

U P S T A T E

update

A publication for the SUNY Upstate Medical University community

OCTOBER 15 THROUGH OCTOBER 29, 2008

Hospital publishes book of spiritual stories from families of very ill children

Eleven stories with personal reflections from families across central New York whose children were treated at University Hospital are contained in new book, titled "A Second Set of Hands," published by the hospital's Center for Spiritual Care.

In their own words, families lead readers on a rollercoaster of emotions often beginning with a difficult diagnosis. Along the way, they meet dozens of doctors, nurses and other specialists and embrace other families experiencing similar challenges. But what weaves the stories together is how the families reach out to "a second set of hands" that offers spiritual strength to help shoulder the concern for an ill child.

Some stories have joyful endings, others conclude filled with sadness and the deepest grief of losing a child. But through the smiles and tears, the fami-

lies have found the strength to share their personal accounts of coping with sick children.

"Sharing these stories is often powerful medicine for hope and healing," said the Rev. Louise Tallman-Shepard, University Hospital's pediatric chaplain. "The courage, inspiration and understanding one gets from reading these extremely personal stories can bring great comfort in a time of need, such as caring for a sick child."

In her role at University Hospital, the Rev. Shepard visits with many families whose lives have changed in a blink of an eye, and she often leaves them with a copy of "A Second Set of Hands" for reading when the time is right. "I think it's very helpful to know that someone else has shared a similar experience which can bring feelings of



Personal reflections from families across Central New York whose children were treated at University Hospital are contained in the book "A Second Set of Hands."

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New emergency medicine group covers University and Community General

Two physician groups—Upstate Emergency Medicine Inc. and Onondaga Hill Emergency Physicians—have merged and added three additional physicians to provide emergency medicine services to University and Community General Hospitals.

The two groups function under a single corporate entity, "Upstate Emergency Medicine Inc."

John McCabe, MD, professor and chair of Emergency Medicine at SUNY Upstate Medical University and president of Upstate Emergency Medicine, Inc., believes that the merger will allow a closer working relationship between the two hospitals.

"The merger will benefit patients by improving the ease of referral and transfer when needed as well as create a more

stable cadre of emergency physicians at both hospitals," said Dr. McCabe.

The Emergency Department at University Hospital sees 51,000 patients per year. As the region's only Level-One Trauma Center, University Hospital's Emergency Department uses state of the art technology in caring for the critically ill or injured.

The 28-bed Emergency Department at Community General Hospital sees 26,000 patients per year.

See 2009 Payroll
schedule inside

CAMPUS BRIEFS

The grand opening of the new Dr. Sarah Loguen Center will be held Oct. 21, from 10 a.m. to noon at 650 S. Salina St., Syracuse. The SUNY Upstate community is invited. The event will showcase the newly expanded Upstate Child Care Center. The remainder of the building is being renovated for SUNY Upstate administrative space. The building is named in honor of SUNY Upstate's College of Medicine Class of 1876 graduate, who was one of the nation's first African American women physicians and the first woman doctor in the Dominican Republic. R.S.V.P. by Oct. 15 to Nancy Prott, 464-4513, prott@upstate.edu.

SUNY Upstate will co-sponsor the 18th Annual Spiritual Care Day Oct. 23, from 8:30 a.m. to 1 p.m. at Pebble Hill Presbyterian Church, 5299 Jamesville Road, DeWitt. Keynote speaker is Thomas Moore, an internationally renowned theologian, therapist, religious historian and spiritual writer. The program, "Listening Presence," is suitable for the medical, social work, counseling and spiritual care communities. The fee is \$25 per person. For registration information, e-mail tatwoodadams@interfaithworks.org or call 449-3552 ext 111.

The SUNY Upstate community is invited to a reception honoring Steven R. Goodman, PhD, vice president for research and dean of the College of Graduate Studies, Oct. 27, from 4 to 6 p.m. in the atrium of the Setnor Academic Building. The reception is hosted by David R. Smith, MD, president of SUNY Upstate, and Steven J. Scheinman, MD, senior vice president and dean of the College of Medicine.

A publication party to celebrate the eighth issue of *The Healing Muse*, SUNY Upstate's journal of literary and visual arts, will be held Oct. 29, from 4 to 5 p.m. in Weiskotten Hall's Medical Alumni Auditorium. The SUNY Upstate community and the public are invited. Readings by writers whose works are

included in the publication will be featured. Light refreshments will be served. Copies of the journal will be available for sale at \$10 each.

The Continuum of Care Department will hold its annual Vendor Fair Oct. 28, from 10 a.m. to 3 p.m. in the C.A.B. Approximately 40 vendors from home healthcare agencies, skilled nursing facilities, durable medical equipment companies and community resources will be represented. The SUNY Upstate community is encouraged to attend.

StepOut: Walk to Fight Diabetes will be held Oct. 25 at Green Lakes State Park in Fayetteville. Registration begins at 9 a.m. with the 1, 2 and 3-mile walk to follow at 10 a.m. To register for the SUNY Upstate/Joslin Diabetes Center team visit www.upstate.edu/special events. For more information, call Donna Carr at 464-2529. Proceeds will benefit the American Diabetes Association.

The Cardiac Device Support Group meeting, to be led by Annie Pennella, CCRP, of SUNY Upstate Medical University, will meet Oct. 30, from 5 to 7 p.m. at Oasis/HealthLink in ShoppingTown Mall in Dewitt. Topics include "Picking Your Pace" and "Exercise and Your Device."

Donate new or clean, gently used blankets; sheets; towels; winter coats; hats and mittens to benefit the Center for New Americans Refugee Resettlement Program during SUNY Upstate's Share the Warmth Blanket Drive, to be held throughout October. The drive is sponsored by SUNY Upstate's medical students and Team Upstate. Collection boxes are located at: 1500A University Hospital, the main lobbies in Weiskotten and Silverman Halls and the C.A.B., fourth floor lobby at 250 Harrison St., Suite 105 (Radiology) at 550 Harrison Center, and the Financial Services and second floor lunch rooms at Widewaters. For more information, call 464-8807 or e-mail stearnss@upstate.edu. The Center

for New Americans Refugee Resettlement Program is an activity of Interfaith Works.

The Center for Spiritual Care will offer SUNY Upstate staff an integrative medicine training opportunity, Reiki Level I, Oct. 25, from 8:30 a.m. to 5:30 p.m. The cost of \$150 per person includes the training manual. Reiki is a spiritual or vibrational healing practice that promotes balance on every level—body, mind, and spirit. Once trained, qualified practitioners approved by the Department of Physical Therapy, may offer Reiki to patients. Enrollment is limited. For more information or a registration form, e-mail shepardl@upstate.edu or karls@upstate.edu.

Gala 2008, presented by Upstate Medical University Foundation to support multifaceted cancer care at SUNY Upstate will be held Dec. 12, at the Hotel Syracuse. A Patron Party will precede the Gala at 7 p.m. The Gala begins at 8 p.m. For sponsorship opportunities and reservations call 464-4416 or visit www.upstate.edu/foundation.

SUNY Upstate's annual security report, the Clery Report, is available online at www.upstate.edu/publicsafety/report.php, by visiting University Police in Building #49 on campus or calling 464-4134. The report includes statistics for the previous three years concerning reported crimes that occurred on campus; in certain off-campus buildings or property owned or controlled by SUNY Upstate; and on public property within or immediately adjacent to and accessible from the campus. The report also includes institutional policies concerning campus security.

To provide a safe and secure environment, the Health Sciences Library has implemented a proximity card reader at its main entrance. The card reader will be used Monday through

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APPOINTMENTS & RECOGNITIONS

Jennifer Baggett Barna, MD, Mohammed Jawed, MD, and Mitchell Karmel, MD, have joined the Department of Radiology.

Dr. Barna joins as assistant professor and director of the Women's Imaging Section, Diagnostic Division. Dr. Barna comes to SUNY Upstate Medical University from Down East Community Hospital in Machias, Maine, where she served as chief of radiology since July 2006. She received a bachelor's degree in biological sciences from Stony Brook University in 1992, a master's degree in molecular and cellular biology from Washington University in 1995, and a medical degree from the University of Tennessee School of Medicine in 2001. She completed her residency in diagnostic radiology from the University of Tennessee/ Methodist's Radiology Program in 2006.

Dr. Jawed and Dr. Karmel join the department as assistant professors and interventional radiologists.

Dr. Jawed completed a vascular interventional radiology fellowship at Emory University Hospital in Atlanta in 2006. In 2007, he completed a pediatric interventional radiology fellowship at Emory University Hospital/Children's Health Care of Atlanta and a neuroradiology fellowship at SUNY Upstate in 2008. He served as senior registrar from 2003 to 2005 in the Department of Radiology and Imaging at Liaquat National Hospital in Karachi, Pakistan, where he performed independent reporting of CT and MRI scans including neuro-spinal, head and neck and as well as ultrasound and x-ray films, barium studies and fluoroguided procedures. Dr. Jawed received a Bachelor of Medicine/Bachelor of Surgery (MB BS) degree in 1993 from Dow Medical College Karachi at the



Mohammed Jawed

University of Karachi in Pakistan.

Prior to SUNY Upstate, Dr. Karmel served as director of Ultrasound and Non-Invasive Vascular Imaging and as an attending radiologist/interventional radiologist at Ocean Medical Center in Brick, N.J. He also served as a radiologist with Open MRI and Diagnostic Imaging of Wall in Wall, N.J., and medical director of Lacey Diagnostic Imaging in Forked River, N.J. He received a bachelor's degree, graduating *summa cum laude*, in physiologic psychology/neuroscience at SUNY Binghamton in 1979 and his medical degree in 1983 from Buffalo School of Medicine in Buffalo, N.Y., where he was a member of the honor society, Alpha Omega Alpha. Dr. Karmel completed an internship in medicine at the Cornell Cooperating Hospitals, Memorial Sloan-Kettering Cancer Center and North Shore University Hospital in New York in 1984; a residency in diagnostic radiology at Cornell University Medical School/Cornell Cooperating Hospitals at North Shore University Hospital in Manhasset and the Hospital for Special Surgery in New York. He completed a fellowship in cardio vascular/interventional radiology at Brigham and Women's Hospital/Harvard Medical School where he was on staff from 1987 to 1989.

Fahd Ali, MD, has joined the Department of Surgery as an assistant professor. Prior to SUNY Upstate, Dr. Ali completed a fellowship in the Division of Trauma and Critical Care at New York Medical College. He did his residency training in surgery at York Hospital and the Beth Israel Deaconess Medical Center. Dr. Ali received his bachelor's degree in 1997 graduating *summa cum laude*



Fahd Ali

from SUNY Downstate-Brooklyn College through its highly-selective BA/MD Honors Program. He received his medical degree in 2001 from SUNY Downstate Medical Center, again graduating *summa cum laude*. Dr. Ali is a member of the Society of American Gastrointestinal and Endoscopic Surgeons, the Eastern Association for the Surgery of Trauma and the Society of Critical Care Medicine. He also is a candidate member of the American College of Surgeons and an elected member of Alpha Omega Alpha. Dr. Ali's main interests lie in the areas of emergency general surgery, surgical oncology and critical care.

Darryl Geddes, director of Public and Media Relations, received honorable mention in the Healthcare Association of New York State Communications Award competition for crisis communication. Geddes accepted the award at the association's Communications Conference Sept. 24 in Tarrytown, N.Y.

Peter Jones, RN, has been named patient service supervisor for Perioperative Services, responsible for the 5East Operating Rooms.

Joseph Pulizzi has been named director of Medical Imaging at University Hospital. Pulizzi most recently worked for Long Island Jewish-North Shore Hospital Systems and Good Samaritan Hospital Medical Center.

Jeffrey Bogart, MD, professor and chair of the Department of Radiation Oncology, spoke on advances in the treatment for localized prostate cancer at the Man-to-Man Support Group meeting Aug. 28 at



Jeffrey Bogart

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IN THE NEWS

David R. Smith, MD, was quoted in the *Post-Standard* on the impact that state budget cuts are having on campus operations. He was interviewed also by WNBG-TV12 in Binghamton regarding the 150 anniversary celebration of the Binghamton Castle, which will be home to SUNY Upstate's Binghamton campus.



David R. Smith

mapping specialist, where he assists in the operation of functional MRI.

Christine Stork, PharmD, was interviewed by WSYR-570AM on the hazards of teenagers sharing prescription drugs.



Christine Stork

(NT-proBNP blood test).

Burt Thomas was quoted in the *Post-Standard* on plans to replace the historic stone wall that fronts Weiskotten Hall on Irving Avenue.



Eric Deshaies

Lynn Beth Satterly, MD, was quoted in *In Good Health* in a story about the Amaus Health Center.



Lynn Beth Satterly

Steven C. Brady was quoted in numerous media outlets on the additional financial cuts SUNY is being asked to take.

John Fieschko, PhD, was featured in the *Post-Standard* on his work at bringing business executives and scientists together to find new energy sources and new technologies under the mantle of the Central New York Biotechnology Center.

David Keith, MD, was interviewed by WSTM-TV3 on why children kill their parents.



David Keith

Lisa Cico, MS, NP, was interviewed by 9 WSYR-TV regarding the second annual Lung Cancer Walk and Run that raised more than \$50,000 for lung cancer research.



Sharon Brangman

Eric Deshaies, MD, and **Gregory Threatte, MD**, were featured in the September issue of *Physicians Practice* magazine. Dr. Deshaies was featured as the Department of Neurosurgery's new cerebrovascular and endovascular surgeon.



Gregory Threatte

Terry Podolak, RD, was interviewed by 9WSYR-TV about a new study that shows many energy drink labels do not include information about how much caffeine the drinks contain.

Elvira Szigetti, PhD, RN, was quoted in the *Thousand Islands Sun* on the possibility of the College of Nursing extending its academic programs, especially Nurse Practitioner, into the North Country



Elvira Szigetti

Sharon Brangman, MD, discussed geriatric syndromes on a Dallas Home Health blog.

Sean Huckins was profiled in the *Post-Standard* for his work as a brain-

Dr. Threatte discussed a new lab test for congestive heart failure, MI and stroke

Appointments—continued from page 3

LeMoyné Manor in Liverpool. Man-to-Man is a not-for-profit prostate support program of the American Cancer Society.

SUNY Upstate Medical University
Art Gallery

Photographs by Barbara Neveldine

Health Sciences Library, Weiskotten Hall
Free and open to the public

Campus Briefs—continued from page 2

Friday after 6 p.m. and all weekend hours. The device does not provide access when the library is closed. During these times Upstate ID holders will need to position their cards close to the reader to enter the Library.

Visitors without a SUNY Upstate ID must request admittance using the "Library Access" phone provided at the entrance, sign-in, and indicate their affiliation and purpose of the visit. A second proximity card reader located at the entrance to the second floor computing area is active at all times. Access to the second floor computing area is limited to Upstate ID card holders. For more information, please visit the library's Web page at www.upstate.edu/library or contact Diane Luft at 464-7114 or luftdd@upstate.edu.

SUNY Upstate's parking re-registration will be held beginning Oct. 27. See *Upstate Update* Calendar section for times and locations. A SUNY Upstate ID and a copy of current vehicle registration(s) must be presented at the time of re-registration. Individuals who have a current 2009 permit do not need to re-register. Registrations will not be accepted at the Parking Office during these sessions. Individuals who cannot attend a registration session may register at the Parking Office, 1801 University Hospital, beginning Nov. 10. Call the Parking Office at 464-4801 with questions.

University Hospital's child life specialists will take pediatric patients trick-or-treating to select hospital units Oct. 31, beginning at 10 a.m. Employees who would like to wear a costume and visit the pediatric units may do so during scheduled times and with prior approval from the child life specialists. Persons who wish to have their area visited should call 464-7506 by Oct. 27.



Twenty-one students from SUNY Upstate's College of Medicine participated in the Juvenile Diabetes Research Foundation's Walk/Run to Cure Diabetes Sept. 27 at Long Branch Park in Liverpool. In all, more than 115 members of the SUNY Upstate community participated in the event, raising more than \$6,500 for JDRF.

Coordinating the student's participation were medical students Peter Osgood and Aaron Yang. Lynn Howowitch, Sheila Alessandrello and Kathy Bratt served as the Team Upstate coordinators. Photographed, from left, are fourth-year medical students Aaron Yang, Sushma Krishna and Vesh Srivatana.

A scholarship has been established in memory of former SUNY Upstate employee Marjorie Brown. The scholarship will provide financial assistance to a student at the Johnson Vocational Center LPN program at Central Tech who is at risk of leaving the program due to financial difficulty. Applicants will be screened by the school and final selection will be made by Brown's daughter, Sarah. Brown, who died in 2008 at the age of 63, served SUNY Upstate for more than 30 years as an LPN. Donations may be made to the Johnson Vocational Center/Marjorie Brown Fund, 573 E. Genesee St., Syracuse, NY, 13202.

New York state and CSEA Partnership for Education Training Skills for Success courses will be held in October and November. The courses, for CSEA-represented employees, will provide the skills needed to accomplish job assignments more effectively. Job skill training can be supplemented with personal development opportunities from the Work and Life courses. For course listings, applications and enroll-

ment information, visit www.nyscseapartnership.org/website/SFS2008/welcome.cfm. Partnership staff is available to answer questions at 800-253-4332 or learning@nyscseapartnership.org. For further assistance, contact Tracie at SUNY Upstate's Office of Organizational Training and Development, 464-6125 or wildnert@upstate.edu.

More than 40 members of the SUNY Upstate community participated in the second annual Lung Cancer Walk and Run Sept. 20 at Longbranch Park in Liverpool. The event raised more than \$55,000 to benefit lung cancer research in Central New York.

Correction: The article regarding the opening of SUNY Upstate's new 1,500-space parking garage that was featured in the Sept. 3 issue of *Upstate Update* incorrectly stated that SUNY Upstate provided free parking to its employees who parked in the Syracuse House Authority. Parking was not provided free to these employees. We regret the error.

Directory of Payroll Services 2009 Update

Please update your current copy of the Directory of Payroll Services with the following information:

2009 STATE PAY PERIOD SCHEDULE*

PP	HOURLY	HRLY. TIME SHT. DUE	ANNUAL	TIME SHT. DUE	EXCEPTION PAY (OVERTIME)	CHECK DATE
20	12/18/08-12/31/08	01/02/09	12/25/08-01/07/09	01/09/09	12/11/08-12/24/08	01/21/09
21	01/01/09-01/14/09	01/16/09	01/08/09-01/21/09	01/23/09	12/25/08-01/07/09	02/04/09
22	01/15/09-01/28/09	01/30/09	01/22/09-02/04/09	02/06/09	01/08/09-01/21/09	02/18/09
23	01/29/09-02/11/09	02/13/09	02/05/09-02/18/09	02/20/09	01/22/09-02/04/09	03/04/09
24	02/12/09-02/25/09	02/27/09	02/19/09-03/04/09	03/06/09	02/05/09-02/18/09	03/18/09
25	02/26/09-03/11/09	03/13/09	03/05/09-03/18/09	03/20/09	02/19/09-03/04/09	04/01/09
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11	08/13/09-08/26/09	08/28/09	08/20/09-09/02/09	09/04/09	08/06/09-08/19/09	09/16/09
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13	09/10/09-09/23/09	09/25/09	09/17/09-09/30/09	10/02/09	09/03/09-09/16/09	10/14/09
14	09/24/09-11/07/09	10/09/09	10/01/0-10/14/09	10/16/09	09/17/09-09/30/09	10/28/09
15	10/08/09-10/21/09	10/23/09	10/15/09-10/28/09	10/30/09	10/01/09-10/14/09	11/11/09
16	10/22/09-11/04/09	11/06/09	10/29/09-11/11/09	11/13/09	10/15/09-10/28/09	11/25/09
17	11/05/09-11/18/09	11/20/09	11/12/09-11/25/09	11/30/09	10/29/09-11/11/09	12/09/09
18	11/19/09-12/02/09	12/04/09	11/26/09-12/09/09	12/11/09	11/12/09-11/25/09	12/23/09
19	12/03/09-12/16/09	12/18/09	12/10/09-12/23/09	12/28/09	11/26/09-12/09/09	01/06/10
20	12/17/09-12/30/09	01/04/10	12/24/09-01/06/10	01/08/10	12/10/09-12/23/09	01/20/10
21	12/31/09-01/13/10	01/15/10	01/07/10-01/20/10	01/22/10	12/24/09-01/06/10	02/03/10

*Dates NOT verified by the Office of State Comptroller.

2009 RESEARCH FOUND. PAY SCHEDULE

PP	PAY PERIOD DATES	EXCEPTION TIME PAID	TIME SHEET DUE	CHECK DATE
14	12/20/08-1/2/09	11/27/08-12/10/08	12/12/08	1/2/09
15	1/3/09-1/16/09	12/11/08-12/24/08	12/29/08	1/16/09
16	1/17/09-1/30/09	12/25/08-1/7/09	1/9/09	1/30/09
17	1/31/09-2/13/09	1/8/09-1/21/09	1/23/09	2/13/09
18	2/14/09-2/27/09	1/22/09-2/4/09	2/6/09	2/27/09
19	2/28/09-3/13/09	2/5/09-2/18/09	2/20/09	3/13/09
20	3/14/09-3/27/09	2/19/09-3/4/09	3/6/09	3/27/09
21	3/28/09-4/10/09	3/5/09-3/18/09	3/20/09	4/10/09
22	4/11/09-4/24/09	3/19/09-4/1/09	4/3/09	4/24/09
23	4/25/09-5/8/09	4/2/09-4/15/09	4/17/09	5/8/09
24	5/9/09-5/22/09	4/16/09-4/29/09	5/1/09	5/22/09
25	5/23/09-6/5/09	4/30/09-5/13/09	5/15/09	6/5/09
26	6/6/09-6/19/09	5/14/09-5/27/09	5/29/09	6/19/09
01	6/20/09-7/3/09	5/28/09-6/10/09	6/12/09	7/3/09
02	7/4/09-7/17/09	6/11/09-6/24/09	6/26/09	7/17/09
03	7/18/09-7/31/09	6/25/09-7/8/09	7/10/09	7/31/09
04	8/1/09-8/14/09	7/9/09-7/22/09	7/24/09	8/14/09
05	8/15/09-8/28/09	7/23/09-8/5/09	8/7/09	8/28/09
06	8/29/09-9/11/09	8/6/09-8/19/09	8/21/09	9/11/09
07	9/12/09-9/25/09	8/20/09-9/2/09	9/4/09	9/25/09
08	9/26/09-10/9/09	9/3/09-9/16/09	9/18/09	10/9/09
09	10/10/09-10/23/09	9/17/09-9/30/09	10/2/09	10/23/09
10	10/24/09-11/6/09	10/1/09-10/14/09	10/16/09	11/6/09
11	11/7/09-11/20/09	10/15/09-10/28/09	10/30/09	11/20/09
12	11/21/09-12/4/09	10/29/09-11/11/09	11/13/09	12/4/09
13	12/5/09-12/18/09	11/12/09-11/25/09	11/30/09	12/18/09
14	12/19/09-1/1/10	11/26/09-12/9/09	12/11/09	*12/31/09

*Since 01/01/10 is a Federal holiday, RF payday will be on 12/31/09 paying thru 01/01/10

2009 FEDERAL COLLEGE WORK STUDY & STUDENT ASSISTANT PAY PERIOD SCHEDULE

PP	PAYROLL PERMIT EFFECTIVE DATE	TIMESHTS. DUE TO PAYROLL OFFICE	PICK UP CHECK IN PAYROLL
20	12/25/08-01/07/09	01/09/09	01/29/09
21	01/08/09-01/21/09	01/23/09	02/12/09
22	01/22/09-02/04/09	02/06/09	02/26/09
23	02/05/09-02/18/09	02/20/09	03/12/09
24	02/19/09-03/04/09	03/06/09	03/26/09
25	03/05/09-03/18/09	03/20/09	04/09/09
26	03/19/09-04/01/09	04/03/09	04/23/09
1	04/02/09-04/15/09	04/17/09	05/07/09
2	04/16/09-04/29/09	05/01/09	05/21/09
3	04/30/09-05/13/09	05/15/09	06/04/09
4	05/14/09-05/27/09	05/29/09	06/18/09
5	05/28/09-06/10/09	06/12/09	07/02/09
6	06/11/09-6/24/09	06/26/09	07/16/09
7	06/25/09-07/08/09	07/10/09	07/30/09
8	07/09/09-07/22/09	07/24/09	08/13/09
9	07/23/09-08/05/09	08/07/09	08/27/09
10	08/06/09-08/19/09	08/21/09	09/10/09
11	08/20/09-09/02/09	09/04/09	09/24/09
12	09/03/09-09/16/09	09/18/09	10/08/09
13	09/17/09-09/30/09	10/02/09	10/22/09
14	10/01/09-10/14/09	10/16/09	11/05/09
15	10/15/09-10/28/09	10/30/09	11/19/09
16	10/29/09-11/11/09	11/13/09	12/03/09
17	11/12/09-11/25/09	11/30/09	12/20/09
18	11/26/09-12/09/09	12/11/09	12/31/09
19	12/10/09-12/23/09	12/28/09	01/17/10
20	12/24/09-01/06/10	01/08/10	01/28/10
21	01/07/10-01/20/10	01/22/10	02/11/10

LECTURES, SEMINARS, WORKSHOPS & CONFERENCES

Register for workshops at www3.upstate.edu/hr/training, choose category: Management Development.

HealthLink Seminars are free, unless otherwise noted, and are open to all. To register, call HealthConnections at 464-8668 or register via www.upstate.edu/healthlink.

Oct. 16. Registration and hors d'oeuvres 4:45 p.m.; program: 5 to 6:30 p.m. Institute for Human Performance, 505 Irving Ave., Syracuse.

Workshop. "Pilates: Transform How You Look, Feel and Perform." Certified Pilates Instructor Christine Rieger will lead this session in discussion and demonstration. Attendees may participate to earn easy-to-follow exercises. R.S.V.P. by Oct. 13 by calling 464-5610 or e-mailing advocate@upstate.edu with New York state and Research Foundation employees Admission is free for members of Advocates for Upstate Medical University; \$10 for non-members.

Oct. 20 and 27 (6 to 7 p.m. YMCA, Wetzel Rd., Liverpool); Oct. 20, 27, Nov. 3, 5, 10, 17 and 24 (6 to 7 p.m. Fulton Public Library, 160 South First St., Fulton.)

HealthLink Seminar. "Quit Smoking for Good and For Free" (part of a series). Participants will receive a quit plan and

learn about nicotine-replacement therapy options, the NYS Smoker's Quitline and maintenance and relapse prevention techniques.

Oct. 21, 28 and Nov. 4, 18. 6 to 7 p.m. Oasis/HealthLink, ShoppingTown Mall, DeWitt.

HealthLink Seminar. "Tai Chi" is a free six-week course to improve overall mobility. Prior attendance to the Oct. 2 lecture is recommended.

Oct. 21. 8 a.m. to 4:30 p.m. Holiday Inn, 441 Electronics Parkway, Liverpool.

13th Annual Central New York Psychopharmacology Update. Topics include "Addiction," "Bipolar Depression," and "Treatment Resistant Depression." Sponsored by the Department of Psychiatry and Behavioral Sciences. Call 464-3104 or e-mail thorpl@upstate.edu with questions or to register.

Oct. 22. 9 to 11 a.m. 205 Jacobsen Hall.

Workshop. "Understanding Compliance at University Hospital for Managers" will provide an overview of University Hospital' compliance program.

Oct. 28. 9 a.m. to noon. 1328b University Hospital.

Workshop. "Crucial Confrontations:

Tools for Resolving Broken Promises, Violated Expectations and Bad Behavior" will teach participants ways to rapidly improve results and relationships.

Oct. 28. Noon to 1 p.m. 318 Health Sciences Library, Weiskotten Hall.

Faculty Development Seminar. "Online Course Work" will discuss the net generation as related to learning styles. Participants will learn online tools and environments to enhance teaching.

Oct. 29. 6 to 7 p.m. Oasis/HealthLink, ShoppingTown Mall, DeWitt.

HealthLink Seminar. "So Your Teenager Wants a Tattoo and a Nose Ring?" will provide an overview of tattoos and piercings and their care, the procedures and the concerns.

Oct. 30. 7:30 to 3:30 p.m. 3509 Setnor Academic Building.

Workshop. "Workplace Violence: CPI Non-Violent Crisis Intervention" teaches ways to deal with stress, anxieties and emotions when confronted with challenging situations. Intended for ED, 4B, Public Safety and University Police staff.

This interview-format radio show focuses on health and medical issues affecting Central New Yorkers. As with its parent, SUNY Upstate's free HealthLink seminar series at ShoppingTown, *HealthLink On Air* was created to help Central New Yorkers become smarter health care consumers.

University Hospital's
HealthLink
Sundays, 9 to 10 a.m. WSYR-570AM
On Air



Wednesday, Oct. 15

Anesthesiology Grand Rounds. 6:45 to 8 a.m. Medical Alumni Aud., Wsk. Hall.

Otolaryngology Grand Rounds. 7 to 8 a.m. 6500 University Hospital.

Surgery Morbidity/ Mortality Conference. 7 to 8 a.m. 2231 Wsk. Hall.

Orthopedic Grand Rounds. 8 to 9 a.m. 6500 University Hospital.

Neuroscience Grand Rounds. Wolf Endowed Lecture. "Cognitive Motor Disorders: The Apraxias." Kenneth Heilman, MD. 8 to 9 a.m. 103 Wsk. Hall.

Pediatric Grand Rounds. Hilda Freeman and A.C. Silverman Memorial Lecture. "Multiple Deaths in a Family: Is it SIDS or Infanticide?" Author Jamie Talan. 9:15 to 10:30 a.m. 6500 University Hospital.

Free Flu Vaccine Clinic for SUNY Upstate Staff and Students. 10 a.m. to noon. 7335 University Hospital.

• **Rev. Weez's Storytime.** Noon. Interfaith Chapel, University Hospital.

Free Flu Vaccine Clinic for SUNY Upstate Staff and Students. 1 to 3 p.m. 5201 University Hospital.

Special Nursing Grand Rounds. "25 Stupid Things Nurses Do To Self Destruct." Laura Gasparis, RN, PhD. 2:30 to 4 p.m. Medical Alumni Aud., Wsk. Hall.

Center for Children's Health Policy Seminar. "Implementation Plans for a Clinical Information Exchange in Central New York: Opportunities and Challenges." Nancy H. Smith, Health Advancement Collaborative of CNY. 3 to 4 p.m. 9299 Wsk. Hall.

Spiritual Care Grand Rounds. In memory of the late Rev. Gary Bergh. Frank

Woolever, pastoral counselor and peace advocate. 4 to 5:15 p.m. Medical Alumni Conference Room, Setnor Academic Building.

College of Nursing Alumni Event. "Making a Million in Nursing." Laura Gasparis Vonfrolio, RN, PhD, Education Enterprises and Power Publications. 5:30 to 8:30 p.m. To R.S.V.P. call 464-4416 or e-mail nursalum@upstate.edu.

HealthLink Seminar. "What Do Social Workers Do? A Health Insurance Sign-Up Event." Gary Weinstein, LCSW, Upstate Medical University. 6 to 7 p.m. Oasis/HealthLink, ShoppingTown Mall, DeWitt.

Free Flu Vaccine Clinic for SUNY Upstate Staff and Students. 7 p.m. to midnight. Night Flu Cart, circulating throughout University Hospital.

Thursday, Oct. 16

SEFCU Information Session. 6 to 11 a.m. Outside Cafe 750, University Hospital.

60-Day Retention Program. 7:45 to 8:45 a.m. or 3:45 to 4:45 p.m. 118 University Hospital

Medical Grand Rounds. "Sound Prescribing: Knowing the Drug Rep's Perspective." Shahram Ahari, MPH, and "Current Guidelines Governing Interactions with Pharmaceutical Representatives and Recent Developments in that Area at the State Level." Kathy Faber-Langendoen, MD, Upstate Medical University. 8:30 to 9:30 a.m. 1159 Wsk. Hall.

Blood Drive. 9 a.m. to 5 p.m. Cafe 750, University Hospital.

Lecture. "Influencing Clinical Objectivity: Confessions of a Drug Rep." Noon. 9299 Wsk. Hall.

Psychiatry Grand Rounds. "Paying Attention to Smoking: The Association Between ADHD and Nicotine Dependence." Scott Kollins, PhD, Duke University Medical Center. 12:30 to 2 p.m. PBS Building., 713 Harrison St. Syracuse.

Vascular Conference. 5 p.m. 8800 University Hospital.

Lecture and Class. "Pilates: Transform How You Look, Feel and Perform." Christine Rieger, PT, Upstate Medical University. 5 to 6:30 p.m. Institute for Human Performance.

Interdisciplinary Ethics Night and Dinner Discussion. "Pharmaceutical Industry Relationships: Impact on Medical Professionalism." Shahram Ahari, MPH. 6 to 8 p.m. Ninth Floor Cafeteria, Wsk. Hall.

Pilates Class. 5 to 6 p.m. Gymnasium, Institute for Human Performance.

Free Flu Vaccine Clinic for SUNY Upstate Staff and Students. Midnight to 2 a.m. Night Flu Cart, circulating throughout University Hospital.

Friday, Oct. 17

Blood Drive. 7 a.m. to 1 p.m. Cafe 750, University Hospital.

Obstetrics/Gynecology Grand Rounds. 7:30 a.m. Sulzle Aud., Marley Education Ctr.

Free Flu Vaccine Clinic for SUNY Upstate Staff and Students. 9 to 10:30 a.m. Suite 200, 250 Harrison St.

SEFCU Information Session. 11 a.m. to 4 p.m. Outside Cafe 750, University Hospital.

Free Flu Vaccine Clinic for SUNY Upstate Staff and Students. (House Staff.) 11:30 a.m. to 1 p.m. 6500 University Hospital.

• **Mass.** Noon. Interfaith Chapel, University Hospital.

Saturday, Oct. 18

Upstate Medical University Hockey Challenge Cup. 9 a.m. to 4 p.m. Cicero Twin Ice Rinks, 5575 Meltzer Ct., Cicero. Call 464-2945 with questions.

• **Mass.** 4 p.m. Interfaith Chapel, University Hospital.

Sunday, Oct. 19

Upstate Medical University Hockey Challenge Cup. See 10/18 listing.

HealthLink on Air. 9 to 10 a.m. 570WSYR.

• **Mass.** Noon. Interfaith Chapel, University Hospital.

Monday, Oct. 20

Free Flu Vaccine Clinic for SUNY Upstate Staff and Students. 10 a.m. to noon. 3140 University Hospital.

• **Mass.** Noon. Interfaith Chapel, University Hospital.

Free Flu Vaccine Clinic for SUNY Upstate Staff and Students. 2 to 4 p.m. 802 University Hospital.

Kirpalu Yoga Class. 5 to 6:15 p.m. East Lounge, C.A.B.

Free Smoking Cessation Class (part of a series). Fulton Public Library. 6 to 7 p.m. 160 South First St., Fulton.

Tuesday, Oct. 21

13th Annual Central New York Psychopharmacology Update. 8 a.m. to 4:30 p.m. Holiday Inn, 441 Electronics Parkway, Liverpool.

SEFCU Information Session. 9 a.m. to 1 p.m. Fifth Floor Conference Room, UHCC.

Dr. Sarah Loguen Center Grand Opening. 10 a.m. to noon. 650 S. Salina St., Syracuse.

• **Weekly Prayer Service.** Noon. Interfaith Chapel, University Hospital.

Spiritual Fitness. 3 p.m. 2N, PM & R Dayroom,

University Hospital.

Infectious Diseases Conference. Shelley Gilroy, MD, Upstate Medical University. 4 p.m. 304 Crouse Physician's Office Building., Irving Avenue, Syracuse.

Pilates Class. 5 to 6 p.m. Gymnasium, University Hospital.

HealthLink Seminar. "Tai Chi." 6 to 7 p.m. Oasis/HealthLink, ShoppingTown Mall, DeWitt.

Wednesday, Oct. 22

Anesthesiology Grand Rounds. 6:45 to 8 a.m. Medical Alumni Aud., Wsk. Hall.

Otolaryngology Grand Rounds. 7 to 8 a.m. 6500 University Hospital.

Surgery Morbidity/ Mortality Conference. 7 to 8 a.m. 2231 Wsk. Hall.

Orthopedic Grand Rounds. 8 to 9 a.m. 6500 University Hospital.

Neuroscience Grand Rounds. 8 to 9 a.m. 103 Wsk. Hall.

Surgery Grand Rounds. "Ethical Considerations in Surgical Practice: Why We Don't Wash Our Hands and Othre Practices That Improve Patient Outcomes." William Marx, DO, Upstate Medical University. 8 to 9 a.m. 2231 Wsk. Hall.

Workshop. "Understanding Compliance at University Hospital: For Managers." 9 to 11 a.m. 205 Jacobsen Hall.

Pediatric Grand Rounds. "Update on Palivizumab Therapy." Luke A. Probst, PharmD, Upstate Medical University. 9:15 to 10:30 a.m. 6500 University Hospital.

• **Rev. Weez's Storytime.** See 10/15 listing.

Free Flu Vaccine Clinic for

continued on page 10

calendar

Calendar—continued from page 9

SUNY Upstate Staff and Students. 1 to 2 p.m. 304 Crouse Physician's Office Building.

Free Flu Vaccine Clinic for SUNY Upstate Staff and Students. 2 to 3 p.m. 401 Crouse Physician's Office Building.

Thursday, Oct. 23

SUNY Upstate New Employee Orientation. 7 a.m. to 3:30 p.m. East Lounge, C.A.B.

Free Flu Vaccine Clinic for SUNY Upstate Staff and Students. 8 a.m. to 3:30 p.m., Small Cafeteria, University Hospital.

Spiritual Care Day. 8:30 a.m. to 1 p.m. Pebble Hill Presbyterian Church, 5299 Jamesville Rd., DeWitt.

Medical Grand Rounds. 8:30 to 9:30 a.m. 1159 Wsk. Hall.

Psychiatry Grand Rounds. "A Comprehensive Review of Body Dysmorphic Disorder Featuring a New Paper on Occupational Impairment." Adam Stern, Upstate Medical University. 12:30 to 2 p.m. PBS Building., 713 Harrison St. Syracuse.

WebCAIS for Travel RNs. 1:30 to 5:30 p.m. Classroom D, Institute for Human Performance. Contact Barb Bennett 464-9267 or e-mail bennettb@upstate.edu with questions.

Vascular Conference. 5 p.m. 8800 University Hospital.

Pilates Class. 5 to 6 p.m. Gymnasium, University Hospital.

Friday, Oct. 24

SUNY Upstate New Employee Orientation. 7 a.m. to noon. East Lounge, C.A.B.

Obstetrics/Gynecology Grand Rounds. 7:30 a.m. Sulzle Aud., Marley Education Ctr.

Clinical Hands-on Practice Orientation (CHOP). Noon to 3:30 p.m. East Lounge, C.A.B.

• **Mass.** See 10/17 listing.

Saturday, Oct. 25

Reiki Level 1 Training Class. 8:30 a.m. to 5:30 p.m. Sponsored by Center for Spiritual Care at SUNY Upstate.

Step Out: Walk to Fight Diabetes.

Registration: 9 a.m. Walk: 10 a.m. Green Lakes State Park, Fayetteville, NY.

• **Mass.** See 10/18 listing.

Sunday, Oct. 26

HealthLink on Air. See 10/19 listing.

• **Mass.** See 10/19 listing.

Monday, Oct. 27

SUNY Upstate Parking Registration. 9:30 to 11 a.m. 205 Madison Towers.

• **Mass.** See 10/20 listing.

Faculty Development Seminar.

"Online Course Work." Melanie Kalman, PhD, CNS, Patricia Powers, DNP, RN, FNP, James Vossler, Upstate Medical University. Noon to 1 p.m. 318 Health Sciences Library.

Management Forum. 1 to 3:15 p.m. 6500 University Hospital.

SUNY Upstate Parking Registration. 1 to 2:30 p.m. Lobby, Institute for Human Performance.

Welcome Reception for Steven R. Goodman, PhD. 4 to 6 p.m. Atrium, Setnor Academic Building.

Kirpalu Yoga Class. See 10/20 listing.

Free Smoking Cessation Class (part of a series). Fulton Public Library. 6 to 7 p.m. 160 South First St., Fulton.

Tuesday, Oct. 28

Workshop. "Crucial Confrontations: Tools for Resolving Broken Promises, Violated Expectations and Bad Behavior." 9 a.m. to noon. 1328B University Hospital.

SUNY Upstate Parking Registration. 9 to 11 a.m. Lobby, Jacobsen Hall.

Vendor Fair. 10 a.m. to 3 p.m. C.A.B.

Faculty Development Seminar.

"Online Course Work." Melanie Kalman, PhD, CNS, College of Nursing, James Vossler, College of Health Professions. Noon to 1 p.m. 318 Health Sciences Library, Wsk. Hall.

• **Weekly Prayer Service.** See 10/21 listing.

SUNY Upstate Parking Registration. 1 to 2:30 p.m. Fifth Floor Conference Room, UHCC.

Spiritual Fitness. See 10/21 listing.

Vocera. 1 to 3 p.m. Classroom C,

Institute for Human Performance. Contact Derek Hawkins at 464-1400 hawkinsd@upstate.edu with questions.

Infectious Diseases Conference. Elias Ashame, MD, Upstate Medical University. 4 p.m. 304 Crouse Physician's Office Building., Irving Avenue, Syracuse.

Pilates Class. 5 to 6 p.m. Gymnasium, University Hospital.

HealthLink Seminar. "Tai Chi." 6 to 7 p.m. Oasis/HealthLink, ShoppingTown Mall, DeWitt.

Wednesday, Oct. 29

Anesthesiology Grand Rounds. 6:45 to 8 a.m. Medical Alumni Aud., Wsk. Hall.

Otolaryngology Grand Rounds. 7 to 8 a.m. 6500 University Hospital.

Surgery Morbidity/ Mortality Conference. 7 to 8 a.m. 2231 Wsk. Hall.

WebCAIS/Groupwise Class (licensed). 7:30 a.m. to noon. Classroom D, Institute for Human Performance.

Orthopedic Grand Rounds. 8 to 9 a.m. 6500 University Hospital.

Neuroscience Grand Rounds. 8 to 9 a.m. 103 Wsk. Hall.

Surgery Grand Rounds. Carol Baldwin Breast Cancer Research Lecture. "Treating the Intact Primary Tumor in Metastatic Breast Cancer: A Contradiction in Terms or a Promising Strategy?" 8 to 9 a.m. 2231 Wsk. Hall.

SUNY Upstate Parking Registration. 9 to 11:30 a.m. and 1 to 4 p.m. Small Cafeteria, University Hospital.

Pediatric Grand Rounds. "Community Onset MRSA." Jana Shaw, MD, Upstate Medical University. 9:15 to 10:30 a.m. 6500 University Hospital.

• **Rev. Weez's Storytime.** See 10/15 listing.

Free Flu Vaccine Clinic for SUNY Upstate Staff and Students. 1 to 2 p.m. 304 Crouse Physician's Office Building.

Free Flu Vaccine Clinic for SUNY Upstate Staff and Students. 2 to 3 p.m. 401 Crouse Physician's Office Building.

Publication Reception for eighth issue of *The Healing Muse*. 4 to 6 p.m.

Medical Alumni Aud., Wsk. Hall.

HealthLink Seminar. "So Your Teenager Wants a Tattoo and a Nose Ring?" Bonnie Miner, RN, CNS, Upstate Medical University. 6 to 7 p.m. Oasis/HealthLink, ShoppingTown Mall, DeWitt.

Thursday, Oct. 30

Workshop. "Workplace Violence: CPI Non-Violent Crisis Intervention." 7:30 a.m. to 3:30 p.m. 3507 Setnor Academic Building.

Nursing Services Orientation (NSO). 8 a.m. to 12:15 p.m. (PSC, monitor techs, psych therapy techs); 8 a.m. to 3:30 p.m. (RN, LPN, GN, GPN, CT, UST). 1328B University Hospital.

Free Flu Vaccine Clinic for SUNY Upstate Staff and Students. 8 a.m. to 3:30 p.m., Small Cafeteria, University Hospital.

Medical Grand Rounds. 8:30 to 9:30 a.m. 1159 Wsk. Hall.

SUNY Upstate Parking Registration. 9:30 to 10:30 a.m. Third Floor, 250 Harrison St.

Psychiatry Grand Rounds. "Disaster and Emergency Preparedness and Geriatric Mental Health." Mark Nathanson, MD, Columbia University. 12:30 to 2 p.m. PBS Building., 713 Harrison St. Syracuse.

WebCais. 1 to 3 p.m. Classroom C, Institute for Human Performance. Contact Derek Hawkins at 464-1400 or hawkinsd@upstate.edu with questions.

SUNY Upstate Parking Registration. 1:30 to 3 p.m. Lobby, C.A.B.

Vascular Conference. 5 p.m. 8800 University Hospital.

Pilates Class. 5 to 6 p.m. Gymnasium, University Hospital.

Cardiac Device Support Group Meeting. "Picking Your Pace" and "Exercise and Your Device." Annie Pennella, Upstate Medical University. Oasis/HealthLink, ShoppingTown Mall, DeWitt.

Friday, Oct. 31

SUNY Upstate New Employee Orientation. 7 a.m. to noon. East Lounge, C.A.B.

Obstetrics/Gynecology Grand Rounds.



Photograph by Patti Ondocin, RN

Have you had your flu shot yet?

Ambrish Patel, a second-year student in SUNY Upstate Medical University's College of Medicine, gives Carol Braund, PhD, RN, a flu shot during SUNY Upstate's Red Dot Campaign to encourage everyone to receive the vaccine to protect patients. Braund is the campaign's team leader. See "Calendar" section for dates, times and locations of the flu clinics.

Second Set—continued from page 1

helplessness, anger, guilt, doubt, and even joy," she said.

In the chapter "Perspectives of a Clergy Parent," the Rev. Wes Fleming of Eastside Vineyard Church in DeWitt shares insights from his spiritual journey as a pastor and parent of a child with a brain tumor. Helplessly watching his daughter endure yet another round of chemotherapy in her 14-year battle against a brain tumor, he writes of his feelings of betrayal: "How can the God who cares for me and superintends over every detail of my life and those I love allow cancer to harm my child?"

But it is Rev. Fleming's "angry hope" as he calls it, and greater awareness of God in his life that cause him to find comfort and even meaning in his daughter's ordeal. "God's continued expressions of loving kindness wear out my complaints and turn my anger of despair into an anger of hope—my sense of powerlessness and guilt into

enthusiasm and purpose." Rev. Fleming and his daughter, Beth, are founders of central New York's annual Father/Daughter Valentine Ball. Putting their "angry hope" to work, they have raised more than \$150,000 for the Golisano Children's Hospital over the past six years.

Dedicating his life to caring and healing other parents' children, Ran Anbar, MD, a pediatric pulmonologist at University Hospital, found himself on the receiving end of a difficult diagnosis for his daughter.

In the chapter "Perspectives of a Physician Parent," readers join Dr. Anbar on an emotional and spiritual journey that begins when he and his wife are told their newborn daughter would need heart surgery to correct a serious heart condition, but that the surgery could not be performed until she was older and stronger.

During the next three years, despite constant prayer and a deep faith, Dr. Anbar and his family remained anxious

about their daughter's health. "I asked myself why it was that I was anxious if I had a strong faith in God," he writes. "I had a notion that if a person has complete faith in God that he should have no fear."

Dr. Anbar said he is grateful to be able to share his story with others. "My job as a physician is to help other people and their children in this situation," he said. "This was a new experience for me; it made me a better physician and provided me with a greater understanding of what parents face when given the news that their child is sick."

The book features stories from families in Baldwinsville, Cazenovia, Fayetteville, Frankfort, Jamesville, Johnson City, North Syracuse and Syracuse.

The book is available in the University Hospital Gift Shop and will be in local bookstores soon.

Funding for the book was provided by the Wilbert Foundation.

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7:30 a.m. Sulzle Aud., Marley Education Ctr.

WebCAIS/Groupwise Class (unlicensed). 7:30 a.m. to noon.

Classroom D, Institute for Human Performance.

- **Mass.** See 10/17 listing.

Saturday, Nov. 1

- **Mass.** See 10/18 listing.

Sunday, Nov. 2

HealthLink on Air. See 10/19 listing.

- **Mass.** See 10/19 listing.
- Broadcast live from the Chapel on in-house Channel 40.

Watch "Upstate Magazine" on Staff Ed TV channel 62 or by visiting www.upstate.edu/edcom/upstatemag



Advances in cancer treatment is topic of SUNY Upstate symposium

More than 250 professionals from throughout the region participated in SUNY Upstate Medical University's fourth-annual Upstate Cancer Symposium Sept. 26 at the Nicholas J. Pirro Convention Center at Oncenter. National speakers and experts from SUNY Upstate presented discussions on topics ranging from women and cancer, Tomotherapy, child-

hood cancer survivorship, head and neck cancer and thyroid cancer. The symposium was jointly sponsored by Upstate Cancer Center at University Hospital, Upstate Medical University Foundation, the Institute for Continuing Nursing Education and the American Cancer Society.



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