



# update

JANUARY 24 THROUGH FEBRUARY 7, 2007

## Donna Shalala, PhD, to lead symposium on women in academia March 13



Donna E. Shalala, PhD

Donna E. Shalala, PhD, president of the University of Miami and one of the leading figures in academia today, will present the keynote address at a symposium, “On the Other Side of the Glass Ceiling: Reflections on the Status of Women in Science and Academia,” March 13 at Syracuse Stage, 820 E. Genesee St., Syracuse.

The symposium, which is free and open to the public, is hosted by SUNY Upstate Medical University. Advanced registration is required. To register, call 1-888-384-8436.

“There are significant challenges to the success for women in academia and in science, and having a day set aside to identify markers for success

and ongoing challenges is vital to the community,” said Sara Grethlein, MD, a SUNY Upstate associate professor and associate dean for graduate medical education, who chairs the symposium planning committee.

Dr. Grethlein said Dr. Shalala’s presence at the symposium is timely and significant. Dr. Shalala served as chair of a panel that developed the recently released document titled “Beyond Bias & Barriers: The National Academy of Sciences Report on Women in Academic Science & Engineering.” The report noted that while women in the last 30 years have earned 30 percent of the doctoral degrees in behavioral and social

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## Hospital expands service to benefit uninsured and underinsured patients

University Hospital has expanded the scope, hours of operation and the number of locations of its Financial Assistance Program to reach a greater number of its uninsured and underinsured patients who may qualify for free or low-cost healthcare plans or for a possible reduction in their healthcare bills. The program is also available to patients who receive their care through University Hospital physician groups.

“University Hospital embraces its public mission to provide access to every child, man or woman who seeks medical care at our hospital, regardless of ability to pay,” said Veronica Amsterdam, director of the hospital’s

Patient Financial Services.

Amsterdam said that as part of that mission, the hospital’s Financial Resource Center provides patients who need health insurance or additional insurance coverage with free and confidential help in enrolling in government sponsored healthcare coverage programs, such as Child Health Plus, Family Health Plus, Medicaid and Medicaid managed care programs, if they qualify. Patients may also qualify for a reduction in their bills under the Financial Assistance Program; payment plans are also available.

“It always surprises us to learn that many of the patients who qualified for

these plans were unaware that these options were available to them,” said Amsterdam.

To alert more patients and in keeping with the intent of a new Charity Care regulation that requires hospitals to provide financial assistance to all eligible uninsured patients who request help, the hospital expanded the scope and hours of operation of its Financial Assistance Program, as well as increased the number of locations and facilitated enrollers.

Janice Harvey, administrator for the hospital’s Emergency Medicine physicians, led the effort after discussions with Mary Fedele,

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## CAMPUS BRIEFS

**If any campus operations are affected by inclement weather, announcements** will be made on the following media outlets: WSYR-570AM, B104.7, Y94FM, 93Q, WAER-FM88, WRVO 90FM, WKRT 920 AM (in Cortland), WSTM-TV3; WTVH-TV5; WSYR-TV Newschannel 9; and News10Now or you may contact Health Connections at 1-800-464-8668, press 1 to reach the Health Information Library, then dial 1- 1- 1- 2. A recorded message will alert you to any campus closures or disruptions. In addition, notification of any closures or disruptions in service or programming will be sent via Upstate Announcements. Departments that need to cancel programs open to the public, such as lectures and seminars, because of inclement weather should contact Public and Media Relations at 464-4836. Notices regarding these closures will be sent to the media outlets noted above.

**Margaret Tandoh, MD, of the Department of Surgery at SUNY Upstate,** will deliver the Sarah Loguen Fraser Day keynote address Jan. 25, at noon in the Ninth Floor Auditorium of Weiskotten Hall. The SUNY Upstate community is invited. Sarah Loguen Fraser Day was originally scheduled Jan. 29.

**The Upstate Medical University Faculty Guild will hold a Winter Cocktail Party** Jan. 28, from 5 to 8 p.m. at the home of Jorge and Patricia Torretti. Guild membership is open to spouses and family members of SUNY Upstate faculty and staff. R.S.V.P. to Sharon Sullivan at 682-6607 or e-mail [spnull@allnet.net](mailto:spnull@allnet.net). For membership information, call Judy Drucker at 445-9501 or e-mail [judydrucker53@yahoo.com](mailto:judydrucker53@yahoo.com).

**SUNY Upstate faculty, staff, students and alumni are needed to volunteer for**

the Medical Alumni phonathon Feb. 1, 7, 8, 12, 15 and 28. Dinner will be served at 6 p.m. in the third floor lobby of the C.A.B. Calling will be held from 6:30 to 8:30 p.m. To volunteer, visit the Alumni Office at 306 C.A.B. or call 464-4361.

**Songwriter Brandon Health will perform Feb. 13, at 8 p.m. in the West Lounge of the C.A.B.** as part of the Coffeehouse series, presented by the C.A.B. and the Campus Activities Governing Board (CAGB). Specialty coffees, dessert and the performance are free. For more information, call 464-5618.

**SUNY Upstate employees will join millions of Americans in celebrating National Go Red Day for Women** Feb. 2 to support women and their fight against heart disease. Men and women can participate in the celebration by wearing red that day and/or by contacting a SUNY Upstate Heart Walk team captain to donate \$5 for a Go Red pin. Proceeds will benefit American Heart Association research and outreach programs. For a list of team captains, visit [www.upstate.edu/events/heartwalk06.php](http://www.upstate.edu/events/heartwalk06.php) and click "team captain." For more information about Go Red Day, call Becky Cerio at 464-4845.

**Four seminars whose topics range from expressive writing and health to social justice in Syracuse** are included in the Spring 2007 series of seminars presented by the Center for Bioethics and Humanities. The seminars will be held at noon in Suite 406 Crouse Physician's Office Building, 725 Irving Avenue. Lunch will precede each seminar at 11:45 a.m. The seminars are: "Expressive Writing and Health: Write Two Essays and Call Me in the Morning" led by SUNY Upstate Professor Paula Trief, PhD, (Feb. 2); "The Inner Life of Healthcare Providers: Towards a More Humane Profession for Patient and Doctor" led by SUNY Upstate Clinical Associate

Professor Deborah Bradshaw, MD, (March 2); "Poetry Reading" by Rafael Campo, MD, of Healthcare Associates, Beth Israel Deaconess Medical Center (April 12); and "Infant Mortality, Poverty, Racial Disparity in Syracuse: Let's Talk about Social Justice" led by SUNY Upstate Research Professor Sandra Lane, PhD, MPH. Individuals who request lunch should R.S.V.P. to Jan Dahl at 464-8464 or e-mail [dahlj@upstate.edu](mailto:dahlj@upstate.edu).

**The 5th Annual Father Daughter Valentine Ball will be held Feb. 8, from 6:30 to 8:30 p.m.** in the Empire Room of the New York State Fairgrounds. Proceeds will benefit the Pediatric Spiritual Care Program at the Golisano Children's Hospital at University Hospital. The event, open to girls aged 3 years and up and their fathers or special men in their lives (sorry, no mothers please), will include dancing, light refreshments and a silent auction. Dress includes party attire for girls and business formal (tuxedo optional) for men. Advanced registration is required. Registration forms must be mailed. Reservations will not be accepted by telephone. The event is presented by Eastside Vineyard Church. To receive a registration form, call 682-8887.

**Registration is being accepted for SUNY Upstate's On My Own Time Art Show.** All forms of art will be accepted. To register or for more information, call Lori Lucarelli at 464-2750.

**Invitations to Commencement 2007 will be mailed to SUNY Upstate faculty** this month. Faculty members who do not receive an invitation, but who would like to attend, should contact the Office of Student Affairs at 464-8816. Academic attire must be worn to participate. To order attire, contact Student Affairs by March 15. Commencement will be held May 20 at 1 p.m. in the John H. Mulroy Civic

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## A P P O I N T M E N T S

**Christine E. Fuller, MD, named associate professor of pathology**

Christine E. Fuller, MD, has been appointed associate professor and director of neuropathology for the Department of Pathology, effective Feb. 5. Dr. Fuller also will serve as associate director of the Anatomic Pathology Molecular and Special Procedures Laboratory.

Dr. Fuller graduated *magna cum laude* from Syracuse University in 1991 and earned her medical degree from SUNY Upstate Medical University in 1995. She completed her residency in anatomic and clinical pathology at University Hospital followed by fellowships in surgical pathology and neuropathology at Washington University in St. Louis. She then held a faculty position in the Department of

Pathology at St. Jude Children's Research Hospital in Memphis, Tennessee from 2002 to 2006. Most recently, she was an attending pathologist at William Beaumont Hospital, Royal Oak, Mich.

Dr. Fuller is board certified in anatomic and clinical pathology and in neuropathology. She will provide professional pathology services in the areas of neuropathology including muscle and nerve biopsies, molecular pathology and surgical pathology.

Her research interests are primarily focused on the molecular pathology of neurological tumors. She has published more than 40 abstracts, 53 manuscripts, and several review articles.



Christine E. Fuller, MD,

**Campus Briefs**—continued from page 2

Center. All faculty are encouraged to attend the event.

**Members of the State Retirement System who are making 414 (h)** retirement contributions must add the contributions to the Federal adjusted gross income on the New York State Personal Income Tax return. The amount contributed in 2006 will be shown in Box 14 on the W-2 Statement and should be included on: Line 13 of Form IT-150 NYS Resident Income Tax Return (short form) or Line 21 of Form IT-201 NYS Resident Income Tax Return (long form) or Line 21 of Form IT-203 NYS Nonresident/Part-Year Resident Income Tax Return. Any tax preparation software used must perform this calculation. Failure to add this amount to the Federal adjusted gross income can result in additional payments and interest due. For more information, contact the New York state Department of Taxation and Finance at 1-800-225-5829.

**Advocates for Upstate Medical University is sponsoring a Valentine's Day** chocolate sale with Sweet on Chocolate of Syracuse to benefit the Advocates' Grant Funding Program. Deadline for orders is Feb. 2. Pick-up is scheduled Feb. 13 in 1401 University Hospital. Prices include: silver gift box of four truffles, \$6; silver gift box of six truffles, \$8; heart shaped box made of chocolate and including nine truffles, \$27. Orders are available in milk or dark chocolate, or mixed. To order, e-mail [advocate@upstate.edu](mailto:advocate@upstate.edu) or call 464 5610.

**Beginning Feb. 1 Advocates for Upstate Medical University will accept** applications for grant funding for the 2007-2008 year. SUNY Upstate affiliated departments and programs will be considered as long as the program relates to patient care. Deadline for submission is March 2. Applications and guidelines will be posted on the SUNY Upstate webpage [www.upstate.edu](http://www.upstate.edu). Call Jennifer Damiano at 464-5610 or via email [damianoj@upstate.edu](mailto:damianoj@upstate.edu) with questions.

**SUNY UPSTATE MEDICAL UNIVERSITY ART GALLERY**

*Jan. 15 through Feb. 15*

*Featured Artists:*

**Darrick Westervelt**

Black and White  
Photography

**Fred Gardner**

Color, black and white  
Photography

**Health Sciences Library**

*Free and open to the public*

## End-of-life Companions program ensure that no one dies alone

A new program at University Hospital hopes to ensure that no one dies alone.

End-of-life companions puts a specially trained volunteer at the bedside of a dying patient when family or other loved ones cannot be present for the final goodbye.

“When no one else can be there, we will,” said Pat Knox, RN, University Hospital’s palliative care coordinator, who directs the program.

Despite the talents of medical professionals, death does occur in hospitals everyday. “Death is a part of life,” said Knox. “We want to ensure that as a hospital we are there for the patient, no matter what.”

As the region’s Level 1 Trauma Center and as a facility that undertakes some of most complex medical cases, University Hospital attracts patients from throughout a 17-county area. Some families may have to travel several hours to get to the hospital.

“Dying alone does happen,” Knox said. “It’s not always possible for family to get to the bedside in time for the last goodbye. In some cases, patients have no families, and they are truly alone.”

For these patients, University Hospital has developed a new program, called End-of-life Companions. When death is imminent—expected to occur within the next 24 to 48 hours—an End-of-life Companion is requested and can be at the bedside often within an hour. A special call list notes each companion’s availability and the time it takes for them to get to the hospital.

Once at the hospital, the companion meets with the patient’s nurse to be briefed on any special ethnic, spiritual, religious needs or requests. The companion will then take his or her place at the bedside and remain there until family arrives or death occurs. Companions volunteer in four-hour shifts. If a companion is needed beyond the four-hour assignment, another companion will be contacted to take up the bedside



Photograph by William Mueller

Pat Knox, left, University Hospital palliative care coordinator, discusses the End-of-life Companions program with program volunteers, from left, Pamela Keys, Daisy Allmann, Donna Stoner and Karl Schindler.

presence.

During this time, hospital clergy, nurses and physicians will come and go to treat the patient as needed, such as administering pain medication, but the end of life companion will remain at the bedside.

“We’re there with that patient to do whatever we can for them,” Knox said of the companions’ role in the final hours of life. “If patients want to talk, we’ll listen. We’ll hold a hand or provide a sip of water. We’ll play comforting music or read for them. Most importantly, we’ll let them know that they are not alone.”

The program, which began Dec. 18, has attracted 31 volunteers from all segments of the SUNY Medical University community. There are nurses, administrative assistants, administrators, computer technology personnel and students. Knox said the volunteer training tries to prepare companions as best as possible for what death will look like and what emotions to expect.

For some volunteers, this will be a new experience, for others, not so new.

Darlene Noyes, a former registered nurse who now serves as the institutional compliance officer for hospital affairs, recalls being at the bedside of a dying patient. “It is a privilege to be with someone as they depart from this world to the next,” she said. “For the family, patient and the companion, this program will provide comfort for all.”

The impetus for the program came from a medical student who heard that a patient had died with no one in the room. Hoping to find a way to prevent that, the student sought out Knox, a specialist in palliative care. Together they developed a tentative plan that was supported by administrators.

Knox said that most people have two wishes in death: that they not feel pain and that they not die alone. “With our medical staff and now our End-of-life Companions, we’ll make sure a patient’s final wishes are granted.”

The End-of-life Companion Program is supported by SUNY Upstate’s Volunteer Initiatives Office.

## R O U N D S

**Janina K. Casper, PhD**, professor emerita in the Department of Otolaryngology and Communication Sciences, is the recipient of the 2006 Frank R. Kleffner Lifetime Clinical Career Award presented by the American Speech-Language Hearing Foundation. The award recognizes Dr. Casper for her lifetime contributions as a clinician and clinical instructor, author, mentor, and lecturer in the area of medical speech-language pathology for more than five decades.

**Ruth McKay, MA, LMFT**, medical family therapist for the Center for Children's Cancer and Blood Disorders, received the Community Partnership Award from Hospice of Central New York at the Hospice annual meeting Nov. 9. McKay voluntarily provides clinical supervision to graduate students in the Syracuse University Marriage and Family Therapy program who intern at Hospice's Center for Living with Loss. University Hospital was also acknowledged for supporting McKay

in this effort.

**Transplant Services** has received the status of a Medicare Certified program in good standing following a successful audit by the Onondaga County Health Department which resulted in no negative findings. "The success of the audit was due to the dedication of the departments and everyone who participate in the care of our transplant patients," said Ann Roman, RN.

## I N T H E N E W S

The January issue of the journal *Genes and Development* features a paper by **David Amberg, PhD**, that notes the development of a large scale CHI screen that is expected to allow the kind of systemic analysis particularly useful in uncovering complex genetic interactions in other organisms, including the study of human genetic disorders.

**Linda Cico, NP**, and **Carol Dawson, NP**, were profiled in an *In Good Health* article that provided an overview of the role nurse practitioners play in the hospital setting.

**Joseph Domachowske, MD**, was interviewed by News10Now regarding children receiving flu shots.

**Wanda Fremont, PhD**, was quoted in a *Post-Standard* article about a \$200,000 state grant to support SUNY Upstate's child psychiatry outreach program.

**Sara Grethlein, MD**, was quoted in a *Post-Standard* article about the upcoming Donna Shalala, PhD, keynote address at a women in science and academe symposium, sponsored by SUNY Upstate.

**Leonard Hurteau, RN, MSN, FNP**, was quoted in a *Post-Standard* article

about the VeinViewer, a new device that makes it easier for healthcare professionals to draw blood or put in an IV, that is now in use at University Hospital.

**Lisa Kaufmann, MD**, was quoted in a *Post-Standard* article about her study that assesses the benefit of meditation, journaling and support groups have on the life quality of women undergoing chemotherapy treatment for breast cancer.

**Charles Lutz, MD**, was quoted in an ABCNews.com report regarding an operation on Dr. Michael DeBakey, the pioneering cardiovascular surgeon.

**John McCabe, MD**, was quoted in a *Post Standard* article on overcrowding at area emergency rooms.

**Jamie Nelson** was a source for a *Post-Standard* article on how champagne affects the body.

**Terry Podolak, RD**, was interviewed by WSTM-TV3 on trans fats and the move by restaurants to rid them from the food preparation process.

**Phillip Schaengold, JD, MBA**, and **Dan Hurley** were guests on WSYR-570AM's "Ask the Experts" program, discussing the impact of the Berger

Commission's recommendations on SUNY Upstate Medical University.

**Thomas Schwartz, MD**, was quoted in a *Post-Standard* article about winter weather and its affect on people's moods.

**Jaclyn Sisskind** was quoted in a *Post-Standard* article about the volunteer efforts of a group of SUNY Upstate medical students who prepare meals on a regular basis at the Ronald McDonald House. Also noted in the story is **David Beach, PhD**, who donated a homemade baklava.

**Bruce Simmons, MD**, was interviewed by WSTM-TV3 regarding SUNY Upstate's smoking cessation program as part of the station's coverage of New Year's resolutions.

**David R. Smith, MD**, was interviewed by WSYR-TV NewsChannel 9 and WSYR-570AM regarding the State Legislature's decision not to bring the Berger Commission report to a vote. Dr. Smith's announcement of SUNY Upstate's initiative to hire 46 additional faculty appeared in numerous publications across the state, including the *Journal* (Ogdensburg), *Palladium-Times* (Oswego) and the *Evening Times* (Little Falls). Coverage of a visit by Dr.

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State University of New York  
Upstate Medical University

# Black History

## Month Activities & Events 2007

### Thurs., February 1

4:30 to 6:00 p.m.  
Campus Activities Building (CAB) Lobby  
**Opening Ceremony & Dinner**

Welcome by Ronald Young, MBA, Vice President, Public & Governmental Affairs, SUNY Upstate Medical University

Greetings from the Honorable Matthew Driscoll, Mayor, City of Syracuse

Remarks by Maxine Thompson, MSW, LCSW, Director, Diversity & Affirmative Action, SUNY Upstate Medical University and Linda Littlejohn, Associate Vice President, Office of Engagement Initiatives, Syracuse University

Prayer & Blessing, Elder James Rudisell

Life Experience Poetry by Omanii Abdullah

Gospel hip-hop Rap by "Minix"

African American Traditional dinner by Omanii's Lemonade Heaven

### Fri., February 2

5:00 p.m.  
Campus Activities Building (CAB) Lobby  
**Family Night**

New Morning Star MBC Puppet Ministries Puppet Show and Storytelling in the African and African American Traditions by Katherine Nellons and Ifetayo Nellons

### Partners of the Heart

Shown throughout the month on SUNY Upstate's Staff/Patient TV  
This 60-minute documentary is about a Black genius, a White surgeon, a blue baby, and a miracle.

For more health information and resources from the Health Sciences

Library, check out:

[www.upstate.edu/library/special/african\\_american.php](http://www.upstate.edu/library/special/african_american.php)

### Thurs., February 8

7:30 a.m.  
Doust Boardroom, 9th Floor,  
Weiskotten Hall, 766 Irving Ave.  
**Doorway Thoughts:**

**Cross-Cultural Care of Older Adults with a focus on African American Elders**

Sharon A. Brangman MD, Chief of Geriatrics, Dept. of Medicine; Director, CNY Alzheimer's Disease Assistance Center; Professor of Medicine, SUNY Upstate Medical University

10:00 a.m. to noon  
Nottingham High School Auditorium,  
3100 E. Genesee St., Syracuse  
**1001 Black Inventions:  
A Workshop**

for high school students

Conducted by Pin Points Theatre of Washington, D.C.

7:00 p.m.  
Alibrandi Catholic Center, 110 Walnut Pl.,  
(at Adams St., SU campus)  
**A Play**

Go into the 'Twilight Zone' and attempt to survive in a world without inventions created by Africans and African Americans. Coordinated in collaboration with Syracuse University and the Syracuse City School District. Sponsored by CNY Community Foundation and the Rosamond Gifford Foundation.

### Fri., February 9

3:00 to 4:00 p.m.  
Alumni Auditorium, Weiskotten Hall  
**Baby Fat or Not:**  
**Obesity Among African American Youth**

Denise Woodall-Ruff MD, Assistant Professor of Pediatrics; Director, Children's Center for Nutrition and Exercise, SUNY Upstate

### Fri., February 16

5:30 p.m.  
Campus Activities Building (CAB) Lobby  
**NeoSoul and Jazz Night**

The "J" Project Band

### Sat., February 24

10:00 a.m. to 2:00 p.m.  
Carousel Mall, lower level  
**Syracuse Area Black Nurses Association (SABNA) Health Fair**

6:00 p.m.  
Campus Activities Building (CAB) Lobby  
**Student National Medical Association Dinner & Dance**

Statements of recognition about the contributions of African Americans to the field of Medicine by SNMA members and guests.

For More Info: 464-5234

All events are free and open to the public.

Made possible by the Black History Month Planning Committee and the organizations below.



# Everyone is welcome.

**Women's Symposium**—continued from page 1

sciences and 20 percent of the doctoral degrees in the life sciences, there are still few serving as full professors. Virtually absent from this rank are women from minority groups. The report noted that a lack of women in science and engineering was an "underuse of precious human capital." The report recommended that changes be made to tenure and promotion tracking systems and that more support be provided to working families, among other suggestions.

While Dr. Shalala's presentation will provide a national take on the issue of women in science and academic, a panel of women presidents and chancellors from area colleges and universities will provide the local analysis and observation. Panelists will include Nancy Cantor, PhD, of Syracuse University; Rebecca S. Chopp, PhD, of Colgate University; Lois B. DeFleur, PhD, of Binghamton University; Deborah F. Stanley, PhD, of SUNY Oswego; and Debbie L. Sydow, PhD, of Onondaga Community

College. In addition to the presidential panel, the daylong symposium will feature presentations by SUNY Upstate faculty, students and staff members on various issues pertaining to career paths, leadership and respect.

Dr. Shalala's visit to Syracuse will mark a homecoming of sorts. She earned a doctorate from Syracuse University's Maxwell School of Citizenship and Public Affairs. She has held tenured professorships at Columbia University, the City University of New York (CUNY), and the University of Wisconsin—Madison. She served as president of Hunter College of CUNY from 1980 to 1987 and as chancellor of the University of Wisconsin—Madison from 1987 to 1993.

In 1993, President Bill Clinton appointed her U.S. secretary of health and human services (HHS), where she served for eight years, becoming the longest serving HHS Secretary in U.S. history. She also served in the Carter Administration as assistant secretary

for policy development and research at the U.S. Department of Housing and Urban Development.

She became president of the University of Miami June 1, 2001.

Among Dr. Shalala's numerous awards and accolades is her selection as one of "America's Best Leaders" by *U.S. News and World Report* and the Center for Public Leadership at Harvard University's Kennedy School of Government.

The symposium begins with registration at 8 a.m. and ends at 4:45 p.m. A continental breakfast, lunch and reception will be available to all attendees.

The SUNY Upstate symposium will be an annual event, covering a variety of timely and provocative topics. Funding to launch this initiative was provided by SUNY Upstate President David R. Smith, MD, who has declined a traditional inaugural celebration of his presidency to fund the symposium.

**In the News**—continued from page 5

Smith to the north country to meet with area university, hospital leaders and state legislators was covered in the *Watertown Daily Times*, the *Daily Courier and Observer* in Potsdam and the *Ogdensburg Journal*. Dr. Smith also appeared in the January issue of *WCNY's Preview* magazine discussing his plans for SUNY Upstate, the Berger Commission, the university's outreach into the community and his desire to increase enrollment.

*The Central New York Business Journal* rated **SUNY Upstate** and downtown development as the publication's top stories for 2006.

**Paula Trief, PhD**, was quoted in the February issue of *Diabetes Forecast* on how a supportive spouse can benefit one's management of diabetes.

**Thomas Welch, MD**, provided an update on the Golisano Children's Hospital project and answered questions about how the children's hospital will impact care at University Hospital in an *In Good Health* article.

**Ruth Weinstock, MD, PhD**, was interviewed by *WSTM-TV 3*, *WTVH-TV5*, *NEWS10NOW* and *WSYR-570AM* regarding the increased incidence of stroke, diabetes and heart disease in younger patients. **Lewis Johnson, MD**, also discussed the same topic on *WSTM-TV's Today Show*.

**University Hospital** was the only local hospital asked to participate in the *Post-Standard's* "Renovate Your Plate" project. The newspaper is following a handful of Central New Yorkers who are seeking to change their dietary habits. **Dietician Terry Podolak** is providing the support.

*Upstate Update*  
Production Schedule

**Issue:**

Feb. 21 to March 7

**Deadline:**

Feb. 5

**Issue:**

March 7 to March  
21

**Deadline:**

Feb. 19

## Securing and protecting information in user-developed systems

In December 2005 New York state passed a law regarding notification to affected individuals when the security of their electronic information has been compromised or when there is reasonable basis to believe that the information has or could be compromised. In addition, the HIPAA Security rule specifically defines requirements to ensure the confidentiality, integrity, and availability of electronic patient health information that entities create, receive, maintain, or transmit.

For user-developed systems containing patient information, such as Microsoft Access, Microsoft Excel, and Filemaker Pro, data must be protected in accordance with these regulations, policies, and procedures. User-developed systems are advantageous tools to assist with data analysis,

manipulation, and reporting, however the risks associated with inappropriate access to this information can cause a significant exposure for SUNY Upstate and the patient.

To limit the security risks associated with these systems, consideration should be given to the following options:

**Novell shared drive:** specific individuals in the department only should have access to this drive,

**Start-up options:** develop a form that opens automatically to protect direct access to tables, queries, reports, and forms,

**Password security:** establish a password to open the database or spreadsheet,

**User-level security:** develop a user access table that establishes a user ID and password and defines access each

user has to tables, queries, reports and forms,

**Limited access security:** when a system is being used by only one individual, it should be located on a Novell user drive (U:), to secure and protect information.

These options that provide further protection and more secure-user developed information should be evaluated and tested appropriately before implementation.

For questions about the options, the security of a user-developed system, or a concern about a possible compromise of a user-based system, contact Shawn O'Reilly at 464-4093 or oreillys@upstate.edu.



### Hospital expands service—continued from page 1

administrator of Radiology and Tom Donovan, chief financial officer of University Hospital, about the increasing numbers of uninsured patients. Harvey noted that 53,000 people are treated in University Hospital's pediatric and adult emergency rooms each year. "Approximately 10 percent of that population are self-payers," said Harvey. "Although the Emergency Department sees all patients regardless of ability to pay, we knew that among this population many would qualify for free or low-cost healthcare plans, leading to greater continuity within the healthcare system and a better quality of life for the patients."

Harvey organized a group of physician staff, hospital staff, and insurers, to explore options. "We wanted to see how we could help those individuals or families who qualified for these plans," she said.

Three area health insurance companies—Fidelis, Total Care and

United Healthcare—agreed to lend the hospital the services of facilitated enrollers free of charge as part of the insurance companies' mission of provision of services to low income people. "These representatives will not only provide information about their company plans, but will also be available to discuss other plans as well," Harvey said. "Our goal is to match the patient with a plan that best fits their needs, including plans in which their physicians participate."

Facilitated enrollers are available for free consultations, upon appointment or referral as follows:

- University Health Care Center, 90 Presidential Plaza, Syracuse, Monday through Friday, from 9 a.m. to noon and 1 p.m. to 4 p.m. at the first floor Patient Registration Desk

- University Hospital, 750 East Adams St., Syracuse, Mondays and Wednesdays, from 9 a.m. to noon and 1 to 4 p.m. and Tuesdays and Thursdays, from noon to 4 p.m. and 5

to 7 p.m. at the first floor Patient Registration Desk.

Walk-in patients who qualify for the service are also welcome.

Patients need to have bills from University Hospital or hospital associated physicians groups. Patients who qualify for the service must provide required documentation and a University Hospital or physician's group bill, if referred to the service.

To alert University Hospital patients about the service, flyers are displayed throughout the hospital and physician patient areas and satellite sites. Information about the service also is included in each patient's billing statement. "We are also referring patients who qualify for the service during the registration or discharge process," Harvey said.

For more information about the service or to make an appointment, call 464-2778 or e-mail needhelp@upstate.edu.

## C O N F E R E N C E S , W O R K S H O P S , S E M I N A R S

Free HealthLink Seminars are open to all. To register, call Health connections at 464-8668 or register via [www.upstate.edu/healthlink](http://www.upstate.edu/healthlink). To register for free Nursing Forums, call 800-464-8668 or visit [www.universityhospital.org/healthlink](http://www.universityhospital.org/healthlink). To register for workshops, visit <http://www.upstate.edu/hr/training/form.shtml>

**Jan. 24. 10 to 11 a.m. 1541 University Hospital.**

Workshop. "Computer Skills for PSLs," open to any level of computer ability, will teach GroupWise, Microsoft Word, and Internet skills. PSL's have first consideration, but all are welcome. Evening classes can be arranged, call Lauren Brady at 464-4407.

**Jan. 25. 9 to 11 a.m. 205 Jacobsen Hall.**

Workshop. "Press-Ganey Patient Satisfaction Measurement Overview" will discuss how SUNY Upstate Medical University measures patient satisfaction, such as through surveys, patient satisfaction reports and quality improvement.

**Jan. 25. Noon. 2231 Wsk. Hall.**

Seminar. "Does Dioxin Make You More Susceptible to Influenza Virus?" B. Paige Lawrence, PhD, associate professor of environmental medicine at the University of Rochester School of Medicine and Dentistry, will lead the discussion. Sponsored by the Department of Microbiology and Immunology. For more information, contact Allen Silverstone, PhD, at 464-5871.

**Jan. 25. 6 to 7 p.m. HealthLink, ShoppingTown Mall, DeWitt.**

HealthLink Seminar. "So, You Want to Begin Exercising? Now What?" will teach the benefits of exercise and ways to exercise to reap the greatest rewards. Practical suggestions and specific exercises will be demonstrated and practiced.

**Jan. 29. 6 to 8 p.m. Sheraton Syracuse University Hotel and Conference Center.**

Conference. "Everything a Nurse Needs to Know About HIV But Was Afraid to Ask." Presented by the CNY

Chapter of the Association of Nurses in AIDS Care. The conference will include presentations and a round table discussion led by a panel of experts. Topics will include testing, symptoms, needle sticks, children and teens with AIDS/HIV and treatments. CEU accredited. No charge for nurses, nursing students and other health care professionals. A meal will be provided. E-mail [napierkm@upstate.edu](mailto:napierkm@upstate.edu) or call Melissa at 464-7313 for more information.

**Jan. 31. 6 to 7 p.m. Liverpool Library, Tulip Street, Liverpool.**

HealthLink Seminar. "Common Thyroid Disorders" will offer an overview and general descriptions and treatments of thyroid disorders such as hypothyroidism, hyperthyroidism and thyroid nodules.

**Feb. 1. 9 to 11 a.m. 205 Jacobsen Hall.**

Workshop. "A Guide to Obtaining Great Employees" will enable anyone who will be interviewing candidates for positions to effectively plan and carry out emotional intelligence/behavioral interviews that will provide the most accurate information on which to base a hiring decision.

**Feb. 6. 8:30 a.m. to 4:30 p.m. 1328B University Hospital.**

Workshop. "The Emotionally Intelligent Leader" session is for managers and directors who want to take their leadership to new heights and includes an assessment and debriefing session.

**Feb. 8. 9 to 11 a.m. 205 Jacobsen Hall.**

Workshop. "Fundamentals of UUP Performance Management" reviews the purpose, process and timelines associated with developing UUP performance programs and

performance evaluations in accordance with the Memorandum of Understanding (MOU).

**Feb. 9. 8:30 a.m. to 3:30 p.m. 2231 Wsk. Hall.**

Workshop. Academic integrity/copyright management is the topic of a workshop to be led by Kenneth Crews, JD, whose principal research interest has been the relationship of copyright law to the needs of higher education. Dr. Crews is the Samuel R. Rosen II Professor in the Indiana University (IU) School of Law-Indianapolis and in the IU School of Library and Information Science and director of the Copyright Management Center based at IU-Purdue University Indianapolis (IUPUI). His recent book, Copyright Law for Librarians and Educators, is an instructive overview of copyright law. For more information about the workshop, contact Barbara Ames at 464-4517.

**Feb. 15. 9 to 11:30 a.m. 205 Jacobsen Hall.**

Workshop. "What Every Supervisor Needs to Know About Employee Absences" will teach supervisors when and how employees request a leave of absence, the importance of understanding the Family and Medical Leave Act and how to report work-related injuries and illnesses.

**Feb. 16. 9 a.m. to noon. 1328B University Hospital.**

Workshop. "Crucial Confrontations: Tools for Resolving Broken Promises, Violated Expectations and Bad Behavior" will help participants learn to rapidly improve results and relationships by confronting broken promises, violated expectations and bad behavior.

## Wednesday, Jan. 24

**Otolaryngology Grand Rounds.** Brian Park, MD. 7 a.m. 6500 University Hospital.

**Surgery Morbidity/Mortality Conference.** 7 to 8 a.m. 2231 Wsk. Hall.

**Anesthesiology Grand Rounds.** 7 a.m. Wsk. Hall Auditorium.

**Multidisciplinary Orientation (MDO).** 8 to 10:15 a.m. East Lounge, C.A.B.

**Surgery Grand Rounds.** "Endovascular Aortic Therapy." Gregory Fink, MD, Upstate Medical University and "Robotic Cardiac Surgery." Charles Lutz, MD, Upstate Medical University. 8 to 9 a.m. 2231 Wsk. Hall.

**Neuroscience Grand Rounds.** "Diffusion MRI: Clinical Use in Acute Stroke and Beyond." Romer Mosquera, MD, Upstate Medical University. 8 a.m. Marley Education Ctr.

**Orthopedic Grand Rounds.** "The Effects of Radiation on Bone." Matthew Allen, MD. 8 a.m. 6500 University Hospital.

**Pediatric Grand Rounds.** "Drinking Future Kool-Aid: A Byte of Technology to Come." Neal Seidberg, MD, Upstate Medical University. 9:15 a.m. 6500 University Hospital.

**Workshop.** "Computer Skills for PSLs." 10 to 11 a.m. 1541 University Hospital.

**30-Day Retention Program.** 10:30 a.m. to noon. East Lounge, C.A.B.

**\*Rev. Weez's Storytime.** Noon. Interfaith Chapel, University Hospital.

**NIH Wednesday Afternoon Lecture Series.** Robert Griffin, PhD. 3 p.m. 318 Health Sciences Library, Wsk. Hall.

**Golisano Children's Hospital Phonathon.** 5:30 to 8 p.m. C.A.B.

**Undergraduate Student**

**Council (USC) Meeting.** 6 p.m. West Lounge, C.A.B.

**Graduate Student Council (GSC) Meeting.** 6 p.m. 115 C.A.B.

## Thursday, Jan. 25

**SUNY Upstate New Employee Orientation.** 7 a.m. to 3:30 p.m. East Lounge, C.A.B.

**Medical Grand Rounds.** Clay Elliott, MD, Upstate Medical University. 8:30 a.m. 1159 Wsk. Hall.

**Workshop.** "Press-Ganey Patient Satisfaction Measurement Overview." 9 to 11 a.m. 205 Jacobsen Hall.

**HealthLink Seminar.** "Quit Smoking for Good and For Free." Noon to 1 p.m. Liverpool Library, Tulip Street, Liverpool.

**Sarah Loguen Fraser Day Lecture.** Margaret Tandoh, MD, Upstate Medical University. Noon. Ninth floor Auditorium, Wsk. Hall.

**\*Weekly Devotions.** Noon. Interfaith Chapel, University Hospital.

**Microbiology and Immunology Seminar.** "Does Dioxin Make You More Susceptible to Influenza Virus?" B. Paige Lawrence, PhD, University of Rochester. Noon. 2231 Wsk. Hall.

**Psychiatry Grand Rounds.** "The Deconstructive Experience." Robert J. Gregory, MD, Upstate Medical University. 12:30 to 2:30 p.m. PBS Bldg., 713 Harrison St. Co-sponsored by SUNY Upstate's Syracuse Center for Psychotherapy.

**Smoking Cessation Class.** 2:30 p.m. 1106 University Hospital.

**Golisano Children's Hospital Phonathon.** 5:30 to 8 p.m. C.A.B.

**HealthLink Seminar.** "Quit Smoking for Good and For Free." 6 to 7 p.m. HealthLink, ShoppingTown

Mall, DeWitt.

**HealthLink Seminar.** "So You Want to Begin Exercising? Now What." Moshe Marko, PT, MSH, Upstate Medical University. 6 to 7 p.m. HealthLink, ShoppingTown Mall, DeWitt.

## Friday, Jan. 26

**SUNY Upstate New Employee Orientation.** 7 a.m. to noon. East Lounge, C.A.B.

**Obstetrics/Gynecology Grand Rounds.** 7:30 a.m. Marley Education Center.

**Clinical Hands-On Practice Orientation (CHOP).** Noon to 3:30 p.m. East Lounge, C.A.B.

**\*Mass.** Noon. Interfaith Chapel, University Hospital.

**C.A.G.B. Comedy Series.** "Tim Young." Happy Hour: 5:30 p.m. Performance: 6:15 p.m. C.A.B.

## Saturday, Jan. 27

**\*Mass.** 4 p.m. Interfaith Chapel, University Hospital.

## Sunday, Jan. 28

**\*Mass.** Noon. Interfaith Chapel, University Hospital.

**Faculty Guild Annual Winter Cocktail Party.** 5 to 8 p.m. Call 682-6607 for reservations.

## Monday, Jan. 29

**\*Mass.** Noon. Interfaith Chapel, University Hospital.

**Spiritual Fitness Group Meeting.** 3:30 p.m. 2N, University Hospital.

**Conference.** "Everything a Nurse Needs to Know About HIV But Was Afraid to Ask." 6 to 8 p.m. Sheraton Syracuse University Hotel and Conference Ctr. Call Melissa at 464-7313 for more information.

## Tuesday, Jan. 30

## Faculty Development

**Seminar.** "Using the History of Medicine to Teach the Practice of Medicine." Eric Luft, PhD, MLS. Noon 3105 Wsk. Hall.

**Weight Watchers-At-Work Program.** Weigh in: 11:30 a.m. to 1 p.m. Meeting: Noon. 5303 Wsk. Hall. Call 464-9017 for more information.

**Vocera Training Class.** 1 to 3 p.m. 6408 University Hospital.

## Infectious Diseases Conference.

"Nontuberculous Mycobacteria." Win Myat, MD, Upstate Medical University. 4 p.m. 304 Crouse Physicians Office Building.

**Vascular Conference.** "Case Presentations." 5 p.m. 8800 University Hospital.

## Wednesday, Jan. 31

**Otolaryngology Grand Rounds.** William Losquadro, MD. 7 a.m. 6500 University Hospital.

**Surgery Morbidity/Mortality Conference.** 7 to 8 a.m. 2231 Wsk. Hall.

**Anesthesiology Grand Rounds.** 7 a.m. Wsk. Hall Auditorium.

**Surgery Grand Rounds.** Howard Simon, MD, Upstate Medical University. 8 to 9 a.m. 2231 Wsk. Hall.

**WebCAIS/Groupwise Training Class (unlicensed).** 7:30 a.m. to noon. Room D, Institute for Human Performance.

**Neuroscience Grand Rounds.** "Optic Nerve Sheath Meningiomas." Charles Hodge, MD, Upstate Medical University. 8 a.m. Marley Education Ctr.

**Orthopedic Grand Rounds.** "Throwing Shoulder: Biomechanics and Pathophysiology." Grant Mostak, MD. 8 a.m. 6500 University Hospital.

**AED/CPR Course for Non-clinical Staff.** 9 a.m. 550 E.

Genesee St. E-mail buttoned@upstate.edu to register.

**Pediatric Grand Rounds.** "Pediatric Palliative Care-It is about living not dying." Irene Cherrick, MD, Upstate Medical University. 9:15 a.m. 6500 University Hospital.

**\*Rev. Weez's Storytime.** See 1/24 listing.

**NIH Wednesday Afternoon Lecture Series.** Clara Franzini-Armstrong. 3 p.m. 318 Health Sciences Library, Wsk. Hall.

**HealthLink Seminar.** "Common Thyroid Disorders." Lisa A. Cico, MSN, RN, NP, Upstate Medical University. 6 to 7 p.m. Liverpool Library, 310 Tulip St., Liverpool.

**Film.** "Babel." R rating. 7:30 p.m. Ninth Floor Aud., Wsk. Hall. Admission: \$2 per person.

## Thursday, Feb. 1

**Medical Grand Rounds.** Robert Izquierdo, MD, Upstate Medical University. 8:30 a.m. 1159 Wsk. Hall.

**Workshop.** "A Guide to Obtaining Great Employees: Emotional Intelligence-Behavior Interviewing Workshop." 9 to 11 a.m. 205 Jacobsen Hall.

**\*Weekly Devotions.** See 1/25 listing.

**Psychiatry Grand Rounds.** 12:30 to 2 p.m. PBS Bldg., 713 Harrison St.

**Smoking Cessation Class.** 2:30 p.m. 1106 University Hospital.

**Black History Month Opening Ceremony and Dinner.** 4:30 to 6 p.m. Lobby, C.A.B.

**Medical Alumni Phonathon.** Dinner: 6 p.m. Calling 6:30 to 8:30 p.m. Third floor lobby, C.A.B.

**Film.** "The Departed." R rating. 7:30 p.m. Ninth Floor Aud., Wsk. Hall. Admission: \$2 per person.

**Friday, Feb. 2**

**Obstetrics/Gynecology Grand Rounds.** 7:30 a.m. Marley Education Center.

**WebCAIS/Groupwise Training Class (Licensed).** 7:30 a.m. to noon. Room D, Institute for Human Performance.

**Heart Walk Kickoff Breakfast for Team Captains.** 8:30 to 9 a.m. East Lounge, C.A.B.

**Bioethics Seminar.** "Expressive Writing and Health: Write Two Essays and Call Me in the Morning." Paula Trief, PhD, Upstate Medical University. Noon. 406 Crouse Physician's Office Bldg., 725 Irving Ave.

\***Mass.** See 1/26 listing.

**Smoking Cessation Class.** 2:30 p.m. 1106 University Hospital.

**Black History Month Family Night.** 5 to 7 p.m. Lobby, C.A.B.

**Film.** "The Departed." See 2/1 listing.

**Saturday, Feb. 3**

\***Mass.** See 1/27 listing.

**Film.** "The Departed." See 2/1 listing.

**Sunday, Feb. 4**

\***Mass.** See 1/28 listing.

**Film.** "Babel." R rating. 2 p.m. Ninth Floor Aud., Wsk. Hall. Admission: \$2 per person.

**Monday, Feb. 5**

\***Mass.** See 1/29 listing.

**Spiritual Fitness Group Meeting.** See 1/29 listing.

**Tuesday, Feb. 6**

**Workshop.** "The Emotionally Intelligent Leader." 8:30 a.m. to 4:30 p.m. 1328B University Hospital.

**Workshop.** "I Don't Have Time to Come to the Library. Finding Those Elusive E-journals." Noon to 1 p.m. 220 Health Sciences Library.

**Weight Watchers-At-Work Program.** See 1/30 listing.

**Infectious Diseases**

**Conference.** "Pediatrics." 4 p.m. 304 Crouse Physicians Office Building.

**Wednesday, Feb. 7**

**Otolaryngology Grand Rounds.** 7 a.m. 6500 University Hospital.

**Surgery Morbidity/Mortality Conference.** 7 to 8 a.m. 2231 Wsk. Hall.

**Anesthesiology Grand Rounds.** 7 a.m. Wsk. Hall Auditorium.

**Surgery Grand Rounds.** 8 to 9 a.m. 2231 Wsk. Hall.

**Neuroscience Grand Rounds.** "Psychogenic Nonepileptic Seizures: Traumatic Experience as a Risk Factor." Irina Kogan, MD, Upstate Medical University. 8 a.m. Marley Education Ctr.

**Orthopedic Grand Rounds.** 8 a.m. 6500 University Hospital.

**Pediatric Grand Rounds.** 9:15 a.m. 6500 University Hospital.

\***Rev. Weez's Storytime.** See 1/24 listing.

**NIH Wednesday Afternoon Lecture Series.** Ehud Shapiro. 3 p.m. 318 Health Sciences Library, Wsk. Hall.

**Spiritual Care Grand Rounds.** 4 to 5:15 p.m. 5299 Wsk. Hall.

**Burn Survivors Support Group.** 5 to 7 p.m. 6551 University Hospital.

**Medical Alumni Phonathon.** See 2/1 listing.

**Thursday, Feb. 8**

**SUNY Upstate New Employee Orientation.** 7 a.m. to 3:30 p.m. East Lounge, C.A.B.

**Diversity Grand Rounds.** "Doorway Thoughts: Cross Cultural Care for Older Adults with Focus on African American Elders." Sharon Brangman, MD, Upstate Medical University. 7:30 a.m. Ninth floor Doust Board Room, Wsk. Hall. An activity of Black History Month.

**Medical Grand Rounds.** 8:30 a.m. 1159 Wsk. Hall.

**Workshop.** "Fundamentals of CSEA/PEF Performance Management." 9 to 11 a.m. 205 Jacobsen Hall.

**Black History Month Workshop for High School Students.** "1001 Black Inventions." 10 a.m. to noon. Nottingham High School, 3011 E. Genesee St., Syracuse.

\***Weekly Devotions.** See 1/25 listing.

**Psychiatry Grand Rounds.** 12:30 to 2 p.m. PBS Bldg., 713 Harrison St.

**Smoking Cessation Class.** 2:30 p.m. 1106 University Hospital.

**Black History Month Play.** "1001 Black Inventions." Pin Point Theatre. 7 p.m. Alibrandi Catholic Center. 110 Walnut Place, Syracuse.

**Medical Alumni Phonathon.** See 2/1 listing.

**Fifth Annual Father Daughter Valentine Ball.** 6:30 to 8:30 p.m. Empire Room, NYS Fairgrounds.

**Film.** "Borat." R rating. 7:30 p.m. Ninth Floor Aud., Wsk. Hall. Admission: \$2 per person.

**Friday, Feb. 9**

**SUNY Upstate New Employee Orientation.** 7 a.m. to noon. East Lounge, C.A.B.

**Obstetrics/Gynecology Grand Rounds.** 7:30 a.m. Marley Education Center.

**Workshop.** "Academic Integrity/Copyright Management." Kenneth Crews, JD, Indiana University. 8:30 a.m. to 3:30 p.m. 2231 Wsk. Hall.

**Clinical Hands-On Practice Orientation (CHOP).** See 1/26 listing.

\***Mass.** See 1/26 listing.

**Black History Month Lecture.** "Baby Fat or Not: Obesity Among African American Youth." Denise Woodall-Ruff, MD, Upstate Medical University. 3 to 4 p.m. Medical Alumni Aud., Wsk. Hall.

**Film.** "Borat." See 2/8 listing.

**Saturday, Feb. 10**

\***Mass.** See 1/27 listing.

**Film.** "Borat." See 2/8 listing.

**Sunday, Feb. 11**

\***Mass.** See 1/28 listing.

\**Broadcast live from the Chapel on in-house Channel 40.*

*Watch SUNY Upstate's news program "Upstate Magazine" on Staff Ed TV Channel 62 or by visiting <http://www.upstate.edu/edcom/upstatemag>*

This new interview-format radio show focuses on health and medical issues affecting Central New Yorkers. As with its parent, University Hospital's free HealthLink seminar series at ShoppingTown, *HealthLink On Air* was created to help Central New Yorkers become smarter health care consumers.

University Hospital's  
**HealthLink**  
On Air

Tune in Sundays, 9 to 10 a.m. 570 WSYR-AM



Photograph by William Mueller

Third-year medical student Rebecca Pratt discusses the specialty of pediatrics with John Andrade, MD, clinical associate professor of pediatrics.

## Dining with doctors with career advice on the menu

More than 65 SUNY Upstate Medical University physicians participated as mentors to more than 120 medical students who attended a Career Advisory Dinner for medical students, sponsored by the Medical Alumni Foundation and Office of Student Affairs Jan. 8 in the

ninth floor dining room in Weiskotten Hall. The event offered SUNY Upstate's second- and third-year medical students an opportunity to meet and network with professionals who shared their expertise within each of their specialties.



**Note: Contact the Human Resources Department for address changes and corrections.**

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**Upstate Update** is published by the Public and Media Relations Department at SUNY Upstate Medical University, Syracuse, NY. To submit news or calendar items, contact editor Doretta Royer, Fourth Floor, 250 Harrison Street, 464-4833; e-mail: royerd.

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