

New procedure can eliminate use of medicine or surgery for GERD

University Hospital is the only hospital in New York State, outside the New York City metropolitan area, to offer the Plicator procedure, a new treatment option for individuals who are dependent on medications or who would otherwise need surgery to control symptoms of heartburn and gastroesophageal reflux disease (GERD). The procedure, performed on an outpatient basis at University Hospital, has been shown to reduce or completely eliminate symptoms and medication use associated with GERD. It is performed by University Hospital gastroenterologists Ronald Szykowski, MD, and Bipin Saud, MD. The Plicator was developed and is marketed by NDO Surgical, Inc. a privately held company based in Mansfield, Mass.

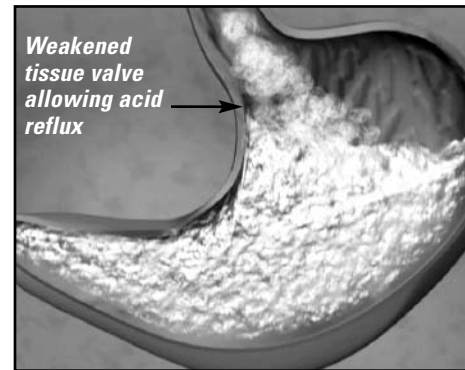
According to Dr. Szykowski, a muscular valve at the end of the esophagus called the lower esophageal sphincter, normally keeps stomach contents from flowing up into the esophagus. However, in GERD, this valve is weak or relaxes too frequently, allowing stomach contents to flow freely into the esophagus. The Plicator procedure corrects this underlying mechanical defect that causes GERD.

“Reflux can be a very debilitating condition and this procedure gives patients a viable alternative to long-term drug use or anti-reflux surgery,” said Dr. Szykowski.

The Plicator is a flexible endoscopic instrument that is inserted through the mouth, down the esophagus and into the stomach where it is positioned at the gastroesophageal junction. The Plicator then grasps, folds and fixates

tissue at this junction by using standard suture, tightening the valve that restores the normal anti-reflux barrier. The entire procedure is visualized through the scope’s high resolution cameras, allowing for precise suture placement.

The procedure is performed under conscious sedation in an outpatient setting, typically in 30 minutes or less and allows patients to return home the same day. In a multi-center trial, the Plicator procedure was effective at one-year post-procedure in eliminating the need for prescription heartburn



In GERD, stomach contents flow freely into the esophagus causing a burning sensation.

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Dr. Luft pens pictorial history of SUNY Upstate Medical University

It is a well-documented fact that Elizabeth Blackwell, MD, the world’s first woman to earn a medical degree, received her degree from SUNY Upstate Medical University’s predecessor, the Medical Institution of Geneva College. But did you know that a former SUNY Upstate dean had enough influence at the federal level to entice a U.S. president to lay the cornerstone of a SUNY Upstate building or that SUNY Upstate’s College of Medicine was founded by a career naval medical officer from Philadelphia because of an act by President Andrew Jackson?

These interesting facts about SUNY Upstate and its predecessors, the Geneva Medical College and the Syracuse University College of Medicine are included in *SUNY Upstate Medical University: A Pictorial History*, published by Gegensatz Press.

Written by Eric v.d. Luft, PhD, SUNY Upstate’s curator of historical collections, the book is illustrated with photographs, drawings and documents from the SUNY Upstate archives and other sources in SUNY Upstate’s special collections vault.

Dr. Luft dedicates the book to all women physicians, to honor their tradition that began with Dr. Blackwell’s graduation on Jan. 23, 1849. But, he goes beyond the life of Dr. Blackwell, touching on noteworthy facts about the life of SUNY Upstate.

“Even though she is foremost in our local medical history,” writes Dr. Luft, “there is more to Upstate Medical University than Elizabeth Blackwell, and to show that is my main purpose in writing this book.”

The book is primarily pictorial rather than a continuous

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Parking reregistration will be held the following dates and times: Oct. 11, from 9 to 11 a.m. at 205 Madison Towers and from 1 to 3 p.m. in the Institute for Human Performance lobby; Oct. 12, from 8 to 11:30 a.m. in the Jacobsen Hall lobby and from 1 to 3 p.m. in UHCC's fourth floor community room; Oct. 13, from 8 to 11 a.m. in Suite 303, 250 Harrison St. and from 1 to 3 p.m. in the C.A.B. lobby; Oct. 14, from 7 to 11:30 a.m. and from 1 to 4 p.m. in the University Hospital cafeteria annex; Oct. 17, from 9 to 11:30 a.m. in the Silverman Hall lobby and from 1:30 to 3 p.m. in the Weiskotten Hall lobby; Oct. 18, from 1 to 3 p.m. in the 550 Harrison lobby; Oct. 20, from 7 to 11:30 a.m. and from 1 to 4 p.m. in the hospital second floor lobby; and Oct. 21, from 8 a.m. to noon in the hospital second floor lobby. SUNY Upstate ID card and vehicle registration must be presented at the time of reregistration.

The SUNY Upstate community is invited to a dedication service for University Hospital's newly renovated Center for Spiritual Care, Oct. 16, at 3 p.m. on the first floor of University Hospital.

A reception to honor five new department chairs will be held Oct. 17, from 4:30 to 6:30 p.m. in the Medical Alumni Auditorium of Weiskotten Hall. The SUNY Upstate community is invited. The reception honors David Feiglin, MD, Radiology; Andrea Manyon, MD, Family Medicine; Joseph Sanger, PhD, Cell and Developmental Biology; Jeremy Shefner, MD, PhD, Neurology; and Laura Schweitzer, PhD, vice dean of the College of Medicine and vice president for Academic Affairs.

Orders are being accepted for the 2005 Holiday Cards for Kids, created by pediatric cancer patients, their families and friends to benefit the Center for Children's Cancer and Blood Disorders. To order, download the

brochure and mail the order form from website www.upstate.edu/events or call 464-6133, e-mail trudella@upstate.edu for a brochure.

SUNY Upstate will sponsor a blood drive in the University Hospital second floor cafeteria, Oct. 20, from noon to 5 p.m. and Oct. 21, from 7 a.m. to noon. Call 464-6055 or 464-1745 to make an appointment.

SUNY Upstate's 19th Annual Nursing Excellence Recognition Dinner will be held Oct. 26 at the Oncenter in downtown Syracuse. Proceeds will benefit University Hospital's nursing recognition fund. Reservations are required. Visit www.upstate.edu/nursing/3r_activities.shtml or call 464-4810 to register. Reservation deadline is Oct. 12.

University Hospital's child life specialists will take pediatric patients trick-or-treating to select hospital units on Halloween, Oct. 31. Employees who would like to wear a costume and visit the pediatric units may do so during scheduled times and with prior approval from the child life specialists. Costumes should be simple, familiar and friendly. Persons who wish to have their department or unit visited should call 464-7506 by Oct. 24 and leave a contact name and telephone number.

Registration deadline for faculty abstracts for SUNY Upstate's 19th Annual Charles R. Ross Research Poster Session is Oct. 14. Investigators must be prepared to present their project and findings at the event. The poster session will be held Nov. 30 and Dec. 1 in the atrium at the Institute for Human Performance. Registration deadline for medical student posters and/or oral abstract presentations for Student Research Day is Oct. 14. The event will be held Nov. 30 in the Institute for Human Performance. Call 464-4317 or e-mail WelchDo@upstate.edu for details.

The Organ Procurement and Transplant Network/United Network of Organ Sharing (OPTN/UNOS) has appointed **Ann M. Roman, APRN**, as the Region 9 representative to the organization's Transplant Coordinators Committee. In this role, Roman is responsible for setting membership standards, developing and administering policy and identifying transplant issues that warrant development or modification of an OPTN/UNOS policy. OPTN/UNOS is the governing body for all organ donation, allocation and transplant centers in the United States. Roman is lead coordinator for SUNY Upstate's Department of Surgery, division of Transplant and is a member of University Hospital's Transplant Collaborative.

Barbara Lucas, RN, patient service leader in the adult emergency department, has been elected to a two-year term as chair of the Nursing Coordinating Council. Lucas serves as chair and advisor of the Nursing Practice Council and as a member of the nursing Recruitment, Recognition and Retention group, the Nursing Practice Council, the Nursing Research Council and has served in the U.S. Army Reserves as a combat medic.

Len Hurteau, RN, was appointed nurse manager in interventional radiology. Hurteau had worked on 5A and 6H prior to joining interventional radiology in January.

IN THE NEWS

SUNY Upstate President **Gregory L. Eastwood, MD**, and **Lori Murphy** were quoted in a *Post-Standard* article about the \$10 million Setnor Academic Building planned for campus and the \$3 million naming gift from the Setnor family.

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The article also spotlighted **Robert Rohner, MD; Frederick Parker, MD; Elinor Spring-Mills, PhD; Maxwell Mozell, PhD; William Williams, MD; and Irwin Weiner, MD**, who are being honored with classrooms bearing their names. The site dedication ceremony was covered by WSYR radio, News10Now, WSYR News-Channel 9 and WSTM-TV3.

Robert Gregory, MD, was quoted in *Post-Standard* article about dealing with the emotional impact of seeing images of Hurricane Katrina victims and destruction.

Medical resident **Erin Hannagan, MD**, was profiled in the *Post-Standard* about how being a childhood cancer survivor led her to a career in medicine.

Teresa Wagner and Neal Seidberg, MD, were quoted in *The Healthcare Provider* about the use of wireless technology by hospitals.

David Reed, MD, and **Jahn Avarello, MD**, were interviewed by WSTM-TV 3, WTVH-TV 5, WSYR Newschannel 9, News 10Now, WSYR, WAER and WRVO about their participation in the Hurricane Katrina relief efforts.

The September issue of *Physician Practice* featured **Gabriel Haas, MD**, and robotic-assisted prostatectomies; the appointment of **Jeremy Shefner, MD**, as the chair of neurology; and the new website www.childabuseMD.com created by **Ann Botash, MD**.

UH physicians help Hurricane Katrina victims

David Reed, MD, associate professor of emergency medicine and Jahn Avarello, MD, a pediatric emergency fellow, traveled to New Orleans in response to a request from the Louisiana Department of Health and Hospitals for emergency medicine physicians to provide medical care for people stranded by Hurricane Katrina.

Dr. Avarello provided medical assistance to people in shelters and helped in other ways to ensure that the shelters remain a viable housing alternative for the victims who were left homeless.

Dr. Reed participated in convoys of flat-boats going door-to-door to find people who needed medical help.

"Many individuals had decided to sit out the storm and wait until the floods had receded," said Dr. Reed. "These people had no electricity, water or access to food. Although many people wanted to stay in their homes, a few of the sick and elderly needed to be evacuated by boat or helicopter," said Dr. Reed.



Top to bottom: People use canoes for transportation through the flooded streets of New Orleans; one of the many New Orleans shelters; on the Louisiana State University campus in Baton Rouge, volunteer college students watched after children who had become separated from their parents during the events of Hurricane Katrina.

Photographs by Dr. Jahn Avarello and Dr. David Reed.

SUNY Upstate homepage features "Self Serve-My Information" link

SUNY Upstate Medical University has created a "Self Serve - My Information" link to its homepage for employees to access information about themselves and for supervisors to access information about employees who report to them. The link is found at www.upstate.edu, under "Faculty, Staff, and Volunteers." Oracle usernames and passwords are required to login. Features include:

Time query access for departmental timekeepers. Upon request from a department head, a departmental

timekeeper who performs administrative responsibilities for the department can access time accrual information for employees in the specified department and/or for specific individuals. Submit an Oracle Account Request form to request authorization, (<http://imt.upstate.edu/helpdesk/documents/oracle.pdf>). Select the Time Query feature from the department information tab at the top of the Self-Serve home page.

Paycheck history for employees. State employees can view their paycheck

advice from the past 12 months. Information for current paychecks is available the Monday prior to payday. Select the feature from the "My Information" tab at the top of the Self-Serve home page.

Efforts are underway to provide this service for Research Foundation employees. E-mail STATEPR@upstate.edu or call 464-4840 for time query or paycheck history questions or call 464-4115 for technical assistance.

Plicator procedure for GERD—continued from page 1

medications in 70 percent of treated patients.

Prior to the Plicator procedure, treatment options for GERD were limited to chronic drug therapy or traditional anti-reflux surgery.

"While daily intake of medications known as proton pump inhibitors is safe and can provide significant symptom relief for most patients, they help only to suppress acid production and do not prevent the physical regurgitation of gastric contents into the esophagus," said Dr. Szykowski. "In addition, the drugs are often required for a patient's lifetime since GERD symptoms will typically return once medication has been discontinued or forgotten. Many patients do not want to take medicine everyday and until now, surgery was their only other option."

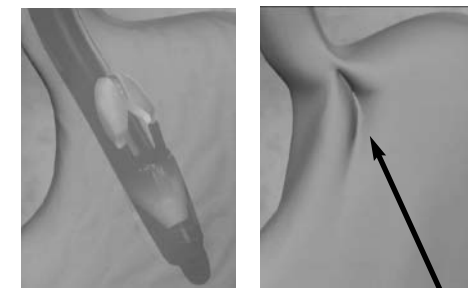
Traditional anti-reflux surgery

requires general anesthesia, multiple incisions, hospitalization and a recovery period lasting several days.

An estimated 15 million people in the United States suffer from GERD, making it the most prevalent disorder of the esophagus. The most common symptom of GERD is heartburn, described by sufferers as a burning sensation behind the breastbone. Other symptoms include regurgitation, chest pain, hoarseness, wheezing, and chronic cough.

Left untreated, GERD can lead to a variety of serious esophageal complications including inflammation, also known as esophagitis; ulceration; or strictures. GERD patients are at risk to develop a pre-cancerous condition known as Barrett's esophagus.

To qualify for the procedure, patients must be aged 18 years or over,



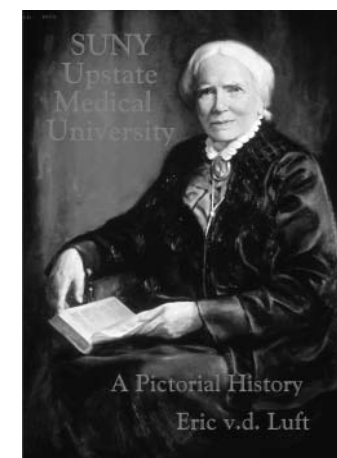
The Plicator tightens the valve to restore the normal anti-reflux barrier, correcting the underlying mechanical defect that causes GERD.

diagnosed with GERD by their physician and should have completed a trial of antacid medicines.

The procedure is covered by most insurance companies. Patients may be referred by a physician or may self-refer.

For more information or to schedule an appointment, call Dixie Janicek at 464-5804.

Pictorial history of SUNY Upstate Medical University—continued from page 1



scholarly analysis or narrative and its stories and vignettes are only loosely connected. "Read it more like an album than like a treatise," advises Dr. Luft.

Copies of the book retail for \$18.95. For each retail copy that is bought directly from the publisher through the end of 2006,

Gegensatz Press will donate \$1 to the campaign for the Setnor Academic Building.

For more information about the book, visit www.upstate.edu/library/history/little-ad.pdf.

Book signing event

Eric v.d. Luft, PhD, will discuss and sign copies of his book Oct. 12, from 1 to 2 p.m. in the first floor atrium of the Health Sciences Library.

The Syracuse Medical Alumni Association will have copies available for sale.

Oct. 6. to 7 p.m. HealthLink at Shoppingtown Mall, DeWitt.

"Prostate Cancer: Minimally Invasive Surgical Option" covers diagnosis and staging of prostate cancer and laparoscopic and robotic-assisted prostatectomy. Free. Call 464-8668 to register.

Oct. 7. 7:30 a.m. to 4:45 p.m. Convention Center at Oncenter, 800 S. State St., Syracuse.

"Lung Cancer: New Concepts in Diagnosis and Treatment," covers the standard of care for assessment and evaluation of lung cancer patients; treatment options for patients with lung cancer; and methods for integrating complementary therapies for patients with lung cancer. AMA Physician's Recognition Award credits available. Call 464-8668 for details.

Oct. 12. 3 to 4 p.m. 1541 University Hospital.

"Computer Skills for PSLs." Learn GroupWise, Microsoft word and Internet skills to make the PSL role easier.

Oct. 13. 8:30 to noon. East Lounge, C.A.B.

"Healthcare Diversity Management" explores the historical context for understanding diversity and looks at the legal, moral and business case for valuing diversity in healthcare.

Oct. 14. 7 a.m. to 5 p.m. Genesee Grande Hotel, 1060 E. Genesee Street, Syracuse.

32nd Annual Regional Perinatal Symposium "Advances in Clinical Perinatal Medicine—New Advances in the Field, Updates in Perinatal Medicine" is for healthcare professionals who provide care for high risk mothers, their fetus/newborn and family members.

Oct. 17. 9 a.m. to noon. 1328b University Hospital.

"Mentoring New Managers—Train the Mentor" will discuss the benefits to peer mentoring; the business case for mentoring; and SUNY Upstate's

mentor expectations /outcomes.

Oct. 18. Registration: Noon. Program: 12:30 to 5 p.m. Marley Education Center.

Fifth Annual Teaching Day for Teachers discusses ways to meet the competency guidelines and to provide effective feedback to medical students and/or residents. Educational credits available. Workshops and oral presentations are included. Call 464-5184 for more information.

Oct. 19. 4 to 5:30 p.m. and 6 to 7:30 p.m. HealthLink at Shoppingtown Mall, DeWitt.

"Do You Know What's in Your Medicine Cabinet?" allows participants to review all of their medications with a pharmacist. Free. Call 464-8668 to register.

Oct. 20. 9:30 to 11:30 a.m. 205 Jacobsen Hall.

"Fundamentals of UUP Performance Management" reviews the purpose, process and timelines associated with developing UUP performance programs and performance.

Oct. 20. 6 to 7 p.m. HealthLink at Shoppingtown Mall, DeWitt.

"The Gift of Life: How Living Organ Donation Saves Lives." Transplant professionals, organ donors and transplant recipients will discuss the rewards of living organ donation. Free. Call 464-8668 to register.

Oct. 21. 8 a.m. to 1 p.m. Arthur Storch Theater, 820 E. Genesee St., Syracuse.

Seymour Fisher Memorial Workshop: "Psychotherapy Relationships That Work" will cover the latest information about psychotherapy and how to effectively tailor interventions to the specifics of each individual patient. Call 464-3104 for details.

Oct. 24. 2 to 3:30 p.m. HealthLink at Shoppingtown Mall, DeWitt.

"Tis the Season for Lyme Disease" covers the sources of infection, methods of transmission, diagnosis,

treatment and risk reduction. Free. Call 464-8668 to register.

Oct. 25. 6 to 7 p.m. HealthLink at Shoppingtown Mall, DeWitt.

"Total Hip Replacement and Hip Resurfacing" discusses the latest techniques for hip replacement surgeries. Free. Call 464-8668 to register.

Oct. 26. 6 to 7:30 p.m. HealthLink at Shoppingtown Mall, DeWitt.

"Is Your Exercise Program Meeting Your Goals?" will offer information on getting the most out of your exercise program and taking it to the next level. Free. Call 464-8668 to register.

Oct. 27. 9 a.m. to noon. East Lounge, C.A.B.

"The Leader Within: Emotional Intelligence/Assessment" is the first program in a three-part series that explores leadership competencies and the impact of emotional intelligence in the workplace.

Oct. 28. 9 to 11 a.m. 205 Jacobsen Hall.

"Purchasing Procedures 101" will introduce participants to hospital purchasing and its services. Participants will receive a hospital purchasing guide.

Upstate Update Schedule

Issue:

Nov. 2 to 16

Deadline:

Oct. 17

Issue:

Nov. 16 to 30

Deadline:

Oct. 31

Wednesday, Oct. 5

Anesthesiology Grand Rounds. 7 a.m. Wsk. Hall Auditorium.

Surgery Morbidity/Mortality Conference. 7 to 8 a.m. 2231 Wsk. Hall.

Orthopedics Grand Rounds. 8 a.m. 6500 University Hospital.

Surgery Grand Rounds. “Current Strategies in the Treatment of End-Stage Cardiac Disease.” Howard Todd Massey, MD, University of Rochester Medical Center. 8 to 9 a.m. 2231 Wsk. Hall.

Neuroscience Grand Rounds. 8 a.m. Marley Education Ctr.

Workshop. “Oracle Tracker Educational Database.” 9 to 11 a.m. Classroom D, Institute for Human Performance.

Vendor Fair. 9 a.m. to 3 p.m. Lobby, C.A.B.

Pediatric Grand Rounds. “Vaccine Refusers are Neither Foolish Nor Unethical!” Allan Cunningham, MD, Upstate Medical University. 9:15 a.m. 6500 University Hospital.

Safety-at-Work Education Fair. 8:30 to 10:30 a.m. and 3 to 4 p.m. Fourth Floor Community Room, UHCC.

Workshop. “Getting Started with Medical Terminology, Part I.” 10 a.m. to noon. E6408 University Hospital.

Health Sciences Library Tour. Noon. First floor, Wsk. Hall. Meet at New Book area. Call 464-7192.

NIH Wednesday Afternoon Lecture Series. “Matching Services to Needs: The Importance of Health Services Research for Reducing Disparities.” Margarita Alegria, PhD, Harvard Medical School. 3 p.m. 318 Health Sciences Library, Wsk. Hall.

Publication Party for The Healing Muse. 4 to 5 p.m.

Medical Alumni Aud., Wsk. Hall.

Spiritual Care Grand Rounds. “And a Time to Die: How American Hospitals Shape the End-of-Life.” Rev. Jerry Shave, Upstate Medical University. 4 to 5:15 p.m. 5301 Wsk. Hall.

Burn Survivors Support Group. 5 to 7 p.m. 6408 University Hospital.

Free Health Seminar. “Preventing and Recognizing Stroke.” Rochele Clark, RN, BSN, Upstate Medical University. 6 to 7:30 p.m. HealthLink at ShoppingTown Mall, DeWitt.

Thursday, Oct. 6

SUNY Upstate New Employee Orientation. 7 a.m. to 3:30 p.m. East Lounge, C.A.B.

Safety-at-Work Education Fair. 8:30 to 10:30 a.m. and 3 to 4 p.m. Fourth Floor Community Room, UHCC.

Psychiatry Grand Rounds. “Where DAT’s At: Imaging the Effects of Genetic Polymorphisms of the Dopamine Transporter.” Boadie W. Dunlop, MD, Emory University. 12:30 to 2 p.m. 713 Harrison St.

Open Forum with Phillip S. Schaengold, JD. 3 to 4 p.m. fifth floor conference room, UHCC; 6:30 to 7:30 p.m., 6500 University Hospital.

Free Health Seminar. “Prostate Cancer: Minimally Invasive Surgical Options.” Ali Moizadeh, MD, Upstate Medical University. 6 to 7 p.m. HealthLink at ShoppingTown Mall, DeWitt.

Friday, Oct. 7

Symposium. “Lung Cancer: New Concepts in Diagnosis and Treatment.” 7:30 a.m. to 4:45 p.m. Convention Center at Oncenter, 800 S. state St., Syracuse.

Open Forum with Phillip S. Schaengold, JD. 6 to 7 a.m., 6500 University Hospital;

10 to 11 a.m. PDC, Liverpool; 2 to 3 p.m. 6500 University Hospital.

Washington DC Weekend Trip. Sponsored by Campus Activities Governing Board.

Obstetrics/Gynecology Grand Rounds. “Advances in Cleft Lip/Palate Care.” John A. Giroto, MD, Golisano Children’s Hospital at Strong Memorial. 7:30 a.m. Marley Education Center.

SUNY Upstate New Employee Orientation. 8 a.m. to noon. East Lounge, C.A.B.

Safety-at-Work Education Fair. 8:30 to 10:30 a.m. and noon to 1:30 p.m. Fourth Floor Community Room, UHCC.

Seminar. “Serving the Underserved: a Student’s View of SC Hope.” Erin Crosby, Upstate Medical University. 11:45 a.m. to 1 p.m. 406 Crouse Physician’s Office Bldg.

SUNY Nursing Services Orientation. 1 to 3 p.m. East Lounge, C.A.B.

Saturday, Oct. 8

Washington DC Weekend Trip. See 10/7 listing.

* **Mass.** Fr. David James. 4 p.m. University Hospital Cafeteria Annex.

Sunday, Oct. 9

Washington DC Weekend Trip. See 10/7 listing.

* **Mass.** 11 a.m. Day Room, Physical Medicine and Rehabilitation.

Monday, Oct. 10

AA Open Meeting. Noon. 4137 University Hospital. Call 463-5011 for more information.

Tuesday, Oct. 11

Parking Reregistration. 9 to 11 a.m. 205 Madison Towers; 1 to 3 p.m. Lobby, Institute for Human Performance.

Workshop. “InfoPoems & UpToDate.” Noon to 1 p.m. 220 Health Sciences Library.

Weight Watchers at Work. 11:30 a.m. to 1:30 p.m. 5303 Wsk. Hall.

* **Devotions.** Noon. 1317 University Hospital.

SUNY Nursing Services Orientation. 12:45 to 3:30 p.m. East Lounge, C.A.B.

Department of Medicine Infectious Disease Conference. Donald Blair, MD, Upstate Medical University. 4 p.m. 118 University Hospital.

Vascular Conference. “Endovascular Interventions for Lower Extremity Occlusive Disease.” Kwame S. Amankwah, MD, Upstate Medical University. 5 p.m. 8800 University Hospital.

Wednesday, Oct. 12

Anesthesiology Grand Rounds. 7 a.m. Wsk. Hall Auditorium.

Surgery Morbidity/Mortality Conference. 7 to 8 a.m. 2231 Wsk. Hall.

Parking Reregistration. 8 to 11:30 a.m. Lobby, Jacobsen Hall; 1 to 3 p.m. Fourth Floor Community Room, UHCC.

Orthopedics Grand Rounds. 8 a.m. 6500 University Hospital.

Neuroscience Grand Rounds. 8 a.m. Marley Education Ctr.

Surgery Grand Rounds. William H. Marx, DO and Carlos Lopez, MD, Upstate Medical University. 8 to 9 a.m. 2231 Wsk. Hall.

Pediatric Grand Rounds. 9:15 a.m. 6500 University Hospital.

Workshop. “Getting Started with Medical Terminology, Part I.” See 10/5 listing.

Emergency Medicine Grand Rounds. “Psychiatry, Strategic Management Simulation.” Usha Satish, PhD, Upstate Medical University. 11 a.m. to noon. 2231 Wsk. Hall.

Health Sciences Library Tour.

See 10/5 listing.

Book-signing for “SUNY “Upstate Medical University: A Pictorial History.” 1 to 2 p.m. First floor atrium, Health Sciences Library.

Workshop. “Computer Skills for PSLs.” 3 to 4 p.m. 1541 University Hospital.

NIH Wednesday Afternoon Lecture Series. “Complex Genetics in the Human Brain: Lessons From COMT.” Daniel R. Weinberger, MD, NIMH. 3 p.m. 318 Health Sciences Library, Wsk. Hall.

Thursday, Oct. 13

Parking Reregistration. 8 to 11 a.m. Suite 303, 250 Harrison St.; 1 to 3 p.m. Lobby, Weiskotten Hall.

Workshop. “Healthcare Diversity Management.” 8:30 a.m. to noon. East Lounge, C.A.B.

SUNY Upstate On-line Employment System Training. 9:30 to 11:30 a.m. Computer Classroom, Institute for Human Performance.

Psychiatry Grand Rounds. “Management of Erotic Transference: Theory, Technique and Countertransference.” James Lomax, MD, Baylor College of Medicine. 12:30 to 2 p.m. 713 Harrison St.

Friday, Oct. 14

Parking Reregistration. 7 to 11:30 a.m. and 1 to 4 p.m. Second floor cafeteria annex, University Hospital.

32nd Annual Regional Perinatal Symposium. “Advances in Clinical Perinatal Medicine-New Advances in the Field, Updates in Perinatal Medicine.” 7 a.m. to 5 p.m. Genesee Grande Hotel, E. Genesee Street, Syracuse.

Watcher Orientation. 8 to 10 a.m. E6408 University Hospital.

Comedy Hour with Steve Caouette. Happy Hour: 5:30

p.m. Performance: 6:15 p.m. C.A.B. Admission: \$. Food and refreshments available for purchase. Not suitable for children under 18 years.

Saturday, Oct. 15

* **Mass.** See 10/8 listing.

Sunday, Oct. 16

* **Mass.** See 10/9 listing.

Center for Spiritual Care Dedication. 3 p.m. First floor, University Hospital.

Monday, Oct. 17

Parking Reregistration. 9 to 11:30 a.m. Lobby, Silverman Hall; 1:30 to 3 p.m. Lobby, Weiskotten Hall.

Workshop. “Mentoring New Managers—Train the Mentor.” 9 a.m. to noon. 1328b University Hospital.

AA Open Meeting. See 10/10 listing.

Reception to Honor New Department Chairs. 4:30 to 6:30 p.m. Medical Alumni Auditorium, Wsk. Hall.

Yoga Class. 5 to 6:15 p.m. East Lounge, C.A.B.

Tuesday, Oct. 18

Safety-at-Work Education

Fair. 7 a.m. to 4 p.m. 1328b University Hospital.

Workshop. “RefWorks.” Noon to 1 p.m. 220 Health Sciences Library.

Weight Watchers at Work. See 10/11 listing.

* **Devotions.** See 10/11 listing.

Fifth Annual Teaching Day for Teachers. “The Scholarship of Teaching: Reaching a Consensus on What Counts.” Gary Rosenfeld, PhD, University of Texas at Houston. 12:30 to 5 p.m. Marley Education Building.

Parking Reregistration. 1 to 3 p.m. Lobby, 550 Harrison Center.

Department of Medicine Infectious Disease Conference. Shelley Gilroy, MD, Upstate Medical University. 4 p.m. 118 University Hospital.

Vascular Conference. “Case Presentations.” 5 p.m. 8800 University Hospital.

Wednesday, Oct. 19

Anesthesiology Grand Rounds. 7 a.m. Wsk. Hall Auditorium.

Surgery Morbidity/Mortality Conference. 7 to 8 a.m.

2231 Wsk. Hall.

Orthopedics Grand Rounds. 8 a.m. 6500 University Hospital.

Neuroscience Grand Rounds. 8 a.m. Marley Education Ctr.

Pediatric Grand Rounds. 9:15 a.m. 6500 University Hospital.

Workshop. “Getting Started with Medical Terminology, Part I.” See 10/5 listing.

Health Sciences Library Tour. See 10/5 listing.

SUNY Upstate On-line Employment System Training. 1 to 3 p.m.. Computer Classroom, Institute for Human Performance.

Free Health Seminar. “Do You Know What's in Your Medicine Cabinet?” 4 to 5:30 p.m. and 6 to 7:30 p.m. HealthLink at ShoppingTown Mall, DeWitt.

Thursday, Oct. 20

Parking Reregistration. 7 to 11:30 a.m. and 1 to 4 p.m. second floor lobby, University Hospital.

SUNY Upstate New Employee Orientation. 7 a.m. to 3:30 p.m. East Lounge, C.A.B.

Medical Grand Rounds.

“Confronting the Obesity Epidemic: Beyond Diet and Exercise.” Lisa Kaufmann, MD, Upstate Medical University. 8:30 a.m. Medical Alumni Aud., Wsk. Hall.

Workshop. “Fundamentals of UUP Performance Management.” 9:30 to 11:30 a.m. 205 Jacobsen Hall.

Blood Drive. Noon to 5 p.m. Second floor cafeteria, University Hospital.

Psychiatry Faculty Meeting for Full-time Faculty. Noon to 1 p.m. 713 Harrison St.

Free Health Seminar. “The Gift of Life: How Living Organ Donation Saves Lives.” John Leggat, MD, and Richard Padula, Upstate Medical University and living donors and transplant recipients. 6 to 7 p.m. HealthLink at ShoppingTown Mall, DeWitt.

Friday, Oct. 21

Blood Drive. 7 a.m. to noon. Second floor cafeteria, University Hospital.

Obstetrics/Gynecology Grand Rounds. “Trauma in Pregnancy.” Richard Aubry,

MD, Upstate Medical University. 7:30 a.m. Marley Education Center.

Parking Reregistration. 8 a.m. to noon. Second floor lobby, University Hospital.

SUNY Upstate New Employee Orientation. 8 a.m. to noon. East Lounge, C.A.B.

Seymour Fisher Memorial Workshop. “Psychotherapy Relationships That Work.” John C. Norcross, PhD, University of Scranton. 8 a.m. to 1 pm. Arthur Storch Theater, 820 E. Genesee St., Syracuse.

SUNY Nursing Services Orientation. 1 to 3 p.m. East Lounge, C.A.B.

Saturday, Oct. 22

* **Mass.** See 10/8 listing.

Sunday, Oct. 23

* **Mass.** See 10/9 listing.

* *Broadcast live from the Chapel on in-house Channel 40.*

Watch SUNY Upstate's news program “Upstate Magazine” on Staff Ed TV Channel 62 or by visiting <http://www.upstate.edu/edc/om/upstatemag>

Deadline to enroll in 2006 Flex Spending Accounts is Nov. 10

The 2006 Flexible Spending Account program open enrollment period for state employees ends Nov. 10. To be eligible to enroll in the program, state employees must work at least half time, meet the eligibility criteria for enrollment in the New York State Health Insurance Program and be expected to be employed for the entire 2006 calendar year.

The program’s Health Care Spending account gives state employees the opportunity of paying for unreimbursed medical expenses on a pre-tax basis. Eligible employees can set aside \$150 to \$3,000 annually in pre-tax salary to pay for medically necessary medical, dental, prescription,

vision and hearing expenses for enrollees and their dependents that are not reimbursed by health insurance.

The program’s Dependent Care Advantage account allows state employees to pay for child care, elder care, or other dependent care expenses on a pre-tax basis. Eligible employees can set aside up to \$5,000 annually in pre-tax salary to pay for eligible child care, elder care, or disabled dependent care expenses necessary for them (and their spouses, if married) to work.

The new Employer Contribution, \$200 to \$700 based on annual income for 2006, is available to M/C, CSEA, PEF, and UUP employees.

Current participants must reenroll

to continue 2006 participation.

Enrollment must be done online at www.flexspend.state.ny.us or by calling 1-800-358-7202 by Nov. 10. Individuals who enroll online must reach the confirmation screen to ensure that enrollment has been accepted.

Call the FSAHotline at 1-800-358-7202 or visit www.flexspend.state.ny.us for more information.

Research Foundation employees will receive information regarding the Research Foundation 2006 Flexible Spending Account Program open enrollment period at a future date.



Robin Wensel supports the Burn Fund for Patients

"Each summer, 20 to 25 of our kids go to a camp especially for young burn patients.

We make sure every child who wants to go, goes—and that takes money. Our hospital staff volunteer at the camp and local firefighters help with transportation, meals and fundraising. The camp is a joyful, empowering place. These kids have endured greater hardship and pain than most people would experience in a lifetime. I am so happy to see their confidence build.

Everybody has scars. Working with these amazing kids truly reminds us all that it's what's on the inside that matters.



Volunteers sought for ulcerative colitis drug trial

A clinical trial at SUNY Upstate Medical University is testing the effectiveness of a new drug therapy for people diagnosed with ulcerative colitis.

Ulcerative colitis is a chronic illness that causes inflammation and sores, called ulcers, in the lining of the large intestine. The inflammation usually occurs in the rectum and lower part of the colon, but it may affect the entire colon. Symptoms, depending on the severity of the disease, can include bloody diarrhea, abdominal cramps, weight loss and fatigue.

Ulcerative colitis can be treated with a variety of drug therapies. The only known cure for the disease is surgical removal of the affected part of

the colon.

The clinical study, being conducted by Philip Holtzapple, MD, professor of medicine at SUNY Upstate, will test the effectiveness of encapsulated mesal - amine pellets for the maintenance or remission from mild to moderate ulcerative colitis.

The study is comparing the investigational medication to placebo in people who have been diagnosed with ulcerative colitis that is in remission.

To qualify, participants must be at least 18 and in remission from ulcerative colitis for at least one month but no longer than 12 months.

For information on enrolling in the study, contact Karyn Kushner at 464-5794.

Special thanks: Children's Hospital, Katrina Relief, physician assistants

The 8K / 8P general pediatrics staff raised \$1,100 for the CNY Children's Hospital at University Hospital through raffles and a weight loss challenge. Raffle winners are Kim Hughs, Rob Snyder, Steve Williams, Patrick Scerpella, MD, and Sharle Tassone. Juanita Hicks won the weight loss challenge. The staff thanks everyone who participated in the fundraising efforts and invites the SUNY Upstate community to participate in a raffle for a Thanksgiving turkey basket with details to be announced at a later date.

The staff of 6J extends thanks to everyone who contributed to the Katrina Disaster Relief Fund through 6J. A check for \$310 was sent to the fund on behalf of "their friends at University Hospital in Syracuse, NY."

The Medical Staff Office thanks the hospital's 29 physician assistants during National Physician Assistant Week, Oct. 6 through 12. The SUNY Upstate community is invited to visit the hospital's second floor lobby to view the physician assistant banner.

Note: Contact the Human Resources Department for address changes and corrections.

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Upstate Update is published by the Public and Media Relations Department at SUNY Upstate Medical University, Syracuse, NY. To submit news or calendar items, contact editor Doretta Royer, Fourth Floor, 250 Harrison Street, 464-4833; e-mail: royerd.

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