

U P S T A T E update

A publication
for the
SUNY Upstate
Medical University
Community

NOVEMBER 7 THROUGH NOVEMBER 21, 2001

In the Calendar

Workshop. "Backs to the Future." 11/15, 8:30 a.m. and 9:30 a.m. University Hospital, Rm. 1311. See Update calendar inside.

Take Note

Teaching Day for Teachers is Nov. 13

Upstate Medical University's "Teaching Day for Teachers" will be held Tuesday, Nov. 13 from 1 to 6 p.m. in the Marley Education Center. Mark Quirk, EdD, assistant dean for academic achievement at the University of Massachusetts Medical School, will provide the keynote address. For more information, call 464-5450.

Expressions of Thanksgiving is Nov. 14

Upstate's Thanksgiving celebration "Expressions of Thanksgiving," will be held Wednesday, Nov. 14 from 3 to 4 p.m. in University Hospital's Chapel, located on the first floor main lobby. The program offers Upstate individuals the opportunity to give thanks in their own words and in their own faith expression. The program is sponsored by the Cooperative Campus Ministry Committee and is an interfaith event. Everyone is welcome to participate.

State University of New York
 Upstate
Medical
University

Geneticist to deliver Charles Ross, PhD Research Memorial Lecture Dec. 6

Patrick O. Brown, MD, PhD, will deliver the Ninth Annual Charles R. Ross, PhD, Research Memorial Lecture, titled, "The Genome's Language," Thursday, Dec. 6 at 4 p.m. in Weiskotten Hall, Medical Alumni Auditorium. The lecture is free and open to the public.

Dr. Brown is professor of biochemistry at Stanford University School of Medicine and associate investigator with the Howard Hughes Medical Institute.

Using DNA microarrays—microscope slides onto which tens of thousands of genes are printed in a tiny array—Dr. Brown and his colleagues are systematically characterizing the genetic script that controls the expression of genes, in healthy cells acting out their roles in normal development and physiology, and in diseases such as cancer.

Dr. Brown's lecture is an activity of the annual Charles R. Ross, PhD, Research Poster Session, to be held Wednesday and Thursday, Dec. 5 and 6 in the track area of the



Patrick O. Brown, MD, PhD

Institute for Human Performance. It is free and open to the public.

More than 120 posters depicting research in progress at Upstate Medical University will be displayed Dec. 5 from 1 to 5 p.m. and Dec. 6. Investigators will be available to discuss their studies between 3 to 5 p.m., Dec. 5.

The poster session provides an opportunity for the Upstate scientific community to share its research activities with each other and with the public.

For more information about the lecture or the poster session, contact the Research Development Office at 464-4317.

SUNY Upstate presents clinical trials outreach program Nov. 17

A representative from the Centers for Disease Control (CDC) will be joined by SUNY Upstate Medical University researchers and administrators Saturday, Nov. 17 in a program designed to educate key segments of the population about the merits of participating in clinical trials. The free program, held in the Institute of Human Performance from 8:30 a.m. to 4 p.m., supports the objectives of the nation's "Healthy People of 2010," which seeks to identify the most significant preventable threats to health and to establish goals to reduce them.

Historically, women, the elderly and members of minority communities, especially African-Americans, have not been well represented in clinical trials that test new drugs and medical procedures. "The absence of these groups in clinical trials mean that they benefit the least from progress that is being made to cure chronic disease," said Floyd Brown, director of Upstate's Office of Diversity Enhancement in

Continued on page 5

calendar

Wednesday, Nov. 7

Cancer in the Classroom.

7:45 a.m. to 2:30 p.m.
BOCES, Thompson Rd.

Anesthesiology Grand Rounds.

7 a.m. Wsk. Hall, Medical
Alumni Aud.

Otolaryngology and Communication Sciences

Grand Rounds. 7 to 8 a.m.
University Hospital, Rm. 6500.

Surgical Grand Rounds.

Burleson Lecture.
"Approaches to Replacement
of Organ Function."

Presenter: Jeffrey L. Platt,
MD, Mayo Clinic. 8 to 9
a.m. Wsk. Hall, Rm. 103.

Pediatric Grand Rounds.

"Medically Underserved
Children: Challenges and
Strategies." Presenter: Irwin
Redlener, MD, Montefiore
Medical Center. 9:15 a.m.
University Hospital, Rm. 6500.

Holiday Card Sale. 10 a.m. to
2 p.m. University Hospital,
second floor lobby. To benefit
Center for Children's Cancer
and Blood Disorders.

Health Sciences Library Tour.

Noon. Meet at New Book area.

Combined Infectious Disease

Conference. "Cellulitis and
Beta Strep." Presenter: James
B. Turchik, MD, Upstate
Medical University. 4 p.m.
University Hospital, Rm. 118
(basement).

Neurology/Neurosurgery Grand

Rounds. 4 p.m. University
Hospital, Rm. 6500.

Burn Survivors Support Group.

5 to 7 p.m. University Hospital,
Rm. 6408. Call 464-3600 for
more information.

Community Diabetes Forum. 6
to 8:30 p.m. Sheraton
Syracuse University Hotel,
801 University Ave. Call 438-
8687 ext. 3662 for more
information.

Thursday, Nov. 8

Horizon Imports Fleece Sale.

8 a.m. to 4 p.m. University
Hospital, main lobby.



Medical Grand Rounds. Topic:
Infectious Diseases. 8:30 a.m.
Wsk. Hall, Rm. 1159.

**Human Resources Training
Workshop.** "The Good, the
Bad and the Ugly: Developing
Powerful Presentation Skills."
9 to 11:30 a.m. Jacobsen
Hall, Rm. 205. Call 464-
5463 to register.

Conference. "1st Central New
York Psychiatry in Primary
Care Conference." 8:30 a.m.
to 4:30 p.m. Carousel Center
Skydeck. Call 464-3141 for
more information.

Workshop. "Backs to the
Future." 8:30 a.m. and 9:30
a.m. University Hospital,
Rm. 1311.

Urology Grand Rounds.

"Immediate vs. Deferred
Hormonal Therapy:
Changing Watchful Waiting."
Presenter: Ronald Kaufman,
MD, Albany Medical
College. 9 to 10 a.m.
University Hospital, Rm. 6500.

Parent to Parent Program.

"Building a Family Vision."
Noon to 1 p.m. Wsk. Hall,
Rm. 5301.

Children's Miracle Network

Corporate Reception. 4:30 to
6:30 p.m. Wsk. Hall. Call
464-4416 for more information.

Friday, Nov. 9

Obstetrics/Gynecology Grand

Rounds. "Endometrioma:
Pathogenesis and
Management." Presenter:
Shawky Z.A. Badawy, MD,
Upstate Medical University.
7:30 a.m. Marley Education
Ctr., Sulzle Aud.

Horizon Imports Fleece Sale.

See 11/8 Calendar listing.

Monday, Nov. 12

HealthLink Program. "Lung
Cancer: What You Don't

Know Can Hurt You."
Presenter: Leslie Kohman, MD,
Upstate Medical University.
11:30 a.m. to 1 p.m. OASIS,
ShoppingTown Mall.

Childbirth Education Class. 2 to
4 p.m. Women's Health
Services, UHCC, third floor.
Call 464-2169 to register.

Tuesday, Nov. 13

Flu vaccinations for Upstate Medical University community.

7 to 8 a.m. and 3 to 4 p.m.
University Hospital, Rm.
7334 (7A); 11:30 a.m. to
1:30 p.m., UHCC, fourth
floor Community Room;
5 to 5:30 p.m., Clark Tower
(students only), first floor
Meeting Room Call 464-4260
for more information.

Let's Not Meet By Accident.

Visiting School: New Visions
Health Oswego Co. BOCES.
9 to 11:30 a.m. University
Hospital, Emergency Dept.

HealthLink Program. "CO
Poisoning: You Can't See It
or Smell It and That's Just
Part of Why It Kills."

Presenter: Wendy McGinn-
Merritt, RN, Upstate Medical
University. 1 to 3 p.m.
OASIS, ShoppingTown Mall.
Call 464-8669 for more
information.

Teaching Day for Teachers. 1
to 6 p.m. Marley Education
Center. Call 464-5450 for
more information.

Breastfeeding Class. 3 to 4
p.m. Women's Health
Services, UHCC, third floor.
Call 464-2169 to register.

Wednesday, Nov. 14

Panel Discussion. "What Do
Physicians Need to Know
About Domestic Violence?"
7:45 a.m. Health Sciences
Library, Rm. 318.

Anesthesiology Grand Rounds.

7 a.m. Wsk. Hall, Medical Alumni Aud.

Otolaryngology and Communication Sciences Grand Rounds.

7 to 8 a.m. University Hospital, Rm. 6500.

Surgical Grand Rounds.

“Nurturing Research.” Presenter: Michael Meguid, MD, Upstate Medical University. 8 to 9 a.m. Wsk. Hall, Rm. 103.

Pediatric Grand Rounds. “The Evolution of a Mobile Health Clinic: Where It Has Traveled, Where It Is Currently Parked and Where Are We Driving It To?”

Presenter: Michael Soeder, MD, Upstate Medical University. 9:15 a.m. University Hospital, Rm. 6500.

Emergency Medicine Grand Rounds.

Case Presentation: 10:30 a.m. Panel Discussion: 11:30 a.m. Health Sciences Library, Rm. 318.

Health Sciences Library Tour.

See 11/7 Calendar listing.

Expressions of Thanksgiving. 3 to 4 p.m. University Hospital, Chapel.

Combined Infectious Diseases Conference.

Topic: Pediatrics. 4 p.m. University Hospital, Rm. 4505.

Neurology/Neurosurgery Grand Rounds.

4 p.m. University Hospital, Rm. 6500.

Thursday, Nov. 15

Workshop. “Backs to the Future.” 8:30 a.m. and 9:30 a.m. University Hospital, Rm. 1311.

HealthLink Program.

“Managing Your Weight: Managing Your Health.” 8:30 to 11 a.m. OASIS, ShoppingTown Mall. Call

464-8669 for more information.

Jewelry Sale. 9 a.m. to 5 p.m. University Hospital, main lobby. Call 464-5606 for more information.

Flu vaccinations for Upstate Medical University Community. 9 to 11 a.m. Jacobsen Hall, Rm. 404E. Call 464-4260 for more information.

Urology Grand Rounds. “GU Protocols in Cooperative Group Trials.” Presenter: Leslie Howard, MD, VA Medical Center. 9 to 10 a.m. University Hospital, Rm. 6500.

Medical Grand Rounds. “PTH a New Era: Anabolic Therapy for Osteoporosis.” Presenter: Clifford Rosen, Maine Center for Osteoporosis Research and Education. 8:30 a.m. Wsk. Hall, Rm. 1159.

Let’s Not Meet By Accident. Visiting School: Lyme Central School. 9:30 to 11:30 a.m. University Hospital, ED

Department of Psychiatry Faculty Meeting. Noon to 1:45 p.m. PBS Bldg., Rm. 338.

Friday, Nov.16

Obstetrics/Gynecology Grand Rounds. “Domestic Violence Recognition and Screening.” Presenter: Randi Bregman, Vera House, Inc. 7:30 a.m. Marley Education Ctr., Sulzle Aud.

Jewelry Sale. See 11/15 Calendar listing.

Cell & Developmental Biology Seminar. “Mitotic Phosphorylation of the Focal Adhesion Protein Actopaxin.” Presenter: Michael Curtis, PhD candidate. 1 p.m. Wsk. Hall Addition, Rm. 1292. Refreshments will be served.

Saturday, Nov. 17

Let’s Not Meet By Accident.

Visiting School: Manlius Pebble Driving School. 9 to 11:30 a.m. University Hospital, Emergency Dept.

Clinical Trials Outreach Program. 8:30 a.m. to 4 p.m. Institute of Human Performance. Call 464-5476 for more information.

Sunday, Nov. 18

University Neighbors Lecture. “Now What? Reflections on the Political Life of Syracuse with a New Mayor.” Presenter: Ann C. Michel, Knowledge Systems and Research, Inc. 3 p.m. Westcott Community Center. Tickets: \$10 per person.

Monday, Nov. 19

Flu vaccinations for Upstate Medical University community. 7:30 to 10 a.m. University Hospital, Rm. 1106. Call 464-4260 for more information.

Childbirth Education Class. See 11/12 Calendar listing.

Tuesday, Nov. 20

Lecture. “Informed Consent to Genetic Research.” Presenter: Robert S. Olick, JD, PhD, Upstate Medical University. Lunch: 11:45 a.m. Lecture: Noon. Health Sciences Library, Rm. 318. Call 464-5476 for more information.

Breastfeeding Class. See 11/13 Calendar listing.

Wednesday, Nov. 21

Anesthesiology Grand Rounds. 7 a.m. Wsk. Hall, Medical Alumni Aud.

Otolaryngology and Communication Sciences Grand Rounds. 7 to 8 a.m. University Hospital, Rm. 6500.

Health Sciences Library Tour. See 11/7 Calendar listing.

Neurology/Neurosurgery Grand Rounds. 4 p.m. University Hospital, Rm. 6500.

Health Sciences Library Art Gallery

Now through Nov. 30

Artwork by Medical Illustration and Photography Staff



Advocates to offer fleece and jewelry sales in November

A Horizon Imports Fleece sale, featuring a variety of winter outerwear, will be held Thursday and Friday, Nov. 8 and 9 from 8 a.m. to 4 p.m. in the main lobby of University Hospital.

A jewelry sale will be held from 9 a.m. to 5 p.m. Thursday and Friday, Nov. 15 and 16 in the main lobby of University Hospital. The jewelry is hand-crafted in Central New York with the pieces produced from original antique molds representative of Victorian, Art Deco and Art Nouveau styles. The jewelry can be custom designed while you wait.

University Hospital's HealthLink program presents schedule of free health seminars this month

Lung cancer, managing your weight and carbon monoxide poisoning are among the topics to be addressed this month during University Hospital HealthLink seminars. All seminars are free, open to the public and held in the OASIS complex on the lower level of Shoppingtown Mall just inside the Kaufmann's entrance. To register for any seminar, call 464-8668.

Upcoming seminar schedule is as follows:

- Nov. 12 from 11:30 a.m. to 1 p.m. "Lung Cancer: What You Don't Know Can Hurt You." Leslie Kohman, MD, a surgeon at University Hospital, will discuss the risk factors, prevention tips and detection methods for America's number one cancer killer. A light lunch will be provided.

- Nov. 13 from 1 to 3 p.m. "CO Poisoning: You Can't See It or Smell It and That's Just Part of Why It Kills." Wendy McGinn-Merritt, RN and clinical manager of University Hospital's hyperbaric medicine unit, will discuss the signs, symptoms, sources of carbon monoxide poisoning, and how to prevent and treat poisonings.

- Nov. 15 from 8:30 to 11 a.m. "Managing Your Weight: Managing Your Health." Health experts will cover risk factors and psychological problems associated with being overweight. They also will discuss proven weight loss techniques and weight-loss myths.



CAMPAIGN UPDATE

As of October 31, over 700 employees had sent in their CGC pledge cards. We are equal to where we were at this point in last year's campaign. However, our number one goal this year is to raise participation in the campaign. The 2001 CGC goal is to have 1,300 participants. Individuals who have not yet pledged to Upstate Medical University's annual Community Giving Campaign have until Dec. 1 to do so, according to Payroll Director Ginny Westmiller.

Individuals who return pledge cards to the Marketing Department by Dec. 1 are eligible to win one of many great prizes. See page 11 for a complete listing of prizes.

Informed Consent to Genetic Research is topic of lecture Nov. 20

Robert S. Olick, JD, PhD, associate professor in Upstate's Center for Bioethics and Humanities, will present "Informed Consent to Genetic Research," at the next Hot Topics in Research lecture, Tuesday, Nov. 20 at noon in 318 Health Sciences Library. The lecture is free.

Dr. Olick's talk will focus on the ethical and legal issues surrounding genetic research and research with stored tissue samples.

The Hot Topics in Research lectures are sponsored by the Clinical Trials Office Education Fund with support from Aventis Pharmaceuticals, Schering Plough, Ortho Biotech, Inc, GlaxoSmithKline and Bristol Myers Squibb.

A lunch will be provided prior to the presentation at 11:45 a.m. Individuals who are interested in attending the lecture should contact Anita Carroll at 464-5476 by Nov. 15.

Clinical Trials Outreach *continued from page 1*

Clinical Research and a program presenter.

In addition to Brown, the program will include a talk by Robert Robinson, PhD, an administrator with the CDC, who will discuss "Health Issues in the Black Community."

A symposium on the clinical studies opportunities at SUNY Upstate will feature remarks from Sharon Brangman, MD, on "Elderly Health Issues and Studies in Alzheimer's Disease"; Phyllis Bazen, a nurse practitioner, on "Diabetes: Improve Care, Current and Future Studies"; and Robert Lenox, MD, on "Disparities in Lung Cancer and Early Detection Studies." Fraser Tudiver, MD, will discuss the disparities in primary care prevention.

The program also features a panel presentation with Paulette Johnson from the Alzheimer's Association of CNY, Fanny Villareal de Canavan from the Hispanic Action League, Jesse Dowdell from the Southwest Community Center and

Duane Milton from the Onondaga County Department of Health. Panelists from SUNY Upstate include Patricia Numann, MD, University Hospital medical director; Ben Moore, executive director of University Hospital; and Ronald R. Young, vice president for governmental and public affairs.

The program concludes with a presentation at 3:30 p.m. on "Steps Toward Partnership to Improve Community and Regional Health," featuring remarks from Mantosh J. Dewan, MD, John Lucas, PhD; and Brown.

The program is sponsored by SUNY Upstate's Department of Research, Office of Diversity Enhancement in Clinical Research, Clinical Trials Office, and Price Chopper at Western Lights and the Caring Center Counseling and Consultation. To register, call 464-5476.

Personal safety informational overview set for Nov. 27

Personal safety is everyone's business. Learn ways to keep safe on and off campus at an informational overview, presented by Upstate's Personal Safety Committee, Tuesday, Nov. 27 at 5:30 p.m. in the West Lounge of the Campus Activities Building.

Individuals who attend the overview will be asked to offer their input about how to make the Upstate campus a safer place and will be invited to join the the committee as it performs its semi-annual safety walk around campus. The event is co-presented by the Graduate Student Council (GSC) and the Undergraduate Student Council (USC). Pizza will be served.

Domestic Violence panel set for Nov. 14

Three experts on domestic violence will present the seventh Health Sciences Library Lecture, "What Do Physicians Need to Know About Domestic Violence?" Wednesday, Nov. 14, at 7:45 a.m. in the Health Sciences Library Room 318. The event is free and open to the public. It is co-sponsored by the Health Sciences Library and Vera House.

The panel includes: John Epling, MD, assistant professor of family medicine at Upstate's Center for Evidence-Based Practice; Arethea Brown, co coordinator and advocate for the Syracuse Area Domestic Violence Coalition at Vera House; and Anna Walters, an educator for Vera House.

For more information contact, Eric v.d. Luft, PhD, curator of Historical Collections, 464-4585, or luft@upstate.edu.

JCAHO surveyors to visit hospital Nov. 27 through Nov. 30

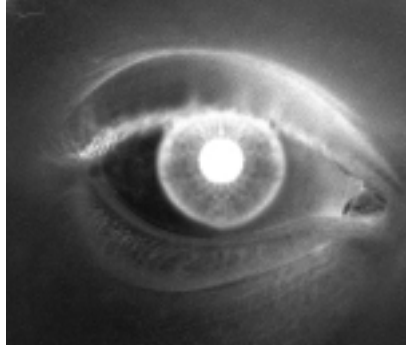
The Joint Commission on Accreditation of Healthcare Organizations (JCAHO) will conduct an accreditation survey of University Hospital Nov. 27 through 30 to evaluate the hospital's compliance with nationally established JCAHO standards. The survey results will be used to determine whether, and the conditions under which accreditation should be awarded the organization.

JCAHO standards deal with organizational quality of care issues and the safety of the environment in which care is provided. Anyone believing that he or she has pertinent and valid information about such matters may request a public information interview with JCAHO field representatives at the time of the survey. Information presented at the interview will be carefully evaluated for relevance to the accreditation sent to the JCAHO no later than five working days before the survey begins. The request must also indicate the nature of the information to be provided at the interview. Such requests should be addressed to: Office of Quality Monitoring, Joint Commission on Accreditation of Healthcare Organizations, One Renaissance Boulevard, Oakbrook Terrace, IL 60181.

JCAHO will acknowledge such requests in writing or by telephone and will inform the organization of the request for any interview.

Ophthalmology Review Course will be held Dec. 7 and 8

Upstate's Department of Ophthalmology and the Office of Continuing Medical Education will sponsor the 52nd Annual Post-Graduate Review Course for Ophthalmology Dec. 7 and 8 in the Hotel Syracuse. The topics to be discussed include glaucoma, cataract surgery, retina, cornea, managed care, and practice management. For additional information, call 464-4606 or 800-283-4606, e-mail: cme@upstate.edu or visit www.upstate.edu/cme or www.upstate.edu/eye.



College of Health Professions answers call to help

Faculty and students from the College of Health Professions' Department of Cardiorespiratory Sciences traveled to New York City to voluntarily conduct lung function testing on police officers who work in the vicinity of the World Trade Center. The group included Kathy Beney; Nancy Feocco; David Wolfe; Sheila Young; senior Greg Frani, and junior Brad Kropf. The six individuals, who worked two, 12-hour shifts and tested more than 400 officers, will return to the city in three months to perform additional testing. The results of the tests will be used as a baseline for follow-up tests. According to Joe Morfei, chair of the cardiorespiratory sciences department, "It is hard to find a more real life experience for our students."

25th Anniversary Celebration

Upstate Medical University Foundation

Gala



December 2001

Wed	Thurs	Fri	Sat
			1

Sunday, December 1, 2001

8:00 pm to 12:00 am

The Hotel Syracuse

For sponsor opportunities or reservations, please call the Upstate Medical University Foundation at 464-4416.

Proceeds to support the establishment of the Upstate Cancer Center.



Raffle winners of Infection Control Week announced

The Infection Control Department thanks all Upstate Medical University individuals who participated in Infection Control Week activities held the week of Oct. 15. Congratulations to the following winners of the raffle drawings:

Winners of a hand-held calculator:

Barbara Lucas	Emergency
Marie Morley	PM & R
Karyn Plante	Nursing Staffing
David Quimby	Admitting
Sharon Wiggins	Radiation Oncology

Winners of T-shirts:

Margo Clancy	6C
Tom Falco	Environmental Services
Kelly Flood	Infectious Disease
Joseph Hernandez	Receiving
Dr. Nauman Jahangia	Surgery
Cyndi Kiggins	PM & R
Joyce Kummer	8A
Joan LoRe	Radiology
Sharon Luke	Nursing
Ann Markle	Continuum of Care
Glenda Nabewaniec	ED
Janette Miller	Ortho
Willy Outley	Physical Plant
Josie Przepiora	Microbiology
Ted Spadotto, Jr.	Physical Plant
Donna Stoner	Volunteer Initiatives
Judi Umstead	Radiology
Janice Watson	2N
Katherine Wilson	Micro
Jeanine Wright	4A

Defensive driving course in Nov.

NYSUT/UUP is offering a discounted defensive driving course on the Upstate campus Tuesday, Nov. 20 from 4:30 to 5:30 p.m. and Monday, Nov. 26 from 5:30 to 8:30 p.m. in 6500 University Hospital. The fee is \$30 per person. To register or for more information, contact Ronald Daloia at 464-6134.

Meet "Rainbow" by Götz Dolls

Right out of the 1960s, Rainbow is a 17" soft-body, vinyl Götz doll. Her eyes, hidden behind very cool specs, open and close. Her long blond hair is held in place with a tie-dyed headband and two tiny braids. Her hair is rooted — giving it the ability to withstand vigorous brushing. Rainbow's hip-hugging flared jeans feature tie-dyed ribbons. A peace sign necklace and a tie-dyed shirt complete the ensemble.



Priced to please

This Götz Doll exclusive is favorably priced at \$99.50 plus tax, payable in four convenient monthly installments of \$26.62. Each Rainbow doll features the Götz signature.

Proceeds from the sales benefit the "We Have a Little Emergency" program of Advocates for Upstate Medical University.

**To order your Rainbow doll,
call (315) 464-5606.**

Available while supplies last. "Rainbow" will be retired by Götz Dolls once sold out.

in perspective

"In Perspective" is a series of "clip and save" articles designed to provide you with usable, accurate and up to date information on topics related to the many aspects of terrorism. The articles are meant to educate you on ways to keep healthy and safe.

Smallpox Information

This compilation of information from the CDC and the Journal of the American Medical Association is courtesy of Sondra Mott, RN, health educator for Health Connections.

Smallpox is caused by the variola virus. Routine vaccination against smallpox ended in the United States in 1972. The level of immunity among persons who were vaccinated before 1972 is uncertain; therefore, these persons are assumed to be susceptible. There have been no reported cases of smallpox since the 1970's.

Smallpox symptoms develop about 12 days after exposure. Initial symptoms include high fever, fatigue, and head and back aches. A characteristic rash, most prominent on the face, arms, and legs, follows in 2-3 days. The rash starts with flat red lesions, become pus-filled and begin to crust in the second week. The majority of patients with smallpox recover, but death occurs in up to 30% of cases.

Smallpox is spread directly from one person to another, primarily by infected saliva droplets. Persons with smallpox are most infectious during the first week of illness, however some risk of transmission lasts until all scabs have fallen off. There is no proven treatment for smallpox, but there is research to evaluate new antiviral medications.

Currently, vaccination against smallpox is not recommended by The Centers for Disease Control and therefore, is not available to the general public. There can be severe side effects to the smallpox vaccine.

Public health agencies have noted the potential for the use of smallpox as a biological weapon against a civilian population. In the event of an outbreak of smallpox, the CDC has clear guidelines to swiftly provide vaccine to people exposed to this disease. In people exposed to smallpox, the vaccine can lessen the severity of or even prevent illness if given within 4 days after exposure. The CDC has recently announced plans to accelerate production of a new smallpox vaccine.

For more information on this or other health related topics, call Health Connections at 315-464-8668.

Teleconference to be continually broadcast on Channel 62

The teleconference, "Anthrax: What Every Clinician Should Know," (originally telecast Oct. 18), is continually being shown on Staff Education Television, Channel 62.

Benefits for Employees who are called to Active Duty

Employees who are in the military reserves are invited to meet with the Human Resources Benefits Office for a confi-

dential review of their benefits. These meetings can be scheduled between 7 a.m. and 6 p.m. by making an appointment with Carol Travers, 464-4946 or traversc@upstate.edu. Employees can also contact Carol to verify their military reserve status information on file in Human Resources.

New Mail Policy at Upstate

The Upstate Mail Center is implementing a new policy in accordance with the U.S. Postal Service due to the need for increased security for our mail handlers. All outgoing mail must include a complete return address. The department sending mail must include the department name directly below the University Hospital return address located in the upper right hand corner. The mail handlers will check the mail they pick up during their daily runs. Any mail without a department name will not be picked up for processing. It is advised that a stamp with your department name be purchased. If you do not currently have a stamp, please print your department's name clearly in the appropriate area. Additional procedures for the security of our mail handlers are expected to be implemented as necessary.

Library Collects Bioterrorism Resources

The Health Sciences Library has created a web page with journal articles about and web links to bioterrorism resources. Users may link to it from the announcement under News on the Library's homepage, <http://www.upstate.edu/library>, or directly at www.upstate.edu/library/internet/bioterror.html. Library Director Laurie Thompson credits the efforts of Peter Uva and Pam White for their prompt attention in making this information available.

Health Connections is here to help

Be sure to call Health Connections' 24-hour telephone hotline for up to date and accurate medical information regarding biological agents. The hotline can be accessed by calling 315-464-8668, press the number 1 twice, then press the number 2999 to hear the recorded message. To talk with a nurse, press the star key. Health Connections' nurses have been trained in domestic emergency preparedness and response by attending U.S. Army and FBI courses .

For more specific information about biological agents, individuals may also call the CNY Poison Control Center's 24-hour hotline at 315-476-4766 or the Onondaga County Health Department at 315-435-3280, daily from 7 a.m. to midnight.

Annual health insurance transfer period for SUNY Upstate Medical University employees is under way

RESEARCH FOUNDATION EMPLOYEES:

The health insurance open enrollment period for 2002 runs through Nov. 30. If you are an eligible Research Foundation employee, the Benefits Bulletin about open enrollment has been mailed directly to your home address from the Research Foundation. This bulletin contains rate information as well as any plan changes for 2002.

Research Foundation

2002 Bi-Weekly Employee Rates:

Health Option	Individual	Family
Empire Deluxe PPO	\$14.76	\$72.23
HMO-CNY	\$12.91	\$66.15
MVP	\$11.98	\$59.46
United Healthcare	\$18.99	\$94.59
Univera	\$12.27	\$63.43

New for the year 2002: Flexible Spending Account Program.

The Research Foundation of SUNY is offering two new programs to help reduce your taxes and increase your spendable income in 2002. The Health Care Spending Account provides employees with the opportunity to pay for un-reimbursed medical expenses on a pre-tax basis. The Dependent Care Spending Account provides employees with the opportunity of paying for child care, elder care, or other dependent care expenses on a pre-tax basis. Enrollment will run through Nov. 30. The Benefits Bulletin sent to your home includes information on these programs.

STATE EMPLOYEES:

The annual Pre-Tax Contribution Program Selection period runs through Nov. 30. Enrollees who want to change the status of their contributions (pre-tax or after-tax) for health insurance benefits must do so during this period. Pre-tax enrollees who want to voluntarily cancel their coverage or change to individual coverage without a qualifying event must request the change during this period. The Pre-Tax Contribution Program Selection period will not be extended beyond Nov. 30.

Flex Spending Account Open Enrollment ends Nov. 9.

Employees who want to enroll in the Health Care Spending Account or Dependent Care Advantage Account for 2002 must enroll by Nov. 9.

Rates: We have not yet been advised of the 2002 health insurance premium rates. However, state employees will have 30 days from the date rates are announced to make decisions on their health insurance coverage for 2002. The 2002 Rate and Deadlines booklet will be mailed home to employees currently participating in the New York State Health Insurance Program (NYSHIP). As soon as additional information is available, it will be sent out via GroupWise e-mail and will also be published in Update. Please note the United Healthcare HMO will not be offered in 2002. If this is your health insurance option you will need to change to a new option.

Employees in need of further assistance may call or visit the SUNY Upstate Medical University Human Resources Department Health Insurance Office, 204 Jacobsen Hall, 464-4941 (Kathi Exner). You may also reach Kathi by e-mail at EXNERK via GroupWise.

No action is required if you wish to keep the same health insurance coverage.

Cancer in the Classroom



Wednesday, Nov. 7, 2001
7:45 am - 2:30 pm
Thompson Road, BOCES-Building A

A one-day conference for school teachers, counselors, nurses, social workers, psychologists, CSE chairpeople and others working with children being treated for cancer.

SCCFM announces Spring 2002 course schedule

The Syracuse Consortium for the Cultural Foundations of Medicine (SCCFM) has announced its elective Spring 2002 courses, to be held Jan. 14 through May 9. SCCFM is a cooperative program of Upstate Medical University, LeMoyne College and Syracuse University. The courses are:

- Culture and Mental Disorder, to be taught by John Townsend, PhD in 5301 Weiskotten Hall on Wednesdays from 7 to 10 p.m.

- Healing Practices, to be taught by Fred Frohock, PhD, in 100A Eggers Hall Thursdays from 4 to 7 p.m.

SCCFM courses are open to upper division undergraduate, graduate students, and faculty from the cooperating institutions and to members of the public who hold a bachelor's degree. Registration for Upstate Medical University individuals will be held in 203 Campus Activities Building for College of Medicine and Health Professions students and in 1162 Weiskotten Hall for Graduate Studies students. For more information, contact Linda Chow, SCCFM coordinator at 464-8449.

Central New York Psychiatry in Primary Care Conference is Nov. 8

The "1st Central New York Psychiatry in Primary Care Conference" will be held Thursday, Nov. 8 from 8:30 a.m. to 4:30 p.m. at the Carousel Center/Skydeck.

The program covers how antidepressants work; antidepressant side effects and how to manage them; antidepressant augmentation and combination therapy; differential diagnosis of delirium, dementia and depression; diagnosis and treatment of depression and anxiety; and post-traumatic stress disorder.

The fee is \$85 per person. A reduced rate of \$60 is available to full-time and clinical faculty members of Upstate's Department of Psychiatry. Pre-registration is required; the deadline to register is Friday, Nov. 2. To register or for more information, contact Darlene Black at 315-464-3141 or e-mail blackd@upstate.edu

Unique cards bring holiday cheer...and support for a wonderful cause

CARD SALE

Wednesday, Nov. 7

10 a.m. - 2 p.m.

2nd floor of University Hospital outside the cafeteria.

Brochures for this year's cards and sales of last year's cards will be available.



University Hospital's Center for Children's Cancer and Blood Disorders continues the tradition of selling beautiful Christmas cards designed by young patients, their family members and friends. Proceeds from the sale of the cards benefit the Center.

Brochures showing this year's selection of cards are available by contacting Mandy Trudell at 464-6133 or trudella@upstate.edu.

Your generosity made last year's card sales our best ever! Thank you for your continued support.

This card was designed by Clarissa, age 9

Prizes Abound!



\$1000!

donated jointly by Labor and Management (PEF, CSEA, UUP, Campus Administration). Must contribute through payroll deduction to be eligible.

Four Gala Tickets

donated by Upstate Foundation Office

Two 2002 CNY Skins Game Tickets

donated by Upstate Foundation Office

\$100 Gift Certificate to Carousel Mall

donated by University Radiology Associates Imaging Centers, LLP

Two Vintastic Tickets

donated by Upstate Foundation Office

Bed & Breakfast Stay

donated by Dickenson House on James

Upstate Medical University Sweatshirt

\$30 value
donated by Upstate's Barnes and Noble Campus Bookstore

\$25 Dish Garden

donated by Creative Florist

Gift Package

donated by Montana Mills Bread Co.

Pizza Party

donated by Upstate Nutritional Services

One Month Free Garage Parking

value: \$25
donated by Upstate Parking Office

\$25 cash

donated by Howe Chiropractic

Pizza Baking Stone & Cutter

donated by Judy Runfola, Pampered Chef representative

Product or Certificate

donated by Follett's Orange Bookstore

\$25 Gift Certificate

donated by Syra-juice

Silk Floral Arrangement

donated by Linda Gleason, Fiscal Services

\$60 Certificates

donated by La Fleur de Beaute

\$8 Tanning Certificates

donated by Hair Trends

30 minute Massage

value: \$30
donated by the Art of Massage

\$15 Gift Certificate

donated by Apropos

Plainville Farms Dinner for Two

donated by Plainville Farms Restaurant

Family Passes to Rosamond Gifford Zoo

value: \$12
donated by Rosamond Gifford Zoo

Tote Bags

value: \$10 ea.
donated by the Nursing Recruitment Office

Fudge & Promotional Items

donated by Community Health Charities

Upstate T-shirts

donated by Upstate Public & Governmental Affairs

Two Tickets to Mystery & Merlot

donated by Advocates for SUNY Upstate

SEFA Coffee Mugs

donated by CNY S.E.F.A.

Deluxe Car Wash

donated by Sparkle City Car Wash

One month memberships to Gold's Gym

Three memberships donated by Gold's Gym

Leather-bound Writing Journal

donated by Carol Ceraldi, Medical Illustration & Graphics

\$25 Gift Certificates

Three certificates donated by Tree Haven Café

\$25 Carousel Mall Gift Certificate

donated by Diane Conklin, Custom Business Services

T-shirts, Water Bottles, Portfolios & Tuition Enrollment Fees

Two sets donated by OASIS, a program for people 55+

Turn in your pledge cards by December 1 to be eligible for these great prizes!
(Remember, the earlier you turn in your card, the better your chances!)

For more information, call Diane Conklin, 4-6562.



in the spotlight...

SUNY Upstate Medical University

Article by Dr. Gilbert featured in Science

A scientific review written by David M. Gilbert, PhD, associate professor of biochemistry and molecular biology, is featured in the October issue of **Science**.



David M. Gilbert, PhD

The review "Making Sense of Eukaryotic DNA Replication Origins," discusses DNA replica-

tion (the process by which cells make a complete copy of their genetic information before a cell divides). The article offers an explanation for why even our most modern textbooks still do not contain information on the replication origins in humans except for a single crude experiment done in 1968 that proves they exist.

Michael Pede awarded for outstanding service

Michael Pede, associate director of financial aid at Upstate, received the Father Dunne Service Award by the New York State Financial Aid Administrators for his outstanding service

to the Association. Pede has served the association for over 20 years, currently as vice president.

Carol Anne Kozik, RN, MSN named nurse educator

Carol Anne Kozik, RN, MSN has joined University Hospital's Department of Organizational Training and Development as nurse educator. Prior to Upstate, Kozik was clinical nurse specialist and clinical informatics coordinator at Cortland Memorial Hospital. Carol Anne has extensive experience in the development of training materials and programs for clinical departments, including both orientation and ongoing staff education. Kozik's office is in 415 Jacobsen Hall, Room (464-6124).

Upstate Medical University Foundation thanks vendors

One hundred fifty vendors attended the 6th Annual Vendor Luncheon, recently held in the Institute for Human Performance. The event was co-sponsored by Upstate Medical

University Foundation, MedBest and Sodexo to thank the vendors for their support of the University and the Foundation.

Upstate's Dr. Sheila Lemke and Dr. Bernard Poesz made special presentations during the luncheon. Joan Brooks of Upstate Medical University Foundation and Vendor Committee Chair Darren Petragrani presented "Partners in Success" awards to Ansun Graphics, Cortland Glass Company Inc., GlaxoSmithKline, and Park Outdoor Advertising.

(Suggestions for potential sponsors or corporate donors to the Foundation should be forwarded to John Zacharek, director of endowment campaigns and corporate development at the Upstate Foundation, 464-4416).

6th Annual Holiday Shoppes to benefit CARE

Be sure to attend the Junior League of Syracuse's 6th Annual Holiday Shoppes, Nov. 9 through 11 at the Price Chopper Horticulture Building of the New York State Fairgrounds. Proceeds from the event benefit University Hospital's Child Abuse Referral and Evaluation Program (CARE)

The event features merchants from across the northeast who sell distinct hand-crafted gifts and ornaments, gourmet foods, clothing, artwork and other unique items. Several events and workshops, as well as wine and cheese tastings, and other entertaining activities, including a visit from Santa, will be featured.

Advanced tickets may be purchased at participating Peter's Groceries, M & T Bank or by contacting the Junior League of Syracuse at 423-9773. Tickets will also be sold at the door.

Upstate faculty present at meeting

Dr. Donald C. Blair of Infectious Diseases and Drs. Roy Guharoy and Kelly West of Pharmacy presented "Stability of Blood Pressure and Serum Creatinine in Patients Receiving Highly Active Antiretroviral Therapy," at the 30th annual meeting of the American College of Clinical Pharmacology.

.....
Upstate Update is published by the Marketing and University Communications Department at SUNY Upstate Medical University. To submit news or calendar items, contact editor Doretta Royer, Rm. 205, 250 Harrison Center, 464-4836; email: royerd.

Printed by Upstate Medical University Duplicating and Printing Services.

Submission deadline for the 11/21-12/5 issue is Monday, Nov. 12, 2001.

Note: Contact the Human Resources Department for address corrections or to be deleted or added to the Update mailing list