

U P S T A T E update

A publication
for the
SUNY Upstate
Medical University
Community

MARCH 24 THROUGH APRIL 7, 2004

In the Calendar

Visiting Professor in Radiology

Lecture. Michael J. Callahan, MD, Harvard Medical School. 4/8 and 4/9. 12:15 p.m. 3430 University Hospital. See *Update Calendar* inside.

Take Note

Convocation is Sept. 8

SUNY Upstate Medical University's Fall Faculty Convocation will be held Wednesday, Sept. 8 at 4 p.m. in the Weiskotten Hall Medical Alumni Auditorium.

President's Employee Recognition Awards

See nomination forms inside.

University Hospital participates in national trial for heart failure

An innovative new treatment for chronic heart failure, in which a person's own immune system is targeted to reduce their risk of hospitalization and death, is now being tested at University Hospital.

The hospital is one of 160 sites in North America and the only in Syracuse to test Vasogen Inc.'s immune modulation therapy for chronic heart failure.

Nearly five million Americans are living with heart failure and 550,000 new cases are diagnosed each year. The heart's inability to function as a pump leads to a decline in health for the patient and frequent hospitalizations and premature death. Chronic heart failure is the leading cause of hospital admissions for patients over 65.

Under the new treatment, which uses immune modulation therapy (IMT), blood (approximately two teaspoons or 10 milliliters) is drawn from the patient and mixed with a small amount of a standard anti-clotting agent. The sample is then placed in a special device where it is exposed



Robert Carhart, MD

to a temperature of 108 degrees, ultraviolet light, and a mixture of medical grade oxygen and ozone. This process takes between 20 and 30 minutes. The blood sample is then injected back into the body.

The process is designed to reduce the chronic inflammation implicated in the development and progression of chronic heart failure by activating the immune systems physiological anti-inflammatory response to bad cells.

"Immune modulation therapy targets the destructive action of chronic inflammation in the body," said University Hospital cardiologist Robert Carhart, MD, who is leading the Syracuse study.

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Group therapy program uses cognitive-behavioral strategies

Central New York adults who have been diagnosed with depression are welcome to participate in a 12-week group therapy program sponsored by SUNY Upstate Medical University's Adult Psychiatry Outpatient Clinic.

The program uses cognitive-behavioral strategies to help participants lead a more productive and satisfying life. Sessions are held Tuesdays, from 2 to 4 p.m. at the clinic's 713 Harrison Street location.

Cognitive Behavioral Therapy (CBT) has been demonstrated to be an effective time-limited intervention for many adults with depression. "CBT teaches practical skills that can be applied over a lifetime to improve everyday functioning," said Program Director Robbi Saletsky, PhD, a psychologist at the Adult Psychiatry Outpatient Clinic and clinical assistant professor of psychiatry at SUNY Upstate. "Participants will rehearse new skills in the group each week. They will also have weekly practice homework assign-

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calendar

Wednesday, March 24

Employee Information Day.

7 a.m. to 5 p.m. Wsk. Hall, ninth floor lobby. Call 464-5760 for information.

Anesthesiology Grand Rounds.

7 to 8 a.m. Wsk. Hall Auditorium.

Otolaryngology Grand Rounds.

Robert Kellman, MD. 7 to 8 a.m. 6500 University Hospital.

Fourth Annual Contemporary Issues in Emergency Medicine.

"Life Threats in Emergency Medicine." 7:30 a.m. to 4 p.m. Oncenter Convention Center.

Orthopedic Grand Rounds.

"Degenerative Spondylolisthesis." Matthew Bennett, MD. 8 a.m. 6500 University Hospital.

Surgical Grand Rounds.

"Carotid Disease: Past, Present and Future." Pamela Zimmerman, MD, Upstate Medical University. 8 to 9 a.m. 2231 Wsk. Hall.

Free Diabetes Screening.

8 a.m. to 4 p.m. Joslin Diabetes Center, 90 Presidential Plaza.

Pediatric Grand Rounds.

"Differentiating Feeding From Swallowing Problems: Causes, Contributors, Evaluation and Treatment." Robert Shprintzen, PhD, Upstate Medical University. 9:15 a.m. 6500 University Hospital.

Health Sciences Library Tour.

Noon. Meet at New Book area. Call 464-7193 for information.

NIH Director's Lecture.

"Retroviral Insertional Mutagenesis: A Roadmap for Navigating the Cancer Genome." Neal Copeland, PhD and Nancy Jenkins, PhD, NCI. 3 p.m. 318 Wsk. Hall. Call 464-5476 for more information.

Neurology/Neurosurgery Grand

Rounds. "Narcolepsy."

Michael J. Thorpy, MD, Albert Einstein College of Medicine. 4 p.m. 6500 University Hospital.

Thursday, March 25

SUNY Upstate New Employee

Orientation. 7 a.m. to 3:30 p.m. C.A.B., East Lounge.

Medical Grand Rounds.

8:30 a.m. Wsk. Hall, Medical Alumni Aud.

The Treatment of Trauma:

Cognitive Behavioral Approaches Conference.

"Diagnosis and Treatment of Post Traumatic Stress Disorder (PTSD)." Edna Foa, PhD, University of Pennsylvania. 9 a.m. to 4:30 p.m. Sheraton Hotel and Conference Center, 801 University Ave.

NIH Afternoon Lecture.

3 p.m. 318 Wsk. Hall. Call 464-5476 for more information.

Friday, March 26

Obstetrics/Gynecology Grand

Rounds. "Endrogen Excess." Mohamad Farhat, MD, Upstate Medical University. 7:30 a.m. Marley Education Center, Sulzle Auditorium.

Eighth Annual HIV/AIDS Nursing

Update. "HIV Around the World and Across the Street." Mary Lightfine, Nurses Without Boundaries. 7:30 a.m. to 4:30 p.m. Sheraton Syracuse University Hotel & Conference Ctr., 801 University Ave.

SUNY Upstate New Employee

Orientation. 8 a.m. to noon. C.A.B., East Lounge.

Workshop. "Great Presentations." 9 to 11:30 a.m. 1328B University Hospital. To register, visit upstate.edu/hr/training/form.shtml.

Workshop. "MEDLINE on the Web." 11 a.m. to noon.

Health Sciences Library, meet at the Reference Desk. Call 464-4581 to register.

SUNY Nursing Services

Orientation. 1 to 3 p.m. C.A.B., East Lounge.

Little Gifts for Life Auction and

Celebration.

6 to 11 p.m. Oncenter.

Film. "Mystic River." Rated R.

7:30 p.m. Wsk. Hall Aud.

Admission: \$2.

Saturday, March 27

Film. "Mystic River." See 3/26 Calendar listing.

Monday, March 29

AA Open Meeting. Noon. 4137 University Hospital. Call 463-5011 for more information.

SUNY Nursing Services

Orientation. 12:45 to 3:30 p.m. C.A.B., East Lounge.

College of Medicine Junior

Faculty Workshop. "Nuts & Bolts of Promotion at Upstate." 1 to 4 p.m. 3105A Weiskotten Hall. Free. To register, call 464-4515 or email millerk@upstate.edu.

Tuesday, March 30

Workshop. "Getting Started with Medical Terminology Part I." 8:30 to 10:30 a.m. UHCC, Community Room. To register, visit upstate.edu/hr/training/form.shtml.

American Heart Walk/Run On-

Site Registration. Noon to 1 p.m. University Hospital, second floor. Call 464-4845 or 464-4263 for information.

Linen Utilization Task Force

(LUTF) Meeting. 1 p.m. University Hospital, 4C Conference Room.

Combined Infectious Diseases

Conference. "Update on Treatment of RSV in

Immunocompromised Patients." Shelley A. Gilroy, MD, Upstate Medical University. 4 p.m. 118 University Hospital.

Wednesday, March 31

Anesthesiology Grand Rounds.

7 to 8 a.m. Wsk. Hall Auditorium.

Otolaryngology Grand Rounds.

7 to 8 a.m. 6500 University Hospital.

Orthopedic Grand Rounds.

Mark Wilson, MD, 8 a.m. 6500 University Hospital.

Surgical Grand Rounds. "Acute

Colonic Pseudo-obstruction: Pharmacologic Strategies for Prevention." David Lehmann, MD, PharmD, Upstate Medical University. 8 to 9 a.m. 2231 Wsk. Hall.

Spring Bazaar to benefit the CNY Children's Hospital. 9 a.m. to 4 p.m., UHCC, fourth floor Community Room.

Pediatric Grand Rounds.

"Therapeutic Drug Monitoring in Pediatric Patients." Luke A. Probst, Upstate Medical University. 9:15 a.m. 6500 University Hospital.

Anesthesia Technicians

Recognition Lunch. 11 a.m. to 2 p.m. University Hospital, Operating Conference Rm.

Public Lecture. "Different Countries, Different Myths: Perspectives on the Goals of Medicine." 11:30 a.m. to

1 p.m. Weiskotten Hall, Medical Alumni Aud. Sponsored by Center for Bioethics and Humanities.

Health Sciences Library Tour.

See 3/24 Calendar listing.

NIH Director's Lecture.

"Structural and Digital Biology of Macromolecular Complexes." Wah Chiu, PhD, Baylor College of Medicine.

3 p.m. 318 Wsk. Hall.

Neurology/Neurosurgery Grand Rounds. Suketu Khandhar, MD, Upstate Medical University. 4 p.m. 6500 University Hospital.

Film. "21 Grams" starring Sean Penn and Naomi Watts. Rated R. 7:30 p.m. Wsk. Hall Auditorium. Admission: \$1.

Thursday, April 1

Visiting PhD, Student Candidate Recruitment Days 2004.

Sponsored by College of Graduate Studies. For information, call 464-7655 or e-mail grangers@upstate.edu.

Medical Grand Rounds.

Acquired Nephrogenic Diabetes Insipidus: A Thirty Year Perspective on Lithium and the Kidney." John N. Forrest, Jr., MD, Yale University School of Medicine. 8:30 a.m. Wsk. Hall, Medical Alumni Aud.

Workshop. "All About Payroll and Employee Time and Attendance." 9 a.m. to noon. C.A.B., East Lounge. E-mail "STATEPR" to register.

Hot Topics in Research Lecture.

"Alternative Therapies in Oncology Patients." Jen Matthews, Ortho Biotech, Inc. 11:30 a.m. to 1:30 p.m. Institute for Human Performance. Call 464-5476 to R.S.V.P.

NIH Afternoon Lecture. 3 p.m. 318 Wsk. Hall. Call 464-5476 for more information.

Friday, March April 2

Visiting PhD, Student Candidate Recruitment Days 2004. See 4/1 Calendar listing.

Obstetrics/Gynecology Grand Rounds. "Managing Abnormal Uterine Bleeding." Gloria Bachmann, MD, Robert Wood Medical School. 7:30 a.m. Marley

Education Center.

Saturday, April 3

American Heart Walk/Run. Long Branch Park, Liverpool.

Monday, April 5

Medical Alumni Association Phonathon. 6 to 8:30 p.m. C.A.B., third floor.

AA Open Meeting. See 3/29 Calendar listing.

Tuesday, April 6

Workshop. "Getting Started with Medical Terminology Part I." 8:30 to 10:30 a.m. UHCC, Community Room. To register, visit upstate.edu/hr/training/form.shtml.

Workshop: End of Life Care: Critical Issues. "Preparation and Care for the Time of Death, Achieving Quality Care at the End of Life." 1 to 3 p.m. 9299 Wsk. Hall Addition. To register, visit upstate.edu/hr/training/form.shtml.

Combined Infectious Diseases Conference. "Infection Complications Associated with Infliximab, Entanercept and Other Biologic Agents." Frederick Rose, MD, Upstate Medical University. 4 p.m. 118 University Hospital.

Children's Miracle Network Broadcast. 8 to 8:30 p.m. WIXT-NewsChannel 9.

Wednesday, April 7

Anesthesiology Grand Rounds. 7 to 8 a.m. Wsk. Hall Auditorium.

Otolaryngology Grand Rounds. 7 to 8 a.m. 6500 University Hospital.

Orthopedic Grand Rounds. 8 a.m. 6500 University Hospital.

Surgical Grand Rounds. 8 to

9 a.m. 2231 Wsk. Hall.

Pediatric Grand Rounds. Richard Cantor, MD, Upstate Medical University. 9:15 a.m. 6500 University Hospital.

Health Sciences Library Tour. See 3/24 Calendar listing.

NIH Director's Lecture. Charles Weissman, MD, PhD, University College London. 3 p.m. 318 Wsk. Hall.

Lecture. "The Psychiatric Protection Order for the Battered Mental Patient." Thomas. S. Szasz, MD, Upstate Medical University. 3:30 p.m. Weiskotten Hall, Medical Alumni Auditorium.

Neurology/Neurosurgery Grand Rounds. "Update on Cerebrovascular Disease." Anthony Furlan, MD, Cleveland Clinic Foundation. 4 p.m. 6500 University Hospital.

Burn Survivors Support Group. 5 to 7 p.m. 6408 University Hospital.

Thursday, April 8

SUNY Upstate New Employee Orientation. 7 a.m. to 3:30 p.m. C.A.B., East Lounge.

Medical Grand Rounds. 8:30 a.m. Wsk. Hall, Medical Alumni Aud.

Visiting Professor in Radiology Lecture. "Imaging of the Pediatric Esophagus: Barium and Beyond." Michael J.

Callahan, MD, Harvard Medical School. 12:15 p.m. 3430 University Hospital. Call 464-7434 for more information.

NIH Afternoon Lecture. 3 p.m. 318 Wsk. Hall. Call 464-5476 for more information.

Friday, March April 9

Obstetrics/Gynecology Grand Rounds. "Abortion/Breast Cancer Link." Joel Brind, PhD, Baruch College CUNY. 7:30 a.m. Marley Educ. Ctr.

SUNY Upstate New Employee Orientation. 8 a.m. to noon. C.A.B., East Lounge.

CPR Classes. 8:30 to 10:30 a.m. and 1:30 to 3:30 p.m. UHCC, 4th Community Rm. Call 464-2174 to register.

Visiting Professor in Radiology Lecture. "Imaging of the Pediatric Pancreas." Michael J. Callahan, MD, Harvard Medical School. 12:15 p.m. 3430 University Hospital. **SUNY Nursing Services Orientation.** 1 to 3 p.m. C.A.B., East Lounge.

Workshop: End of Life Care: Critical Issues. "Preparation and Care for the Time of Death, Achieving Quality Care at the End of Life." 6 to 8 p.m. 1328B University Hospital. To register, visit upstate.edu/hr/training/form.shtml.

The SUNY Health Sciences Library Art Show

Through April 2

**Just Desserts Art Guild
including Maureen Barcza,
Department of Pathology**

April 5 - 30

On My Own Time Art Show

ACCLAIM study continued from page 1

“This approach holds great promise for reducing the risk of death and hospitalization and improving the quality of life for patients with advanced heart failure.”

The national clinical trial, called ACCLAIM, for Advanced Chronic Heart Failure Clinical Assessment of Immune Modulation Therapy, seeks to enroll about 2,000 patients. Enrollees must have diagnosed chronic heart failure and prior hospitalization or outpatient treatment with intravenous medication for heart failure within the past 12 months. To see if one is eligible for the clinical trial, call Mimi Weber at 464-9574.

In an earlier similar study, patients who received IMT reported improvement in their condition and quality of life and were hospitalized less often than those who did not receive the treatment.

Anesthesia Technicians Day

SUNY Upstate will offer lunch to anesthesia technicians in celebration of National Anesthesia Technicians (A.T.) Day, March 31. The lunch will be available from 11 a.m. to 2 p.m. in the hospital’s Operating Conference Room. The A.T.s will also receive recognition pins, courtesy of the Anesthesiology Department.

The anesthesia technician is an active participant of the anesthesia team in the planning of the technical support for acceptable medical physiological monitoring. Technicians support the anesthesiologists and nurse anesthetists by the preparation and set up of appropriate equipment and supplies for each surgical case, including connecting monitoring lines preparing infusion sets, applying to the patient, and operating all common physiological monitors, and drawing arterial lines and central lines, among others.

Silent Meditation sessions held in Interfaith Chapel

University Hospital’s Spiritual Care Services and the Stress Reduction Program are offering silent meditation sessions Tuesday evenings, from 5:15 to 6 p.m. and Thursday afternoons, from 3:30 to 4:15 p.m. in the hospital’s Interfaith Chapel, located behind University Hospital’s Information Desk. Sessions include a 15-minute guided sitting meditation followed by a 30-minute silent group sitting. No meditation experience is required. Chairs are provided, however, individuals may bring cushions. For more information, call 464-6052 or e-mail www.nannoe@upstate.edu.

Group Therapy Program continued from page 1

ments. Practice can help lead them to a more rapid and complete change of thought patterns and behaviors.”

During the sessions, participants will learn CBT strategies that will help them to change self-defeating, unrealistically negative thoughts so that mood improves and they can better perform everyday activities. They will also learn to become more aware of the relationship between mood and activity and learn skills needed to counter feelings of isolation and social inadequacy.

Groups consist of six to eight participants who may continue to meet with their individual therapists. Sessions are led by Dr. Saletsky and an advanced psychiatry resident. Participants will be asked to attend one or two initial screening sessions to assess whether group therapy will best meet their needs.

One in four women and one in eight men will suffer at least one episode of depression during their life times. Symptoms of depression can last anywhere from a few weeks to years. Signs include sad mood; a reduction of interests for pleasurable activities; changes in appetite and in sleep pattern; lack of energy most days; feelings of guilt, worthlessness, agitation or anxiety; difficulty with concentration; hopeless or helpless thoughts and recurrent thoughts of death or suicide.

The cost for each session is \$78 with many insurance companies covering the cost of the treatment. To learn more about the group sessions, call Dr. Robbi Saletsky at 315-464-3115.

Honorary Degree Nominees Sought for 2005 Commencement

The 2004 Honorary Degree Committee is soliciting suggestions for nominees to be honored at SUNY Upstate Medical University’s 2005 Commencement. Honorees will be awarded either the Doctor of Science or Doctor of Humane Letters Degree. Honorees in three categories are being considered—candidates who have made major contributions to the biomedical sciences or programs represented at Upstate, and celebrities who have brought national attention to a major health-related issue of importance to Upstate. Suggestions are welcome from Upstate faculty, students and staff.

Names for consideration and a brief statement of their contributions may be given to a member of the Honorary Degree Committee or sent directly to Ken Barker, PhD, Provost, 1256 Weiskotten Hall, 464-4515, or barkerk@upstate.edu. In addition to Dr. Barker, chair of the committee, members include Dr. Eugene Kaplan, Dr. Paul Grover, Dr. John Hoepner, Dr. James Lee, Dr. Patricia Numann, Joan O’Brien, Dr. Elvira Szigeti, Peter Uva, Ronald Young, Rachelle Slater and Eric Browner.

Gift Shop to close in April to make way for hospital lobby renovation

The University Hospital Gift Shop is in the midst of selling its entire stock of items for its planned shutdown to make way for the hospital lobby renovation project, slated to begin this spring.

Donna Stoner, director of Volunteer Initiatives, says the Gift Shop needs to be closed by the end of April, but will likely close much earlier. "All of our inventory has been drastically reduced and is selling very well," she said. "Our final day of business will be determined by how much inventory we have left to sell."

Stoner said there are no plans to open a temporary Gift Shop during the renovation, but popular items will be sold at Eckerd's (located on the first floor), the cafeteria and the coffee cart, which will be relocated to Room 1500A. A new expanded gift shop will open in the lobby once the renova-

tion is complete.

The nearly \$4 million lobby renovation, which is set to begin this spring, will transform the existing lobby into a two-story lobby with additional seating, wheelchair accessible revolving doors and an expanded entrance. A highlight of the new lobby will be the glass enclosed footbridge over East Adams Street to take patients from the hospital lobby to the parking garage. Patients will enter on the second floor and ascend staircase to lobby and patient information.

For updated information on all SUNY Upstate/University Hospital construction projects go to: <http://www.upstate.edu/construction/>

Director of National Eye Institute visits campus



Paul A. Sieving, MD, PhD, director of the National Eye Institute in Bethesda, Md., visited the SUNY campus on March 2 to present "Night Blindness and the State of Rod Photo Receptors in Retinitis Pigmentosa" at the Fifth Distinguished Lecture in Vision Program, sponsored by SUNY Upstate's Department of Ophthalmology. Robert Barlow, PhD, of SUNY Upstate's Department of Ophthalmology, served as host.

Photographed from left: Dr. Sieving, Dr. Barlow, John A. Hoepner, MD, professor and chair of the Department of Ophthalmology, and SUNY Upstate President Gregory L. Eastwood, MD.

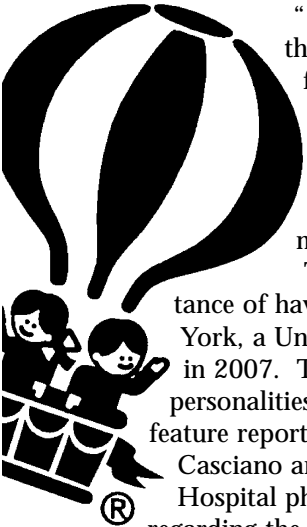
Environmental Services announces Raffle

SUNY Upstate's Department of Environmental Services will sponsor a raffle to benefit the National Housekeeper's Week recognition awards program for hospital Environmental Services employees.

Visit the second floor lobby April 1 through 7 and April 9, from 11 a.m. to 2 p.m., to purchase tickets.

Prizes include a 50/50 cash raffle and an Easter basket. Prizes will be awarded April 9 at 3 pm. in 800 University Hospital. Winners will be notified by telephone.

Second of four CMN broadcasts to air April 6 on WIXT-TV9



“Children’s Miracle Network: Update to the Children’s Hospital,” the second of four 2004 Children’s Miracle Network Broadcasts will air Tuesday, April 6, from 8 to 8:30 p.m. on WIXT Newschannel 9. (Note the change from the March 30 airing previously mentioned in Upstate Update.)

The program will emphasize the importance of having a children’s hospital in Central New York, a University Hospital initiative slated to open in 2007. The program will be hosted by WIXT personalities Carrie Lazarus and Dan Cummings and feature reports from WIXT news anchors Christie Casciano and Rick Gary, among others. University Hospital physicians and nurses will be interviewed regarding the newest initiatives in pediatric care and research into pediatric disorders. Viewers will also meet children and their families who are receiving care at the hospital.

The CMN is a yearlong campaign. All proceeds remain in our area to benefit pediatric services and the upcoming children’s hospital at University Hospital.

For more information about CMN and the broadcasts, call 315-464-KIDS.

Proceeds from CD and music video benefit Children’s Hospital

SUNY Upstate individuals can support the CNY Children’s Hospital while enjoying the music of acclaimed vocalist Patty Mondore. Gold Mountain Company, owned by Mondore, of the Pediatrics Department, and her husband, Robert, has recently released its newest CD, “Heaven & Nature Sing” and music video in DVD or VHS formats with 50 percent of the proceeds benefiting the children’s hospital. The CD, priced at \$10 and music videos, priced at \$20 each are available in:

- University Hospital’s Gift Shop;
- 5400 University Hospital, Department of Pediatrics;
- via University Hospital’s website;
- via the Gold Mountain website: <http://www.goldmountain.com/H&NSpecial.html>;
- through SUNY Upstate’s Foundation Office (C.A.B., third floor- 464-4416); or
- by calling 464-KIDS.

“Heaven and Nature Sing” was recently reviewed by Post-Standard music critic Mark Bialczak who gave the CD a three- out of four-star rating.



Foundation thanks campaign volunteers

The Upstate Medical University Foundation extends its thanks to the following SUNY Upstate physicians and basic science department leaders who volunteered to help raise funds and awareness for the new CNY Children’s Hospital through the Foundation’s Children’s Hospital Medical/Faculty Campaign:

- Colleen O’Leary, MD, Anesthesiology
- James Callahan, MD, and Richard Cantor, MD, co-leaders for Emergency Medicine
- James Greenwald, MD, Family Medicine
- James Holsapple, MD, Neurosurgery
- Robert Silverman, MD, OB/GYN
- Leon-Paul Noel, MD, Ophthalmology
- Danielle Katz, MD, Orthopedic surgery
- Sherard Scott Tatum, MD, Otolaryngology
- Margaret Turk, MD, Physical Medicine & Rehabilitation
- Jeffrey Bogart, MD, Radiation Oncology
- Robert Botash, MD, Radiology
- Jyoti Upadhyay, Urology
- Mark Schmitt, PhD, Biochemistry & Molecular Biology
- Margaret Maimone, Ph.D., Cell & Developmental Biology
- Jennifer Moffat, PhD, Microbiology & Physiology
- Steven Youngentob, PhD, Neuroscience & Physiology
- Steven Grassl, PhD, Pharmacology
- Deirdre Neilen, PhD, Bioethics & Humanities

Special thanks are also extended to Michael Ratner, MD, chair of the Children’s Hospital Medical/Faculty campaign; Colleen O’Leary, MD, chair of the Upstate Medical/Faculty Campaign; and Douglas Robertson, PhD, chair of the Basic Sciences Campaign.



EIGHTH ANNUAL

Paige's Butterfly Run

SAVE THE DATE: SATURDAY, JUNE 5, 2004

**Palmer Elementary School
Hicks Road, Baldwinsville, NY**

**9am – 5K Certified & Timed Race
10am – 3K Fun Run/Walk**

Awards for all age groups, finishers ribbon for each participant.
Chip timing for runners and team registration available this year.

For more information, contact the CNY Children's Miracle Network
at (315) 464-4416 or www.pbrun.org

Proceeds benefit the Center for Children's Cancer and Blood
Disorders at University Hospital and the Paige Yeomans Arnold
Memorial Scholarship at Baldwinsville High School.



the central new york
Children's Hospitalsm
at university hospital

A Children's Miracle Network Hospital

Poisonings aren't just kidstuff

Local poison center officials are hoping the attention March brings as National Poison Prevention Month will raise awareness that poisonings can happen at any age.

"It's not just the toddler who can get into trouble with poisonings," said Gail Banach, education coordinator for the Central New York Regional Poison Center. "Adults and senior citizens are also very much at risk from an accidental poisoning."

While most calls (52 percent) to the Central New York Poison Center are related to children under the age of six, two out of every 10 calls (23 percent) involve incidents related to individuals over the age of 30.

"Often, these calls are related to misreading drug labels where someone has accidentally taken too many cold tablets," Banach noted. Another example of poisonings in older adults, Banach said is sharing prescription medications with others. "Physicians prescribe medications based on one's symptoms, weight, allergies and current intake of other medications, both over the counter

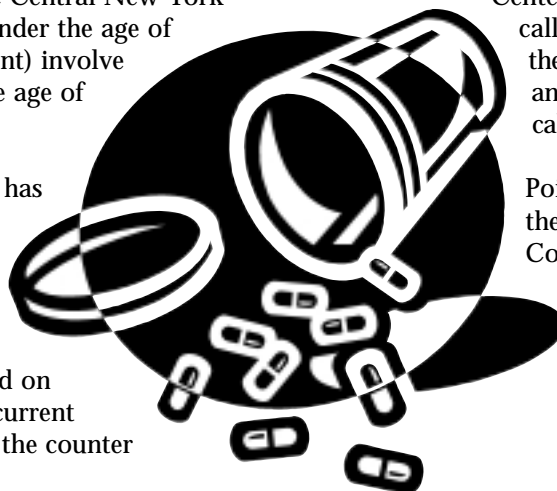
and prescription medicines. Sharing a prescription medication, selected for you, could produce dangerous results," she said.

Poisonings among adults also happen as a result of substances placed in unlabeled containers or mislabeled pill bottles; exposure to environmental toxins, such as carbon monoxide; and the accidental misuse of cleaning materials.

The Central New York Regional Poison Center responds to poison information calls to help prevent poisonings before they happen. In 2002, the center answered nearly 12,000 informational calls.

The Central New York Regional Poison Center is a certified center of the American Association of Poison Control Centers and is affiliated with University Hospital.

In case of a suspected poisoning or for poison information, call 1-800-222-1222.



Mindful Path training begins April 13

SUNY Upstate Medical University will present “The Mindful Path,” an intensive training for healthcare providers offered as an eight-week program comprised of two-hour weekly sessions and one, six-hour Saturday retreat. Classes will meet Tuesday evenings, from 6:30 to 8:30 p.m., April 13 through June 1 at the Alterra Wynwood Plaza in Manlius (intersection of Routes 92 and 173, behind the University Health Care Manlius building). An orientation will be held March 30 at 6:30 p.m.

The curriculum is modeled after the Mindfulness-Based Stress Reduction Program at the University of Massachusetts Medical Center as developed by Dr. Jon Kabat-Zinn. Program faculty include Scott L. Treatman, DO, corporate medical director for Oneida Silversmiths and clinical assistant professor of family medicine at SUNY Upstate; Pauline Cecere, a psychotherapist in private practice in Cazenovia, a founder of the Madison County Meditation Society and an instructor for SUNY Upstate’s Mindful Living & Stress Reduction program; and Lisa Kaufmann, MD, director of the SUNY Upstate’s Center for Health & Meditation and professor of medicine at SUNY Upstate. Dr. Kaufmann teaches SUNY’s Mindful Eating program.

The main techniques taught include sitting meditation, walking meditation, body scan meditation and gentle hatha yoga.

Through a variety of discussions and exercises, participants will discover how to successfully integrate mindfulness into their personal and professional lives; obtain sharpened patient care skills, especially in communication and empathy; be less reactive in stressful situations, utilizing a variety of mindfulness practices; cultivate an ability to let go of emotional distractions; be more focused on a moment to moment basis; and be a resource to patients who have difficult problems and who are looking for spiritual guidance

The program is co-sponsored by SUNY Upstate’s Office of Continuing Medical Education and the Center for Health and Meditation. Continuing education credits are available. Course fee is \$550 for physicians and \$400 for RNs, NPs and PAs. The fee includes text book, CD’s, supplemental readings, telephonic and e-mail support. For registration materials and more information, contact Dr. Scott Treatman at 655-8637.

Yes, there’s still time to register for:

THE AMERICAN HEART ASSOCIATION’S 20TH ANNUAL

American Heart Walk/Run



Final On-site Registration:

Tues., March 30, 2004

12 to 1 p.m., 2nd Floor, UH

To Register:

- Bring completed registration form (available at the hospital information desk)
- \$25 minimum donation to receive a team shirt (limited supply, first come first served)

Event:

Sat., April 3, 2004 • Long Branch Park, Liverpool

Group Photo:

At the event, all runners and walkers should meet outside the SUNY Upstate tent at 9:10 a.m.

State University of New York



Upstate
Medical
University

For more information:

Becky Cerio 464-4845

Zanette Howe 464-4263

Upstate American Heart Walk Coordinators

www.upstate.edu/events/heartwalk04.shtml

FACULTY ROUNDS



Robert J. Shprintzen, PhD

Robert J. Shprintzen, PhD, Communication Disorder Unit, was an invited symposium presenter at the annual meeting of The American Academy for the Advancement of Science, held Feb. 13 in Seattle. The symposium, "Identifying Genes Responsible for Disorders of Communication: A Progress Report" included his section titled "Mendelian Syndromes that Selectively Impair Speech and Language Development."

The article "Smallpox: Clinical Features, Prevention and Management" appeared in *Annals of Pharmacotherapy* 2004;38 (March):440-7. The article was authored by **Roy Guharoy, PharmD**, associate professor of medicine and co-authored by **Donald C. Blair, MD**, professor and chief of infectious diseases.



Roy Guharoy, PharmD

Roy Guharoy, Pharmacy Services, presented a series of 20 lectures on patient safety and optimum drug therapy in numerous medical and pharmacy schools and healthcare organizations in January and February. The lectures were sponsored by the University Grants Commission, India.



Donald C. Blair, MD

Mark Zeman, Information Management and Technology, presented at the national Gartner Wireless Conference, held March 9 in Chicago. Zeman discussed SUNY Upstate's experience and plans for Vocera, the instant voice messaging system used in the Emergency Department, 6B, Equipment Services and Respiratory Therapy. Conference attendees included representatives from many Fortune 500 companies, including General Electric, IBM and Cisco.

IN THE NEWS

The SUNY Upstate Office of Public and Media Relations arranges interviews among Upstate staff and members of the local and national media. Here are a few examples:

Ran Anbar, MD, Pediatrics, was quoted in the February 2004 issue of *Better Homes and Gardens* in an article about hypnosis. His use of hypnosis to help children control habit disorders and cope with chronic diseases was also featured in the *Post-Standard*.

Megan Chase, Human Resources, and **Greg Johnson, RN**, Emergency Department, were interviewed by WIXT NewsChannel 9 for an in-depth news story about finding a job in Upstate's uncertain economy. **Mary Wasilewski**, Human Resources, was included among a panel of experts who answered questions during the newscast from callers about career opportunities.

Bernard Poisez, MD, Medicine, was quoted in the *Post-Standard* regarding a recent study that showed a statistical correlation with a heavy use of antibiotics and an increased risk of breast cancer.

The March issue of *Physicians Practice Magazine* includes a center section devoted to Upstate Medical University and University Hospital. Featured are the Concussion Management Program, directed by rehabilitation psychologist **Brian Rieger PhD**; the new Vascular Surgery section, headed by **Vivian Gahtan MD**; and the vertical expansion of University Hospital's east wing, written by SUNY Upstate President **Gregory Eastwood MD**.

Jon Loftus, MD, **Brian Harley, MD**, and **Mark Wilson, MD**, Orthopedic Surgery, were featured in several interviews by local media regarding an arm reattachment.

Michael Ratner, MD, Pediatrics, is quoted in the *Rochester Democrat and Chronicle* about plans by the Golisano Children's Hospital at Strong Memorial to build a \$2.4 million pediatric surgical suite.

CALL FOR NOMINATIONS AND SUBMISSIONS

- Nominations for **SUNY Upstate's President's Awards** are due in the Office of the Vice Provost (Room 3120 Weiskotten Hall) by April 1. Nomination forms are available by calling 464-4520.
- Friday, March 26 is the registration deadline for **SUNY Upstate's On My Own Time Art Show**, to be held April 5 through 30 in the Health Sciences Library. All Upstate Medical University employees, students, volunteers and retirees are welcome to participate. Registration forms are available by calling 464-6548, or e-mailing BOLLIVEB.

LECTURES, SEMINARS, WORKSHOPS & CONFERENCES

- **Friday, March 26, 9 to 11:30 a.m. 1328B University Hospital. "Great Presentations!"** Learn to gain and sustain attention, keep content relevant, maintain learner satisfaction. To register, visit upstate.edu/hr/training/form.shtml.
- **Friday, March 26, 7:30 a.m. to 4:30 p.m., Sheraton Syracuse University Hotel & Conference Center, 801 University Ave. 8th Annual HIV/AIDS Nursing Update: HIV Around the World and Across the Street.** Mary Lightfine of Nurse Without Boundaries presents. Topics include epidemiology, prevention and antiretroviral therapy and sexuality. Breakout sessions cover an adult and a child/adolescent topic. Cost: \$55. Call 464-7313 or e-mail napierkm@upstate.edu.
- **Monday, March 29, 1 to 4 p.m. 3105A Weiskotten Hall "College of Medicine Junior Faculty Workshop: "Nuts & Bolts of Promotion at Upstate."** Helps guide junior faculty in the College of Medicine through the promotion process at SUNY Upstate. Workshop covers the importance of the Agreement of Academic Expectations, the development of documentation required for promotion, the faculty track system and setting career goals. Last year's workshop participants are welcome to attend. Co-sponsored by SUNY Upstate's College of Medicine Faculty Appointments & Promotions Committee and the Educational Policies Committee's Faculty Development Subcommittee. For more information, call 464-4515 or email: millerk@upstate.edu.
- **Wednesday, March 31, 11:30 a.m. to 1 p.m. Weiskotten Hall Medical Alumni Auditorium.** Katharine Whitehorn, author and former columnist for the *Observer* in London and a fellow of the Royal Society of Medicine, will present "**Different Countries, Different Myths: Perspectives on the Goals of Medicine**" at this free, public lecture sponsored by the Center for Bioethics and Humanities.
- **Thursday, April 1, 11:30 a.m. to 1:30 p.m. Institute for Human Performance. Hot Topics in Research Lecture.** Jenn Matthews of Ortho Biotech, Inc. will discuss alternative therapies in oncology patients. Sponsored by SUNY Upstate's Clinical Trials Office and Ortho Biotech, Inc. CE credits and lunch provided. Call 464-5476 to R.S.V.P.
- **Wednesday, April 7, 3:30 p.m. Weiskotten Hall Medical Alumni Auditorium.** Thomas S. Szasz, MD, SUNY Upstate Emeritus Professor of Psychiatry, will discuss his recent British Medical Journal article "**The Psychiatric Protection Order for the Battered Mental Patient.**" Attendees are encouraged to read the journal article prior to lecture.
- **Thursday, April 8, 12:15 p.m. 3430 University Hospital.** SUNY Upstate's Visiting Professor in Radiology Michael J. Callahan, MD, will present "**Imaging of the Pediatric Esophagus: Barium and Beyond!**" At the conclusion of the presentation, participants will be able to define imaging findings of a normal pediatric esophagus and review anatomic, pathologic and post-surgical processes related to the pediatric esophagus using upper Gi series and computed tomography. Dr. Callahan is division chief of Computed Tomography at Children's Hospital in Boston and an instructor in radiology at the Harvard Medical School. CME credits available. Call 464-7434 for more information.
- **Friday, April 9, 12:15 p.m. 3430 University Hospital.** SUNY Upstate's Visiting Professor in Radiology Michael J. Callahan, MD, will present "**Imaging of the Pediatric Pancreas.**" At the conclusion of this program, participants will be able to discuss anatomy, physiology and imaging findings of the pediatric pancreas, trauma as it relates to the pediatric pancreas with special attention to pancreatitis and review congenital, inflammatory, infectious and neoplastic processes related to the pediatric pancreas. CME credits available. Call 464-7434 for more information.
- **Thursday, April 22, 11:45 a.m. to 1:30 p.m. 2231 Weiskotten Hall.** M. Guven Yalcintas, PhD, vice president of the Technology Transfer Office, Research Foundation of SUNY, will offer information on how to become an inventor followed by a presentation on contracts/subcontracts by the Research Foundation's Christopher Habnifin, assistant vice president for Legal Affairs and Grants/Contracts Officers Robert Mason, Sr. and Tom VanAlstyne, Jr. Presented by The Research Foundation of SUNY. Both presentations are essential for anyone conducting research at SUNY Upstate. Call 464-5476 to R.S.V.P.

Infection Control manual updates now available

The following policies are either new or have been revised and are now available online in the Infection Control Manual located at <http://www.upstate.edu/intra/policy>:

- IC 0-00 IC Manual Table of Contents
- IC 5-04 Needlestick/Body Fluid Exposure General Guidelines
- IC 6-01 University Hospital TB Control Program

IC 6-02 Identification, Evaluation, & Treatment of Patients Who Have TB (University Hospital TB Control Program)

IC 6-04 Management of Hospital Patients Who Have Confirmed or Suspected TB (University Hospital TB Control Program).

For more information, call 464-5258.

EVENTS

- **Wednesday, March 24, 7 a.m. to 5 p.m., Weiskotten Hall, ninth floor.**
Employee Information Day. Representatives from SUNY Upstate, UUP, CSEA and PEF will be available to discuss employee and family benefits and retirement planning. Other vendors include Prevention Network, Consumer Credit Counseling, Statewide Peer Assistance to Nurses (SPAN), professional development advisement among others. Sponsored by Employee Assistance Program. Call Sarah-Lee Ritchie at 464-5760 for more information.
- **Wednesday, March 24, 8 a.m. to 4 p.m. Joslin Diabetes Center, 90 Presidential Plaza.**
Free Diabetes Screening. Sponsored by Joslin Diabetes Center in recognition of Diabetes Alert Day. Learn if you are one of the 5.2 million Americans with undiagnosed diabetes. Diabetes is the sixth leading cause of death in the United States.
- **Friday, March 26, 6 to 11 p.m. Oncenter.**
Little Gifts for Life Auction and Celebration. Proceeds benefit Center for Children's Cancer and Blood Disorders. Seating is limited. For more information, call 464-4416.
- **Wednesday, March 31, 9 a.m. to 4 p.m., UHCC, fourth floor Community Room.**
Spring Bazaar to benefit the CNY Children's Hospital. Available for sale: handmade crafts, treats for dogs and cats, keychains to make (bring a 2" diameter photo or draw your picture), and raffle.
- **Thursday and Friday, April 1 and 2, various sites.**
Visiting PhD, Student Candidate Recruitment Days 2004. Sponsored by College of Graduate Studies. Day one is an evening of faculty presentations and dinner at the Institute of Human Performance. Day two includes research faculty laboratory visits, a bus tour of Onondaga County and lunch with graduate students. For information, contact Sandi Granger, 464-7655 or grangers@upstate.edu.
- **April 5 through 30, Health Sciences Library, Weiskotten Hall. On My Own Time Art Show** showcasing the artistic talents of SUNY Upstate individuals. Free.
- **Friday, April 16, 7 to 10 p.m., Sheraton Syracuse University Hotel & Conference Center, 801 University Avenue.**

Vintastic, a wine-tasting benefit for University Hospital and women's health research. Two wine seminars are included in the program. Wine selection coordinated by Roberts Liquors of DeWitt. Advance sale tickets are \$45; VIP tasting: \$75 (VISA and MasterCard accepted.) For reservations or to charge by phone, call Upstate Medical University Foundation at 464-4416. Tickets are also available at Roberts Liquors, 6807 E. Genesee Street, Fayetteville.

- **Saturday, June 19 Alexandria Bay/1000 Islands Luncheon Boat Cruise.** Combines a two-nation cruise with a luncheon buffet aboard one of Uncle Sam's triple deckers. Ticket price includes roundtrip transportation, cruise and lunch. Limit of 50 people. Free time in Alex Bay to tour. Tickets: C.A.B. members and students: \$30 adult and \$22 for children under 13; general rate: \$38 adult and \$30 children under 13. Sponsored by Campus Activities Governing Board. Call 464-5618 for more information.

APPOINTMENTS

Holly Haines McCurdy has joined SUNY Upstate as a training and development specialist for the Office of Organizational Training and Development. McCurdy comes to SUNY Upstate with more than 13 years of experience in training and development in public, private, and non-profit sectors. She is recognized for her research, curriculum design, delivery of leadership development, supervisory skills, customer service, communication skills, and team development.

McCurdy is available to serve as an internal training consultant to assist departments in identifying training needs and developing an overall training plan. She can be reached by calling 464-5236 or by e-mail (mccurdyh@upstate.edu).

Amy LoPresti, RN, Urology Department, has been named president of the Syracuse Chapter of the Society of Urologic Nurses and Associates. The organization provides educational programs for nurses and colleagues who specialize in urologic health care and offers public education programs on all aspects of urologic health. LoPresti, who heads the Health Ministry at St. Michael's Church, writes a monthly health bulletin for parishioners. She has delivered lectures on urinary incontinence to the staff at James Square Nursing Home and at a HealthLink public seminar.

Women veterans sought for event

SUNY Upstate and the Syracuse VA Medical Center are looking for female health care workers who have served in the military to be honored during a Women's History Month program, to be presented Friday, March 26, from 11:30 a.m. to 12:30 p.m. in the ground floor auditorium at the Syracuse Veterans Administration Medical Center. The program, "Women Inspiring Hope & Possibility," will salute the women who serve or who have served their community in this capacity.

To participate in the program or for more information, contact Maxine Thompson at 464-5234, (thompsms@upstate.edu).



ADA begins Gifts of Caring fundraiser

The American Diabetes Association (ADA) is selling stuffed bears for a \$10 donation as part of its annual Mother's Day fundraising program, "Gifts of Caring." Proceeds from the sale will support the research, information and advocacy efforts of the ADA. Orders will be accepted through April 23 by calling 464-2529 or 464-2528. The bears will be available for pick up at the Joslin Diabetes Center Friday, May 7.

Retirement reception for Suzanne Keyes

SUNY Upstate individuals are invited to a retirement reception for Suzanne Keyes, Tumor Registry secretary, Thursday, March 25, from 3 to 4:30 p.m. in the Doust Board Room (9299) Weiskotten Hall. Keyes is retiring after more than 38 years of service to SUNY Upstate.

Messages from the Nursing 3R committee

- University Hospital's 3R Committee will hold a Nursing Celebration Day Wednesday, May 5, from 6:30 a.m. to 4 p.m. in the hospital second floor cafeteria. The day includes a pinning ceremony for nurses who have achieved certification. Nurses who have been certified in a specialty by April 1 are encouraged to e-mail their name, unit and speciality certification as to how it should appear on the pin to Jane McCarthy (mccarthy). Celebration Day will also feature raffles, a 50/50 and the sale of scrub tops.
- The Silly Scrub contest sponsored by 3R is approaching. Be sure to discuss with co-workers an exciting and creative design for your "Silly Scrub" entry. This fundraising event culminates with University Hospital Executive Director Ben Moore and Hospital Chief Operating and Nursing Officer Ann Sedore modeling the winning scrubs. Scrubs will be due April 30 and will be displayed for voting at the Nursing Celebration Day on May 5.

News from the Linen Department

- A new, printed underpad for patient's beds is gradually replacing the current white/pink pad. The underpad, to be used print side up, assists the Linen Department in decreasing the number of discarded pads.
- The next meeting of the Linen Utilization Task Force (LUTF) is Tuesday, March 30 at 1 p.m. in University Hospital's 4C Conference room. Individuals who are interested in joining LUTF should call 464-4652.
- The Linen Department will conduct its bi-annual linen inventory Saturday, April 24 at 6 a.m. Individuals who are interested in volunteering for inventory should contact Carissa McNeilly at 464-4652.

DEADLINE FOR THE

APRIL 21 THROUGH MAY 5

ISSUE OF UPSTATE UPDATE IS

MONDAY, APRIL 5.

Autologous blood donations accepted in University Hospital beginning April 1

Authorization from the NYS Health Department will allow University Hospital surgery patients to make an autologous blood donation at the hospital in advance of their surgery, effective April 1. Prior to this authorization, patients were required to donate their autologous unit at the Red Cross. The Red Cross continues to accept autologous blood donations.

Autologous blood donation is a process that allows a patient to donate blood and to have it stored and saved for their own use should a transfusion be required during their hospitalization.

Appointments for autologous blood donations may be scheduled with the Hemapheresis staff by calling 464-9024 upon physician referral.

Note: Contact the Human Resources Department for address corrections.

Upstate Update is published by the Public and Media Relations Department at SUNY Upstate Medical University, Syracuse, NY. To submit news or calendar items, contact editor Doretta Royer, Fourth Floor, 250 Harrison Street, 464-4836; e-mail: royerd.

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