

# UPSTATE update

A publication  
for the  
SUNY Upstate  
Medical University  
Community

OCTOBER 24 THROUGH NOVEMBER 7, 2001

## In the Calendar

**Parent to Parent Program.**  
11/8. Noon to 1 p.m. Wsk.  
Hall, Rm. 5301. See Update  
calendar inside.

## Take Note

### Share Halloween with pediatric patients

University Hospital's child life specialists will take pediatric "ghosts and goblins" around the hospital to trick or treat on Wednesday, Oct. 31. If you would like your department to be a "house on the block" visited by the children, call the 7H Child Life Specialist Samantha at 464-3669 by Friday, Oct. 26. Employees who would like to wear a costume and visit the pediatric unit may do so during scheduled times and with prior approval from the child life specialist. Costumes should be simple, familiar and friendly.

Due to special diets and food allergies, food should be limited. Suggestions for treats include: crayons, coloring books, stickers, fancy erasers, party favors, halloween assortments (i.e. spider rings, rubber fingers, gold fish crackers or fruit snacks (fruit rollups).

## Gala to benefit the new Upstate Cancer Center

Central New Yorkers are invited to dance to the music of our area's finest entertainers and experience the tastes of memorable desserts and hors d'oeuvres at Upstate Medical University Foundation's annual fundraising Gala, Saturday, Dec. 1 from 8 p.m. to midnight at the Convention Center at Oncenter. Proceeds from the gala will benefit the new Upstate Cancer Center.

The gala includes two continuous parties with reserved seating: Oncenter Ballroom featuring Hot Foot Club and the Oncenter Hall A featuring Prime Time. A cocktail setting with smaller, reserved and unreserved tables will be available in the lower level lobby where Jeff Sawyer will entertain at the piano. The Neverly Brothers will serve as strolling musicians throughout the gala.

Stations of hors d'oeuvres, lavish desserts and beverages will be available throughout the evening.

Serving as the community co-chairs of

the gala are Gail and Paul Cowley, owners of Cowley Associates and members of the Upstate Medical University Foundation. Nam Sook and Chung T. Chung, MD serve as Upstate's co-chairs. Dr. Chung is professor and chair of radiation oncology at Upstate.

A highlight of the evening is a pre-Gala Patron Party to be held in the Oncenter at 6:30 p.m. The Patron Party will honor Joan and Donald Denton for their outstanding service to Upstate Medical University and its Foundation. The Patron Party will also celebrate Upstate Foundation's 25th Anniversary.

Proceeds from the gala will benefit the Upstate Cancer Center at University Hospital. The Center will serve as the regional resource for comprehensive and

*continued on page 4*

## In Perspective

*This issue of Upstate Update introduces a series of clip and save articles designed to provide you with useable, accurate and timely information on topics related to the many aspects of terrorism. The articles are meant to place perspective on the vast amount of information you read and hear about in the media and to educate you on ways to keep healthy and safe.*

*See pages 8 and 9 for the first in the series of articles titled, "In Perspective."*



# calendar

## Wednesday, Oct. 24

**Flu Vaccination Clinic.** 7 to 9 a.m. University Hospital, East Wing E5502. For Upstate Medical University individuals.

**Anesthesiology Grand Rounds.** 7 a.m. Wsk. Hall, Medical Alumni Aud.

**Otolaryngology and Communication Sciences Grand Rounds.** 7 to 8 a.m. University Hospital, Rm. 6500.

**Surgical Grand Rounds.** "Space Docs: NASA's Medical Research Needs." Presenter: Julie Swain, MD, NASA Headquarters. 8 to 9 a.m. Wsk. Hall, Rm. 103.

**Pediatric Grand Rounds.** "The 2001 Husson-Blackman Lecture—Regionalization of Pediatric Cardiac Surgical Care in Upstate New York." Presenter: George Alfieris, MD, Upstate Medical University. 9:15 a.m. University Hospital, Rm. 6500.

**Power of the Sacred Word Program.** Topic: Christianity. 11:45 a.m. to 12:15 p.m. And repeated 12:30 to 1 p.m. Crouse Hospital, small cafeteria.

**Health Sciences Library Tour.** Noon. Meet at New Book area.

**Satellite Broadcast.** "Racial and Ethnic Health Disparities." 2:30 to 4:30 p.m. Wsk. Hall, Rm. 318.

**Neurology/Neurosurgery Grand Rounds.** 4 p.m. University Hospital, Rm. 6500.

## Thursday, Oct. 25

**Program.** "Update on the Sacrament of the Anointing of the Sick." 7:30 a.m. and 1:30 p.m. Crouse Hospital, small cafeteria.

**Urology Grand Rounds.** 9 to 10 a.m. University Hospital, Rm. 6500.

**Workshop.** "Backs to the Future." 8:30 a.m. and 9:30 a.m. Jacobsen Hall, Rm. 205.

**Medical Grand Rounds.** Discussant: Theresa Rohr, MD, Upstate Medical University. 8:30 a.m. Wsk. Hall, Rm. 1159.

**Let's Not Meet By Accident.** Visiting School: Red Creek Drivers Education. 9 to 11:30 a.m. University Hospital, Emergency Department.

**Parent to Parent Program.** "Never Cry Alone." Noon to 1 p.m. Wsk. Hall, Rm. 5301.

**Power of the Sacred Word Program.** Topic: Native American. 11:45 a.m. to 12:15 p.m. and repeated 12:30 to 1 p.m. Crouse Hospital, small cafeteria.

**Psychiatry Faculty Meeting.** Noon to 1:45 p.m. PBS, 713 Harrison St., Rm. 338.

## Friday, Oct. 26

**Obstetrics/Gynecology Grand Rounds.** "Latex Allergy." Presenter: Colleen O'Leary, MD, Upstate Medical University. 7:30 a.m. Marley Education Ctr., Sulzle Aud.

**Flu Vaccination Clinic.** 11 a.m. to 1 p.m. University Hospital, East Wing E2503. For Upstate Medical University individuals.

**Workshop.** "MEDLINE on the Web." 11 a.m. to noon. Health Sciences Library, meet at Reference Desk.

**Power of the Sacred Word Program.** Topic: Bahai. 11:45 a.m. To 12:15 p.m. and repeated 12:30 to 1 p.m. Crouse Hospital, small cafeteria.

## Sunday, Oct. 28

**"Head Games: Sports-Related Concussion" Information Day.** 1 to 4 p.m. Institute for Human Performance.

## Monday, Oct. 29

**Flu Vaccination Clinic.** 7 to 8 a.m. (University Hospital, Rm. 4238) and 3 to 4 p.m. (University Hospital, 4B Conference Room.) For Upstate Medical University individuals only.

**Childbirth Education Class.** 2 to 4 p.m. Women's Health Services, UHCC, third floor. Call 464-2169 to register.

## Tuesday, Oct. 30

**Let's Not Meet By Accident.** Visiting School: Cazenovia High School. 9 to 11:30 a.m. University Hospital, Emergency Department.

**Laboratory Safety/EPA Compliance Session.** 12:30 to 1:30 p.m. Wsk. Hall Addition. Rm. 5301.

**Breastfeeding Class.** 3 to 4:30 p.m. Women's Health Services, UHCC, third floor. Call 464-2169 to register.

## Wednesday, Oct. 31

**Anesthesiology Grand Rounds.** 7 a.m. Wsk. Hall, Medical Alumni Aud.

**Otolaryngology and Communication Sciences Grand Rounds.** 7 to 8 a.m. University Hospital, Rm. 6500.

**Trauma Grand Rounds.** "The Less Invasive Stabilization System: Technique for Distal Femur and Proximal Tibial Fractures," "Surgical Management of the Floating Shoulder," "Results of Ilizarov and Spatial Frame Treatment of Tibial Malunion and Nonunion." 8 to 9 a.m.

University Hospital, Rm. 6500.

**Surgical Grand Rounds.** "Update on Congestive Heart Failure." Presenter: Robert Carhart, MD, Upstate Medical University. 8 to 9 a.m. Wsk. Hall, Rm. 103.

**Payroll Services and Management Training Class.** "All About Reporting Employee Work Time & Time Accruals and How to Complete a Timesheet." 9 a.m. to noon. C.a.B., East Lounge.

**Pediatric Grand Rounds.** "Sleep Apnea." Presenter: Larry Consenstein, MD, St. Joseph's Hospital Health Center. 9:15 a.m. University Hospital, Rm. 6500.

**Health Sciences Library Tour.** See 10/24 Calendar listing.

**Combined Infectious Diseases Conference.** "Molecular Diagnostics and the Microbiology Laboratory: Where We've Been and Where We're Going." Presenter: Deanna Kiska, PhD, Upstate Medical University. 4 p.m. University Hospital, Rm. 118.

**Neurology/Neurosurgery Grand Rounds.** 4 p.m. University Hospital, Rm. 6500.

## Thursday, Nov. 1

**Family Medicine Development Series.** "Influences on Medical Student Career Choices." 8 to 9:30 a.m. Medical Irving Medical Center.

**Human Resources Training Workshop.** "Effective Meeting Management." 8:30 to 10:30 a.m. Jacobsen Hall, Rm. 205.

**Workshop.** "Backs to the Future." 8:30 a.m. and 9:30 a.m. U.H., Rm. 1311.

**Urology Grand Rounds.** 9 to 10 a.m. University Hospital, Rm. 6500.

**Medical Grand Rounds.** "Chemical Biological Warfare." Presenter: James Sexton, MD, Upstate Medical University. 8:30 a.m. Wsk. Hall, Rm. 1159.

**Advocates Fall Membership Luncheon.** "New Children's Center." Presenter: Thomas Welch, MD, Upstate Medical University. Social: 11:30 a.m. Luncheon and presentation: Noon.

**Parent to Parent Program.** "Traps to Avoid." Noon to 1 p.m. Wsk. Hall, Rm. 5301.

**Psychiatry Grand Rounds.** "AIDS at 20: Personal Reflections on the History of an Epidemic." Presenter: Anthony J. Vinciguerra, MD, Upstate Medical University and APA Commission on AIDS. 12:30 to 2 p.m. PBS, 713 Harrison St.

**Friday, Nov. 2**

**Flu Vaccination Clinic.** 7 to 8 a.m. and 3 to 3:30 p.m. University Hospital, Rm. 6231. For Upstate Medical University individuals.

**Obstetrics/Gynecology Grand Rounds.** "21st Century Approach to Preeclampsia." Presenter: Robert Silverman, MD, Upstate Medical University. 7:30 a.m. Marley Education Ctr., Sulzle Aud.

**Monday, Nov. 5**

**Flu Vaccination Clinic.** 8 to 9 a.m. (Computer Warehouse Bldg./ROC, Rm. 319) and 3 to 4 p.m. (University Hospital, Rm. 3605.) Open only to Upstate Medical University individuals.

**Childbirth Education Class.** See 10/29 Calendar listing.

**Tuesday, Nov. 6**

**Flu Vaccination Clinic.** 7 to 8 a.m. (University Hospital, Rm. 5102 - open to all Upstate individuals); Noon to 1 p.m. (University Hospital, Rm. 6500, open to Medicine residents only); 3 to 4 p.m. (University Hospital, Rm. 5102 - open to all Upstate individuals.) Call 464-4260 for more information.

**Breastfeeding Class.** See 10/30 Calendar listing.

**Wednesday, Nov. 7**

**Anesthesiology Grand Rounds.** 7 a.m. Wsk. Hall, Medical Alumni Aud.

**Otolaryngology and Communication Sciences Grand Rounds.** 7 to 8 a.m. University Hospital, Rm. 6500.

**Surgical Grand Rounds.** Burleson Lecture. "Approaches to Replacement of Organ Function." Presenter: Jeffrey L. Platt, MD, Mayo Clinic. 8 to 9 a.m. Wsk. Hall, Rm. 103.

**Free Community Diabetes Forum.** 6 to 8:30 p.m. Sheraton Syracuse University Hotel, 801 University Ave.

**Pediatric Grand Rounds.** 9:15 a.m. University Hospital, Rm. 6500.

**Health Sciences Library Tour.** See 10/24 Calendar listing.

**Combined Infectious Diseases Conference.** 4 p.m. University Hospital, Rm. 4505.

**Neurology/Neurosurgery Grand Rounds.** 4 p.m. University Hospital, Rm. 6500.

**Burn Survivors Support Group.** 5 to 7 p.m. University

Hospital, Rm. 6408. Call 464-3600 for more information.

**Thursday, Nov. 8**

**Horizon Imports Fleece Sale.** 8 a.m. to 4 p.m. University Hospital, main lobby. An activity of Advocates for Upstate Medical University.

**Human Resources Training Workshop.** "The Good, the Bad and the ugly: Developing Powerful Presentation Skills." 9 to 11:30 a.m. Jacobsen Hall, Rm. 205. Call 464-5463 to register.

**Conference.** "1st Central New York Psychiatry in Primary Care Conference." 8:30 a.m. To 4:30 p.m. Carousel Center Skydeck. Call 464-3141 for more information.

**Workshop.** "Backs to the Future." 8:30 a.m. and 9:30 a.m. University Hospital, Rm. 1311. Call 464-4401 for more information.

**Urology Grand Rounds.** 9 to 10 a.m. University Hospital, Rm. 6500.

**Medical Grand Rounds.** Topic: Infectious Diseases. 8:30 a.m. Wsk. Hall, Rm. 1159.

**Parent to Parent Program.** "Building a Family Vision." Noon to 1 p.m. Wsk. Hall, Rm. 5301. Call 464-5760 for more information.

**Children's Miracle Network Corporate Reception.** 4:30 to 6:30 p.m. Wsk. Hall. Call 464-4416 for more information.

**Friday, Nov. 9**

**Obstetrics/Gynecology Grand Rounds.** "Endometrioma: Pathogenesis and Management." Presenter: Shawky Badawy, MD, Upstate Medical University. 7:30 a.m. Marley Education Ctr., Sulzle Aud.

**Horizon Imports Fleece Sale.** See 11/8 Calendar listing.

**Health Sciences Library Art Gallery**

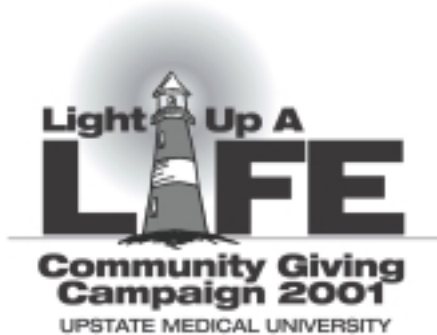
*now through Nov. 2*

**Ceramics**  
BY BURT THOMAS

*Nov. 5 through Nov. 30*

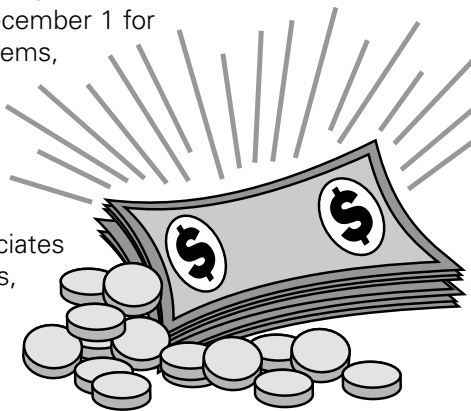
**Artwork by Medical Illustration and Photography Staff**





## Remember: Turn in your Community Giving Campaign pledge card now and you may win a PRIZE!

Turn in your pledge by November 7 to be eligible to win two tickets to the Foundation's Gala (date: December 1; value: \$400). Turn in your card by December 1 for all other raffle items, including the \$100 Carousel Center gift certificate from University Radiology Associates Imaging Centers, LLP.



## THANK YOU!

The Community Giving Campaign 2001 Committee extends its thanks to **University Radiology Associates Imaging Centers, LLP** for their generous donation of one of the campaign's premier grand prizes, a **\$100 Carousel Center gift certificate**, in addition to numerous promotional items. An incorrect donor name and prize package was listed in the last *Upstate Update*.

## University Hospital's visitation policy is reviewed

A committee comprised of hospital administrators, patient advocates and hospital department representatives has been reviewing University Hospital's visitation policy and developing steps to educate hospital staff and visitors about its key points.

The policy seeks to ensure patient privacy, confidentiality and security as well as to enhance patient well-being.

Key elements of the visitation policy for general medical and surgical patient care areas are listed below:

- visiting hours are from 11 a.m. to 8:30 p.m. daily, except for special care units.
- patients may have a maximum of two visitors at any time.
- sleeping and overnight stays by visitors in patient rooms or waiting rooms are not permitted. Exceptions may be made in some areas depending upon patient condition.
- children under 14 years of age are not permitted in any patient area due to infection control issues.
- visitor passes will be issued between the hours of 6:30 a.m. and 8:15 p.m. by Hospital Ambassadors or Public Safety officers.
- visitors must be prepared to show identification upon request by staff or Public Safety officers.

It is important to note that the visitation policy is not the same for all units. Special care units have different policies. Also, what may be suitable for one unit may not be suitable for another.

"University Hospital's visitation policy remains flexible to accommodate the special needs and concerns that often surround a visit to the hospital. It might be difficult for family members traveling from out of town to be here during visiting hours. We understand these special circumstances and will help in any way we can to make the patient and family gathering possible," said Ann Sedore, PhD, chief operating officer for University Hospital.

**Gala** *continued from page 1*

advanced patient treatment, information and education.

The deadline for Gala reservations is Friday, Nov. 9. For more information about gala sponsor levels, tickets and the Patron Party, contact the Foundation at 464-4416.

Two lucky Upstate individuals will each win a pair of Gala tickets (valued at \$400 per pair) in a drawing to be held Wednesday, Nov. 14 in the Gift Shop! Be sure to participate in the drawing. Purchase a chance for \$5 in the Gift Shop during the first two weeks of November. Individuals need not be present to win. And remember, turn in your Community Giving pledge card by Dec. 1 to be eligible to win gala tickets.



## Sports-Related Concussion is topic of program Oct. 28

A public information day, titled “Head Games: Sports-Related Concussion,” will help Central New Yorkers learn how to prevent, recognize and manage sports-related concussion. The program will be held Sunday, Oct. 28 from 1 to 4 p.m. in the Institute for Human Performance. It is open to anyone who is interested in sports injury prevention and management, particularly parents, coaches and athletic directors, school administrators and nurses, athletes, health care providers, and parks and recreation staff. In addition to information sessions, the program also includes a tour of the Institute for Human Performance, giveaways, raffles and refreshments. All participants will receive a free copy of the booklet “Facts About Concussion and Brain Injury”; as well as a sideline-evaluation pocket card that provides coaches, trainers and parents with guidelines on how to deal with concussions that occur during a sporting event.

The registration fee is \$5 per person. To register or for more information, call 315-464-8668 or 1-800-464 8668.

## Dr. Mark Quirk to speak at Teaching Day for Teachers Nov. 13

Registration for Upstate Medical University’s first “Teaching Day for Teachers” is being accepted.

The program highlights the teaching activity in Upstate’s College of Medicine and will be held Tuesday, Nov. 13 from 1 to 6 p.m. in the Marley Education Center.

The program features a keynote address by Mark Quirk, EdD, titled “Teaching Excellence: Why Settle for Less?” Dr. Quirk is assistant dean for academic achievement at the University of Massachusetts Medical School. The program also includes four workshops and a poster session, highlighting state of teaching at Upstate. Registration for the Teaching Day includes CME credit. To register or for more information, call Sherri Clarry at 464-5450.

## Applications being accepted for Friend in Deed funding

Upstate Medical University Foundation is inviting Upstate departments to apply for funding from the “Friend in Deed” annual fund. To apply, departments must complete a Request for Support Application. Requests must be kept to an average of \$5,000, but consideration will be given to projects of any size. Applications should be typed or neatly written and must include a detailed project budget (requests without budgets will not be considered). Requests should be mailed to: Friend in Deed Allocations Request, Upstate Medical University Foundation, Campus Activities Building, Room 326. The deadline for submissions is Friday, Nov. 9. Questions should be referred to Joyce Lennon at 464-4223.



## Changes to HIV policy announced

University Hospital has updated its H-3 policy in the administrative Policy & Procedure Manual to reflect major changes in “HIV Related Testing and Mandatory Reporting for Inpatients and Outpatients.” The policy reflects these major changes:

- HIV antibody testing should be ordered Monday through Friday, 8 a.m. to 4 p.m.
- If assistance is needed in providing pre- and post test counseling:
  - Inpatient Units/ Hospital based outpatient clinics should call the Designated AIDS Center (DAC) at 464-5533 and ask for the program director.
  - UHCC should call one of the UHCC Primary Care Services and ask for an RN.
  - Emergency Department: Emergency Department staff will utilize their appropriately trained internal resources for pretest counseling.
- Refer to Attachment A for the remainder of the procedure related to receiving assistance with pre and post test counseling
- Department of Health requirements for partner notification, sexual abuse screening, and documentation were recently added to the previous policy. These are significant changes, but will be addressed by the DAC staff when you consult with them as noted above for pre/post test counseling.

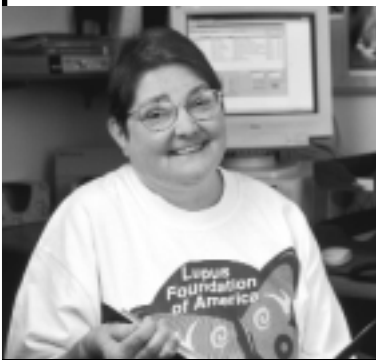


# YOUR DONATIONS HELP PEOPLE YOU KNOW

*This is the third in a series of messages from Upstate employees who have benefitted from or worked with agencies that receive funds from our Community Giving Campaign.*

## **Kathy Nuffer-Davis, Clinical Practice Analysis**

"When I was diagnosed with lupus 23 years ago, I was really frightened. Thanks to my doctor and the Lupus Foundation, I have a lot of help managing my condition. The foundation's meetings, educational programs, and moral support help me cope and teach me how to



avoid serious complications. **Please remember, your contribution does make a difference...it makes a real difference in my life!"**

## **James Capodagli, Health Information Center**

"When my wife and I wanted to adopt, we found that working with an organization like Arise Child and Family Service made all the difference in the world. The service did a home study, helped us move through the complex legal process and prepared everyone emotionally and mentally as we built our new family. **Our children are our greatest gifts. Supporting community agencies like Arise helps bring happiness to so many families."**



## Community Giving Campaign has strong start!



*Here are some of the 185 department representatives who are working hard to make our Community Giving Campaign a success. Contact your department representative with questions about the campaign and donations. Check your packet for a list of names and phone numbers.*



*SUNY Upstate Medical University President Gregory Eastwood, MD congratulated the crowd on the increased giving among Upstate employees. This year's campaign goal is for 1,300 Upstate employees to contribute. Last year, 1,216 employees contributed to the campaign that benefits agencies in our community.*



*The Community Giving Campaign kick off included a continental breakfast and presentations, followed by a training session. Ann Berlingham, Vera House representative, and Joseph Pacheco, cancer survivor and American Cancer Society representative, gave presentations on behalf of their agencies.*



## Flu Vaccine for campus employees, students and volunteers

In preparation for the upcoming flu season, the Employee/Student Health Service will be offering flu vaccination free of charge to all Upstate Medical University employees, volunteers and students. The schedule has been developed to be site specific to allow easy access and encourage a high level of participation for staff in that area. General open clinics will also be held as usual. A valid campus identification card must be presented.

DATE	LOCATION	ROOM #	TIME
OCTOBER 26 (Friday)	2 East, UH ED/PM&R	E2503 (ED conference room)	11:00 pm - 1:00 pm
OCTOBER 29 (Monday)	4th floor, UH	4238 4A treatment room 4B conference room	7:00 am - 8:00 am 3:00 pm - 4:00 pm
NOVEMBER 2 (Friday)	6th floor, UH	6231, 6A treatment room	7:00 am - 8:00 am 3:00 pm - 3:30 pm
NOVEMBER 5	CWB/ROC	319, conference room	8:00 am - 9:00 am
NOVEMBER 5 (Monday)	3rd floor, UH	3605, Radiology	3:00 pm - 4:00 pm
NOVEMBER 6 (Tuesday)	UH (Medicine residents)	6500, UH	12:00 pm - 1:00 pm
NOVEMBER 6 (Tuesday)	5th floor UH	5102, 5B treatment room	7:00 am - 8:00 am 3:00 pm - 4:00 pm
NOVEMBER 13 (Tuesday)	7th floor UH	7334, 7A	7:00 am - 8:00 am 3:00 pm - 4:00 pm
NOVEMBER 13 (Tuesday)	UHCC	4th floor, community room	11:30 am - 1:30 pm
NOVEMBER 13 (Tuesday)	Clark Tower- students only	1st floor, meeting room	5:00 pm - 5:30 pm
NOVEMBER 15 (Thursday)	Jacobsen Hall	Employee/Student Health, 404E	9:00 am - 11:00 am
NOVEMBER 19 (Monday)	1st floor, UH	1106	7:30 am - 10:00 am
NOVEMBER 29 (Thursday)	Weiskotten Hall	1st floor outside Medical Alumni Auditorium	7:30 am - 10:30 am
DECEMBER 6 (Thursday)	Jacobsen Hall	Employee/Student Health, 404E	9:00 am - 11:00 am
DECEMBER 11 (Tuesday)	PDC, Liverpool	staff lounge, 1st floor	8:00 am - 9:30 am

The vaccine should provide immunization against the following flu types:  
A/New Caledonia/20/99 A/Panama/2007/99 B/Victoria/504/2000

### CONTRAINDICATIONS

- 1) Individuals allergic to eggs of egg products.
- 2) Individuals sensitive to Thimerosal, an antiseptic.
- 3) Individuals with acute respiratory illness or other active illnesses or infections.
- 4) Individuals with active neurological disorders or history of Guillian-Barre syndrome.

**Note: If pregnancy is known or suspected, a note from the supervising health care provider will be required.**

For further information, please contact the Employee/Student Health Office at 464-4260.



# in perspective

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*This issue of Upstate Update introduces a series of clip and save articles designed to provide you with useable, accurate and timely information on topics related to the many aspects of terrorism. The articles are meant to place perspective on the vast amount of information you read and hear about in the media and to educate you on ways to keep healthy and safe. We are titling the series of articles "In Perspective."*

## Protocols for Handling Mail

*Courtesy of Upstate's Department of Public Safety and the Governor's Office of Employee Relations*

- Common sense and care should be used in inspecting and opening mail or packages.
- Examine unopened envelopes for foreign bodies or powder.
- Do not open letters with your hands, use a letter opener.
- Open letters and packages with a minimum of movement to avoid spilling any contents.

### What types of letter may be suspect:

- Any letter or package that has suspicious or threatening messages written on it.
- Letters with oil stains.
- Envelopes that are lopsided, rigid, bulky, discolored or have a strange odor.
- Envelopes with no return address.
- Unexpected envelopes from foreign countries.
- No postage or non-cancelled postage.
- Improper spelling of common names, places or titles.
- Show a city or state in the postmark that doesn't match the return address.

### For suspect envelopes:

- Do not open the envelope or package
- Leave it and evacuate the room.
- Keep others from entering.
- Notify your supervisor, who should call 911 or the local law enforcement authorities.

### For packages that are opened and that contain suspicious material:

- Do not panic.
- Anthrax organisms can cause skin infection, gastrointestinal infection or pulmonary infection. To do so, the organism must be rubbed into abraded skin, swallowed, or inhaled as a fine, aerosolized mist. It does not leap into one's body. All forms of disease are generally treatable with antibiotics.

### Contain the exposure:

- Close off the room (doors and windows). Do not allow anyone other than qualified emergency personnel to enter.
- Close the package or envelope to limit additional exposure. Do not clean up powder; keep others away.
- Do not touch your eyes, nose or any other part of your body.
- If possible wash your hands thoroughly with soap and water.
- If clothing is heavily contaminated, don't brush vigorously.
- If possible, close down the buildings heating/air conditioning/ventilation system.
- Make a list of all people who had actual contact with the powder for investigating authorities.

### Notify appropriate authorities:

Immediately contact:

- Campus Public Safety at 464-4000. Campus Public Safety will notify the Syracuse Fire Departments HazMat Unit, the Syracuse Police Department and the Federal Bureau of Investigation.
- If the incident occurs off campus call 911. Then call Campus Public Safety at 464-4000.

For more information contact the New York State Health Department, Bureau of Communicable Disease Control at 426-7628 (day); 518-465-9720 (after hours), CNY Poison Control Center at 315-476-4766.



## Health Connections' Link to the Community

University Hospital's Health Connections has added a new telephone hotline to its audio library in an effort to give Central New Yorkers the most timely and accurate medical information regarding biological agents. The hotline can be accessed 24 hours a day by calling Health Connections at 315-464-8668, press 1 then #2999 to hear a recorded message. To talk with a nurse, press the star key. Health Connections' nurses have been trained in domestic emergency preparedness and response by attending the U.S. Army and FBI courses. The first topic, created by the CNY Poison Control Center, Emergency Medicine and Health Connections, provides general information about anthrax (*see message on this page*).

## An Educational Message About Anthrax

*Courtesy of the CNY Poison Control Center, Emergency Medicine and Health Connections*

Anthrax is an acute infectious disease caused by a spore forming bacteria. It most commonly occurs in the wild, affecting animals but it can also occur in humans infected by animals or by biological warfare.

Anthrax infection can occur in three forms: skin (cutaneous), respiratory (inhalation) and gastrointestinal.

Symptoms vary depending on the three forms but usually occur within 7 days.

- *Cutaneous (skin) infection* begins as a raised itchy bump resembling an insect bite then progresses to a painless ulcer with a black center.
- *Intestinal* symptoms include nausea, vomiting, fever and abdominal pain.
- *Respiratory* symptoms resemble a common cold and after several days the symptoms become much more severe.

Anthrax is not contagious and cannot be passed from person to person. For suspected exposures, anthrax can be diagnosed by nasal swab and blood tests.

Anthrax treatment is possible with specific antibiotics. The rarest form, inhalational anthrax, is also the most dangerous and must be treated before symptoms develop.

It is not advisable to take antibiotics unnecessarily or unprescribed as you may become resistant to the antibiotic. Also, do not stockpile antibiotics because you may create a shortage in the event of a true crisis.

(For more specific information about anthrax, contact the CNY Poison Control Center at 315-476-4766).

## From the Advocates Office:

- Thomas Welch, MD, professor and chair of pediatrics at Upstate Medical University, will discuss the need for a children's center in Central New York at the Advocates Fall Membership Luncheon, Thursday, Nov. 1 at the Craftsman Inn in Fayetteville. The social begins at 11:30 a.m. with the luncheon and presentation to follow at noon. All Upstate individuals are welcome to attend. The fee is \$20 per person and the deadline for reservations is Monday, Oct. 29. For more information, contact the Advocates Office at 464-5610.



*Thomas R. Welch, MD*

- The Advocates will hold an Horizon Imports Fleece Sale, featuring a variety of winter outerware Thursday and Friday, Nov. 8 and 9 from 8 a.m. to 4 p.m. in the main lobby of University Hospital.

## Central New York Psychiatry in Primary Care Conference is Nov. 8

The "1st Central New York Psychiatry in Primary Care Conference" will be held Thursday, Nov. 8 from 8:30 a.m. to 4:30 p.m. at the Carousel Center/Skydeck.

The program covers How Antidepressants Work, Antidepressant Side Effects and How to Manage Them, Antidepressant Augmentation and Combination Therapy, Differential Diagnosis of Delirium, Dementia and Depression, Diagnosis and Treatment of Depression and Anxiety, and Post-traumatic Stress Disorder.

The fee is \$85 per person. A reduced rate of \$60 is available to full time and clinical faculty members of Upstate's Department of Psychiatry. Pre-registration is required; the deadline to register is Friday, Nov. 2. To register or for more information, contact Darlene Black at 315-464-3141 or e-mail [blackd@upstate.edu](mailto:blackd@upstate.edu)

## Unique cards bring holiday cheer...and support for a wonderful cause

### CARD SALE

**Friday, Nov. 2 & Wednesday, Nov. 7**

**10 a.m. - 2 p.m.**

**2nd floor of University Hospital outside the cafeteria.**

Brochures for this year's cards and sales of last year's cards will be available.



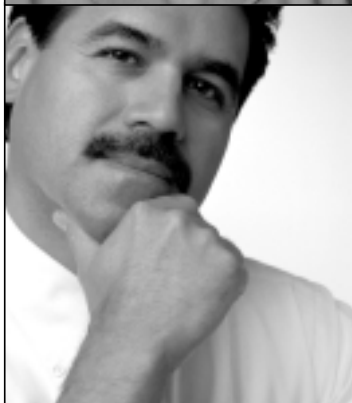
University Hospital's Center for Children's Cancer and Blood Disorders continues the tradition of selling beautiful Christmas cards designed by young patients, their family members and friends. Proceeds from the sale of the cards benefit the Center.

Brochures showing this year's selection of cards are available by contacting Mandy Trudell at 464-6133 or [trudella@upstate.edu](mailto:trudella@upstate.edu).

Your generosity made last year's card sales our best ever! Thank you for your continued support.

*This card was designed by Clarissa, age 9*

# Concerned about Diabetes?



**FREE**

## Community Diabetes Forum

**Wednesday, November 7th  
6-8:30 p.m.**

**Sheraton Syracuse University Hotel  
801 University Ave.**

The American Diabetes Association in conjunction with the Joslin Diabetes Center presents the Community Diabetes Forum on **Wednesday, November 7th from 6-8:30 at the University Sheraton Hotel. Free Parking and snacks will be provided.**

### Agenda

- 6-6:30 p.m. **Registration**
- 6:30-7 p.m. **Welcome & Awards Ceremony**
- 7-7:30 p.m. **Meal Planning in the New Millennium**  
Jody Kearns MA, RD, CDE, Nutrition Diabetes Educator, Joslin Diabetes Center
- 7:30-8 p.m. **Diabetes Update**  
Suzanne Meyer RN, CDE, Diabetes Educator, Nurse Manager, Joslin Diabetes Center
- 8-8:30 p.m. **Question and Answer**

**RSVP to the American Diabetes Association at 438-8687 ext: 3662  
by October 30, 2001**

*sponsored by*



**Joslin Diabetes Center**  
at Upstate Medical University



# in the spotlight...

SUNY Upstate Medical University

## Dr. Sheridan appointed to Council

Syracuse dentist Dr. Donald T. Sheridan has been appointed by New York Gov. George Pataki to the Upstate Medical University Council. Dr.



Dr. Donald T. Sheridan

Sheridan will serve until June 30, 2007. The Upstate Medical University Council is an advisory board to Upstate Medical University

President Gregory L. Eastwood, MD. Dr. Sheridan is a member of numerous professional organizations, and is a representative to the New York State Ethics Council.

## Dr. Eastwood assumes AHC leadership position

Upstate President Gregory L. Eastwood, MD was named the new chair of the board of directors of the Association of Academic Health Centers (AHC).

The AHC is a national, non-profit organization dedicated to improving the health of people by advancing the leadership of

academic health centers in health professions education, biomedical and health services research and health care delivery.

## Educational Communication relocates

Select units of the Department of Educational Communications have moved to the basement level of Weiskotten Hall's newly renovated south wing. The units are: Medical Illustration, Television and Technical Services, TeleConferencing and Distance Learning, Video and Multi-media Services, Instructional Development, and the main office which is located in Room 213. The telephone and fax numbers remain the same.

## Surgery raises \$100 for Komen Foundation

The Department of Surgery's secretarial and laboratory staff raised \$100 for the Susan G. Komen

Foundation for Breast Cancer by participating in the Lee National Denim Day, held Oct. 5. For a \$5 donation to the Susan G. Komen Foundation, the Department's research employees were able to wear jeans to work. To celebrate even further, the staff also held a pot-luck luncheon.

## Assist scholars from foreign countries

Faculty, administrative staff or graduate students are needed as volunteers for an hour each week to assist graduate students and research scholars from foreign countries to adjust to the fast pace of conversational English. The volunteers will also serve to promote and increase mutual understanding between the people of the United States and the people of other countries by means of educational and cultural exchange. For more information, call Mary Jo DiNuzzo at 464-5861.



Department of Surgery staff

Note: Contact the Human Resources Department for address corrections or to be deleted or added to the Update mailing list

## CMN Corporate Reception is Nov. 8

The Children's Miracle Network (CMN) will hold a corporate reception to recognize CMN business partners, Thursday, Nov. 8 from 4:30 to 6:30 p.m. in Weiskotten Hall. Rick Gary and Christie Casciano, WIXT NewsChannel 9 anchors will host the event. For more information, contact the CMN office at 464-4416.

## American Hockey League Season Tickets

Local Lions Clubs are now selling 2001 American Hockey League seasons tickets to the Syracuse Crunch games. The proceeds from the ticket sales will support the Lion's pledge to Upstate Medical University's Vision Care & Research Centers. If the Lions can sell 100 seasons tickets, the Crunch will donate \$10,000 to Upstate Medical University in the Lions' name. A seasons ticket for all 40 home games is \$480. Enjoy major local sports action while supporting our own world-renowned eye research team at Upstate. For more information or to purchase tickets, contact Lion Max Pepper at 478-7352.



**Upstate Update** is published by the Marketing and University Communications Department at SUNY Upstate Medical University. To submit news or calendar items, contact editor Doretta Royer, Rm. 205, 250 Harrison Center, 464-4836; email: royerd.

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