in the President's Summer Internship/Mentoring Program. These internship opportunities are limited and competitive. Selected students will be offered paid, on-the-job experience and have the opportunity to explore health career options while being immersed in an academic healthcare environment. To participate in the program, students may submit a cover letter and resume by email to [odaa@upstate.edu](mailto:odaa@upstate.edu) or mail to the Office of Diversity and Affirmative Action at 711 Jacobsen Hall. Deadline is Feb. 27. For more info call 464-5234 or visit [upstate.edu/affirmativeaction/internship.php](http://upstate.edu/affirmativeaction/internship.php).

**A "Seasoned Nurses Luncheon," sponsored by University Hospital's Nursing Recruitment Office,** will be held Feb. 20, from 11:30 a.m. to 1:30 p.m. in 1328B University Hospital. Staff members will be recommended by their managers to attend this luncheon that will be offered in a focus group/open forum format.

**The President's Office announces two awards programs:** The President's Employee Recognition Awards program will accept nominations through April 1 for: Outstanding Contribution of the Year; Community Service of the Year; Team of the Year; Supervisor of the Year; and Employee of the Year. Award winners will be honored at a reception in May. In addition, outstanding faculty, research and service contributions are celebrated with President's Awards at the Fall Faculty Convocation. The deadline is April 1. Details and submission forms for both award programs can be found at [upstate.edu/president/awards](http://upstate.edu/president/awards).

**The Creative Writing Workshop will meet Feb. 18, from noon until 1 p.m.,** to discuss the craft of fiction, non-fiction, and poetry, focusing on participants' writing. The workshop will be held in the Conference Room at the Center for Bioethics and Humanities, located in Suite 406 at the Crouse Physicians Office Building, 725 Irving Ave. For more information, contact Dr. Rebecca Garden at [gardenr@upstate.edu](mailto:gardenr@upstate.edu) or 464-8451.

# Upstate STARS

SUNY Upstate  
Medical University

Dear Colleague,

Every day, staff and students live our philosophy by “Engaging Excellence” through their acts of kindness and service to our community. These kind gestures—large and small—show how the gifts of time and talent make our community a better place to live. We are proud to count them in our Upstate family.

I invite you to share with me stories of those who help make Upstate Medical University a caring place for students, patients, visitors and employees. Please e-mail Customer Service Recognition Coordinator Elizabeth Estera at [esterae@upstate.edu](mailto:esterae@upstate.edu) to recognize a member of our Upstate community or to share your stories.

David Smith, MD  
President

January 2009

Employee surveys consistently cite “recognition” as being one of the most valued parts of the job. Through Engaging Excellence, recognition of good work — especially that which reflects our values — will become a greater part of daily life here. The Upstate Stars committee, which has long been the mainstay of University Hospital recognition, has been expanded to include



contributions from campus and shared-service employees. This newsletter will help highlight these actions, contributing to our goal to become the best place possible to work, learn and serve.

## Living the Values Through Everyday Good Work

Individuals whose work and attitude make a difference are appreciated by their co-workers. Employees who were recently mentioned as “living the values” include: Hospital chaplains **Rev. Terry Culbertson**, **Rev. Louise Tallman Shepard**, **Sr. Anne McNulty**, and **Fr. Innocent Onyengubo** for supporting not only patients but staff and students as well; the mailroom’s **Steve Walter** for “efficiency at its best”; **Doug Joseph** for “always being there with high quality teamwork”; **Grace VanNortwick** and **Eric Smith** for “unbelievable support for major projects and information requests”; **Susan Campanaro Murphy** for “striving to improve efficiency across departments”; the pharmacy’s **Andrew Bugdorf** who “brightens the day” of nursing staff and patients; PM&R’s **Brian Rieger, PhD**, and Nursing Administration’s **Roxanne Taylor, RN**, “are two of many who work tirelessly for the greater good of our mission”; **Pete Cronkright, MD**, for his role as professor, advisor and mentor, and fellow UHCC employees **Jeri Hall, RN, NP**, and **Nancy Calhoun, MSW**, for their work; **Lynn Beth Satterly, MD**, for her example in leading the Amaus homeless clinic; the Receiving Department’s **Willie White** and the Upstate Foundation’s **Cassandra Rucker** for their work on the ink jet sustainability program; the staff from the **Oncology** inpatient and outpatient clinics for their contributions at work and in the community; and for the “folks behind the scenes that help the various Deans’ Offices work well.” Those cited in particular include: **Kim Branagan**, **Diane Conklin**, **Mary Arseneau**, **Barb Ames**, **Cheryl Alger**, **Shelly Revette** and **Terri Brown**.”

## Going the Extra Mile For Those in Need



When Anne Mlod, the library media specialist at Genesee Elementary School in Auburn contacted Educational Communications to get a connection from her student’s hospital bed to his classroom, **Rachael Espinoza** jumped right in to make it happen. Soon the youngster was keeping up with his class. “It was great to work with someone of Rachael’s caliber...doing what was best for the patient, the family and his community. She is not a ‘direct caregiver,’ but we could all learn from her ‘Just do it!’ attitude,” said Mlod. **Steve Marks** (IMT EdComm), **Jo Ann Shupe** (IMT) and **MaryEllen Michalenko** (Peds Admin) were also part of the team.

## Mission

To improve the health of the communities we serve through education, biomedical research and health care.

## Vision

To be the leading regionalized academic medical center in the nation.

## Values

**We drive innovation and discovery** by empowering our university family to bring forth new ideas and to ensure quality.

**We respect people** by treating all with grace and dignity and embracing diversity.

**We serve our community** by living our mission.

**We value integrity** by being open and honest to build trust and teamwork.

### Upstate Value in the spotlight:

**We serve our community** by living our mission.



When a veteran from Arkansas attended an educational program at Syracuse University, his wife was concerned that his wound care would be challenging. She reached out to Upstate and Wound/Ostomy Service's **Meagan Greenman, RN, Heidi Cross, NP, and Margaret Tandoh, MD**, who all went the extra mile to coordinate care and locate a local in-home nursing program. Said his wife, Karen Martin: "This is certainly what I consider to be exceptional service going beyond the call of duty to ensure that a patient they had never seen before was taken care of."

**Lauren Pipas, MD, Barb Cangelo, RN, Gary Weinstein, MSW, Glenda Nabewaniec, RN**, and staff from **Human Resources** and **Continuum of Care** provided amazing family-centered care to a homeless family. The **Emergency Medicine** staff took up a collection, donated supplies and provided temporary housing.



**Sandra Hirschman** and the **Marketing Department** made the holidays brighter for a hard-working family facing a difficult year. Hirschman spearheaded an "adopt a family" opportunity to help the department collect gifts for dad, mom and their six children, ages five to 16 years old. Hirschman's effort was so successful, she was able to use monetary donations for the family's Christmas dinner as well.

### Employees Volunteer

The Healthcare Teleservices department's **Kari Fitzgerald** helps to establish community awareness through her service to the Central New York Autism Society of America by coordinating events, fundraising and initiating support groups. **Rosemary Rochford, PhD**, chair of Microbiology and Immunology, whose research is dedicated to developing better treatments for African children suffering from Burkitt's Lymphoma and other cancers, also contributes her spare time to the Equatorial African Children's Cancer Fund to help raise the quality of care for children with cancer. **Tracey Rheaume** volunteered at the Special Olympics, Kidney Foundation, Diabetes Foundation and organ donation events. **SUNY Upstate's first-year medical students** donated new dictionaries to nearly 100 third graders at Dr. Martin Luther King Magnet School. Clinical Enterprise nurse administrator **Bonnie Miner** serves as the College of Nursing's alumni chair and volunteer at the nursing phone-a-thon.

### Activities Promote the Upstate Values

Upstate activities that help the public are a further reflection of the service value. **Carroll Grant, PhD**, and her team from the autism clinic have been praised for promoting understanding; **The Health Sciences Library** offered the public a medical historical exhibition "Rediscovering the Class of 1885" along with Health Information Center resources, and continually make additions to their comprehensive Web-based resources. **Emergency Medicine** opened its MedStar Emergency Training Simulation Center to visitors.



## Offering a Helping Hand All Year Long

During a very busy April, 350 members of the Upstate family joined Team Upstate at the **Heart Walk** to raise more than \$22,000 for the **American Heart Association**. Team Upstate also cheered on “Code Blue,” SUNY Upstate’s entry in the battle of the corporate bands, to benefit the **American Red Cross**, and raised more than \$12,000 for the **March of Dimes** March for Babies. SUNY Upstate participated in the Baldwin Cultural Crawl to benefit the **Carol M. Baldwin Research Fund**.

In June, employees participated in **Interfaith Works’ Duck Race to End Racism**. The SUNY Upstate duck won the award for the “best representation of the company’s business.” The duck was created by Marketing’s **Susan Keeter**, based on the Golisano Children’s Hospital characters created by Duplicating’s **Dan Dippel**.

In August, SUNY Upstate employees raised more than \$73,000 for sick and injured children at the **Golisano Children’s Hospital at University Hospital** at the 21st annual Children’s Miracle Open and volunteers contributed school supplies and backpacks for **Mary Nelson’s seventh annual Back To School Barbecue**.

This fall, Team Upstate raised almost \$10,000 for the **Leukemia and Lymphoma Society** during an evening walk around Clinton Square and also raised \$6,500 in the fight against juvenile diabetes in the **Walk to Cure Diabetes**. SUNY Upstate employees raised more than \$10,000 for pediatric cancer research at the Ninth Annual **Pat’s Pavement Pounder** event. SUNY Upstate students and employees raised more than \$3,400 for the **American Cancer Society** at the Making Strides Against Breast Cancer Walk, and 1,536 SUNY Upstate participants raised \$457,331 for the United Way through the Community Giving campaign.

During the holiday season SUNY Upstate students and employees were involved in special efforts at each college. **Andrea Leifer** coordinated the College of Medicine’s “Share the Warmth” drive, collecting hundreds of blankets, sheets, towels, warm clothing,

—continued on back

The SUNY Upstate value of “We serve our community by living our mission” is exemplified by the activities of its employees, students and volunteers. These include, from far left: the College of Nursing Food Drive; the Walk to Cure Diabetes; the Interfaith Works Duck Race to End Racism; the “Share the Warmth” blanket drive; the College of Health Professions Holiday Toy Drive and the success of the Community Giving Campaign.



## “Extreme Makeover” Warms an Employee’s Heart

“Living the values also happens when co-workers care about each other. Ann James, administrative assistant in IMT at Widewaters, says one of the best things that happened to her was losing her job in New York City. “It was my good fortune to come to Syracuse to live. I found a job where I am privileged to work with a great IMT family.”

She was overwhelmed when co-worker **Judy Kishtok** and her husband Ken helped renovate her home on their own time. Kishtok, IMT’s lead program analyst, and her husband, Ken, painted the house on Thurber Street and added new windows—repairs James was unable to make herself. “I have tears of joy whenever I think about how they transformed my house,” James said. “Words hardly express how thankful and appreciative I am of their selfless, unconditional love. I am sure that they had projects at their own homes but they sacrificed their family time to do this for me! Judy was covered with paint, but kept plugging to help her husband finish the project.”

James says that this personal help reflects the caliber of people she works with. “My boss, **Mark Zeman**, spent hours one Sunday repairing my leaky roof. While he was on the roof, he also cleaned the gutter with his bare hands, no gloves. I didn’t know my boss had talents like that.

“If I could say one thing to the people I work with it would be: Each of you is special. I appreciate all that you do for me. You make me smile because you care.”

## PATIENTS*first!*

### Wall of Fame

The following members of our Upstate community have been consistently mentioned in our patient satisfaction survey for providing great care and service. By supporting the **PATIENTS*first!*** philosophy, they help create the best place possible to work, learn and serve.

Julie Abrams, PT  
Maria Alcasid, RN  
Fatme Allam, MD  
Christine Bateson, PT  
Doreen Bishop, RN  
Kathleen Bratt, NP  
Suzanne Buck, RN  
April Callea  
Todd Charland, PT  
Cynthia Corpron, MD  
Beth Corrice, RN  
Emily Costello  
Theresa Davis, RN  
Carol Dawson, RN  
Jennifer Donnelly, OTR  
Peggyann Duchessi, RN  
Mark Fan, MD  
Gregory Fink, MD  
Sara Fisher, RN  
Jarod Gabello, RN  
Marc Gittelson, RN  
Cheryl Godzac, LCSW  
Currina Graham, RN  
Gretchen Gray, RN  
Shari Grudier, RN  
Sarah Hagan, RN  
Mary Hartman  
Colleen Henderson  
Jack Hsu, MD  
Sara Jewett, RN  
Burk Jubelt, MD  
Robert Lambert, MD  
Sheila Lemke, MD  
Charles Lewis, RN  
Barbara Lindenmayer, NP  
Luis Mejico, MD  
Kelly Meyers  
Glenda Nabewaniec, RN  
Hom Neupane, MD  
John Nosovitch, MD  
Kathryn Palomino, MD  
Carrie Pierce, RN  
Brian Rieger, PhD  
Courtney Rocco, RN  
Lynne Romeiser-Logan, PT  
Michelle Ryan, RN  
Irene Sills, MD  
Abbie Sousie, LPN  
Diana Valdes  
Nathalia Vergara, RN  
Kathy Wahrendorf, RN  
Kristoffer West, MD  
Ben Whitt

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canned food and toys for the needy.

The College of Nursing's **Kim Branagan** coordinated a canned food drive, collecting five barrels of food for the Salvation Army. The College of Health Professions' **Linda Curry** coordinated a toy drive to benefit the Christmas Bureau.

Hundreds of people gathered Dec. 12 at the Hotel Syracuse for 2008 Gala, raising more than \$200,000 in support of multifaceted cancer care at SUNY Upstate. The proceeds will be a stepping stone in the funding of SUNY Upstate's vision for an **Upstate Cancer Center**.



### Highlights From Our Patients

Below are a sampling of comments from patients at University Hospital and its clinics. At left, are names of staff who have been commended for service.

**Susan Welty, RN, and Lorraine Pavlus, RN,** made a patient's hospital stay more comfortable. The patient said: "I would like to note the professionalism and caring of these two exceptional nurses. They were wonderful in helping me deal with this emotional experience."

From a patient: "**Dr. Kara Kort, Lisa Cico,** the staff at the Breast & Endocrine Surgery Center, as well as the surgical, administrative and nursing team in the One-Day-Stay unit showed compassionate, professional and attentive care during my stay."

Another said he was impressed by the "strength of human compassion in medicine in the real world." He complimented the Regional Oncology Center's nurses and staff along with **Dr. Jonathan Wright,** and **Dr. Hemangini Shah** and her staff and technicians in Radiation Oncology, **Dr. Gregory Canute's** office and **Dr. Patrick Smith** at UHCC, and **Dr. Elisabeth Dexter** and her surgical staff. "All in all, I would have to say that the Upstate Medical University Hospital system as a whole ... is pretty awesome."

The Emergency Department's **Marc Gittelson, RN,** and **Paul Czernecki, RN,** were complimented by a patient's mother who expressed her gratitude for their "professionalism, sensitivity, thoughtfulness and kind care" her daughter received.

A family praised **Kristin Haas, RN,** and **Sandy Currier, RN,** for going above and beyond the call of duty in displaying special care and compassion to comfort during very difficult circumstances.

**Mary Beth Tierney** and **Dr. Elliot Rodriguez** were recognized for showing the "utmost professionalism, respect, and compassionate manner."

**Bill Risley** at UH central registration was recognized by a patient for superior customer service. "He was a wonderful and helpful person who is perfect for his job."

**Ambassador Services** was hailed for its excellent customer service and providing services, such as the daily delivery of e-mails to patients.

IN THE NEWS



Sharon Brangman

**Sharon Brangman, MD**, was quoted in *USA Today* on-line on the trend of grandparents receiving custodial care of their grandchildren. She was quoted in *In Good Health* on how much sleep is appropriate

for older adults, and in various media outlets, including a Huntsville, Ala., television station, on how seniors can stay healthy during the winter. She wrote a *Post-Standard* Letter to the Editor that urged city law enforcement officials to reconsider plans to evict a 101-year-old woman from her apartment, citing the physical stress such a move can cause.

**Tamara Scerpella, MD**, was noted in the *Associated Press* for a \$2 million NIH grant she received to study bone density of young woman. The study was also included in *Dunkirk Observer* and in the Stamford, N.Y., publication *Mountain Eagle*.



Dominic Carone

**Dominic Carone, PhD**, and his Web site, MTBIFacts.com, was the focus of a *US News & World Report* blog entry on playing sports with a concussion. The site acronym stands for Mild Traumatic Brain Injury.



David R. Smith

**SUNY Upstate** and **David R. Smith, MD**, were the subjects of an *Inside HealthCare* article that discussed SUNY Upstate's Engaging Excellence initiative and plans for the university's growth. Dr. Smith

published a commentary titled "Recovery Begins with Medicaid" in the *Albany Times Union* and participated in a national media campaign for the March of Dimes surrounding the November release of the organization's Premature Birth Report Card.

**James Knoll, MD**, discussed the insanity defense in a *Psychiatry Times* article.

**Ann Botash, MD**, was interviewed by WSYR-570AM on the importance of child care providers reporting suspected abuse to authorities. She appeared on the University Hospital HealthLink program on Newsradio 570AM to discuss child abuse.



Ann Botash

**Carolee Dornau, RN, NP**, was quoted in a *Post-Standard* article on ways to stay healthy while traveling.

**Donna Bacchi, MD, MPH**, was interviewed by News channel 9 on the obesity tax proposal that would hike the price of sugary soft drinks.



Donna Bacchi

**Steven Blatt, MD**, was quoted in a *Eagle Newspapers* series on prescription drug abuse by teens.

**Karen Kemmis, PT**, was quoted in *In Good Health* about the benefit of exercise for those with diabetes.

**David Lehman, MD, PharmD**, was quoted in *In Good Health* on the use of fish oil as a dietary supplement.

**Dale Avers, DPT**, was quoted in *In Good Health* on SUNY Upstate's physical therapy program and its community outreach missions.



Dale Avers

**Lee Livermore** was featured on News10 Now, WSTM-TV3 and WRVO on how to keep the holidays free of accidental poisonings.

The opening of the **Surgical Research and Training Center** was covered in the *Post-Standard* and by WSTM-TV3, WTVH-TV5, WAER-FM88 and on WSYR-Newsradio 570

**Maria Lourdes Fallace** and several medical students were quoted in *City Neighbors* regarding the Spanish language elective now offered to medical students at SUNY Upstate.

**Jeremy Shefner, MD, PhD**, was quoted in the *Post-Standard* and the *Eagle Newspapers* on a clinical trial to assess the use of lithium to slow the progression of ALS. The story was also featured on WSTM-TV3 news and on the station's Web site.



Jeremy Shefner

**Carroll Grant, PhD**, was quoted in a *Post-Standard* article that highlighted a SUNY Upstate puppet workshop that area schools are using to help educate children about autism. The program is aimed at students in first through third grade.

## FACULTY ROUNDS

**Vipin Bansal, MD**, has joined the Department of Anesthesiology as an instructor, specializing in pediatric anesthesiology. Dr. Bansal received his medical degree in 2001 from American University of the Caribbean School of Medicine, where he graduated among the top 10 in his medical class. He completed a fellowship in pediatric anesthesiology in 2008 at the Cleveland Clinic Foundation in Ohio; his general anesthesiology residency at SUNY Upstate Medical University in 2005 and at the Cleveland Clinic Foundation, from 2005 to 2007; and a surgical internship in 2002 from the Yale University/Waterbury Program. He served as a research fellow at SUNY Upstate's Institute of Human Performance from 2003 to 2004 and a research/clinical fellow at Montefiore Medical Center in New York, from 2002 to 2003. Dr. Bansal has submitted several abstracts, papers and book chapters to scientific literature.

**Luke Probst, PharmD**, has been promoted to associate director of pharmacy, specializing in pediatric services and responsible for the design and implementation of pharmacy services for the Golisano Children's Hospital at Upstate. Dr. Probst has held the position of pediatric pharmacy specialist at

University Hospital since 2004 and has been instrumental in developing Pharmacy Services's Pediatric Pharmacy Program that has received national recognition for its advanced clinical services.

**Janet (Jana) Sobczak**, assistant professor in the College of Nursing, published an article, titled "Struggling to Reconnect: Women's Perspectives on Alcohol Dependence, Violence, and Sexual Function" in the December 2008 issue of the *Journal of the American Psychiatric Nurses Association*.

**Beth Erwin**, director of Medical Staff Services, has earned her CPMSM (Certified Professional Medical Services Management) certification. The CPMSM certification is directed toward the broader responsibilities of medical service professional and those who are charged with managing, improving and implementing processes.

**William (Bill) MacDonald** has assumed the role of fire marshal as part of the Environmental Health and Safety team. He brings more than 30 years of experience to the position and is a certified fire protection specialist (CFPS). Prior to SUNY, he was executive

director for the Central New York Council on Occupational Safety and Health and a resident safety manager for Occupational Safety and Environmental Associates Inc. His office is located in 302 C.A.B. His telephone number is 464-7370.

**Irene Cherrick, MD**, associate professor of pediatrics, received the Anita Award from Hospice of Central New York in ceremonies Nov. 18. The award recognizes a physician for excellence in the care of patients with life-threatening illness.

**David R. Smith, MD**, president of SUNY Upstate, has been elected in the American Pediatric Society (APS), one of the nation's oldest and most prestigious academic societies. He is one of 79 new members to join the organization in 2009. Dr. Smith, a pediatrician by training, currently is a member of the March of Dimes Board of Directors and participates annually in the organization's education efforts on pre-term birth. The APS, founded in 1888, is the oldest honorary society for academic pediatricians. Members are recognized for leadership, teaching, research, and contributions at a national and international level.

**Code of Conduct**—continued from page 1  
our mission.

- We value integrity by being open and honest to build trust and teamwork.

The Civility Committee was co-chaired by Maxine Thompson, director of the Office of Diversity and Affirmative Action and Lisa Tesorio, manager of Employee/Labor Relations. Committee members are: Mark Buttiglieri, director of Social Work; Beth Erwin, director of Medical Staff Services; Justina Swavola, mental health therapy aide on Nursing Unit 4B; Jessica Hrybinczak, associate registrar in the

Student Affairs Registrar's Office; Gary Tanner, general mechanic in the Physical Plant Electric Shop; Frank Tees, chief of police for University Police; Debanik Chaudhuri, MD, a resident in the Department of Medicine; Sarah-Lee Ritchie, coordinator of the Employee Assistance Program; Catherine Petite, RN, of Ophthalmology Ambulatory Care; Galina Pechenaya, RN, of Nursing – O.R.; Darlene Noyes, compliance officer, Institutional Compliance Office; Bruce Simmons, MD, Medical director of Employee/Student Health; Ken Grabowski, Environmental Services cleaner for University Hospital; and

University Hospital Administrator Joyce Mackessy.

The Upstate Pledge is available online at: <http://www.upstate.edu/finance/intra/cam/1.27.pdf> and <http://www.upstate.edu/intra/policy/pdf/U-04.pdf>.

In the coming weeks, all members of the SUNY Upstate community will be asked to participate in on-line training that will help achieve greater awareness of the pledge.

Register for workshops at [www3.upstate.edu/hr/training](http://www3.upstate.edu/hr/training), click Management Development.

HealthLink Seminars are free, unless otherwise noted, and are open to all. To register, call HealthConnections at 464-8668 or visit [upstate.edu/healthlink](http://upstate.edu/healthlink).

**Jan. 28. 6 to 7 p.m. HealthLink/ Oasis, ShoppingTown Mall, DeWitt.**

HealthLink Seminar. "Diabetes 101" will teach basic information about diabetes treatment and management.

**Jan. 29. 7:30 a.m. to 3:30 p.m. 3509 Setnor Academic Building. Feb. 24. 7:30 a.m. to 3:30 p.m. 3507 Setnor Academic Building.**

Workshop. "Workplace Violence: CPI Non-Violent Crisis Intervention" will teach how to respond effectively to the warning signs that someone is beginning to lose control and address how staff can deal with their own stress, anxieties and emotions when confronted with challenging situations.

**Jan. 29. 9 a.m. to 12:30 p.m. 205 Jacobsen Hall.**

Workshop. "Coaching, Counseling and Discipline" will assist supervisors and managers on addressing challenges associated with maintaining and improving employee job performance.

**Jan. 29. 6 to 7 p.m. HealthLink/ Oasis, ShoppingTown Mall, DeWitt.**

HealthLink Seminar. "Surgery for Weight Loss" will discuss surgery options, who is a candidate and ways to achieve sustained weight loss.

**Feb. 4. 6 to 7 p.m. HealthLink/ Oasis, ShoppingTown Mall, DeWitt.**

HealthLink Seminar. "Cataracts and Glaucoma" will discuss the symptoms and management of cataracts and glaucoma.

**Feb. 5 and 19. 1 to 3 p.m. 205 Jacobsen Hall.**

Workshop. "Upstate Stars Recognition Program" will discuss the benefits of recognition, innovative ways to recognize employees and recognition tools.

**Feb. 5. 6 to 7 p.m. HealthLink/ Oasis, ShoppingTown Mall, DeWitt.**

HealthLink Seminar. "Don't Go Breakin My Heart" will discuss cardiac risk factors, differences in symptoms between men and women and strategies for the prevention of heart disease.

**Feb. 7. 8:30 a.m. to 12:30 p.m. HealthLink/ Oasis, ShoppingTown Mall, DeWitt.**

HealthLink Seminar. "A Taste of Meditation." Participants will learn and practice four different meditation techniques.

**Feb. 11. 9 to 11 a.m. 205 Jacobsen Hall.**

Workshop. "Press-Ganey Patient Satisfaction Measurement Overview" will discuss how SUNY Upstate Medical University measures the satisfaction of its patients.

**Feb. 11. 11 a.m. to noon. 205 Jacobsen Hall.**

Workshop. "Office Ergonomics" will discuss ergonomics, neutral body postures and how to adjust work area and computer components to help reduce the risk of developing discomfort and/or an injury.

**Feb. 11. 6 to 7 p.m. Liverpool Library, 310 Tulip St., Liverpool.**

HealthLink Seminar. "Be a Smart Healthcare Consumer" will discuss how money impacts care, the role of media in the cost of care and ways to save money on prescription drugs and other healthcare costs.

**Feb. 12. 6 to 7 p.m. Joslin Diabetes Center, 3229 E. Genesee St., Syracuse.**

HealthLink Seminar. "Preparing for College When You Have Diabetes" will explore how high school students with

diabetes and their families can prepare now for college.

**Feb. 18. 9:30 to 11:30 a.m. Classroom D, Rm. 1301 Institute for Human Performance.**

Workshop. "E-Compass System - Press-Ganey" will discuss Press Ganey's internet-based performance analysis and improvement tool called e-Compass.

**Feb. 18. 6 to 7 p.m. HealthLink/ Oasis, ShoppingTown Mall, DeWitt.**

HealthLink Seminar. "The ABC's of an Eating Disorder" will discuss the types of eating disorders, contributing risk factors and resources available locally.

**Feb. 24. 6 to 7 p.m. HealthLink/ Oasis, ShoppingTown Mall, DeWitt.**

HealthLink Seminar. "Cancer 101" will discuss general concepts about cancer, using examples of specific cancers to highlight ongoing research approaches to management.

**Feb. 25. 6 to 7 p.m. HealthLink/ Oasis, ShoppingTown Mall, DeWitt.**

HealthLink Seminar. "Medication Safety for Children and Grandchildren" will include recent changes to the use and availability of cough/cold products in young children; how to make a home safe for children; considerations for safe storage and administration of medications to children, including interpretation of dosing instructions and measuring medication doses.

**Feb. 26. 10:30 a.m. to noon. 205 Jacobsen Hall.**

Workshop. "Ergonomics Injury Prevention in Healthcare for Managers" will provide an overview of the basics of ergonomics and ergonomic injury prevention in healthcare facilities, including the causes of work-related musculoskeletal disorders in the healthcare environment.

**Wednesday, Jan. 21**

**Anesthesiology Grand Rounds.** 6:45 to 8 a.m. Medical Alumni Aud., Wsk. Hall.

**Otolaryngology Grand Rounds.** 7 to 8 a.m. 6500 University Hospital.

**Surgery Morbidity/ Mortality Conference.** 7 to 8 a.m. 2231 Wsk. Hall.

**Orthopedic Grand Rounds.** 8 to 9 a.m. 6500 University Hospital.

**Neuroscience Grand Rounds.** "Neuromyelitis Optica: An Update." Francine Vriesendorp, MD. 8 to 9 a.m. 103 Wsk. Hall.

**Surgery Grand Rounds.** John Fortune, MD, Upstate Medical University. 8 to 9 a.m. 2231 Wsk. Hall.

**Pediatric Grand Rounds.** 9:15 to 10:30 a.m. 6500 University Hospital.

**Workshop.** "Computer Skills for PSLs." 10 to 11 a.m. 6703a University Hospital.

• **Rev. Weez's Storytime.** Noon. Interfaith Chapel, University Hospital.

**Workshop.** "Sexual Harrassment Training for All Employees." 2 to 4 p.m. 305 Jacobsen Hall.

**Management Forum.** "Upstate Pledge." 3 to 4 p.m. 6500 University Hospital.

**Campus Activities Governing Board Meeting.** 5:30 p.m. 115 C.A.B.

**Film.** "Happy Go Lucky." Rated R. 7:30 p.m. 103 Wsk. Hall. Free with SUNY Upstate ID. Guests: \$2

**Thursday, Jan. 22**  
**SUNY Upstate New Employee Orientation.** 7 a.m. to 3:30 p.m. East Lounge, C.A.B.

**Medicine Grand Rounds.** Paget's Disease of Bone: Why Study a Focal Disorder of Aging Bone." Margaret Seton, MD, Harvard University. 8:30 to 9:30 a.m. 1159 Wsk. Hall.

**Community Smoking Cessation Classes (Part of a series).** Noon to 1 p.m. Oasis/HealthLink, ShoppingTown Mall, DeWitt. Free. Call 464-8668 to register.

**Psychiatry Meeting for Full-time Faculty.** Noon to 2 p.m. PBS Building, 713 Harrison St. Syracuse.

**Teleconference.** "Options to Increase Surge Capacity." 12:30 to 2 p.m. 1403 University Hospital.

**WebCAIS for Travel RNs.** 1:30 to 5:30 p.m. Classroom D, Institute for Human Performance. Contact Barb Bennett 464-9267 or e-mail bennettb@upstate.edu with questions.

**Vascular Conference.** "In Service Review – Vascular 11." 5 p.m. 8800 University Hospital.

**Friday, Jan. 23**  
**SUNY Upstate New Employee Orientation.** 7 a.m. to noon. East Lounge, C.A.B.

**Clinical Hands-on Practice Orientation (CHOP).** Noon to 3:30 p.m. East Lounge, C.A.B.

**Community Smoking Cessation Class (Part of a series).** Noon to 1 p.m. Liverpool Library, 310 Tulip St., Liverpool. Free. Call 464-8668 to register.

• **Mass.** Noon. Interfaith Chapel, University Hospital.

**Saturday, Jan. 24**  
• **Mass.** 4 p.m. Interfaith Chapel, University Hospital.  
**Second Annual Arctic Blast.** 6:30 p.m. to 12:30 a.m. Grand Ballroom, Hotel Syracuse Radisson Plaza, 500 S. Warren St., Syracuse.

**Sunday, Jan. 25**  
**HealthLink on Air.** 9 to 10 a.m. WSYR-570AM.

• **Mass.** Noon. Interfaith Chapel, University Hospital.

**Film.** "Happy Go Lucky." Rated R. 2 p.m. 103 Wsk. Hall. Free with SUNY Upstate ID. Guests: \$2

**Monday, Jan. 26**  
**Community Smoking Cessation Class (Part of a series).** Noon to 1 p.m. Liverpool Library, 310 Tulip St., Liverpool. Free. Call 464-8668 to register.

• **Mass.** Noon. Interfaith Chapel, University Hospital.

**Biochemistry and Molecular Biology Graduate Student Seminar.** "Design of a General Zymogen-like Mechanism." Diana Mitrea, SUNY Upstate Medical University. Noon. 2231 Wsk. Hall.

**Yoga Class.** 5 to 6:15 p.m. East Lounge, C.A.B. Call Dawn at 464-9391 for more information.

**HealthLink Seminar.** "Quit Smoking for Good and for Free." (part of a series. 6 to 7 p.m. Oasis/HealthLink, ShoppingTown Mall.

**Tuesday, Jan. 27**  
**Management Forum.** 9:45 a.m. to noon. 6500 University Hospital.

**Faculty Development Seminar.** "How Surgeons Learn to Use Robots." Gabriel Haas, MD, Oleg Shapiro, MD, Upstate Medical University. Noon to 1 p.m. 318 Health Sciences Library. Call 464-5187 for more information.

**Community Smoking Cessation Class (Part of a series).** Noon to 1 p.m. Oasis/HealthLink, ShoppingTown Mall, DeWitt. Free. Call 464-8668 to register.

• **Weekly Prayer Service.** Noon. Interfaith Chapel, University Hospital.

**Vocera.** 1 to 3 p.m. Institute for Human Performance, Classroom C. Contact Derek Hawkins at 464-1400 or at hawkinsd@upstate.edu with questions.

**Spiritual Fitness.** 3 p.m. 2N, PM & R Dayroom, University Hospital.

**Infectious Diseases Conference.** Timothy Endy, MD, MPH, Upstate Medical University. 4 p.m. 304 Crouse Physician's Office Bldg., Irving Avenue, Syracuse.

**HealthLink Seminar.** "Sarcoidosis." Dana Savici, MD, Upstate Medical University. 6 to 7 p.m. Oasis/HealthLink, ShoppingTown Mall, DeWitt.

**Coffeehouse.** Pop-rock duo "Sirsy." 8 p.m. West Lounge, C.A.B. Free admission.

**Wednesday, Jan. 28**

**Anesthesiology Grand Rounds.** 6:45 to 8 a.m. Medical Alumni Aud., Wsk. Hall.

**Otolaryngology Grand Rounds.** 7 to 8 a.m. 6500 University Hospital.

**Surgery Morbidity/ Mortality Conference.** 7 to 8 a.m. 2231 Wsk. Hall.

**WebCAIS/Groupwise Class (licensed).** 7:30 a.m. to noon. Classroom D, Institute for Human Performance.

**Orthopedic Grand Rounds.** "Small Joint Arthroscopy." Randall W. Culp, MD, Upstate Medical University. 8 to 9 a.m. 6500 University Hospital.

**Neuroscience Grand Rounds.** David Carter, MD. 8 to 9 a.m. 103 Wsk. Hall.

**Surgery Grand Rounds.** "Quality Outcome and Clinic Documentation." David Duggan, MD, Upstate Medical University. 8 to 9 a.m. 2231 Wsk. Hall.

**Pediatric Grand Rounds.** 9:15 to 10:30 a.m. 6500 University Hospital.

• **Rev. Weez's Storytime.** See 1/21 listing.

**Vocera.** See 1/27 listing.

**HealthLink Seminar.** "Diabetes 101." 6 to 7 p.m. Oasis/ HealthLink, ShoppingTown Mall, DeWitt.

**Thursday, Jan. 29**  
**Workshop.** "Workplace Violence: CPI Non-Violent Crisis Intervention." 7:30 a.m. to 3:30 p.m. 3509 Setnor Academic Bldg.

**Nursing Services Orientation (NSO).** (PSC, monitor techs, psych therapy techs). 8 a.m. to 12:15 p.m. (RN, LPN, GN, GPN, CT, UST). 8 a.m. to 3:30 p.m. 1328b University Hospital.

**Medicine Grand Rounds.** 8:30 to 9:30 a.m. 1159 Wsk. Hall.

**Workshop.** "Coaching, Counseling and Discipline." 9 a.m. to 12:30 p.m. 205 Jacobsen Hall.

**Psychiatry Grand Rounds.** "Pain and Addiction." Brian Johnson, MD, Upstate Medical University. 12:30 to 2 p.m. PBS Building, 713 Harrison St. Syracuse.

**Vocera.** See 1/27 listing.

**WebCais.** 1 to 3 p.m. Classroom D, Institute for Human Performance.

**HealthLink Seminar.** "Surgery for Weight Loss." 6 to 7 p.m. Oasis/HealthLink, ShoppingTown Mall, DeWitt.

**Friday, Jan. 30**  
**Obstetrics/Gynecology Grand Rounds.** "Ethics and Professionalism in Obstetrics and Gynecology." Gregory L. Eastwood, MD, Upstate Medical University. 7:30 a.m. Marley Education Ctr.

**WebCAIS/Groupwise Class (unlicensed).** 7:30 a.m. to noon. Classroom D, Institute for Human Performance.

**Community Smoking Cessation Class (Part of a series).** Noon to 1 p.m. Liverpool Library, 310

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**Calendar**—continued from page 10

Tulip St., Liverpool. Free. Call 464-8668 to register.

- **Mass.** See 1/23 listing.

**Film.** “Role Models.” Rated R. 7:30 p.m. 103 Wsk. Hall. Free with SUNY Upstate ID. Guests: \$2

**Saturday, Jan. 31**

- **Mass.** See 1/24 listing.

**Film.** “Role Models.” See 1/30 listing.

**Sunday, Feb. 1**

**HealthLink on Air.** See 1/25 listing.

- **Mass.** See 1/25 listing.

**Monday, Feb. 2**

- **Mass.** See 1/26 listing.

**Community Smoking Cessation Class (Part of a series).** 6 to 7 p.m. Oasis/HealthLink, ShoppingTown Mall, DeWitt. Free. Call 464-8668 to register.

**HealthLink Seminar.** “Quit Smoking for Good and for Free.” (part of a series. 6 to 7 p.m. Oasis/HealthLink, ShoppingTown Mall.

**Yoga Class.** 5 to 6:15 p.m. East Lounge, C.A.B. Call Dawn at 464-9391 for more information.

**Tuesday, Feb. 3**

**Community Smoking Cessation Class. (Part of a series).** Noon to 1 p.m. Oasis/HealthLink, ShoppingTown Mall, DeWitt. Free. Call 464-8668 to register.

- **Weekly Prayer Service.** See 1/27 listing.

**Spiritual Fitness.** 3 p.m. 2N, PM & R Dayroom, University Hospital.

**Infectious Diseases Conference.**

Donald Blair, MD, Upstate Medical University. 4 p.m. 304 Crouse Physician’s Office Bldg., Irving Avenue, Syracuse.

**College of Medicine Alumni**

**Phonathon.** Dinner: 6 p.m. Calling: 6:30 to 8:30 p.m. Atrium, Setnor Academic Bldg.

**Wednesday, Feb. 4**

**Anesthesiology Grand Rounds.** 6:45 to 8 a.m. Medical Alumni Aud., Wsk. Hall.

**Otolaryngology Grand Rounds.** 7 to 8 a.m. 6500 University Hospital.

**Surgery Morbidity/ Mortality Conference.** 7 to 8 a.m. 2231 Wsk. Hall.

**Orthopedic Grand Rounds.** 8 to 9 a.m. 6500 University Hospital.

**Neuroscience Grand Rounds.** “ALS.” Stanley Penc, MD, PhD. 8 to 9 a.m. 103 Wsk. Hall.

**Surgery Grand Rounds.** 8 to 9 a.m. 2231 Wsk. Hall.

**Pediatric Grand Rounds.** 9:15 to 10:30 a.m. 6500 University Hospital.

**Black History Month Opening Ceremony.** Panel Discussion: “Clinical Trials and the African American Community: Confronting the Issues and Shining a Positive Light.” Noon to 1 p.m. Ninth Floor Aud., Wsk. Hall.

- **Rev. Weez’s Storytime.** See 1/21 listing.

**Spiritual Care Grand Rounds.** “Breaking Bad News.” 4 to 5:15 p.m. First Flor Conference Room, Setnor Academic Bldg.

**Burn Survivors Support Group.** 5 to 7 p.m. 6551 University Hospital.

**HealthLink Seminar.** “Cataracts and Glaucoma” Evis Petrela, MD, Upstate Medical University. 6 to 7 p.m. Oasis/HealthLink, ShoppingTown Mall, DeWitt.

**Thursday, Feb. 5**

**SUNY Upstate New Employee Orientation.** 7 a.m. to 3:30 p.m. East Lounge, C.A.B.

**Medicine Grand Rounds.** 8:30 to 9:30 a.m. 1159 Wsk. Hall.

**Psychiatry Grand Rounds.** “Novel Medications for the Treatment of Attention-Deficit, Hyperactivity Disorder.” Floyd R. Sallee, MD, PhD, University of Cincinnati. 12:30 to 2 p.m. PBS Building, 713 Harrison St. Syracuse.

**Workshop.** “Upstate Stars Recognition Program.” 1 to 3 p.m. 205 Jacobsen Hall.

**WebCAIS for Travel RNs.** See 1/22 listing.

**Vascular Conference.** 5 p.m. 8800 University Hospital.

**College of Medicine Alumni Phonathon.** See 2/3 listing.

**HealthLink Seminar.** “Don’t Go Breakin’ My Heart.” Robert Carhart, MD, Upstate Medical University. 6 to 7 p.m. Oasis/HealthLink, ShoppingTown Mall, DeWitt.

**Friday, Feb. 6**

**SUNY Upstate New Employee Orientation.** 7 a.m. to noon. East Lounge, C.A.B.

**Obstetrics/Gynecology Grand Rounds.** 7:30 p.m. Marley Education Ctr.

**Community Smoking Cessation Class (Part of a series).** Noon to 1 p.m. Liverpool Library, 310 Tulip St., Liverpool. Free. Call 464-8668 to register.

**Clinical Hands-on Practice Orientation.** See 1/23 listing.

- **Mass.** See 1/23 listing.

**Film.** “Quantum of Solace.” Rated PG-13. 7:30 p.m. 103 Wsk. Hall. Free with SUNY Upstate ID. Guests: \$2.

**Saturday, Feb. 7**

**HealthLink Seminar.** “A Taste of Meditation.” Lisa Kaufmann, MD, Upstate Medical University. and Pauline Cecere, LCSW, private practice. 8:30 a.m. to 12:30 p.m. Oasis/HealthLink, ShoppingTown Mall, DeWitt.

- **Mass.** See 1/24 listing.

**Film.** “Quantum of Solace.” See 2/6 listing.

**Sunday, Feb. 8**

**HealthLink on Air.** See 1/25 listing.

- **Mass.** See 1/25 listing.

- Broadcast live from the Chapel on in-house Channel 40.

Watch “Upstate Magazine” on Staff ED TV channel 62 by visiting [upstate.edu/edcom/upstatemag](http://upstate.edu/edcom/upstatemag).

**Upstate Update**

**Issue:**  
**Feb. 18 to March 4**  
**Deadline:**  
**Feb. 2**

This interview-format radio show focuses on health and medical issues affecting Central New Yorkers. As with its parent, SUNY Upstate’s free HealthLink seminar series at ShoppingTown, *HealthLink On Air* was created to help Central New Yorkers become smarter health care consumers.

University Hospital’s  
**HealthLink**  
On Air

Sundays, 9 to 10 a.m. WSYR-570AM



Photograph by William Mueller

## Medical students learn career path options at networking event

*Ava Star, a third-year medical student at SUNY Upstate Medical University, left, discusses opportunities in the medical profession with Richard M. Cantor, MD, class of 1976 and a Medical Alumni Association board member, at the Third Annual Career Advisory Network Dinner Jan. 5 on the SUNY Upstate campus. Eighty-five second- and third -year College of Medicine students networked and shared a meal with SUNY Upstate alumni, faculty, resi-*

*dents, and staff members as they explored various career path options. The event, hosted by SUNY Upstate's College of Medicine Alumni Association and the Office of Student Affairs, was attended by more than 60 mentors, representing numerous medical specialties. More than 50 people attended a special career dinner on the Binghamton campus Jan. 12.*



This symbol represents **Engaging Excellence**, an initiative to challenge and encourage our employees to create the best workplace possible.

**Employees: To make address changes (i.e., building and/or room number), visit <http://selfserve.upstate.edu>**

**Upstate Update** is published by the Public and Media Relations Department at SUNY Upstate Medical University, Syracuse, NY. To submit news or calendar items, contact editor Doretta Royer, Fourth Floor, 250 Harrison Street, 464-4833; e-mail: [royerd@upstate.edu](mailto:royerd@upstate.edu).

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