

# update

MARCH 5 THROUGH MARCH 19, 2008

## Grant enhances HIV services

SUNY Upstate Medical University has been awarded \$225,000 from the state Health Department to provide mental health services for people living with HIV. SUNY Upstate was one of 20 health and research organizations and the only one in Central New York to receive the funding.

The university's Designated AIDS Center will use the funding to provide mental health services on site for HIV-positive patients who are either under insured or uninsured for such services.

People with HIV/AIDS and mental illness are less likely to seek health and mental health care or adhere to their medication regimen, and may be dealing with drug and alcohol use. Mental illness may affect a person's willingness to disclose his or her HIV status and may exacerbate risk behaviors that raise the odds of transmitting their disease.

In all, the state Health Department awarded more than \$4 million in grants to AIDS centers across the state.

The Designated AIDS Center provides medical care for 750 patients throughout a 17-county region.

## Steven R. Goodman, PhD, appointed vice president for research and dean of the College of Graduate Studies

Steven R. Goodman, PhD, a leading researcher in sickle cell disease, has been appointed vice president for research and dean of the College of Graduate Studies at SUNY Upstate Medical University. The appointment, effective Sept. 1, was announced by Steven J. Scheinman, MD, senior vice president and dean of the College of Medicine.

Dr. Goodman, who currently serves as the C.L. and Amelia A. Lundell Professor of Life Sciences, and professor of molecular and cell biology at the University of Texas at Dallas, is respected worldwide for his three decades of research into the structure and function of cell structures called membrane skeletons. His related research into sickle cell disease led to breakthrough discoveries into the molecular definitions of irreversibly sickled cells and is paving the way for new, more effective drug treatment of the disease,

*continued on page 8*



Steven R. Goodman

## Scholarship Fund created to meet a community need

Onondaga County high school graduates who will begin medical school at SUNY Upstate Medical University will be eligible for a scholarship made available through a new medical student fund established by the Onondaga County Medical Society and SUNY Upstate's Medical Alumni Association.

The Onondaga County Medical Society Medical Student Fund was created through a \$110,000 contribution by the Medical Society, financed by its Student Assistance Fund. Through the SUNY Upstate Medical University Scholars Matching Gift Initiative, this gift will produce a starting principal of \$220,000.

The first scholarship, in the amount of \$5,000 a year for four years, will be awarded to a student this spring. As the scholarship fund increases, an additional stipend may be provided if the recipient promises to practice medicine in the Syracuse area after completing medical training.

"The creation of this fund is further evidence of the Medical Society's historic relationship to the medical school," said Thomas A. Bersani, MD, president of the medical society, adding that many of the society's members are graduates of SUNY Upstate's College of Medicine and have remained in Central New York to live and to

*continued on page 8*

CAMPUS BRIEFS

**Working on Wellness (WOW), is the theme of the 2008 SUNY Upstate Health Fair** for the SUNY Upstate community to be held March 19 in 1328B, 1403 and 1500A University Hospital, from 7:30 a.m. to 4 p.m. Free lab draws for lipid and glucose will be offered from 7:30 to 11 a.m. Departments participating in the health fair include the Breast Care Clinic, Cardiology, Clinical Pathology, Continuum of Care, Dental, Employee Assistance Program, Gastroenterology, Environmental Health and Safety, Ergonomics, Joslin Diabetes Center, Nutritional Services, Organizational Training and Development, Physical Medicine and Rehabilitation, Poison Center, Stroke Center, Urology, Volunteer Initiatives and Women's Health. Free testing and screening includes lipid profile, glucose, lean body mass and body fat percentage, blood pressure, pulmonary function and carbon monoxide. Individuals who plan to have lipid testing, should not eat 10 to 12 hours before the test. The health fair also features gift drawings, healthy snacks and giveaways.

**University Radiology Associates, LLP has relocated its Business and Billing office** to 224 Harrison St., Suite 601, Syracuse, N.Y., 13202. Telephone and fax numbers remain the same: telephone, 464-5660; fax, 464-7695.

**"Blood Pressure Monitoring: The Right Tools for the Right Patient"** will be presented by Judy Kilpatrick, RN, MS, of University Hospital at Nursing Grand Rounds March 14, at 1:30 p.m. in 6500 University Hospital. Continuing Nursing Education credits are available. Everyone is welcome. Registration is not required. For more information, e-mail AlbaneseE@upstate.edu.

**Appointments for the Fitness Testing Center in Silverman Hall are being accepted** by the Department of Physical Therapy Education. Fitness assessments are \$15


and include vital signs, body composition, sub-maximal aerobic testing, and strength test. For an additional fee, a maximal test of aerobic capacity is available for individuals who are actively training and interested in optimal performance. For information, call 464-6881.

**University Hospital's gift shop is open Monday through Friday, from 8:30 a.m. to 7:30 p.m.; and Saturday and Sunday, from 9:30 a.m. to 6 p.m.** Located in the University Hospital lobby, the shop features snacks, cards, toiletries, and all-occasion gifts. Proceeds benefit Advocates for Upstate Medical University's patient care and education programs.

**March 27 is the deadline for team captains to register their teams for the American Heart Association Heart Walk,** to be held April 19, beginning at 9 a.m. at Long Branch Park in Liverpool. A minimum of \$30 is required to receive a team shirt. For more information call 464-4263 or 464-4845.

**The Neurosurgery Department will sponsor the Neuro Research Day Symposium** featuring presentations by SUNY Upstate faculty and residents on basic and clinical neuroscience research March 21, from 8 a.m. to 5 p.m. in 2231 Weiskotten Hall. Invited speakers are Edward A. Neuwelt, MD, director of the Blood-Brain Barrier Program at Oregon Health & Science University, who will present "Mechanisms of Disease: The Blood-Brain Barrier;" and Leigh R. Hochberg, MD, PhD, who will present "Neural Interfaces for Restoration of Communication and Mobility." Dr. Hochberg is an instructor in neurology at Harvard Medical School, associate neurologist at Brigham and Women's Hospital, associate investigator for the Rehabilitation Research and Development Service of the Department of Veterans Affairs, an investigator in neuroscience at Brown University, assistant in neurology at Massachusetts General Hospital's Stroke Service and Neurocritical Care, and is a member of the consulting staff in neurology at Spaulding Rehabilitation Hospital.

*continued on page 3*



**Friday, March 28, 2008**  
**The Nicholas J. Pirro**  
**Convention Center at Oncenter**

10TH ANNUAL


# Mystery


AND

# Merlot


**THE PLOT**  
 Wine tasting, dinner, live and silent auctions, and a mystery to solve.  
 Complimentary parking in the Oncenter garage.  
 For information, call 315-464-5610 or  
[mysteryandmerlot.upstate.edu](http://mysteryandmerlot.upstate.edu)

PREMIER SPONSOR





Nursing Recognition  
 University Hospital  
 SUNY Upstate Medical University

Advocates for  
State University of New York  
  
 Upstate  
 Medical  
 University

## Joslin Diabetes Center, Onondaga County collaborate on prevention program

The Joslin Diabetes Center at SUNY Upstate Medical University and Onondaga County are collaborating on a pilot workplace program for county employees that may serve as a model to reduce the growing epidemic of type 2 diabetes in the county and the millions of dollars in healthcare costs to treat the disease. The program is projected to begin in late spring or early summer.

Onondaga County is providing \$50,000 to Joslin to develop and pilot the workplace initiative. The program will base its strategies on evidence gained from the Diabetes Prevention Program, sponsored by the National Institutes of Health, as well as other published trials.

These studies show that a healthy lifestyle that includes regular physical activity, good nutrition, a modest reduction in weight for those who are overweight, and smoking cessation can significantly decrease an individual's risk of developing diabetes as well as helping individuals who already have diabetes and other chronic diseases.

"Our primary strategies will be to offer activities that promote healthy living and that can be easily and conveniently maintained," said Ruth Weinstock, MD, PhD, director of the Joslin Diabetes Center.

"If successful, the pilot program will provide local evidence that will encourage other organizations to adopt this program and decrease the economic and health burden of diabetes and related conditions in Onondaga County," said Dr. Weinstock, who also serves as SUNY Upstate's chief of Endocrinology, Diabetes and Metabolism.

Employees of the county's health and probation departments will pilot the program.



Ruth Weinstock

The Joslin will conduct focus groups of potential participants to gain their input regarding the types of, and best times for, workplace activities; methods of evaluation; and possible incentives to encourage continued participation in the initiative.

Paula Trief, PhD, professor of psychiatry and behavioral sciences at SUNY Upstate, will work with Dr. Weinstock and her associates at Joslin to plan, implement and evaluate the pilot program.

Joslin's recommendations for wellness programs will enhance those currently offered to county employees.

Type 2 diabetes and obesity are growing epidemics in the United States. The number of people living with diabetes in the U.S. has increased by over 60 percent in the last 15 years and is expected to double by the year 2050.

This is one of many projects that the Joslin Center is conducting to help people with diabetes or who are at risk for developing diabetes.

### Campus Briefs—continued from page 2

**Volunteers are needed for University Hospital's bi-annual linen inventory of all inpatient rooms March 22, from 6 a.m. to 1 p.m.** Clinics will be required to conduct their own linen inventory on March 21. To volunteer, to request an inventory contact person for your area, or for more information about the linen inventory, call Lisa Taegder-Cusumano at 464-4652.

**The deadline to register for SUNY Upstate's On My Own Time art show is March 24.** For more information, contact e-mail [lucarell@upstate.edu](mailto:lucarell@upstate.edu).

**Digital photographs by SUNY Upstate's Fred Gardner are on display through March** in the Health Sciences Library in Weiskotten Hall.

**Submissions for the 22nd Annual Bruce Dearing Writing Award competition are**

being accepted by the Center for Bioethics and Humanities through March 17. The competition is open to SUNY Upstate matriculated students, residents, employees and faculty. The subject matter is open. Categories include fiction, poetry, memoir and prose. Winners will be announced and awards presented April 23. Student winners will receive a monetary award; faculty/employee winners will receive gift certificates. All submissions will be considered for publication in the journal, *The Healing Muse*. Send submissions to Deirdre Neilen, PhD, Center for Bioethics and Humanities, 725 Irving Ave., Suite 406, Syracuse, NY 13210.

**The Joslin Diabetes Center will hold a Diabetes Day Open House March 25, from 7:30 a.m. to 5 p.m.** at Joslin's 3229 East Genesee St., Syracuse location. The open house will include diabetes

information handouts and light refreshments. Diabetes educators will be available to answer questions.

**An Intensive Mat Plus Pilates course and Pilates workshops for physical therapists and fitness professionals** will be presented by the Department of Physical Medicine and Rehabilitation at the Institute for Human Performance, 505 Irving Ave., Syracuse. The Intensive Mat Plus course includes three weekend training sessions, March 28 to 30, April 19 and 20, and May 10 and 11. The Pilates workshops incorporate the Stott Pilates Five Basic Principles. The workshops are: Foam Roller Level 1 (March 30), Foam Roller Level 2 (April 20) and Core Balance, (May 11). To register or for more information, call Evelyn Reynolds at 464-2300.

## University Hospital celebrates National Child Life Month in March

“Lunch and Learn” programs for the SUNY Upstate Medical University community, activities for pediatric patients, media interviews, informational displays and participation in a high school career day are some of the ways that University Hospital will celebrate National Child Life Month in March. The celebration honors and acknowledges the work of the hospital’s eight-member team of certified child life specialists.

Child life specialists are child development experts who promote effective coping through play, preparation, education, and self-expression activities for children and their family members who face challenging experiences, particularly those related to healthcare and hospitalization. They play a vital role in educating caregivers, administrators, and the general public about the needs of children under stress.

Through patient education, University Hospital’s child life specialists make a hospital stay or doctor’s visit a positive experience for the child and their family. “When the child and the family is prepared and understands what to expect during a visit or hospitalization, they are less apt to be anxious about the experience,” said Margaret Nellis, manager of University Hospital’s Child Life program.

In addition to Nellis, University Hospital’s child life specialists are Kara Judd-Litera, Sue Karl, Marsha Kernan, Regina Lozito, Colleen Baish, Janice Whitcombe and Brittany Metcalf.

Their day-to-day responsibilities include coordinating pre-admission tours, offering support and distraction during medical procedures, playroom activities and other special events, serving as advocates on behalf of families and children of all ages and developing and implementing staff education initiatives.

One educational initiative developed by Judd-Litera has resulted in an educational curriculum, available to the

SUNY Upstate community through Blackboard, that covers psychosocial topics in children’s healthcare.

Another initiative being developed by Baish is an evidence-based journal club for University Hospital’s healthcare professionals of all disciplines. The journal will be a bi-monthly colloquium that focuses on current research, theory and practice in the field of child life/psychosocial topics in pediatrics.

University Hospital’s pediatric patients, their families and the staff from the Pediatrics Department can add to Child Life Month festivities by wearing: something orange to show Syracuse University team spirit March 5 (Orange Day); a favorite team apparel March 12 (Sports Day); clothing featuring a favorite cartoon character

March 19 (Cartoon Day); and Hawaiian-themed clothes March 26 (Aloha Day).

The child life specialists also gave each pediatric patient a balloon on Balloon Day March 3 and have also planned related activities for each pediatric unit throughout the week, including a performance by a magician March 5, at 4 p.m. in Cafe 750; “Making Music With Music Therapist Miranda” program during the week of March 17; a performance by The Zuchinni Brothers, who host an internationally syndicated weekly radio show, March 19, at 10:30 a.m. in Cafe 750; and a “Zoo To You” program March 27, at 1 p.m. in the 4C conference room in University Hospital.

### Child Life Month Educational Programs

#### Lunch and Learn Series

All sessions are held from noon to 1 p.m. in 1403 University Hospital.

**March 6:** “Communicating with Pediatric Patients: Development and Language,” presented by Sue Karl, CCLS, and Janice Whitcomb, CCLS.

**March 13:** “Reducing Anxiety: Nonpharmacological Interventions” presented by Regina Lozito, CCLS, and Miranda Clark, MT-CB.

**March 20:** “Treatments and Procedures: Supporting Patients and Families”— panel discussion facilitated by Sue Karl, CCLS.

#### Staff education program for pediatric interns and residents

**March 27,** 8 a.m., Pediatric Resident Conference Room, 5th Floor University Hospital.

“Alleviating Pain and Anxiety in the Pediatric Emergency Department,” presented by Colleen Baish, CCLS, M.ED., and Steve Olson, RN, BSN, Jennifer Mackey, MD.

## University Hospital becomes CaringBridge sponsor for pediatric patients

University Hospital's Center for Spiritual Care Pediatric Chaplaincy program has become a sponsor of the CaringBridge Web-based service thanks to a \$10,000 grant from the Wilbert Foundation. The hospital is one of only five in the nation to receive funding during this past year to support innovative new programs in pediatric chaplaincy. CaringBridge offers free, personalized and confidential Web sites that connect loved ones during critical illness, treatment and recovery.

"We are grateful to the Wilbert Foundation for the grant and for its concern for hospitalized children and their families," said Rev. Louise Shepard, senior pediatric chaplain for University Hospital. "Sponsorship to this highly used Web site supports University Hospital's family-centered care initiative while increasing the hospital's level of visibility," said Rev. Shepard.

Grant funding also allowed for the purchase of a desktop computer, laptop and printer for use in the hospital by the families of pediatric patients. Both Rev. Shepard and weekend pediatric chaplain Rev. Betsy Spaulding are able to bring the equipment to the bedside of a sick child so that families together can build and maintain an active Web site.

According to Rev. Shepard, Caring Bridge Web sites give patient families a place to post updates about their child's condition, journal their thoughts and feelings and receive communication from friends and families who otherwise might worry and wonder how things are going. "The technology serves as a ministry of connecting, building



Photograph by Deborah Rexine

*Fifteen-year old Morgan Loftin and her mom, Julie, read messages from loved ones that were received through their CaringBridge Web site.*

relationships, offering and receiving important spiritual and emotional support during a time of great stress," said Rev. Shepard.

Fifteen-year old Morgan Loftin and her family have used the hospital's CaringBridge technology during Morgan's monthlong stay at University Hospital. Morgan, a student at North Syracuse Junior High School, especially enjoys receiving the daily printout messages from her teachers, classmates, family members and other friends.

"Most of our family members live out of state," said Morgan's mom, Julie. "Instead of being tied to the telephone and away from Morgan's bedside, we can now use the computer in the hospital to send one message that will

be received by the dozens of people who care about Morgan and her recovery. This allows us more focused time with Morgan at a time when she especially needs our presence and loving support," she said.

The Wilbert Foundation raises money to assist children's hospitals with existing children's chaplaincy programs affiliated with the National Association of Children's Hospitals and Related Institutions and the Pediatric Chaplains Network.

University Hospital's Center for Spiritual Care has received past funding from the Wilbert Foundation to develop and strengthen the hospital's then newly created pediatric chaplaincy service.

### It's Not Too Late To Nominate *And You Can Do It Online*

Nominations for the 2008 President's Employee Recognition Awards are due March 17.

The awards honor outstanding employees and teams from the campuses, University Hospital and shared service departments.

Categories include: Contribution of the Year, Team of the Year, Supervisor of the Year, and Employee of the Year.

For more information visit [www.upstate.edu/president/awards/](http://www.upstate.edu/president/awards/) or call Nancy Prott at 464-4513

**Upstate Update  
Issue:**

**April 2 to 16  
Deadline: March 17**

## Dr. Smith to head UUP state chapter



Phillip Smith

(UUP) at a special election at UUP's 2008 Winter Delegate Assembly Feb. 9 in Albany. Dr. Smith is professor of cell and developmental biology at SUNY Upstate Medical University.

"I am ready and eager to get to work on developing the skills of our new UUP leaders, strengthening our UUP chapters and continuing to advocate for the

resources SUNY needs to be the greatest public university in the nation," said Dr. Smith.

Dr. Smith replaces William Scheuerman who resigned Nov. 30 to become president of the National Labor College in Silver Spring, Md. Scheuerman's term ends May 31, 2009.

Dr. Smith served as UUP statewide vice president for academics from 2000 to 2004, and as the union's chief negotiator for the 2003-2007 contract talks. He also served as president and grievance officer for the Upstate Hospital Chapter.

UUP represents academic and professional faculty on 29 New York State-operated campuses.

## Eric Frost to head Human Resources

Eric Frost, who has served in SUNY Upstate Medical University's Department of Human Resources for the past ten years as benefits manager and most recently as interim director, has been named associate vice president of human resources. The appointment, effective immediately, was announced by Senior Associate Vice President for Operations Wanda Thompson, PhD.

"Eric has provided leadership during this transition period for Human Resources and has made significant enhancements to the department through his key role in the university's Engaging Excellence initiative," said Dr. Thompson.

As associate vice president, Frost will be responsible for all human resource functions, including oversight of employee benefits, organizational training and development, employee/labor relations, recruitment and appointments, compensation and performance management, employee assistance program, as well as the diversity/affirmative action and employee/student health offices.



Eric Frost

## A doctor, three coaches and a message about colorectal cancer screening

SUNY Upstate Medical University gastroenterologist Ronald Szyjkowski, MD, and Syracuse University coaches Jim Boeheim (basketball), Greg Robinson (football) and John Desko (men's lacrosse) are appearing in a 30 second television public service announcement (PSA) that encourages people over the age of 50 to be screened for colorectal cancer.

The PSA, spearheaded by Dr. Szyjkowski and Syracuse University Athletic Director Daryl Gross, was created jointly by SUNY Upstate and the Syracuse University Athletic Department to call attention to March as Colorectal Cancer Awareness Month. Roger Springfield, director of Media Properties, Production & Licensing for Syracuse University Athletics, produced the spot.

"Colon cancer is the second leading

cause of cancer death in men and women in the U.S. with 150,000 new cases diagnosed each year," said Dr. Szyjkowski. "Initially it has no symptoms. Early detection and treatment could make the difference between life and death. This is why regular screening is so important, especially for people who have a family history of colon cancer."

"Cancer touches us all in one way or another," said Boeheim. "One of the most successful methods of fighting cancer is screening tests. I encourage anyone over 50 or with a history of colon cancer in their family to contact their physician to set up the test."

The PSA will appear on WTVH-TV5, WSTM-TV3, 9WSYR-TV, News10-Now and on Time Warner during the Syracuse University coaches shows and lacrosse games.

Live announcements regarding the importance of colorectal cancer screening will be made on the Syracuse University ISP Sports Network.

While younger adults can develop colorectal cancer, the chances of developing colorectal cancer increase markedly after age 50. Over 90 percent of people diagnosed with colorectal cancer are older than age 50.

Screening methods for colorectal cancer include: a digital rectal exam, a fecal occult blood test (FOBT), flexible sigmoidoscopy, double-contrast barium enema, and colonoscopy.



Ronald Szyjkowski

## Edward Sivak, MD, named Outstanding Clinician of the Year by NYSTS

Edward D. Sivak, MD, has been named the 2008 Outstanding Clinician of the Year by the New York State Thoracic Society in recognition of his efforts to improve patient care and his contributions to the New York State Thoracic Society (NYSTS). Dr. Sivak is part of the national pool in consideration for the same award given by the American Thoracic Society. He is the chief of the Division of Pulmonary and Critical Care and chief of the Medical Intensive Care Unit at SUNY Upstate Medical University.

“The comments by his patients

stand out as a testament to his dedication,” said Sanjay Chawla, MD, president of NYSTS.

As a member of the NYSTS Executive Committee, Dr. Sivak has organized and moderated the Fellows Forum at the Annual Assembly of the NYSTS, an exercise for Fellows in training in pulmonary medicine to study current and past patient cases that are difficult to diagnose. In his off time, he works to form a program to give underserved patients more direct access to subspecialty care.

Dr. Sivak served for two years as a

captain in the U.S. Army Medical Corp in Vietnam where he received the Bronze Star for Service.

The New York State Thoracic Society is the medical section of and operates under the corporate umbrella of the American Lung Association of New York State. The chapter is the oldest thoracic society in the United States.



Edward Sivak

### FACULTY ROUNDS



Stephen Faraone

Dr. Faraone is director of Medical Genetics Research, professor of psychiatry and neuroscience and physiology and director of Child and Adolescent Psychiatry Research.

**Gustavo de la Roza, MD**, assistant professor of pathology, presented “The Need for Universal Health Care System” at a meeting of the League of Women Voter’s Jan. 22 in Binghamton.

**Sharon Menard**, registrar for Trauma Services, received the Registrar of the Year Award for 2007 from the New York State American Trauma Society.

**Stephen V. Faraone, PhD**, was ranked No. 3 on the 2007 list of the ten most highly-cited researchers in psychiatry/psychology for the preceding decade. The list, featured on Web site *In-Cites.com*, was based on information gained from Essential Science Indicators, a resource for researchers to conduct ongoing, quantitative analyses of research performance and track trends in science.

She also presented “Data Abstraction and Report Writing” at a training session for New York State’s trauma registrars, sponsored by the New York State Department of Health (DOH), Feb. 27 in Albany. She will present the information again at a DOH training session March 18 in New York City.

**Kelly Reed, RN**, of Clark Burn Center, conducted a retreat for burn survivors Feb. 2 and 3 at the Ramada Inn Geneva Lakefront in Geneva. The retreat featured a presentation by **Judy Kilpatrick, CNS, NP**, of Upstate Medical University.

The **Clark Burn Center** will present its first Injury Prevention poster for competition at the national conference of the American Burn Association, held in April in Chicago. The poster, developed by **Billie Brimacombe, RN**, and **Kelly Reed, RN**, was designed to increase awareness of candle hazards and the proper use of candles.

Medical student **John Fischer** presented two first-author abstracts generated from research in the Surgical and Critical Care Research Laboratory of SUNY Upstate Professor **Gary Nieman** at

the Society of Critical Care Medicine (SCCM) 27th Congress Feb. 1 to 6 in Honolulu, Hawaii. Fischer was joined by surgery residents **Brian Kubiak, MD**, and **Scott Albert, MD**, and medical student **Liz Ferry**.

**Jerrold L. Abraham, MD**, professor of pathology, coauthored an article titled, “Histologic Findings After Surgical Excision of Optic Nerve Head Drusen” published in *Retina, The Journal of Retinal and Vitreous Diseases* (2008, Volume 28, No. 1).

**Margaret (Meega) Wells, RN, PhD**, clinical assistant professor at the College of Nursing was selected as the LaVonne Straub Memorial Student Research Paper Award winner by the National Rural Health Association for her paper “Resilience in Rural Community Dwelling Older Adults.” She will be honored at the National Rural Health Association’s 31st Annual Conference to be held May 7 to 10 in New Orleans.



Margaret Wells

**Dr. Goodman**—continued from page 1

an inherited blood disorder affecting mostly African Americans. Dr. Goodman identified a drug that in Phase II trials, has been shown to block the formation of dense irreversibly sickled cells and lower what is called the crisis rate for sickle cell sufferers.

Dr. Goodman's other major research contributions include helping to elucidate the structure and function of the spectrin membrane skeleton. In 1981, he was the first to describe nonerythroid spectrin, and has since demonstrated that spectrin functions are as diverse as regulating synaptic transmission, intracellular calcium homeostasis, and DNA repair. He provided the first description of the erythrocyte proteome; described defects in the sickle cell RBC proteome; defined the molecular basis of the irreversibly sickled red blood cell; and demonstrated that spectrin also functions as an ubiquitin conjugating/ligating enzyme.

"We are very excited to have recruited a scientist of Dr. Goodman's stature to the leadership team at Upstate," Dr. Scheinman said. "By combining the roles of vice president for research and dean of the College of Graduate Studies, this will represent the most significant position of leadership

for research that our campus has had. His work on sickle cell disease spans the gap between laboratory and clinical research. Dr. Goodman will be an effective leader for our strategic research direction and advocate for research development, including development of clinical and translational research."

Working collaboratively with George Buchanan, MD, and colleagues at University of Texas Southwestern Medical Center, Dr. Goodman helped bring the first NIH Sickle Cell Center to Texas. Prior to his current positions in Dallas, he was chair of the Department of Cell Biology and Neuroscience and director of the NIH Comprehensive Sickle Cell Center at the University of South Alabama College of Medicine in Mobile. He has also served on the faculty of the Milton S. Hershey Medical Center of Pennsylvania State University.

Dr. Goodman was past president of the Association of Anatomy, Cell Biology, and Neurobiology Chairs. He serves on multiple editorial boards and is currently editor-in-chief of *Experimental Biology and Medicine*. He was an exchange scientist to the Soviet Union as part of the US-USSR Scientific Exchange Program, and, he was an

Established Investigator of the American Heart Association. He has served on research grant study sections for the National Institutes of Health, the Israel Cancer Research Fund and the American Heart Association. In 2008, the third edition of his textbook, *Medical Cell Biology* was published.

Since 1977, Dr. Goodman's research has been funded by numerous agencies including the NIH and Department of Defense.

At SUNY Upstate, he will have appointments as professor of biochemistry and molecular biology, and professor of pediatrics. As vice president for research, he will be responsible for strategic planning for research for the institution, oversight of the campus research infrastructure, and research growth and development. As dean of the College of Graduate Studies, he will be the chief academic officer of that college, responsible for the degree programs in the College of Graduate Studies involving both graduate students and postdoctoral trainees. He will be a member of the SUNY Upstate President's Leadership Council and will report to the senior vice president and dean of the College of Medicine.

**Scholarship Fund**—continued from page 1

practice medicine.

"One of the reasons we had decided to establish this scholarship fund, and stipulate that the recipients be a graduate of an Onondaga County high school, is the realization that someone raised here might be more easily convinced to practice here," said Dr. Bersani.

"On behalf of the Medical Alumni Association and SUNY Upstate Medical University, we are honored to receive this very generous gift," said Vincent J. Kuss, executive director of SUNY Upstate's College of Medicine Foundation. "Furthermore, this type of contribution exhibits the commitment and

confidence the Medical Society has in our medical students here at Upstate. We are very grateful and look forward to working with the Medical Society with the hope of keeping as many local students in the area to practice medicine in Onondaga County for years to come," Kuss said.

Dr. Bersani added that the Medical Society will encourage physicians and members to consider an annual tax-deductible contribution to the Scholarship Fund. Members could also include a provision in their will for the fund.

For more information about the Onondaga County Medical Society Medical Student Fund, call 464-4361.



Photograph by Richard Whelsky

From left, SUNY Upstate's Gregory A. Threatte, MD, president-elect of the Onondaga County Medical Society, joins medical student Jacqueline Rukanshagiza-Bu; David R. Smith, MD, president of SUNY Upstate; and Thomas Bersani, MD, president of the medical society in discussion following the Medical Society's presentation of the \$110,000 check for the scholarship fund.

## WORKSHOPS AND CONFERENCES

To register for workshops, visit  
[www.upstate.edu/hr/training/form.shtml](http://www.upstate.edu/hr/training/form.shtml)

Free HealthLink seminars are open to all.  
 To register, Call Health Connections at 464-8668  
 or register via [www.upstate.edu/healthLink](http://www.upstate.edu/healthLink).

To register for workshops, visit  
[www.upstate.edu/hr/training/form.shtml](http://www.upstate.edu/hr/training/form.shtml)

Free HealthLink seminars are open to all.  
 To register, Call Health Connections at 464-8668  
 or register via [www.upstate.edu/healthLink](http://www.upstate.edu/healthLink).

**March 6. 9 to 11 a.m. 205 Jacobsen Hall.**

Workshop. “What Every Supervisor Needs To Know About Employee Absences” will address contractual and legal constraints, as well as time and attendance counseling/discipline. Intended Audience: Supervisors and managers.

**March 6. 1 to 2:30 p.m. 1328b University Hospital.**

Workshop. “A Practical Approach to Practical Skills (PSFS): Valuing and Managing a Diverse Workforce” will teach the many dimensions of diversity and how to create an environment of inclusion.

**March 13. 9 to 11 a.m. 205 Jacobsen Hall.**

Workshop. “Hiring Great Employees, A Guide to Selecting the Best” will enable participants to effectively plan and carry out emotional intelligence/behavioral interviews that will provide the most accurate information on which to base a hiring decision.

**March 13. 6 to 7:30 p.m. HealthLink, ShoppingTown Mall, DeWitt.**

HealthLink Seminar. “Stem Cell Transplantation will provide an overview of the various types of stem cell transplant and indications.

**March 14. 7:30 a.m. to 4:30 p.m. Sheraton Syracuse University Hotel and Conference Center, 801 University Ave., Syracuse.**

The 12th Annual HIV/AIDS Nursing Update: Multidimensional

Care of the HIV Patient is designed for nurses and other healthcare professionals interested in the care of patients with HIV Disease. Topics include epidemiology, nutritional evaluation of the HIV patient, resistant infections, transitioning positive adolescents to adult care, mental health skills training for providers, basic Antiretroviral Therapy, Resistance Testing, and substance abuse and addiction in HIV. Continuing education contact hours are available. For more information, questions and access to registration materials please call 464-7313 or e-mail [napierkm@upstate.edu](mailto:napierkm@upstate.edu).

**March 14. 9 to 11 a.m. 1328b University Hospital.**

Workshop. “If Disney Ran Your Hospital” will discuss identifying and creating perception for individuals served by University Hospital.

**March 17. 6 to 7 p.m. Liverpool Library, 310 Tulip St.**

HealthLink Seminar. “Weight Loss Surgery at University Hospital” will highlight who may be a candidate for weight loss surgery; surgical procedures performed at University Hospital; over view of the process; and surgical results from University Hospital’s practice.

**March 18. 6 to 7:30 p.m. HealthLink, ShoppingTown Mall, DeWitt.**

HealthLink Seminar. “Sticking With Your Exercise Program” will explain how to make an exercise program meaningful and a priority.

**March 19. 9 a.m. to noon. East Lounge, C.A.B.**

Workshop. “It’s All About Respect.” Participants will learn to define the concept of a respectful workplace, pinpoint obstacles, and driving forces to achieving a respectful workplace, understand behaviors that align with a respectful workplace, and design an action plan enabling them to be part of a respectful workplace.

**March 19. 9 a.m. to noon. East Lounge, C.A.B.**

Workshop. “A Practical Approach to Practical Skills (PSFS): Engaging and Motivating Your Employees” will cover the 12 items that are most important in creating an engaged workforce.

**March 19. 6 to 7 p.m. HealthLink, ShoppingTown Mall, DeWitt.**

HealthLink Seminar. “Hereditary Risk for Colon Cancer” will explore colon cancer risk based on family history, histories that may suggest a higher likelihood of a hereditary colon cancer gene, genetic testing and what this means for the individual and their family.

**March 25. 6 to 7:30 p.m. Onondaga County Hazard Branch Library, 1620 W. Genesee St., Syracuse.**

Up-On Health Program. “Recognizing and Preventing Stroke.” University Hospital’s Designated Stroke Center staff will discuss stroke symptoms, individual risk factors, and the importance of a 911 response.

**March 27. 9 a.m. to 12:30 p.m. 205 Jacobsen Hall.**

Workshop. “Counseling and Discipline Training” will review the level and type of actions that can be taken by supervisors or managers that are in accordance with contractual and policy requirements and in compliance with other applicable regulations.

**March 27. 6 to 7 p.m. HealthLink, ShoppingTown Mall, DeWitt.**

HealthLink Seminar. “The Five Stalker Types and Safety Strategies for Victims” will review the five types of stalkers and their typical response to management strategies; legal and safety issues to consider before taking that might endanger stalking victims; strategies to help victims protect themselves; and interventions for victims and stalkers.

**Wednesday, March 5**

**Anesthesiology Grand Rounds.** 6:45 to 8 a.m. Medical Alumni Aud., Wsk. Hall.

**Otolaryngology Grand Rounds.** 7 to 8 a.m. 6500 University Hospital.

**Surgery Morbidity/ Mortality Conference.** 7 to 8 a.m. 2231 Wsk. Hall.

**Neuroscience Grand Rounds.** Deborah Bradshaw, MD, Upstate Medical Univ. 8 a.m. Marley Education Ctr.

**Orthopedic Grand Rounds.** 8 a.m. 6500 University Hospital.

**Surgery Grand Rounds.** "The Future of Aortic Intervention." Roy Greenberg, MD, Cleveland Clinic. 8 to 9 a.m. 2231 Wsk. Hall.

**Pediatric Grand Rounds.** "Where Have All the Kidneys Gone?" Amy L. Friedman, MD, Upstate Medical University. 9:15 6500 University Hospital.

• **Rev. Weez's Storytime.** See 2/20 listing.

**Smoke Cessation Class** (part of a series.) 2:30 p.m. Second Floor Small Cafeteria, University Hospital. E-mail caryc@upstate.edu for information.

**Spiritual Care Grand Rounds.** 4 to 5:15 p.m. Medical Alumni Board Room, Setnor Academic Bldg.

**Burn Survivors Support Group.** 5 to 7 p.m. 6551 University Hospital.

**Campus Activities Governing Board Meeting.** 5:30 p.m. 115 C.A.B.

**Thursday, March 6**

**SUNY Upstate New Employee Orientation.** 7 a.m. to 3:30 p.m. East Lounge, C.A.B.

**Medical Grand Rounds.** 8:30 a.m. 1159 Wsk. Hall.

**Workshop.** "What Every Supervisor Needs to Know About Employee Absences." 9 to 11 a.m.

205 Jacobsen Hall.

**Child Life Month Lecture.** "Communicating with Pediatric Patients: Development and Language." Noon to 1 p.m. 1403 University Hospital.

**Psychiatry Grand Rounds.** "Neuromodulation Therapies for Depression." Linda Carpenter, MD, Brown Medical School. 12:30 p.m. PSB Bldg., 713 Harrison St.

**Workshop.** "A Practical Approach to Practical Skills: Valuing and Managing a Diverse Workforce." 1 to 2:30 p.m. 1328B University Hospital.

**WebCAIS/Vocera.** 1:30 to 5:30 p.m. Room D, Institute for Human Performance.

**Vascular Conference.** 5 p.m. 8800 University Hospital.

**Friday, March 7**

**SUNY Upstate New Employee Orientation.** 7 a.m. to noon. East Lounge, C.A.B.

**Obstetrics/Gynecology Grand Rounds.** "Mesenchymal Ovarian Tumors." A.G. Musa, MD, Upstate Medical University. 7:30 a.m. Marley Education Ctr.

**Clinical Hands-on Practice Orientation (CHOP).** Noon to 3:30 p.m. East Lounge, C.A.B.

• **Mass.** Noon. Chapel, University Hospital.

**Saturday, March 8**

• **Mass.** 4 p.m. Chapel, University Hospital.

**Sunday, March 9**

**HealthLink on Air.** 9 a.m. WSYR-570AM

• **Mass.** Noon. Chapel, University Hospital.

**Monday, March 10**

**HealthLink Seminar.** "Quit Smoking for Good...and For Free." (part of a series.) 11:30 a.m. HealthLink, ShoppingTown Mall, DeWitt.

• **Mass.** Noon. Chapel, University Hospital.

**Tuesday, March 11**

**Weight Watchers at Work.** Weigh-in: 11:30 a.m. to 1 p.m. 3113 Wsk. Hall.

• **Weekly Prayer Service.** Noon. Interfaith Chapel, University Hospital.

**Vocera Class.** 1 to 3 p.m. Classroom C, Institute for Human Performance.

**Spiritual Fitness.** 3 p.m. 2N, PM & R Dayroom, University Hospital.

**Infectious Diseases Conference.** Rajeev Yalamanchili, MD, Upstate Medical University. 4 p.m. 304 POB, Irving Avenue.

**Wednesday, March 12**

**Anesthesiology Grand Rounds.** 6:45 to 8 a.m. Medical Alumni Aud., Wsk. Hall.

**Otolaryngology Grand Rounds.** 7 to 8 a.m. 6500 University Hospital.

**Surgery Morbidity/ Mortality Conference.** 7 to 8 a.m. 2231 Wsk. Hall.

**WebCAIS/Groupwise Class (licensed).** 7:30 a.m. to noon. Classroom D, Institute for Human Performance.

**Neuroscience Grand Rounds.** Romer Mosquera MD, Upstate Medical Univ. 8 a.m. Marley Education Ctr.

**Orthopedic Grand Rounds.** 8 a.m. 6500 University Hospital.

**Surgery Grand Rounds.** "SLNB in Melanoma: Controversies in Care." Tatiana Kovtoun, MD, Upstate Medical University; Hall. "Heart Transplant-A Brief Review." Kiron Nair, MD, Upstate Medical Univ. 8 a.m. 2231 Wsk.

**Pediatric Grand Rounds.** "Indications for and Outcomes of Pediatric Liver Transplantation." Benjamin L. Shneider, MD, Children's Hospital of Pittsburgh. 9:15

to 10:30 a.m. 6500 University Hospital.

**Emergency Medicine Grand Rounds.** 11 a.m. to noon. 2231 Wsk. Hall.

**Vocera Class.** See 3/11 listing.

**HealthLink Seminar.** "Quit Smoking for Good...and For Free." See 3/10 listing.

**Creative Writing Workshop.** Noon to 1 p.m. Conference Room, POB, 725 Irving Ave., Suite 406. E-mail gardenr@upstate.edu for more information.

• **Rev. Weez's Storytime.** See 3/5 listing.

**Thursday, March 13**

**Nursing Services Orientation (NSO).** 8 a.m. to 12:15 p.m. (PSC, monitor techs, psych therapy techs); 8 a.m. to 3:30 p.m. (RN, LPN, GN, GPN, CT, UST). 1328B University Hospital.

**Medical Grand Rounds.** 8:30 a.m. 1159 Wsk. Hall.

**Workshop.** "Hiring Great Employees, A Guide to Selecting the Best." 9 to 11 a.m. 205 Jacobsen Hall.

**Child Life Month Lunch and Learn.** "Reducing Anxiety: Nonpharmacological Interventions." Noon. 1403 University Hospital.

**Psychiatry Grand Rounds.** "Collaborative Academic Training of Psychiatrists and Psychologists in VA and Medical School Settings: PTSD, Primary Care and Telepsychiatry." Douglas Scaturro, PhD, and John Huszonek, MD. 12:30 to 2 p.m. PBS Bldg., 713 Harrison St.

**Vocera Class.** See 3/11 listing.

**Vascular Conference.** 5 p.m. 8800 University Hospital.

**Health Seminar.** "Stem Cell Transplantation." Teresa Gentile, MD, PhD, Upstate Medical University. 6 p.m. HealthLink, ShoppingTown Mall, DeWitt.

**Friday, March 14**

**Obstetrics/Gynecology Grand Rounds.** "Environment and Male Infertility." Kazim R. Chohan, DMV, PhD, Upstate Medical University. 7:30 a.m. Marley Educ. Ctr.

**WebCAIS/Groupwise Class (unlicensed).** 7:30 a.m. to noon. Classroom D, Institute for Human Performance.

**Seminar.** "12th Annual HIV/AIDS Nursing Update: Multidimensional Care of the HIV Patient." 7:30 a.m. to 4:30 p.m. Sheraton Syracuse Hotel and Conference Center, 801 University Ave., Syracuse.

**Workshop.** "If Disney Ran Your Hospital." 9 a.m. 1328B University Hospital.

• **Mass.** See 3/7 listing.

**Nursing Grand Rounds.** "Blood Pressure Monitoring: The Right Tools for the Right Patient." Judy Kilpatrick, RN, MS, Upstate Medical University. 1:30 p.m. 6500 University Hospital.

**Saturday, March 15**

• **Mass.** See 3/8 listing.

**Sunday, March 16**

**HealthLink on Air.** See 3/9 listing.

• **Mass.** See 3/9 listing.

**Monday, March 17**

**HealthLink Seminar.** "Quit Smoking for Good...and For Free." See 3/10 listing.

• **Mass.** See 3/10 listing.

**Health Seminar.** "Weight Loss Surgery at University Hospital." Casey Hammerle, Upstate Medical University. 6 to 7 p.m. Liverpool Library, 310 Tulip St., Liverpool, NY.

**Tuesday, March 18**

**Weight Watchers at Work.** See 3/11 listing.

• **Weekly Prayer Service.** See 3/11 listing.

*continued on page 11*



## A sabbatical in the Sudan

Do you need me? This simple question helped David Reed, MD, (left) map an itinerary for his recent sabbatical in international medicine. Dr. Reed is an associate professor of emergency medicine at University Hospital.

His straight forward offer to help health care systems in crisis evolved into an inspiring, global journey for Dr. Reed and the medical students and residents who joined him along the way.

In 15 months, they traveled to Ghana, Haiti, Kosovo, Rwanda, Uganda and Sudan. They cared

for patients, taught native physicians, helped build a clinic and stood face to face with the gross inequities in global health care delivery.

“We chose to work where healthcare is disrupted due to war, natural disasters or economic disparities,” explains Dr. Reed. “We were trying to identify the most effective strategies for delivering international health care assistance.”

Dr. Reed is blogging about his experience in Africa at [blog.syracuse.com/metrovoices](http://blog.syracuse.com/metrovoices).

### Calendar—continued from page 10

**Spiritual Fitness.** See 3/11 listing.

**Infectious Diseases Conference.** Pediatrics. 4 p.m. 304 Crouse Physician’s Office Building, Irving Avenue, Syracuse.

**Colleges of Health Professions and Nursing Phonathon.** 6 to 8:30 p.m. Third Floor, C.A.B.

**Health Seminar.** “Sticking With Your Exercise Program.” Dale Avers, PT, DPT, PhD, Upstate Medical University. 6 to 7:30 p.m. HealthLink, ShoppingTown Mall, DeWitt.

**Wednesday, March 19**  
**Anesthesiology Grand Rounds.** 6:45 to 8 a.m. Medical Alumni Aud., Wsk. Hall.

**Otolaryngology Grand Rounds.** 7 to 8 a.m. 6500 University Hospital.

**Surgery Morbidity/ Mortality Conference.** 7 to 8 a.m. 2231 Wsk. Hall.

**Working on Wellness (WOW) Health Fair.** 7:30 a.m. to 4 p.m. Free lab draws for lipid and glucose will be

offered from 7:30-11 a.m. 1328B, 1403 and 1500A University Hospital, from

**Neuroscience Grand Rounds.** “Spinal Cord Simulation System in Patients with Chronic Pain.” P. Sebastian Thomas, MD, Upstate Medical University. 8 a.m. Sulzle Aud., Marley Education Ctr.

**Orthopedic Grand Rounds.** 8 a.m. 6500 University Hospital.

**Surgery Grand Rounds.** “Evidence-Based Rationale for Bariatric Surgery.” Eric DeMaria, MD, Duke University. 8 to 9 a.m. 2231 Wsk. Hall.

**Workshop.** “It’s All About Respect.” 9 a.m. to noon. East Lounge, C.A.B.

**Workshop.** “A Practical Approach to Practical Skills (PSFS): Engaging and Motivating Your Employees.” 9 a.m. to noon. East Lounge, C.A.B.

**Pediatric Grand Rounds.** “Periocular Vascular Anomalies in Children.” Aaron Fay, MD, Harvard Medical School. 9:15 to

10:30 a.m. 6500 University Hospital.

• **Rev. Weez’s Storytime.** See 3/5 listing.

**Colleges of Health Professions and Nursing Phonathon.** See 3/18 listing.

**Health Seminar.** “Hereditary Risk for Colon Cancer.” Bonnie R. Braddock, MPH, Upstate Medical University. 6 to 7 p.m. HealthLink, ShoppingTown Mall, DeWitt.

**Thursday, March 20**  
**SUNY Upstate New Employee Orientation.** 7 a.m. to 3:30 p.m. East Lounge, C.A.B.

**60-Day Retention Program.** 7:45 to 8:45 a.m. or 3:45 to 4:45 p.m. 118 University Hospital.

**Medical Grand Rounds.** 8:30 a.m. 1159 Wsk. Hall.

**Workshop.** “Cultural Competency in Healthcare.” 9 a.m. to noon. 205 Jacobsen Hall.

**Workshop.** “A Practical Approach to Practical Skills: Engaging and Motivating Your Employees.” 9 to 11 a.m.

1328B University Hospital.

**Child Life Month Lunch and Learn.** “Treatments and Procedures: Supporting Patients and Families.” Noon to 1 p.m. 1403 University Hospital.

**Psychiatry Meeting for Full-time Faculty.** Noon to 2 p.m. PBS Bldg., 713 Harrison St.

**WebCAIS/Vocera.** See 3/13 listing.

**Vascular Conference.** 5 p.m. 8800 University Hospital.

**Colleges of Health Professions and Nursing Phonathon.** See 3/18 listing.

**Friday, March 21**  
**SUNY Upstate New Employee Orientation.** 7 a.m. to noon. East Lounge, C.A.B.

**Obstetrics/Gynecology Grand Rounds.** “Legal Issues in Ob/Gyn: An Update.” James D. Lantier, JD, Smith, Sovik, Kendrick and Sugent, PC. 7:30 a.m. Marley Education Ctr.

**Neuro Research Day 2008.** 8 a.m. to 5 p.m. 2231 Wsk. Hall.

**Neuro Research Day Lecture.**

“Neural Interfaces for Restoration of Communication and Mobility.” Leigh R. Hochberg, MD, PhD, Harvard Medical School. 11 a.m. 2231 Wsk. Hall.

**Clinical Hands-on Practice Orientation (CHOP).** See 3/7 listing.

**Neuro Research Day Lecture.** “Mechanisms of Disease: The Blood-Brain Barrier.” Edward A. Neuwelt, MD, Oregon Health and Science University. 3:30 p.m. 2231 Wsk. Hall.

• **Mass.** See 3/7 listing.

**Saturday, March 22**  
• **Mass.** See 3/8 listing.

**Sunday, March 23**  
**HealthLink on Air.** See 3/9 listing.

• **Mass.** See 3/9 listing.

• Broadcast live from the Chapel on in-house Channel 40. Watch “Upstate Magazine” on Staff Ed TV channel 62 or by visiting <http://www.upstate.edu/edcom/upstatemag>.



Photograph by Richard Whelsky

## Black History Month talk focuses on Civil Rights unsolved murders

*Syracuse University College of Law professors Paula Johnson (left) and Janis McDonald contemplate a question from the audience following a SUNY Upstate Medical University Black History Month presentation titled, "Cold Cases: Seeking Justice for Unsolved Civil Right Murders" Feb. 13 in the ninth floor auditorium in Weiskotten Hall. The presentation was included in a monthlong series of events presented by SUNY Upstate's Black History Month Planning subcommittee*

*in recognition of Black History Month. Other events included SUNY Upstate's chapter of the Student National Medical Association's annual dinner and dance for the Upstate community. This year, SUNY Upstate partnered with other area institutions, including Syracuse University and Dunbar Association Inc. to present informative and entertaining Black History month programs.*



This symbol represents **Engaging Excellence**, an initiative to challenge and encourage our employees to create the best workplace possible.

**Employees: To make address changes (i.e., building and/or room number), visit <http://selfserve.upstate.edu>**

.....  
**Upstate Update** is published by the Public and Media Relations Department at SUNY Upstate Medical University, Syracuse, NY. To submit news or calendar items, contact editor Doretta Royer, Fourth Floor, 250 Harrison Street, 464-4833; e-mail: royerd.

Printed by Upstate Medical University Duplicating and Printing Services.