

# update

NOVEMBER 26 THROUGH DECEMBER 10, 2008

## NIH awards SUNY Upstate \$2M for bone density study

Funded by a \$2 million grant from the National Institutes of Health, SUNY Upstate Medical University researchers will investigate whether gymnastic participation during childhood and adolescence leads to stronger, thicker bones in adulthood, decreasing the risk of osteoporosis (brittle bones) in old age. Principal investigator SUNY Upstate Associate Professor Tamara A. Scerpella, MD, has been studying the skeletal effects of gymnastics during growth for more than a decade.

Researchers will compare growth in bone density, size, shape and strength for female gymnasts between the ages of 9 and 11 with non-gymnasts of the same age over a span of five years. In addition, this funding will allow continued monitoring of bone properties in gymnasts and non-gymnasts from an earlier study, begun in 1997, as they age into their mid-20s.

"Our work uses gymnastics as a model for impact loading exercise, evaluating the effect that this exercise has on the growing skeleton. Our earlier study shows that gymnastic activity increases bone acquisition during growth, yet the extent to which these benefits are maintained is unclear," said Dr. Scerpella, an orthopedic surgeon who, as an undergraduate, was a gymnast at the University of Iowa. "This work will provide a unique longitudinal perspective of bone growth and skeletal maintenance in the context of



Photograph by William Mueller

*Lauren Gildemeyer of Baldwinsville, a champion gymnast at the College of Brockport, has been part of Professor Tamara A. Scerpella's earlier study on bone density for the last 7 years.*

maturation and physical activity, and will assess the feasibility of developing an appropriate adolescent exercise prescription to increase adult bone strength."

Study participants will undergo annual DXA (dual energy X-ray absorptiometry) scans to evaluate skeletal geometry, density and strength

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## Findings of SUNY Upstate study shed light on vision disorders

Pluripotent stem cells — those, like embryonic stem cells, that give rise to almost every type of cell in the body — can be converted into the different classes of retinal cells necessary for vision, according to a new study from researchers at SUNY Upstate Medical University.

This research points to exciting new possibilities for preventing or reversing the disabling vision loss caused by age-related macular degeneration, diabetes retinopathy, retinitis pigmentosa, glaucoma, and other diseases that damage the retina, the layer of light-sensitive nerve cells that line the back of the eye. The research was presented this month at Neuroscience 2008, the annual meeting of the Society for Neuroscience in Washington, D.C.

"Vision is lost in these diseases because one or more of the seven retinal cell types die," said the study's lead author, Michael Zuber, PhD, assistant professor of ophthalmology and adjunct assistant professor of biochemistry and molecular biology at SUNY Upstate. "Current treatments can slow these diseases' progression, but they can't replace lost retinal cells. Pluripotent cells offer a promising starting point from which to generate new retinal cells."

Dr. Zuber and his colleagues knew that cultured pluripotent cells could be induced to express some retinal cell genes, but they didn't know if all

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## CAMPUS BRIEFS

**President David R. Smith, MD, announces 2009 Town Hall meetings.** Beginning January 2009, SUNY Upstate President David R. Smith, MD, invites all members of the SUNY Upstate community to attend the quarterly President's Town Hall meetings. Each meeting will focus on a different SUNY Upstate mission. Content will include: presentation of campus values; celebrating faculty, staff, students and volunteers who represent those values; important initiatives and projects related to the Town Hall theme, including a question and answer session. Dr. Smith and his administrative team will be available to answer questions from the audience.

The Town Hall themed-meetings will be held:

- Jan. 13, from 9 to 10 a.m., 6500 University Hospital. Theme: Clinical Enterprise.
- April 14, from 9 to 10 a.m., 103 Weiskotten Hall. Theme: Research Enterprise.
- July 14, from 9 to 10 a.m., 6500 University Hospital. Theme: University Wide—includes operational and infrastructure updates, such as Facilities, Human Resources, Parking, Budget, etc.
- Oct. 13, from 9 to 10 a.m., 103 Weiskotten Hall. Theme: All College—includes information on SUNY Upstate's colleges of Medicine, Nursing, Health Professions and Graduate Studies.

**Information regarding HIV services on campus and in the community will be available at an information table sponsored by the Adult Infectious Disease Clinic on World AIDS Day Dec. 1, from 8 a.m. to 2:30 p.m. in the University Hospital second floor lobby.**

**The sixth annual Golisano Children's Hospital Radiothon will be broadcast live on NewsRadio 570 WSYR Dec. 4 and 5, each day from 5 a.m. to 7 p.m., from the second floor lobby at University Hospital. To make a pledge during the radiothon, call 464-KIDS. To raise money prior to the radiothon, become a**

**Change Bandit.** For a Change Bandit kit or more information about the radiothon, call 464-5748 or e-mail grabowsr@upstate.edu.

**"Path to Promotion" sessions for College of Medicine assistant professors are scheduled Dec. 3, at noon in 1164 Weiskotten and Dec. 4, at 7 a.m. in 6500 University Hospital. R.S.V.P. to Gail Mead at 464-1681 or meadg@upstate.edu. The sessions are presented by the Office of Faculty Affairs.**

**Volunteers are needed for the Sixth Annual Golisano Children's Hospital Radiothon, to be broadcast live from University Hospital's second floor lobby Dec. 4 and 5. Volunteers are needed for two-hour shifts, from 6 a.m. to 7 p.m. both days. To volunteer or for more information, call 464-5748 or e-mail grabowr@upstate.edu.**

**SUNY Upstate's Choir is looking for singers to join and to perform on in-patient units Dec. 9 and at the Holiday Happening Dec. 9 and 10. Rehearsal is scheduled for Dec. 2, from 3 to 4 p.m. in the University Hospital Interfaith Chapel. For information, email putneys@upstate.edu.**

**A scrub jacket sale, presented by University Hospital's 3R committee, will be held Dec. 10, from 8:30 to 11:30 a.m. and 1:30 to 4:30 p.m. in the small cafeteria at University Hospital. Hot cider and donuts will also be available for sale.**

**Former SUNY Upstate President Gregory Eastwood, MD, will speak at a holiday luncheon sponsored by Advocates for Upstate Medical University Dec. 10, from 11:30 a.m. to 1:30 p.m. at the Genesee Grande Hotel, 1060 E. Genesee St., Syracuse. Tickets are \$20 per person. For more information or reservations, call 464-5610.**

**Representatives from area agencies will be available to discuss with members of the SUNY Upstate community strategies to successfully manage financial resources**

**at SUNY Upstate's first Financial Fitness Fair Dec. 12, from 11 a.m. to 3 p.m. in the small cafeteria at University Hospital. Participating agencies include: Consumer Credit Counseling Services of Central New York, State Employees Federal Credit Union (SEFCU), U.S. Savings Bonds, National Grid Consumer Advocate, New York State Deferred Compensation Plan, Social Security Administration, New York State Employees Retirement System and Upstate Financial Services Department. The fair is presented by the Human Resources Benefits Office and the Employee Assistance Program.**

**Proposals for Friend in Deed funding are being requested from SUNY Upstate employees who are interested in improving the patient experience and care at University Hospital and its clinics. Guidelines and applications for funding are available on the Upstate Medical University Foundation Web site at [upstate.edu/foundation/fid.php](http://upstate.edu/foundation/fid.php) or by calling 464-4416. Applications require the approval of a department head. The deadline to submit applications is Jan. 18.**

**Donate new toys to local children in need through Dec. 16 during SUNY Upstate's annual Toy Drive. Collection boxes are located at the main lobbies at Weiskotten, Jacobsen and Silverman Hall, UHCC and C.A.B.; 1500A University Hospital; 250 Harrison St., Fourth Floor; 550 Harrison Center, Suite 105; 545 Cedar Street, Third Floor; and the IMT Second Floor Lunch Room and the Financial Services Lunch Room at Widewaters. The drive is sponsored by SUNY Upstate, the College of Health Professions and Team Upstate in collaboration with the United Way, the Salvation Army and many community partners. For more information, call 464-6903 or e-mail [curryl@upstate.edu](mailto:curryl@upstate.edu). Monetary donations may be made payable to United Way of Central New York, note "toy drive" and mailed to Nancy Prott, 1158 Weiskotten Hall.**



## What goes where and when: Putting the pieces together

It's visible from 690 and even across town from the Woodland Reservoir on the city's west side. It's the new arrival on Syracuse's skyline, but from Tom Pelis's window in his Campus Activities Building office, the six-story East Tower expansion—SUNY Upstate Medical University's most ambitious expansion project ever—is hidden from view.

Not to worry. Pelis knows exactly where the project stands, almost hourly. As assistant vice president for facilities and planning, Pelis has the responsibility of ensuring that construction on the East Tower expansion is completed on time and that it's furnished, wired, painted and ready to welcome patients this summer.

Starting in January the first of the six East Tower floors—the seventh floor—will be turned over to the university to be furnished and prepped for occupancy, expected in June. Contractors will sign off on the other floors throughout the spring.

"Unless you are close to the project, I don't think you can understand all that needs to be done once the last construction worker has left the site," Pelis said. "There are so many people, parts and details that need to be coordinated and integrated into an overall occupancy schedule that it can be an overwhelming process unless you've got the right amount of coordination. It is critically important that the construction schedule and the occupancy schedule are fully coordinated and integrated."

A schedule, titled the "East Tower



Photograph by William Mueller

*Tom Pelis, assistant vice president for facilities and planning, in his office at the Campus Activities Building.*

Group III and Occupancy Schedule" is the roadmap for the post-construction phase of the project. The electronic version is updated daily, if necessary. The hard copy version can be found most often under the arms of hospital administrators going to and from meetings or played out on conference room tables.

It's the grand schedule of when every item, from wastebaskets to beds, from soap dispensers to Pyxis units must be installed on each floor.

The document details the purchase

of video projectors, refrigerators, wireless clocks, vending machines, linen carts, nurse call systems, pharmacy hoods and medical monitoring and other equipment for the floors.

The schedule also alerts administrators on when discussion needs to end and decisions made on issues as broad and varied as the evaluation of linen cart offerings, estimating mail volume for the new units, determining mail delivery locations and addresses, unit staffing and grand opening celebrations.

It also lists when staff orientation of the new floors needs to occur and ultimately the movement of patients into the East Tower.

Making all the pieces fit on major construction projects has been part of Pelis's life for the past three decades.

After receiving an MBA from LeMoyne College, Pelis worked in various positions at O'Brien & Gere Engineers and Technical Services Inc. During his 22-year stay at the engineering firm (1976-1998), Pelis oversaw engineering and construction projects as far away as California and Colorado. He served as president of Sear-Brown Project Delivery Group in Rochester, a 600-employee owned architectural, engineering and construction company that provided services to the industrial, commercial, institutional and public transportation markets.

Most recently, Pelis has been an executive with Hope Lake Investors overseeing the engineering and construction details for a condominium and indoor waterpark complex and resort at the Greek Peak Ski Resort in nearby Virgil. This complex is pursuing LEED certification as a green building.

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The treehouse for the Golisano Children's Hospital at Upstate is the last remaining design concept to be completed on the East Tower expansion. The above view is from Irving Avenue looking west.

He was appointed to his current post at SUNY Upstate June 2.

But his work at SUNY Upstate is most pleasing to Pelis as it enables him to combine his engineering background with his longtime interest in medicine.

"Working for an academic health center is the closest I will get to becoming a doctor," he said, noting that his early career goals did include medicine.

The East Tower expansion has been one of the most high-profile projects in the Syracuse area, especially with a 267-foot tower crane that crowned the local skyline for months as crews built

on top of the hospital's East Wing.

"The real challenge of this project was building on top of a hospital facility that was fully functional throughout the process," he said. "This project has been well planned and well conceived from the very beginning and everyone involved at Upstate should be congratulated.

"We're coming quickly to the end of construction, and that's a terrific feeling for all who have worked so well on this project," Pelis said. "The end of construction really means there's a lot of work left do, but time will go very quickly."

## Is there a committee in the house?

Six committees are meeting in the homestretch of construction on the East Tower to ensure all the issues associated with opening the new patient floors are fully addressed and discussed.

The East Tower Steering Committee comprises representatives of smaller committees addressing particular issues.

### East Tower Steering Committee membership includes

- Barb Bennett RN (Nursing Administration)
- Shaw Button MD (Pediatrics)
- Julie Briggs (Hospital Administration)
- David Duggan MD (Medicine)
- Jeff French (Radiation Oncology)
- Darryl Geddes (Public Relations)
- Walter Hall MD (Neurosurgery)
- Kelly Hartman (Purchasing)
- Lisa Hoyle RN (Nursing Administration)
- Katie Mooney RN (Nursing Administration)
- Paul Seale (Hospital Administration)
- Sue Knapp (Hospital Administration)
- Richard Litz (Purchasing)
- Robert Marzella (Hospital Administration)
- Leola Rodgers (Hospital Administration)
- Jeremy Shefner MD (Neurology)
- Nick Steffen (Facility Design)
- Terry Wagner (IMT)
- Thomas Welch MD (Pediatrics)
- Joe Ziemba (IMT)

### Other committees reporting to the steering committee are:

- Acquisition/Procurement Subcommittee
- Operations Logistics Subcommittee
- Technology Subcommittee
- Communication Subcommittee
- Construction Logistics Subcommittee

## Dr. Youngentob named associate dean for College of Graduate Studies

Steven L. Youngentob, PhD, has been appointed associate dean for SUNY Upstate Medical University's College of Graduate Studies. Steven Goodman, PhD, vice president for research and dean of the College of Graduate Studies, announced the appointment.

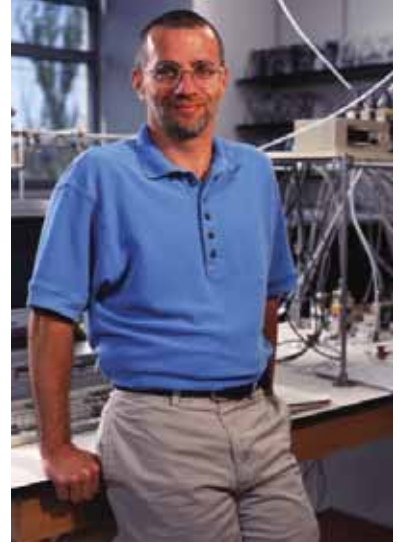
"Steve will work with me and College of Graduate Studies staff to strengthen all aspects of the graduate program including recruitment, admission, curriculum and the tracking of our graduates," said Dr. Goodman. "His strong commitment and insight into the graduate program and his experience in directing the college's MD/PhD program make him the ideal person to fill this new administrative role."

Dr. Youngentob is professor and vice chair of neuroscience and physi-

ology at SUNY Upstate. His research interests are in the areas of olfactory neural plasticity in adults, olfactory signal transduction, In utero ethanol experience and olfactory system plasticity, peripheral and central mechanisms of odorant quality coding.

At the forefront of research into alcohol addiction, he is the lead author of a study, funded by the National Institute of Alcohol Abuse and Alcoholism, whose findings indicate that pre-natal alcohol exposure shapes sensory preference, upping the odds of later alcohol use and abuse.

Published in the December 2007 issue of *"Behavioral Neuroscience,"* the findings contribute a critical biological piece to the complex puzzle of why teens with a family history of drinking may drink more.



Steven L. Youngentob

### FACULTY ROUNDS

**Michael Iannuzzi, MD**, professor and chair of the Department of Medicine, gave a presentation on sarcoidosis at the National Institute of Health Clinical Center Grand Rounds Sept. 24 in Bethesda, Md. Dr. Iannuzzi's address, "Sarcoidosis: Clinical Presentation, Epidemiology and Genetics," provided further insight on the immune system disorder.

**Ellen Rand**, call center representative for HealthCare Teleservices, graduated Nov. 12 from the Citizens Academy, a program of FOCUS Greater Syracuse and University College of Syracuse University. Graduates of the academy gained insight on how government programs operate and interact with each other and on building a sustainable community.

**Margaret "Meega" Wells, PhD, RN, FNP**, assistant professor in the College of Nursing, presented a paper titled, "Opportunities for Assessing Resilience in an Aging Population" at The Gerontological Society of America 61st

Annual Scientific Meeting: Resilience in an Aging Society: Risk and Opportunities, held Nov. 21 through 25 in National Harbor, Md.

The **Bariatric Surgery program** at SUNY Upstate has been granted provisional approval as a Level 1A Accredited Bariatric Center by the American College of Surgeons.

A book coauthored by **Susan Keeter**, director of creative services in Marketing and University Communications, was reviewed in the Nov. 12 issue of the *Journal of American Medical Association*. The book is titled, "Three Nineteenth Century Women Doctors: **Elizabeth Blackwell, Mary Walker & Sarah Loguen Fraser.**"

**Sharon Welch, BSN RN**, clinical trainer for inpatient adult Oncology, **Nellie Rullan, BSN, RN, PSL**, for 8O/M, and **Robin Wensel BSN, RN**, in the Bone Marrow Transplant Unit were inducted into Omicron Alpha Chapter Sigma Theta Tau International, Inc. The

nurses were nominated by **Katherine Leonard, BSN, RN**, of the Bone Marrow Transplant Unit.

**Rebecca Dwyer, RN, BSN**, has joined the administrative supervisor team for the night shift.

**Hugh McCabe**, a manager in the IMT Department, has earned the designation of certified professional in healthcare information and management systems from the Healthcare Information and Management Systems Society. The society represents more than 20,000 individual members and more than 300 corporate members. Its certification program supports the community of healthcare information and management systems professionals and is designed to provide an objective and rigorous assessment of professional knowledge.

## Upstate Update to alter distribution in 2009

Beginning Jan. 7, SUNY Upstate Medical University's bimonthly newsletter, *Upstate Update* will no longer be mailed to each member of the SUNY Upstate community. A limited number of paper copies will be available at several campus locations. The newsletter will continue to be available online at [www.upstate.edu/publicaffairs/update](http://www.upstate.edu/publicaffairs/update).

The change in distribution is part of an Engaging Excellence plan of SUNY Upstate's Office of Public and Media Relations to reduce university costs by delivering news in a more efficient and cost-effective manner.

SUNY Upstate is currently looking at ways to incorporate the weekly *Upstate Announcements*, the campuswide e-mail notice of upcoming events with an enhanced online version of *Upstate Update*.

The move to a limited number of paper copies will serve as the next step in phasing in a newsletter that will be available exclusively online.

*Upstate Update* is currently mailed every two weeks to 6,300 members of the SUNY Upstate community at a cost of approximately \$2,050. Twenty-six issues of the newsletter are printed each year. By reducing the number of copies from 6,300 to 1,000 for each issue, the university will save more than \$43,000 per year and \$215,000 over a five-year period.

### Vision study findings—cont'd. from page 1

retinal cell classes could be generated or if the cells would have the ability to form a functioning retina. To test that hypothesis, the scientists turned to pluripotent *Xenopus laevis* (frog) cells. Under normal conditions, pluripotent frog cells form only skin tissue. The scientists were able, however, to convert the pluripotent cells to retinal cells by forcing them to express the eye field transcription factor (or EFTF) genes. The reprogrammed cells formed all seven classes of retinal cells normally found in the eyes, including the retinal ganglion cells, which have axons (optic nerves) that extend to the brain.

Furthermore, these new cells eventually formed into functioning eyes. When tested, tadpoles used their induced eyes to detect light and to engage in a vision-based behavior. The scientists also found a population of self-renewing cells in the periphery of the induced retinas, suggesting that EFTF-induced cells also formed adult

retinal stem cells.

"The goal of regenerative medicine is to replace dead or dying cells," said Dr. Zuber. "The retina, like all body organs, contains

multiple, distinct cell types. Therefore, successful recovery from blindness due to injury or disease will require the functional replacement of multiple retinal cell types. Our results demonstrate that pluripotent cells can be purposely altered to generate all the functional retinal cell classes necessary for vision."

The research was supported by Research to Prevent Blindness, the E. Matilda Ziegler Foundation for the Blind, The Lions Club of Central New York and the U.S. National Eye Institute.



Michael Zuber

## Join Us for Holiday Happening

CAFÉ 750, LOCATED ON UNIVERSITY  
HOSPITAL'S 2ND FLOOR



**Tuesday,  
Dec. 9,  
2:30 to 4 p.m.**  
(ice cream social)

**Wednesday,  
Dec. 10,  
5 to 6 a.m.**  
(breakfast)

The "Happenings" is free and open to all SUNY Upstate Medical University individuals.

Carolers will perform throughout patient care units.

To prepare for the Holiday Happening, Café 750 will close at 1:30 p.m. and re-open at 5 p.m. on Tuesday, December 9.

*A Recognition Activity to  
Highlight Staff Excellence*

## SUNY Upstate/Kohl's create puppet workshop to promote inclusion of children with autism and Asperger's in classroom, community

An interactive puppet workshop created by SUNY Upstate Medical University to foster understanding and acceptance of children with autism and Asperger's in the classroom and in the community, debuted at a reception Nov. 13 at the Open Hand Theater in Syracuse. The workshop is funded through the Kohl's Foundation "Kohl's Cares for Kids Program."

Carroll Grant, PhD, director of SUNY Upstate's Margaret L. Williams Developmental Evaluation Center (MLW/DEC), created the puppet workshop, titled "KidSpeak," to promote understanding and acceptance of learning differences. Two years in the making, the workshop was recently piloted in the Jamesville-DeWitt School District, the Fayetteville YMCA and at a few community events.

"We thank Kohl's for its continued support of children with Autism Spectrum Disorders (ASD) and their families," said Dr. Grant. ASD is a life-long developmental disability that affects the way a person communicates and relates to people around them. Often, people with an ASD also have accompanying learning disabilities.

"We have learned that interaction with peers greatly influences a child's development," said Dr. Grant. "We hope that this workshop will result in greater acceptance and inclusion of children with an ASD at school, at home and in the community."

Kidspeak is available to teachers and students in grades one through three. The workshop includes a puppet show to help students understand the unique learning styles of children with ASD. A companion worksheet offers teachers suggestions on ways they can promote a successful academic experience for children with an ASD, which includes classic autism, Asperger's and Pervasive Developmental Disabilities.

MLW/DEC staff members Theresa



Photograph by Deborah Rexine

Theresa Kiritis, a staff member of the Margaret L. Williams Developmental Evaluation Center and a

puppeteer, performs at a reception to debut the puppet workshop KidSpeak.

Kiritis and Mary Beth Sullivan served as collaborators and editors of Dr. Grant's script and help to bring the puppets to life with their performances. Geoff Navias from Open Hand Theater provided theatrical direction. Puppet characters, Sally and Keri, created by Folkmanis, represent children with Autism.

Since 2005, the Kohl's Cares for Kids Program has donated more than \$400,000 to SUNY Upstate, with more than \$325,000 in support of Autism. Included in this amount is a donation of \$141,741, raised through the 2007 Kohl's Cares for Kids campaign. The Upstate Medical University Foundation secured the Kohl's donation.

"We're proud of the partnerships we've created with children's hospitals across the country, and are excited to join SUNY Upstate Medical University in this endeavor," said Julie Gardner, senior vice president and chief marketing officer of Kohl's Department Stores.

To learn more about KidSpeak or to schedule a workshop, call 472-4404.

**Upstate Update**  
**Issue: Dec. 24 to Jan. 7**  
**Deadline: Dec. 8**

## Community is the classroom for students in physical therapy program

Students in SUNY Upstate's physical therapy program are practicing their therapy techniques on a group of older adults from the Nottingham, a residential community in Jamesville.

Students instruct "patients" on a variety of exercise routines, including the use of various kinds of exercise equipment.

The class is particularly important in that it creates an opportunity for future clinicians to interact with older adults at a time when interest in gerontology as a career is waning.

"The community is really our classroom, especially when it comes to healthcare," said Dale Avers, PT, DPT PhD, of SUNY Upstate's Department of Physical Therapy Education. "When our students interact with members of the community on programs such as these, it makes us better healthcare professionals."

Physical therapy students also visit the Nottingham to lead residents in a series of exercise classes. Earlier this year, some Nottingham residents participated in a workshop presented by Dr. Avers and SUNY Upstate students at a national physical therapy conference in Nashville.



Photograph by William Mueller

Third-year DPT students Laura Donlan, left and Keri Adams, right, monitor Betty Wiley's progress on an exercise machine. Wiley is one of a dozen older adults from the Nottingham who work with

physical therapy students as part the program's community classroom initiative. Physical therapy students also visit the Nottingham to conduct exercise classes.

### NIH study—continued from page 1

at the forearm, proximal femur, lumbar spine and total body, and pQCT (peripheral quantitative computed tomography) scans at the forearm. Height, weight and muscle strength will be measured annually to coincide with the skeletal scans. Diet, gymnastics and other physical activity will be assessed semi-annually.

Individuals interested in participating in this study should contact the study coordinator, Tina Craig, at 464-8618 or [craigt@upstate.edu](mailto:craigt@upstate.edu).

### Patients sought for Dr. Scerpella's study

Dr. Scerpella is recruiting patients for her study that will evaluate how exercise affects bone growth. Participants must be healthy girls ages 8 to 12, be able to commit for all five years of the study, and attend bone measurement appointments every six months. Throughout the course of the study, in addition to measuring bone density and shape, study

participants will be asked questions about diet and exercise and undergo strength tests for hip, shoulder and elbow muscles. Study participants will be compensated. For more information, or to enroll in the study, contact Tina Craig, research coordinator, Department of Orthopedic Surgery at 315-464-8618.

# SUNY Upstate's Gala 2008 to support creation of the Upstate Cancer Center

Hotel Syracuse is the site of the 2008 Gala, Upstate Medical University Foundation's annual community fundraising event to be held Dec. 12, beginning at 8 p.m. A patron party at the hotel, located at 500 S. Warren St., Syracuse, will precede the Gala at 7 p.m. Proceeds from the gala will support the creation of the Upstate Cancer Center at SUNY Upstate.

Pascale Catering's executive chef, Justin, will offer an exquisite international dinner menu in the Persian Terrace, Imperial Ballroom and Bistro, as well as signature desserts in the lobby.

Entertainment will be provided by The Baby Boomers, the BlackLites and the Don Martin Trio.

Gala co-chairs Orrin and Karen MacMurray, Jeffrey Bogart, MD, and Kristine Keeney, MD.

The Upstate Cancer Center will be the most extensive and inclusive cancer center in the region, featuring a variety of clinical settings dedicated to specific cancer-types including the multidisciplinary Breast Cancer program and specialty clinics for brain tumors and thoracic, colon and prostate cancers. Community education programs will offer genetic testing and screening, clinical trial opportunities and cancer prevention, management and recovery support services. Medical, surgical and radiation oncology and women's imaging services will share a



uniquely designed space with with an array of information and consultive opportunities.

For gala sponsorship opportunities and reservations, call 464-4416.

## SEMINARS AND WORKSHOPS

Register for workshops at [www3.upstate.edu/hr/training](http://www3.upstate.edu/hr/training), click Management Development.

HealthLink Seminars are free, unless otherwise noted, and are open to all. To register, call HealthConnections at 464-8668 or visit [upstate.edu/healthlink](http://upstate.edu/healthlink).

### **Dec. 3. 10 to 11 a.m. YMCA, Town Center, Burdick Rd, Fayetteville.**

HealthLink Seminar. "Up on Health: Healthy Eating During the Holidays" will offer insight on how to maintain healthy eating styles to keep from gaining holiday pounds.

### **Dec. 3. 6 to 7 p.m. HealthLink/ Oasis, ShoppingTown Mall, DeWitt.**

HealthLink Seminar. "Feet First" will discuss several of the most common afflictions of the feet. Foot anatomy, symptoms, treatments and new insights will be key points of this program with a follow up question and answer session.

### **Dec. 4. 9 to 11:30 a.m. 205 Jacobsen Hall.**

Workshop. "Fundamentals of PEF and CSEA Performance Evaluations" provides managers and supervisors with a basic knowledge and understanding of the process.

### **Dec. 9. 6 to 7 p.m. HealthLink/ Oasis, ShoppingTown Mall, DeWitt.**

HealthLink Seminar. "Everything You Need to Know About Osteoporosis Medications but Were Afraid to Ask" will provide a review of FDA-approved drug treatment options for osteoporosis, including evidence-based research on effectiveness, potential side effects, and dietary considerations.

### **Dec. 10. 9 to 11 a.m. 205 Jacobsen Hall.**

Workshop. "Quality Management and Outcomes Measurement" provides managers with an overview of University Hospital's Organizational Quality, Management and Improvement Plan and the basics of Continuous

Quality Improvement (CQI) utilizing the Plan-Do-Study-Act-Teach tool.

### **Dec. 11. 9 to 11:30 a.m. 205 Jacobsen Hall.**

Workshop. "UUP Performance Management Fundamentals" provides managers and supervisors with a basic knowledge and understanding of the process.

### **Dec. 11 (noon to 8 p.m. 3509 Setnor Academic Bldg.); Dec. 17 (7:30 a.m. to 3:30 p.m. 3509 Setnor Academic Bldg.); Dec. 30 (noon to 8 p.m. 3507 Setnor Academic Bldg.)**

Workshop. "Workplace Violence: CPI Non-Violent Crisis Intervention" addresses how staff can deal with their own stress, anxieties, and emotions when confronted with challenging situations. This course promotes the care, welfare, safety, and security model for staff and those in their care. Intended for staff in the Emergency Department, 4B, Public Safety and University Police.

## Wednesday, Nov. 26

**Anesthesiology Grand Rounds.** 6:45 to 8 a.m. Medical Alumni Aud., Wsk. Hall.

**Otolaryngology Grand Rounds.** 7 to 8 a.m. 6500 University Hospital.

**Surgery Morbidity/ Mortality Conference.** 7 to 8 a.m. 2231 Wsk. Hall.

**WebCAIS/Groupwise Class (licensed).** 7:30 a.m. to noon. Classroom D, Institute for Human Performance.

**Nursing Services Orientation (NSO).** 8 a.m. to 12:15 p.m. (PSC, monitor techs, psych therapy techs); 8 a.m. to 3:30 p.m. (RN, LPN, GN, GPN, CT, UST). 1328B University Hospital.

**Orthopedic Grand Rounds.** 8 to 9 a.m. 6500 University Hospital.

• **Rev. Weez's Storytime.** Noon. Interfaith Chapel, University Hospital.

## Nov. 27

**Happy Thanksgiving.**

## Friday, Nov. 28

**Faculty Development Seminar.** "Electronic Records and Medical Education." Neil Seidberg, MD, Upstate Medical University. Noon to 1 p.m. 318 Health Sciences Library, Wsk. Hall.

• **Mass.** Noon. Interfaith Chapel, University Hospital.

## Saturday, Nov. 29

• **Mass.** 4 p.m. Interfaith Chapel, University Hospital.

## Sunday, Nov. 30

**HealthLink on Air.** 9 to 10 a.m. WSYR-570AM.

• **Mass.** Noon. Interfaith Chapel, University Hospital.

## Monday, Dec. 1

**WebCAIS/Groupwise Class (unlicensed).** 7:30 a.m. to

noon. Classroom D, Institute for Human Performance.

**World AIDS Day/Adult Infectious Disease Clinic Information Table.** 8 a.m. to 2:30 p.m. Second Floor Lobby, University Hospital.

• **Mass.** Noon. Interfaith Chapel, University Hospital.

**Healthlink Seminar.** "Carbohydrate Counting Made Easy." Terry Podolak, RD, Cindy DeBartolo, RN, CDE, Upstate Medical University. 6 to 7 p.m. HealthLink/Oasis, Shoppingtown Mall, DeWitt.

## Tuesday, Dec. 2

• **Weekly Prayer Service.** Noon. Interfaith Chapel, University Hospital.

**Spiritual Fitness.** 3 p.m. 2N, PM & R Dayroom, University Hospital.

**Infectious Diseases Conference.** 4 p.m. 304 Crouse Physician's Office Bldg., Irving Avenue, Syracuse.

**Healthlink Seminar.** "Learning to Learn: Using Neuroscience to Improve Study Habits and learning." Kevin Antshel, PhD, Upstate Medical University. 6 to 7 p.m. HealthLink/Oasis, Shoppingtown Mall, DeWitt.

**Coffeehouse.** Brazz Tree. 8 p.m. West Lounge, C.A.B.

## Wednesday, Dec. 3

**Anesthesiology Grand Rounds.** 6:45 to 8 a.m. Medical Alumni Aud., Wsk. Hall.

**Otolaryngology Grand Rounds.** 7 to 8 a.m. 6500 University Hospital.

**Surgery Morbidity/ Mortality Conference.** 7 to 8 a.m. 2231 Wsk. Hall.

**Orthopedic Grand Rounds.** 8 to 9 a.m. 6500 University Hospital.

**Neuroscience Grand Rounds.** Edgar dePeralta, MD. 8 to 9 a.m. 103 Wsk. Hall.

**Pediatric Grand Rounds.** 9:15 to 10:30 a.m. 6500 University Hospital.

**Healthlink Seminar.** "Up On Health: Healthy Eating During the Holidays." Heather Richardson, RD, CDN, Upstate Medical University. 10 to 11 a.m. YMCA, Burdick Road, Fayetteville.

• **Rev. Weez's Storytime.** See 11/26 listing.

**Path to Promotion Session for College of Medicine Assistant Professors.** Noon. 1164 Wsk. Hall. Lunch provided.

**WebCais.** 1 to 3 p.m. Classroom C, Institute for Human Performance.

**Spiritual Care Grand Rounds.** 4 to 5:15 p.m. Conference Room, Setnor Academic Bldg.

**Burn Survivors Support Group.** 5 to 7 p.m. 6551 University Hospital.

**Campus Activities Governing Board Meeting.** 5:30 p.m. 115 C.A.B.

**Healthlink Seminar.** "Feet First." Daniel Smith, DPM Upstate Medical University. 6 to 7 p.m. HealthLink/Oasis, Shoppingtown Mall, DeWitt.

## Thursday, Dec. 4

**Sixth Annual Golisano Children's Hospital Radiothon.** 5 a.m. to 7 p.m. Live from University Hospital on NewsRadio 570 WSYR.

**Path to Promotion Session for College of Medicine Assistant Professors.** 7 a.m. 6500 University Hospital. Refreshments provided.

**SUNY Upstate New Employee Orientation.** 7 a.m. to 3:30 p.m. East Lounge, C.A.B.

**Medical Grand Rounds.** 8:30 to 9:30 a.m. 1159 Wsk. Hall.

**Workshop.** "Fundamentals

of PEF and CSEA Performance Evaluation." 9 to 11:30 a.m. 205 Jacobsen Hall.

**Psychiatry Meeting for Full-time Faculty.** Noon to 2 p.m. PBS Building, 713 Harrison St. Syracuse.

**WebCAIS for Travel RNs.** 1:30 to 5:30 p.m. Classroom D, Institute for Human Performance. Contact Barb Bennett 464-9267 or e-mail bennettb@upstate.edu with questions.

**Vascular Conference.** 5 p.m. 8800 University Hospital.

## Friday, Dec. 5

**Sixth Annual Golisano Children's Hospital Radiothon.** See 12/4 listing.

**SUNY Upstate New Employee Orientation.** 7 a.m. to noon. East Lounge, C.A.B.

**Obstetrics/Gynecology Grand Rounds.** 7:30 a.m. Sulzle Aud., Marley Education Ctr.

• **Mass.** See 11/28 listing.

**Clinical Hands-on Practice Orientation (CHOP).** Noon to 3:30 p.m. East Lounge, C.A.B.

## Saturday, Dec. 6

• **Mass.** See 11/29 listing.

**Film.** See 11/29 listing.

## Sunday, Dec. 7

**HealthLink on Air.** See 11/30 listing.

• **Mass.** See 11/30 listing.

## Monday, Dec. 8

• **Mass.** See 12/1 listing.

## Tuesday, Dec. 9

• **Weekly Prayer Service.** See 12/2 listing.

**Vocera.** 1 to 3 p.m. Classroom C, Institute for Human Performance. Contact Derek Hawkins at 464-1400.

**Holiday Happening.** 2:30 to 4 p.m. Café 750, University Hospital.

**Spiritual Fitness.** See 12/2

listing.

**Infectious Diseases Conference.** 4 p.m. 304 Crouse Physician's Office Bldg., Irving Avenue, Syracuse.

**Healthlink Seminar.** "Everything You Need to Know about Osteoporosis Medications but Were Afraid to Ask." Cheryl Dunseath, RN, BSN, NY State Osteoporosis Prevention and Education Program. 6 to 7 p.m. HealthLink/Oasis, Shoppingtown Mall, DeWitt.

## Wednesday, Dec. 10

**Holiday Happening.** 5 to 6 a.m. Café 750, University Hospital.

**Anesthesiology Grand Rounds.** 6:45 to 8 a.m. Medical Alumni Aud., Wsk. Hall.

**Otolaryngology Grand Rounds.** 7 to 8 a.m. 6500 University Hospital.

**Surgery Morbidity/ Mortality Conference.** 7 to 8 a.m. 2231 Wsk. Hall.

**WebCAIS/Groupwise Class (licensed).** 7:30 a.m. to noon. Classroom D, Institute for Human Performance.

**Orthopedic Grand Rounds.** 8 to 9 a.m. 6500 University Hospital.

**Neuroscience Grand Rounds.** Richard Davis, MD. 8 to 9 a.m. 103 Wsk. Hall.

**Surgery Grand Rounds.** "Recombinant Activated Factor VII: When, How and Why." Margaret A. Tandoh, MD, Upstate Medical University. 8 to 9 a.m. 2231 Wsk. Hall.

**Scrub Jacket Sale.** 8:30 to 11:30 a.m. and 1:30 to 4:30 p.m. Small Cafeteria, University Hospital.

**Workshop.** "Quality Management and

*continued on page 11*



Photograph by Deborah Rexine

## Adding warmth to the holiday season

*SUNY Upstate's Second Annual Share the Warmth blanket drive collected dozens of linens, coats, and other items from the SUNY Upstate community to help prepare individuals served by the Center for New Americans for the upcoming winter. From left, Andrea Leifer, program coordinator for Community Outreach & Global Health Education and*

*AmeriCorpsVISTA volunteer, joins medical students Marisa Mendel, Blesserene Punzalan and Adam Liegner in displaying some of the items collected. Share the Warmth was initiated by SUNY Upstate medical students in 2007, and is supported by Team Upstate.*

### Calendar—continued from page 10

Outcomes Measurement." 9 to 11 a.m. 205 Jacobsen Hall.

**Pediatric Grand Rounds.** 9:15 to 10:30 a.m. 6500 University Hospital.

**Emergency Medicine Grand Rounds.** 10:30 to 11:30 a.m. 103 Wsk. Hall.

**Holiday Luncheon hosted by Advocates for Upstate Medical University.** "How Literature Builds the Characteristics of Good Leadership." Gregory L. Eastwood, MD, Upstate Medical University. 11:30 a.m. to 1:30 p.m. Genesee Grande Hotel, 1060 E. Genesee St., Syracuse.

• **Rev. Weez's Storytime.** See 11/26

listing.

### Thursday, Dec. 11

**60-Day Retention Program.** 7:45 to 8:45 a.m. or 3:45 to 4:45 p.m. 118 University Hospital.

**Workshop.** "UUP Performance Management Fundamentals." 9 to 11:30 a.m. 205 Jacobsen Hall.

**Workshop.** "Workplace Violence: CPT Non-Violent Crisis Intervention." Noon to 8 p.m. 3509 Setnor Academic Bldg.

**Nursing Services Orientation (NSO).** See 11/26 listing.

**Medical Grand Rounds.** 8:30 to 9:30 a.m. 1159 Wsk. Hall.

**Psychiatry Grand Rounds.** "Schema Therapy: Basic Theory and

Outcome Research." George Lockwood, PhD, Schema Therapy Institute Midwest. 12:30 to 2 p.m. PBS Building, 713 Harrison St. Syracuse.

**WebCais.** See 12/3 listing.

**Vascular Conference.** 5 p.m. 8800 University Hospital.

### Friday, Dec. 12

**Obstetrics/Gynecology Grand Rounds.** 7:30 a.m. Sulzle Aud., Marley Education Ctr.

**Financial Fitness Fair.** 11 a.m. to 3 p.m. Small Cafeteria, University Hospital.

• **Mass.** See 11/28 listing.

**Gala 2008 Patron Party.** 7 p.m. Hotel Syracuse Radisson Plaza, 500 S.

Warren St., Syracuse.

**Gala 2008.** 8 p.m. . Hotel Syracuse Radisson Plaza, 500 S. Warren St., Syracuse.

### Saturday, Dec. 13

• **Mass.** See 11/29 listing.

**Film.** See 11/29 listing.

### Sunday, Dec. 14

**HealthLink on Air.** See 11/30 listing.

• **Mass.** See 11/30 listing.

• Broadcast live from the Chapel on in-house Channel 40.

Watch "Upstate Magazine" on Staff ED TV channel 62 by visiting [www.upstate.edu/edcom/upstatemag](http://www.upstate.edu/edcom/upstatemag)



Photograph by Robert Shea

## A well-dressed, fashionable fundraiser for kids

*Looking dapper in his bright red vest is 14-year old Patrick Carmen who served as a model at the Fourth Annual "Looking at our Stars" fashion show to benefit the Golisano Children's Hospital at Upstate, held Nov. 9 at the Hotel Syracuse. Patrick was joined by SUNY Upstate Medical University President David R. Smith, MD, University Hospital pediatric patients and SUNY Upstate employees and their children in modeling the latest fashions in winter and spring attire. This year's event, coordinated by Holly Dailey, RN, raised nearly \$5,000 with a portion of the proceeds supporting University Hospital's Pediatric Emergency Department.*



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**Upstate Update** is published by the Public and Media Relations Department at SUNY Upstate Medical University, Syracuse, NY. To submit news or calendar items, contact editor Doretta Royer, Fourth Floor, 250 Harrison Street, 464-4833; e-mail: royerd.

Printed by Upstate Medical University Duplicating and Printing Services.