

UPSTATE update

A publication
for the
SUNY Upstate
Medical University
Community

DECEMBER 5 THROUGH DECEMBER 19, 2001

In the Calendar

Flu Vaccinations. 12/11. 8 to 9:30 a.m. PDC Liverpool. See *Update calendar inside.*

Take Note

Faculty Organization and Medical College Assembly to meet Dec. 12

• Upstate faculty, staff and students are invited to the Faculty Organization semi-annual meeting, Wednesday, Dec. 12 at 4 p.m. in Weiskotten Hall's Medical Alumni Auditorium.

Upstate President Gregory Eastwood, MD, will present and lead a discussion on Upstate financial issues followed by a presentation on the Institute for Human Performance Research Core Facilities by Kenneth L. Barker, PhD, provost and vice president for Academic Affairs and Research. Details will be posted via e-mail, Upstate Announcements, Upstate Web calendar and via campus mail.

• College of Medicine individuals are invited to the Medical College Assembly semi-annual meeting, Wednesday, Dec. 12 at 5 p.m. in the Weiskotten Hall Medical Alumni Auditorium.

Both meetings will be videoconferenced to the Binghamton Clinical Campus.

State University of New York



Upstate
Medical
University

Upstate Community Giving Campaign approaching goal

The Upstate Medical University family has responded generously to the needs of our community through the Community Giving Campaign.

The campaign report as of Nov. 27 indicates that only 235 more individuals are needed to participate in the Campaign in order to meet Upstate's goal of 1,300 participants. So far, 1,065 employees have contributed \$181,249.70 to the campaign.

"I want to extend my deep appreciation to those of you who have shared in this effort," said Upstate President Gregory L. Eastwood, MD. "The generous participation of our Upstate employees is especially meaningful in light of the tragedy of Sept. 11."

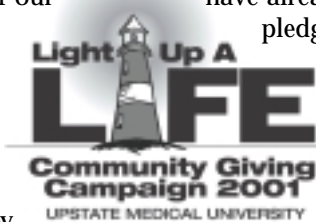
According to Campaign Coordinator Zanette Howe,

employees will soon receive a final campaign mailing. Individuals who have already sent in their pledge card should disregard this information.

"Although our campaign officially ended Dec 1, we will

continue to accept pledges after that date, so there is still time for individuals who have misplaced their pledge card or who have not had a chance to mail it in to participate in this year's campaign," said Howe. "With everyone's support, we can meet our goal and make this another successful campaign!"

(Note: Individuals who need a member agency booklet or who have questions should contact their department representative or Zanette Howe at 464-4263).



President's Holiday Gathering is Dec. 20 in Weiskotten Hall

Upstate President Gregory L. Eastwood, MD, invites all Upstate individuals to his President's Holiday Gathering, Thursday, Dec. 20 from 3:30 to 5 p.m. in the first floor main lobby of Weiskotten Hall.

"America's Spirit of Unity" is theme of Holiday Happening Dec. 20 and 21

Take part in Upstate Medical University's annual Holiday Happening, to be held in University Hospital's second floor cafeteria Thursday, Dec. 20 from 2:30 to 4 p.m. (ice cream social) and Friday, Dec. 21 from 5 to 6:30 a.m. (breakfast). The "Happening" is free and open to all Upstate Medical University individuals.

This year's theme is "America's Spirit of Unity." The celebration will feature music by the Upstate Medical University choir and the Upstate Child Care Center. To prepare for the Holiday Happening, the University Hospital second floor cafeteria will close at 1:30 p.m. and re-open at 5 p.m. on Thursday, Dec. 20.

(Note: Choir rehearsals will be held in the University Hospital Chapel from 4 to 5 p.m. on

Monday, Dec. 10,

Thursday, Dec. 13,

Monday, Dec. 17

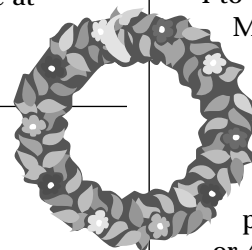
and Wednesday,

Dec. 19. Contact

Sharon Putney at

putneys@upstate.edu

or 464-6816 for more information).



calendar

Wednesday, Dec. 5

Anesthesiology Grand Rounds. 7 a.m. Wsk. Hall, Medical Alumni Aud.

Otolaryngology and Communication Sciences Grand Rounds. 7 to 8 a.m. University Hospital, Rm. 6500.

Scrubs Sale to benefit the Children's Miracle Network. Crouse Hospital, small cafeteria. Call 464-4283 for more information.

Holiday Plant Sale. 9 a.m. to 5 p.m. University Hospital, first floor lobby. Sponsored by Advocates for Upstate Medical University.

Surgical Grand Rounds. "Evaluation of Wrist Ligament Injuries." Presenter: Walter Short, MD, Upstate Medical University. 8 to 9 a.m. Wsk. Hall, Rm. 103.

Pediatric Grand Rounds. "Preventing Some Bad Diseases: Mother's Milk vs. Similac." Presenter: Allan Cunningham, MD, Upstate Medical University. 9:15 a.m. University Hospital, Rm. 6500.

Helmet Sale. 11 a.m. to 2 p.m. University Hospital, second floor lobby. Sponsored by the Trauma Service.

Health Sciences Library Tour. Noon. Meet at New Book area.

Charles R. Ross, PhD, Research Poster Session. 1 to 5 p.m. Institute for Human Performance. (Investigators available to discuss posters from 3 to 5 p.m.)

Neurosurgery Research Laboratories Open House. 2 to 5 p.m. Institute for Human Performance, Rms. 1213 and 4112.

Combined Infectious Diseases Conference. "Antibiotics: Why We Make Choices We Do." Presenter: Donald C. Blair, MD, Upstate Medical University. 4 p.m. University Hospital, Rm. 118.

Neurology/Neurosurgery Grand Rounds. 4 p.m. University Hospital, Rm. 6500.

Burn Survivors Support Group. 5 to 7 p.m. University Hospital, Rm. 6408. Call 464-3600 for more information.

Thursday, Dec. 6

Scrub Sale to benefit Children's Miracle Network. See 12/5 Calendar listing.

Leather Sale. 9 a.m. to 5 p.m. University Hospital, first floor lobby. Sponsored by Advocates for Upstate Medical University.

Medical Grand Rounds. "Ethics in a Short White Coat: Moral Conflict as Perceived by Third Year Medical Students." Discussants: Drs. Catherine Caldicott and Kathy Faber-Langendoen, Upstate Medical University. 8:30 a.m. Wsk. Hall, Medical Alumni Aud.

Parenting Connections Conference. "Kids, Parents & Power Struggles: Winning for a Lifetime." Speaker: Mary Sheedy Kurcinka." 7 to 9 p.m. Holiday Inn, Liverpool.

Urology Grand Rounds. 9 to 10 a.m. University Hospital, Rm. 6500.

Workshop. "Backs for the Future." 8:30 and 9:30 a.m. Campus Activities Bldg., Rm. 122.

Flu Vaccinations. 9 to 11 a.m. Jacobsen Hall, Rm. 404E. Open to all Upstate Medical University individuals.

Let's Not Meet By Accident.

Visiting School: Skaneateles High School. 9 to 11:30 a.m. University Hospital, Emergency Dept.

Psychiatry Grand Rounds. 12:30 to 2 p.m. PBS, 713 Harrison St.

Charles R. Ross, PhD, Research Poster Session. 1 to 5 p.m. Institute for Human Performance.

Charles R. Ross, PhD, Research Memorial Lecture. "The Genome's Language." Presenter: Patrick O. Brown, MD, PhD, Howard Hughes Medical Institute. 4 p.m. Wsk. Hall, Medical Alumni Aud.

Friday, Dec. 7

52nd Annual PostGraduate Review Course for Ophthalmology. Hotel Syracuse. Call 464-4606 for more information.

Obstetrics/Gynecology Grand Rounds. "Genetic Counseling and Testing for Hereditary Susceptibility to Ovarian Cancer." Presenter: Bonnie R. Braddock, MPH, Upstate Medical University. 7:30 a.m. Marley Education Ctr., Sulzle Aud.

Leather Sale. See 12/6 Calendar listing.

Conference: Parenting Connections. "Understanding Challenging Behaviors: Helping Children Be Successful." 8 a.m. to 3 p.m. Holiday Inn, Liverpool.

Sounds of the Season to benefit CARE & McMahan-Ryan House. 7 p.m. Syracuse Area Landmark Theatre.

CSEA Holiday Party. 8 a.m. to 3 p.m. University Towers Convention Center, Syracuse.

Saturday, Dec. 8

52nd Annual PostGraduate Review Course for Ophthalmology. Hotel Syracuse. See 12/7 Calendar listing.

Let's Not Meet By Accident. Visiting School: Manlius Pebble Hill Driving School. 9 to 11:30 a.m. University Hospital, Emergency Dept.

Monday, Dec. 10

"Anatomy of Anatomy Panel Discussion." 3 to 5 p.m. Wsk. Hall, ninth floor lecture hall. See advertisement in Update.

Tuesday, Dec. 11

Flu Vaccinations. 8 to 9:30 a.m. PDC Liverpool, first floor staff lounge.

Book Fair. 9 a.m. to 5 p.m. University Hospital's first floor lobby. Sponsored by Advocates for Upstate Medical University.

Weight Watchers at Work. Noon to 1 p.m. University Hospital, 4B Conference Room.

Wednesday, Dec. 12

Anesthesiology Grand Rounds. 7 a.m. Wsk. Hall, Medical Alumni Aud.

Otolaryngology and Communication Sciences Grand Rounds. 7 to 8 a.m. University Hospital, Rm. 6500.

Surgical Grand Rounds.

“Evaluation for Cardiac Transplantation.” Presenter: Leway Chen, MD, MPH, FACC, University of Rochester Strong Memorial Hospital. “Cardiac Transplant and Ventricular Assist.” Presenter: H. Todd Massey, MD, University of Rochester Strong Memorial Hospital. 8 to 9 a.m. Wsk. Hall, Rm. 103.

Book Fair. See 12/11 Calendar listing.

Pediatric Grand Rounds.

“Germs: A Book Report.” Presenter: Joseph Domachowske, MD, Upstate Medical University. 9:15 a.m. University Hospital, Rm. 6500.

Emergency Medicine Grand Rounds.

“The White House Medical Unit: Doctoring the President.” Presenter: Robert G. Darling, MD, Medical Corps, United States Navy. 11 a.m. to noon. Sheraton Syracuse University Hotel.

Dale Carnegie Course free demonstration. 11:30 a.m. to 1 p.m. C.A.B., East Lounge. Reservations required. Call 464-5463.

Health Sciences Library Tour.

See 12/5 Calendar listing.

Interfaith Chapel Rededication Ceremony.

1:30 p.m. Chapel, University Hospital, first floor.

ENHANCE/Social Services

Open House. Noon to 2 p.m. Pediatric and Adolescent Center, UHCC. By invitation only.

Combined Infectious Diseases Conference.

“Chlamydia Update.” Presenter: Shelley A. Gilroy, MD, Upstate Medical University. 4 p.m. University Hospital, Rm. 118.

Neurology/Neurosurgery Grand Rounds.

4 p.m. University Hospital, Rm. 6500.

Faculty Organization Semi-Annual Meeting.

4 p.m. Wsk. Hall Medical Alumni Auditorium.

Medical College Assembly

Semi-Annual Meeting. 5 p.m. Wsk. Hall Medical Alumni Auditorium.

Thursday, Dec. 13

Medical Grand Rounds.

“Clinical Management of Salt and Water Problems: There is a Better Solution.” Presenter: Mitchell Halperin, MD, St. Michael’s Hospital, Toronto. 8:30 a.m. Wsk. Hall, Medical Alumni Aud.

Workshop. “Backs for the Future.” 8:30 and 9:30 a.m. University Hospital, Rm. 1311.

Urology Grand Rounds. 9 to 10 a.m. University Hospital, Rm. 6500.

Book Fair. See 12/11 Calendar listing.

Psychiatry Grand Rounds.

12:30 to 2 p.m. PBS, 713 Harrison St.

Satellite Broadcast.

“Smallpox: What Every Clinician Should Know.” Noon to 2 p.m. University Hospital, Rm. 1541.

Friday, Dec. 14

Obstetrics/Gynecology Grand Rounds.

“Bacterial Vaginosis.” Presenter: Richard H. Aubry, MD, MPH, Upstate Medical University. 7:30 a.m. Marley Education Ctr., Sulzle Aud.

Book Fair. See 12/11 Calendar listing.

Monday, Dec. 17

“Biological Solar Energy Storage without Chlorophyll:

Newfound Importance of a Vitamin-A Based Mechanism in Today’s Oceans and in Life’s Evolutionary History.” Presenter: Mark Braiman, PhD, Syracuse University. Noon. Wsk. Hall Addition, Rm. 5299.

Satellite Broadcast.

“Smallpox: What Every Clinician Should Know.” 5 to 7 p.m. Wsk. Hall, Medical Alumni Auditorium.

Tuesday, Dec. 18

Let’s Not Meet By Accident.

Visiting School: Faith Heritage. 9 to 11:30 a.m. University Hospital, Emergency Dept.

Wednesday, Dec. 19

Anesthesiology Grand Rounds.

7 a.m. Wsk. Hall, Medical Alumni Aud.

Otolaryngology and

Communication Sciences Grand Rounds. 7 to 8 a.m. University Hospital, Rm. 6500.

Pediatric Grand Rounds.

“Laboratory Research in the Division of Pediatric Hematology/Oncology.” Presenter: Abdul-Kader Souid, MD, PhD, Upstate Medical University. 9:15 a.m. University Hospital, Rm. 6500.

Health Sciences Library Tour.

See 12/5 Calendar listing.

Combined Infectious Diseases

Conference. “Hospital Acquired Pneumonia Part One: Terms and Definitions.” Presenter: Frederick B. Rose, MD, Upstate Medical University. 4 p.m. University Hospital, Rm. 118.

Neurology/Neurosurgery Grand

Rounds. 4 p.m. University Hospital, Rm. 6500.

Thursday, Dec. 20

Medical Grand Rounds.

“Hypertension to Heart Failure: Disease Management Across the Cardiovascular Continuum.” Presenter: Walter Malloy, MD, Medical College of Virginia. 8:30 a.m. Wsk. Hall, Medical Alumni Aud.

Workshop. “Backs for the Future.” 8:30 and 9:30 a.m. Campus Activities Bldg., Rm. 122.

Urology Grand Rounds.

9 to 10 a.m. University Hospital, Rm. 6500.

Guided Tour of Erie Canal Museum and the Gingerbread House Gallery.

10:15 a.m. Erie Canal Museum. Lunch: 12:15 p.m. Genesee Inn. Reservations only. Call 464-5610 for more information.

Psychiatry Grand Rounds.

12:30 to 2 p.m. PBS, 713 Harrison St.

Holiday Happening. 2:30 to 4 p.m. University Hospital, second floor cafeteria. All are welcome.

President’s Holiday Gathering.

3:30 to 5 p.m. Wsk. Hall, first floor main lobby. All are welcome.

Friday, Dec. 21

Holiday Happening. 5 to 6:30 a.m. University Hospital, second floor cafeteria.

Obstetrics/Gynecology Grand

Rounds. “Breast Imaging Update.” Presenter: Beverly A. Spirt, MD, Upstate Medical University. 7:30 a.m. Marley Education Ctr., Sulzle Aud.

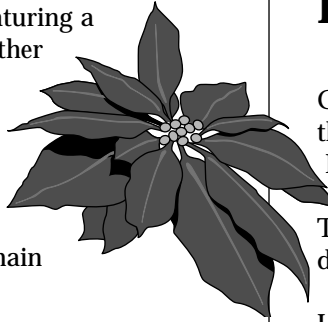
Advocates announce holiday sales

• A **HOLIDAY PLANT SALE** featuring a variety of wreaths, poinsettias and other small plants will be held Wednesday, Dec. 5 and 9 a.m. to 5 p.m. in the main lobby of University Hospital.

• A **LEATHER SALE** will be held Thursday and Friday, Dec. 6 and 7 from 9 a.m. to 5 p.m. in the main lobby of University Hospital.

• A **BOOK FAIR** will be held Tuesday, Dec. 11 through Friday, Dec. 14 from 9 a.m. to 5 p.m. on the first floor lobby of University Hospital.

Call the Advocates office at 464-5610 for more information.



Holiday Coats and Cans Drive is Dec. 3 - 17

Upstate Medical University student members of Alpha Omega Alpha, the national medical honor society, will hold their annual Holiday Coats and Cans Drive from Monday, Dec. 3 through Monday, Dec. 17. Gently-used winter coats and non-perishable food items will be accepted. The donations will be given to needy Central New Yorkers during this holiday season.

Look for the collection boxes in the following locations: University Hospital, second floor (near the cafeteria); Weiskotten Hall, ninth floor auditorium; Weiskotten Hall, first floor (near the Health Sciences Library); and the main lobby of the Campus Activities Building. Contact Matt at 249-1228 (pager) with questions.

Scrubs Sale on Dec. 5 and 6

The Children's Miracle Network (CMN) will benefit from a Scrubs Sale presented by Para-Flex Medical Supplies, Wednesday and Thursday, Dec. 5 and 6 in the Crouse Hospital small cafeteria. The sale features scrubs in 16 styles, 23 patterns and 13 colors. Accessories, including clogs, stethoscopes, scissors, safety glasses and lab coats will also be available. CMN will receive 15 percent of each purchase. For more information, call 464-4283.

Weight Watchers at Work Program begins Dec. 11

The 16-week Weight Watchers at Work Program will begin Tuesday, Dec. 11 from noon to 1 p.m. in the University Hospital 4B conference room. The fee is \$144 per person. For more information, contact Upstate's EAP Office at 464-5760 or Debbie at Weight Watchers, 432-1612.

"Anatomy of Anatomy"

an exhibition
by documentary photographer Meryl Levin

Dec. 10 through Dec. 17

Levin's work has been published worldwide and was reviewed in the *American Association of Medical Educators Journal* in Jan. 2001.

A panel discussion will kick-off the exhibition on Monday, Dec. 10 from 3 to 5 p.m. in the Weiskotten Hall ninth floor lecture hall.



The photographed experiences and the multi-voiced accounts in "Anatomy of Anatomy" together create an important companion to traditional medical textbooks and offer the public a means of exploring the complex process of moving from student to patient to physician. (Based on the highly-acclaimed book Anatomy of Anatomy.)

Geneticist to deliver Charles Ross, PhD Research Memorial Lecture Dec. 6

Patrick O. Brown, MD, PhD, will deliver the Charles R. Ross, PhD Research Memorial Lecture, "The Genome's Language," Thursday, Dec. 6 at 4 p.m. in the Weiskotten Hall Medical Alumni Auditorium. The lecture is free and open to the public. Dr. Brown is professor of biochemistry at Stanford University School of Medicine and associate investigator with the Howard Hughes Medical Institute.



*Patrick O. Brown,
MD, PhD*

Dr. Brown's lecture is part of the annual Charles R. Ross, PhD, Research Poster Session, to be held Wednesday and Thursday, Dec. 5 and 6 in the track area of the Institute for Human Performance. More than 120 posters depicting research in progress at Upstate Medical University will be displayed Dec. 5 from 1 to 5 p.m. and all day Dec. 6. Investigators will be available to discuss their studies Dec. 5 from 3 to 5 p.m.

All activities are free and open to the public. For more information, contact the Research Development Office at 464-4317.

Student Affairs and the Admissions Office move to Weiskotten Hall

Student Affairs and the Admissions Office have moved from the Campus Activities Building to newly remodeled offices on the first floor of Weiskotten Hall across from the Health Sciences Library.

Gregory Keating, PhD, dean of student affairs; Joni Hines and Carol Winks are located in 1223 Weiskotten Hall. The telephone number for Student Affairs remains the same, 464-4816.

The Admissions Office, staffed by Jennifer Welch, Donna Vavonese, Isabelle Rhoades, Al Sacco, Carolyn Couch, Linda Demars and Donna Santiago, has moved to 1217 Weiskotten Hall.

•The Office of Student Services that includes Don Midlam, associate dean and administrative assistant Liz Venuti is located in 202 Campus Activities Building. The new telephone number is 464-8855; fax: 464-8856.

Neurosurgery Research Laboratories Open House set for Dec. 5

The Neurosurgery Research Laboratories will hold an Open House Wednesday, Dec. 5 from 2 to 5 p.m. in Rooms 1213 and 4112 of the Institute for Human Performance. All Upstate individuals are welcome to attend. Refreshments will be served.

Dr. Darling of White House Medical Unit to deliver Emergency Medicine Grand Rounds Dec. 12

Robert G. Darling, MD, FACEP, Captain (select) of the U.S. Navy Medical Corps will present "The White House Medical Unit: Doctoring the President" during Emergency Medicine Grand Rounds, Wednesday, Dec. 12 from 11 a.m. to noon at the Sheraton Syracuse University Hotel. Dr. Darling is past White House physician to President Bill Clinton.

Interfaith Chapel re-dedication ceremony is Dec. 12

All Upstate individuals are invited to a re-dedication ceremony for University Hospital's Inter Faith Chapel, Wednesday, Dec. 12 at 1:30 p.m. The Chapel is located on the first floor of University Hospital.

The ceremony will include prayers, readings and remarks as well as special acknowledgements of those who have provided support to the Chapel throughout the years. University Hospital Chaplains Rev. Gerald Shave and the Rev. Al Bebel will officiate, assisted by Rev. Terry Culbertson, director of Pastoral Care at the Interreligious Council of CNY and advisor to the University Hospital pastoral care program.

The Chapel's new keyboard, a gift from Advocates for Upstate Medical University, will also be dedicated and played. Light refreshments will be offered after the ceremony.

The 35-year old Chapel was originally dedicated in 1966 and is open 24 hours a day. The Chapel offers patients, family, staff and students a place to reflect and pray. Organized services are held regularly and include Catholic mass, Protestant prayer and Muslim Juma. All are welcome.

Health Insurance Option Transfer Period for New York State Employees

The Choices, a yearly publication sent out by the Department of Civil Service summarizing the coverage provided under each option offered under the New York State Health Insurance Program (NYSHIP), is now available. To obtain a copy, call or visit the Upstate Health Insurance Office, Rm. 204 Jacobsen Hall, ph. 464-4941 (Kathi Exner) or 464-4944 (Sherrie Johnson). You may also reach them by e-mail at: EXNERK or JOHNSOSA, via GroupWise.

The following rates reflect employee contributions on a biweekly basis for PEF and UUP represented employees and M/C employees.

PEF, UUP, M/C BIWEEKLY RATES FOR 2002

Plan Name	Individual	Family
Empire	\$13.85	\$57.07
HMO/CNY	\$25.34	\$117.18
MVP	\$21.44	\$101.70
Univera (PHP)	\$17.81	\$95.37

NOTE: United Healthcare HMO is not an available option in the year 2002

As a basis for comparison:

PEF, UUP, M/C BIWEEKLY RATES FOR 2001

Plan Name	Individual	Family
Empire	\$12.70	\$51.35
HMO/CNY	\$26.00	\$114.67
MVP	\$14.11	\$76.67
Univera (PHP)	\$14.18	\$84.29

The options listed above are available for employees living or working in Onondaga County. If you reside outside of Onondaga County, please refer to the Rates and Deadlines flyer that will be mailed to your home for additional coverage options.

The following rates reflect employee contributions on a biweekly basis for CSEA represented employees.

CSEA BIWEEKLY RATES FOR 2002

Plan Name	Individual	Family
Empire	\$9.40	\$42.04
HMO/CNY	\$23.11	\$106.03
MVP	\$19.87	\$93.84
Univera (PHP)	\$15.57	\$83.44

NOTE: United Healthcare HMO is not an available option in the year 2002

As a basis for comparison:

CSEA BIWEEKLY RATES FOR 2001

Plan Name	Individual	Family
Empire	\$8.63	\$37.98
HMO/CNY	\$24.40	\$106.65
MVP	\$13.19	\$71.98
Univera (PHP)	\$12.13	\$74.06

The options listed above are available for employees living or working in Onondaga County. If you reside outside of Onondaga County, please refer to the Rates and Deadlines flyer that will be mailed to your home for additional coverage options.

THE DEADLINE TO CHANGE YOUR HEALTH INSURANCE OPTION IS DEC. 28, 2001. No action is required if you wish to keep your current health insurance option.

If a new option is elected, your coverage under the new option will begin on Jan. 3, 2002 and the 2002 rates will be reflected in your Jan. 2, 2002 paycheck.

continued on the next page...




Health Insurance Option Transfer Period for New York State Employees con't

The following table is a brief outline of some of the benefit changes for 2002. The HMO contracts and the certificate of insurance from the Empire Plan carriers with amendments provide the specific benefits available under NYSHIP. Please refer to the Choices publication and/or contact the HMO or Empire Plan Administrator for additional information. You will be assured to get medicine at its best" if you choose a physician and option affiliated with University Hospital.



Plan Name	Plan Changes
Empire	For UUP, PEF, NYSCOPBA, COUNCIL 82, and M/C employees, the annual deductible will increase to \$271 (for enrollee; enrolled spouse/domestic partner; and all dependent children combined. The allowance for hearing aids will increase from \$1,000 to \$1,200 every 4 years. For CSEA, NYSCOPBA, and COUNCIL 82 the hospital ER co-payment will increase to \$35.
HMO/CNY and United Healthcare	Office visit and Urgent Care co-payments will change from \$5 to \$10. The prescription drug coverage co-payments will change from \$5 generic, \$20 preferred brand name, \$35 non-preferred brand name to \$5 generic, \$15 preferred brand name, \$35 non-preferred brand name. There are several additional changes please refer to the Choices publication for specific information.
Univera (PHP)	Outpatient Rehab, PT, OT, ST are covered for 2 consecutive months per condition, 30 visits per calendar year combined. Mail order 90 day supply available for 1 co-payment per 30 day.
MVP	The prescription drug coverage co-payments will change from \$5 generic, \$10 brand name to \$5 generic/\$20 brand name, \$40 non-formulary brand name. Mail order prescription drug coverage \$10/generic, \$40 brand name, \$80 non-formulary brand name for 90 days supply.

You will be assured to get "medicine at its best" if you choose a physician and option affiliated with University Hospital.

Where will you be on the evening of Thursday, January 17?



Advocates for
State University of New York

Nursing Recognition
University Hospital
SUNY Upstate Medical University

Mystery and Merlot

Join us for an evening of wine and cheese sampling, dinner, mystery theatre and silent auction.

When? Thursday, January 17, 2002
Wine & Cheese Sampling: 5:30 pm, Dinner: 6:30 pm

Where? Institute for Human Performance Atrium
505 Irving Avenue, Syracuse, NY
(parking is available in adjacent lots.)

Tickets: \$40

Featuring: Members of the Fulton Community Theatre and Ted Long and Amy Robbins of 93Q

For: Reservations or more information, call (315) 464-5610

LinkAges program hopes to change student stereotypes about elderly

A new program at SUNY Upstate Medical University hopes to change stereotypes about the elderly, while providing students with their first substantive patient contact experience. The first year of the program, called LinkAges, pairs first-year medical students with healthy senior citizens for a series of health assessments and nutrition and blood pressure screenings.

The program, which became part of the curriculum this fall, breaks new ground in that it enables students in their first year of medical school to experience patient contact, which is usually reserved for third and fourth-year medical school students.

"This program provides us with a unique experience for our students," said Sharon Brangman, M.D., associate professor and chief of the geriatrics section in the department of medicine. "Students are able to apply the clinical skills they learn in class to actual patients, while at the same time meeting 'well elders' or healthy seniors. We are accomplishing all this in the first year of medical school."

Breaking the stereotypes of older adults as being frail and sickly is a key goal of the program. About one-third of all patients seen during a student's medical clerkship are individuals over the age of 65 and many are in need of constant medical care. "Students do not see the healthy seniors who live full lives each day," Dr. Brangman said.

"LinkAges enables students to meet 'well elders' and may help to reframe some of the stereotypes they have regarding the elderly."

Students dressed in white doctor coats, with stethoscopes dangling from their necks, take blood pressure readings and interview their patient about issues relating to health, lifestyle and nutrition. Students then submit these health assessments as part of the class homework.

Perhaps the most useful feedback in this program does not come from the faculty, but rather the senior citizen. It's a golden opportunity for Marjorie Fox of East Syracuse to

tell these future physicians a thing or two about what makes good bedside manner.

"Every physician has the same knowledge of medicine, so what really separates the good doctors from the rest is their ability to communicate and be compassionate about their patient's well-being," said Fox. "I want the students to know how important it is for a patient to feel comfortable with their doctor."

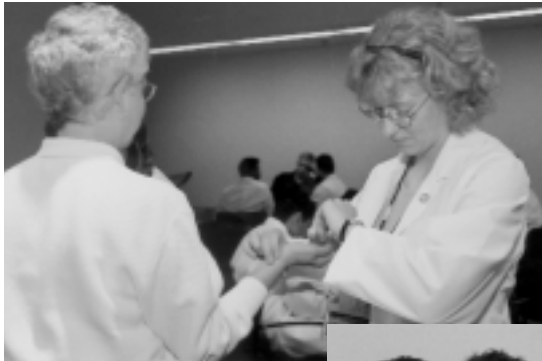
Seniors involved in the program this fall include members of OASIS, University Hospital's education program for older adults, and residents of Greenpoint, a senior residence center.

The LinkAges program represents a significant push by SUNY Upstate to strengthen its geriatric medicine education. In the second year of LinkAges, which will begin in the Spring of 2002, students will make visits to home-bound elders in association with Central New York Visiting Nurses Association and the Veteran's

Administration Home-based Primary Care Program. This phase of the program will enable students to interview and examine client along with a nurse or other health professional and assess the impact common diseases have on the client's activities of daily living. Plans for LinkAges's programs for the third and fourth year students will provide contact with elders requiring some assisted living and those requiring more skilled care.

"The entire program really helps integrate geriatric education into our medical school," Dr. Brangman said. "And that's a new concept for most medical schools. I think we are one of the first to look at how geriatric education can span all four years of medical school."

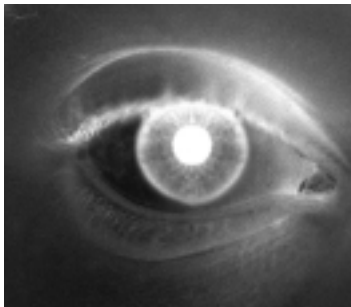
LinkAges is funded by a \$100,000 grant from the Association of Academic Medical Schools and the John Hartford Foundation.





Ophthalmology Review Course is Dec. 7 and 8

Upstate's Department of Ophthalmology and the Office of Continuing Medical Education, will sponsor the 52nd



Annual Post-Graduate Review Course for Ophthalmology, Dec. 7 and 8 in the Hotel Syracuse. The topics to be discussed include glaucoma, cataract surgery, retina, cornea, managed care, and practice management. For additional information, call 464-4606 or

800-283-4606, e-mail: cme@upstate.edu or visit www.upstate.edu/cme or www.upstate.edu/eye.

Upstate employees eligible for Dale Carnegie course at discount price

All Upstate Medical University employees are invited to enroll in the 12-week Dale Carnegie course to be held Wednesdays from 5:30 to 9 p.m., beginning Feb. 13 at the Dale Carnegie site in Liverpool. Upstate employees are eligible to enroll for a discounted price of \$1,295 per person. The regular price for the course is \$1,495.

The Dale Carnegie course combines practice and solid principles with rigorous coaching to develop the business skills that are necessary in today's fast paced and constantly changing environment. The course will help unlock potential and hidden talents as well as build on existing skills and confidence. Participants learn how to think and communicate more clearly and handle diversity within the work environment.

For more information, contact Laurie Padula in Organizational Training & Development @ 464-5236 or padulal@upstate.edu

(Note: Upstate employees are invited to a free demonstration of the Dale Carnegie course, Wednesday, Dec. 12 from 11:30 a.m. to 1 p.m. in the East lounge of the Campus Activities Building. Space is limited and reservations are required. To reserve your spot or for more information, contact Sandy Hutt, Organizational Training & Development 464-5463 or hutts@upstate.edu)



A Concert of Holiday Music

Sounds of the Season

Friday, December 7 *Featuring*

Syracuse Area Landmark Theatre

Syracuse Pops Orchestra
Stan Colella, Conductor

7 pm

Cherry Road Elementary
Fourth Grade Chorus

\$15 Adults

Joan B. Nowicki, Director

\$8 Children 12 and under

Baldwinsville United
Methodist Chancel Bells

Neo

Dan Elliott

Melissa Hart

Westhill High School
Concert Choir

Joseph R. Buchmann, Director

Tickets available at Peter's Groceries, Carousel Center Information Booth, Upstate Medical University Campus Activities, the Landmark Theatre Box Office, Ticketmaster Charge by phone: 472-0700



in perspective

"In Perspective" is a series of "clip and save" articles designed to provide readers with usable, accurate and up to date information on topics related to the many aspects of terrorism. The articles are meant to educate readers on ways to keep healthy and safe. The following article is courtesy of Sondra Mott, RN, of Health Connections.

Health Connections is here to help

Health Connections, the medical call center for University Hospital, has handled many calls regarding nuclear, biological and chemical terrorism since the attacks of Sept. 11. Health Connections nurses have been specially trained in domestic emergency preparedness and response by attending the U.S. Army and FBI courses and they are alert to any changes in illness patterns in the community. The nurses also cover for more than 90 community pediatricians after-hours.

Be sure to call Health Connections' 24 hour telephone hotline for up to date and accurate medical information regarding biological agents. The hotline can be accessed by calling 315-464-8668, press the number 1 twice, then press the number 2999 to hear the recorded message. To talk with a nurse, press the star key.

For more specific information about biological agents, individuals may also call the CNY Poison Control Center's 24-hour hotline at 315-476-4766 or the Onondaga County Health Department at 315-435-3280, any day between the hours of 7 a.m. to midnight.

Children and Terrorism

The terrorist attacks on Sept. 11 and the unfolding events since then have had a tremendous impact on children. Children have been flooded by images of horrifying tragedy, have heard ominous warnings and continue to see news coverage depicting war. Children may feel more vulnerable than they say and their expressions of fear may be unrecognized or dismissed as needless worry.

It is important for parents and health care providers to help children put their thoughts in perspective, to help recognize and alleviate children's fears and to do all they can to keep children safe.

Dr. George Starr advises parents to discuss concerns with their children's doctors if symptoms of anxiety and depression become recurring themes of their children's conversation, and/or are affecting their children's school and home activities.

Dr. Starr, the pediatric medical director for Health Connections and a pediatrician in private practice, has seen an increase in the numbers of children and adolescent patients who are experiencing significant symptoms of anxiety and depression.

The Centers for Disease Control (CDC) and the American Academy of Pediatrics (AAP), along with other organizations provide materials to guide parents and health care providers through the process of balancing fear



continued on the next page...



and fact in regard to terrorism. University Hospital's Health Connections has incorporated many of these special resources for helping children into their program.

Education and preparedness is the best weapon for families against terrorism. The CDC and AAP also address the importance of keeping fears in perspective. The CDC advises that children will be less fearful if their parents are less fearful, have the facts, and are able to comfortably handle their questions.

The CDC has published helpful materials especially for parents. In "Children and Anthrax: A Fact Sheet for Parents," the CDC advises parents on important ways to handle their children's concerns. Some of the CDC's recommendations are:

- allow children to talk about their fears and worries;
- reassure them that parents, teachers, doctors, and government officials are doing everything possible to keep them safe and healthy;
- limit children's viewing of television news on terrorism; and
- provide family discussion time during and after viewing to allow children to air their fears and concerns.

The fact sheet also provides basic information on anthrax, signs and symptoms, the low risk of exposure, and other important information for parents.

In addition, the CDC and the AAP advocate disaster preparedness as a critical role for pediatricians, the health-care community and for individual families. For each, there are distinct recommendations. The Academy's "Family Readiness Kit" offers detailed information on preparing for a number of types of disasters and fact sheets for parents on supplies to have on hand, and how to talk to your children.

For more information, the CDC and AAP websites are as follows:

- CDC website on Terrorism is at <http://www.bt.cdc.gov>
 - Children and Anthrax: A Fact Sheet for Clinicians is at <http://www.bt.cdc.gov/documentsApp/anthrax/11072001/clinician.asp>
 - AAP Offers Advice on Communicating with Children about Disasters is at <http://www.aap.org/advocacy/releases/disastercomm.htm>
 - AAP Children, Bioterrorism, and Disasters is at <http://www.aap.org/advocacy/releases/cad.htm>
 - How Pediatricians Can Respond to the Psychosocial Implications of Disasters is at <http://www.aap.org/policy/re9813.html>
- or call Health Connections at 464-8668.

"Smallpox: What Every Clinician Should Know" broadcast Dec. 13 and 17

The satellite broadcast "Smallpox: What Every Clinician Should Know," by the National Immunization Program (NIP) and Public Health Training Network (PHTN), will be broadcast on staff education television Thursday, Dec. 13 from noon to 2 p.m. in University Hospital Conference Room 1541 and Monday, Dec. 17 from 5 to 7 p.m. in the Weiskotten Hall Medical Alumni Auditorium.

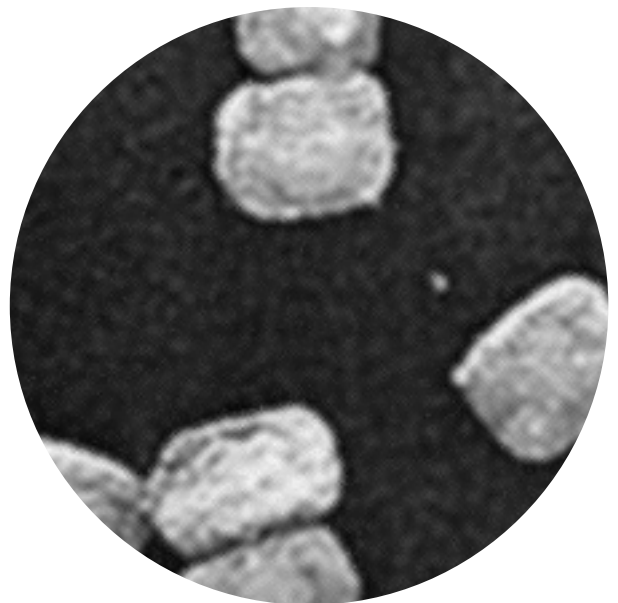
The broadcast is intended for physicians, nurse clinicians and other health care workers serving in private offices, hospitals, and public health settings.

The broadcast will present information on virology, epidemiology, clinical features and diagnosis of smallpox and the characteristics and use of smallpox vaccine and will serve to improve health care providers' ability to recognize, diagnose, and report smallpox.

After the broadcast, participants will be able to:

- describe the epidemiology and clinical characteristics of smallpox;
- differentiate between smallpox and other rash illnesses;
- describe the indications for smallpox vaccine in both pre-release and post release situations; and
- describe the recommended management of a suspected smallpox case.

For more information, call the Office of Continuing Medical Education at 464 4606.



in the spotlight...

SUNY Upstate Medical University

Dr. Robert Levine appointed to FDA committee

Robert A. Levine, MD, professor of medicine, division of gastroenterology, has been appointed to serve on the Gastrointestinal Drugs Advisory Committee of the Food and Drug Administration for a term ending June 30, 2005. The eleven voting

members of the committee reviews and evaluates data concerning the safety and effectiveness of marketed and investigational human drug products for use in gastrointestinal diseases and makes recommendations to the Commissioner of Foods and Drugs.

Dr. Roizen on national television

College of Medicine Dean Michael Roizen, MD appeared on the Today Show Nov. 19 to discuss his latest book, *The Real Age Diet*. In addition to Dr. Roizen's



Michael Roizen, MD

appearance, a taped segment featuring State Sen. John DeFrancisco and his wife, Linda, both Real Age Diet followers, was also played. Dr. Roizen also offered some tips on how to have a healthy Thanksgiving dinner.

Dr. Kenneth Murphy presents paper

Kenneth D. Murphy, M.D., department of radiology, presented the paper "Radiologically-Guided Management of Low-Output Enterocutaneous Fistulae with Fibrin Glue Sealant" at the Radiological Society of North America's annual meeting, held Nov. 25 to 30 in Chicago.

"Thanks" from the Child Life staff

The University Hospital Child Life staff extends thanks to everyone who helped to make this Halloween's trick or treat parade a success. The children received many wonderful treats and enjoyed visiting the different areas of the hospital. The staff looks forward to the trick or treat parade again next year.

Helmet Sale is Dec. 5

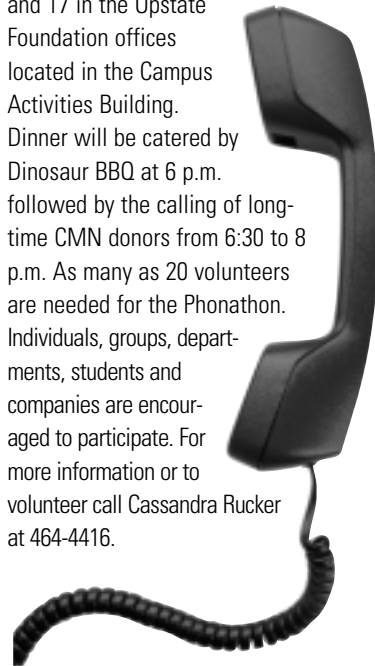
University Hospital's Trauma Service will sponsor a holiday helmet sale Wednesday, Dec. 5 from 11 a.m. to 2 p.m. on the second floor lobby of University Hospital. The helmets are \$10 each and head circumference (in inches) is needed at the time of purchase. For more information, contact Emily Sposato, RN at 464-4774.

NOTE: Upstate Update holiday schedule

Due to the holidays, the deadline to submit items for the Jan. 2 through Jan. 16 issue of Upstate Update is **MONDAY, DEC. 17.** (The deadline for submissions for the Dec. 19 to Jan. 2 issue remains Monday, Dec. 10.)

Children's Miracle Network Phonathon to be held in Jan.

The Children's Miracle Network (CMN) Phonathon 2002 will be held Jan. 8, 9, 10, 15, 16 and 17 in the Upstate Foundation offices located in the Campus Activities Building. Dinner will be catered by Dinosaur BBQ at 6 p.m. followed by the calling of long-time CMN donors from 6:30 to 8 p.m. As many as 20 volunteers are needed for the Phonathon. Individuals, groups, departments, students and companies are encouraged to participate. For more information or to volunteer call Cassandra Rucker at 464-4416.



Note: Contact the Human Resources Department for address corrections or to be deleted or added to the Update mailing list

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Upstate Update is published by the Public and Media Relations Department at SUNY Upstate Medical University. To submit news or calendar items, contact editor Doretta Royer, Rm. 205, 250 Harrison Center, 464-4836; email: royerd.

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Submission deadline for the 12/19-1/2 issue is Monday, Dec. 10, 2001.