

update

FEBRUARY 20 THROUGH MARCH 5, 2008

VRT treats phobias

Virtual Reality Therapy (VRT) for Phobias is the newest form of therapy offered by SUNY Upstate Medical University for individuals with anxiety disorders due to the fear of flying, heights, public speaking and storms.

Participants are placed in a computer-generated three-dimensional virtual world and guided through the selected environment.

Participants learn to gradually tolerate and cope with anxious physical reactions and thoughts as they are exposed to their feared situations. The therapist guides the participant through every stage of their virtual exposure. Research indicates that six to 12 sessions are required to achieve maximum benefit of the therapy.

The therapy is offered through SUNY Upstate's Cognitive Behavior Therapy Program for Depression and Anxiety Disorders of the Department of Psychiatry and Behavioral Disorders.

For information about the therapy, contact Robbi Saletsky, PhD, at 464-3115.

Students help SUNY Upstate go green

Credit some environmentally minded students with the greening of SUNY Upstate.

While the university, especially the hospital, has been on the green bandwagon for several years with a concerted effort to use recycled products and a significant strategy of energy conservation, the recycling of bottles, cans and batteries from those who work and study in Weiskotten Hall and the Campus Activities Building was non-existent. Weiskotten Hall is home to dozens of classrooms, research labs, faculty and administrative offices and the region's only health sciences library.

That is until students Thomas Man, Megan Merrihew, Kevyn To and David Scordino stepped forward.

"If we're here to study how to save lives, we should also be interested in saving the resource we live off of the planet Earth," Man said. "This is something that we can all do with very little effort."

Scordino shared Man's environmental activism, and in fact led efforts to launch recycling programs



Photograph by William Mueller

SUNY Upstate Medical University students David Scordino, left, and Thomas Man were instrumental in leading the charge to get recycling bins for bottles, cans and batteries placed throughout Weiskotten Hall.

for students at his undergraduate college, Wilkes University.

"This effort here at SUNY Upstate has been a great experience and everyone has responded in many ways to make it work," said Scordino.

And work it does. Today, empty bottles and cans can be dropped into one of the attractive recycling bins located throughout Weiskotten Hall in the first floor vending machine suite, the Health Sciences Library lobby, the ninth floor auditorium and the

cafeteria or in the Campus Activities Building lobby. In addition, individuals can drop off their dead batteries at the vending machine suite and the library. Clark Hall, the student residence hall, already has a full recycling program in place.

Students and the university are still discussing how best to spend the five cent deposit on returnable bottles and cans that are placed in the recycling bins. Some suggestions include student program-

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CAMPUS BRIEFS

Admissions Program Recruitment Days 2008, presented by the College of Graduate Studies to recruit doctoral candidates, will be held Feb. 28 and 29 and March 27 and 28. The first day of each session, to be held from 3:30 to 8:30 p.m., will offer prospective students overviews of the college's departments of Biochemistry and Molecular Biology, Cell and Developmental Biology, Microbiology and Immunology, Neuroscience/Physiology and Pharmacology and end with dinner. Day two of each session, to be held from 8:30 a.m. to 4 p.m., will include breakfast, individual laboratory visits with college faculty, lunch with students and a closing program with College of Graduate Studies program representatives. For more information, contact Daniel Tso, PhD, at 464-5531 or Sandi Tillotson, at 464-7655, tillotss@upstate.edu, or visit 3118 Weiskotten Hall.

Free smoking cessation classes will be held beginning Feb. 27, from 2:30 to 3:30 p.m. in University Hospital's second floor small cafeteria. Classes will meet weekly and are part of a series. The dates are: Feb 27, March 5, 12, 14, 19, 26 and April 2. To register or for more information, Call Cindy Cary at 464-4426.

Sponsors are needed for the 10th annual Mystery and Merlot fundraising event benefiting University Hospital through the grant funding programs of Advocates for Upstate Medical University and nursing programs and services. Sponsorship packages range from \$500 to \$5,000 and include many incentives, such as reserved seating and free advertising in the program booklet. Mystery and Merlot, to be held March 28 at the Convention Center at Oncenter, 800 S. State St., Syracuse, will be emceed by Ted and Amy, 93Q's morning-drive personalities. Individual reservations are \$60. For more information on sponsorship packages or the event, contact

Jennifer Damiano at 464-5610 or damianoj@upstate.edu.

March 23 is the deadline to register for SUNY Upstate's On My Own Time art show, to be held April 3 through 30. All forms of art will be accepted. Works must be prepared for the show no later than April 1 in the Health Sciences Library. For registration forms or more information, e-mail lucarell@upstate.edu.

Working on Wellness (WOW), is the theme of the 2008 SUNY Upstate Health Fair for staff, students and volunteers March 19 in 1328B, 1403 and 1500A University Hospital, from 7:30 a.m. to 4 p.m. with fasting lipid and glucose testing from 7:30 to 11 a.m. The fair will feature health promotion, disease prevention information and free screening in many areas that affect all of us.

A reception for Jose Jalife, MD, and Mario Delmar, MD, PhD, will be hosted by the President's Office March 10, from 4 to 5:30 p.m. in the Institute for Human Performance. The SUNY Upstate community is invited to attend.

University Radiology Associates, LLP will relocate its Business and Billing office March 1 to 224 Harrison St., Suite 601, Syracuse, N.Y., 13202. Telephone and fax numbers remain the same: telephone, 464-5660; fax, 464-7695.

Invitations to Commencement 2008 were mailed to SUNY Upstate faculty in early February. Faculty members who did not receive an invitation, but who would like to attend, should contact the Office of Student Support Services at 464-8855. Academic attire must be worn to participate. To order attire, contact Student Support Services by March 31. Commencement 2008 will be held May 18, at 1 p.m. in the John H. Mulroy Civic Center. Faculty are encouraged to attend the event.

"Blood Pressure Monitoring: The Right Tools for the Right Patient" will be presented by Judy Kilpatrick, RN, MS, of University Hospital at Nursing Grand Rounds March 14, from 1:30 to 2:30 p.m. in 6500 University Hospital. Continuing Nursing Education credits

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"Find a Career That Counts!"

EIGHTH ANNUAL Career Expo

Saturday, March 1, 2008 • 10 am to 2 pm

Institute for Human Performance, 505 Irving Ave., Syracuse



For more information,
call Health Connections
at 800-464-8668
www.upstate.edu



SUNY Upstate surgical team travels to Vietnam to bring smiles to children

A goodwill trip to Southeast Asia by a contingent of nurses and doctors from SUNY Upstate Medical University and other medical institutions has literally brought smiles to the faces of young children.

The American Academy of Facial Plastic and Reconstructive Surgery (AAFPRS) sponsored a trip to Vietnam in early November so medical experts from the United States could lend their surgical talent to reconstructing the faces of children suffering from head and neck deformities.

“It was an outstanding experience to be able to share our expertise and give these children a better outlook on life,” said Holly Dailey, a registered nurse with University Hospital’s Olivia Pietrafesa Center for Children’s Surgery who traveled with her SUNY Upstate colleagues facial plastic surgeon Sherard Tatum, MD, AAFPRS Fellow Lamont Jones, MD, in the Department of Otolaryngology, and Crouse Hospital’s Susan Carney, CST. Dailey’s travel expenses were supported by a SUNY Upstate’s Patil Pediatric Endowment Award, which provides expanded learning opportunities for nurses.

The excursion was part of the AAFPRS’s Face to Face program that

sends surgical medical teams around the globe to tackle complex medical cases in need of extra assistance.

“We do have more experience, knowledge, and skill than our Vietnamese colleagues in many issues related to facial deformities,” said Dr. Tatum. “However, they often are very capable and are mostly held back by equipment and supply issues.”

The team performed nearly two dozen surgeries to repair cleft palates and post traumatic reconstruction of scar revisions and facial rejuvenation during the group’s visit to the National ENT Hospital of Vietnam in Hanoi Nov. 3 to 11.

Surgical training also was on the team’s agenda. Tatum and his colleagues taught new surgical techniques to the Vietnamese physicians. “One of our goals is to teach them and enhance their level of expertise. We lecture to them, do demonstration surgery, and do cases together. We also learn from them,” Dr. Tatum said.

This was the fourth visit to this Hanoi hospital for the AAFPRS group. Each year physicians from the United States return to find that many of their teachings and suggested medical improvements have been implemented,



SUNY Upstate physicians and nurses were part of the medical teams that traveled to Vietnam to perform facial surgery on children.

evidenced by a new department of Facial Plastic and Reconstructive Surgery that opened at the hospital a year ago.

“It’s a great example of the power of education, especially on this level, to see that the wisdom we impart across the globe is meaningful and useful,” Dr. Tatum said.

Dr. Jones said the visit to Vietnam highlighted the significant disparities in healthcare between the countries. “Whenever you go out of the country, you realize how fortunate you are for the level of medical care available here in the United States,” he said.

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are available. Everyone is welcome. Registration is not required. For more information, contact Ellen Albanese, RN, MS, at 464-9443 or e-mail AlbaneseE@upstate.edu.

More than 100 items, valued from \$50 to more than \$1,000, will be auctioned at the 10th Annual Mystery and Merlot March 28, beginning at 5:30 p.m. in the newly remodeled Ballroom at the Nicholas J. Pirro Convention Center at Oncenter, 800 South State St., Syracuse. Proceeds will benefit patient care at University Hospital through the

Advocates’ grant funding program and nursing care services. 93Q radio personalities Ted Long and Amy Robbins will emcee the event that includes wine-and-cheese tasting, dinner, dessert and dessert wine tasting, live and silent auctions, a chocolate fountain and a mystery to solve. Individual reservations are \$60. Complimentary parking is available in the Oncenter garage. For reservations or more information, call 464-5610 or visit mysteryandmerlot.upstate.edu.

Alumni, students, faculty and staff are

invited to volunteer at Phonathon 2008 to benefit the Colleges of Health Professions and Nursing, to be held on the third floor of the C.A.B., from 6 to 8:30 p.m. Volunteers may choose from one or more of the following evenings: Feb. 25, 26, 27; March 18, 19 and 20. Dinner will be catered by Dominick’s, Dinosaur Bar-B-Que and others. Prizes will be awarded each night of the Phonathon. The program that raises the most money will receive breakfast on the day of their choice, courtesy of the alumni association. To volunteer or for more information, call 464-4278.

National award recognizes cleaner air at SUNY Upstate Medical University

SUNY Upstate Medical University has been selected as the recipient of the National Air Filtration Association's 2007 Clean Air Award.

One of 15 institutions selected nationwide, SUNY Upstate is recognized for improving the quality of indoor air by increasing air filter efficiency and improving protocols related to indoor air quality. SUNY Upstate is one of only two healthcare institutions to win with the national honor.

SUNY Upstate is recognized as a result of improvements made to University Hospital's ventilation systems, such as installation of enhanced HEPA filtration throughout

its East Wing air systems. Also cited in the award was the high level of training and NAFA certification of the university's heating, ventilation and air conditioning staff.

Indoor air quality, especially for hospitals, is of extreme importance, said Gary Kittell, director of physical plant at SUNY Upstate. "This upgrade enhances our infection control, patient safety and quality of life initiatives, while at the same time providing us with more efficient operation," he said.

University Hospital's vertical expansion, which includes the Golisano Children's Hospital, will feature the upgraded air filtration systems throughout the facility.



Photograph by William Mueller

Physical Plant's Jason Arnold (left) and Paul Richard with the national award recognizing SUNY Upstate's clean air initiatives.

Internal Control Program assures effective and efficient operations

In a memorandum dated Jan. 17, SUNY Upstate Medical University President David R. Smith, MD, stated that all SUNY Upstate employees are required to comply with the Governmental Accountability, Audit and Internal Control Act enacted by

New York state.

The act requires all state agencies to institute a formal internal control program to ensure that operations are appropriate, effective and efficient. Ideally, the processes should be documented.

Examples of documentation at SUNY Upstate include policies and procedures manuals, departmental operating manuals, job descriptions and regulatory laws.

SUNY Upstate has established an Internal Control Committee to ensure that processes are followed properly.

The committee is comprised of representatives from the committees on Institutional Compliance, Institutional Privacy, Environmental Health and Safety, Risk Management, Information Systems Security and Internal Audit.

The Internal Control Committee has established a Web site, http://www.upstate.edu/finance/intra/int_control/ that explains SUNY Upstate's internal control program and the roles required by SUNY Upstate employees.

"As internal controls are very important to the mission of Upstate, I encourage everyone to visit the Web site," said Dr. Smith.

Questions regarding SUNY Upstate's Internal Control program may be referred to Paul Wrobel at 464-4510.

Humanism award nominations sought

Nominations must be received by March 7, at 4:30 p.m. by the Office of Student Support Services for the 2008 Leonard Tow Humanism in Medicine Award, presented by the Arnold P. Gold Foundation. Candidates for the award must be nominated by a student, staff or faculty member.

Two \$1,000 awards will be presented to a member of faculty and to a graduating medical student who demonstrate the highest standard of integrity, excellence, compassion, altruism, respect,

empathy and service in the delivery of care to patients.

Awards will be presented at the College of Medicine Awards Ceremony May 17.

"These awards are intended to spur dialogue, debate and activities at medical schools related to training compassionate as well as scientifically proficient physicians," said Sharon Huard, director of the Office of Student Support Services.

For criteria or more information contact the Office of Student Support Services at 464-4855.

WORKSHOPS AND CONFERENCES

To register for workshops, visit
www.upstate.edu/hr/training/form.shtml

Free HealthLink seminars are open to all.
 To register, Call Health Connections at 464-8668
 or register via www.upstate.edu/healthLink.

To register for workshops, visit
www.upstate.edu/hr/training/form.shtml

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 To register, Call Health Connections at 464-8668
 or register via www.upstate.edu/healthLink.

Feb. 25. 9 a.m. to noon. 1328b University Hospital.

Workshop. "Communication Skills - Back to the Basics (OTD) will discuss personal styles, reflective listening skills, how to build rapport with others, a model of conflict resolution and assertion skills.

Feb. 25 and March 3, 10, 12, 17, 24, 31. 11:30 a.m. to 12:30 p.m. HealthLink, ShoppingTown Mall, DeWitt.

HealthLink Seminar. "Quit Smoking for Good...and For Free" will discuss nicotine-replacement therapy, maintenance and relapse prevention and the New York State Smoker's Quitline. (Must attend all session.)

Feb. 26. 9 a.m. to noon. 1328b University Hospital.

Workshop. "Crucial Confrontations: Tools for Resolving Broken Promises, Violated Expectations, and Bad Behavior" will help participants learn to rapidly improve results and relationships.

Feb. 28. 9 a.m. to noon. 205 Jacobsen Hall.

Workshop. "Quality Management and Outcomes Measurement" will provide managers with a general overview of University Hospital's Organizational Quality, Management and Improvement Plan and discuss the ways that University Hospital tracks and trends performance improvement in the areas of volume, clinical quality, customer satisfaction, and financial efficiency.

Feb. 29. 8:30 to 5 p.m. 2231 Weiskotten Hall.

Conference. "Changing Language Changing Experience: Reflections on Creativity in Psychotherapy" offers a blend of theoretical and clinical presentations, lecture discussions and small group discussions. Organized by SUNY Upstate's Syracuse Center for Psychotherapy. Call 464-3104 for details.

Feb. 29. 9 to 11 a.m. 1328b University Hospital.

Workshop. "A Practical Approach to Practical Skills (PSFS): Crucial Confrontations" will help participants learn ways to rapidly improve results and relationships by confronting broken promises, violated expectations, and bad behavior.

March 4. 9 to noon. 3507 Setnor Academic Bldg.

Workshop. "A Practical Approach to Practical Skills (PSFS): Speed Coaching Session 1" offers a one-to-one opportunity for participants to ask questions and brainstorm strategy with other successful supervisors.

March 6. 9 to 11 a.m. 205 Jacobsen Hall.

Workshop. "What Every Supervisor Needs To Know About Employee Absences" will address contractual and legal constraints, as well as time and attendance counseling/discipline. Intended audience: supervisors and managers.

March 6. 1 to 2:30 p.m. 1328b University Hospital.

Workshop. "A Practical Approach to Practical Skills (PSFS): Valuing and Managing a Diverse Workforce" will teach the many dimensions of diversity and how to create an environment of inclusion.

March 13. 9 to 11 a.m. 205 Jacobsen Hall.

Workshop. "Hiring Great

Employees, A Guide to Selecting the Best" will enable participants to effectively plan and carry out emotional intelligence/behavioral interviews that will provide the most accurate information on which to base a hiring decision.

March 14. 9 to 11 a.m. 1328b University Hospital.

Workshop. "If Disney Ran Your Hospital" will discuss identifying and creating perception for individuals served by University Hospital.

March 19. 9 to noon. East Lounge, C.A.B.

Workshop. "It's All About Respect." Participants will learn to define the concept of a respectful workplace, pinpoint obstacles, and driving forces to achieving a respectful workplace, understand behaviors that align with a respectful workplace, and design an action plan enabling them to be part of a respectful workplace.

March 19. 9 to noon. East Lounge, C.A.B.

Workshop. "A Practical Approach to Practical Skills (PSFS): Engaging and Motivating Your Employees" will cover the 12 items that are most important in creating an engaged workforce.

March 27. 9 to 12:30 p.m. 205 Jacobsen Hall.

Workshop. "Counseling and Discipline Training" will review the level and type of actions that can be taken by supervisors or managers that are in accordance with contractual and policy requirements and in compliance with other applicable regulations.

Upstate Update

Issue:

March 5 to 19

Deadline: Feb. 18

Wednesday, Feb. 20

Anesthesiology Grand Rounds. 6:45 to 8 a.m. Medical Alumni Aud., Wsk. Hall.

Otolaryngology Grand Rounds. 7 to 8 a.m. 6500 University Hospital.

Surgery Morbidity/ Mortality Conference. 7 to 8 a.m. 2231 Wsk. Hall.

Neuroscience Grand Rounds. "Little Fellows Have Big Strokes." Padma Veerapaneni, MD, Upstate Medical University. 8 a.m. 103 Wsk. Hall.

Orthopedic Grand Rounds. 8 a.m. 6500 University Hospital.

Elizabeth Blackwell Day. "Always Consider the Alternative Hypothesis: Lessons Learned From a Physician-Scientist." Lori Mosca, MD, MPH, Columbia University Medical Center. Noon to 1 p.m. Ninth Floor Aud., Wsk. Hall. Question and Answer Reception: 1 p.m., Doust Board Room, Wsk. Hall.

• **Rev. Weez's Storytime.** Noon. Interfaith Chapel, University Hospital.

Golisano Children's Hospital Phonathon. Dinner: 5:30 to 6 p.m. Calling: 6 to 8 p.m. Third Floor, C.A.B.

Thursday, Feb. 21

SUNY Upstate New Employee Orientation. 7 a.m. to 3:30 p.m. East Lounge, C.A.B.

Medical Grand Rounds. 8:30 a.m. 1159 Wsk. Hall.

Puppet Show. 12:30 to 1:30 p.m. Cafeteria, Crouse Hospital. Black History Month activity. Free.

Psychiatry Grand Rounds. "Delirium and Emergency Psychiatry." Mark R. Nathanson, MD, Columbia University. 12:30 to 2 p.m. PBS Bldg., 713 Harrison St.

WebCAIS/Vocera. 1:30 to 5:30 p.m. Room D, Institute for Human

Performance.

Spike Lee: Six Degrees of Separation, Remembering Katrina. 4:30 p.m. Schine Student Ctr., Syracuse University, 303 University Ave. E-mail mmreed@syr.edu or call the SU Schine Box Office at 443-4517 for details. Black History Month event.

Vascular Conference. 5 p.m. 8800 University Hospital.

Medical Alumni Phonathon. Dinner: 6 p.m. Calling: 6:30 to 8:30 p.m. 1510 Setnor Academic Bldg.

Golisano Children's Hospital Phonathon. See 2/20 listing.

Friday, Feb. 22

SUNY Upstate New Employee Orientation. 7 a.m. to Noon. East Lounge, C.A.B.

Obstetrics/Gynecology Grand Rounds. "Diabetes Management: An Update." Ruth S. Weinstock, MD, PhD, Upstate Medical University. 7:30 a.m. Marley Education Ctr.

Clinical Hands-on Practice Orientation (CHOP). Noon to 3:30 p.m. East Lounge, C.A.B.

• **Mass.** Noon. Interfaith Chapel, University Hospital.

Comedy Hour with Victor Varnado. 5:30 p.m. Lobby, C.A.B. \$3 admission, ages 18 and older only. Black History Month activity.

Saturday, Feb. 23

• **Mass.** 4 p.m. Interfaith Chapel, University Hospital.

Sunday, Feb. 24

HealthLink on Air. 9 to 10 a.m. WSYR-570Am.

• **Mass.** Noon. Interfaith Chapel, University Hospital.

Third Annual Cora A. Thomas Gospel Extravaganza. 4 p.m. Hendricks Chapel, Syracuse University. Free. Black History Month activity.

Monday, Feb. 25

Workshop. "Communication Skills: Back to the Basics." 9 a.m. to noon. 1328b University Hospital.

• **Mass.** Noon. Interfaith Chapel, University Hospital.

HealthLink Seminar. "Quit Smoking for Good...and For Free." (part of a series.) Cynthia Cary, Upstate Medical University. 11:30 a.m. to 12:30 p.m. HealthLink, ShoppingTown Mall, DeWitt. Free. Call 464-8668 to register.

Yoga with Tony Riposo. 5 to 6:15 p.m. East Lounge, C.A.B.

Colleges of Health Professions and Nursing Phonathon. 6 to 8:30 p.m. Third Floor, C.A.B.

Tuesday, Feb. 26

Workshop. "Crucial Confrontations: Tools for Resolving Broken Promises, Violated Expectations and Bad Behavior." 9 a.m. to noon. 1328b University Hospital.

Weight Watchers at Work. Weigh-in: 11:30 a.m. to 1 p.m. Discussion: Noon to 12:30 p.m. 3113 Wsk. Hall.

Faculty Development Seminar. "Hospice as a Site for Medical Education." Judy Setla, MD, MPH, CNY Hospice. Noon to 1 p.m. 318 Health Sciences Library.

• **Weekly Prayer Service.** Noon. Interfaith Chapel, University Hospital.

Vocera Class. 1 to 3 p.m. Classroom C, Institute for Human Performance.

Spiritual Fitness. 3 p.m. 2N, PM & R Dayroom, University Hospital.

Infectious Diseases Conference. Waleed Javaid, PhD, Upstate Medical University. 4 p.m. 304 Crouse Physician's Office

Building, Irving Avenue, Syracuse.

Pilates Class. 5:15 to 6:15 p.m. Gymnasium, Institute for Human Performance.

Coffeehouse with Austin Willacy. 8 p.m. West Lounge, C.A.B. Free to SUNY Upstate community. Black History Month activity.

Colleges of Health Professions and Nursing Phonathon. See 2/25 listing.

Wednesday, Feb. 27

Anesthesiology Grand Rounds. 6:45 to 8 a.m. Medical Alumni Aud., Wsk. Hall.

Otolaryngology Grand Rounds. 7 to 8 a.m. 6500 University Hospital.

Surgery Morbidity/ Mortality Conference. 7 to 8 a.m. 2231 Wsk. Hall.

WebCAIS/Groupwise Class (licensed). 7:30 a.m. to noon. Classroom D, Institute for Human Performance.

Neuroscience Grand Rounds. James Holsapple, MD, Upstate Medical University. 8 a.m. Sulzle Aud., Marley Education Ctr.

Surgery Grand Rounds. Kiri Brandy, MD, and Frances Lim, MD, Upstate Medical University. 8 to 9 a.m. 2231 Wsk. Hall.

Orthopedic Grand Rounds. 8 a.m. 6500 University Hospital.

Pediatric Grand Rounds. The Dark Side of Newborn Screening for CF: What Should be Done for Patients with CFTR-Related Disease? Zafer Soultan, MD, and Ran Anbar, MD, Upstate Medical University. 9:15 to 10:30 a.m. 6500 University Hospital.

• **Rev. Weez's Storytime.** See 2/20 listing.

Smoke Cessation Class. (part of a series.) 2:30 to 3:30 p.m. Second Floor Small Cafeteria, University

Hospital. E-mail caryc@upstate.edu for more information.

Vocera Class. See 2/26 listing.

Medical Alumni Phonathon. See 2/21 listing.

Colleges of Health Professions and Nursing Phonathon. See 2/25 listing.

Thursday, Feb. 28

Nursing Services Orientation (NSO). 8 a.m. to 12:15 p.m. (PSC, monitor techs, psych therapy techs); 8 a.m. to 3:30 p.m. (RN, LPN, GN, GPN, CT, UST). 1328 B University Hospital.

Medical Grand Rounds. 8:30 a.m. 1159 Wsk. Hall.

Workshop. "Quality Management and Outcomes Management." 9 to 11 a.m. 205 Jacobsen Hall.

Psychiatry Grand Rounds. "Perinatal Depression: Update on the Controversies and Challenges to Treatment." Linda H. Chaudron, MD, University of Rochester Medical Center. 12:30 to 2 p.m. PBS Bldg., 713 Harrison St.

College of Graduate Studies Admissions Program Recruitment Days. 3:30 to 8:30 p.m. Wsk. Hall.

Vocera Class. See 2/26 listing.

Vascular Conference. 5 p.m. 8800 University Hospital.

Lecture. "Remembering the Father of Black History: Dr. Carter G. Woodson. 6 p.m. Dunbar Center, 1453 S. State St., Syracuse. Free. Black History Month activity.

Alvin Ailey II Dance Co. 8 p.m. Schine Student Ctr., 303 University Ave., Syracuse University. \$20. Black History Month activity.

Friday, Feb. 29

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Obstetrics/Gynecology Grand Rounds. “MFM Topic.” Alexandra Spadola, M.D., Upstate Medical University. 7:30 a.m. Marley Educ. Ctr.

WebCAIS/Groupwise Class (unlicensed). 7:30 a.m. to noon. Classroom D, Institute for Human Performance.

Psychiatry and Behavioral Sciences Conference. “Changing Language Changing Experience: Reflections on Creativity in Psychotherapy.” 8:30 a.m. to 5 p.m. 2231 Wsk. Hall.

College of Graduate Studies Admissions Program Recruitment Days. 8:30 a.m. to 4 p.m. Wsk. Hall.

Workshop. “A Practical Approach to Practical Skills: Crucial Confrontations.” 9 to 11 a.m. 1328 B University Hospital.

• **Mass.** See 2/22 listing.

Film. “No Country for Old Men.” Rated “R.” 7:30 p.m. 103 Wsk. Hall. Free with SUNY Upstate ID; \$2 all others.

Student National Medical

Association Dinner and Dance. 6:30 p.m. C.A.B. Black History Month activity.

Saturday, March 1 Eighth Annual Career Expo. 10 a.m. to 2 p.m. Institute for Human Performance.

• **Mass.** See 2/23 listing.

Film. “No Country for Old Men.” See 2/29 listing.

Sunday, March 2 HealthLink on Air. See 2/24 listing.

• **Mass.** See 2/24 listing.

Monday, March 3
• **Mass.** See 2/25 listing.

HealthLink Seminar. “Quit Smoking for Good...and For Free.” See 2/25 listing.

Tuesday, March 4 Workshop. “A Practical Approach to Practical Skills: Speed Coaching Session 1.” 9 to noon. 3507 Setnor Academic Bldg.

Weight Watchers at Work. See 2/26 listing.

• **Weekly Prayer Service.** See 2/26 listing.

Spiritual Fitness. See 2/26 listing.

Infectious Diseases Conference. 4 p.m. 304 Crouse Physician’s Office Building, Irving Avenue, Syracuse.

Medical Alumni Phonathon. See 2/21 listing.

Wednesday, March 5 Anesthesiology Grand Rounds. 6:45 to 8 a.m. Medical Alumni Aud., Wsk. Hall.

Otolaryngology Grand Rounds. 7 to 8 a.m. 6500 University Hospital.

Surgery Morbidity/ Mortality Conference. 7 to 8 a.m. 2231 Wsk. Hall.

Neuroscience Grand Rounds. Deborah Bradshaw, MD, Upstate Medical University. 8 a.m. Sulzle Aud., Marley Education Ctr.

Orthopedic Grand Rounds. 8 a.m. 6500 University Hospital.

Surgery Grand Rounds. 8 to 9 a.m. 2231 Wsk. Hall.

Pediatric Grand Rounds. 9:15 to 10:30 a.m. 6500 University Hospital.

• **Rev. Weez’s Storytime.** See 2/20 listing.

Smoke Cessation Class (part of a series.) 2:30 to 3:30 p.m. Second Floor Small Cafeteria, University Hospital. E-mail caryc@upstate.edu for more information.

Spiritual Care Grand Rounds. 4 to 5:15 p.m. Medical Alumni Board Room, Setnor Academic Bldg.

Burn Survivors Support Group. 5 to 7 p.m. 6551 University Hospital. Call 464-3600 for details.

Thursday, March 6 SUNY Upstate New Employee Orientation. 7 a.m. to 3:30 p.m. East Lounge, C.A.B.

Medical Grand Rounds. 8:30 a.m. 1159 Wsk. Hall.

Workshop. “What Every Supervisor Needs to Know About Employee Absences.” 9 to 11 a.m. 205 Jacobsen Hall.

Psychiatry Grand Rounds. 12:30 to 2 p.m. PBS Bldg., 713 Harrison St.

Workshop. “A Practical Approach to Practical

Skills: Valuing and Manage a Diverse Workforce.” 1 to 2:30 p.m. 1328 B University Hospital.

WebCAIS/Vocera. See 2/21 listing.

Vascular Conference. 5 p.m. 8800 University Hospital.

Friday, March 7 SUNY Upstate New Employee Orientation. 7 a.m. to noon. East Lounge, C.A.B.

Obstetrics/Gynecology Grand Rounds. 7:30 a.m. Marley Education Ctr.

Clinical Hands-on Practice Orientation (CHOP). See 2/22 listing.

• **Mass.** See 2/22 listing.

Saturday, March 8
• **Mass.** See 2/23 listing.

Sunday, March 9 HealthLink on Air. See 2/24 listing.

• **Mass.** See 2/24 listing.

• Broadcast live from the Chapel on in-house Channel 40.

Watch “Upstate Magazine” on Staff Ed TV channel 62

Recycling—continued from page 1

ming or the Golisano Children’s Hospital.

Man noticed the need for recycling, especially in Weiskotten Hall, when he saw students and staff members who purchased drinks from vending machines had to pitch their can or bottle in the trash as there were no recycling containers. Others would leave their empty can or bottle on windowsills or ledges in hopes that someone would come by and collect them.

Man brought his concern for the need to recycle to the Graduate Student Council, which took up the issue. Man agreed to reach out to the university administration to seek its input and help in creating a recycling program in Weiskotten Hall. But first he wanted

evidence that others were as concerned about the environment as he was, and he got it. Three hundred students signed a petition urging the creation of a recycling program. The petition found its way to the Office of the President.

“The students were right on target with their concern and their solution,” said Deb Stehle, assistant vice president for strategic management and planning. “From the beginning they were extremely interested in this initiative.”

Stehle also credits Physical Plant and Environmental Services with expediting the recycling program. “The Physical Plant and Environmental Services staff were essential to the success of this program,” she said.

Officials of the Onondaga County Resource Recovery Agency also were

consulted on the recycling program to ensure that it fulfilled the agency’s recycling requirements, as was the Fire Marshal to ensure placement of the recycling receptacles did not conflict with any fire code restrictions.

Man and Scordino will continue to work with university to bring recycling to Silverman Hall and the Setnor Academic Building. “Our biggest mission now is to get students and others to use these recycling receptacles and to underscore the importance of creating a healthier plant,” they said.

From the looks of the nearly full vending machine suite recycling receptacle, people get the message and know what to do.



Bev Welcher displays a few of her many handmade blankets.

Photograph by Deborah Rexine

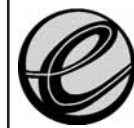
Gifts from the heart

“Our blankets are homemade to show the children that someone who doesn’t even know them cares enough to put the love into the blanket especially for them,” says Bev Welcher, who, along with her volunteer “blanketeers” has handmade and donated blankets since 2000 to pediatric patients at University Hospital as part of her Project Linus program.

Each Project Linus blanket features a sewn in label with a picture of Peanut’s character, Linus, holding onto his blankie.

According to Margaret Nellis, manager of University Hospital’s Child Life Program, “Bev and her blanketeers have provided something that is familiar, soft and comforting to our pediatric patients during such a stressful time.”

“Although we are affiliated with the national Project Linus program, we still have many out-of-pocket expenses and monetary donations or donations of yarn or other fabrics, such as fleece or cotton for quilting, would be appreciated,” said Bev. To donate or to learn more about joining the blanketeers, call 315-635-3383.



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