

U P S T A T E update

A publication
for the
SUNY Upstate
Medical University
Community

JANUARY 29 THROUGH FEBRUARY 12, 2003

In the Calendar

Department of Family Medicine Faculty Development Program.

2/6. 8 to 10 a.m. 475 Madison
Irving Medical Center, Suite 216.
See *Update* calendar inside.

Take Note

Look inside for information on
SUNY Upstate's celebration
of Black History Month.

Peace Notes

*Peace Notes is provided by
SUNY Upstate's Office of
Spiritual Care Services.*

*"I believe that
unarmed truth and
unconditional love
will have the final
word in reality. That
is why right, tempo-
rarily defeated, is
stronger than evil
triumphant."*

—Martin Luther King Jr.,
Speech at Civil Rights
March on Washington,
August 28, 1963

State University of New York



Upstate
Medical
University

2002 CNY Children's Miracle Network fundraising campaign raises record-breaking \$1,000,100 for hospitalized children

The Central New York Children's Miracle Network officially closed its 2002 fundraising campaign Dec. 31 with a record-breaking \$1,000,100 to benefit children who receive their medical care at University Hospital in Syracuse. It marks the first time the organization topped the \$1 million mark in an annual fundraising effort. Children's Miracle Network is part of the Upstate Medical University Foundation at Syracuse.

According to Children's Miracle Network Director Toni Gary of University Hospital, given today's economic climate it is somewhat astounding that so much was raised in one year.

"Given the overall economy, we were pleasantly surprised when our final tally showed that we surpassed the million dollar mark," said Gary. "This



tells us that our supporters have made the children of Central New York a priority."

Gary attributes the success to the continued interest of the Children's Miracle Network local and national supporters, such as McLane Northeast, bringing in \$110,000 to this year's campaign, local Wal Mart stores with a 20 percent overall increase in their fundraising, and to a new initiative.

That initiative, Gary said, was the Children's Miracle Network's association with the "Horses on Parade" community fundraiser that added \$27,575 to the Children's Miracle Network coffers.



Toni Gary

Continued on page 4

University Hospital granted state approval to open additional pediatric beds for RSV season

An urgent appeal by University Hospital has been approved by the New York state health department to open 12 new pediatric beds to care for the anticipated increase in sick children due to the onset of RSV season. RSV or respiratory syncytial virus is the leading cause of lower respiratory tract infections in infants and young children. RSV, which can cause severe or life threatening disease in premature infants, results in over 125,000 hospitalizations each year.

The dozen new pediatric beds, which officials hope to have ready as soon as possible, will temporarily increase University Hospital's pediatric bed capacity to 43.

Hospital officials said the state granted the increase in pediatric beds because it felt that Syracuse's current pediatric bed census was not adequate to meet the anticipated need.

"Without these additional pediatric beds, some children would have to be sent to hospitals away

Continued on page 3

calendar

Wednesday, Jan. 29

Scrub Sale to benefit the Children's Miracle Network. Crouse Hospital, small cafeteria.

Anesthesiology Grand Rounds. 7 a.m. Wsk. Hall, Medical Alumni Aud.

Otolaryngology and Communication Sciences Grand Rounds. Presenter: Kevin Mathur, MD. 7 to 8 a.m. 6500 University Hospital.

Surgical Grand Rounds. "Smoking Cessation: No Ifs, Ands and Butts." Presenter: Elizabeth Uy Dexter, MD, Upstate Medical University. 8 to 9 a.m. 2231 Wsk. Hall.

Orthopedic Grand Rounds. "Cubital Tunnel Syndrome." Moderator: Dr. Jon Loftus. 8 to 9 a.m. 6500 University Hospital.

Pediatric Grand Rounds. "Invasive, But Nondestructive Therapies for Intractable Epilepsy: Alternative Treatments That Might Actually Work." Presenter: Steven M. Rothman, MD, St. Louis Children's Hospital. 9:15 a.m. 6500 University Hospital.

Children's Miracle Network Mary Kay cosmetics fundraiser. 11:30 a.m. to 2:30 p.m. University Hospital, second floor lobby.

Health Sciences Library Tour. Noon. Meet at New Book area. Call 464-7193 for information.

Neurophysiology Fellow Lecture Series. "Nerve Entrapment Lower Limb." Noon. University Hospital, EMG Lab (6W).

NIH Leading Lecture Series. "Epidemiology, Especially Women's Health." Presenter: Dr. Janet Daling, Fred Hutchinson Cancer Research Center. 3 to 4 p.m. 318 Wsk. Hall. Call 464-5476 for information.

Neurology/Neurosurgery Grand Rounds. "Clinical Features Suggesting Pituitary Neoplasm in Patients with Optic Chiasmatal Syndromes." Presenter: Luis Mejico, MD, Upstate Medical University. 4 p.m. 6500 University Hospital.

Thursday, Jan. 30

SUNY Upstate New Employee Orientation. 7 a.m. to 3:30 p.m. C.A.B., East Lounge.

Medical Grand Rounds. Discussant: Suman Swarnkar, MD. 8:30 a.m. Wsk. Hall, Medical Alumni Aud.

Urology Grand Rounds. 9 to 10 a.m. 6500 University Hospital.

Neurophysiology Conference. "Sleep." Presenter: Fouad Tamimi, MD, Upstate Medical University. Noon. UHCC, fourth floor Conference Room.

Psychiatry Grand Rounds. "Trauma and PTSD in Children and Adolescents." Presenter: Raul R. Silva, MD, New York University School of Medicine. 12:30 to 2 p.m. PBS Bldg., 713 Harrison St.

Friday, Jan. 31

Obstetrics/Gynecology Grand Rounds. "Endometrial Hyperplasia." Presenter: Michael Mazur, MD, Upstate Medical University. 7:30 a.m. Marley Education Ctr., Sulzle Aud.

SUNY Upstate New Employee Orientation. 8 a.m. to Noon. C.A.B., East Lounge.

Workshop. "Medline on the Web." 11 a.m. to noon. Health Sciences Library, Meet at the Reference Desk.

SUNY Nursing Services Orientation. 1 to 3 p.m. C.A.B., East Lounge.

Monday, Feb. 3

AA Open Meeting. Noon. 4137 University Hospital. Call 463-5011 for more information.

SUNY Nursing Services Orientation. 12:45 to 3:30 p.m. C.A.B., East Lounge.

Childbirth Class. 2 to 4 p.m. Women's Health Services, UHCC, third floor. Call 464-2169 to register.

Tuesday, Feb. 4

Combined Infectious Diseases Conferences. 4 p.m. 118 University Hospital.

Medical Alumni Association Phonathon. 6:30 to 8:30 p.m. Campus Activities Building. Call 464-4361 for information.

Wednesday, Feb. 5

Anesthesiology Grand Rounds. Visiting Professor in Radiology. "OR Management Decision Making to Maximize OR Efficiency." Presenter: Franklin Dexter, MD, PhD, University of Iowa. 7 a.m. Wsk. Hall, Medical Alumni Aud.

Otolaryngology and Communication Sciences Grand Rounds. Presenter: Eric Fung, MD. 7 to 8 a.m. 6500 University Hospital.

Surgical Grand Rounds. 8 to 9 a.m. 2231 Wsk. Hall.

Orthopedic Grand Rounds. 8 to 9 a.m. 6500 University Hospital.

Pediatric Grand Rounds. 9:15 a.m. 6500 University Hospital.

Neurophysiology Fellow Lecture Series. "EEG/Sleep Case Presentation." Noon. University Hospital, EMG Lab (6W).

Black History Month opening ceremonies and free Soul Food lunch buffet. 11:30 a.m. C.A.B., main lobby.

Health Sciences Library Tour. See 1/29 Calendar listing.

NIH Leading Lecture Series. "Growing Up Poor in the United States: Research, Policy and Practice." Presenter: Dr. Jean Brooks-Gunn, Columbia University. 3 to 4 p.m. 318 Wsk. Hall.

Neurology/Neurosurgery Grand Rounds. Topic: Neurosurgery. 4 p.m. 6500 University Hospital.

Burn Survivors Support Group. 5 to 7 p.m. 6408 University Hospital.

Thursday, Feb. 6

Department of Family Medicine Faculty Development Program. "Making Medical Instruction Effective: Principles of Effective Training." Presenters: Tiffany Koszalka, PhD and Michael Spector, PhD Syracuse University. 8 to 10 a.m. 475 Madison Irving Medical Center, Suite 216.

Medical Grand Rounds. "Hypertension and Pregnancy." Presenter: Ravi Thadhani, MD, Harvard University. 8:30 a.m. Wsk. Hall, Medical Alumni Aud.

Beds *continued from page 1*

from their home, causing undue anxiety and stress all around,” said Thomas Welch, MD, chair of University Hospital’s Department of Pediatrics. “One of the best ways to care for sick children is to have their moms and dads, brothers and sisters nearby. These additional beds will make that happen.”

University Hospital admits six to 10 children each week with RSV symptoms during the winter months. About half are admitted directly from a visit to the hospital emergency

room. Some children, especially those with chronic conditions, may remain hospitalized for up to 10 days. Supportive care received in the hospital might include oxygen and intravenous fluids.

The health department granted the emergency approval for the temporary use of the additional pediatric beds Dec. 13. The department’s action allows the use of the beds for six months, at which time University Hospital may reapply to keep the beds open.

Urology Grand Rounds. 9 to 10 a.m. 6500 University Hospital.

SideLines Program. “Burn Prevention and first Aid for Burns.” Presenter, Linda Wickes, RN, Upstate Medical University. Noon to 1 p.m. C.A.B., West Lounge.

Psychiatry Grand Rounds. “Chemical Restraints in Acute Dare Psychiatry.” Presenter: Glenn W. Currier, MD, University of Rochester Medical Center. 12:30 to 2 p.m. PBS Bldg., 713 Harrison St.

College of Graduate Studies Admissions Program. 4:50 to 8 p.m. Institute for Human Performance.

Friday, Feb. 7

College of Graduate Studies Admissions Program. 8:30 a.m. to 3 p.m. Institute for Human Performance.

Obstetrics/Gynecology Grand Rounds. “The Challenges of In-Vitro Fertilization.” Presenters: Robert Silverman, MD, Upstate Medical University, Robert Kilts, MD, CNY Fertility Center, Thomas Curran, MD, Crouse Hospital. 7:30 a.m. Marley Education Ctr., Sulzle Aud.

Sunday, Feb. 9

Lecture. “Social Justice, Slavery and Freedom.” Presenter: Francis McMillan Parks, Syracuse University. 3 p.m. Westcott Community Center.

Monday, Feb. 10

AA Open Meeting. See 2/3 Calendar listing.

Tuesday, Feb. 11

Combined Infectious Diseases Conferences. 4 p.m. 118 University Hospital.

Wednesday, Feb. 12

Anesthesiology Grand Rounds. 7 a.m. Wsk. Hall, Medical Alumni Aud.

Otolaryngology and Communication Sciences Grand Rounds. Presenter: Charles Woods, MD. 7 to 8 a.m. 6500 University Hospital.

Class. “Introduction to Inmate Safety Part I.” 7:30 to 8:30 a.m. and 3:30 to 4:30 p.m. 1403 University Hospital.

Surgical Grand Rounds. 8 to 9 a.m. 2231 Wsk. Hall.

Orthopedic Grand Rounds. 8 to 9 a.m. 6500 University Hospital.

Pediatric Grand Rounds.

9:15 a.m. 6500 University Hospital.

Emergency Medicine Grand Rounds. “Ectopic Pregnancy: Diagnosis and Management.” Presenter: Shawky Badawy, MD, Upstate Medical University. 11 a.m. 318 Health Sciences Library.

Health Sciences Library Tour. See 1/29 Calendar listing.

Neurophysiology Fellow

Lecture Series. “Auditory & Visual EPS.” Presenter: Carl Crosley, MD, Upstate Medical University. Noon. University Hospital, EMG Lab (6W).

NIH Leading Lecture Series. “Pathogenesis Studies of Polyglutamine-Induced Neurodegenerative Disease.” Presenter: Huda Y. Zoghbi, MD, Baylor College of Medicine. 3 to 4 p.m. 318 Wsk. Hall. Call 464-5476 for information.

Neurology/Neurosurgery Grand Rounds. Topic: Neurology. Presenter: Smita Kittur, MD, Upstate Medical University. 4 p.m. 6500 University Hospital.

Thursday, Feb. 13

SUNY Upstate New Employee Orientation. 7 a.m. to 3:30 p.m. C.A.B., East Lounge.

Medical Grand Rounds.

8:30 a.m. Wsk. Hall, Medical Alumni Aud.

Urology Grand Rounds. 9 to 10 a.m. 6500 University Hospital.

Psychiatry Grand Rounds. “Biology and Treatment of Impulsive Aggression.” Presenter: Emil F. Coccaro, MD, The University of Chicago. 12:30 to 2 p.m. PBS Bldg., 713 Harrison St.

Friday, Feb. 14

Obstetrics/Gynecology Grand Rounds. “Maternal Child Health in Cuba.” Presenter: Richard Aubry, MD, Upstate Medical University. 7:30 a.m. Marley Education Ctr., Sulzle Aud.

SUNY Upstate New Employee Orientation. 8 a.m. to Noon. C.A.B., East Lounge.

CPR Classes. 8:30 to 10:30 a.m.; 10:30 a.m. to 12:30 p.m.; 1:30 to 3:30 p.m. Women’s Health Services, UHCC, third floor. Call 464-2169 to register.

SUNY Nursing Services Orientation. 1 to 3 p.m. C.A.B., East Lounge.

Record continued from page 1

"We were fortunate to be named one of three primary beneficiaries of the 'Horses on Parade' campaign," said Gary. "The 'Horses' campaign not only helped our organization financially, it also created greater community awareness and support of our cause."

University Hospital treats all types of disorders including cancer, heart and muscular diseases, birth defects, cerebral palsy, AIDS and accident victims.

"The pediatric team at University Hospital takes pride in treating the whole child, rendering services based on need," said Joe LaLonde, III, vice president of Store Merchandising for Kinney Drugs and chair of the local Children's Miracle Network Advisory Committee. "This philosophy is one that helps us when we ask our local and national sponsors for financial support. Our Children's Miracle Network donors respond well to this philosophy."

In the past five years, Central New York's Children's Miracle Network has raised \$4,457,647. The 2001 Campaign closed with a total of \$921,495.

"Children's Miracle Network funds help to create pediatric services, purchase medical equipment and supplement funding for research into pediatric medical disorders at University Hospital," said Eileen Pezzi, vice president for development at SUNY Upstate Medical University. "For example, funds have been used to develop a regional network to improve the care of children in emergency departments in hospitals within our 19-county service area.

"They have also funded distance technology (telemedicine) allowing cardiac specialists at University and Crouse hospitals to evaluate and diagnose children in rural areas. This translates into our ability to offer children the opportunity to receive world-class medical care close to their home and close to their loved ones," said Pezzi.

The most visible activity of the organization is the Children's Miracle Network Broadcast, aired each Spring and which has nationally become the most successful telethon in the history of television.

It is aired locally on WIXT NewsChannel 9. Last year, the national campaign celebrated its 20th anniversary, raising more than \$2 billion throughout its history. The 2003 Children's Miracle Network Broadcast is scheduled to air Sunday, June 1.

Children's Miracle Network represents a network of 170 hospitals for children, including University Hospital.



Fundraiser to benefit Children's Miracle Network Jan. 29

University Hospital's Office of Volunteer Services has teamed with the Children's Miracle Network to present a Mary Kay cosmetic fundraiser to benefit the Children's Miracle Network. Visit the second floor lobby of University Hospital, Wednesday, Jan. 29 anytime between 11:30 a.m. to 2:30 p.m. and purchase a Mary Kay product. Ten percent of the proceeds from sales will benefit the Children's Miracle Network. For more information, call Cassandra Rucker at 464-4283.



Medical Alumni Association Phonathon Volunteers Needed

Each year the Medical Alumni Association conducts an annual phonathon to help raise funds for medical student scholarships. According to Medical Alumni Director Carole Novick, recent tuition increases for medical students have made scholarship dollars even more important. Tuition is now \$14,840 a year and expected to increase to \$18,840 by 2004. Students, faculty, and staff are all invited to help with this important fund drive. Volunteers are needed to make calls to alumni on Feb. 4, 19, 20, 24, 25; Mar. 5, and April 8 from 6:30 to 8:30 pm. Contact Lori Murphy in the Medical Alumni Office at 464-4361 for information and to volunteer.

Classes for staff caring for inmates set for Feb. 12

University Hospital's Inpatient Medicine Service will present classes to discuss safety concerns for staff caring for inmates. The classes, "Introduction to Inmate Safety Part I," will be held Wednesday, Feb. 12 from 7:30 to 8:30 a.m. and 3:30 to 4:30 p.m. in 1403 University Hospital. The classes will provide hospital staff with the practical skills necessary to guide their interactions with inmates. Staff will be able to discuss basic safety precautions that will serve as the basis for Part II. Pre-registration is not required, however space is limited. For more information contact Sue Gigon, at 464-9704 or Mary Johnson at 464-5900.



Vitality! celebrates second anniversary in April

Vitality!, SUNY Upstate's research-based targeted fitness programs located at the Institute for Human Performance, (IHP) will celebrate its second anniversary in April.

Using the outstanding facilities of the IHP, Vitality! programs offer the Central New York community a much needed service and serve as research into the best practices in promoting health and fitness in seniors and people with disabilities.

Initially designed for people with multiple sclerosis and arthritis, Vitality! now includes programs for people experiencing a wide array of neuromuscular impairments as well as fitness programs designed for older adults. Thanks to the generous support of the Upstate Medical University Foundation in the form of seed funding, the Vitality! programs are financially independent and boast a membership exceeding 200 individuals.

Vitality! plans are individually developed by the professional staff lead by Vitality! Director Carol Sames, PhD. These programs are based on the functional classification, limitations and goals of the individual.

To participate in Vitality!, participants must receive approval from their physician. After an approval is obtained, an initial assessment is scheduled. The programs can be land- or water-based, depending on the individual's needs. Trained staff supervise the exercise program and provide assistance as needed. The programs are designed to address specific core components such as balance, coordination, endurance and muscle strength. In addition, a review of data collected can also show improvements in the emotional health of participants.

The aquatic exercise has been demonstrated to be effective with individuals who have greater motor-deficits since the body weight is supported and individuals can exercise even if they are weak or have poor balance. Equipment and tools used in the land programs are specifically designed for the populations targeted. Outcomes reported in all programs include improved flexibility, posture, muscle tone, endurance, coordination and balance.

Typical quotes from a recently completed survey of Vitality! participants include: "I seem to be able to do more, which makes me feel better about myself"; "my neurologist

couldn't believe the strength gains"; and, "thank you for this mental boost, it comes as a great gift in contrast to the daily struggle of MS."

Vitality! recently received its first research grant from the National Multiple Sclerosis Foundation. Dr. Sames is also collaborating with the National Multiple Sclerosis Society on an article on balance and aquatic exercise. Locally, the Multiple Sclerosis Resources of Central New York Inc. has been offering partial scholarships to participants in need.

The Vitality! Senior Fitness Program is offered in collaboration with University Hospital's OASIS program. In addition to the research directly related to Vitality! programs, participants have proven to be a source for other research studies at Upstate.

The new Surgical Bariatric Center, located in the Clinical Exam Core on the first floor of the IHP has been referring patients to Vitality! and the two programs are submitting research proposals collaboratively. "I believe that the targeted fitness programs offered at the IHP are unique to our region," said Paul Cunningham, MD, bariatric surgeon and chair of surgery at SUNY Upstate. "For some of our bariatric patients, the availability of this program is a key factor in creating a positive outcome in their ultimate successful management," he added. Cornelia

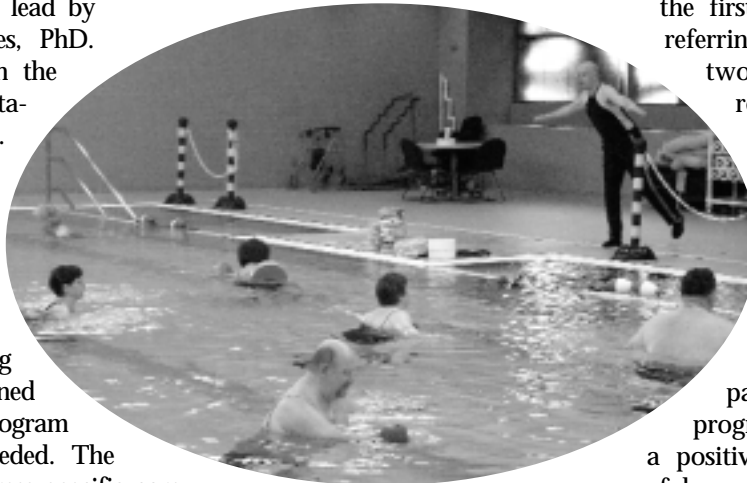
Mihai, MD, medical director for the Vitality! multiple sclerosis programs, adds, "trunk balance for our participants has improved, but more importantly they have an increased energy level and an improved attitude towards their disease."

"Vitality! is a perfect example of improving human performance," said Robert Collins, IHP director of operations. "Human Performance is not just about the elite athlete, it is about the mother of three who has multiple sclerosis and the 85 year-old man achieving the most out of their lives." Vitality! is about improving human performance for the populations that Upstate Medical University serves."

To learn more about the Vitality! Targeted Fitness Programs, contact Dr. Sames at 464-9999 or visit the web site at <http://www.upstate.edu/ihp/vitality/>

Vitality!

Fitness Programs



February schedule of NIH Director's Wednesday Afternoon Lectures announced

The Clinical Trials Office of Research Development at SUNY Upstate announce the February programs of the NIH Director's Wednesday Afternoon Lectures. The programs are held from 3 to 4 p.m. in 318 Health Sciences Library. They are as follows:



Dr. Jean Brooks-Gunn

"Growing up Poor in the United States: Research, Policy and Practice" will be presented Feb. 5 by Dr. Jean Brooks-Gunn. Dr. Brooks-Gunn is the Virginia and Leonard Marx Professor of Child Development and Education at Teachers College, Columbia University; director of the Center for Children and Families; and co-director of the Institute for Child and Family Policy, Columbia University. Her specialty is policy-oriented research

focusing on family and community influences upon the development of children, youth and families. Her research centers around designing and evaluating interventions aimed at enhancing the well-being of children living in poverty and associated conditions. She is conducting, with Mathematica Policy Research, the National Evaluation of the Early Head Start program, and with the Harvard School of Public Health, the middle childhood and adolescent follow-up of the Infant Health and Development Program.

"Pathogenesis Studies of Polyglutamine-Induced Neurodegenerative Disease" will be presented Feb. 12 by Huda Y. Zoghbi, MD, investigator at Baylor College of Medicine. Dr. Zoghbi uses genetic and cell biological approaches to explore the pathogenesis of "triplet repeat" diseases and understand genes essential for normal neurodevelopment. Specifically, Dr. Zoghbi studies the molecular basis of spinocerebellar ataxia type 1 (SCA1) and Rett syndrome, and the role of Math1 in neuronal fate determination and differentiation.

"Neural Correlates of 'Experienced Value' in the Parietal Cortex" will be presented Feb. 19 by Dr. William T. Newsome, professor at Stanford University Brain Research Institute and neurobiology investigator at the Howard Hughes Medical Institute.

The long-term goal of Dr. Newsome's research is to understand the neuronal processes that mediate visual perception and visually guided behavior. He is conducting parallel behavioral and physiological experiments in

animals that are trained to perform selected perceptual or eye movement tasks. By recording the activity of cortical neurons during performance of such tasks, he and his colleagues can gain initial insights into the relationship of neuronal activity to the animal's behavioral capacities. Hypotheses concerning this relationship are tested by modifying neural activity within local cortical circuits to determine whether behavior is effected in a predictable manner. Computer modeling techniques are then used to develop more refined hypotheses concerning the relationship of brain to behavior that are both rigorous and testable.

"Dendritic Cells and the Control of the Immune Response" will be presented Feb. 26 by Dr. Ralph M. Steinman, Henry G. Kunkel Professor and senior physician at The Rockefeller University, Laboratory of Cellular Physiology and Immunology. Dr. Steinman's will speak on how the normal immune response is dissected at three levels: antigen uptake and presentation, surface molecules and cytokines that mediate cell-cell interactions, and pathways for function in vivo. These events are analyzed by direct study of dendritic cells which are specialized and potent antigen presenting cells.

The National Institute of Health/Foundation for Advanced Education in the Sciences (NIH/FAES) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The NIH/FAES designates this educational activity for 1 credit for each session.

For more information, call 464-5476.

Pediatric Nephrology Clinic opens in Binghamton

Parents with children in need of a pediatric kidney specialist in Binghamton no longer have to leave town to seek this specialized care. Thomas Welch, MD, chair of the Department of Pediatrics at SUNY Upstate, announces the opening of a Pediatric Nephrology Clinic at Binghamton General Hospital.

The Pediatric Nephrology Clinic offers medical consultation evaluation and follow up with children and adolescents with disorders of the kidney and urinary tract, including hypertension. The clinic sees patients from 1 to 5 p.m. on the first Tuesday of each month. The clinic's phone number is 607-762-2468.



SUNY Upstate celebrates Black History Month

SUNY Upstate Medical University will host several events in February to celebrate Black History Month. All SUNY Upstate's Black History events are free and open to the public. They are sponsored by the President's Committee on Multicultural and Pluralism and the Office of Multicultural Resources.

The calendar of events is as follows:

Opening ceremonies and a free soul food lunch buffet is scheduled Wednesday, Feb. 5 from 11:30 a.m. to 1:30 p.m. in the lobby of the Campus Activities Building. Maxwell Mozell, PhD, dean of the College

of Graduate Studies, will serve as the emcee and SUNY President Gregory L. Eastwood, MD, will offer the welcome. Elder Wallace Barkins of the Brotherly Love COGIC (Church of God in Christ) will give the invocation. A Faithful Vocal Ensemble, Fernand Albert Pridgen, will present a musical performance.

A Black History Month Tribute to Charles Ross, PhD, the first African American dean for SUNY Upstate's College of Graduate Studies, will be presented Wednesday, Feb 26, from 11:30 a.m. to 1:30 p.m. in the Weiskotten Hall Medical

Alumni Auditorium. The presentation, "Inspiring Others: Dr. Ross' Legacy to Upstate" features those who knew him sharing their insights into how Dr. Ross blazed a trail for others to follow. A reception will follow.

A Black History Month dinner dance will be held Friday, Feb. 28 from 6 p.m. to midnight in the lobby of the Campus Activities Building. The event features dinner, dancing, and a DJ.

For more information about Black History Month events, contact Barbara Hamilton Multicultural Resources at 464-5433.

A Free Continuing Education Series for Nurses

Nursing Forums

Tuesday, February 11

Neurosurgical Insult: From Onset to Discharge

Follow a fictional neuroscience patient from admission to the ICU through surgery and post-op to planning for discharge. *Presented by Neuroscience Department*

Tuesday, February 25

Mad Science: Neurophysiology

How the specialists put the pieces together when trying to fathom the basis for neurological symptoms. By understanding the nervous system better, nurses can get patients to the right specialist faster. *Presented by Ambulatory Neurology*

Tuesday, March 11

Palliative Care: Nursing Care and Advocacy at the End of Life

Palliative care works to achieve the best possible quality of life through a committed multidisciplinary approach that addresses the physical, social and psychological needs of patient and family. *Presented by the Perioperative Department*

All programs are from 6 to 8 p.m. and held in the HealthLink Site in Shoppingtown Mall, in DeWitt.



To register, call Health Connections:
800-464-8668
Space is limited.
Refreshments provided.

University Hospital's
HealthLink
in the OASIS/HealthLink site in Shoppingtown Mall, DeWitt, NY

College of Graduate Studies Admissions Program to hold first Recruitment Day Feb. 6 & 7

SUNY Upstate's College of Graduate Studies is presenting two, two-day student recruitment dates Feb. 6 and 7 and again March 27 and 28.

The first day of each program will be held at the Institute for Human Performance beginning at 4:45 p.m. and will offer prospective students overviews of the college's departments of Pharmacology, Cell and Developmental Biology, Microbiology, Neuroscience, Physiology and Biochemistry. The session also includes a social hour, a student poster presentation and dinner.

The second day of each program begins at 8:30 a.m. and includes a welcome and introduction of the college by Dean Maxwell Mozell, PhD; breakfast; a campus tour; a bus tour of Onondaga County; individual interviews and laboratory visits with college faculty; lunch; and a question and answer session with Dean Mozell and program representatives.

All College of Graduate Studies faculty and students are strongly encouraged to attend the free social and dinner to meet prospective students.

For more information, contact Sandra Granger in the College of Graduate Studies at 464-7655.



Sidelines begins its 2003 Spring program schedule with burn prevention and safety Feb. 6

Sidelines' 2003 Spring schedule opens with an informational session on burn prevention and safety Thursday, Feb. 6. Sidelines is a series of free, brown bag programs that provides an opportunity for SUNY Upstate staff members to share their interests and talents with others and for representatives from organizations to discuss community resources. All sessions will be held from noon to 1 p.m. in the West Lounge of the Campus Activities Building (C.A.B.)

The programs are as follows:

- **"Burn Prevention and First Aid for Burns"** will be presented Thursday, Feb. 6 by Linda Wickes, RN, of Organizational Training and Development. Wickes will outline common causes of burn injury, typical burn injuries by age group, and the differences between first, second, and third degree burns. Burn first aid and safety measures to prevent burn injuries will also be discussed. Wickes has more than 20 years experience in burn nursing care and was the head nurse of the Burn Unit at University Hospital for eight years. She lectures on burn care to Head Start parent groups, EMTs and fire departments, elementary and high school students, and nursing students. She has also conducted school re-entry programs for burn-injured children.
- **"LifeWorks"** will be presented Thursday, Feb. 20 by Jeff McCullough of LifeWorks. LifeWorks is an organization contracted by the NYS Family Benefits to provide service. McCullough will discuss how the LifeWorks organization and its concept can make it easier for individuals to balance the demands of work with those of their personal life. LifeWorks consultants help with issues that arise at virtually any stage of life, including child care, parenting, schooling, budgeting, and more.
- **"FORE"** will be presented Thursday, March 6 by University Hospital Administrator Jason Sciarro. The program is geared to the new or intermediate golfer looking for tips on improving their golf game. Sciarro will discuss how to get started with the game, the best local golf courses, rules of golf etiquette, proper use of golf clubs, and the role of the course ranger, among other topics related to the game.
- **A tour of SUNY Environmental Science and Forestry's (ESF) Green houses atop Illick Hall** is set for Thursday, April 3. Larry Whelpton, professor of environmental and forest biology at ESF and Syracuse University, serves as the tour guide. The tour is limited to 15 participants. Pre-registration is required on a first-come first-served basis and can be made by calling 464 5463 or emailing hutts@upstate.edu. The meeting point for the tour is the Weiskotten Hall lobby (by the information desk). Plants may be purchased following the tour.
- **"Where Do They Get Those Ideas?"** will be presented Thursday, April 17 by SUNY Upstate's Michael Wendell of Organization Training & Development who doubles as a romance writer. This interactive workshop will explore methods used by creative writers for inspiration. Writing materials will be supplied.
- **"Vitamins, Minerals & Supplements"** will be presented Thursday, May 1 by Joyce Mackessy of Nutritional Services. Mackessy will discuss the difference between nutrition quackery and sound evidence-based recommendations for vitamin and mineral supplements and review the latest recommended levels for vitamins and minerals, and what the safety issues are, along with what specific vitamins and minerals adults should be concerned about. Also discussed will be the risks of health fraud and quackery, the consequences and harmful side effects of unproven remedies, and resources where sound nutrition information can be found.
- **"Understanding Your Credit Report"** will be presented Thursday, May 15 by Derek Love, branch manager of the State Employees Federal Credit Union in Syracuse. This session will help participants better understand credit reports, offering insight into what information the reports are based on and how the credit score is calculated.
- **"Understanding Your Educational Benefits"** will be presented Thursday, May 29 by Barbara Riggall SUNY Upstate's Department of Organizational Training and Development. Riggall will discuss the educational opportunities, both credit and non-credit, that are available to employees of SUNY Upstate. Specifically, this presentation will offer information on the types of workshops that are available, who is eligible to attend the workshops, how one registers and if there is a cost associated with attending. Information will also be presented on tuition reimbursement benefits for college courses through the Syracuse University Remitted Credit program, as well as programs for PEF, UUP and CSEA represented employees. Information will include where to apply for benefits, how much is covered and what colleges are included in the tuition benefit programs.

Sidelines is a program of SUNY Upstate's Department of Organizational and Training Development. Registration is required for all sessions. To register or for more information, contact Sandy Hutt at hutts@upstate.edu or call 464-5463.



From left: Dr. Jonathan Wright accepts check from Mary and Charles Haney while Nurse Administrator Steven Thomas looks on.

Two funds established in Oswego and Oneida to help needy patients

Two funds have been established to assist needy patients in the Oswego and Oneida Hematology/Oncology offices of the SUNY Upstate's Department of Medicine.

Charles and Mary Haney of Oswego gave a \$5,000 gift to the Oswego office in honor of their doctor, Jonathan Wright, MD, and the office staff. Their donation has inspired the Haney's friends, families and the Oswego community to contribute to the fund to the point that the fund is now endowed and has more than doubled in size.

"Over the last year, several cancer patients have benefited from fund monies, primarily needed for medication but also for other expenses related to their treatment," said Charlie Haney. "It is time to ensure that this source of financial assistance is available for future generations of patients. By establishing this endowment, we are creating a fund that will be available in perpetuity."

The hematology/oncology office is located at 140 W. 6th St., Oswego. More than 200 new patients are seen each year and follow-up visits total over 5,000 annually.

Ronald McHarris has established the Deanna M. McHarris Memorial Fund to assist needy patients in the Oneida Hematology/Oncology office in honor of his wife, Deanna, who was a patient of Dr. Sheila Lemke.

Individuals who would like to contribute to either fund should send their donation to Keitha Costello, Hematology/Oncology practice manager, SUNY Upstate Medical University, 750 East Adams St., Syracuse, NY 13210 or, if mailing through interdepartmental mail, to 314 Computer Warehouse Building. Checks should be made payable to the Mary and Charlie Haney Cancer Giving Fund for the Oswego office or the Deanna M. McHarris Memorial Fund for the Oneida office.

For more information, contact Costello at 464-5803.

United States Army Research Institute of Infectious Disease (USAMRIID)

Satellite Broadcast Training available on campus

Knowledge of the extensive biological weapons programs in other countries and numerous recent bioterrorism hoaxes here in the U.S. have increased concern about the medical management of biological agent casualties, whether on the battlefield or domestically. Military and civilian medical and public health professionals must become proficient in recognizing that a biological attack has occurred, activating the appropriate agencies and personnel to investigate the event, treating casualties, and preventing spread of disease.

Through the Central New York Poison Center, the Center for Emergency Preparedness at SUNY Upstate Medical University has arranged to have USAMRIID satellite broadcasts available at Upstate Medical University.

The broadcasts are as follows:

- "Vaccines Against Biological Warfare Agents" will be presented March 5 from 1 to 3 p.m. in 318 Health Sciences Library
- Future sessions will be May 21, July 9, and August 27 (topics to be announced).

Individuals may register by contacting Don Groff at the CNY Poison Center via email, groffd@upstate.edu. They may also visit the USAMRIID Satellite Training website at www.biomedtraining.org for more information.

USAMRIID offers specialized training for military and civilian health care providers to enhance their capability to diagnose and treat casualties of biological warfare or terrorism.

The SUNY Health Sciences Library

Art Show

Feb. 3 through 28

Roscha Folger, local artist

SUNY Upstate in the news

The SUNY Upstate Office of Public and Media Relations arranges interviews among Upstate staff and members of the local and national media. Here are examples.

James Holsapple, MD, and **Marc Christensen, MD, PhD**, of Neurosurgery; **Berkeley Brandt, MD**, of Surgery; and **Reza Gorji, MD** of Anesthesia were interviewed in a *Post Standard* feature article on the front page of the CNY section about a successful and highly unique brain surgery.

Quoc Nguyen, MD, of the Pediatric Department was quoted in the *Post Standard* and interviewed on all television and radio outlets in Syracuse regarding a local infant who was infected with West Nile virus before she was born.

Jacqueline Jackson -Young, of the OASIS program was interviewed by the *Post Standard* regarding her participation in the Community Wide Dialogue on Racism.

Robin Wensel, RN, of the Clark Burn Center was interviewed by WSTM, WTVH and WSYR regarding recent donations by the Onondaga County Volunteer Firemen to the children treated at the center.

President Gregory Eastwood, MD, participated in a panel discussion on bioterrorism and the recently announced plans to vaccinate healthcare workers against smallpox on WCNY-TV's *Central Issues* program, aired Jan. 3.

Kathy Faber Langendoen, MD, of the Center for Bioethics and Humanities was interviewed by WSYR and WAER radio regarding the recent disclosure of what might be the first successful birth of a cloned baby.

Pediatrician **Howard Weinberger, MD**, who heads Upstate's Lead Poisoning Research Center, was quoted in the *Post Standard* about a new federal proposal that may change the level of lead in the blood considered dangerous.

Public Safety Director Frank Tees was quoted in the *Post Standard* about security on campuses in Central New York.

A featured article on the front page of the *Post Standard's* CNY section detailed new laparoscopic prostate removal surgery now available at University Hospital.

Dr. Bijan Shekarritz, the surgeon who does the procedure was quoted.

Dr. Leonard Weiner, chief of pediatric infectious disease is quoted in a *Post Standard* article on whether smallpox vaccinations should be available to the general public.

Joyce Garee, of nursing recruitment, is quoted in a *Post Standard* article about how hospital size can dictate a nurse's employment choice.

Coverage of **Dr. Blair Calancie's** clinical trial that led the way to FDA approval of a new device designed to help neurosurgeons monitor a patient's central nervous system during risky spine or spinal cord surgery appeared recently on more than 80 television stations across the country, including WBZ-TV, Boston; WFOR-TV, Miami; WCBS-TV, New York; WPVI-TV, Philadelphia and KNBC-TV, Los Angeles.

Dr. Michael Roizen appeared on WCNY's HourCNY program to discuss how a healthy diet should be part of one's New Year's resolutions.

Bruce Simmons, MD of Employee and Student Health, was interviewed on WIXT-TV 9 for a story on the local flu outbreak.



New website for SUNY Upstate's Faculty Governance

SUNY Upstate Medical University's Faculty Governance has a new website and is inviting all SUNY Upstate individuals to visit the site at www.upstate.edu/facgov/.

The website features useful information that includes:

SUNY University Faculty Senate (know who your university faculty and alternate senators are. These individuals represent you at the state level.)

Faculty Organization (the governance body for all Upstate faculty - all colleges and the library. All faculty are invited to attend semi-annual meetings in Weiskotten Hall's Medical Alumni Auditorium, usually held in mid-May

and mid-December. Organization bylaws and the faculty handbook are also accessible from the menu at this link.

Council of the Faculty Organization is comprised of faculty and alternate senators and elected faculty representatives from the following executive organizations that includes:

Colleges of Health and Professions and Nursing General Assembly (College of Health Professions, College of Nursing and Library faculty);

Graduate Faculty Organization (College of Graduate Studies faculty);

Executive Committee of the Medical College Assembly (College of Medicine faculty).

Questions, comments or concerns should be addressed to Barbara Ames, administrative assistant to Provost Kenneth Barker, via email amesb@upstate.edu or by calling 464-4515.

NOTICE OF PRIVACY PRACTICES

Upstate Update continues its series of articles to educate and guide staff about patient privacy issues addressed by the federal Health Insurance Portability and Accountability Act (HIPAA).

When the HIPAA Privacy Rule first came out, there was a lot of concern that communication and information sharing essential to the overall goal of providing quality care would be not be allowed. The Privacy Rule is not intended to impede necessary and customary healthcare communications and practices. In fact, it permits healthcare providers to use and disclose a patient's protected health information (PHI) without a specific authorization in certain circumstances. Some examples are:

- Treatment: To provide health care services and coordinate health care with other providers who need to be involved in treatment
- Payment: To bill and obtain payment for healthcare services
- Health Care Operations: To conduct our normal hospital business

Our ability to share a patient's PHI for these purposes is only permitted if we have informed the patient up front about our privacy practices at Upstate Medical University. Our Notice of Privacy Practices will explain how we may use and disclose their health information and their right to control/access their health information. Effective April 14 we will be giving all University Hospital patients our Notice of Privacy Practices upon registration.

Mark Your Calendar and Start Getting Your Team Together — Walking or Running!

Please join us in the fight against Central New York's #1 and #3 killers — Heart Disease and Stroke.

THE AMERICAN HEART ASSOCIATION'S 19TH ANNUAL

American Heart Walk/Run

The New York State Fairgrounds
Verizon Center of Progress Building

Saturday, March 22, 2003

Ask us about our special "\$500 Club" and the "Grand American Club."

Many opportunities to receive prizes.

Indoor and outdoor events will be available.



State University of New York



For more information, call Zanette at 464-4263 or Becky at 464-4845

HIPAA*

...A Curious Term for a Serious Issue: Ensuring Patient Privacy

- Don't share a patient's health information for treatment purposes unless the person you are sharing it with has a role in the patient's care.
- Don't share a patient's health information for ANY purpose if they haven't received our Notice of Privacy Practices.
- Patients specifically requesting a list of to whom we have disclosed their health information must be directed to University Hospital Clinical Data Services.
- Even though uses and disclosure for treatment, payment, and hospital business operations is permitted, the 'minimum necessary' rule still applies!
- Patients have the right to request restrictions on how we use and disclose their health information, although we are not required to grant the restriction if it is not feasible.
- **Above all, safeguard and protect a patient's health information as you would your own!**



*Health Insurance Portability and Accountability Act

On-site-chair massage available at SUNY Upstate

Workplace stress can at times be destructive and cumulative. Massage is a proven way of reducing stress. SUNY Upstate's Employee Assistance Program (EAP) and Wellness Kneads have made on-site-chair massage available around the clock to all SUNY Upstate employees. Employees are invited to unwind in a special chair designed to comfortably support your body, wearing regular clothing. Sessions are 15 to 20 minutes and are performed by a qualified practitioner using a variety of massage techniques tailored to ease built up stress and tension in the neck, shoulders, arms and hands.

Call 430-4340 to arrange for an appointment. Flexible scheduling is available to accommodate schedules. The price is \$1 for a one-minute session. For more information, contact EAP at 464-5760.

Nominees sought for Chancellor's Award for Student Excellence

Nominations are being accepted for the Chancellor's Award for Student Excellence 2002-2003.

The award recognizes students who have excelled in integrating academic excellence with such areas as athletics, community service, creative and performing arts, entrepreneurship, leadership and career achievement.

It is the highest honor bestowed upon a student.

Nominations may be submitted by students, faculty or staff and must include: one/two page summary of accomplishments and a Curriculum Vitae/Resume. The award is open to students gradu-



ating during the 2002-2003 academic year.

The deadline for nominations is Friday, Feb. 21.

Nominations should be sent to Donald Midlam, associate dean of Student Services at SUNY Upstate, 202 Campus Activities Building.

Call 464-8855 for more information.

Francis McMillan Parks to present University Neighbors lecture Feb. 9

Francis McMillan Parks of Syracuse University's Hendricks Chapel will discuss tell stories with powerful themes about social justice, slavery and freedom Sunday, Feb. 9 at 3 p.m. at the Westcott Community Center. The program is part of the University Neighbors Lecture series presented by the Westcott Community Center. Tickets are \$10; student fees are \$5 at the door with student ID. For more information, call 478-8634.

Note: Contact the Human Resources Department for address corrections.

SUNY Upstate's annual security report available on the web

A copy of SUNY Upstate's annual security report, The Clery Report, is available on the web at <http://www.upstate.edu/public-safety/report.shtml>.

It can also be obtained by writing to: Director of Public Safety, SUNY Upstate Medical University, 750 East Adams St., Syracuse, NY 13214 (1326 University Hospital if using interdepartmental mail) or calling 464-4134.

The Clery Report includes statistics for the previous three years concerning reported crimes that occurred on campus; in certain off-campus buildings or property owned or controlled by SUNY Upstate; and on public property within or immediately adjacent to and accessible from the campus. The report also includes institutional policies concerning campus security, such as alcohol and drug use, crime prevention, the reporting of crime, sexual assault, and other matters.

Joyce Lennon of Hospital Administration and her family extend their thanks to the SUNY Upstate/ University Hospital community for the support offered them throughout the illness and death of Joyce's husband, Larry.

Upstate Update is published by the Public and Media Relations Department at SUNY Upstate Medical University, Syracuse, NY. To submit news or calendar items, contact editor Doretta Royer, Fourth Floor, 250 Harrison Center, 464-4836; email: royerd.

Printed by Upstate Medical University Duplicating and Printing Services.

Submission deadline for the 2/12 to 2/26 issue of Upstate Update is Monday, 1/27.