

U P S T A T E

# update

A publication for the SUNY Upstate Medical University community

JANUARY 10 THROUGH JANUARY 24, 2007

## Strategic plan now underway

SUNY Upstate Medical University President David R. Smith, MD, has launched the centerpiece of his Engaging Excellence initiative with the creation of five Presidential Select Task Teams, charged with developing a 10-year strategic plan that will address how the university will tackle growth, competition and distribution of resources.

Based on findings of a survey of SUNY Upstate employees by organizational development consultants, the key areas that teams will address include: students, faculty, research enterprise, clinical enterprise and employer of choice.

Deb Stehle, assistant to the president for project management, has been assigned by President Smith to organize the strategic planning process. Team members, who were drawn from the clinical, academic, and research departments as well as from shared services, will hold town meetings in February and provide regular reports via website [www.upstate.edu/president/excellence](http://www.upstate.edu/president/excellence). The names of the team members and more information

*continued on page 2*



Photograph by Deborah Rexine

*Findings from a study by Robert Barlow, PhD, SUNY Upstate professor of ophthalmology, show that chronic*

*hypoglycemia in mice led to decreased retinal function, retinal cell death, and loss of visual acuity.*

## SUNY Upstate researchers say controlling blood sugar may have affect on macular degeneration

Chronic low blood sugar—or hypoglycemia—can hasten age-related vision loss, new research in mice suggests.

The study by researchers at SUNY Upstate Medical University found that metabolic stress from moderate hypoglycemia led to loss of retinal function in mice, loss of visual acuity and eventual death of retinal cells.

The study, reported in December in the *Proceedings of National Academy of Sciences*, is the first to demonstrate a metabolic-stress induced loss of vision in mammals. “Linkage between low blood glucose and loss of vision in mice may highlight the importance for glycemic control in diabetics and retinal diseases related to metabolic stress as macular degeneration,” noted study author Robert Barlow, PhD, SUNY Upstate professor of ophthalmology.

To assess the effect of chronic low blood glucose on vision, researchers used mice bred to be hypoglycemic. They found that chronic hypoglycemia in these mice led to decreased retinal function, retinal cell death, and loss of visual acuity by 10 months of age, whereas mice with normal glucose levels retained visual acuity past 16 months. Restoring blood glucose to normal levels through the diet delayed vision loss in the mutant mice by several months.

The study’s finding may be of special importance to diabetics, who are susceptible to recurrent hypoglycemia because of intensive insulin treatment. “These actions of recurrent and chronic hypoglycemia, which our research addressed, may further underscore the importance of glycemic control by diabetics,” Dr. Barlow said.

## CAMPUS BRIEFS

**University Hospital will hold a blood drive Jan. 18, from 9:30 a.m. to 5 p.m. and Jan. 19, from 7 a.m. to noon in Café 750, second floor University Hospital. To schedule an appointment, call Brenda Clarke at 464-5738.**

**Smoking Cessation classes will be held Jan. 18, 25 and Feb. 1, 2, 8, 15, 22 at 2:30 p.m. in 1106 University Hospital. Classes will include the latest information on smoking cessation and free nicotine replacement therapy for SUNY Upstate individuals. To register, call 464-4426 or e-mail caryc@upstate.edu.**

**A phonathon to benefit the Golisano Children's Hospital at University Hospital will be held Jan. 23, 24 and 25, from 5:30 to 8 p.m. in the C.A.B. To volunteer, call 464-4416. Dinner and training will be provided.**

**The SUNY Upstate community is invited to attend Black History Month events in February, including an opening ceremony, Feb. 1, at 4:30 p.m. in the C.A.B. lobby. Local poet, performer, and educator Omanii Abdullah will read selections from Life Experience Poetry and a traditional African American dinner will be served. A Family Night, to be held Feb. 2, from 5 to 7 p.m. in the C.A.B. lobby, will include a puppet show, and African and African American storytelling. In collaboration with Syracuse University, SUNY Upstate will bring to the area the play "1001 Black Inventions" by Pin Point Theatre, a Washington, D.C.,-based theatre group, Feb. 8,**

from 7 p.m. at a location yet to be determined. Sharon Brangman, MD, of Geriatrics Medicine at SUNY Upstate, will present a diversity grand round on "Doorway Thoughts: Cross Cultural Care for Older Adults with a focus on African American Elders," Feb. 8, at 7:30 a.m., in the 9th floor Doust Board Room in Weiskotten Hall. More information about Black History Month events will be advertised throughout the campus.

**Nominations are being accepted for the SUNY Chancellor's Award for Student Excellence, recognizing students who have excelled in integrating academic excellence with areas such as community service, creative and performing arts, entrepreneurship, leadership, career achievement and athletics. The award will be presented at a reception April 18, at 3:30 p.m. at the Empire State Plaza Convention Center in Albany. To be eligible, nominees must graduate during the 2006-2007 academic year. Electronic nominations will not be accepted. Nominations will be accepted by Donald F. Midlam, associate dean of student services no later than 4:30 p.m. Jan. 19 in 202 C.A.B. For more information, call 464-8855.**

**The Friend in Deed allocations committee of the Upstate Medical University Foundation is seeking funding applications for projects to improve the patient experience and care at University Hospital and its clinics. Funding for these applications should not be available from other budgeting sources. Guidelines and**

applications for funding are available by visiting <http://www.upstate.edu/foundation/fid.php> or by calling 464-4416. Applications require the approval of a department head. Deadline to submit applications to the Foundation's office, located at 326 C.A.B. is Feb. 15. Friend in Deed, the annual fund for University Hospital, is largely funded through the donations of grateful patients and their families, as well as members of the SUNY Upstate community.

**The office of SUNY Upstate President David R. Smith, MD, has donated two tickets to the 38th Annual Heart Ball to raise money for the American Heart Association community awareness campaign, Go Red for Women. Raffle tickets are \$5 each, and will be available for purchase Jan. 16 from 3 to 4 p.m. and Jan. 18, from noon to 1 p.m. in the second floor lobby of University Hospital. The name of the winner will be drawn Jan. 19. The Heart Ball will be held Feb. 3, from 6:30 p.m. to midnight at the Oncenter, 800 S. State St., Syracuse. For more information, contact Becky Cerio at [cerior@upstate.edu](mailto:cerior@upstate.edu) or 464-4845.**

**Margaret Tandoh, MD, of the Department of Surgery at SUNY Upstate, will deliver the Sarah Loguen Fraser Day keynote address Jan. 29, at noon in the ninth floor auditorium of Weiskotten Hall. The SUNY Upstate community is invited. Detailed information about Sarah Loguen Fraser Day will be featured in the next issue of *Upstate Update*.**

#### Task Teams—continued from page 1

about the strategic planning process can also be found at the website. Each team will produce metric-based recommendations for a long-term strategic plan by June 29 and present their proposals to President Smith and to SUNY Upstate's Executive Council.

"While the process is complex, the goal is clear-cut: our plans will help us build on what works and fix what does

not. It will become our common purpose and shared direction," said Dr. Smith in a letter distributed to the SUNY Upstate community Dec. 19.

Dr. Smith noted that a plan is needed to enable SUNY Upstate to prepare for growth, respond to competition, benchmark success, and target what the university, as a whole, aspires to be.



Photograph by George Reynolds

At the December 18 kick-off luncheon in Weiskotten Hall, third-year medical student Oluwatoyin Showele spoke of the advantages of

joining CSTEP. Prior to medical school, Showele was a CSTEP scholar during her undergraduate program at St. Lawrence University.

## Student mentoring program launched on campus

SUNY Upstate is developing a new mentoring program for its students. Called CSTEP (Collegiate Science and Technology Entry Program), it offers small study groups, advocacy, and clinical skills development to students in all four colleges at SUNY Upstate.

Susan Stearns, PhD, associate professor of cell and developmental biology, is director of the program which will run through the Office of Student Affairs. By creating CSTEP, SUNY Upstate joins 51 colleges and universities from across the state which offer academic and professional support for students from historically underrepresented populations (African American, Hispanic/Latino/a, and Native American/Alaskan Native) or who are from economically disadvantaged backgrounds.

According to Carlos Garcia of the state Department of Education, which awarded the \$70,000 grant to begin the program, SUNY Upstate is the first medical university in the state to offer CSTEP to students in all of its colleges.

“We have a lot of freedom in how we develop this program to make it the

best resource for our students,” Dr. Stearns commented. “CSTEP is more familiar to undergraduates, and we now have the opportunity to make this valuable to our graduate population as well. Our program will be very responsive to student interests.”

SUNY Upstate is also working closely with Syracuse University’s existing CSTEP program to strengthen collaboration between the two universities. Last summer, SUNY Upstate offered a Summer Undergraduate Research Fellowship (SURF) to Syracuse University CSTEP student Ariba Chowdhury, and the fellowship was jointly funded by Syracuse University and SUNY Upstate. Choudry did cancer research in the lab of M. Saeed Sheikh, MD/PhD, associate professor of pharmacology. This fall, Syracuse University learning skills specialist Jane Neuberger began offering study sessions for interested SUNY Upstate students and tutor training for faculty and upper-division students.

SAVE THE DATE:

Tuesday, March 13, 2007

Syracuse Stage  
820 East Genesee Street  
Syracuse, NY

## On the Other Side of the Glass Ceiling: Reflections on the Status of Women in Science & Academia



A free, full-day symposium hosted by SUNY Upstate Medical University and David R. Smith, MD, president. This inaugural event serves as a catalyst for the serious exploration of issues affecting women in science and academia.

Keynote Address: Donna E. Shalala, PhD, President, University of Miami, scholar, teacher, and administrator, former Secretary of Health and Human Services, and a graduate of the Maxwell School at Syracuse University.

## Deadline for 2007 President's awards nominations is April 2

Nominations are being accepted from the SUNY Upstate community for the 2007 SUNY Upstate Medical University President's Awards. Nominations for all award categories will be accepted through April 2, unless otherwise stated. The awards will be presented at the Fall Faculty Convocation in September.

Nominations may be submitted for the following categories:

**President's Award for Advancement of Affirmative Action**, which recognizes outstanding performance by faculty or staff in attaining Affirmation Action goals and promoting diversity at SUNY Upstate.

**President's Award for Excellence in Library Science**, which recognizes outstanding librarians and promotes excellence in their profession at SUNY Upstate. This award may be a precursor to the Chancellor's Award for Excellence in Librarianship.

**President's Award for Excellence in Professional Service**, which recognizes outstanding contributions made by professional associates of SUNY Upstate. This award may be a precursor to the Chancellor's Award for Excellence in Professional Service.

**President's Award for Excellence in Faculty Service**, which recognizes outstanding contributions made by faculty of SUNY Upstate. This award may be a precursor to the Chancellor's Award for Excellence in Professional Service.

**President's Award for Excellence and Leadership in Research**, which recognizes outstanding investigators and promotes excellence in research at SUNY Upstate. This Award may be a precursor to the Chancellor's Award for Excellence in Scholarship and Creative Activities.

**President's Award for Excellence in Basic Research by a Young Investigator**, which recognizes young investigators who have had exceptional success in initiating their research careers. This award may be a precursor to the Chancellor's Award for Excellence in Scholarship and Creative Activities.

**President's Award for Excellence in Clinical Research by a Young Investigator**, which recognizes young medically prepared investigators who have had exceptional success in initiating their research careers while meeting their responsibilities as clinicians. This award may be a precursor to the Chancellor's Award for Excellence in Scholarship and Creative Activities.

**President's Awards for Excellence in Teaching**, which recognizes outstanding teachers and rewards them for their excellence in teaching at SUNY Upstate. This award may be a precursor to the Chancellor's Award for Excellence in Teaching.

**President's Awards for Outstanding Voluntary Faculty**, which identifies and recognizes SUNY Upstate's commitment to outstanding voluntary faculty and promotes their continued involvement at SUNY Upstate. Clinical and voluntary faculty are eligible for this recognition. Selection criteria for this award are based on recommendation by the appropriate department chair, approval by the dean of the college, and service to SUNY Upstate.

Nomination forms are available by calling the Office of Paul L. Grover, PhD, at 464-4520. Submit completed nominations to President's Convocation Awards, c/o Paul L. Grover, PhD, 1010 Jacobsen Hall.

## Mail and receiving tips and reminders

Clip and Save!

- Check the address on the back of this issue of *Upstate Update*. If your address is incorrect, contact the Mail Center and Human Resources to correct your internal mailing address.
- Personal mail and packages will not be processed and will be returned. The Mail and Receiving Departments reserve the right to inspect all incoming and outgoing mail and packages.
- All outgoing mail must include the Upstate Medical University return address and the name and department of the person sending the item.
- Mail with a return address other than that of Upstate Medical University will be returned
- Separate outgoing mail into three categories:
  1. Outgoing mail (to be metered).
  2. Stamped mail.
  3. Interoffice and campus mail (place in manila/brown interoffice envelopes).
- Envelopes should be sealed or individually flapped. Envelopes should not be flapped over each other. Contents must be folded so that no part is above the envelope flap crease.
- Clip together special services mail. Examples: foreign mail, certified mail, Canadian mail, etc.
- Overstuffed, unsealed envelopes will not pass through the postage machine and will be returned to department for sealing.

Contact the Mail Center at 464-5391 or e-mail [rodrigb@upstate.edu](mailto:rodrigb@upstate.edu) with questions or concerns.



Photograph by Rich Whelsky

Deborah Piacquadio is joined by staff from the Department of Orthopedic Surgery in accepting her grand prize. Photographed from left, Andrea McCartney; Karen Gallaway; Sue PolICASTRO; Craig Collie, United Way vice president of volunteer resources; Deborah Piacquadio; Lynn Higgins; Tish Racculia; and Lisa DaRin.

## Stepping up to the United Way challenge

Deborah Piacquadio of Orthopedic Surgery won the United Way grand prize “P&C Fill Your Fridge” award of gift cards totaling \$3,000 to be redeemed at P&C stores throughout the upcoming year. Piacquadio was eligible for

the award by participating in the United Way Step Up Challenge. More than 700 SUNY Upstate employees took the Step Up Challenge by either beginning to give or increasing their pledge by at least \$52.

### CONFERENCES, WORKSHOPS, SEMINARS

Free HealthLink Seminars are open to all. To register, call Health connections at 464-8668 or register via [www.upstate.edu/healthlink](http://www.upstate.edu/healthlink). To register for free Nursing Forums, call 800-464-8668 or visit [www.universityhospital.org/healthlink](http://www.universityhospital.org/healthlink). To register for workshops, visit <http://www.upstate.edu/hr/training/form.shtml>

**Jan. 17. 6 to 7 p.m. HealthLink, ShoppingTown Mall, DeWitt.**

HealthLink Seminar. “Walking and Heart Health: The Ultimate Two for One Deal” will discuss the American Heart Association’s campaign to get people walking.

**Jan. 18. 9 a.m. to noon. 205 Jacobsen Hall.**

Workshop. “Healthcare Diversity Management,” explores the historical context for understanding diversity and looks at the legal, moral, and business cases for valuing diversity in a healthcare environment.

**Jan. 19. 9 a.m. to noon. 1328b University Hospital.**

Workshop. “If Disney Ran Your Hospital: Customer Service,” will focus on the need to create customer experiences and the perception of customers.

**Jan. 22. 6 to 7 p.m. HealthLink, ShoppingTown Mall, DeWitt.**

HealthLink Seminar. “Planning Ahead With a Health Care Proxy” will address the ethical, legal and practice issues surrounding planning for decisions near the end of life.

**Jan. 24. 10 to 11 a.m. 1541 University Hospital.**

Workshop. “Computer Skills for PSLs,” open to any level of computer ability, will teach GroupWise, Microsoft Word, and Internet skills.

**Jan. 25. 9 to 11 a.m. 205 Jacobsen Hall.**

Workshop. “Press-Ganey Patient Satisfaction Measurement Overview” will discuss how SUNY Upstate Medical University measures patient satisfaction.

**Jan. 25. 6 to 7 p.m. HealthLink, ShoppingTown Mall, DeWitt.**

HealthLink Seminar. “So, You Want to Begin Exercising? Now What?” will

teach the benefits of exercise and ways to exercise to reap the greatest rewards.

**Jan. 29. 6 to 8 p.m. Sheraton Syracuse University Hotel and Conference Center.**

Conference. “Everything a Nurse Needs to Know About HIV But Was Afraid to Ask.” Presented by the CNY Chapter of the Association of Nurses in AIDS Care, the conference will include presentations and a round table discussion led by a panel of experts. No charge for nurses, nursing students and other health care professionals. To RSVP by Jan. 22, email [napierkm@upstate.edu](mailto:napierkm@upstate.edu) or call Melissa at 464-7313.

**Jan. 31. 6 to 7 p.m. Liverpool Library, Tulip Street, Liverpool.**

HealthLink Seminar. “Common Thyroid Disorders” will offer an overview and general descriptions and treatments of thyroid disorders such as hypothyroidism, hyperthyroidism and thyroid nodules.

## Wednesday, Jan. 10

**Otolaryngology Grand Rounds.** Timothy Minton, MD. 7 a.m. 6500 University Hospital.

**Surgery Morbidity/Mortality Conference.** 7 to 8 a.m. 2231 Wsk. Hall.

**Anesthesiology Grand Rounds.** 7 a.m. Wsk. Hall Auditorium.

**Neuroscience Grand Rounds.** Moshin Ali, MD, Upstate Medical University. 8 a.m. Marley Education Ctr.

**Orthopedic Grand Rounds.** "Olecranon Fractures." Jason James, MD, Upstate Medical University. 8 a.m. 6500 University Hospital.

**Pediatric Grand Rounds.** "Human Papilloma Virus: Disease, Vaccine and the Future." Leonard B. Weiner, MD, Upstate Medical University. 9:15 a.m. 6500 University Hospital.

**Emergency Medicine Grand Rounds.** "Triageing Ethical Principles in Emergencies: the Case of PolyHeme." Kathy Faber-Langendoen, MD, Upstate Medical University. 10:30 to 11:30 a.m. 3105 Wsk. Hall.

**\* Rev. Weez's Storytime.** Noon. Interfaith Chapel, University Hospital.

**NIH Wednesday Afternoon Lecture Series.** Tom Silhavy, PhD. 3 p.m. 318 Health Sciences Library, Wsk. Hall.

**Biochemistry and Molecular Biology Department Research Report.** "Genomic Analysis of RNase MRP." Laboratory Group of Mark Schmitt, PhD, Upstate Medical University. 4 to 5 p.m. 9299 Wsk. Hall.

**Undergraduate Student Council Meeting.** 5:30 p.m. West Lounge, C.A.B.

**Graduate Student Council Meeting.** 6 p.m. 115 C.A.B.

**HealthLink Seminar.** "Care of the Upper Spine and Neck." Amir Fayyazi, MD, Upstate Medical University.

6 to 7 p.m. Liverpool Library, Tulip Street, Liverpool.

**HealthLink Seminar.** "Herbal Remedies: Guidelines for Choosing Wisely." Adrienne Smith, PharmD, Upstate Medical University. 6 to 7 p.m. HealthLink, ShoppingTown Mall, DeWitt.

**HealthLink Seminar.** "Choosing Dr. Right." Trisha Torrey, Upstate Medical University. 6 to 7 p.m. North Syracuse Library, Trolley Barn Lane, North Syracuse.

## Thursday, Jan. 11

**SUNY Upstate New Employee Orientation.** 7 a.m. to 3:30 p.m. East Lounge, C.A.B.

**Medical Grand Rounds.** "Scleroderma: Current Concepts in Diagnosis and Treatment." Robert Simms, MD, Boston University School of Medicine. 8:30 a.m. 1159 Wsk. Hall.

**Workshop.** "Tracker Training." 9 to 11 a.m. Room D, Institute for Human Performance.

**Biochemistry and Molecular Biology Department Seminar.** "Regulation of Membrane Biogenesis by the Endoplasmic Reticulum." Stephen Jesch, PhD, Cornell University. Noon. 2231 Wsk. Hall.

**\* Weekly Devotions.** Noon. Interfaith Chapel, University Hospital.

**Psychiatry Grand Rounds.** "Anxiety, Anger and Depression in the Light of Human Nature." Ron Leifer, MD. 12:30 to 2 p.m. PBS Bldg., 713 Harrison St.

## Friday, Jan. 12

**SUNY Upstate New Employee Orientation.** 7 a.m. to noon. East Lounge, C.A.B.

**Obstetrics/Gynecology Grand Rounds.** "What You Must Know About Interventional Radiology and Women's Health." Stuart J. Singer, MD, Crouse Hospital. 7:30

a.m. Marley Education Center.

**Clinical Hands-On Practice Orientation (CHOP).** Noon to 3:30 p.m. East Lounge, C.A.B.

**\* Mass.** Noon. Interfaith Chapel, University Hospital.

**Nursing Grand Rounds.** "State of Palliative Care at University Hospital: Current Trends and Findings." Pat Knox, RN, FNP, MSN; Joyce Baker, RN, MSN; Sharon Bauer, RN, BBA-HCM, Upstate Medical University. 1:30 to 2:30 p.m. 6500 University Hospital.

## Saturday, Jan. 13

**\* Mass.** 4 p.m. Interfaith Chapel, University Hospital.

## Sunday, Jan. 14

**\* Mass.** Noon. Interfaith Chapel, University Hospital.

## Monday, Jan. 15

**\* Mass.** Noon. Interfaith Chapel, University Hospital.

**Spiritual Fitness Group Meeting.** 3:30 p.m. 2N, University Hospital.

## Tuesday, Jan. 16

**Workshop.** "Charge Description Master (CDM)." 8:30 to 10:30 a.m. 6500 University Hospital.

**Workshop.** "Refworks." Noon to 1 p.m. 220 Health Sciences Library.

**Weight Watchers-At-Work Program.** Weigh in: 11:30 a.m. to 1 p.m. Meeting: Noon. 5303 Wsk. Hall. Call 464-9017 for more information.

**HealthLink Seminar.** "Quit Smoking for Good and For Free." Noon to 1 p.m. Liverpool Library, Tulip Street, Liverpool.

**Vocera Training.** 1 to 3 p.m. E6408 University Hospital.

## Infectious Diseases

**Conference.** "Antimicrobial Associated QT Prolongation." Madhuchhanda Choudhary, MD, Upstate Medical University. 4 p.m. 304 Crouse Physicians Office Building.

**Vascular Conference.** "In Service Review: Vascular Surgery 2." 5 p.m. 8800 University Hospital.

**HealthLink Seminar.** "Quit Smoking for Good and For Free." 6 to 7 p.m. HealthLink, ShoppingTown Mall, DeWitt.

## Wednesday, Jan. 17

**Otolaryngology Grand Rounds.** Seth Isaacs, MD. 7 a.m. 6500 University Hospital.

**Surgery Morbidity/Mortality Conference.** 7 to 8 a.m. 2231 Wsk. Hall.

**Anesthesiology Grand Rounds.** 7 a.m. Wsk. Hall Auditorium.

**WebCAIS/GroupWise (Unlicensed).** 7:30 a.m. to noon. Rm. D, Institute for Human Performance.

**Surgery Grand Rounds.** "Acute Care for the Elderly: The ACE Approach." Sharon A. Brangan, MD, Upstate Medical University. 8 to 9 a.m. 2231 Wsk. Hall.

**Neuroscience Grand Rounds.** Carl Crosley, MD, Upstate Medical University. 8 a.m. Marley Education Ctr.

**Orthopedic Grand Rounds.** Mason Stilwell, MD. 8 a.m. 6500 University Hospital.

**Pediatric Grand Rounds.** "Automatic Word Processing: A New Forum for Hypnotic Expression." Ran Anbar, MD, Upstate Medical University. 9:15 a.m. 6500 University Hospital.

**\* Rev. Weez's Storytime.** See 1/10 listing.

**NIH Wednesday Afternoon Lecture Series.** Joshua LaBaer, PhD. 3 p.m. 318

Health Sciences Library, Wsk. Hall.

**Campus Activities Governing Board Meeting.** 5:30 p.m. 115 C.A.B.

**HealthLink Seminar.** "Walking and Heart Health: The Ultimate Two for One Deal." Kim L. Seymour, American Heart Association, Greater Syracuse/Watertown Division. 6 to 7 p.m. HealthLink, ShoppingTown Mall, DeWitt.

## Thursday, Jan. 18

**90-Day Retention Program.** 7:45 to 8:45 a.m. or 3:45 to 4:45 p.m. 1403 University Hospital.

**Medical Grand Rounds.** Rose Giammarco, MD, VAMC. 8:30 a.m. 1159 Wsk. Hall.

**Workshop.** "Healthcare Diversity Management." 9 a.m. to noon. 205 Jacobsen Hall.

**Blood Drive.** 9:30 to 5 p.m. Café 350, University Hospital.

**\* Weekly Devotions.** See 1/11 listing.

**Workshop.** "Finding Great Health Information for Patients." Noon to 1 p.m. 220 Health Sciences Library, Wsk. Hall.

**Psychiatry Meeting for Full-time Faculty.** Noon to 2 p.m. PBS Bldg., 713 Harrison St.

**Smoking Cessation Class.** 2:30 p.m. 1106 University Hospital.

## Friday, Jan. 19

**Blood Drive.** 7 a.m. to noon. Café 750, University Hospital.

**WebCAIS/GroupWise (Licensed.)** 7:30 a.m. to noon. Rm. D, Institute for Human Performance.

**Workshop.** "If Disney Ran Your Hospital: Customer Service." 9 a.m. to noon. 1328B University Hospital.

**\* Mass.** See 1/12 listing.

**Saturday, Jan. 20**

**Greek Peak Mountain Resort Day Ski Trip.** Sponsored by C.A.B. Call 464-5618 for more information.

\* Mass. See 1/13 listing.

**Sunday, Jan. 21**

\* Mass. See 1/14 listing.

**Monday, Jan. 22**

\* Mass. See 1/15 listing.

**Workshop.** "Charge Description Master (CDM)." See 1/16 listing.

**Spiritual Fitness Group Meeting.** See 1/15 listing.

**HealthLink Seminar.** "Planning Ahead With Health Care Proxy." Robert Olick, JD, PhD, Upstate Medical University. 6 to 7 p.m. HealthLink, ShoppingTown Mall, DeWitt.

**Tuesday, Jan. 23**

**Management Forum.** 10 a.m. 6500 University Hospital.

**Faculty Development Seminar.** "Using the History of Medicine to Teach the Practice of Medicine." Eric Luft, PhD, MLS. Noon. 3105 Wsk. Hall.

**Weight Watchers-At-Work Program.** See 1/16 listing.

**HealthLink Seminar.** "Quit Smoking for Good and For Free." Noon to 1 p.m. Liverpool Library, Tulip Street, Liverpool.

**Workshop.** "Medline on the Web." Noon to 1 p.m. 220 Health Sciences Library.

**Infectious Diseases Conference.** Shelley Gilroy, MD. 4 p.m. 304 Crouse Physicians Office Building.

**Golisano Children's Hospital Phonathon.** 5:30 to 8 p.m. C.A.B.

**HealthLink Seminar.** "Quit Smoking for Good and For Free." 6 to 7 p.m. HealthLink, ShoppingTown Mall, DeWitt.

**Wednesday, Jan. 24**

**Otolaryngology Grand Rounds.** Brian Park, MD. 7 a.m. 6500 University Hospital.

**Surgery Morbidity/Mortality Conference.** 7 to 8 a.m. 2231 Wsk. Hall.

**Anesthesiology Grand Rounds.** 7 a.m. Wsk. Hall Auditorium.

**Multidisciplinary Orientation (MDO).** 8 to 10:15 a.m. East Lounge, C.A.B.

**Surgery Grand Rounds.** "Endovascular Aortic Therapy." Gregory Fink, MD, Upstate Medical University and "Robotic Cardiac Surgery." Charles Lutz, MD, Upstate Medical University. 8 to 9 a.m. 2231 Wsk. Hall.

**Neuroscience Grand Rounds.** 8 a.m. Marley Education Ctr.

**Orthopedic Grand Rounds.** "The Effects of Radiation on Bone." Grant Mostak, MD. 8 a.m. 6500 University Hospital.

**Pediatric Grand Rounds.** "Drinking Future Kool-Aid: A Byte of Technology to Come." Neal Seidberg, MD, Upstate Medical University. 9:15 a.m. 6500 University Hospital.

**Workshop.** "Computer Skills for PSLs." 10 to 11 a.m. 1541 University Hospital.

**30-Day Retention Program.** 10:30 a.m. to noon. East Lounge, C.A.B.

\* Rev. Weez's Storytime. See 1/10 listing.

**NIH Wednesday Afternoon Lecture Series.** Robert Griffin, PhD. 3 p.m. 318 Health Sciences Library, Wsk. Hall.

**Golisano Children's Hospital Phonathon.** 5:30 to 8 p.m. C.A.B.

**Thursday, Jan. 25**

**SUNY Upstate New Employee Orientation.** 7 a.m. to 3:30 p.m. East Lounge, C.A.B. Medical Grand Rounds. 8:30 a.m. 1159 Wsk. Hall.

**Workshop.** "Press-Ganey Patient Satisfaction Measurement Overview." 9 to 11 a.m. 205 Jacobsen Hall.

**HealthLink Seminar.** "Quit Smoking for Good and For Free." Noon to 1 p.m. Liverpool Library, Tulip Street, Liverpool.

\* Weekly Devotions. See 1/11 listing.

**Psychiatry Grand Rounds.** "The Deconstructive Experience." Robert J. Gregory, MD, Upstate Medical University. 12:30 to 2 p.m. PBS Bldg., 713 Harrison St. Co-sponsored by SUNY Upstate's Syracuse Center for Psychotherapy.

**Smoking Cessation Class.** 2:30 p.m. 1106 University Hospital.

**Golisano Children's Hospital Phonathon.** 5:30 to 8 p.m. C.A.B.

**HealthLink Seminar.** "Quit Smoking for Good and For Free." 6 to 7 p.m. HealthLink, ShoppingTown Mall, DeWitt.

**HealthLink Seminar.** "So You Want to Begin Exercising? Now What." Moshe Marko, PT, MSH, Upstate Medical University. 6 to 7 p.m. HealthLink, ShoppingTown Mall, DeWitt.

**Friday, Jan. 26**

**SUNY Upstate New Employee Orientation.** 7 a.m. to noon. East Lounge, C.A.B.

**Obstetrics/Gynecology Grand Rounds.** 7:30 a.m. Marley Education Center.

**Clinical Hands-On Practice Orientation (CHOP).** See 1/12 listing.

\* Mass. See 1/12 listing.

**Saturday, Jan. 27**

\* Mass. See 1/13 listing.

**Sunday, Jan. 28**

\* Mass. See 1/14 listing.

\* Broadcast live from the Chapel on in-house Channel 40.

Watch SUNY Upstate's news program "Upstate Magazine" on Staff Ed TV Channel 62 or by visiting <http://www.upstate.edu/educ/om/upstatemag>

## Upstate Update Production Schedule

**Issue:**

**Feb. 7 to 21**

**Deadline:**

**Jan. 16**

This new interview-format radio show focuses on health and medical issues affecting Central New Yorkers. As with its parent, University Hospital's free HealthLink seminar series at ShoppingTown, *HealthLink On Air* was created to help Central New Yorkers become smarter health care consumers.

University Hospital's  
**HealthLink**  
On Air

Tune in Sundays, 9 to 10 a.m. 570 WSYR-AM



Students from the College of Medicine, from left, Amanda Brender, Kathleen Carroll, Aimee Talleur and Jaclyn Sisskind, in the kitchen of the local Ronald McDonald House.

## The Helping Hands of caring students pitching in at Ronald McDonald House

The students are part of Helping Hands, a student-run organization, that sends six students once a month to the Ronald McDonald House to prepare dinner for families who are staying there while their children receive care at University Hospital. The club focuses on cooking healthy, wholesome meals, and for many of the students involved, this is not only a way to help

others, but to learn cooking skills too. “We have gotten unbelievable feedback from these families,” said Sisskind, who is club founder and president. “So many are overwhelmed to see that the compassion of medical students extends beyond the hospital, beyond the bedside, and into their lives.”



**Note: Contact the Human Resources Department for address changes and corrections.**

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