

update

NOVEMBER 28 THROUGH DECEMBER 12, 2007

Julie White, PhD, appointed dean of student affairs

Julie White, PhD, a student affairs administrator who has held leadership roles at SUNY College of Environmental Science and Forestry (ESF) and Syracuse University, has been named dean of student affairs at SUNY Upstate Medical University.

As dean of student affairs, Dr. White will oversee services and support for more than 1,200 students enrolled in the university's four colleges: Graduate Studies, Health Professions, Medicine and Nursing. Included in her responsibilities are Student Housing, Student Activities, the Registrar's Office, the Admissions Office, Multicultural Affairs, Student Information Systems, Student Counseling and Financial Aid.

"Dr. White and her office will provide guidance and support to SUNY Upstate students to ensure that they experience a vibrant and dynamic campus life that supports their academic endeavors," said SUNY Upstate President David R. Smith, MD. "She brings to SUNY Upstate the experience, perspective and energy to do this well."

In addition, Dr. Smith said that Dr. White will develop the Student Affairs infrastructure needed to accommodate an enrollment increase designed to meet the region's growing need for healthcare professionals.

Dr. White joins SUNY Upstate from ESF, where she served since 2001 as associate dean of student life and experiential learning, guiding all functions of student life, including orientation, peer tutoring, students activities housing assignments, college internship programs and other activities. At ESF, Dr. White was a member of the President's Cabinet and Academic Council, and served as a member of a four-person team appointed by the president to monitor and evaluate progress of the college's strategic plan.

She is credited with strengthening ESF's service learning initiative, which contributes 65,000 hours of student service to the community annually through 60 courses with nearly 100 community partners.

Dr. White served as ESF's director of



Julie White

student activities (1993 to 2001) and in student affairs positions at Syracuse University (1990 to 1993), where she also taught classes in student affairs administration. In 1998 she received the SUNY Chancellor's Award for Excellence in Professional Service.

Dr. White succeeds Lynn Cleary, MD, who served as interim dean of student affairs following the death of Gregory L. Keating, PhD, who held the post from 2001 to 2006.

Last call for pledges; Community Giving Campaign to officially close Dec. 1

SUNY Upstate Medical University's Community Giving Campaign to support local community agencies officially ends Dec. 1.

As of Nov. 16, 1,489 pledges totaling \$356,102 were received by the Community Giving Campaign office. SUNY Upstate's 2007 campaign goal is \$505,000.

"I want to thank those who have given to our annual Community Giving campaign," said SUNY Upstate President

David R. Smith, MD, who serves as 2007 Campaign Chair.

"SEFA/United Way agencies have touched the lives of hundreds of our own employees and thousands more in Central New York. As a member of the region's largest workforce, you are the key to our campaign's success. For the past few years, we have been holding steady with nearly one third of our employees supporting this cause."

Currently SUNY Upstate is at the 20

percent participation mark, which is on par with this time last year.

"However, as the campaign closes on Dec. 1, I encourage everyone to consider a donation so we may continue our role as a community leader, and help so many others in the process," he said.

To receive a pledge card or for more information about the campaign, contact a department representative or visit www.upstate.edu/communitygiving.

CAMPUS BRIEFS

A World AIDS Day Information Table will be sponsored by the Adult Infectious Diseases clinic Nov. 30, from 7:30 a.m. to 2:30 p.m. in the second floor lobby of University Hospital. The table will feature information on HIV-risk factors, prevention methods, locations for testing, resources, and HIV services for adults and children offered at SUNY Upstate.

Nov. 28 is the deadline to purchase tickets to Rock and Bowl to be held Nov. 30, from 10:30 p.m. to 1:30 a.m. at Bowl Mor Lanes, 201 Highlight Ave., East Syracuse. Tickets—\$12 for SUNY Upstate students and C.A.B. members and \$17 at the general rate—include bowling, shoe rental, pizza, wings and beverage. Tickets will not be sold at the door. For more details, call 464-8829.

Orders for Cards For Kids will be accepted through Dec. 24. The holiday greeting cards are designed by children who are treated in the Center for Children's Cancer and Blood Disorders. For a brochure and order form, visit www.upstate.edu/events, e-mail trudella@upstate.edu or call 464-6133.

Donate new toys to local children in need during SUNY Upstate's Toy Drive, held through Dec. 14 in the main lobbies at Weiskotten, Jacobsen and Silverman Halls, UHCC, and in the C.A.B.; 1500A University Hospital; 6603 University Hospital; Cafe 750, University Hospital; 205 Harrison St. fourth floor; and Suite 105, 550 Harrison Center.

The Upstate Choir will sing on patient care units Dec. 5, 12 and 19, from 3 to 4 p.m., and on Christmas Eve, from 7 to 9 p.m. To request a unit visit, call the Spiritual Care Center at 464,4687. The choir also will perform at Holiday Happening, to be held Dec. 11, from 2:30 to 4 p.m.

Storyteller Renee Noel Felice will recite the history of Hanukkah during a

special edition of Rev. Weez's Storytime, Dec. 5, at noon in the Interfaith Chapel at University Hospital. Everyone is welcome to attend. The program will also be broadcast live from the Chapel on in-house Channel 40.

A holiday luncheon featuring syndicated columnist and radio talk show host Trish Torrey will be presented by Advocates for Upstate Medical University Dec. 4, from 11:30 a.m. to 1 p.m. at the Renaissance Syracuse Hotel, 701 E. Genesee St., Syracuse. Torrey, host of SUNY Upstate's "HealthLink on Air" radio show, broadcast Sundays on WSYR Newsradio570AM, will offer tips on how individuals can become their own medical advocate. Everyone is invited. The luncheon is \$20 per person. Reservations are required. Call 464-5610 for reservations or more information.

The combined semi-annual meetings of the Faculty Organization and the Medical College Assembly will be held Dec. 19 in the Medical Alumni Auditorium in Weiskotten Hall. The Faculty Organization meeting begins at 4 p.m. with the meeting of the Medical College Assembly to follow at 5 p.m.

SUNY Upstate's HealthLink's program is collaborating with the Onondaga County Public Library system to present a series of one-hour health education programs called "UpOn Health" for Syracuseans who visit their public libraries as a source for information and socialization. "UpOnHealth" will share information on health topics and familiarize participants with library resources. The first program, "Exercise: It's Never Too Late!" will be held Dec. 1, from 2:30 to 3:30 p.m. at Mundy Branch, 1204 S. Geddes St. Syracuse.

An open house to spotlight C.A.B.'s recreational facilities, including its newly-renovated gymnasium, will be held Dec. 13, from 1:30 to 5:30 p.m. The open house will include tours of the

facilities, drawings for free C.A.B. memberships and healthy refreshments. C.A.B. memberships also will be available at a special holiday rate of \$100 for an individual and \$135 for a family, a discount of \$30. The gymnasium renovations—a result of SUNY Upstate's Engaging Excellence strategic plan—include a new floor, and new wall mats, glass basketball backboards and rims, treadmills, free weight equipment and an air conditioner for the lower basement gym facilities. C.A.B.'s recreational facilities are open Monday through Friday, from 8:30 a.m. to 10 p.m. and weekends, from noon to 6 p.m. Visit C.A.B.'s website at www.upstate.edu/campusactivities for more information.

The SUNY Upstate Information Security Committee has revised two policies to address security procedures for emailing patient information in the "Use of Electronic Mail" policy and securing user accounts and passwords in the "Confidentiality" policy. The revised "Use of Electronic Mail, E-10," outlines SUNY Upstate's policy on emailing patient information internally, externally to other providers, and to patients. A new Email Consent form (Form number F81895), must be completed and kept on file in the patient's medical record. In addition, departments must document the procedures followed when corresponding with patients through email. Revisions to the "Confidentiality Agreement" include a statement for protection of user accounts and passwords. Members of SUNY Upstate's active workforce who have signed an old confidentiality form do not need to sign the new form. The Confidentiality policy has been updated to reflect the security and privacy education requirements provided to workforce members upon hire and renewed annually. For more information or templates to document email procedures e-mail oreillys@upstate.edu.

Dec. 14 Gala to benefit Center for Clinical and Translational Research

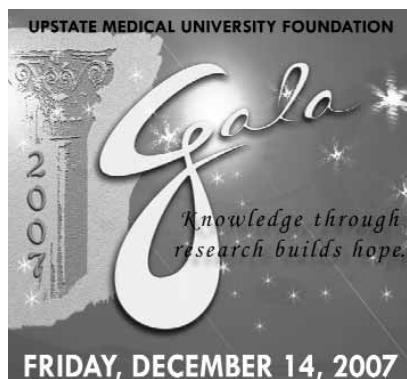
Hotel Syracuse is the site of the Gala, Upstate Medical University Foundation's annual community fundraising event to be held Dec. 14, beginning at 8 p.m. A patron party at the hotel, located at 500 S. Warren St., Syracuse, will precede the Gala at 7 p.m. Proceeds from the gala will support the creation of a Center for Clinical and Translational Research (CCTR) at SUNY Upstate

Pascale Catering will provide two different menus of fine hors d'oeuvres and desserts in the Persian Terrace and Imperial Ballroom.

Bob Piorun and the Convertibles will entertain in the Persian Terrace with the Skycoasters performing in the Imperial Ballroom.

Gala co-chairs are Ruth Weinstock, MD, PHD; Lois Bronstein, MD; Barry Knox, PhD; and Virginia and Frederick Parker, MD.

According to Dr. Weinstock, the



Proceeds from the 2007 Gala will benefit the Center for Clinical and Translational Research

goal of the CCTR is to promote and provide support for patient-oriented clinical research. This is research directly related to improving patient care, disease management, disease prevention and health improvement. Neurological and degenerative diseases,

cancer, diabetes and metabolism, vision, environmental health, genetic diseases, psychological illnesses and cardiovascular disease will be among the CCTR's critical areas of interest.

"The establishment of the CCTR should result in increased research funding from government, foundation and industry sources," said Dr. Weinstock. She adds that the CCTR will foster multidisciplinary and interdisciplinary collaborations and interactions across the SUNY Upstate campus as well as with neighboring institutions such as Syracuse University, the Clinical and Translational Science Program at the University of Rochester and other Upstate New York Translation Resource Network partners.

For gala sponsorship opportunities and reservations, call 464-4416 or visit www.upstate.edu/foundation.

UH nurses ask public to put 'ICE' on cell phones to speed emergency care

The Department of Emergency Medicine at University Hospital is educating the public on a program called "ICE," otherwise known as "In Case of Emergency," as an easy way for cellular phone users to provide emergency responders with contact information in instances when a person is unable to communicate due to illness or injury.

According to Glenda Nabewaniec, RN, and Donna Lee, RN, University Hospital emergency room nurses, rescue efforts can proceed more efficiently if emergency personnel have a standard way to receive emergency contact information, such as the name of a family member or friend.

"There are many situations in which people are not able to communicate their medical conditions in an emergency, which is why the ICE program is so important," said Lee who added that ICE should be used by everyone who has a cellular phone, including those

traveling or living alone.

To set up ICE:

- Add a new contact to your phone book on your cellular phone.
- Enter the letters "I-C-E," then type in your emergency contact's name, followed by his or her telephone number, including area code. Phone setups may differ.
- Use full names, not nicknames or relationships, such as mom or dad. Individuals who are under the age of 18 should list their guardian, mother or father as their contact.

The telephone number listed for the contact should be the telephone number where he or she will most likely be reached. List both day and evening numbers.

- Keep the ICE emergency contact information current and update your ICE contacts to any changes in your medical history.

"ICE is easy to set up and it can save lives by saving time," said Nabewaniec.

"We would like this program to become the standard for all of New York State. This would be helpful not only with trauma patients but would also be valuable for stroke patients who are unable to speak as well as teens who often do not have identification but usually have cell phones," she said.



Joseph Sanger, PhD, is appointed interim vice president for

Joseph Sanger, PhD, has been appointed interim vice president for research. He assumed this role upon the departure of John Lucas, PhD, and will serve in this capacity until a permanent vice president for research is appointed.

In this capacity, Dr. Sanger serves as the institutional official for the Institutional Review Board (IRB), the Association for Assessment and Accreditation of Laboratory Animal Care (AALAC), and Research Misconduct. He is the official contact for SUNY and other institutions regarding research.

Nancy Nussmeier, MD, chair of the Department of Anesthesiology, has agreed to assist him in oversight of the infrastructure for clinical research, and

will also work towards developing a Center for Clinical and Translational Research as recommended by Engaging Excellence.

Steven Taffet, PhD, of the Department of Microbiology and Immunology will serve as a resource with regard to technology transfer and materials transfer, in collaboration with the staff of the Research Foundation.

“I am very grateful to Drs. Sanger, Nussmeier, and Taffet for pitching in during this period of transition. The staff of the Office of Research Administration are excellent, and I am confident that the research functions of the campus will continue to work well,” said Steven J. Scheinman, MD, senior vice president and dean of the

College of Medicine at SUNY Upstate.

The search committee has recommended four candidates for the role of vice president for research and dean of the College of Graduate Studies. They will be making visits to the campus in the next two months.

Investigators with questions or issues regarding research should contact Marti Benedict in the Office of Research Administration at 464-4317.



Joseph Sanger

AWARDS AND RECOGNITIONS

Diana Stuber, MA, RD, CDE, CDN, a dietitian in the Department of Food and Nutritional Services, presented “Celiac Disease and Diabetes: Converging Diagnoses?” at the American Association of Diabetes Educators, held July 31 to Aug. 4 in St. Louis.



Diana Stuber

Carina Laguna, MA, RD, CDE, CDN, a dietitian in the Department of Food and Nutritional Services, presented a poster session on her telemedicine project at the Annual Meeting and Exhibition of the New York State Dietetic Association, held May 4 and 5 in Syracuse.



Carina Laguna

Physical Therapists **Danielle Wheeler**

Vickery, PT, Erin Pieklik, PT, and Rina Flatau, PT, of the Department of Physical Medicine and Rehabilitation received certification as clinical instructors from the American Physical Therapy Association.

Roxanne Taylor, MSN, CNS, RN, has been named as deputy director of nursing for Perioperative Services. A University Hospital employee since 2002, Taylor began as a staff nurse with the Vascular Access Team. She has held leadership and management positions as the patient service director, clinical director and, most recently, administrative director of radiology.

A compilation of research regarding the Jonestown tragedy by **James Knoll, MD**, titled, “Mass Suicide and the Jonestown Tragedy: Literature Summary” has been published on the official “Jonestown Institute” website. Dr. Knoll is



James Knoll

associate professor of psychiatry and director of forensic psychiatry at SUNY Upstate and the medical board president of the central New York chapter of the Association For Suicide Prevention (AFSP).

Lisa M. Allen, BS, RDMS, RDCS, RVT, APS, ultrasound coordinator for the Regional Perinatal Center, received a sonographer registration scholarship from the American Institute of Ultrasound in Medicine (AIUM) for her dedication, scholarship and commitment to diagnostic medical sonography. The award covers the registration fee for 2008 AIUM Convention to be held March 12 through 15 in San Diego.

Susan Keeter, director of Creative Services in the Department of Marketing and University Communications, is co-author of *Three 19th-Century Women Doctors: Elizabeth Blackwell, Mary Walker and Sarah Loguen Fraser*, published by Hofmann Press in Syracuse, N.Y.



Photograph by William Mueller

Celebrating Native American Month

Native American dancers performed during opening ceremonies of SUNY Upstate Medical University's celebration of Native American Month. Corn-Bred, a local native blues band and winners of the 2007 Native American Music award for best blues and jazz recording, will perform during closing ceremonies Nov. 30, at 4:30 p.m. in the C.A.B. lobby.

Media outlets will announce weather closings for SUNY Upstate colleges

In case of inclement weather, students in SUNY Upstate's four colleges can learn if their classes are canceled or delayed by tuning into the following media outlets: WSYR 570AM, B104.7, Y94FM, 93Q, WAER FM88, WRVO 90FM and WKRT 920 AM (in Cortland), WSTM-TV3, WTVH-TV5, WSYR-TV9 or News10Now or by calling Health Connections at 1-800-464-8668, when prompted dial 1-1-1-2. An announcement on weather-related

closings will be available by 6:15 a.m.

The following messages will be heard:

For delayed opening:

"The colleges of Medicine, Health Professions, Nursing and Graduate Studies at SUNY Upstate Medical University are closed until ____ (today). Classes and other normal activities are canceled until that time."

For closing:

"The colleges of Medicine, Health

Professions, Nursing and Graduate Studies at the SUNY Upstate Medical University are closed and classes have been canceled. Only essential services are operating."

Departments that need to cancel programs open to the public, such as lectures and seminars, because of inclement weather should contact Public and Media Relations at 464-4836.

IN THE NEWS

Terrence Thines, DDS, was quoted in the *Seattle Times* and the *Post-Standard* about the hazards of teeth bleaching.



Terrence Thines

Russell Barkley, PhD, and his pioneering work on ADHD was featured in the Appleton, Wis. paper, *Post Crescent*.

Cynthia Cary, RRT, RPFT was quoted in *In Good Health* and featured on WSYR-News Channel 3 regarding SUNY Upstate's smoke-free policy.



Cynthia Cary

Paul Cunningham, MD, was interviewed by WSYR-NewsChannel 9 on steps being taken to hire additional pediatric surgeons.

James Knoll, MD, is featured in *In Good Health* on his recent contribution to a book on stalking.

Victoria Meguid, MD, was featured in the opinion section of the *Post-Standard* discussing the benefits of providing the Gardasil vaccine to protect young women from cervical cancer.

Sanjay Mukhopadhyay, MD, was a contestant on National Public Radio's news-related quiz show "Wait Wait Don't Tell Me," that aired locally on WRVO FM89.9. Stephen Colbert was also a guest.



Sanjay Mukhopadhyay

Brian Rieger, PhD, was interviewed on ESPN'S "Outside the Lines" regarding concussions and their impact on academic performance.

Leola Rodgers was quoted in the *Post-Standard* on restrictions placed on toys donated to the hospital, following the recent lead poisoning scare from imported toys.

David R. Smith, MD, was quoted in the *Central New York Business Journal* about healthcare's potential to be one of the region's powerful growth engines. He was quoted in the *Brooklyn Daily Eagle* and *Daily Bulletin* and appeared on WCNY'S Central Issues program regarding \$510 million initiative.



David R. Smith

The November issue of the magazine *Physicians Practice* features the **Breast Cancer Program** with **Lisa Cico, NP,** and **Sheila Lemke, MD, Kara Kort, MD, Hemangini Shah, MD,** and **Robert Lambert, MD;** **Ross Moquin, MD,** and spinal neurosurgery; and an article on the shortage of health professionals in upstate New York by SUNY Upstate President **David R. Smith, MD.** Visit www.upstate.edu/publicaffairs/ to view the articles.

Thomas Welch, MD, was interviewed on WSYR radio's Jim Reith Show regarding the federal ban on cough syrup for infants and on NewsChannel 9 regarding the progress of the Golisano Children's Hospital construction.



Thomas Welch

University Hospital's **Staying Connected is Good Medicine** program, which enables hospitalized children to go to school via a small video teleconferencing unit, was featured on NEWS10NOW and WSYR-News radio 570AM.

Patty Mondore was featured in the *Post-Standard* in an item about her fifth book, *To Love, Honor, and Oh Boy! 30 Ways for Couples to Say They're Wild About Each Other,* published by CSS Publishing Company.

Ronald Szykowski, MD, was interviewed by WSTM-TV3, WSYR-NewsChannel 9, News10Now, WAER Radio and NCC regarding a new procedure at University Hospital that cures Barrett's Esophagus, a precursor to a type of esophageal cancer.



Ronald Szykowski

Bradley Olson, MD, was featured in a story on WSYR-NewsChannel 9, about SUNY Upstate's Refugee Clinic, that treats refugee children of all ages who are now living in Syracuse.

Suzanne Meyer, RN, was interviewed on WSYR-NewsRadio507AM regarding diabetes in promotion of SUNY Upstate's Central New York Diabetes Forum that highlighted World Diabetes Day.

Donna Lee, RN, and **Glenda Nabewaniec, RN,** were interviewed by WSTM-TV3, WTVH-TV5, WSYR-570AM and WRVO regarding University Hospital's ICE (In Case of Emergency) program.

Kathryn Same, RN, and **Joseph Tschopp, RN,** were interviewed by WSTM-TV3 and WTVH-TV5 regarding University Hospital's purchase of evacuation chairs as part of its facility evacuation plan.



Photograph by Richard Whelsky

Joseph Tschopp, RN, (in chair) and Alex Eller (top), join Stryker's Patrick Julian in demonstrating the evacuation chairs.

Lifesaving chairs are in place at UH

Evacuation chairs are now in place at University Hospital for the safe transport of patients from upper floors during a disaster when elevators may be inoperative.

"It's another level of disaster preparedness," said Kathryn Same, of University Hospital's Emergency Preparedness Office. "If a disaster requires us to empty the building and the elevators are not working, how do we get non-ambulatory patients off the floors to safe ground?"

The answer comes in a 34-pound folding chair that can support 500 pounds. The chair has wheels and treads so it can descend stairs easily. Patients are secured in chair and rolled down steps guided by trained personnel. When not in use, the chairs are secured in the stairwell to provide easy access in case of emergency.

University Hospital purchased 10 chairs for \$20,000 with much of the cost being offset by federal grants to aid hospitals in disaster preparedness planning. The evacuation chairs are manufactured by Stryker Corp.

Join us for Holiday Happening



Café 750, located on University Hospital's 2nd Floor

Tuesday, December 11, 2:30-4 pm (ice cream social)

Wednesday, December 12, 5-6 am (breakfast)

The "Happening" is free and open to all Upstate Medical University individuals.

Carolers will perform throughout patient care units.

To prepare for the Holiday Happening, Café 750 will close at 1:30 pm and re-open at 5 pm on Tuesday, December 11.

State University of New York



Upstate
Medical
University

07-2370-1007 (08/04)

A Recognition Activity to Highlight Staff Excellence

Upstate Update
Issue: Dec. 26 to Jan. 9
Deadline: Dec. 10

Radiothon for Golisano Children's Hospital raises more than \$50,000

Central New Yorkers raised more than \$50,000 during the fifth annual Radiothon for the Golisano Children's Hospital, presented by ClearChannel Radio and Upstate Medical University Foundation Nov. 1 through 3.

Radiothon was broadcast live on Newsradio 570 WSYR from University Hospital and Carousel Center. All proceeds from the radiothon will benefit pediatric services at University Hospital.

"Once again, Central New Yorkers proved their commitment to the children who are treated at University

Hospital," said Toni Gary, director of community relations for the upcoming Golisano Children's Hospital at University Hospital. "On behalf of the children and their families, I thank everyone who pledged or who made a direct contribution for their generosity."

During the radiothon, central New Yorkers were invited make a pledge by calling 315-464-KIDS (5437) or by participating as Change Bandit volunteers who collect loose change in their own homes, or ask friends, classmates, co-workers and neighbors for their loose

change—all to benefit the children. Thirty companies, school and individuals supported change bandits this year.

The radiothon featured live interviews with the families of children who have been treated at University Hospital, members of the hospital's pediatric team and community advocates for children's health.

Onondaga County Executive Nicholas Pirro, who for the past two years has served as honorary chair for the radiothon, was also featured during the event.

2008 annual health option transfer period is under way; deadlines vary

State employees

The Department of Civil Service Employee Benefits Division will mail a "Rates and Deadlines" publication to the homes of state employees who participate in the New York state Health Insurance Program (NYSHIP).

State 2008 Bi-weekly Employee Rates Health Options:

Empire Plan
\$22.19 (individual)
\$95.10 (family)

HMO-Blue
\$28.69 (individual)
\$114.67 (family)

MVP
\$39.33 (individual)
\$166.31 (family)

- HMO-Blue has made changes to its 2008 coverage. To compare the plans visit https://www.cs.state.ny.us/ebd/ebdonlinecenter/optio n_transfer/index.cfm?group=ny.

- Nov. 30 is the deadline to cancel or change from family to individual coverage.

- Dec. 14 is the deadline to change health insurance option.

- The changes for 2008 will be

effective Dec. 27. The 2008 rates will be effective in the Dec. 26 paycheck for individuals who do not change health options. Most deduction changes will be effective later in January and will include retroactive adjustments for individuals who change to a new option,

Visit www.upstate.edu/hr/benefits for more information regarding the 2008 Annual Health Option Transfer Period.

Research Foundation Employees

The health insurance and flexible spending account open enrollment period for 2008 ends Nov. 30. A "Benefits Bulletin" was mailed to the homes of all eligible RF employees.

Review the "Comparison of 2008 PPO and HMO Plans" in the benefits bulletin as there have been co-payment changes for 2008. Individuals who did not receive a Benefits Bulletin can access it by visiting www.upstate.edu/hr/hr_forms/pdf/benefits_bulletin.pdf.

During Option Transfer RF employees can

- Make changes to health insurance coverage (i.e., cancel coverage, enroll for coverage)
- Enroll in Flexible Spending (new for 2008 enrollments are done online)
- Enroll for voluntary short term disability

Research Foundation 2008 Bi-weekly Employee Rates

Health Option	Individual	EE and Spouse	EE and Children	Family
Empire Deluxe PPO	\$21.68	\$76.68	\$66.01	\$129.31
HMO-Blue	\$64.63	\$191.80	\$74.45	\$191.80
MVP	\$19.74	\$69.01	\$67.84	\$113.93

For additional information, please visit the Human Resources web page at: <http://www.upstate.edu/hr/benefits/>. To enroll for Flexible Spending please visit the FMBC web page at: www.myfbmc.com

Employee Learning Week begins Dec. 3; recognizes work of OTD

Employee Learning Week is Dec. 3 to 7, a time to recognize those individuals whose efforts demonstrate the important connection between building a highly skilled workforce through learning opportunities and achieving organizational results.

Educational opportunities for SUNY Upstate Medical University employees is offered through the division of Organizational Training and Development (OTD) of the Department of Human Resources.

OTD staff develops and presents learning opportunities to ensure that employees have the necessary knowledge and skills to meet and exceed customer expectations and to support employee career growth and advancement objectives.

OTD offers several services,

including:

- Professional Development. This service offers open enrollment training programs for faculty and staff that are focused on enhancing skills and increasing knowledge base. All sessions are interactive and experiential.

- Consultation services are offered to meet the specific needs of SUNY Upstate departments and units. OTD staff will customize and facilitate training programs to enhance overall performance outcomes.

- Organizational Development spans a broad spectrum of services such as leadership development, change management, team building, assessment and action planning.

- Organizational Support. Staff will assist in developing specific education

programs to meet mandatory requirements such as Joint Commission, facilitate new employee orientation and resident orientation.

SUNY Upstate's OTD team includes Barb Riggall, director; Lauren Brady, online education coordinator; Holly Haines McCurdy, training and organizational development specialist; Renae Rokicki, training and organizational development specialist; and Tracie Wildner who offers administrative support.

For more information about the services available through Organizational Training and Development, call 464-5463 or visit <http://www.upstate.edu/hr/training>.

LECTURES, SEMINARS, WORKSHOPS & CONFERENCES

To register for workshops, visit www.upstate.edu/hr/training/form.shtml

Free HealthLink seminars are open to all. To register, Call HealthConnections at 464-8668 or register via www.upstate.edu/healthLink.

Dec. 1. 2:30 to 3:30 p.m. Onondaga County Public Library, Mundy Branch, 1204 S. Geddes St. Syracuse.

HealthLink "UpOnHealth" Seminar. "Exercise: It's Never Too Late!" will discuss the importance of incorporating exercise into a daily routine.

Dec. 5. 6 to 7:30 p.m. HealthLink, ShoppingTown Mall, DeWitt.

HealthLink Seminar. "MRSA For All Ages." MRSA infections are becoming increasingly more common in healthy people who have not been in the hospital. Experts will discuss how this public health threat affects both children and adults and how to prevent the spread of MRSA infection.

Dec. 6. 6 to 7 p.m. HealthLink, ShoppingTown Mall, DeWitt.

HealthLink Seminar. "Considering When To Have a Colonoscopy?" will

discuss the benefits of screening for colorectal diseases and the technology used for the procedure.

Dec. 10. 6 to 7 p.m. HealthLink, ShoppingTown Mall, DeWitt.

HealthLink Seminar. "Complete Blood Count: What It Is and Why Your Doctor Orders It" will discuss the components of blood: red cell count, hemoglobin, hematocrit, platelet count, and white cell count and differential. Persons who are immuno-compromised will learn ways to protect themselves against infection. Co-sponsored by the Leukemia & Lymphoma Society.

Dec. 12. Noon to 1 p.m. Campus Activity Building, SUNY Upstate Medical University, 155 Elizabeth Blackwell St., Syracuse.

Lunch-N- Learn Program. "The Holidays: Get Real and Make Them Happier!" will offer practical tips to help keep the blues away.

Dec. 13. 6 to 7 p.m. HealthLink, ShoppingTown Mall, DeWitt.

HealthLink Seminar. "Common

Foot Problems: Winter or Not" will discuss the causes of and treatments for common foot problems, such as heel pain, neuromas, skin and nail disorders and plantar fasciitis.

Dec. 14. 9 a.m. to noon. 1328B University Hospital.

Workshop. "Crucial Confrontations: Tools for Resolving Broken Promises, Violated Expectations and Bad Behavior" will offer strategies to improve results and relationships.

Dec. 18. 9 to 11 a.m. 1328B University Hospital.

Workshop. "Customer Service: If Disney Ran Your Hospital." Participants will learn to identify and create perception for customers.

Dec. 21. 9 to 11 a.m. 1328B University Hospital.

Workshop. "Generations in the Workplace" will explore various generations and provide insights to value generational differences.

Wednesday, Nov. 28

Fourth Annual Student Research Day and 21st Annual Charles R. Ross Research Poster Session. 9 a.m. to 5 p.m. Atrium, Institute for Human Performance. Researchers are available for questions, from 3 to 5 p.m.

Anesthesiology Grand Rounds. 6:45 to 8 a.m. Medical Alumni Aud., Wsk. Hall.

Otolaryngology Grand Rounds. 7 to 8 a.m. 6500 University Hospital.

WebCAIS/Groupwise Training Class (unlicensed). 7:30 a.m. to noon. Room D, Institute for Human Performance.

Orthopedic Grand Rounds. 8 a.m. 6500 University Hospital.

AED/CPR Course for Non-clinical Staff. 9 a.m. 550 E. Genesee St., Syracuse.

Pediatrics Grand Rounds. "What is the True Dietary Requirement for Vit D?" Bruce W. Hollis, PhD, Medical University of South Carolina. 9:15 to 10:30 a.m. 6500 University Hospital.

Arts and Crafts Fair. 10 a.m. to 4 p.m. Ninth Floor, Weiskotten Hall. An activity of Native American Month.

HealthLink Seminar. "Quit Smoking for Good...and For Free." (part of a series.) Cynthia Cary, Upstate Medical University. Noon to 1 p.m. Sky Deck, Carousel Center.

• **Rev. Weez's Storytime.** Noon. Interfaith Chapel, University Hospital.

Infectious Diseases Conference. Gus Birkhead, MD, New York State Health Dept. 4 p.m. 304 Crouse Physician's Office Building.

Film. "Rocket Science." Rated "R." 7:30 p.m. 103 Wsk. Hall. \$2 admission.

Thursday, Nov. 29

SUNY Upstate New Employee Orientation. 7 a.m. to 3:30 p.m. East Lounge, C.A.B.

Medical Grand Rounds. 8:30 a.m. 1159 Wsk. Hall.

Psychiatry Grand Rounds. "The Rise and Fall of American Psychosomatic Medicine." Theodore Brown, PhD, University of Rochester. 12:30 to 2 p.m. PBS Bldg., 713 Harrison St.

Vascular Conference. "Suture Workshop." 5 p.m. 8800 University Hospital.

Friday, Nov. 30

SUNY Upstate New Employee Orientation. 7 a.m. to Noon. East Lounge, C.A.B.

WebCAIS/Groupwise Training Class (licensed). 7:30 a.m. to noon. Room D, Institute for Human Performance.

World AIDS Day Information Table. 7:30 a.m. to 2 p.m. Second Floor Lobby, University Hospital. Sponsored by Infectious Diseases Department.

Obstetrics/Gynecology Grand Rounds. "Ethics Case Presentations." Catherine V. Caldicott, MD, Upstate Medical University. 7:30 a.m. Marley Education Ctr.

Clinical Hands-On Practice Orientation (CHOP). Noon to 3:30 p.m. East Lounge, C.A.B.

• **Mass.** Noon. Interfaith Chapel, University Hospital.

Native American Month Closing Ceremony. Featuring performance by 2007 Native American Music Award winners "Corn-Bred." 4:30 p.m. C.A.B.

Rock and Bowl. 10:30 p.m. to 1:30 a.m. Bowl Mor Lanes, East Syracuse.

Saturday, Dec. 1

Seneca Lake Deck the Halls Wineries Day Trip. **Reservations only.** Call 464-8829 for details.

• **Mass.** 4 p.m. Interfaith Chapel, University Hospital.

HealthLink "UpOnHealth" Seminar. "Exercise: It's Never Too Late." Carol Sames, PhD, Upstate Medical University. 2:30 to 3:30 p.m. O.C. Public Library, Mundy Branch. 1204 S. Geddes St., Syracuse.

Sunday, Dec. 2

• **Mass.** Noon. Interfaith Chapel, University Hospital.

HealthLink on Air. 9 to 10 a.m. WSUR-570AM.

Film. "Rocket Science." Rated "R." 2 p.m. 103 Wsk. Hall. \$2 admission.

Monday, Dec. 3

• **Mass.** Noon. Interfaith Chapel, University Hospital.

HealthLink Seminar. "Quit Smoking for Good...and For Free." (part of a series.) Cynthia Cary, Upstate Medical University. 6 to 7 p.m. Sky Deck, Carousel Center.

Yoga with Tony Riposo. 5 to 6:15 p.m. East Lounge, C.A.B.

Tuesday, Dec. 4

Workshop. "I Don't Have Time to Come to the Library. Finding Those Elusive E-journals." Noon to 1 p.m. 220 Health Sciences Library.

Weight Watchers at Work. Noon. 3113 Wsk. Hall, E-mail przepioj@upstate.edu for details.

Holiday Luncheon sponsored by Advocates for Upstate Medical University. "This Season Give Yourself a Priceless Gift: Become Your Own Medical Advocate." Trish Torrey, Upstate Medical University and Post-Standard. 11:30 a.m. to 1 p.m. Renaissance Syracuse Hotel, 701 E. Genesee St., Syracuse.

Vocera Training Class. 1 to 3 p.m. E6408 University Hospital.

• **Weekly Prayer Service.** Noon. Interfaith Chapel, University Hospital.

Spiritual Fitness. 3 p.m. 2N, PM & R Dayroom, University Hospital.

Infectious Diseases Conference. Rajeev Yalamanchili, MD, Upstate Medical University. 4 p.m. 304 Crouse Physician's Office Building.

Power Sculpt Pilates Class. 5:15 to 6:15 p.m. Gymnasium, Institute for Human Performance. Call 464-4579 for more information.

HealthLink Seminar. "Quit Smoking for Good...and For Free." (part of a series.) Cynthia Cary, Upstate Medical University. 6 to 7 p.m. Cicero Library, 8686 Knowledge Lane, Cicero.

Coffeehouse. Entertainment by singer Chinua Hawk. 8 p.m. West Lounge, C.A.B.

Wednesday, Dec. 5

Anesthesiology Grand Rounds. 6:45 to 8 a.m. Medical Alumni Aud., Wsk. Hall.

Otolaryngology Grand Rounds. 7 to 8 a.m. 6500 University Hospital.

Surgery Morbidity/ Mortality Conference. 7 to 8 a.m. 2231 Wsk. Hall.

WebCAIS/Groupwise Training Class (unlicensed). 7:30 a.m. to noon. Room D, Institute for Human Performance.

Orthopedic Grand Rounds. 8 a.m. 6500 University Hospital.

Neuroscience Grand Rounds. Helen Barkan, MD, PhD, Upstate Medical University. 8 a.m. 103 Wsk. Hall.

Surgery Grand Rounds. 8 to 9 a.m. 2231 Wsk. Hall.

Pediatrics Grand Rounds. 9:15 to 10:30 a.m. 6500 University Hospital.

HealthLink Seminar. "Quit Smoking for Good...and For Free." (part of a series.) Cynthia Cary, Upstate Medical University. Noon to 1 p.m. Sky Deck, Carousel Center.

• **Rev. Weez's Storytime: Special Program.** "The Story of Hanukkah." Renee Noel Felice, storyteller. Noon. Interfaith Chapel, University Hospital.

Infectious Diseases Conference. 4 p.m. 304 Crouse Physician's Office Building.

Spiritual Care Grand Rounds. "Compassion Fatigue." Rev. Ina Warren, Cortland Regional Medical Center. 4 to 5:15 p.m. Medical Alumni Board Room, Setnor Academic Bldg.

Campus Activities Governing Board Meeting. 5:30 p.m. 115 C.A.B.

Burn Survivors Support Group. 5 to 7 p.m. 6551 University Hospital.

HealthLink Seminar. "MRSA For All Ages." Shelley A. Gilroy, MD, and Nicholas Bennett, MD, Upstate Medical University. 6 to 7:30 p.m. HealthLink, ShoppingTown Mall, DeWitt.

Thursday, Dec. 6

Medical Grand Rounds. 8:30 a.m. 1159 Wsk. Hall.

Psychiatry Grand Rounds. "Managing Chronic Depression: Treating to Remission." Robert L. Weisman, D.O. University of Rochester Medical Center. 12:30 to 2 p.m. PBS Bldg., 713 Harrison St.

Vascular Conference. 5 p.m. 8800 University Hospital.

HealthLink Seminar. "Considering When to Have a Colonoscopy?" Deb Malay, RN, BSN, Upstate Medical University. 6 to 7 p.m. HealthLink, ShoppingTown Mall,

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DeWitt.

Friday, Dec. 7

Obstetrics/Gynecology Grand Rounds. 7:30 a.m. Marley Education Ctr.

WebCAIS/Groupwise Training Class (licensed). 7:30 a.m. to noon. Room D, Institute for Human Performance.

• **Mass.** See 11/30 listing.

Comedy Performance. Jessica Kirson. Happy Hour: 5:30 p.m. Performance: 6:15 p.m. C.A.B.

Saturday, Dec. 8

• **Mass.** See 12/1 listing.

Sunday, Dec. 9

• **Mass.** See 12/2 listing.

HealthLink on Air. See 12/2 listing.

Monday, Dec. 10

• **Mass.** See 12/3 listing.

Yoga with Tony Riposo. See 12/3 listing.

HealthLink Seminar.

“Complete Blood Count: What It Is and Why Your Doctor Orders It.” Kathryn M. Romano, MS, RNC, ANP, Upstate Medical University. 6 to 7 p.m. HealthLink, ShoppingTown Mall, DeWitt.

Tuesday, Dec. 11

Workshop. “Finding

Evidence-based Information.” Noon to 1 p.m. 220 Health Sciences Library.

Weight Watchers at Work. See 12/4 listing.

• **Weekly Prayer Service.** See 12/4 listing.

Holiday Happening. 2:30 to 4 p.m. Cafe 750, University Hospital.

Spiritual Fitness. See 12/2 listing.

Infectious Diseases Conference. 4 p.m. 304 Crouse Physician's Office Building.

Wednesday, Dec. 12

Holiday Happening. 5 to 6 a.m. Cafe 750, University Hospital.

Anesthesiology Grand Rounds. 6:45 to 8 a.m. Medical Alumni Aud., Wsk. Hall.

Otolaryngology Grand Rounds. 7 to 8 a.m. 6500 University Hospital.

Surgery Morbidity/ Mortality Conference. 7 to 8 a.m. 2231 Wsk. Hall.

Neuroscience Grand Rounds. 8 a.m. 103 Wsk. Hall.

Orthopedic Grand Rounds. 8 a.m. 6500 University Hospital.

Surgery Grand Rounds. 8 to 9

a.m. 2231 Wsk. Hall.

Pediatrics Grand Rounds. 9:15 to 10:30 a.m. 6500 University Hospital.

Emergency Medicine Grand Rounds. 10:30 to 11:30 a.m. Location: TBA.

Lunch and Learn Program. “The Holidays: Get Real and Make Them Happier.” Richard O’Neill, PhD, Upstate Medical University. Noon to 1 p.m., C.A.B.

Creative Writing Workshop. Noon to 1 p.m. Center for Bioethics and Humanities, Crouse Physician's Office Bldg., 725 Irving Ave., Suite 406. For SUNY Upstate faculty and staff. Call 464-8451 or e-mail gardenr@upstate.edu for more information.

• **Rev. Weez's Storytime.** See 11/28 listing.

AED/CPR Course for Non-clinical Staff. 1 p.m. 550 E. Genesee St., Syracuse.

Infectious Diseases Conference. 4 p.m. 304 Crouse Physician's Office Building.

Thursday, Dec. 13

SUNY Upstate New Employee Orientation. 7 a.m. to 3:30 p.m. East Lounge, C.A.B.

Medical Grand Rounds. 8:30 a.m. 1159 Wsk. Hall.

Hot Topics in Research

Lecture. “Health Sciences Library Research Resources and Basic Search Techniques.” Brad Long, MSLS, Upstate Medical University. Lunch: 11:45 a.m. Lecture: Noon. 318 Health Sciences Library. R.S.V.P. to Lynn Gleason at 464-4317, gleasoly@upstate.edu.

Psychiatry Grand Rounds. “Mandated Registries for Chronic Illness Patients: Public Health, Ethics and the Law.” Robert Daly, MD, and Paula Trief, PhD, Upstate Medical University and Richard Ellison, PhD, Syracuse University. 12:30 to 2 p.m. PBS Bldg., 713 Harrison St.

C.A.B. Recreational Facilities Open House. 1:30 to 5:30 p.m., C.A.B.

Vascular Conference. 5 p.m. 8800 University Hospital.

HealthLink Seminar. “Common Foot Problems: Winter or Not.” Gerard Saponara, DPM, Upstate Medical University. 6 to 7 p.m. HealthLink, ShoppingTown Mall, DeWitt.

Friday, Dec. 14

SUNY Upstate New Employee Orientation. 7 a.m. to noon. East Lounge, C.A.B.

Obstetrics/Gynecology Grand Rounds. 7:30 a.m. Marley Education Ctr.

Workshop. “Crucial Confrontations: Tools for Resolving Broken Promises, Violated Expectations and Bad Behavior.” 9 a.m. to noon. 1328B University Hospital.

Clinical Hands-On Practice Orientation (CHOP). See 11/30 listing.

• **Mass.** See 11/30 listing.

2007 Gala Patron Party. 7 p.m. Hotel Syracuse, 500 S. Warren St., Syracuse.

2007 Gala. 8 p.m. Hotel Syracuse, 500 S. Warren St., Syracuse.

Saturday, Dec. 15

• **Mass.** See 12/1 listing.

Sunday, Dec. 16

• **Mass.** See 12/2 listing.

HealthLink on Air. See 12/2 listing.

* Broadcast live from the Chapel on in-house Channel 40.

Watch “Upstate Magazine” on Staff Ed TV channel 62 or by visiting <http://www.upstate.edu/edcom/upstatemag>

SUNY Upstate Medical University Art Gallery

Native Art by the late Bert Smith of the Onondaga Nation (available for purchase)

Through Nov. 30

Oil paintings by Laura Roth (available for purchase)

Through December

Health Sciences Library

Free and open to the public



Photograph by Richard Whelsky

A lyric and a song in her heart for the children

Miranda Clark, University Hospital's music therapist for pediatric patients, performs for eight-year old Tiffany of Little Falls, N.Y. Clark, who joined the hospital's Child Life program in August, says that music therapy allows children to express themselves through music in a non-threatening environment. "This type of therapy also helps to control their pain, provide physical rehabilitation, and reduce any

anxiety and fear that they may be feeling," she says. Clark also adds that the therapy provides distraction, emotional support, and social interaction for the children. Clark's position is funded through a grant from the Starlight Starbright Children's Foundation that provides entertainment, education and family activities for ill children in the United States and their families.



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