

# update

AUGUST 6 THROUGH AUGUST 20, 2008

## Vocera technology proves invaluable

A small, lightweight, four-inch wearable communication device has become as ubiquitous as ID badges at University Hospital with its impact being felt from such diverse departments as the Emergency Department, Pharmacy and Food Service.

Piloted four years ago with 250 people in four departments, the Vocera system at University Hospital by summer's end will boast 2,400 users in nearly every inpatient unit and most departments, placing more than 180,000 calls and broadcast a month.

A major technology milestone occurred June 3, when Kari Merriam, a registered nurse in the Emergency Department, placed the three-millionth call on the Vocera system.

"A day at the hospital is a whirlwind of activity and our ability to communicate and be understood at this pace is paramount to doing our best everyday," said Dave George of the Division of Information Management Technology. "This technology is enabling us to do just that in the most subtle of ways."

Subtle is how the system communicates. It does away



*The Vocera enhances communication among hospital staff*

with loud overhead pages in patient areas, or the incessant beeping of pagers. Pushing a button on the device and identifying the person to be reached is all that is needed to communicate via the Vocera system. The connection happens instantly over the hospital's wireless network. Individuals can also dial a phone by reciting the number to be called into the communication badge.

The system received its first workout in the Emergency Department in late fall 2003.

"There is always some anxiety when introducing a new technological device, but once it was demonstrated how this device could actually make us more efficient and effective, there was no stopping us," said

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## Students return beginning Aug. 20

SUNY Upstate Medical University will welcome nearly 425 new students and their family members to campus with a full schedule of orientation activities that include white coat ceremonies, tours, academic and informational sessions and social events. Orientation will be held Aug. 20 to Aug. 24. Classes begin Aug. 25.

"We are delighted to welcome these new students to the Upstate campus," said Julie R. White, PhD, dean of Student Affairs at SUNY Upstate. "We have been planning for their arrival for some time and we look forward to their participation in our renewed student orientation program."

A President's Welcome Convocation for parents and students will be held Aug. 21, at 2 p.m. in the Oncenter Ballroom in downtown Syracuse.

Other events include the College of Medicine's Dinner with a Doctor Aug. 24 at 3 p.m.; the College of Graduate Studies' Dinner with a Research Scientist Aug. 24 at 3 p.m.; and a dinner for students in the colleges of Health Professions and Nursing Aug. 24 at 5 p.m.

The colleges of Medicine, Health Professions and Nursing also will present

White Coat ceremonies.

The College of Medicine (COM) and the Medical Alumni Foundation will hold a White Coat ceremony Aug. 20, at 5:30 p.m. in the Oncenter Ballroom. Each COM freshman will receive a white coat made possible by a grant from Excellus BlueCross BlueShield to the Parents and Family Association of the Medical Alumni Foundation. The grant also supports a reception following the ceremony.

The College of Health Professions will host a White Coat ceremony for students and family members Aug. 27, at 5 p.m. in 9295 Weiskotten Hall. A reception will immediately follow the ceremony.

The College of Nursing will host its first White Coat ceremony for all nursing students Sept. 10, at 5:30 p.m. at the Ninth Floor Auditorium in Weiskotten Hall. The College of Nursing Alumni Association will present each undergraduate nursing student with a gift and each graduate nursing student with a white coat.

For the complete orientation calendar of events visit [www.upstate.edu/prospective/accepted/orientation/pdf/orientation\\_booklet.pdf](http://www.upstate.edu/prospective/accepted/orientation/pdf/orientation_booklet.pdf).

## CAMPUS BRIEFS

**The Eighth Annual Biomedical Sciences Retreat, sponsored by the College of Graduate Studies,** will be held Sept. 4, from 8 a.m. to 5 p.m. at Welch Allyn "The Lodge," 4355 State Street Rd, Skaneateles. The keynote speaker is Edward H. Egelman, PhD, of the Department of Biochemistry and Molecular Genetics at the University of Virginia. The retreat includes breakfast, lunch, a poster session and a social hour. Poster registration with abstract are due by Aug. 10. Registration deadline for the retreat is Aug. 25. For more

information, contact Sandi Tillotson at 464-7655, tillotss@upstate.edu.

**The second annual Lung Cancer Walk, Run and Rally will be held Sept. 20 at Longbranch Park in Liverpool.** Registration begins at 9 a.m. followed by a 10 a.m. start. Register online at [www.lungevity.org/cnywalk](http://www.lungevity.org/cnywalk). Members of the SUNY Upstate community may register as part of the Upstate team. The registration fee is \$20. The event includes a 5K run sanctioned by Fleet Feet, a 5K walk, a 3K walk, a silent auction, live

music by CXTec Dinosaurs and face painting. For more information, e-mail Lisa Cico at [cicol@upstate.edu](mailto:cicol@upstate.edu).

**SUNY Upstate Medical University's mixed bowling league is recruiting members.** The league bowls Tuesdays, at 5:15pm at Lakeview Bowling Center, 715 Old Liverpool Road, Liverpool. To join or for more information call 464-7882 (e-mail [benwared@upstate.edu](mailto:benwared@upstate.edu)) or 464-2412 (e-mail [mieczkoc@upstate.edu](mailto:mieczkoc@upstate.edu))

## SUNY Upstate to participate in the 2008 New York State Fair

Visit the SUNY Upstate Medical University/University Hospital exhibit located in the Science and Industry/Hall of Health Building at the New

York State Fair Aug. 21 through Sept. 1, from 10 a.m. to 10 p.m. University Hospital departments will be spotlighted each day. Representatives from

each department will be available for questions. Below is the schedule, as of Aug. 1, of departments that will be represented at the fair.

**Aug. 21 Pediatric Emergency Department.** Free helmet giveaway; personal safety informational handouts.

**FingerLakes Donor Recovery Network/Donor Council at University Hospital.** Donor Cards, information regarding organ and tissue donations.

**Aug. 22 Poison Center.** Informational handouts regarding Poison Center services and poison prevention tips.

**Student Admissions.** Informational handouts regarding the colleges of Medicine, Health Professions, Nursing and Graduate Studies; giveaways.

**Aug. 23 Pediatric Emergency Department.** See Aug. 21.

**Aug. 24 Department of Pediatrics.** Informational handouts regarding pediatric services at University Hospital and the Golisano Children's Hospital.

**Aug. 25 Geriatrics.** Informational handouts regarding the ACE (Acute Care for the Elderly) service at University Hospital.

**Centers for Vision Care and Vision Research.** Free vision and glaucoma screening.

**Aug. 26 Oncology.** Informational handouts regarding cancer care and advances in technology related to cancer care.

**Geriatrics.** See Aug. 25.

**Smoking Cessation.** Pulmonary function testing; carbon monoxide testing for smokers; smoking cessation counseling.

**Aug. 27 Physical Medicine and Rehabilitation.** Educational information regarding outpatient therapy services at University Hospital.

**HealthConnections.** Informational packets regarding HealthConnections services; giveaways.

**Aug. 28 Stroke Center.** Educational information on how to recognize and prevent stroke.

**Physical Medicine and Rehabilitation.** Educational information regarding stroke and inpatient therapy services at University Hospital.

**Smoking Cessation.** See Aug. 26.

**Aug. 29 Health Sciences Library.** Informational handouts regarding the Health Information Center; giveaways.

**Bariatrics.** Informational handouts regarding bariatric surgery at University Hospital; giveaways.

**Aug. 30 Cardiovascular Services.** Free blood pressure screening; Cardiovascular Trivia game; giveaways; educational information regarding cardiovascular disease.

**Child Developmental Center.** Informational handouts; giveaways.

**Aug. 31 McMahan/Ryan Child Advocacy Site.** Informational handouts regarding the Advocacy site and the prevention of child abuse; game/prizes; giveaways.

**CARE Program.** Child Abuse Referral and Evaluation (Informational handouts; giveaways).

**Sept. 1 New York State Osteoporosis Prevention and Education Program (NYSOPEP).** Informational handouts; giveaways.

## University Hospital's new prayer wheel gently spins patient wishes

A foot-high ceramic prayer wheel is now part of University Hospital's Interfaith Chapel. The prayer wheel was created by potter Chris Moench of Billingham, Wash., who takes the concept from Tibetan Buddhist tradition.

The wheel is decorated with items from nature, such as leaves, and sits on a small turntable. People place written prayers into the prayer wheel and then it is gently spun. Each revolution is counted as an uttered prayer.

At University Hospital, the prayer wheel collects prayers from patients, families, employees or anyone else who

stops by and pens a concern. In addition to spinning the wheel, the university's Intensive Prayer Circle reads them aloud during weekly prayer services and then distributes them to various congregations in the community.

Since the prayer wheel was placed in the chapel earlier this month, prayer requests have doubled. "It's a beautiful piece that speaks to all of us through its simplicity," said the university's spiritual care manager, the Rev. Terry Culbertson. "It's touching to know it already has such meaning and purpose to us all."



Photograph by Richard Whelsky

*A prayer wheel is now part of University Hospital's Interfaith Chapel.*

### **Vocera**—continued from page 1

Julie Soule, patient service leader for the adult Emergency Department.

Soule said the system quickly proved its worth by providing a faster way to communicate with the various services and departments often called on to assist the ED in patient care. Letting the nursing staff upstairs know a patient was ready for X-ray often involved speaking with a variety of people," she said. "Today we use Vocera to speak directly with the person who needs the information."

The system also enables Emergency Department staff to be alerted immediately by the hospital lab when important test results need to be shared with medical personal.

And the icing on the cake for Soule is that the device eliminates the need for noisy overhead pages. "Reducing the noise level makes it less stressful for patient and practitioner," Soule notes.

Lori Holmes, manager of Physical Medicine and Rehabilitation, said the system allows physical and occupational therapists to communicate even though they are working in different buildings on campus. "This keeps us with the patient and off the telephone," she said.

Away from the patient care setting is University Hospital's busy pharmacy

managing 2,000 different medications and filling thousands more orders each day. Pharmacy Director Russell Yandon says great efficiencies in the pharmacy operation have been made over the last several years, which included the introduction of the Vocera system.

"We've eliminated the number of calls that come into the Pharmacy from 14,000 monthly to about 10,000 because of the Vocera system," Yandon said.

He said the system enables the Pharmacy and nursing staff to contact directly the pharmacy technicians who are delivering drug orders throughout the hospital.

Vocera also has lent a high-tech touch to spiritual care.

"It has been an invaluable resource to help us communicate at the touch of the 'genie button' for urgent requests for a chaplain," said the Rev. Terry Culbertson, spiritual care manager and supervisor of clinical pastoral education. "Most importantly it has helped us stay at the bedside of patients, which is so important in our work."

Rev. Culbertson has found a different, unexpected use for Vocera, especially when working with the hospital's youngest patients. "It's a creative pastoral tool for young children who love to hear a voice that

speaks directly to them.

Vocera also is streamlining operations in the university food and nutrition services operations by enabling instant access with catering associates whose job it is to take patient food orders and deliver meals. "It's so much more convenient for a nurse to speak directly to the person in charge of the patient's meal when a last-minute request has been made or is needed," said Jamie Nicolosi, senior director of Food and Nutrition Services, whose department prepares more than 900 meals for patients daily. "It's better service for the customers—our patients—and that creates a better hospital experience," he said.

Officials from other hospitals, such as Stony Brook's University Hospital and Brigham & Women's Hospital in Boston have made trips to University Hospital to see first hand how the system works. The calendar of other institutions wanting to visit, such as St. Barnabas Health Care System in New Jersey, is filling up quickly.

"It's been enjoyable being able to show and tell about this system with other hospitals," said George. "But while the technology provides us with the ability to be more efficient, it's actually the employees who make it work so well."

## Eric M. Deshaies, MD, joins faculty in the Department of Neurosurgery

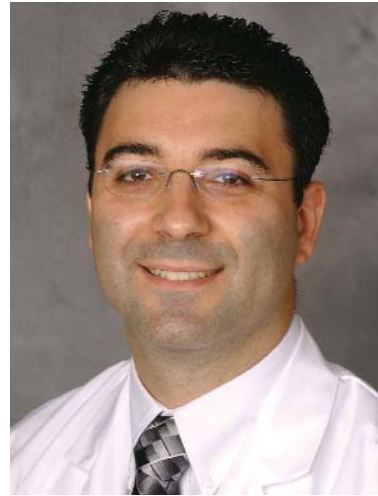
Eric M. Deshaies, MD, has joined the Department of Neurosurgery as assistant professor, dually trained in neuroendovascular surgery and cerebrovascular and skull base surgery. He will specialize in the treatment of hemorrhagic and ischemic stroke, aneurysms, arteriovenous malformations (AVMs), skull base tumors, cranio-facial tumors and other complex disorders.

Dr. Deshaies is among only a few surgeons in the nation who are trained in this dual specialty. He is the only practicing surgeon of his kind in a region bordered by Albany, Rochester, the Canadian border and the Southern Tier.

Dr. Deshaies also directs SUNY Upstate's Skull Base Laboratory, where he is pursuing new minimally invasive techniques and surgical approaches to tumors of the brainstem and cranio-facial regions.

Prior to SUNY Upstate, Dr. Deshaies was clinical instructor of neurosurgery and senior fellow of neuroendovascular surgery at Albany Medical Center, from 2007 to 2008. He completed a fellowship in cerebrovascular and skull base surgery at the University of Miami in 2007; a neurosurgical residency at Albany Medical Center in Albany in 2006, where he served as chief resident from 2005 to 2006; and a general surgical internship at Albany Medical Center in 2001.

Dr. Deshaies received his medical



Eric M. Deshaies

degree from the University of Connecticut School of Medicine in Farmington, Conn., in 2000; and a bachelor's degree in biochemistry, *magna cum laude*, from Trinity College in Hartford, Conn., in 1996.

The recipient of numerous awards, he is associate editor of the second edition of the textbook *The Primary Care of Neurological Disorders* and has authored and

coauthored numerous articles for professional journals, including the *Journal of Neurosurgery*, *Journal of Trauma* and *Neurological Research*.

## Heidi Cross, NP, named Nurse of the Year by national ostomy association

Heidi Cross, NP, was named the 2008 WOC Nurse of the Year by the United Ostomy Association of America (UOAA) at the National Wound, Ostomy, and Continence (WOC) Nursing Society Annual Conference June 2 in Orlando, Fla.

"Heidi has touched the lives of countless patients and contributed directly to their surgical rehabilitation and adjustment to their new life situation," said Kenneth W. Aukett, president of UOAA. "She is viewed by



Heidi Cross accepts her Nurse of the Year award from UOAA president Kenneth Aukett

UOAA as a most valuable asset to your medical system."

Consideration was given to a candidate's contribution to his or her support group's viability, including participation in group projects and the provision of one-on-one counseling regarding ostomy management problems. Cross was nominated for her

dedication in leading support group meetings, easing the concerns and

doubts of her patients and giving them a feeling of empowerment and the ability to cope with their situation. Support group meetings are held monthly and are regularly attended by 20 to 30 people. In addition to leading the meetings, Cross distributes a newsletter to more than 400 people with ostomies through Central New York.

Cross joined University Hospital in February as nurse practitioner for the Wound/Ostomy Service, where she manages complex acute and chronic wounds and provides consultations with ostomy patients.

### RECOGNITIONS

Six residents of the College of Medicine have been selected by SUNY Upstate third-year medical students to receive the Arnold P. Gold Foundation Humanism and Excellence in Teaching Award for their commitment to

teaching and compassionate treatment of patients and families, students and colleagues. Recipients, who received a stipend from the Foundation and an award certificate, are: **Robert Behm, MD;** **Shreyas Roy, MD;** **Marwan Saleh, MD;**

**Sean Button, MD;** **Sarah Finocchiaro, MD;** and **Terrence M. Li, MD.**

Twenty-one fourth-year students in the College of Medicine were elected as

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## Free legal clinic for patients relocates to PM & R in University Hospital

To reach a greater number of patients who need legal advice on healthcare issues, the free Legal Clinic for patients of University and Crouse hospitals has changed its location from Crouse Hospital to 2239 University Hospital in the Department of Physical Medicine and Rehabilitation (PM&R).

Clinic hours are noon to 2 p.m. on the first and third Tuesday of each month and 5 to 7 p.m. on the second and fourth Tuesday of each month. The clinic, which does not meet the fifth Tuesday of the month, is open to all patients of University and Crouse hospitals or family members who will speak on behalf of the patient.

"Assisting patients with legal concerns associated with their healthcare can contribute to successful patient outcomes since they are relieved of the stress that accompanies these matters," said Brian Rieger, PhD, chief psychologist and director of rehabilitation psychology in the PM&R Department.

The availability of free legal clinics for patients is part of a national trend of medical and legal collaborations, according to James Williams, attorney for the Pro Bono Action Now Program.

"Often, it is difficult for patients to cope with their legal affairs when they are also faced with the anxiety of hospitalization," said Williams. "We help to alleviate this stress by offering them free legal advice on a myriad of concerns that surround their care, such as issues related to housing, family law, insurance, Medicaid/Medicare and education."

The clinic is staffed by Williams; volunteer lawyers Edward McArdle, Christine Waters, Wendy Reese and Matthew VanBeveren; and Pro Bono Action Now law assistants Eileen Steinhardt and Michele Czornij.

The Legal Clinic is a collaborative effort of the Fifth Judicial District Pro Bono Action Now Committee, the Onondaga County Bar Association, and University and Crouse Hospitals.



Photograph by Brian Rieger

*Legal Clinic staff, from left, Wendy Reese and Matthew VanBeveren join Louise Pernisi, RN, MS, CNS, CCM, CDMS, case manager for the Department of Physical Medicine & Rehabilitation.*

Walk-ins are welcome. Patients who are unable to attend clinic hours may make an appointment in advance by calling 315-703-6576.

### Recognitions—continued from page 4

members of SUNY Upstate's chapter of the national Gold Humanism Honor Society that recognizes senior medical students for demonstrated excellence in clinical care, leadership, compassion and dedication to service. Candidates are nominated and elected by peers within their class. The students from the Syracuse campus are: **Scott Cameron, Matthew Daily, Elizabeth Dawson, Edward Gould, Sarah Greenberg, Christopher Jones, Robert Kallinicos, Joseph Konwinski, Erin Horn Lineman, Amy O'Brian, Valerie Rott, Jaclyn Sisskind, Aselim Thabet, Allison Werner, Matthew Westpfal and Danielle Yerdon.** Students from the Binghamton campus are: **Roslyn Chang, Rajitha Devadoss, Daniel Marino, Stephen Weinberger and Danielle Weinman.**

A feature article by pediatric pharmacy specialist **Luke A. Probst, PharmD,**

titled "Pitfalls of the Application of the Modification of Diet in Renal Disease Equation to Drug-Dosing Practices: A Tertiary Care Teaching Hospital Experience" was published in the July 2008 issue of the journal *Hospital Pharmacy*. Co-authors are **William Darko, PharmD; Adrienne L. Smith, PharmD; and Gregory Cwikla, PharmD.**

**The Rev. Terry Ruth Culbertson, MDIV, BCC, CT,** chaired the Association for Professional Chaplain's (APC) regional Certification Committee June 24 at the Veterans Administration Medical Center in Canandaigua, N.Y. The APC is the largest, interfaith chaplaincy certifying organization in the country. Rev. Culbertson is manager of SUNY Upstate's Center for Spiritual Care and is a certified supervisor in the Association for Clinical Pastoral Education clinical pastoral education programs.



Photograph by William Mueller

## Keeping kids safe

*More than 160 bike helmets were given away free at a safety outreach event, held July 21 at Onondaga Lake Park. The event was cosponsored by University's Hospital's Pediatric Emergency Department, HealthLink, and the Onondaga County Health Department.*

## LECTURES, SEMINARS, WORKSHOPS &amp; CONFERENCES

Register for HealthLink seminars by calling 464-8668 or at [www.upstate.edu/HealthLink](http://www.upstate.edu/HealthLink).

Register for workshops at [www3.upstate.edu/hr/training](http://www3.upstate.edu/hr/training), choose category: Management Development.

**Aug. 12. 6 to 7 p.m. Oasis/HealthLink, ShoppingTown Mall, DeWitt.**

HealthLink Seminar. "Jump Off the Diet Treadmill!" will discuss a non-diet meditation based approach to weight management.

**Aug. 13. 9 to 11 a.m. 205 Jacobsen Hall.**

Workshop. "Quality Management and Outcomes Measurement" will provide managers with an overview of University Hospital's Organizational Quality, Management and Improvement Plan and how the hospital tracks and trends performance improvement in the areas of volume, clinical quality, customer satisfaction, and financial efficiency.

**Aug. 13. 10 to 11 a.m. 6703A-6 South, University Hospital.**

Workshop. "Computer Skills for Patient Service Leaders (PSLs)" will offer an overview of GroupWise, Microsoft Word, and other Internet skills. Evening classes can be arranged. Call Lauren Brady at 464-4407.

**Aug. 13. 6 to 7 p.m. Liverpool Library, 310 Tulip St., Liverpool.**

HealthLink Seminar. "Sleep Apnea" will discuss the signs and symptoms of sleep apnea, why it occurs, how it is treated and problems associated with untreated sleep apnea.

**Aug. 14. 6 to 7 p.m. Joslin Diabetes Center, 3229 E. Genesee St., Syracuse.**

HealthLink Seminar. "Preparing for College When You Have Diabetes" will explore how high school students with diabetes and their families can prepare for college.

**Aug. 19. 10 to 11:30 a.m. 4507 Setnor Academic Building.**

2008 Summer Workforce Leadership program, live via satellite: "Managing Negativity in the Workplace" will offer leadership approaches to reduce the amount of negativity in a workgroup. Register at [www3.upstate.edu/hr/training](http://www3.upstate.edu/hr/training).

**Aug. 19. 6 to 7 p.m. Oasis/HealthLink, ShoppingTown Mall, DeWitt.**

HealthLink Seminar. "Human Brain Mapping: Clinical Applications of Functional MRI and Image Guided Surgery Technology" will discuss how functional MRI can decrease risk and improve surgical outcomes.

**Aug. 20. 2 to 4 p.m. 205 Jacobsen Hall.**

Workshop. "Diversity Management in Healthcare" focuses on building skills and modifying behaviors by looking at common biases, prejudices and stereotypes.

**Aug. 21. 9 to 11 a.m. 1328B University Hospital.**

Workshop. "A Practical Approach to Practical Skills: Engaging and Motivating Your Employees" will discuss the items that are most important in creating an engaged workforce.

**Aug. 27. 8 a.m. to 4 p.m. 205 Jacobsen Hall.**

Workshop. "Cultural Competency in Health Care" will help participants to examine their assumptions about diversity and assist them in becoming more culturally competent.

**Aug. 25, Sept. 2, 8, 10, 15, 22, 29. Noon to 1 p.m. Oasis/HealthLink, ShoppingTown Mall, DeWitt.**

Smoking Cessation Classes. "Quit Smoking for Good and For Free!" Receive a personalized quit plan and learn about nicotine-replacement therapy options, the NYS Smoker's Quitline and maintenance and relapse prevention techniques.

## IN THE NEWS

**Allen Silverstone, PhD**, was featured in a report on News 8 Austin (Texas) discussing the SUNY Upstate study on the possible link between PCB exposure and diabetes.

**Howard Simon, MD**, was quoted in the *Watertown Daily Times* about gastric bypass surgery and a support group for North Country residents that is hosted by SUNY Upstate.

**Steven Olson, RN**, was interviewed by

WTVH-TV5 and WSYR-570AM on a free bike helmet giveaway held at Onondaga Lake Park. Coverage of the event also was carried by WSTM-TV3.

**Toni Gary** was featured in the *Post-Standard* with Kiwanis officials who are supporting the Golisano Children's Hospital.

**James Vossler** was interviewed by WSTM-TV3 and 9WSYR-TV about SUNY Upstate's MedQuest camp.

**Anne Ryan, RN**, was interviewed by Armed Forces television about a mass casualty disaster drill that included University Hospital.

**Joseph Himmelsbach, PhD**, is quoted in the August issue of *Reader's Digest* on traits and behaviors some people possess.

**Robert Barlow, PhD**, was quoted in an article on horseshoe crabs in a Nigeria Web site.

**Wednesday, Aug. 6**

**Anesthesiology Grand Rounds.** 6:45 to 8 a.m. Medical Alumni Aud., Wsk. Hall.

**Orthopedic Grand Rounds.** 8 a.m. 6500 University Hospital.

**Gelato Fundraiser and Scrub Top Sale.** 11 a.m. to 2 p.m. Small Cafeteria, University Hospital.

• **Rev. Weez's Storytime.** Noon. Interfaith Chapel, University Hospital.

**Burn Survivors Support Group.** 5 to 7 p.m. 6551 University Hospital.

**HealthLink Seminar.** "Protect Your Skin." Ramsey Farah, MD, and Joyce Farah, MD, Upstate Medical University. 6 to 7 p.m. HealthLink, ShoppingTown Mall, DeWitt.

**Thursday, Aug. 7**

**SUNY Upstate New Employee Orientation.** 7 a.m. to 3:30 p.m. East Lounge, C.A.B.

**60-Day Retention Program.** 7:45 to 8:45 a.m. and 3:45 to 4:45 p.m. 118 University Hospital.

**Medical Grand Rounds.** 8:30 a.m. 1159 Wsk. Hall.

**WebCAIS for Travel RNs.** 1:30 to 5:30 p.m. Classroom D, Institute for Human Performance. Call 464-9267 or e-mail bennettb@upstate.edu for more information.

**Vascular Conference.** 5 p.m. 8800 University Hospital.

**Pilates Class.** 5 to 6 p.m. Gymnasium, Institute for Human Performance.

**Friday, Aug. 8**

**SUNY Upstate New Employee Orientation.** 7 a.m. to noon. East Lounge, C.A.B.

**Clinical Hands-on Practice Orientation (CHOP).** Noon to 3:30 p.m. East Lounge, C.A.B.

• **Mass.** Noon. Interfaith Chapel, University Hospital.

**Saturday, Aug. 9**

**Mary Nelson's Seventh Annual Youth Day Barbecue.** 11 a.m. to 6 p.m. Corner of S. Salina Street and Wood Avenue, Syracuse.

• **Mass.** 4 p.m. Interfaith Chapel, University Hospital.

**Sunday, Aug. 10**

**HealthLink on Air.** 9 to 10 a.m. WSYR-570AM.

• **Mass.** 4 p.m. Interfaith Chapel, University Hospital.

**Monday, Aug. 11**

• **Mass.** Noon. Interfaith Chapel, University Hospital.

**Yoga Class.** 5 to 6:15 p.m. East Lounge, C.A.B.

**Tuesday, Aug. 12**

• **Weekly Prayer Service.** Noon. Interfaith Chapel, University Hospital.

**Vocera.** 1 to 3 p.m. Classroom C, Institute for Human Performance. Contact Derek Hawkins, 464-1400 or hawkinsd@upstate.edu with questions.

**Spiritual Fitness.** 3 p.m. 2N, PM & R Dayroom, University Hospital.

**Pilates class.** See 8/7 listing.

**HealthLink Seminar.** "Jump Off the Diet Treadmill." Lisa Kaufmann, MD, Upstate Medical University. 6 to 7 p.m. HealthLink, ShoppingTown Mall, DeWitt.

**Wednesday, Aug. 13**

**Anesthesiology Grand Rounds.** 6:45 to 8 a.m. Medical Alumni Aud., Wsk. Hall.

**WebCAIS/Groupwise Class (licensed).** 7:30 a.m. to noon. Classroom D, Institute for Human Performance.

**Orthopedic Grand Rounds.** 8 a.m. 6500 University Hospital.

• **Rev. Weez's Storytime.** See 8/6 listing.

**HealthLink Seminar.** "Sleep Apnea." David Wolfe, RT, Upstate Medical University. 6 to 7 p.m. Liverpool Library, 310 Tulip St., Liverpool.

**Thursday, Aug. 14**

**ATLS Refresher Course.** 7:30 a.m. 550 E. Genesee St., Syracuse.

**Nursing Services Orientation (NSO).** 8 a.m. to 12:15 p.m. (PSC, monitor techs, psych therapy techs); 8 a.m. to 3:30 p.m. (RN, LPN, GN, GPN, CT, UST). 1328B University Hospital.

**Medical Grand Rounds.** 8:30 a.m. 1159 Wsk. Hall.

**Vascular Conference.** 5 p.m. 8800 University Hospital.

**Pilates Class.** See 8/7 listing.

**HealthLink Seminar.** "Preparing for College When You Have Diabetes." Irene Sills, MD, Upstate Medical University. 6 to 7 p.m. Joslin Diabetes Center, 3229 E. Genesee St., Syracuse.

**Friday, Aug. 15**

**WebCAIS/Groupwise Class (unlicensed).** 7:30 a.m. to noon. Classroom D, Institute for Human Performance.

**ATLS Instructor Course.** 7:30 a.m. 550 E. Genesee St., Syracuse.

• **Mass.** See 8/8 listing.

**Saturday, Aug. 16**

• **Mass.** See 8/9 listing.

**Sunday, Aug. 17**

**HealthLink on Air.** See 8/10 listing.

• **Mass.** See 8/10 listing.

**Monday, Aug. 18**

• **Mass.** See 8/11 listing.

**Yoga Class.** See 8/11 listing.

**Tuesday, Aug. 19**

**HANYS Workshop.** "Managing Negativity in the Workplace." 10 to 11:30 a.m. 4507 Setnor Bldg.

• **Weekly Prayer Service.** See 8/12 listing.

**Spiritual Fitness.** 3 p.m. 2N, PM & R Dayroom, University Hospital.

**Pilates class.** See 8/7 listing.

**HealthLink Seminar.** "Human Brain Mapping: Clinical Applications of Functional MRI and Image Guided Surgery Technology." Sean Huckins, Upstate Medical University. 6 to 7 p.m. HealthLink, ShoppingTown Mall, DeWitt.

**Wednesday, Aug. 20**

**Anesthesiology Grand Rounds.** 6:45 to 8 a.m. Medical Alumni Aud., Wsk. Hall.

**Orthopedic Grand Rounds.** 8 a.m. 6500 University Hospital.

• **Rev. Weez's Storytime.** See 8/6 listing.

**College of Medicine White Coat Ceremony.** 5:30 p.m. Oncenter, 800 S. State. St., Syracuse.

**Thursday, Aug. 21**

**SUNY Upstate New Employee Orientation.** 7 a.m. to 3:30 p.m. Location: TBA.

**60-Day Retention Program.** See 8/7 listing.

**Medical Grand Rounds.** 8:30 a.m. 1159 Wsk. Hall.

**WebCAIS for Travel RNs.** See 8/7 listing.

**Orientation: President's Welcome Convocation.** 2 to 3 p.m. Oncenter, 800 S. State St., Syracuse.

**Vascular Conference.** 5 p.m. 8800 University Hospital.

**Orientation: University Reception.** 6 p.m. Atrium, Institute for Human Performance.

**Pilates Class.** See 8/7 listing.

**Friday, Aug. 22**

**SUNY Upstate New Employee Orientation.** 7 a.m. to noon. Location: TBA.

**Clinical Hands-on Practice Orientation (CHOP).** Noon to 3:30 p.m. Location: TBA.

• **Mass.** See 8/8 listing.

**Saturday, Aug. 23**

• **Mass.** See 8/9 listing.

**Sunday, Aug. 24**

**HealthLink on Air.** See 8/10 listing.

• **Mass.** See 8/10 listing.

**College of Medicine Dinner with a Doctor.** 3 p.m. Depart from C.A.B.

**College of Graduate Studies Dinner with a Research Scientist.** 3 p.m. Depart from C.A.B.

**Colleges of Health Professions and Nursing Dinner.** 5 p.m. Ninth Floor Dining Hall, Wsk. Hall.

• Broadcast live from the Chapel on in-house Channel 40.

Watch "Upstate Magazine" on Staff Ed TV channel 62 or by visiting <http://www>

*Upstate Update*

**Issue:**

Sept. 3 to 17

**Deadline:**

Aug. 18



Photograph by Richard Whelsky

## SUNY Upstate extends hospitality to our troops

*The Dental Clinic at SUNY Upstate Medical University donated 500 toothbrushes, dental floss, toothpaste and mouthwash to a special hospitality room at Syracuse's Hancock Airport for U.S. servicemen and women who*

*need a place to stay and freshen up while awaiting a transport to a military base. From left are Terrence Thines, DDS; Christine Durantini and Patrick Smith, DDS.*



This symbol represents **Engaging Excellence**, an initiative to challenge and encourage our employees to create the best workplace possible.

**Employees: To make address changes (i.e., building and/or room number), visit <http://selfserve.upstate.edu>**

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