

UPSTATE update

A publication
for the
SUNY Upstate
Medical University
Community

SEPTEMBER 11 THROUGH SEPTEMBER 25, 2002

In the Calendar

Pediatric Grand Rounds. 9/25.
9:15 a.m. 6500 University Hospital.
See Update calendar inside.

Take Note

Twenty-two SUNY individuals to receive awards at Fall Faculty Convocation Sept. 18

Twenty-two individuals and one area corporation will receive awards at the SUNY Upstate Medical University Fall Faculty Convocation, Wednesday, Sept. 18 at 4 p.m. in the Weiskotten Hall Medical Alumni Auditorium. All SUNY Upstate individuals are invited. A reception will immediately follow the Convocation.

The Convocation also features the annual "State of the Medical University" address by SUNY Upstate President Gregory L. Eastwood, MD. The address offers an overview of SUNY Upstate's accomplishments and an acknowledgement of SUNY Upstate's contributions to the community.

Prior to the event, a reception for SUNY Upstate's emeriti faculty will be held at 3 p.m. in 1164 Weiskotten Hall.

See page 6 for list of awards recipients.

Device tested at SUNY Upstate Medical University receives FDA approval

Data collected in a clinical trial by a SUNY Upstate Medical University neurophysiologist has paved the way for a British-made medical device, used during spine and/or spinal cord surgery, to receive FDA approval for marketing.

SUNY Upstate's Blair Calancie, PhD, professor of neurosurgery, was the only investigator in the United States granted permission by the FDA to use the device in a clinical trial. The device, known as the Digitimer D185 MultiPulse Cortical Stimulator, is the newest generation of stimulators to help neurosurgeons monitor a patient's central nervous system during risky spine or spinal cord surgery.

The box-like device looks much like one used by hospitals to collect data on vitals, such as blood pressure and temperature. However, the D185 box is attached to two electrodes. After the patient undergoes general anesthesia, the electrodes are placed on the patient's scalp overlying that part of the brain - known as the motor cortex - that controls voluntary movements. Brief electrical pulses delivered through these electrodes activate nerves in the motor cortex, sending nerve signals down the spinal cord, across the region at risk by the surgery. Muscles of the arms and legs respond with brief contractions, indicating the signals are getting through. Changes in these muscle responses to stimulation may indicate deterioration in nerve conduction, thus alerting the surgeon that the procedure being performed could potentially cause a loss of strength (i.e. paralysis) after surgery.

"The device allows neurosurgeons and their teams to monitor spinal cord function, specifically the part that controls voluntary movements of the arms and legs, in patients who are undergoing surgical procedures that place the spinal cord at risk," says Dr. Calancie. "If the electrical pulsations indicate that what the surgeon is



Blair Calancie, PhD

Steve Allen, Jr., MD, to present Weiskotten Lecture Sept. 20

"Juggling Life's Stress," is the topic of the Weiskotten Lecture to be presented by Steve Allen Jr., MD, Friday, Sept. 20 at 4 p.m. in the Weiskotten Hall ninth floor auditorium. The lecture is free and open to the public. It is a highlight of Upstate Medical University's 127th College of Medicine Reunion, to be held Friday and Saturday, Sept. 20 and 21.

Dr. Allen is a SUNY Upstate family practice physician and faculty member who promotes humor as a powerful healing tool.

The lecture will be immediately followed by an awards ceremony. Leonard Marmor, MD (Class of 1952) will receive a Distinguished Alumnus award and Debra Buchan, MD (Class of 1987) will receive the Outstanding Young Alumna award.

Dr. Marmor is a pioneering orthopaedic surgeon in the field of joint replacements and a philanthropist. Dr. Buchan is an internist and teacher at Upstate Medical University. She is cited for

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State University of New York



calendar

Wednesday, Sept. 11

Anesthesiology Grand Rounds. 7 a.m. Wsk. Hall, Medical Alumni Aud.

Sept. 11 Remembrance Program. 8 to 11 a.m. University Hospital, Inter-Faith Chapel.

Live Demonstrations of Surgery Research Projects. 8 to 9 a.m. University Hospital, 8th floor Surgical Laboratory.

Orthopedic Grand Rounds. "Massive Rotator Cuff Tears." Presenter: Kevin Setter, MD. 8 to 9 a.m. 6500 University Hospital.

Pediatric Grand Rounds. Presenter: Sal Fiscina, MD, JD, AHPIA Risk Management Pediatric Program. 9:15 a.m. 6500 University Hospital.

Emergency Medicine Grand Rounds. "Chest Pain Epidemiology in the Emergency Department." Presenter: Gary Johnson, MD, Upstate Medical University. 11 a.m. Health Sciences Library, Rm. 318.

Sept. 11 Remembrance Program. 11:30 a.m. to 1:30 p.m. Wsk. Hall, Medical Alumni Aud.

Health Sciences Library Tour. Noon. Meet at New Book area.

Combined Infectious Diseases Conference. Presenter: Donald Blair, MD, Upstate Medical University. 4 p.m. 118 University Hospital.

CNY Gathers (in remembrance of Sept. 11 attacks). 7 p.m. Clinton Square, downtown Syracuse. t

Thursday, Sept. 12

CME Program. "Lung Cancer: Recent Treatment Advances." No registration required.

CME credit. Call 464-4304.

Workshop. "Skill Building Conference for Professionals in Health and Human Services, Education, Mental Health and Crisis Response." OnCenter.

Medical Grand Rounds. "Can Epidemiology Help Prevent Kidney Stones?" Presenter: Gary Curhan, MD, Harvard Medical School. 8:30 a.m. Wsk. Hall, Medical Alumni Aud.

Urology Grand Rounds. "Preparing for Clinical Competencies." Presenter: William Grant, EdD, Upstate Medical University. 9 to 10 a.m. 6500 University Hospital.

Psychiatry Grand Rounds. "Depression and Suicide in Bipolar Disorder: Pharmacological Challenges and Opportunities." Presenter: Frederick K. Goodwin, MD, George Washington University. 12:30 to 2 p.m. PBS Bldg., 713 Harrison St.

Free Seminar. "Sickle Cell Disease in CNY." 5 to 6 p.m. HealthLink.

Friday, Sept. 13

Obstetrics/Gynecology Grand Rounds. "Geriatric Gynecology Oncology." Presenter: Maureen Killackey, MD, Columbia University College of Physicians and Surgeon. 7:30 a.m. Marley Educ. Ctr.

Training Program. "Road Map To Success." 1:30 to 3 p.m. 1315 University Hospital.

Saturday, Sept. 14

Film. "About Boy." 7:30 p.m. Wsk. Hall, Medical Alumni Aud. \$2 per person.

Sunday, Sept. 15

Film. "About Boy." 2 p.m. Wsk. Hall, Medical Alumni Aud. \$2 per person.

Monday, Sept. 16

AA Open Meeting. Noon. 4137 University Hospital. Call 464-5011 for information.

Childbirth Education Class. 2 to 4 p.m. Women's Health Services, UHCC, third floor. Call 464-2169 to register.

Free Seminar. "Freshstart: Get Ready to Quit Smoking." 5 to 6 p.m. HealthLink.

Tuesday, Sept. 17

Payroll Services Workshop. "How SUNY Upstate's CSEA & PEF Employees' Paychecks are Calculated." 9 a.m. to noon. C.A.B., East Lounge. E-mail STATEPR to register.

Making Strides Against Breast Cancer Walk On-Site Registration. 11 a.m. to 4 p.m. University Hospital, second floor lobby.

Free Seminar. "Gynecologic Cancer: What Every Woman Needs to Know." 5:30 to 6:30 p.m. HealthLink.

Wednesday, Sept. 18

Education Convention and Trade Show (9/18-9/20). Turning Stone Casino, Verona. To register, visit <http://www.iroquois.org>.

Anesthesiology Grand Rounds. 7 a.m. Wsk. Hall, Medical Alumni Aud.

Otolaryngology and Communications Sciences Grand Rounds. 7 to 8 a.m. 6500 University Hospital.

Orthopedic Grand Rounds. Presenter: Matthew Bennett, MD. 8 to 9 a.m. 6500

University Hospital.

College of Health Professions Leadership Coffee. Guest: Syracuse Mayor Matt Driscoll. 9:45 to 10:15 a.m. Silverman Hall.

Surgical Grand Rounds. "Hemorrhagic Shock: The Old and the New." Presenter: Thomas Scalea, MD, University of Maryland School of Medicine. 8 to 9 a.m. 2231 Wsk. Hall.

Pediatric Grand Rounds. "PANDAs in Primary Care Practice." Presenter: Marie Lynd Murphy, MD, University of Rochester School of Medicine. 9:15 a.m. 6500 University Hospital.

Free Seminar. "Alzheimer's 101 & The Best Friends Philosophy." 11 a.m. to noon. HealthLink.

Health Sciences Library Tour. See 9/11 Calendar listing.

Free Seminar. "Medicare Insurance & Your Hospital Bill." 1 to 2 p.m. HealthLink.

Reception for SUNY Upstate's emeriti faculty. 3 p.m. 1164 Weiskotten Hall.

SUNY Upstate Medical University Fall Faculty Convocation. 4 p.m. Wsk. Hall, Medical Alumni Aud.

Combined Infectious Diseases Conference. Presenter: Frederick Rose, MD, Upstate Medical University. 4 p.m. 118 University Hospital.

Neurology/Neurosurgery Grand Rounds. 4 p.m. 6500 University Hospital.

Free Seminar. "Peripheral Vascular Disease: Are You At Risk?" 5 to 6 p.m. HealthLink.

Thursday, Sept. 19

Medical Grand Rounds. Annual

Winkelman Lectureship: "Lung Cancer: Molecular Approaches to Early Detection." Presenter: Simon D. Spivak, MD, Albany Medical Center. 8:30 a.m. Wsk. Hall, Medical Alumni Aud.

Urology Grand Rounds. "The Genetics of Nephrolithiasis." Presenter: Steven Scheinman, MD, Upstate Medical University. 9 to 10 a.m. 6500 University Hospital.

Psychiatry Grand Rounds. Faculty and PPG Meeting. 12:30 to 2 p.m. PBS Bldg.

Light the Night Walk. 5:30 p.m. Longbranch Park.

Free Seminar. "Migranes! Can They Be Prevented?" 6 to 7 p.m. HealthLink.

Friday, Sept. 20

Obstetrics/Gynecology Grand Rounds. "Periodontal Disease and Preterm Birth." Presenter: Marjorie Jeffcoat, MD, University of Alabama at Birmingham. 7:30 a.m. Marley Educ. Ctr.

Weiskotten Lecture. "Juggling Life's Stress." Presenter: Steve Allen, Jr., MD, Upstate Medical University. 4 p.m. Wsk. Hall, ninth floor auditorium.

Film. "Men in Black II." 7:30 p.m. Wsk. Hall, Medical Alumni Aud. \$2 per person.

Saturday, Sept. 21

Film. See 9/20 Calendar listing.

Sunday, Sept. 22

Film. "Lilo and Stich." 2 p.m. Wsk. Hall, Medical Alumni Aud. \$2 per person.

Monday, Sept. 23

AA Open Meeting. See 9/16 Calendar listing.

Childbirth Education Class. See 9/16 Calendar listing.

ICD Support Group Meeting. 5 to 6 p.m. 205 Jacobsen Hall.

Tuesday, Sept. 24

Faculty Development Seminar. "Use of Multiple Choice Tests in Medical School: There Are No Answers." Noon. 5301 Wsk. Hall.

Wednesday, Sept. 25

Anesthesiology Grand Rounds. 7 a.m. Wsk. Hall, Medical Alumni Aud.

Seminar. "Contemporary Issues in Pediatric Emergency Medicine." 7:30 a.m. to 3:30 p.m. Sheraton Syracuse University Hotel.

Orthopedic Grand Rounds. "Some Reflections on the Patient Outcomes Research Team." Presenter: Deborah Freund, MD. 8 to 9 a.m. 6500 University Hospital.

Surgical Grand Rounds. "Towards Improved Assessment of Competencies in Medical Education." Presenter: Usha Satish, PhD, Upstate Medical University. 8 to 9 a.m. 2231 Wsk. Hall.

Pediatric Grand Rounds. "What To Do When the Hearing Screen is Failed." Presenter: Nancy Roizen, MD, Upstate Medical University. 9:15 a.m. 6500 University Hospital.

Health Sciences Library Tour. See 9/11 Calendar listing.

Combined Infectious Diseases Conference. Presenter: James Turchik, MD, Upstate Medical University. 4 p.m. 118 University Hospital.

Neurology/Neurosurgery Grand Rounds. 4 p.m. 6500 University Hospital.

Biomedical Sciences Retreat. Welch Allyn-The Lodge in Skaneateles.

Free Legs for Life Screening. 8 a.m. to 4:30 p.m. University Health Care Manlius. Call 464-8668 to register.

Thursday, Sept. 26

Medical Grand Rounds. Case Study. Presenter: Vincent Frechette, MD. Upstate Medical University. 8:30 a.m. Wsk. Hall, Medical Alumni Aud.

3rd Annual CNY Addiction Psychiatry Conference. Holiday Inn, Electronic Pkwy., Liverpool.

Free Seminar. Depression: Recognition & Treatment." 5 to 6 p.m. HealthLink. Call 464-6886 to register.

Friday, Sept. 27

Obstetrics/Gynecology Grand Rounds. "History of the Obstetric Forceps." Presenter:

Naim G. Mussalli, MD, American Board of Obstetrics & Gynecology. 7:30 a.m. Marley Educ. Ctr.

Workshop. "MEDLINE on the Web." 11 a.m. to noon. Health Sciences Library. Call 464-4581 to register.

Training Program. "Best Foot Forward." 1:30 to 3 p.m. 1315 University Hospital.

Saturday, Sept. 28

Panel Discussion. "Quo Vadis: What Will the Next 50 Years Bring to Psychiatry/Psychology?" 9 a.m. to 12:15 p.m. Wsk. Hall, Medical Alumni Aud.

Film. "Minority Report." 7:30 p.m. Wsk. Hall, Medical Alumni Aud. \$2 per person.

Sunday, Sept. 29

Film. "Minority Report." 2 p.m. Wsk. Hall, Medical Alumni Aud. \$2 per person.



The office of Michael Soeder, MD of University Hospital's Pediatric and Adolescent Center, sponsored five children to attend Camp Superkids in August. The camp, located on Oneida Lake, is an annual activity of the American Lung Association of Central New York. It is a week-long residential camp for children ages 8-12 with moderate to severe asthma. Robert R. Fluck Jr, associate professor in the Department of Cardiorespiratory Sciences in the College of Health Professions, served as co-director of this year's camp event.

Photographed: (back row from left: Robert Fluck, Matthew Bath, MSII, Beth Nowak, MSII; Front row from left: Ricardo Linen, Kerissa Wheeler, Nazareth Lozano, Antanesia Smith, and Jaquwann Bowens)

Advocates for SUNY Upstate Medical University mark 100th Anniversary

Advocates for SUNY Upstate Medical University is marking its 100th anniversary. Founded in 1902, it is a non-profit volunteer membership organization created to support the activities of SUNY Upstate's University Hospital and its four colleges.

"For one-hundred years, Advocates have identified and met numerous patient care and educational needs in Central New York. By following our mission of community service, community education and advocacy, we have certainly enhanced the quality of life in Central New York," said Advocates' Co-President Deborah Meech.

According to Laurie Clark, who shares the office of president with Meech, Advocates has throughout the years presented revenue-generating initiatives to benefit patient care. "Our efforts have helped to realize numerous University Hospital programs, including the Children's Cancer and Blood Disorders, the Regional Oncology Center, and the Joslin Center for Diabetes. We also provide scholarships to qualifying students in SUNY Upstate's College of Health Professions and sponsor an electronic patient and family medical education program," Clark said.

One of its most visible programs is the "We Have a Little Emergency (WHALE)" car seat and helmet identifica-

tion program, presented in cooperation with the New York State Association of Fire Chiefs. WHALE has earned several awards, including the JC Penney Golden Rule award and the Oberlander Memorial Achievement Cup.

In January 2001, the organization changed its name from Auxiliary to SUNY Upstate Medical University to more closely reflect its mission of supporting SUNY Upstate and advocating for community health needs.

To learn more about Advocates for SUNY Upstate Medical University, call 464-5610.

Join in the 100th Anniversary celebration!

Advocates for SUNY Upstate Medical University invites all SUNY individuals for cake in celebration of the organization's 100th anniversary, Thursday, Sept. 19 from 11 a.m. to noon in the first floor lobby of University Hospital. SUNY Upstate President Gregory L. Eastwood, MD, and University Hospital Executive Director Ben Moore will offer remarks.



Above from left: Advocate past presidents Heidi Smith and Charles Calligaris present Community Appreciation Awards to WIXT's Rick Gary and Christie Casciano at a recent meeting of the Advocates.

Laurie Clark (left) and Debbie Meech were elected co-presidents for the Advocates for 2002-2003

Advocates for
State University of New York
 Upstate
Medical
University



Above: SUNY Upstate President Gregory L. Eastwood, MD, offers remarks at the Advocates' annual meeting.



Advocates announces officers for 2003

The Board of Directors for Advocates for SUNY Upstate Medical University has announced its officers for 2002-2003:

Co-Presidents: Deborah Meech and Laurie Clark
 Vice-Presidents: Robert Rathbun, Sandy Rosenfeld,
 Joan Thorn

Treasurer: Robert Kotcher

Recording Secretary: Barbara Watkins

Corresponding Secretary: Dorothy Campbell



Advocates' new board members and officers who attended the annual meeting this past spring are from left: Mary Flynn, Cynthia Greene Dowd, Sandra Hart, Sue Barker, Laurie Clark, June Gilbert, Debbie Meech, Sandy Rosenfeld, Robert Rathbun, Barbara Watkins and Dorothy Campbell.

Advocates to sponsor special Culinary Institute of America event Oct. 4

There is still time to purchase tickets to the Culinary Institute of America luncheon at Ristorante Caterina DeMedici and tour of the Clermont State Historical site. The all-day event, sponsored by Advocates for Upstate Medical University, will take place Friday, Oct. 4. The fee is \$60 for Advocate members and \$70 for all others. The deadline to register is Friday, Sept. 20. To register or for more information, call 464-5606.

Device tested at SUNY Upstate *continued from page 1*

doing could potentially harm the patient, the surgeon can then stop the procedure and determine the next course of action. If the test results shows that injury will not be a factor, the surgeon can then be more aggressive in the current course of surgical repair," said Dr. Calancie.

Dr. Calancie's findings provided the proof the FDA needed to approve the marketing of the device. His findings demonstrated that the use of the device showed a reduction in serious complications post-surgery and can lead to improved quality of life for some patients.

Dr. Calancie's seven-year study began at the University of Miami's Department of Neurological Surgery and the Miami Project to Cure Paralysis and continued at SUNY Upstate when he joined the Department of Neurosurgery in August of 2001.

The study involved more than 1,000 patients at the two centers, ranging in ages from 3 to 99. All of the patients underwent surgery involving the spine and /or spinal cord, such as operations to remove tumors of the spine or to correct scoliosis. There were no serious side effects of stimulation and even minor complications were few in number.

At SUNY Upstate, Dr. Calancie worked cooperatively with Neurosurgery Chair Charles Hodge, MD. Dr. Calancie's Miami associates were Barth Green, MD, professor and chair of the University of Miami's Department of Neurological Surgery and president of the Miami Project to Cure Paralysis; Dalton Dietrich, PhD, Scientific Director of the Miami Project, and William Harris, Guillermo Pineiro, Jenna Savage, Robert Lampman and Maria Molano, MD, of the University of Miami.

Weiskotten Lecture *continued from page 1*

her efforts to institute a new pilot program of mentoring and student advisement at SUNY Upstate.

This year's Reunion also includes a dedication of the newly renovated Weiskotten Hall ninth floor, a Recognition of Donors, a celebratory reception, tours of the Health Sciences Library, the Institute for Human Performance and Cayuga Lake Wineries, a feature presentation at the Milton J. Rubenstein Museum of Science and Technology IMAX Dome Theatre and class dinners.

The Weiskotten Lecture and Reunion 2002 is sponsored by the Medical Alumni Foundation at Upstate Medical University and Upstate's College of Medicine. For more information about the Weiskotten Lecture or the 2002 Medical Alumni Reunion contact the Medical Alumni Office at 464-4361, email: murphyl@upstate.edu or visit web page www.upstate.edu/medalumni.

Upstate Medical University will recognize the following individuals for distinguished service at the Fall Faculty Convocation, Sept. 18. Bristol-Myers Squibb Company will also receive the President's Award for Excellence in Philanthropic Service, corporate category.



First Row:

SUNY Distinguished Service Professor

William J. Williams, MD, Department of Medicine

Chancellor's Award for Excellence in Professional Service

Daniel Hurley, Government and Community Relations

Chancellor's Award for Excellence in Teaching

James L. Greenwald, MD, Department of Family Medicine

Chancellor's Award for Excellence in Scholarship and Creative Activities:

José Jalife, Department of Pharmacology

Second Row:

President's Award for Excellence and Leadership in Research

Robert B. Barlow, PhD, Department of Ophthalmology

President's Award for Excellence in Research by a Young Investigator:

David M. Gilbert, PhD, Department of Biochemistry and Molecular Biology

President's Award for Advancement of Affirmative Action

Susan B. Stearns, PhD, Cell and Developmental Biology

President's Award for Excellence in Library Science:

James A. Capodagli, Health Sciences Library

Third Row:

President's Award for Excellence in Faculty Service

Leslie J. Kohman, MD, Department of Surgery

President's Award for Excellence in Professional Service

Brant E. Ford, PA-C, Department of Surgery

President's Award for Excellence in Teaching:

Oliver M. Brown, PhD, College of Medicine, Basic Science

Robert K. Kanter, MD, College of Medicine, Clinical Department

Fourth Row: President's Award for Excellence in Teaching

Joseph G. Sorbello, MS.Ed, RRT, College of Health Professions

Virginia L. Cronin, MS, RN, FNP, College of Nursing

Saeed A. Bajwa, MD, Clinical Campus

President's Award for Voluntary Faculty Service:

Linda Nicolette, MD, FACS, Pediatric Surgery Associates of CNY (College of Medicine)

Fifth Row: President's Award for Voluntary Faculty Service:

Barbara M. Kane, MS, RN, FNP, Associated Gastroenterologists of CNY (College of Nursing);

Nadine Y. Bartholoma, MS, MT(ASCP)SM, University Hospital (College of Health Professions);

Jeffrey A. Marsh, MD, United Medical Associates (Clinical Campus)

President's Award for Distinguished Service

Robert B. King, MD

President's Award for Excellence in Philanthropic Service, (Individuals)

Colleen O'Leary, MD, Michael R. O'Leary, MD

Education Convention and Trade Show is Sept. 18 through 20

The third annual Education Convention and Trade Show, titled "High Stakes Healthcare," will be held Sept. 18 through 20 at the Turning Stone Casino in Verona. The event is sponsored by the Iroquois Healthcare Association (IHA).

ACHE Category II continuing education credits and Nursing contact hours (day one 5.1 and day 2 4.2) will be provided.

The conference is free; however, there is a \$25 fee to participate in the conference lunch. For more information or to register on-line, visit <http://www.iroquois.org>.

Faculty Development seminar is Sept. 24

Lynn Cleary, MD and Paul Shanley, MD of SUNY Upstate Medical University will present "The Use of Multiple Choice Tests in Medical School: There Are No Answers," at the Faculty Development seminar, Tuesday, Sept. 24 from noon to 1 p.m. in 5301 Weiskotten Hall. The presentation marks the first in a series of programs titled, "Faculty Development at Upstate 2002-2003," sponsored by SUNY Upstate's Educational Policies Committee Faculty Development Subcommittee. RSVP via e-mail to smithm@upstate.edu. Space is limited.

Biomedical Sciences Retreat is Sept. 25

The Biomedical Sciences Retreat will be held Sept. 25 at Welch Allyn-The Lodge in Skaneateles. The retreat begins with a continental breakfast at 8 a.m. and concludes with dinner at 6 p.m. The retreat features keynote speaker Kathleen J. Green, PhD, of the Department of Pathology at Northwestern University Medical School, College of Graduate Studies faculty presentations and a student poster session. A continental breakfast, luncheon and dinner will be served. The retreat is sponsored by SUNY Upstate's College of Graduate Studies. The deadline to register is Sept. 15. No registrations will be accepted after the deadline date. For more information, contact Sandi Granger at 464-7655.



University Hospital to hold free screening for leg pain Sept. 25

Individuals who suffer from leg pain when walking may have peripheral vascular disease (PVD), a circulatory condition that can be dangerous because it blocks the blood vessels in the legs.

University Hospital will hold a free PVD screening Wednesday, Sept. 25 from 8 a.m. to 4:30 p.m. at University Health Care Manlius, 102 W. Seneca Street. Parking is free and refreshments will be served.

The most common symptoms of PVD are aching, tiredness or cramping in the legs during walking or exercising, which disappears after a few minutes of rest; coldness or numbness and tingling in the lower legs and feet; and ulcers or sores on the legs or feet that do not heal. Smoking, high blood pressure, high cholesterol and family history of heart

disease or diabetes contribute to the development of PVD.

The screening will also evaluate participants for abdominal aortic aneurysm (AAA), a condition known as a silent killer. Those at highest risk are men over 60 years old who are present or past smokers and/or have a family history of AAA. Early detection and treatment is the key to reducing the risk of rupture.

The free "Legs for Life" screening is sponsored by University Hospital, the Hospital's Division of Cardiovascular and Interventional Radiology and Vascular Surgery Department and the Society of Interventional Radiologists.

Registration is required. To register, contact Health Connections at 464-8668.

SUNY Upstate's art shows begins its 2002-2003 series

SUNY Upstate's art show series in the Health Sciences Library has kicked off its 2002-2003 season with a show featuring drawings and photography by local artist Don Dixon. Dixon, who operates the mobile coffee cart at SUNY Upstate, received his formal artistic training at the Art Institute of Seattle. His show runs through Oct. 4 during library hours.

Conference to focus on contemporary issues in pediatric emergency medicine Sept. 25

Current and cutting-edge information to regional and local health-care providers in the treatment of injured and ill children is the focus of a conference, "Contemporary Issues in Pediatric Emergency Medicine," Wednesday, Sept. 25 from 7:30 a.m. to 3:30 p.m. at the Sheraton Syracuse University Hotel and Conference Center.

The course will define the current recommendations for the evaluation of the febrile child, demonstrate familiarity with current research in the field of pediatric emergency medicine, evaluate various topics in pediatric trauma, identify and manage the non-accidental trauma in the emergency department and describe the clinical presentations and management of technologically dependent children. It will also

describe the appropriate evaluation of pediatric patients who are going to receive procedural sedation and/or analgesia and provide information on a variety of radiographic procedures.

The conference is sponsored by SUNY Upstate's Department of Emergency Medicine and co-sponsored by the Department of Pediatrics, the Office of Continuing Medical Education and the Institute for Continuing Nursing Education at SUNY Upstate.

CME credit is available. The program has been submitted to the Institute for Continuing Nursing Education for contact hours.

To register or for more information, contact the Department of Emergency Medicine at 464-6197.

Psychiatry conference is Sept. 26

New research findings and their effects on clinical practice for several types of addictions, including smoking, gambling, sexual compulsions and alcoholism will be discussed at the third annual Central New York Addiction Psychiatry Conference, Thursday, Sept. 26 from 8:15 a.m. to 4:15 p.m. at the Holiday Inn on Electronics Parkway, Liverpool. The conference will also provide an update on Ecstasy and club drugs.

The conference is intended for psychiatrists, psychologists, psychiatric nurse specialists, social workers, certified alcohol and substance abuse counselors and allied mental health professionals.

CME credit is available for 5.5 credit hours in Category 1 of the Physician's Recognition Award of the American Medical Association. The conference has been submitted to the National Association of Social Workers for 5.5 contact hours and contact hours will be provided by the Institute for Continuing Nursing Education. The conference is approved for the credentialing of the positions of alcoholism and substance abuse counselor and prevention professionals and specialists.

Pre-registration is required. The registration fee is \$85 if postmarked by Sept. 18 and \$95 thereafter. The fee for SUNY Upstate Department of Psychiatry clinical faculty is \$75 per person.

For more information, call 464-3130 or email maclachl@upstate.edu.

Children's Miracle Network messages

Scrubs Sale: Sept. 19 & 20

A scrubs sale to benefit the Children's Miracle Network (CMN) will be held Thursday and Friday, Sept. 19 and 20 in the Crouse Hospital cafeteria. Scrubs will be provided by Para-Flex Medical Supplies and will be offered in a variety of styles, patterns and colors. Accessories including clogs, safety glasses, lab coats, stethoscopes will also be available.

CMN receives 15 percent of each purchase. E-mail Cassandra Rucker at rucker@upstate.edu for more information and/or to receive a coupon for a 10 percent discount on your purchase.

Golf Open Earns \$61,000

The 15th Annual Children's Miracle (CMN) Open Golf Tournament, held Aug. 9 at Foxfire at Village Green in Baldwinsville, featured 240 golfers and raised more than \$61,000, according to event Co-chairs Richard Groth and JoAnn Shupe.

The CMN Open is presented annually by Upstate Medical University Foundation, University Hospital and WIXT News Channel 9. Proceeds benefit pediatric services at University and Crouse Hospitals.

Title sponsors for this year's event were WSYR Radio, Solvay Bank and Kinney Drugs. Other major sponsors included Nursefinder, HealthNow, MedBest Medical Management and Carrier.

Department of Psychiatry to mark 50th anniversary with celebration

SUNY Upstate's Department of Psychiatry is planning a celebration to mark its 50th anniversary. All members of the department, present and past, house-staff, staff and alumni are invited to attend.

The celebration begins with an invitation-only informal reception Friday, Sept. 27 at the Sheraton University Hotel and Conference Center.

A panel discussion titled "Quo Vadis: What Will the Next 50 Years Bring to Psychiatry/Psychology?" will be held Saturday, Sept. 28 from 9 a.m. to 12:15 p.m. in the Weiskotten Hall Medical Alumni Auditorium. Mantosh Dewan, MD, professor and chair of psychiatry, will offer welcoming remarks and introduce panelists Sidney Orgel, PhD; Ronald Pies, MD; Lloyd Sederer, MD; and Thomas Szasz, MD. The panel will be co-chaired by Robert W. Daly, MD, and Paula Trief, PhD. Lunch follows the discussion from 12:15 to 2 p.m. in the Weiskotten Hall ninth floor cafeteria.

The celebration also includes a dinner (registration required) at the Hotel Syracuse at 6:30 p.m. on Saturday, Sept. 28 and a brunch (registration required) to be held Sunday, Sept. 29 8:30 a.m. to 11 a.m. at the Sheraton University Hotel. For more information, contact Kathy Himes at 464-3105.

Recruitment for the Leukemia & Lymphoma "Light The Night" walk is Sept. 19



Twenty-seven Upstate employees will serve as team captains at the upcoming Light the Night Walk, to be held Thursday, Sept. 19 beginning 5:30 p.m. at Long Branch Park, East Shore Trail, Liverpool. The walk is a 1.8 mile sunset walk.

To participate or for more information, call Rita Holbrook,

464-4523 or Linda Gruninger at 464-2044 or visit www.upstate.edu and link to special events.

Meditation Retreat is Sept. 27-29

Jose Reissig, a molecular biologist-turned meditation expert, will lead a three-day meditation retreat at Thornfield Conference Center on Cazenovia Lake Sept. 27 to 29. The retreat, titled "The Mind: Friend or Foe," is sponsored by the Center for Health and Meditation of SUNY Upstate Medical University.

Registration for the three-day program, including two-night accommodation is \$162 for double occupancy; \$228 for single occupancy or \$92 for commuters. All meals are included. The retreat is suitable for both experienced meditators and as an introduction for those without prior experience.

The conference begins Friday, Sept. 27 at 4 p.m. and ends Sunday, Sept. 29 at 3 p.m. During the weekend, participants will experience the effectiveness of meditation and demonstrate how meditation can provide peace and stillness no matter how hectic one's life may be.

After earning a Ph.D. from Caltech in 1952, the Argentinean-born Reissig did research in Europe and Argentina prior to becoming a professor at the University of Long Island in 1967. Fifteen years later, Reissig traveled to India on a year long sabbatical. "There I discovered this wonderful thing called meditation," he said.

Reissig studied meditation throughout the 1980s under the internationally renowned meditation teacher Christopher Titmuss. Reissig has taught meditation since 1990, first in England at Gaia house, and subsequently throughout the United States and in other countries. He teaches regularly at the Insight Meditation Center in Barre, Mass.

During the retreat, participants will learn the about Insight Meditation. "The practice of Insight Meditation leads to an ability to fully enjoy and appreciate life, as well as coping better with the inevitable difficulties and hard times we all experience," said retreat organizer Lisa Kaufmann, M.D., director of the Center for Health and Meditation at University Hospital. "We are fortunate to have Jose Reissig here for the weekend to offer us meditation instruction. His calm and generous personality and extraordinary kindness along with his varied life experiences make him one of the most sought after meditation instructors around."

To register or for more information, contact Eve Nanno at (315)-464-6052 or via email at nannoe@upstate.edu.

Series of training programs offered to CSEA members this fall

SUNY Upstate's Department of Organizational Training and Development will offer programs for CSEA members, titled "The Way to Go to Get Ahead—Five Training Modules to Aid You." The programs will assist individuals to set long range career goals, identify personal strengths and achievements, develop writing skills, prepare for a job interview, and improve problem solving skills. The programs will be held from 1:30 to 3 p.m.:

"Road Map to Success," to be offered Sept. 13 in 1315 University Hospital;

"Best Foot Forward," to be offered Sept. 27 in 1315 University Hospital;

"The Interview Process," to be offered Oct. 4 in 1315 University Hospital;

"Making a Lasting Impression," to be offered Oct. 11 in 1328B University Hospital; and

"Keeping Your Cool," to be offered Oct. 18 in 1328B University Hospital.

To register, call Sandy Hutt at 464-5463.

"Getting the Red Out" focuses on powerful listening, fearless speaking.

Organizational Training and Development is offering two-day workshops on communication skills. The program addresses how to listen, how to be heard, how to understand the role of emotion and how to give and take of communication. Workshops are presented by Ed Lisbee, a group facilitator in business, education and healthcare organizations for more than 20 years. Workshops will be held from 7:30 a.m. to 4 p.m. in the following sessions: Oct. 8 and 15, Oct. 22 and 29, Nov. 5 and 12, Nov. 19 and 26, and Dec. 3 and 10. To register or for more information, call 464-5463 or email: hutts@upstate.edu.

AJCC Sixth Edition videoconference on changes in cancer staging is Nov. 21

A videoconference to launch the Sixth Edition of the AJCC Cancer Staging Manual will be held Thursday, Nov. 21 from 1 to 3 p.m. in 2231 Weiskotten Hall. The videoconference is designed for physicians who wish to understand the changes in TNM staging for cancer cases diagnosed beginning Jan. 1, 2003. Two hours of continuing medical education credits will be awarded by the American College of Surgeons.



The University Center for Vision Care and Research and Upstate Medical University Foundation recently held a memorial reception and plaque dedication in honor of Lions Club member John Rusinko at the University Center for Vision Care. Rusinko, who passed away earlier this year, was an avid supporter of the Center and of Vision 2000. Vision 2000 was a \$1.2 million campaign of Upstate Medical University Foundation to increase the awareness, recognition, and funding for the advancement of ophthalmology services and research at SUNY Upstate. The Lions Clubs of District 20-YI pledged \$250,000 to the campaign.

(Photographed: Peg Rusinko and Robert Barlow, PhD of SUNY Upstate's Department of Ophthalmology display the plaque.)

SAVE THE DATE

THE SECOND ANNUAL

Teaching Day for Teachers

"State of the Art
at SUNY Upstate"

TUESDAY, OCT. 29

Noon to 5 p.m.
Marley Education Center

Keynote Address:

"Demonstrating Excellence in Teaching."

*Presenter: Dr. Richard Sarkin,
SUNY School of Medicine at Buffalo*

Also featuring posters and workshops
highlighting peer review of teaching excellence at Upstate.

Presented by the Educational Policies Committee
Faculty Development Subcommittee

Free Health Seminars

Sickle Cell Disease in Central New York

**Thurs., Sept. 12
5 to 6 p.m.**

Presenter: Phyllis Bazen, NP-C, founder/director of the CNY Sickle Cell Disease Association and the University Hospital Sickle Cell Family Support Network
Sickle Cell Disease can be devastating but there is hope for managing it. Discussed will be the incidence and prevalence of sickle cell and screening recommendations for the sickle cell trait.

Freshstart: Get Ready to Quit Smoking

**Mon., Sept. 16
5 to 6 p.m.**

Presenter: Wendy Ramsay, MS, Freshstart facilitator for the ACS
Participants will explore their personal reasons for smoking, prepare for their quit day, learn how to manage withdrawal symptoms and avoid relapse. Freshstart is a program of the American Cancer Society (ACS).

Gynecologic Cancer: What Every Woman Needs to Know

**Tues., Sept. 17
5:30 to 6:30 p.m.**

Presenter: Mary J. Cunningham, MD, associate professor and director of Gynecologic Oncology
This presentation will help women understand their risk for gynecological cancers, take advantage of appropriate screening tests, and recognize the early symptoms of cancers of the cervix, uterus and ovaries.

Alzheimer's 101 & The Best Friends Philosophy

**Wed., Sept. 18
11 a.m. to noon**

Presenter: Althea Sawyer, MS, Education & Helpline coordinator, Alzheimer's Association of CNY
Session will provide basic information on this debilitating disease and discuss risk factors, possible prevention techniques, research, and the best friends philosophy on communication.

Medicare Insurance & Your Hospital Bill

**Wed., Sept. 18
1 to 2 p.m.**

Presenter: Michael Garver, OR Business Office Manager, and Susan O'Brien, Business Office Manager
Health care is a volatile business, particularly when it comes to Medicare coverage. Learn the recent changes in Medicare and how they influence your hospital bill; how to read and understand a hospital bill; and what to do when you discover a problem.

Peripheral Vascular Disease (PVD): Are You at Risk?

**Wed., Sept. 18
5 to 6 p.m.**

Presenter: Kenneth Murphy, MD, interventional radiologist
PVD generally affects men and women over the age of 50. Learn your risks for this debilitating disease as well as abdominal aortic aneurysm (AAA), a potentially fatal condition. Presented will be the signs, symptoms, prevalence of PVD and AAA as well as diagnostic procedures, prevention techniques and treatment options.

Migraines! Can They be Predicted & Prevented?

**Thurs., Sept. 19
6 to 7 p.m.**

Presenter: Sari-ann Yonaty, RN, NP, Department of Neurology
Migraine headaches can be crippling. If you could predict them can you prevent them? Learn to recognize symptoms and triggers as well as what medications and relaxation and stress reduction techniques can do to help prevent them.

Depression: Recognition & Treatment

**Thurs., Sept. 26
6 to 7 p.m.**

Presenter: Ann Costello, RN, CS, Department of Behavioral Medicine
Depression strikes the young, the old and everyone in between. Learn more about this equal-opportunity disease; understand its symptoms and its victims, what the treatment options are and their potential impact on overall health; and the potential for recovery.

To register, call Health Connections: 464-8668.

Open to all!



Ad will not run again.

University Hospital's



HealthLink

in the OASIS site in Shoppingtown Mall, DeWitt, NY

in the spotlight...

SUNY Upstate Medical University

Syracuse Mayor to be guest

Syracuse City Mayor Matt Driscoll will be the honored guest at the College of Health Professions' Leadership Coffee, Wednesday, Sept. 18 from 9:45 to 10:15 a.m. in the main lobby of Silverman Hall. The Leadership Coffee program provides College of Health Professions students with opportunities to meet and interact with a variety of local, regional, and state community leaders.

Faculty rounds

• Robert J. Shprintzen, PhD, director of the Communication Disorder Unit and of the Center for the Diagnosis, Treatment and Study of Velo-Cardio-Facial Syndrome and professor of otolaryngology and pediatrics, was one of three keynote speakers at an international meeting of experts in the field of Velo-Cardio Facial Syndrome, held in Rome, Italy at Bambino Gesù Hospital. Dr. Shprintzen was one of three honored guests, including Angelo DiGeorge, MD, of Philadelphia and Kazuo Momma, MD, of Tokyo. Dr. Shprintzen also served as the keynote

Note: Contact the Human Resources Department for address corrections.

speaker at the annual meeting of the Georgia Association of Audiology, where he addressed the association on the genetics of hearing loss this past May 19.

• Several Upstate clinicians and scientists presented at the eighth annual meeting of the Velo-Cardio-Facial Syndrome Educational Foundation held in Northampton, England, including Sherard A. Tatum, III, MD (Otolaryngology), Anne Marie Higgins, RN (Velo-Cardio-Facial Syndrome Center), Natalie Havkin, (Communication Disorder Unit), and Wendy Kates, PhD (Dept. of Psychiatry).

Six Upstate research coordinators earn certification

Six SUNY Upstate research coordinators have received clinical research certifications from the Society of Clinical Research Associates (SoCRA). The announcement was made by SUNY Upstate's Clinical Trials Office (CTO) and Department of Research Administration. Named as certified clinical research Professionals are:

Gina Bertolo, R.N.,
CCRA & CCRC (ACRP),

CCRP, Orthopedic Surgery
Kristine Brindak, RN,
BSN, CCRP, Clinical
Research Unit (CRU)

Theresa Conrad, CCRP,
Neurology

Maureen Famiglietti,
RN, CCRP, Pediatrics
Joseph McDonald, MS,
RRT, CCRP, Medicine/
Respiratory Care/Pulmonary
Karen Watkins, CCRP,
Medicine/Pulmonary

The exam is given to individuals with two or more years experience in clinical research. SUNY Upstate's CTO is planning another certification exam on-campus next summer. Individuals who are interested in certification, should call 464-5476 or visit the SoCRA website: www.socra.org/certific.htm

On-site registration for Making Strides is Sept. 17

On-site registration for the Making Strides Against Breast Cancer Walk will be held Tuesday, Sept. 17 from 11 a.m. to 4 p.m. on the University Hospital second floor lobby. The walk will be held Sunday, Oct. 20 starting at the Community Plaza of the Everson Museum. For more information, call Janice Todeschini at 464-6276.

Defensive driving course offered Sept. 24 and Oct. 1

NYSUT/UUP is offering a discounted defensive driving course, Tuesdays, Sept. 24 and Oct. 1 from 4:30 to 7:30 p.m. in 6500 University Hospital. The cost is \$30 per person. Contact Ronald Daloia at 464-6134 to register.

International Housekeepers Week celebrated now through Sept. 14

University Hospital recognizes Environmental Services and its staff members during International Housekeepers Week for the multiple tasks they perform at University Hospital, 24 hours a day, seven days a week. Throughout the week and always, recognize and thank the men and women in Environmental Services who make it possible for us to enjoy a clean and healthy environment.

ICD support group to meet Sept. 23

The ICD Support Group will meet Monday Sept. 23 from 5 to 7 p.m. in 205 Jacobsen Hall. The meeting is open to patients, family members of patients with ICDs and staff.

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Upstate Update is published by the Public and Media Relations Department at SUNY Upstate Medical University, Syracuse, NY. To submit news or calendar items, contact editor Doretta Royer, 250 Harrison Center, fourth floor, 464-4836; email: royerd.

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