

update

FEBRUARY 7 THROUGH FEBRUARY 21, 2007

Study tests benefit of support programs for breast cancer patients

A clinical trial at SUNY Upstate Medical University is studying the effect of meditation, relaxation techniques and other mind/body activities on women with breast cancer who are undergoing chemotherapy.

“Chemotherapy for breast cancer reduces the risk of recurrent cancer, but is associated with side effects,” said the study’s principal investigator, Lisa Kaufmann MD, professor of internal medicine. “The purpose of this study is to find out if women participating in a mind/body program or participating in a support group have better control of nausea and quality of life.”

The trial, funded by the Carol M. Baldwin Research Fund of Central New York, is currently recruiting participants. Women interested in participating should contact Deborah MicKinkle, research assistant, at 315-464-5774, or e-mail MickinkD@upstate.edu. Women participating in the clinical trial will continue to receive their usual cancer treatments as prescribed by their oncologist and other physicians.

Women participating in

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David Amberg, PhD, wins \$1.45 million NIH grant to help further understanding of human genetic disorders.

David Amberg, PhD, associate professor of biochemistry and molecular biology, has been awarded a four-year, \$1.45 million grant from the National Institutes of Health (NIH) to systematically analyze and identify complex genetic interactions in cells. Dr. Amberg will use the cytoskeletal system of yeast to model the genetic interactions of complex systems. Research into genetic interactions in cells is considered vital to further understanding of human genetic disorders.

The NIH grant comes on the heels of a breakthrough in identifying binary gene interactions that Dr. Amberg and his research team reported in the Jan. 15 issue of *Genes and Development*. Dr. Amberg and his colleagues have developed a large-scale reverse genetic screen to identify complex haploinsufficient genetic inter-

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Photograph by William Mueller

David Amberg, PhD

University Hospital now offers less invasive surgery for degenerative disc disease of the lower back

Adults who have been diagnosed with degenerative disc disease of the lower back (lumbar area) and whose pain has failed to improve after at least six months of non-surgical treatment such as physical therapy or medication may be a candidate for ProDisc-L Total Disc Replacement surgery, now available at University Hospital.

The surgery involves the placement of a ball and socket implant that relieves pain associated with the disease while maintaining motion in the affected area, unlike traditional spinal fusion surgery that relieves pain but leaves the affected area immobilized. It is believed—though not

proven—that maintaining motion may allow the spine to remain healthier longer.

The implant has been recently approved by the Food and Drug Administration (FDA) following favorable results of the use of the device from a U.S. clinical study. Amir Fayyazi, MD, assistant professor of orthopedic surgery at SUNY Upstate, was a co-investigator of the clinical trial that included 15 study sites nationwide. Dr. Fayyazi joins a select number of surgeons from across the United States who have been chosen to perform the surgery.

“The study evaluated the safety and effectiveness of ProDisc total disc

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CAMPUS BRIEFS

The vertical expansion is SUNY Upstate Medical University's—and one of Central New York's—most ambitious

construction projects since opening University Hospital in 1965. The six-story vertical expansion will rise above University Hospital's East Wing and feature floors dedicated to oncology, cardiology and neurology services and the Golisano Children's Hospital. One floor will be used to house heating, air conditioning and other technical systems. Construction for the Vertical Expansion is on schedule. The following phases of the project are complete:

- The placement of an emergency oxygen fill port that serves as a back-up port to provide oxygen for patients.
- The Emergency Department and fifth floor glass corridor protection systems have been installed as well as protection for the oxygen tank farm.
- All caissons have been drilled except for the children's hospital canopies, to be drilled at a later date. Caissons are retaining, watertight structures used to support foundations.
- HEPA filters have been installed on all isolation exhaust fans on the east wing roof.
- Rooftop columns have been prepared to support the steel needed to support the east wing expansion.
- Sheet piling for the concrete pad for the tower crane has been installed.
- Excavation for the three new visitor elevators continues on the south side of the building.

- The main sewer piping from Elizabeth Blackwell Street to the Emergency Department parking lot has been installed.
- Steel beam work on the fifth floor of the former perioperative business office began in late January and will take approximately four weeks to complete.
- Bids for the interior work of the east wing expansion were due Feb. 7.

Upcoming construction activities include:

- Delivery and assembly of the tower crane will begin in late February.
- Steel will be erected beginning in late February, taking approximately six months to complete.
- Ongoing work in the boiler house.
- The delivery of air handlers on the east wing roof will occur in April.
- Two stair towers will be erected on the east side of the east wing.
- The existing blue elevators are slated to be extended to reach the 12th floor of the east wing beginning in September.

The completion of the Vertical Expansion is set for 2009. E-mail VEUpdate@upstate.edu regarding questions or comments related to the Vertical Expansion construction.

The SUNY Upstate community is invited to attend Black History Month events, including a NeoSoul and Jazz Night that features entertainment by The "J" Project, Feb. 16, at 5:30 p.m. in the Lobby of the C.A.B. The Syracuse Area Black Nurses Association will hold a Health Fair, Feb. 24, from 10 a.m. to 2 p.m. in the lower level of the Carousel Center. For a complete listing of SUNY Upstate Black History Month events, see "Calendar" listings.

Songwriter Brandon Heath will perform Feb. 13, at 8 p.m. in the West Lounge of the C.A.B. as part of the Coffeehouse series, presented by the C.A.B. and the Campus Activities Governing Board. Specialty coffees, dessert and the performance are free. For more information, call 464-5618.

Human Resources launched the AskHR e-mail message service for users to ask questions to the managers in each of the five Human Resources sections: benefits, recruitment and appointments, compensation and performance management, employee/labor relations and training/development, as well as general administration questions. AskHR is supplementing other communication vehicles for SUNY Upstate staff, faculty, and managers. The web site is located at http://www.upstate.edu/hr/intra/hr_forms/hr_forum.shtml, select AskHR from the blue bar. For help in accessing the site, contact Lauren Brady at 464-4407 or e-mail brady@upstate.edu.

Ski and bicycle helmets will be sold Feb. 20, from 9:30 a.m. to 3:30 p.m. in the small cafeteria of Café 750, second

floor at University Hospital. The ski helmets, available in sizes extra small to XXL, cost \$21.50 to \$55. The bicycle helmets, priced at \$10, will be available in sizes toddler to large. The sale is sponsored by the Trauma Center. For more information, call 464-4773.

The February 21 Ash Wednesday schedule will be as follows: 7:45 a.m., Mass in the Interfaith Chapel at University Hospital and distribution of ashes; 8:45 a.m., distribution of ashes at UHCC; 9:15 a.m., distribution of ashes at 250 Harrison Street; 9:45 a.m., distribution of ashes at 550 Harrison Street, Suite 330; Noon, Ecumenical Service in Interfaith Chapel at University Hospital and distribution of ashes; 3:45 p.m., Mass in the Interfaith Chapel at University Hospital and distribution of ashes.

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United Way honors SUNY Upstate and Zanette Howe giving, leadership

The United Way of Central New York has recognized SUNY Upstate Medical University for its continued high level of giving and honored the university's Community Giving Campaign director, Zanette Howe, as its 2006 Campaign Volunteer of the Year. The honors were made recently at a reception held at the Oncenter to mark the end of the agency's annual fundraising campaign.

The United Way noted that SUNY Upstate was again one of the top five contributors in Central New York with more than 1,700 employees contributing nearly a half million dollars.

For the 2006 campaign SUNY Upstate ranked first in leadership giving—contributions of \$1,000 or more from couples and individuals—for the seventh year in row and ranked second, behind National Grid, for total dollars raised, \$484,238.

Howe, who serves as SUNY Upstate's special events manager and who has directed SUNY Upstate's giving campaign for the last 10 years, was honored by the United Way as its 2006 Campaign Volunteer of the Year.

The United Way noted that under Howe's leadership, the amount of money raised by SUNY Upstate's employees has quadrupled since 1996 when she took over direction of the campaign and the number of employees participating in the campaign has more than doubled.

Howe credited the success of this year's Community Giving campaign to the leadership support of campaign co-chairs Phillip Schaengold, JD, MBA, and Laura Schweitzer, PhD, the 180 volunteers who served as campaign committee members and department representatives and all employees who contributed.



Zanette Howe

"Engaging excellence is not merely our mission here on campus, but also our mission in the community," said SUNY Upstate President David R. Smith, MD. "Thank you all for your steadfast support of this campaign."

For more on SUNY Upstate's Community Giving Campaign, check out the website at: <http://www.upstate.edu/communitygiving/>

Campus Briefs—continued from page 2

Comedian Amy Anderson of Comedy Central's Premium Blend will perform Feb. 23, in the C.A.B. as part of the Comedy Series, presented by the C.A.B. and the Campus Activities Governing Board. Happy hour begins at 5:30 p.m.; the performance at 6:15 p.m. Wings, nachos, pizza, and beverage are available for purchase. Soda and popcorn are free. Entertainment is inappropriate for children under 18 years of age. Door admission is \$3. For more information, call 464-5618.

The Seventh Annual SUNY Upstate Career Expo will be held March 3, from 10 a.m. to 2 p.m. at the Institute for Human Performance, 505 Irving Ave., Syracuse. Free parking will be provided. SUNY Upstate department representatives will be available to discuss services and employment opportunities. The Expo includes two free career enhancement presentations: "Understanding Civil Service

Procedures and Careers" and "The Many Facets of Nursing at SUNY Upstate Medical University and University Hospital." Career Expo is presented by the offices of Human Resources and Nursing Recruitment. For more information, call Human Resources at 464-4830 or Nursing Recruitment at 464-4810.

The perioperative scheduling and business offices have moved to the fifth floor of University Health Care Center. Phone and fax numbers remain the same: customer service, 464-4229, business office, 464-2820.

Submissions of fiction, poetry, memoir, and prose are being accepted for the 2007 Bruce Dearing Writing Award competition through March 12. The competition is open to all SUNY Upstate matriculated students, residents, employees, and faculty. Winners will be announced and awards will be presented at a

reception April 12. Student winners will receive a monetary award. Faculty/employee winners will receive a gift certificate. All submissions receive consideration in the Center for Bioethics and Humanities' journal, *The Healing Muse*. For more information, call 464-5404.

To improve the monthly reporting/processing of exception time for SUNY Upstate faculty and professional employees, IMT-AIS and Payroll have developed and will implement a new electronic monthly attendance record accessible from the Self-Serve online application. Each month, a group of selected departments will be trained and transitioned to the new time reporting mechanism until the rollout is complete (year-end 2007). Payroll will contact department supervisors to begin the process at the appropriate time. For questions regarding this project or the rollout process, call Tracy Minsterman at 464-4840.

A P P O I N T M E N T S

Dr. Loftus elected president of the Clerkship Directors in Internal Medicine



Tayloe Loftus, MD

Tayloe Loftus, MD, professor of internal medicine, begins her one-year term as president this month of the Clerkship Directors in Internal Medicine (CDIM), an organization representing teachers of internal medicine to medical students nationwide. Founded in 1989, CDIM participates in the development and dissemination of innovations for curriculum, evaluation and faculty development and encourages research and collaborative initiatives among medical educators. The organization has more than

350 members, representing more than 120 U.S. and Canadian medical schools.

In addition to teaching and clinical service, Loftus, who joined the SUNY Upstate faculty in 1991, has played a key role in faculty development and curriculum review in the College of Medicine, among other areas. Dr. Loftus has published numerous studies and articles on ways to improve medical education, specifically the medical student clerkship programs.

R O U N D S

Ran Anbar, MD, professor of pediatrics and division chief and director of Pediatric Pulmonary Medicine, has received two awards from the American Society of Clinical Hypnosis: the Josephine Hilgard Award for scientific excellence in writing on pediatric/adolescent uses of hypnosis; and the Award of Merit for his work as co-chair of the Education Committee and recognition for his significant contributions to the field of hypnosis as applied to the treatment of pediatric functional gastrointestinal disorders.

Dale Avers, DPT, PhD, has received the Geriatrics Distinguished Educator Award from the American Physical Therapy Association's (APTA) Section on Geriatrics. The award recognizes excellence in teaching geriatrics. Dr. Avers is assistant dean in the College of Health Professions and also serves as the college's assistant professor of physical therapy and director of the Transitional-Doctor of Physical Therapy education program.

Roy Guharoy, PharmD, director of Pharmacy Services and associate professor of medicine, published a commentary entitled "Missed Opportunity for Stem Cell Research" in the Jan. 15 issue of the *American Journal of Health System Pharmacy*. He also made eight presentations at the national meeting of the American Society of Health System Pharmacists Dec. 3 to 6 in Anaheim, Calif. Joining Dr. Guharoy in making the presentations were: **William Darko, PharmD**; **Adrienne Smith, PharmD**; **Bruce Stalder**; **James Zahra**; **Luke Probst, PharmD**; **Paul Lipinoga**; **Travis Boevin, PharmD**; **Sarabeth Baxter, PharmD**; **Kristyn Churmusi, PharmD**; and **Amu Gutowski, PharmD**. The meeting was attended by more than 18,000 pharmacists practicing in both academic and non-academic medical centers.

Dilip Kittur, MD, professor of surgery and chief of the General Surgery Section, has been invited to chair an National Institutes of Health (NIH) Peer Review Committee to review grants on kidney and pancreas transplants.

Priest Chaplain Fr. Ejike Innocent Onyenagubo has been awarded a scholarship by the Association of Clinical Pastoral Education's Eastern Region to attend the Racial Ethnic Multicultural Network Invitation, held Feb. 1 to 3 in Indianapolis. Fr. Innocent is completing his fourth unit of clinical pastoral education training at SUNY Upstate in preparation for national certification as a chaplain.

Rev. Louise Tallman Shepard, MTS, MED, CT, pediatric chaplain, was recently appointed to the Board of Directors of Sarah House, a not-for-profit agency that provides hospitality for families who live out of town and have a loved one in a local hospital.

Sudipta Tripathi, PhD, postdoctoral research fellow in the Department of Surgery, has been awarded a research grant of \$15,916 by the Rochester/Finger Lakes Eye and Tissue Bank for the study of the prevention of cyclosporin-A mediated chronic allograft rejection/vasculopathy.

Women in Academic Medicine is topic of Elizabeth Blackwell lecture Feb. 21

Diane Wara, MD, will present the Elizabeth Blackwell Day lecture, "Women in Academic Medicine—Past, Present, Future" Feb. 21, at noon in the Ninth Floor Auditorium in Weiskotten Hall. The lecture is free and open to the public. Dr. Wara is recognized for her commitment to improving the quality of life for women in academic medicine.

As past chair and a long-term member of the Chancellor's Advisory Committee on the Status of Women at the University of California at San Francisco (UCSF), Dr. Wara guided the passage of a number of faculty changes including a statewide University of California policy on child-bearing/child-rearing leave.

Dr. Wara is professor of pediatrics and chief of the Division of Pediatric Immunology/Rheumatology at UCSF. She is an expert on abnormalities of the immune system in children, has a primary interest in AIDS and has published extensively in these areas.

She is an established translational investigator and serves as UCSF program director of the Pediatric Clinical Research Center as well as UCSF director of the Glaser Pediatric

Research Network.

Nationally, she is immediate past chair of the NIH Recombinant DNA Advisory Committee and a member of the National Science Advisory Board for Biosecurity.

Dr. Wara has participated on other advisory committees including the NIH Study Section on Immunological Sciences (Chair 1987-1989), the NIH AIDS Research Advisory Committee, and the NIAID AIDS Program Advisory Committee.

She has received numerous honors including the Eleanor Roosevelt Cancer Fellowship from the American Cancer Society and election to the Institute of Medicine.

For more information about Elizabeth Blackwell Day lecture, e-mail carrollk@upstate.edu or talleura@upstate.edu.



Diane Wara, MD

NIH Grant—continued from page 1

actions. Haploinsufficiency occurs when an individual inherits only one good copy of a gene as opposed to the normal two copies. A resulting lowering in the amount of gene product can lead to human disease. For example, haploinsufficiency of "tumor suppressor" genes has been implicated in the development of certain cancers.

The advance reported in this new study from the Amberg lab is to measure the effects of being haploinsufficient for two different genes and how frequently such bigenic interactions compromise cell function.

To illustrate this new approach, the researchers examined nearly 5,000 haploinsufficient yeast strains to identify more than 200 genes that, in combination, cannot tolerate a reduction in gene copy number for the actin gene.

"We knew that actin was an important gene, but we were still surprised at the large number of haploinsufficient interactions we uncovered," Dr. Amberg said. "This test case suggests that similar interactions in complex organisms can have major influences on phenotypes such as the development and susceptibility to disease."

This paper is one of the first examples of a large-scale reverse genetic screen that specifically looks at haploinsufficiency, and it is expected that this kind of systemic analysis will be particularly useful in uncovering complex genetic interactions in other organisms, including the study of complex, human genetic disorders.

ProDisc-L Total Disc Replacement —continued from page 1

replacement with spinal fusion surgery for the treatment of discogenic pain at one or two adjacent vertebral levels between the lumbar (lower) and sacrum (tail bone) areas of the spine," said Dr. Fayyazi. "Findings demonstrated that patients who received the ProDisc-L implant had improvement in function comparable to patients who had fusion surgery when evaluated two years after surgery."

During both total disc replacement surgery and spinal fusion surgery, the pain-generating disc is removed. Both treatments are usually effective for relieving pain.

However spinal fusion surgery involves a bone graft, usually obtained from the patient's hipbone through a separate incision. After surgery, bone is supposed to grow between the two vertebrae, creating one solid piece of bone that does not allow for mobility.

ProDisc-L Total Disc Replacement surgery offers an alternative to rigid spinal fusion, eliminates the need to harvest bone graft from the hip, preserves intervertebral motion, and restores spinal stability.

"Because the patient avoids the pain and healing time associated with bone grafts, there is less risk for complications," said Dr. Fayyazi.

Patients undergoing the ProDisc-L Total Disc Replacement are placed under general anesthesia and lie on their back while the surgeon makes an abdominal incision (below the navel) of approximately three to five inches. The unhealthy disc is removed through the incision and replaced with the ProDisc-L implant. Patients should expect a hospital stay of at least a few days.

Physician referrals are preferred. For more information about ProDisc-L Total Disc Replacement, call 315-464-8623.



Photograph by Richard Whelsky

Members of the Research Enterprise Team met Jan. 29 to discuss recommendations to integrate into a strategic plan for enhancing excellence in collaboration and expansion of the research enterprise at SUNY Upstate.

From left: Barry Knox, PhD.; Ruth Weinstock, MD, PhD.; Priscilla Worral, RN, PhD.; and Steve DeFaio. Dr. Knox is chair of the Research Enterprise Team. Dr. Weinstock is the Team's vice-chair.



“Engaging Excellence” team meetings under way

SUNY Upstate Medical University President David R. Smith, MD, officially launched the teams for his Engaging Excellence initiative Jan. 22 to help build the university's strategic plan. Most of the 100 team members, along with the President's Executive Council, were charged by Dr. Smith to identify recommendations for SUNY Upstate's growth.

His address to team members is available in its entirety

on the Engaging Excellence website: <http://www.upstate.edu/president/intra/excellence/>.

Also available on the website are: membership listings of the five teams (Students, Faculty, the Clinical Enterprise, the Research Enterprise, and the Employer of Choice), charters, meeting schedules, the report on the environmental scan, and a “contact us” section to contribute your thoughts or ideas to this process.

This new interview-format radio show focuses on health and medical issues affecting Central New Yorkers. As with its parent, University Hospital's free HealthLink seminar series at ShoppingTown, *HealthLink On Air* was created to help Central New Yorkers become smarter health care consumers.

University Hospital's
HealthLink
 On Air

Tune in Sundays, 9 to 10 a.m. 570 WSYR-AM

IN THE NEWS



Dale Avers, DPT, PhD

Dale Avers, DPT, PhD, was quoted on the *Medical News Today* website on the role physical therapy will play in the recovery of former President George H.W. Bush who underwent hip replacement surgery.

Donna Bacchi, MD, was interviewed about the dangers of second-hand smoke by WSTM-TV 3.

Mark Clauss was quoted in a *Post-Standard* article about Charity for Children, a local nonprofit organization that financially assists families of chronically ill children.



James Knoll, MD

James Knoll, MD, was interviewed on W T V H - T V 5 regarding SUNY Upstate's forensic psychiatry program.



Sheila Lemke, MD

Sheila Lemke, MD, appeared on the WSYR-570 AM Jim Reith Show to discuss a SUNY Upstate clinical trial that will assess the effectiveness of meditation and relaxation techniques on the quality of life

of women undergoing chemotherapy treatment for breast cancer.

Patricia J. Numann, MD, was a guest on WSYR-TV NewsChannel 9's "With Steve on Sunday" program.

Karl Schindler and **Patricia Knox, MSN**, were quoted in a *Post-Standard* feature story regarding University Hospital's End-of-Life Companions program.

David R. Smith, MD, was quoted in the *Legislative Gazette* regarding the Berger Commission recommendation to privatize University Hospital.

The January issue of *Physicians Practice* magazine featured President **David R. Smith, MD**, and his first 120 day report; **Joan Pellegrino** and **Joseph Hoo** and the Inherited Metabolic Diseases Center; new Medicine faculty **Gustavo Camarano**, **Danish Siddiqui**, **Asma Arif**, **Ajeet Gajra**, **Ravi Ajmera**, **Matthew Glidden**, **Timothy Endy**, and **Shahzad Jokhio**; and spine surgeon **Richard Tallarico**. The February issue includes a two-page piece on autism featuring **Gregory Liptak** and **Carroll Grant**.

Study to assess benefit of support programs for breast cancer patients—continued from page 1

the study will be randomly assigned to one of two study groups. Some participants will enroll in the mind/body program, while others will be assigned to a support group program.

The mind/body program includes meditation, relaxation techniques, nutrition, movement, and journaling. Participants will have the opportunity to explore the relationship of their personal faith and belief systems to these mind/body practices.

The mind/body program does not include any religious instruction and does not advocate any particular religion or belief system.

The support group will provide health education, support, and opportunities to share experiences.

Both the support group and mind/body group can help people cope with difficult situations. Both groups will meet for 10 weeks and at six months from the date of the first meeting.

Many women use complementary and alternative treatments but there is much less published research on the

effectiveness of these treatments as compared to medications.

Research suggests that meditation and other mind/body interventions may reduce the stress response and improve immune function, as well as improve the quality of life.

What is not clear from prior research is how significant this effect would be in patients undergoing chemotherapy for breast cancer. Support groups and mind/body groups are both beneficial to many people with serious illness, in terms of helping them cope with difficult situations, Dr. Kaufmann said.

Both the support group and the mind/body program group will meet at SUNY Upstate's Institute for Human Performance, 505 Irving Ave. Free parking is available.



Lisa Kaufmann, MD

CONFERENCES, WORKSHOPS, SEMINARS

Free HealthLink Seminars are open to all. To register, call Health connections at 464-8668 or register via www.upstate.edu/healthlink.

To register for free Nursing Forums, call 800-464-8668 or visit www.universityhospital.org/healthlink.

To register for workshops, visit <http://www.upstate.edu/hr/training/form.shtml>

Feb. 7. 6 to 7 p.m. HealthLink, Shopping-Town Mall, DeWitt.

HealthLink Seminar. "Reduce Your Risk of Stroke" will discuss stroke symptoms, risk factors, types of strokes, treatments and ways to reduce risk.

Feb. 7. 6 to 7 p.m. North Syracuse Library, 100 Trolley Barn Lane, North Syracuse.

HealthLink Seminar. "Colonoscopy: Who Needs It and When" will provide an overview of the procedure, colon cancer screening protocol, virtual colonoscopy and barium enema testing.

Feb. 8. 9 to 11 a.m. 205 Jacobsen Hall.

Workshop. "Fundamentals of UUP Performance Management" reviews the purpose, process and timelines associated with developing UUP performance programs and performance evaluations in accordance with the Memorandum of Understanding (MOU).

Feb. 9. 8:30 a.m. to 3:30 p.m. 2231 Wsk. Hall.

Workshop. "Academic Integrity/Copyright Management" is the topic

of a workshop to be led by Kenneth Crews, JD, whose principal research interest has been the relationship of copyright law to the needs of higher education. Dr. Crews is the Samuel R. Rosen II Professor in the Indiana University (IU) School of Law-Indianapolis and in the IU School of Library and Information Science and director of the Copyright Management Center based at IU-Purdue University Indianapolis (IUPUI). His recent book, *Copyright Law for Librarians and Educators*, is an instructive overview of copyright law. For more information about the workshop, contact Barbara Ames at 464-4517.

Feb. 12. 6 to 7 p.m. Liverpool Library, 310 Tulip St., Liverpool.

HealthLink Seminar. "Diagnosis Detective: Confirming Your Doctor's Diagnosis" will review resources for confirming a diagnosis or finding possible alternatives to discuss with the physician.

Feb. 15. 9 to 11:30 a.m. 205 Jacobsen Hall.

Workshop. "What Every Supervisor Needs to Know About Employee Absences" will teach supervisors when and how employees request a leave of absence, the importance of understanding the Family and Medical Leave Act and how to report work-related injuries and illnesses.

Feb. 16. 9 a.m. to noon. 1328B University Hospital.

Workshop. "Crucial Confrontations: Tools for Resolving Broken Promises, Violated Expectations and Bad Behavior" will help participants learn to rapidly improve results and relationships by confronting broken promises, violated expectations, and bad behavior.

Feb. 20. 9 a.m. to noon. 1328B University Hospital.

Workshop. "If Disney Ran Your Hospital" will focus on the need to create customer experiences and reframing to think about customer perceptions. Department teams welcome.

Feb. 24. 8:30 a.m. to 1 p.m. HealthLink, ShoppingTown Mall, DeWitt.

HealthLink Seminar. "A Taste of Meditation" will teach and allow participants to practice four different meditation techniques.

Feb. 26. 6 to 7:30 p.m. HealthLink, ShoppingTown Mall, DeWitt.

HealthLink Seminar. "Mindful Eating: Jumping Off the Diet Treadmill" will provide an overview of this non-traditional approach to weight loss that helps participants learn what triggers eating and how to manage weight without dieting.

Feb. 27. Noon. 3105 Wsk. Hall.

Faculty Development Seminar. "Constructing Honest Clerkship Narratives." Lynn Cleary, MD, senior associate dean for education and interim dean for student affairs at SUNY Upstate Medical University will present this seminar which addresses narratives, stories that serve as an interpretation of some aspect of the world that is historically and culturally grounded and shaped by human personality (Walter Fisher). RSVP to Ellen Albino at AlbinoE@upstate.edu

Feb. 27. 6 to 7:30 p.m. HealthLink, ShoppingTown Mall, DeWitt.

HealthLink Seminar. "After Your Total Knee Replacement" is for individuals who are at least three months post total knee surgery. Participants will learn to improve physical mobility.

Upstate Update
Production Schedule

Issue: Mar. 7 to Mar. 21

Deadline: Feb. 19

Genesee Grande Hotel contributed \$40,000 to children's hospital

The Genesee Grande Hotel, a long-time strategic partner of Upstate Medical University Foundation, has pledged \$40,000 in cash and services to the Golisano Children's Hospital and SUNY Upstate Medical University.

The \$40,000 pledge includes a \$15,000 contribution to name a manager's office in the Golisano Children's Hospital, as well as \$25,000 in good and services to be used in connection with fundraising activities by the Upstate Medical University Foundation, such as hosting business meals, meetings and receptions for donors and prospective donors.

"We are extremely grateful to Norm Swanson and The Genesee Grande Hotel for their generous support of the Golisano Children's Hospital and Upstate Medical University," said Eileen Pezzi, SUNY Upstate's vice

president for development.

"This creative arrangement is indicative of Norm's entrepreneurial style and his deep commitment to Upstate Medical University and the broader Syracuse community. His gift enhances our ability to grow our relationship with donors while maintaining our track record of excellent stewardship of donor dollars."

Swanson, a local businessman who owns The Genesee Grande Hotel, was pleased to support the Golisano Children's Hospital.

"I am happy to be able to give back to the community and excited to be a part of something so significant for the city of Syracuse like the Golisano Children's Hospital."

The Genesee Grande Hotel has a long track record of community involvement including substantial

support for the Susan B. Komen Foundation and Syracuse University's Hospitality Program.

Upstate Medical University Foundation is the fundraising arm of Upstate Medical University including University Hospital and the Golisano Children's Hospital at University Hospital, which is expected to open in 2009.

The Golisano Children's Hospital will feature 70 private patient rooms with enough space for a pullout sofa or bed to accommodate parents who want to stay the night in their child's room. Additional amenities include separate family sleep quarters, pediatric meditation space age appropriate play areas and a family resource center. The Golisano Children's Hospital campaign has raised more than \$21 million dollars.

SAVE THE DATE:

Tuesday, March 13, 2007

**Syracuse Stage
820 East Genesee Street
Syracuse, NY**

On the Other Side of the Glass Ceiling:

Reflections on the Status of Women in Science & Academia



Donna E. Shalala, PhD

A free, full-day symposium hosted by SUNY Upstate Medical University and David R. Smith, MD, president. This inaugural event serves as a catalyst for the serious exploration of issues affecting women in science and academia.

Keynote Address: Donna E. Shalala, PhD, President, University of Miami, scholar, teacher, and administrator, former Secretary of Health and Human Services, and a graduate of the Maxwell School at Syracuse University.

Wednesday, Feb. 7

Otolaryngology Grand Rounds. 7 a.m. 6500 University Hospital.

Surgery Morbidity/Mortality Conference. 7 to 8 a.m. 2231 Wsk. Hall.

Anesthesiology Grand Rounds. 7 a.m. Wsk. Hall Auditorium.

Surgery Grand Rounds. "Current Treatment for Empyema with Special Emphasis on Bronchopleural Fistula." Geoffrey M. Graeber, MD, West Virginia Univer. School of Medicine. 8 to 9 a.m. 2231 Wsk. Hall.

Neuroscience Grand Rounds. "Psychogenic Non Epileptic Seizures: Traumatic Experience as a Risk Factor." Irina Kogan, MD, Upstate Medical University. 8 a.m. Marley Education Ctr.

Orthopedic Grand Rounds. "Negative Pressure Dressings in Orthopedic Trauma." James Paci, MD. 8 a.m. 6500 University Hospital.

Pediatric Grand Rounds. "Breathing is for the Birds." Lawrence Kurlandsky, MD, Upstate Medical University. 9:15 a.m. 6500 University Hospital.

*** Rev. Weez's Storytime.** Noon. Interfaith Chapel, University Hospital.

NIH Wednesday Afternoon Lecture Series. Ehud Shapiro, PhD. 3 p.m. 318 Health Sciences Library, Wsk. Hall.

Spiritual Care Grand Rounds. 4 to 5:15 p.m. 5299 Wsk. Hall.

Burn Survivors Support Group. 5 to 7 p.m. 6551 University Hospital.

Medical Alumni Phonathon. Dinner: 6 p.m. Calling 6:30 to 8:30 p.m. Third floor lobby, C.A.B.

HealthLink Seminar. "Reduce Your Risk of Stroke." Mike Allain, RN, CNRN, CCRN, Upstate Medical University. 6 to 7 p.m. HealthLink, ShoppingTown Mall, DeWitt.

HealthLink Seminar. "Colonoscopy: Who Needs It and When." Debra Malay, RN, BSN, Upstate Medical University. 6 to 7 p.m. North Syracuse Library, 100 Trolley Barn Lane, North Syracuse.

Thursday, Feb. 8

SUNY Upstate New Employee Orientation. 7 a.m. to 3:30 p.m. East Lounge, C.A.B.

Diversity Grand Rounds. "Doorway Thoughts: Cross Cultural Care for Older Adults with Focus on African American Elders." Sharon Brangman, MD, Upstate Medical University. 7:30 a.m. Ninth floor Dost Board Room, Wsk. Hall. An activity of Black History Month.

Medical Grand Rounds. "The Changing Nature of Medical Education: Transitions from Teaching Content to Teaching Process." Lynn Cleary, MD, and Vincent Frechette, MD, Upstate Medical University. 8:30 a.m. 1159 Wsk. Hall.

Workshop. "Fundamentals of UUP Performance Management." 9 to 11 a.m. 205 Jacobsen Hall.

Black History Month Workshop for High School Students. "1001 Black Inventions." 10 a.m. to noon. Nottingham High School, 3011 E. Genesee St., Syracuse.

Hot Topics in Research Seminar. "Research Trials and Tribulations: Common findings by the IRB and QAIP." Marti Benedict and Robin Cerro, Upstate Medical University. Lunch: 11:45 a.m. Presentation: noon. 318 Health Sciences Library. R.S.V.P. to gleasoly@upstate.edu. SoCRA credit available.

*** Weekly Devotions.** Noon. Interfaith Chapel, University Hospital.

Psychiatry Grand Rounds. "Palliative Medicine: A Biological, Psychological, Social and Spiritual Approach to Integrated End of Life Care." Panel: Rev. Terry Culbertson, Nanette Dowling, DO, Giampolo Huober, MD, Patricia Knox, MSN, Upstate Medical University. 12:30 to 2 p.m. PBS Bldg., 713 Harrison St.

Smoking Cessation Class. 2:30 p.m. 1106 University Hospital. E-mail caryc@upstate.edu for information.

Black History Month Play. "1001 Black Inventions." Pin Point Theatre. 7 p.m. alibrandi Catholic Center. 110 Walnut Place, Syracuse.

Medical Alumni Phonathon. See 2/7 listing.

Fifth Annual Father Daughter Valentine Ball. 6:30 to 8:30 p.m. Empire Room, NYS Fairgrounds.

Film. "Borat." R rating. 7:30 p.m. Ninth Floor Aud., Wsk. Hall. Admission: \$2 per person.

Friday, Feb. 9

SUNY Upstate New Employee Orientation. 7 a.m. to noon. East Lounge, C.A.B.

Obstetrics/Gynecology Grand Rounds. "Radiation Oncology: New Advancements." Seung Shin Hahn, MD, Upstate Medical University. 7:30 a.m. Marley Education Center.

Workshop. "Academic Integrity/Copyright Management." Kenneth Crews, JD, Indiana University. 8:30 a.m. to 3:30 p.m. 2231 Wsk. Hall.

Clinical Hands-On Practice Orientation (CHOP). Noon to 3:30 p.m. East Lounge, C.A.B.

*** Mass.** Noon. Interfaith Chapel, University Hospital.

Black History Month Lecture. "Baby Fat or Not: Obesity Among African American Youth." Denise Woodall-Ruff, MD, Upstate Medical University. 3 to 4 p.m. Medical Alumni Aud., Wsk. Hall.

Film. "Borat." See 2/8 listing.

Saturday, Feb. 10

*** Mass.** 4 p.m. Interfaith Chapel, University Hospital.

Film. "Borat." See 2/8 listing.

Sunday, Feb. 11

*** Mass.** Noon. Interfaith Chapel, University Hospital.

Monday, Feb. 12

*** Mass.** Noon. Interfaith Chapel, University Hospital.

Spiritual Fitness Group Meeting. 3:30 p.m. 2N, University Hospital.

HealthLink Seminar. "Diagnosis Detective: Confirming Your Doctor's Diagnosis." Trisha Torrey, Upstate Medical University. 6 to 7 p.m. Liverpool Library, 310 Tulip St., Liverpool.

Medical Alumni Phonathon. See 2/7 listing.

Tuesday, Feb. 13

Weight Watchers-At-Work Program. Weigh in: 11:30 a.m. to 1 p.m. Meeting: Noon. 5303 Wsk. Hall. Call 464-9017 for more information.

Workshop. "Finding Evidence-based Information." Noon to 1 p.m. 220 Health Sciences Library.

Vocera Training Class. 1 to 3 p.m. 6408 University Hospital.

Infectious Diseases

Conference. Waleed Javaid, MD, Upstate Medical University. 4 p.m. 304 Crouse Physicians Office Building.

Vascular Conference. "Dialysis Access II." Vivian Gahtan, MD, Upstate Medical University. 5 p.m. 8800 University Hospital.

Coffeehouse Series. Songwriter Brandon Health. 8 p.m. West Lounge, C.A.B.

Wednesday, Feb. 14

Otolaryngology Grand Rounds. William Azeredo, MD. 7 a.m. 6500 University Hospital.

Surgery Morbidity/Mortality Conference. 7 to 8 a.m. 2231 Wsk. Hall.

Anesthesiology Grand Rounds. 7 a.m. Wsk. Hall Auditorium.

WebCAIS/Groupwise Training Class (unlicensed). 7:30 a.m. to noon. Room D, Institute for Human Performance.

Surgery Grand Rounds. "How Obesity Went to Our Heads: Novel Aspects of the CNS Regulation of food Intake and Body Weight." Randy J. Seeley, PhD, University of Cincinnati College of Medicine. 8 to 9 a.m. 2231 Wsk. Hall.

Neuroscience Grand Rounds. 8 a.m. Marley Education Ctr.

Orthopedic Grand Rounds. "Meniscal Injuries of the Knee." Scott Schweizer, MD. 8 a.m. 6500 University Hospital.

Pediatric Grand Rounds. "Drinking Future Kool-Aid: A Byte of Technology to Come." Neal Seidberg, MD, Upstate Medical University. 9:15 a.m. 6500 University Hospital.

Emergency Medicine Grand Rounds. 10:30 a.m. 2231 Wsk. Hall.

*** Rev. Weez's Storytime.** See 2/7 listing.

Spiritual Care Grand Rounds. See 2/7 listing.

Thursday, Feb. 15

ATLS Student Refresher

Course. 7:30 a.m. to 1 p.m. 550 East Genesee St. Call 464-4773 for more information.

90-day Retention Program.

7:45 to 8:45 a.m. or 3:45 to 4:45 p.m. 7128 University Hospital.

Medical Grand Rounds.

"When the Discharge Plan Fails." Thomas H. Dennison, PhD, Syracuse University. 8:30 a.m. 1159 Wsk. Hall.

Workshop. "What Every Supervisor Needs to Know About Employee Absences." 9 to 11:30 a.m. 205 Jacobsen Hall.

Workshop. "Finding Great Health Information for Patients." Noon to 1 p.m. 220 Health Sciences Library.

* **Weekly Devotions.** See 2/8 listing.

Psychiatry Grand Rounds.

"Understanding the Neurobiological Basis of differential Response to ADHD Treatments." Jeffrey Newcorn, MD, Mount Sinai Hospital. 12:30 to 2 p.m. PBS Bldg., 713 Harrison St.

Smoking Cessation Class. See 2/8 listing.

Medical Alumni Phonathon. See 2/7 listing.

Film. "Casino Royale." PG-13. rating. 7:30 p.m. Ninth Floor Aud., Wsk. Hall. Admission: \$2 per person.

Friday, Feb. 16

ATLS Instructor Course. 7:30 a.m. to 5 p.m. 550 East Genesee St. Call 464-4773 for more information.

Obstetrics/Gynecology Grand Rounds.

"Sexual and Domestic Violence: An Update." Anne E. Galloway, RN, 7:30 a.m. Marley Education Center.

WebCAIS/Groupwise Training Class (Licensed). 7:30 a.m. to noon. Room D, Institute for Human Performance.

Workshop. "Crucial Confrontations: Tools for Resolving Broken Promises, Violated Expectations and Bad Behavior." 9 a.m. to noon. 1328b University Hospital.

* **Mass.** See 2/9 listing.

NeoSoul and Jazz Night. The "J" Project Band. 5:30 p.m. Lobby, C.A.B. Black History Month Activity.

Film. "Casino Royale." See 2/15 listing.

Saturday, Feb. 17

* **Mass.** See 2/10 listing.

Film. "Casino Royale." See 2/15 listing.

Sunday, Feb. 18

Film. "Happy Feet." PG rating. 2 p.m. Ninth Floor Aud., Wsk. Hall. Admission: \$2 per person.

* **Mass.** See 2/11 listing.

Monday, Feb. 19

* **Mass.** See 2/12 listing.

Spiritual Fitness Group Meeting. See 2/12 listing.

Tuesday, Feb. 20

Workshop. "If Disney Ran Your Hospital." 9 a.m. to noon. 1328b University Hospital.

Weight Watchers-At-Work Program. See 2/13 listing.

Workshop. "Refworks." Noon to 1 p.m. 220 Health Sciences Library.

Vascular Conference. "Case Presentations." 5 p.m. 8800 University Hospital.

Wednesday, Feb. 21

Ash Wednesday Mass and Distribution of Ashes. See "Campus Briefs."

Otolaryngology Grand Rounds. 7 a.m. 6500 University Hospital.

Anesthesiology Grand Rounds. 7 a.m. Wsk. Hall Auditorium.

Workshop. "Fun-damental Skills." 7:30 a.m. to 4 p.m. 1328b University Hospital.

Multidisciplinary Orientation (MDO). 8 to 10:15 a.m. East Lounge, C.A.B.

Neuroscience Grand Rounds. 8 a.m. Marley Education Ctr.

Orthopedic Grand Rounds. "Orthopedic Practice in a Developing Country—The Challenges." Ndidi Dagbue, MD. 8 a.m. 6500 University Hospital.

Pediatric Grand Rounds. "HIV Global and Domestic Perinatal Transmission, Strategies for Interruption and Early Diagnosis." Diana Ware, MD, University of California San Francisco School of Medicine. 9:15 a.m. 6500 University Hospital.

30-Day Retention Program. 10:30 a.m. to noon. East Lounge, C.A.B.

Elizabeth Blackwell Day Lecture. "Women in Academic Medicine—Past, Present, Future." Diane Wara, MD, UCSF. Noon. Ninth Floor Aud., Wsk. Hall.

* **Rev. Weez's Storytime.** See 2/7 listing.

NIH Wednesday Afternoon Lecture Series. Marc Caron, PhD. 3 p.m. 318 Health Sciences Library, Wsk. Hall.

Spiritual Care Grand Rounds. See 2/7 listing.

Thursday, Feb. 22

SUNY Upstate New Employee Orientation. 7 a.m. to 3:30 p.m. East Lounge, C.A.B.

Workshop. "Fun-damental Skills." See 2/21 listing.

Medical Grand Rounds. "Case Study." David Small, MD, University Internists. 8:30 a.m. 1159 Wsk. Hall.

AED/CPR Course for Non-clinical Staff. 9 a.m. 550 E. Genesee St. E-mail buttond@upstate.edu to register.

* **Weekly Devotions.** See 2/8 listing.

Psychiatry Grand Rounds. "Given: Clinical Realities and the Compelling Flow of Language." David V. Keith, MD, Upstate Medical University. 12:30 to 2 p.m. PBS Bldg., 713 Harrison St.

Smoking Cessation Class. See 2/8 listing.

Friday, Feb. 23

SUNY Upstate New Employee Orientation. 7 a.m. to noon. East Lounge, C.A.B.

Obstetrics/Gynecology Grand Rounds. "Legal Issues in Ob/Gyn." James D. Lantier, JD, Smith, Sovik, Kendrick & Sugnet, PC. 7:30 a.m. Marley Education Center.

Clinical Hands-On Practice Orientation (CHOP). See 2/9 listing.

* **Mass.** See 2/9 listing.

Comedy Performance. Amy Anderson. Happy Hour: 5:30 p.m. Performance: 6:15 p.m. C.A.B.

Saturday, Feb. 24

* **Mass.** See 2/10 listing.

HealthLink Seminar. "A Taste of Meditation." Lisa Kaufmann, MD, and Pauline Cecere, LCSW, Upstate Medical University. 8:30 a.m. to 1 p.m. HealthLink, ShoppingTown Mall, DeWitt.

Syracuse Area Black Nurses Association Health Fair. 10 a.m. to 2 p.m. Lower Level, Carousel Center. Black History Month Activity.

Student National Medical Association Dinner and Dance. 6 p.m. Lobby, C.A.B. Black History Month Activity.

Sunday, Feb. 25

* **Mass.** See 2/11 listing.

* Broadcast live from the Chapel on in-house Channel 40.

Watch SUNY Upstate's news program "Upstate Magazine" on Staff Ed TV Channel 62 or by visiting <http://www.upstate.edu/edcom/upstatemag>

SUNY Upstate Medical University Art Gallery

Jan. 15 through Feb. 15

Featured Artist:

Darrick Westervelt
Black and White Photography

Feb. 15 through March 15

Featured Artist:

Fred Gardner
Color, Black and White
Photography

Health Sciences Library
Weiskotten Hall

Free and open to the public



Photograph by William Mueller

Nicky Schmidt, NDT left, shows Amy Childers, PT, center, proper hand placement on the back of Jean Stewart, PT, right. The technique is used

to enhance postural control in adults who are recovering from brain injury. Childers and Stewart are SUNY Upstate physical therapists.

Helping brain-injured adults gain better motor function

Area physical and occupational therapy professionals learned neurodevelopmental techniques (NDT) to help in the recovery of adults with brain injury at a four-day continuing education course sponsored by the Department of Physical Medicine and Rehabilitation. The course was led by Nicky Schmidt, PT, an NDT-trained private practitioner who specializes in treatment

of adult and pediatric clients with diagnoses of stroke, brain injury and cerebral palsy. The techniques, which include skills to enhance postural control and limb stability, have been demonstrated to improve function of the upper extremities and independence with gait. The course was held at the Institute for Human Performance in December.



Note: Contact the Human Resources Department for address changes and corrections.

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Upstate Update is published by the Public and Media Relations Department at SUNY Upstate Medical University, Syracuse, NY. To submit news or calendar items, contact editor Doretta Royer, Fourth Floor, 250 Harrison Street, 464-4833; e-mail: royerd.

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