

U P S T A T E update

A publication
for the
SUNY Upstate
Medical University
Community

JUNE 20 THROUGH JULY 4, 2001

In the Calendar

**Obstetrics/Gynecology
Grand Rounds. 6/22. 7:30 a.m.
Marley Education Center.**
See Update Calendar Inside.

Take Note

Dr. Roizen's office in Weiskotten Hall

The office of Michael Roizen, MD is located in 1257 Weiskotten Hall. The office telephone number is 464-1257, fax number is 464-9721. Dr. Roizen's appointment as Upstate Medical University's dean of the College of Medicine and vice-president for biomedical sciences becomes effective July 1.

On site registration for Chase Corporate Challenge

The Chase Corporate Challenge will be held Tuesday, Aug. 7 at 6:25 p.m. at the Onondaga Lake Parkway. Upstate Medical University will hold an on-site registration Thursday, June 21 and Wednesday, July 18 from 11 a.m. to 1:30 p.m. in the second floor lobby of University Hospital. For more information, call Mary at 464-4836 (Emanuelm@upstate.edu).

Home monitoring and telemedicine shows promise in lowering blood pressure, finds SUNY Upstate study

Patients who monitored their blood pressure from home with automatic transmission of this information to their doctors were able to lower their blood pressure while those who were treated for hypertension under usual care saw their blood pressure worsen, according to a study by researchers at the State University of New York Upstate Medical University.

The study, published in the June 5 issue of the *Annals of Internal Medicine*, suggests the use of telecommunication systems in assessing and improving blood pressure in patients with hypertension may be worthwhile.

"The routine monitoring of blood pressure levels and the automatic dissemination of the information to the physicians in a timely manner enabled these patients to have their condition evaluated regularly by a physician," said the study's lead author, Mary A. M. Rogers, Ph.D., associate professor of epidemiology at Upstate Medical University. "When physicians saw elevated blood

pressure readings, they were able to call patients to make adjustments to medications or arrange an office visit."

In patients who received home care service, the mean systolic blood pressure decreased by 4.9 mm Hg while the mean diastolic blood pressure dropped by 2.0 mm Hg. Patients who received usual care noted a decrease of 0.1 mm Hg in the mean systolic blood pressure, but an increase of 2.1 mm Hg in mean diastolic blood pressure.

The change in blood pressure readings was particularly significant in African American patients. For those receiving home care, average arterial blood pressure decreased by 9.6 mm Hg, while average arterial blood pressure increased by 5.25 mm Hg in those receiving usual care.

Patients in the randomized control trial who used the home monitoring service took three blood pressure readings in the mornings and evenings at least three times a week during the trial. Reports

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CMN Campaign raises \$882,987

This year's CNY Children's Miracle Network (CMN) campaign raised \$882,987, exceeding last year's total of \$788,821.

The June 3 Children's Miracle Network Broadcast was presented live from the WIXT News Channel 9 studios, University Hospital and the Wyndham Syracuse, where Kiwanis Clubs of Central New York once again presented a CMN Pancake Breakfast for the third year in a row. This year's pancake breakfast was co-sponsored by University Hospital's Pediatric Cardiology Group and the Wyndham Syracuse.

McLane Northeast contributed \$107,000 to this year's campaign. Since McLane's first involvement with CMN in 1988, the company and its vendors have raised more than \$1 million.

Other major sponsors of this year's CMN campaign include Wal-Mart, Niagara Mohawk and Solvay Bank. Proceeds from the CMN fundraising event "Little Gifts for Life Auction," held this past May, raised \$207,000; the Paige's Butterfly Fun Run and Walk raised \$34,000 (up from last year's total of \$23,000); and the Miracle Motorcycle Ride raised \$28,544. Proceeds from the Paige Butterfly event benefit University Hospital's Center for Children's

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calendar

Wednesday, June 20

Uniform Sale. 5 a.m. to 5 p.m. University Hospital, second floor lobby. Call 464-4416 for more information.

Anesthesiology Grand Rounds. 7 a.m. Wsk. Hall, Medical Alumni Aud.

Surgical Grand Rounds. “Mechanism of Neutrophil Trafficking in Lungs: Role in ARDS. Presenter: Asrar B. Malik, MD, University of Illinois College of Medicine. 8 to 9 a.m. Wsk. Hall, Rm. 103.

Pediatric Grand Rounds. “Accident or Abuse.” Presenter: Ann Botash, MD, Upstate Medical University. 9:15 a.m. University Hospital, Rm. 6500.

Health Sciences Library Tour. Noon. Meet at New Book area. Call 464-7192 for more information.

Neurology/Neurosurgery Grand Rounds. Topic: Neurosurgery. 4 p.m. University Hospital, Rm. 6500.

Thursday, June 21

Medical Grand Rounds. “Opsonins for Dying Cells and Their Role in

Programming the Immune Response.” Presenter: Keith B. Elkon, MD, Weill Medical College of Cornell. 8:30 a.m. Wsk. Hall, Rm. 1159.

Urology Grand Rounds. “Prostate Brachytherapy - What Constitutes a Good Implant.” Presenter: Nelson Stone, MD, Mt. Sinai School of Medicine. 9 to 10 a.m. University Hospital, Rm. 6500.

Corporate Challenge On-Site Registration. 11 a.m. to 1:30 p.m. University Hospital, second floor lobby.

Department of Psychiatry Graduation. 12:30 to 2 p.m. PBS Building, 713 Harrison St.

Friday, June 22

Obstetrics/Gynecology Grand Rounds. “New Contraceptive Options.” Presenter: Lee P. Shulman, MD, University of Illinois at Chicago. 7:30 a.m. Marley Education Ctr., Sulzle Aud.

Monday, June 25

Childbirth Education Class. 2 to 4 p.m. Women’s Health Services, UHCC, third floor. Call 464-2169 to register.

UUP Defensive Driving Course. 4:30 to 7:30 p.m. University Hospital, Rm. 6500. Call 464-6134 for more information.

Tuesday, June 26

Breastfeeding Class. 3 to 4:30 p.m. Women’s Health Services, UHCC, third floor. Call 464-2169 to register.

Wednesday, June 27

Anesthesiology Grand Rounds. 7 a.m. Wsk. Hall, Medical Alumni Aud.

Health Sciences Library Tour. Noon. Meet at New Book area. Call 464-7192 for more information.

Thursday, June 28

Videoconference. “Geriatric Pain Assessment and Management.” 1:30 to 3:30 p.m. Wsk. Hall, Rm. 103.

Friday, June 29

Workshop. “MEDLINE on the WEB.” 11 a.m. to noon. Health Sciences Library, meet at the reference desk. Call 464-4581 to register.

Obstetrics/Gynecology Grand Rounds. “New Frontiers in Hirsutism.” Presenter: Daniel W. Levine, MD, Upstate

Medical University. 7:30 a.m. Marley Education Ctr., Sulzle Aud.

Monday, July 2

Childbirth Education Class. See 6/25 Calendar listing.

Tuesday, July 3

Breastfeeding Class. See 6/26 Calendar listing.

Thursday, July 5

Medical Grand Rounds. Discussant: David Duggan, MD, Upstate Medical University. 8:30 a.m. Wsk. Hall, Rm. 1159.

Urology Grand Rounds. “Prostate Brachytherapy - What Constitutes a Good Implant.” Presenter: Nelson Stone, MD, Mt. Sinai School of Medicine. 9 to 10 a.m. University Hospital, Rm. 6500.

Friday, July 6

Obstetrics/Gynecology Grand Rounds. 7:30 a.m. Marley Education Ctr., Sulzle Aud.

Blood Pressure *continued from page 1*

detailing blood pressure and heart rate information were transmitted electronically each week to physicians and patients. Patients in the study group being treated under usual care had their blood pressure monitored according to the National Institutes of Health guidelines for hypertension treatment which indicate that patients be seen by their physician within in one to two months after medication adjustment.

“Accurate and timely information provides an essential cornerstone for the provision of quality medical care,” Rogers said. “It is important that technological advances that assist the physician in obtaining this information be tested—and if found efficacious—become available.”

The intervention used in the study, the Welch Allyn Blood Pressure Monitoring Service, included a table-top device with digital display for blood pressure and pulse, and used automatic pressurization and exhaust for cuff inflation and deflation. The device automatically dialed a service center and transmitted the information, which was then faxed to physicians and patients on a weekly basis. Welch Allyn funded the study, but did not participate in its design, data analysis, or publication of the findings.

In addition to Rogers the following SUNY Upstate faculty were members of the research team: David Small, M.D.; Debra Buchan, M.D.; Carl A. Butch, M.D.; Christine Stewart; Barbara Krenzer, M.D.; and Harold Husovsky.

College of Nursing to offer two new programs

Faculty in the College of Nursing announce the approval of two new programs for Fall 2001.

The Post Master's Certificate in Nursing Education is a three semester sequence (nine credits) of courses preparing nurses with a master's degree in nursing for positions in education—classroom, patient education, diabetic educator to name a few.

The Post Master's Certificate for the Medical Surgical Clinical Nurse Specialist is a four semester sequence (18 credits, minimum) of courses preparing advanced practice nurses for a role change. Contact Barbara Black at the College of Nursing (464-4276) for more information or application forms.

Geriatric Pain is topic of videoconference June 28

“Geriatric Pain Assessment and Management Videoconference,” will be presented by The University of Vermont Continuing Education office, Thursday, June 28 from 1:30 to 3:30 p.m. In 103 Weiskotten Hall.

The videoconference will cover the 12 key requirements in the new standards; the importance of these standards to the quality of care and patient relief; organizational change issues - systems and people challenges; and the cost of uncontrolled pain for healthcare systems and for patients. For more information visit the training web site at <http://www.upstate.edu/hr/train> or contact Barb Riggall at 464-4964.

CMN Campaign *continued from page 1*

Cancer and Blood Disorders and the Paige Yeomans Arnold Memorial Scholarship Fund at Baker High School in Baldwinsville.

Included in the final tally was \$32,000 in cash and pledges raised during the broadcast. Nationally, CMN raised more than \$229 million for pediatric patients around the world.

The CMN is presented locally by the Upstate Medical University Foundation and WIXT News Channel 9. Clear Channel's B104 and WSYR radio served as the promotional sponsors of this year's campaign.

(Note: See related CMN articles on back cover)

Upstate Update will carry a series of articles to assist hospital personnel in preparing for the upcoming visit by JCAHO surveyors. Continuum of Care is the second article the series.

What is the Continuum of Care?

The Continuum of Care Department at University Hospital encompasses centralized case management, utilization review, and social work services, and patient education coordination for the hospital. Case managers and social workers together conduct the majority of discharge planning for patients being discharged or transferred from the hospital to home with services or to another facility. The JCAHO Continuum of Care Standards are not met solely by the Continuum of Care Department. Each care unit or setting, health care practitioner, health service, and level of care should provide for communication and coordination with other settings, services, and levels to ensure the maximum possible continuity in meeting the patient's identified health care needs. JCAHO Continuum of Care Standards define what is expected in terms of communication, coordination, and providing for the continuity of care from before admission, through the provision of service, and at discharge from any care setting.

The keys to meeting these standards are the following:

- Use available information sources about the patient's needs and communicate with other care settings, providers, and/or organizations before the patient is admitted or during admission and document in the patient's record. Obtain copies of relevant clinical information from other health care providers and include in the patient's medical record. Define what information is needed for your setting and develop routine procedures (requests for old records, patient self-assessments, etc.) to acquire the information.

- Appropriately screen and assess patients to ensure that patient needs are identified, the patient's needs are matched to the appropriate setting, the patient meets the criteria for admission for the particular setting identified (as outlined in the plan of care for that setting), and that the setting has the ability to provide the needed services. Ensure that patients are referred to alternate services if they do not meet criteria for admission or entry into the setting.

- Inform the patient and family regarding the proposed care and treatment plan and the costs of that care during the entry/ screening/admission process and throughout the episode of care. Inform the patient as early as possible regarding the anticipated discharge and need for discharge planning or transfer to another facility or level of care.

- Ensure that care is coordinated among all providers of care during a particular episode of care. Documentation in the medical record should clearly show evidence of multidisciplinary care and communication in assessing, managing, and discharging the patient.

- Continue to provide medically necessary care and support until a safe discharge plan is identified despite recommendations from external entities (i.e. third party payers).

- Make a comprehensive plan for the patient's discharge that includes meeting the patient's identified physical, emotional, symptom management, house-keeping, transportation, social, and other needs.

- Transmit appropriate patient information to providers who will be continuing care for the patient after discharge.

in the spotlight...

SUNY Upstate Medical University



Photographed from left: Christopher Mollema, Dhananjay Vaidya and Matthew McLean

Three students receive Chancellor's Awards

Christopher Mollema, Dhananjay Vaidya and Matthew McLean have received Chancellor's Awards for Student Excellence for their success in combining outstanding academic achievements and a record of contributions to the university community. The students, who graduated from Upstate in May, accepted their awards from SUNY Chancellor Robert King at a ceremony held at the Empire State Convention Center in Albany. Mollema graduated from the College of Health Profession's Medical Technology Program; Vaidya graduated from the College of Graduate Studies' PhD Program; and McLean graduated from the College of Medicine's MD/PhD Program.

Children's Miracle Network News

•The Children's Miracle Network (CMN) allocations committee will mail request forms for CMN funding on Monday, July 2. Proposals for funding must be received by the CMN office no later than Sept. 18. Approved funds will be awarded in Jan. of 2002. Contact Toni Gary in the CMN office at 464-4264 for more information.

•CMN staff thanks members of the CMN Miracle Ride committee, committee chair Paul Altieri, sponsors and everyone who attended the Miracle Ride. The event raised \$28,544 for CMN.

•Special thanks to students from HW Smith Elementary School who created illustrations which appeared on a series of bookmarks that are being used to raise funds for the CMN.



The artists are (front row): Edward Traver, Jameel Balenton, Vicente Donoso, Quany Phan. (Center): Grace Bradshaw, Jung Hoon Choi, Elizabeth Bradshaw, Mylien Phan. (Back Row) Justin Callahan, Chad Healy, Neil Damron, Rylah Orr. Pictured separately: Dajung Kim.

Note: Contact the Human Resources Department for address corrections or to be deleted or added to the Update mailing list

Sarah-Lee Cleveland, CSW named EAP coordinator

Sarah-Lee Cleveland, CSW has been named coordinator for Upstate Medical University's Employee Assistance Program (EAP). Cleveland has served Upstate as a medical social worker for University Hospital since January of 1991. Her appointments by the medical board included the Hospital Ethics Committee and Domestic Violence Educator. Prior to University Hospital, Cleveland was director of Enriched Resources for Independent Elderly, Inc.

Upstate's EAP is a confidential, free, support and referral service for Upstate employees and their families. The EAP office is located in Jacobsen Hall, Room 412. The EAP telephone number is 464-5760.

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Upstate Update is published by the Marketing and University Communications Department at SUNY Upstate Medical University. To submit news or calendar items, contact editor Doretta Royer, Rm. 205, 250 Harrison Center, 464-4836; email: royerd.

Printed by Upstate Medical University Duplicating and Printing Services.

Submission deadline for the 7/4-7/18 issue is Monday, June 25, 2001.