

update

DECEMBER 10 THROUGH DECEMBER 24, 2008

Advanced cancer treatment system now in place at University Hospital

University Hospital patients can now access locally one of the most advanced cancer treatment systems—the TomoTherapy Hi Art treatment system.

Unlike traditional radiation therapy equipment, the TomoTherapy system's treatment delivery unit doubles as an on-board CT scanner. This allows true CT images of a patient's anatomy to be created with the same physical equipment used to treat that patient, bringing clinicians unprecedented confidence that tumors will receive their intended dosage from one day to the next. University Hospital is the only hospital in the central New York region to offer the treatment system.

According to Jeffrey Bogart, MD, in addition to the CT, or CTTrue image that can be taken for every patient, every

day, another major difference is the way that radiation hits the treatment area.

A single beam of radiation is modulated into smaller 'beamlets' that are delivered in a helical pattern, from any point in a 360° radius around the patient.

"Typically, tens of thousands of beamlets are included in this unique delivery

continued on page 4



TomoTherapy can be used to treat many types of cancers and is particularly advantageous for complex

treatments such as Stereotactic Body Radiation Therapy and Radiosurgery.

SUNY Upstate honored for 'best practice in HR technology'

SUNY Upstate Medical University was recently recognized at the CNY Employer of Distinction awards luncheon, held Oct. 16 at the Sheraton Syracuse University Hotel and Conference Center. The event was sponsored by the CNY Chapter of the Society for Human Resource Management, Success by Six and the Manufacturers Association of CNY and recognized local companies and organizations that best demonstrate a commitment to human resource excellence and family friendly practices in Central New York.

SUNY Upstate received a "Best Practice in Human Resources Technology" award for its innovative use of the

Internet and Web applications to provide more efficient human resources services to its customers.

"We are proud to be recognized for our collective efforts," said Eric Frost, associate vice president of SUNY Upstate's Human Resources Department. "Partnering with the Payroll Services Office and the Administrative Information Services Division of Information Management and Technology, we were able to initiate several new Web-based self-serve applications into business operations which resulted in a significant reduction in paper flow processes and allowed for initiation of system generated e-mails to our customers."

Frost and his staff, with the assistance of Educational Communications, also redesigned its Web site to allow for more immediate and up-to-date information and access to issues affecting the SUNY Upstate community, such as compensation, benefits, work/life balance and training. Two key features—Ask HR and HR on the Road—make HR staff more accessible to its customers and also serve to inform HR staff when a department may need additional assistance.

To access the HR Web site visit upstate.edu/hr.

Representatives from area agencies will be available to discuss strategies to successfully manage financial resources at SUNY Upstate's first Financial Fitness Fair Dec. 12, from 11 a.m. to 3 p.m. in the small cafeteria at University Hospital. The fair is presented by the Human Resources Benefits Office and the Employee Assistance Program.

Hotel Syracuse is the site of the 2008 Gala, to be held Dec. 12, beginning at 8 p.m. A patron party at the hotel, located at 500 S. Warren St., Syracuse, will precede the Gala at 7 p.m. Proceeds from the gala will support the creation of the Upstate Cancer Center at SUNY Upstate. For reservations, call 464-4416 or visit www.upstate.edu/foundation.

Advocates for Upstate Medical University will sponsor a poinsettia sale Dec. 11 and a book sale Dec. 15 and 16, from 9 a.m. to 4 p.m. in the small cafeteria at University Hospital. Proceeds will benefit Advocates grant funding program.

The Advocates' Gift Shop, located in the University Hospital lobby, has extended its hours to Monday through Thursday, from 8:30 a.m. to 7 p.m.; Friday, from 8:30 a.m. to 9 p.m.; and Saturday and Sunday, from 9:30 a.m. to 6 p.m. For information, call 464-4713.

Holiday "Cards for Kids" orders will be accepted through Dec. 24. For a brochure and order form, visit www.upstate.edu/events, e-mail trudella@upstate.edu or call 464-6133.

Donate new toys to local children in need through Dec. 16 during SUNY Upstate's annual Toy Drive. Collection boxes are located throughout the SUNY Upstate campus. Monetary donations may be made payable to United Way of Central New York, note "toy drive" on the check and mail to Nancy Prott, 1158 Weiskotten Hall.

The semi-annual meetings of the Faculty Organization and the Medical College Assembly will be held Dec. 17 in the Medical Alumni Auditorium at Weiskotten Hall. The Faculty Organization meeting begins at 4 p.m. with the meeting of the Medical College Assembly to follow at 5 p.m.

SUNY Upstate departments may request a summer intern through SUNY Upstate's President's Summer Internship/ Mentoring Program. The program targets talented under-represented college bound and college students from the Syracuse area, offering employment, and exposure to mentoring and health career opportunities. The program is funded by the President's Office. Slots are limited. The application deadline is Jan. 5. To download a request form, visit: upstate.edu/affirmativeaction/internship.php or call 464-5234 for more information.

Dec. 31 is the deadline to receive a free Team Upstate T-shirt by logging in community service hours on the Team Upstate Web site: upstate.edu/teamupstate. The site allows SUNY Upstate employees and students to maintain a record of their community service. Team Upstate participants are recognized for their efforts at a Team Upstate celebration in June. Employees may log on via Self-Serve, enter username and password and click "Community Service" under the "My Information" menu. Students may log on via the Student ISIS Banner Web site, enter secure area, log in using the User ID and Pin, click personal information, then community service, click "add entry." Community service information may be entered at any time throughout the year.

Proposals for Friend in Deed funding are being requested from SUNY Upstate employees who are interested in improving the patient experience and

care at University Hospital and its clinics. Guidelines and applications for funding are available on the Upstate Medical University Foundation Web site at upstate.edu/foundation/fid.php or by calling 464-4416. Applications require the approval of a department head. The deadline to submit applications is Jan. 18.

Holiday hours for the Health Sciences Library are: Dec. 19, from 7 a.m. to 5 p.m.; Dec. 20, from 9 a.m. to 5 p.m.; Dec. 21, from 10 a.m. to 5 p.m.; Dec. 22, from 7 a.m. to 5 p.m.; Dec. 23, from 7 a.m. to 5 p.m.; Dec. 24, from 7 a.m. to 3 p.m.; Dec. 25, 26, 27, 28, closed; Dec. 29, from 7 a.m. to 5 p.m.; Dec. 30, from 7 a.m. to 5 p.m.; Dec. 31, from 7 a.m. to 5 p.m.; Jan. 1, closed; Jan. 2, from 8:30 a.m. to 5 p.m.; Jan. 3, from 9 a.m. to 5 p.m.; and Jan. 4, from 10 a.m. to 5 p.m. Normal hours resume Jan. 5. For regular library hours, visit www.upstate.edu/library.

Central Distribution Services will conduct physical inventory Jan. 10 beginning at 7 a.m. Staff will respond only to emergency supply requests during inventory. To volunteer to count inventory, contact Carissa McNeilly at 464-2432.

Submissions for the 23rd annual writing award competition are being accepted by the Center for Bioethics and Humanities through March 13. The competition is open to SUNY Upstate matriculated students, residents, employees and faculty. The subject matter is open; categories include fiction, poetry, memoir and prose. Student winners will receive a monetary award. Faculty/employee winners will receive gift certificates. Winners will be announced and awards will be presented April 15. All submissions will receive consideration in the center's annual journal, *The Healing Muse*. For more information, call 464-5404.





Photograph by Deborah Rexine

Feeding the hungry

Hundreds of food items were donated by the SUNY Upstate Medical University community for the Salvation Army during the university's canned food drive held in November. The drive was sponsored by SUNY Upstate's College of Nursing and Team Upstate. With some of the goods collected are, from left, Elvira Szigeti, PhD, RN, dean of the College of Nursing, and nursing students Kim Eckett, Michael Doolittle and Denise Hiser-Ruddick.

April 1 is deadline for 2009 SUNY Upstate President's award nominations

Nominations are being accepted from the SUNY Upstate community for the 2009 SUNY Upstate Medical University President's Awards. Nominations for all award categories will be accepted through April 1, unless otherwise stated. The awards will be presented at the Fall Faculty Convocation in September.

Nominations may be submitted for the following categories:

President's Award for Advancement of Affirmative Action, which recognizes outstanding performance by faculty or staff in attaining Affirmation Action goals and promoting diversity at SUNY Upstate.

President's Award for Excellence in Library Science, which recognizes outstanding librarians and promotes excellence in their profession at SUNY Upstate. This award may be a precursor to the Chancellor's Award for Excellence in Librarianship.

President's Award for Excellence in Professional Service, which recognizes outstanding contributions made by professional associates of SUNY Upstate. This award may be a precursor

to the Chancellor's Award for Excellence in Professional Service.

President's Award for Excellence in Faculty Service, which recognizes outstanding contributions made by faculty of SUNY Upstate. This award may be a precursor to the Chancellor's Award for Excellence in Professional Service.

President's Award for Excellence and Leadership in Research, which recognizes outstanding investigators and promotes excellence in research at SUNY Upstate. This Award may be a precursor to the Chancellor's Award for Excellence in Scholarship and Creative Activities.

President's Award for Excellence in Basic Research by a Young Investigator, which recognizes young investigators who have had exceptional success in initiating their research careers. This award may be a precursor to the Chancellor's Award for Excellence in Scholarship and Creative Activities.

President's Award for Excellence in Clinical Research by a Young Investigator, which recognizes young medically prepared investigators who have had

exceptional success in initiating their research careers while meeting their responsibilities as clinicians. This award may be a precursor to the Chancellor's Award for Excellence in Scholarship and Creative Activities.

President's Awards for Excellence in Teaching, which recognizes outstanding teachers and rewards them for their excellence in teaching at SUNY Upstate. This award may be a precursor to the Chancellor's Award for Excellence in Teaching.

President's Awards for Outstanding Voluntary Faculty, which identifies and recognizes SUNY Upstate's commitment to outstanding voluntary faculty and promotes their continued involvement at SUNY Upstate. Clinical and voluntary faculty are eligible for this recognition.

Nomination forms are available through the Office of the Associate Vice President for Academic Affairs, 1010 Jacobsen Hall, or by calling 464-4520 or e-mailing bourkem@upstate.edu.

Upstate Update to alter distribution in 2009

Beginning Jan. 7, SUNY Upstate Medical University's newsletter, *Upstate Update*, will no longer be mailed to each member of the SUNY Upstate community. A limited number of paper copies will be available at several campus locations. The newsletter will continue to be available online at upstate.edu/publicaffairs/update.

The change in distribution is part of an Engaging Excellence plan of SUNY Upstate's Office of Public and Media Relations to reduce university costs by delivering news in a more efficient and cost-effective manner.

SUNY Upstate is currently looking at ways to incorporate the weekly *Upstate Announcements*, the campuswide e-mail notice of upcoming events, with an enhanced online version of *Upstate Update*.

The move to a limited number of paper copies will serve as the next step in phasing in a newsletter that will be available exclusively online.

Upstate Update is currently mailed every two weeks to 6,300 members of the SUNY Upstate community at a cost of approximately \$2,050. Twenty-six issues of the newsletter are printed each year. By reducing the number of copies from 6,300 to 1,000 for each issue, the university will save more than \$43,000 per year and \$215,000 over a five-year period.

Treatment—continued from page 1

pattern," said Dr. Bogart, professor and chair of the Department of Radiation Oncology at University Hospital. "With that many beamlets, delivered from all angles around the patient, dose conforms to the tumor and avoids critical organs, resulting in improved outcomes, fewer side effects and a higher quality of life. Our patients will benefit from TomoTherapy treatments since the radiation can be pinpointed exactly where it needs to go, minimizing damage to healthy tissues and reducing side effects."

Prior to each treatment, the patient, lying on the couch, moves through the TomoTherapy machine for a CT scan, called a CTrue image. Images taken verify the shape, size and location of the tumor.

The CTrue image is compared to the original planning CT image that may have been taken days before. If necessary, adjustments to the plan and patient set-up are made immediately. The patient then moves through the TomoTherapy treatment system again where the radiation is delivered 360 degrees around the tumor. The entire procedure can be completed in less than 20 minutes.

TomoTherapy can be used to treat many types of cancers and is particularly advantageous for complex treatments such as Stereotactic Body Radiation Therapy and Radiosurgery.

For more information about the cancer treatment system, call 315-464-5276.

**Upstate Update
Production Schedule**

Issue:
Dec. 24 to Jan. 7
Deadline:
Dec. 15

2009 health insurance rates announced

The 2009 health insurance rates for state employees have been announced. Employees who participate in the New York State Health Insurance Program (NYSHIP) will receive a "Rates and Deadlines" publication, mailed to their homes from the Department of Civil Service Employee Benefits Division.

State 2009 bi-weekly employee rates:

Health Option	Individual	Family
1.) Empire Plan:		
CSEA Represented	\$22.46	\$98.16
PEF/UUP Represented & M/C	\$22.16	\$97.06
Council 82/NYSCOPBA Represented	\$22.61	\$98.77
2.) HMO-Blue		
	\$66.28	\$232.48
3.) MVP		
	\$38.04	\$161.35

The cost of individual and family HMO-Blue coverage for 2009 has increased by more than 200 percent. To compare the plans available in Onondaga County, visit https://www.cs.state.ny.us/ebd/ebdonlinecenter/option_transfer/index.cfm?group=ny.

Effective Jan. 1, OptumHealth Behavioral Solutions (OptumHealth) will

be the mental health and substance abuse vendor for the Empire Plan. Enrollees and covered dependents may verify the network status of their MHSA providers in OptumHealth's network by calling the NYSHIP's Empire Plan toll free number at 1-877-769-7447, select Option 3, and select the 2009 MHSA option for OptumHealth. Empire Plan enrollees and covered dependents may check the status of their providers in OptumHealth's network online at www.EmpirePlanMHSA2009.com.

The deadline for state employees to change their health insurance carrier is Jan. 5.

Changes for 2009 will be effective Dec. 25. Individuals who do not change options will see the 2009 rates in the Dec. 24 paycheck. For individuals who change to a new option, most deduction changes will be effective later in January 2009 and will include retroactive adjustments in your paycheck.

Visit the following Web site for more information regarding the 2009 Annual Health Option Transfer Period: http://www.upstate.edu/hr/intra/staff_resources/benefits/changing_options_state.php.

ROUNDS

Debora Kirsch, MS, RN, CNS, clinical assistant professor in the College of Nursing, presented a poster titled “Necessary Components for Outreach Initiatives: Bringing a RN-BS Program to a Rural Community Hospital” at the 2008 American Association of Colleges of Nursing Baccalaureate Education Conference Dec. 4 to 6 in San Antonio, Texas.

Maxine S. Thompson, MSW, LCSW-R, director of Diversity and Affirmative Action, delivered the commencement address to graduates of Healthcorps



Maxine Thompson

Shawky Z. A. Badawy, MD, professor and chair of the Department of Obstetrics and Gynecology and director of Reproductive Endocrinology and Infertility, was invited to present his research on endometriosis at the 13th Annual International meeting of the Egyptian Fertility and Sterility Society Oct. 16 and 17 in Cairo, Egypt. He was also invited to present a lecture on pediatric and adolescent gynecology to faculty, residents and medical students at Zagazig University Oct. 21 in the



Shawky Badawy

Nov. 7 at the Renaissance Hotel in Syracuse. Healthcorps, a program of the Syracuse Community Health Center, provides participants with opportunities to pursue health careers to later practice in underserved areas.

Sharkia Province, Egypt. The Zagazig University awarded Dr. Badawy with the Medal of the Medical Syndicate of Sharkia Province and a letter of commendation in appreciation of his

teaching and contributions to the specialty, worldwide.

Richard H. Aubry, MD, MPH, was honored by the March of Dimes for his significant contributions to the organization and to improve the outcomes of pregnancy at the organization’s Signature Chefs Auction Oct. 20 at Traditions at the



Richard Aubry

Links in Manlius.

George Gaebler, MEd, RRT, FAARC, director of Respiratory Care, was elected to a two-year term as vice president of internal affairs for the American Association for Respiratory Care (AARC). The association is primarily responsible for developing educational opportunities for its members and ensuring that the standards of care and practice in the profession are developed and maintained.

Gail Banach, director of education at the Upstate New York Poison Center, was invited to participate in a stakeholder meeting hosted by the CDC focusing on “Preventing Unsupervised Medication Ingestions and Overdoses in Children” Nov. 12 to 14 in Atlanta. Attending the meeting were national leaders from industry, academia, professional organizations and federal agencies who outlined strategies for preventing unintentional overdoses of over-the-counter children’s medications.



Gail Banach

College of Medicine students **Karen Tang** and **Cadessa Ramharrack** graduated from the Coler-Goldwater Medical Student Externship Program in October. The program enhanced the students’ understanding of chronic illness and the interdisciplinary team approach that is required to care for people with chronic illness.

The Rev. Terry Culbertson, MDIV, BCC, CT, spiritual care manager, clinical pastoral education supervisor and clinical assistant professor of medicine, presented a lecture titled, “Spirituality and Aging” to the Syracuse University Soling Project Legacy Class Nov. 10. She also presented “The Need for Spirituality in Healthcare,” at a forum sponsored by the Mind Body Health Alliance Dec. 9 at Hospice of Central New York in Liverpool.



Terry Culbertson

Dominic A. Carone, PhD, ABPP-CN, has received board certification status in clinical neuropsychology from the American Board of Professional Psychology (ABPP). Board certification attests to excellence in meeting the advanced education, training, and professional standing established by the American Board of Clinical Neuropsychology and ABPP as well as examination by peers in the specialty attesting to the demonstration of practice at the specialty level.



Dominic Carone

Wednesday, Dec. 10

Holiday Happening. 5 to 6 a.m. Café 750, University Hospital.

Anesthesiology Grand

Rounds. 6:45 to 8 a.m. Medical Alumni Aud., Wsk. Hall.

Otolaryngology Grand

Rounds. 7 to 8 a.m. 6500 University Hospital.

Surgery Morbidity/ Mortality Conference.

7 to 8 a.m. 2231 Wsk. Hall.

WebCAIS/Groupwise Class (licensed).

7:30 a.m. to noon. Classroom D, Institute for Human Performance.

Orthopedic Grand Rounds.

8 to 9 a.m. 6500 University Hospital.

Surgery Grand Rounds.

“Recombinant Activated Factor VII: When, How and Why.” Margaret A. Tandoh, MD, Upstate Medical University. 8 to 9 a.m. 2231 Wsk. Hall.

Scrub Jacket Sale.

8:30 to 11:30 a.m. and 1:30 to 4:30 p.m. Small Cafeteria, University Hospital.

Workshop.

“Quality Management and Outcomes Measurement.” 9 to 11 a.m. 205 Jacobsen Hall.

Pediatric Grand Rounds.

“Eye Trauma in the Amblyopic Child.” Stephen Merriam, MD, Upstate Medical University. 9:15 to 10:30 a.m. 6500 University Hospital.

Emergency Medicine Grand

Rounds. 10:30 to 11:30 a.m. 103 Wsk. Hall.

Holiday Luncheon hosted by Advocates for Upstate Medical University.

“How Literature Builds the Characteristics of Good Leadership.” Gregory L. Eastwood, MD, Upstate Medical University. 11:30 a.m. to 1:30 p.m. Genesee Grande Hotel, 1060 E. Genesee St., Syracuse.

• Rev. Weez's Storytime.

Noon. Interfaith Chapel, University Hospital.

Thursday, Dec. 11

60-Day Retention Program.

7:45 to 8:45 a.m. or 3:45 to 4:45 p.m. 118 University Hospital.

Poinsettia Sale.

Small Cafeteria, University Hospital.

Nursing Services Orientation (NSO).

8 a.m. to 12:15 p.m. (PSC, monitor techs, psych therapy techs); 8 a.m. to 3:30 p.m. (RN, LPN, GN, GPN, CT, UST). 1328B University Hospital.

Workshop.

“UUP Performance Management Fundamentals.” 9 to 11:30 a.m. 205 Jacobsen Hall.

Workshop.

“Workplace Violence: CPT Non-Violent Crisis Intervention.” Noon to 8 p.m. 3509 Setnor Academic Bldg.

Medical Grand Rounds.

8:30 to 9:30 a.m. 1159 Wsk. Hall.

Psychiatry Grand Rounds.

“Schema Therapy: Basic Theory and Outcome Research.” George Lockwood, PhD, Schema Therapy Institute Midwest. 12:30 to 2 p.m. PBS Building, 713 Harrison St. Syracuse.

WebCais.

1 to 3 p.m. Classroom C, Institute for Human Performance.

Vascular Conference.

“Diabetic Wound Care.” Roy Ostarnder, Hanger Prosthetics. 5 p.m. 8800 University Hospital.

Friday, Dec. 12

Obstetrics/Gynecology Grand

Rounds. “A Clinical Update on Intrauterine Contraception.” Philip L. Ferro, MD, Upstate Medical University. 7:30 a.m. Sulzle Aud., Marley Education Ctr.

Financial Fitness Fair.

11 a.m. to 3 p.m. Small Cafeteria, University

Hospital.

• Mass. Noon.

Interfaith Chapel, University Hospital.

Gala 2008 Patron Party.

7 p.m. Hotel Syracuse Radisson Plaza, 500 S. Warren St., Syracuse.

Gala 2008.

8 p.m. Hotel Syracuse Radisson Plaza, 500 S. Warren St., Syracuse.

Saturday, Dec. 13

• Mass. 4 p.m.

Interfaith Chapel, University Hospital.

Sunday, Dec. 14

HealthLink on Air. 9 to 10 a.m. WSYR-570AM.

• Mass. Noon.

Interfaith Chapel, University Hospital.

Monday, Dec. 15

Book Sale. Small Cafeteria, University Hospital.

• Mass. Noon.

Interfaith Chapel, University Hospital.

Biochemistry and Molecular Biology Seminar.

“Expression and Function of the Retinal Homeobox (Rx) Gene in Retinal Progenitor Cells.” Heithem El-Hodiri, PhD, Research Institute at Nationwide Children's Hospital. Noon. 2231 Wsk. Hall.

Tuesday, Dec. 16

Book Sale. Small Cafeteria, University Hospital.

• Weekly Prayer Service.

Noon. Interfaith Chapel, University Hospital.

Spiritual Fitness.

3 p.m. 2N, PM & R Dayroom, University Hospital.

Infectious Diseases

Conference. Donald Blair, MD, Upstate Medical University. 4 p.m. 304 Crouse Physician's Office Bldg., Irving Avenue, Syracuse.

Wednesday, Dec. 17

Anesthesiology Grand

Rounds. 6:45 to 8 a.m.

Medical Alumni Aud., Wsk. Hall.

Otolaryngology Grand

Rounds. 7 to 8 a.m. 6500 University Hospital.

Surgery Morbidity/ Mortality

Conference. 7 to 8 a.m. 2231 Wsk. Hall.

Workshop.

“Workplace Violence: CPT Non-Violent Crisis Intervention.” 7:30 a.m. to 3:30 p.m. 3509 Setnor Academic Bldg.

Orthopedic Grand Rounds.

8 to 9 a.m. 6500 University Hospital.

Neuroscience Grand Rounds.

“Reconstructive Approaches to Scalp, Calvarial and Skull Base Defects.” Sydney Butts, MD, Upstate Medical University. 8 to 9 a.m. 103 Wsk. Hall.

Surgery Grand Rounds.

John D. Fey, MD, Syracuse VA Hospital. 8 to 9 a.m. 2231 Wsk. Hall.

Pediatric Grand Rounds.

Hans Hartenstein Endowed Lecture: “Maintenance of Certification: The Role of the American Board of Pediatrics in Improving Children's Health.” Paul Miles MD, American Board of Pediatrics. 9:15 to 10:30 a.m. 6500 University Hospital.

Creative Writing Workshop.

Noon to 1 p.m. Center for Bioethics and Humanities, 725 Irving Ave., Suite 406.

Pathology Grand Rounds.

“Role of the Kinase Mirk in Pancreatic and Colon Cancers.” Eileen Friedman, PhD. Noon to 1 p.m. 6717 University Hospital.

• Rev. Weez's Storytime. See 12/10 listing.

Center for Children's Health

Policy Seminar. Paul V. Miles, MD, American Board of Pediatrics. 3 to 4 p.m. 9299 Wsk. Hall.

Semi-annual Meeting of the Faculty Organization. 4 p.m.

Medical Alumni Aud., Wsk. Hall.

Semi-annual Meeting of the Medical College Assembly.

5 p.m. Medical Alumni Aud., Wsk. Hall.

Thursday, Dec. 18

SUNY Upstate New Employee Orientation.

7 a.m. to 3:30 p.m. East Lounge, C.A.B.

Medical Grand Rounds.

8:30 to 9:30 a.m. 1159 Wsk. Hall.

Psychiatry Grand Rounds.

“Mad or Bad? Treating Women's Mental Illness from the Late Eighteenth Century to World War 1.” Geraldine Forbes, PhD, SUNY Oswego. 12:30 to 2 p.m. PBS Building, 713 Harrison St. Syracuse.

WebCAIS for Travel RNs.

1:30 to 5:30 p.m. Classroom D, Institute for Human Performance. Contact Barb Bennett 464-9267 or e-mail bennettb@upstate.edu with questions.

Vascular Conference.

5 p.m. 8800 University Hospital.

Friday, Dec. 19

SUNY Upstate New Employee

Orientation. “High Touch, Low Tech: The Impact of Cesarean Section.” Robert Neulander, MD. 7 a.m. to noon. East Lounge, C.A.B.

Obstetrics/Gynecology Grand

Rounds. “High Touch, Low Tech: The Impact of Cesarean Section.” Robert Neulander, MD, Choices West. 7:30 a.m. Sulzle Aud., Marley Education Ctr.

• Mass. See 12/12 listing.

Clinical Hands-on Practice

Orientation (CHOP). Noon to 3:30 p.m. East Lounge, C.A.B.

Saturday, Dec. 20

WebCAIS/Groupwise Class

(unlicensed). 7:30 a.m. to noon. Classroom D, Institute for Human

continued on page 7

Residents don chef hats and aprons for 'kitchen rounds' with executive chef

Their teacher was duly outfitted: hat, protective clothing, rubber gloves. A dozen medical residents were dressed similarly and all gave the instructor their rapt attention. Pagers beeped during the discussion. A familiar scene?

But listen closely.

"The mozzarella is absolutely gorgeous."

"When you have the full blade moving you have more accidents."

"Don't splatter the olive oil."

"Make sure you soak the apple after you've cored and sliced it."

The medical residents were not in the ICU or outpatient clinic. They were busy making rounds in the kitchen of Café 750, University Hospital's cafeteria. In fact they were preparing a three-course dinner as a team building exercise. And it wasn't one of Rachael Ray's 30-minute meals. This was a full out intensive kitchen experience, requiring the use of various kitchen utensils and indepth knowledge of ingredients.

Morrison's Healthcare Food Services' Executive Chef Tom Kiernan kept the medical residents on task by providing each with particular responsibilities. Sous chef Bill Gokey and Morrison's manager Jamie Nicolosi also were on board as teachers.

For the Salade Caprese, Kiernan instructed several residents on how to turn cheese curds into fresh mozzarella, which involved kneading and stretching the curd in warm water. Another group had to thinly slice ripe tomatoes with a large blade knife that proved awkward for some until Kiernan showed how it was done.

"When you have the full blade moving, you



Photograph by Deborah Rexine

Tom Kiernan, second from right, executive chef with Morrison's Healthcare Food Services, shows medical residents how to make mozzarella cheese from cheese curds during a team-buildig exercise in the kitchen of Cafe 750. Looking on, from left

are, Michael Iannuzzi, MD, chair of the Department of Medicine, Adnan Cemer, MD, Hamidullah Fala, MD, Venmathi Sundararaju, MD, and Anjali Parajuli, MD.

have more accidents," he said. "By leaving the knife tip on the cutting board, you can make a more stable cut, leading to a perfectly sliced tomato. You might knick a knuckle, but we don't want a cut finger."

Along with the salad and its balsamic vinaigrette dressing, the menu featured a main course of chicken picatta, sautéed penne with fresh roasted garlic and leeks, spaghetti squash provencal, foccacia and warm apple cobbler. All prepared, cooked and eaten by the medical residents.

"When you invite someone into your kitchen, it's a welcoming feeling," said Michael Iannuzzi, MD, professor and chair of the Department of Medicine, whose idea it was to invite medical residents to the hospital kitchen. "Following a recipe and cooking and preparing a meal together side-by-side

is a great opportunity to experience ourselves in a different way," he said. "We're not discussing medical care, standing at a bedside. We're in a completely different setting."

Anurag Gandhi, a medical resident from India, felt much the same way. "It's a new experience and so different from all our other experiences, that it really brings out team spirit."

Dr. Iannuzzi said the experience also helped showcase the hospital's food service operation that sees about 3,000 customers a day and prepares 800 patient meals daily. Dr. Iannuzzi hopes to make this activity an annual event, perhaps including faculty and other department staff.

Calendar—continued from page 6

Performance.

• **Mass.** See 12/13 listing.

Sunday, Dec. 21

HealthLink on Air. See 12/14 listing.

• **Mass.** See 12/14 listing.

Monday, Dec. 22

Nursing Services Orientation (NSO). See 12/11 listing.

• **Mass.** See 12/15 listing.

Tuesday, Dec. 23

• **Weekly Prayer Service.** See 12/16 listing.

Vocera. 1 to 3 p.m. Classroom C, Institute for Human Performance.

Spiritual Fitness. See 12/16 listing.

Infectious Diseases Conference. 4 p.m. 304 Crouse Physician's Office Bldg., Irving Avenue, Syracuse.

Wednesday, Dec. 24

WebCAIS/Groupwise Class (licensed). 7:30 a.m. to noon. Classroom D, Institute for Human Performance.

• **Rev. Weez's Storytime.** See 12/10 listing.

Friday, Dec. 26

WebCAIS/Groupwise Class (unlicensed). 7:30 a.m. to noon. Classroom D, Institute for Human Performance.

• **Mass.** See 12/12 listing.

Saturday, Dec. 27

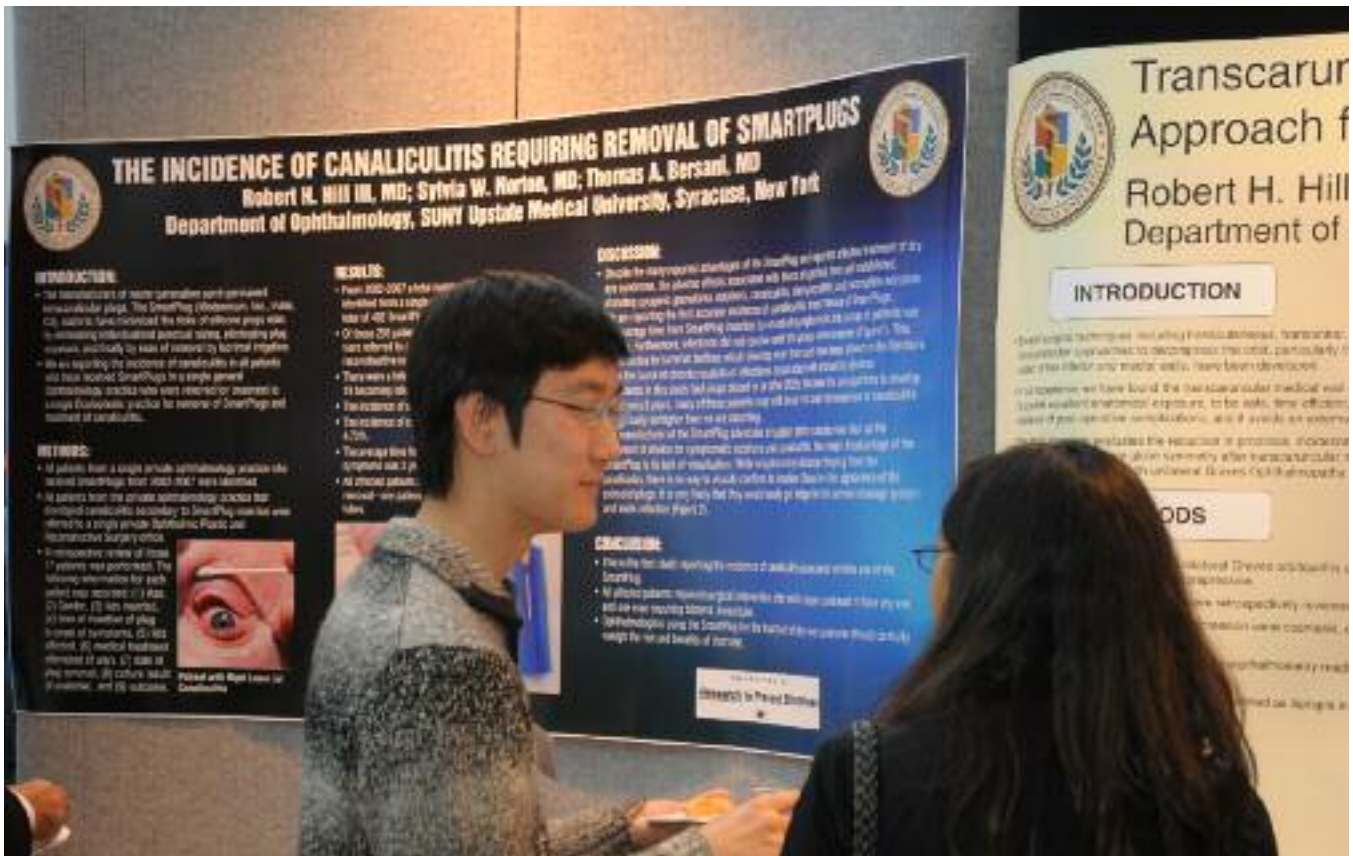
• **Mass.** See 12/13 listing.

Sunday, Dec. 28

HealthLink on Air. See 12/14 listing.

• **Mass.** See 12/14 listing.

• Broadcast live from the Chapel on in-house Channel 40.



Sharing knowledge to better understand and treat disorders of the eye

Experts in the diagnosis, treatment and research into eye disorders addressed more than 250 ophthalmologists and other ophthalmic health professionals from across the country at the second largest ophthalmology meeting on the East Coast, sponsored by SUNY Upstate Medical University's Department of Ophthalmology Nov. 21 and 22 at the Nicholas J. Pirro Convention Center at Oncenter. The meeting, cosponsored by SUNY Upstate's Office of Continuing Medical Education, addressed current issues, trends and research findings related to a

myriad of ocular diseases, including age-related macular degeneration, uveal melanoma, retinal tumors, retinoblastoma, glaucoma, cataracts and pediatric eye disorders. Above, from left, medical students William Hou and Mohini Gurme view research posters during a break in sessions. Medical students planning a career in ophthalmology and ophthalmology residents at SUNY Upstate and other residency programs also attended the program.

This symbol represents **Engaging Excellence**, an initiative to challenge and encourage our employees to create the best workplace possible.



Employees: To make address changes (i.e., building and/or room number), visit <http://selfserve.upstate.edu>

.....
Upstate Update is published by the Public and Media Relations Department at SUNY Upstate Medical University, Syracuse, NY. To submit news or calendar items, contact editor Doretta Royer, Fourth Floor, 250 Harrison Street, 464-4833; e-mail: royerd.

Printed by Upstate Medical University Duplicating and Printing Services.