

U P S T A T E update

A publication
for the
SUNY Upstate
Medical University
Community

MARCH 14 THROUGH MARCH 28, 2001

In the Calendar

Let's Not Meet by Accident.

Visiting School: Manlius
Pebble Hill Driving School. 3/24.
9 to 11:30 a.m. University
Hospital, Emergency Department.

See *Upstate Calendar* inside.

Take Note

Reminder about the President's Awards

Nominations for the
President's Awards for 2001 are
due in the Office of the Vice
Provost (Weiskotten Hall Room
1109) no later than Sunday, April 1.
Nomination forms in the
following categories are available
in the Vice Provost Office (464-
4520): Advancement of Affirmative
Action, Excellence in Library
Science, Excellence in Professional
Service, Excellence in Faculty
Service, Excellence and Leadership
in Research, Excellence in
Research by a Young Investigator,
Excellence in Teaching and
Outstanding Voluntary Faculty.

SUNY Upstate Medical University to participate in national depression study

A therapy proven
successful in controlling
epilepsy is being tested at
SUNY Upstate Medical
University as a possible
breakthrough therapy
for treatment-resistant
depression.

SUNY Upstate is one
of 20 sites nationwide to
participate in this FDA
approved three-year study
of Vagus Nerve Stimulation
(VNS) as a treatment for
depression. Thomas
Schwartz, MD, assistant
professor of psychiatry at
Upstate Medical University,
serves as the principal
investigator. The study is
funded by Cyberonics Inc.

"Findings from previous
mood studies conducted at
the University of Texas
Southwestern Medical
Center, the Medical
University of South
Carolina, the Columbia
College of Physicians and
Surgeons and Baylor College
of Medicine, indicate that
the use of VNS therapy is
viable in controlling
depression in people who
are treatment-resistant,"
said Dr. Schwartz.

"Should our collective
findings in this pivotal study
coincide with theirs, then
Cyberonics will have the
evidence needed to convince
the FDA, psychiatrists, pay-
ers and patients and their
families that VNS is a safe
and effective treatment for
some 1.2 million Americans
suffering from treatment-
resistant depression," said
Dr. Schwartz.

Vagus Nerve
Stimulation (VNS) involves
mild electrical pulses that
are given to the vagus nerve
in the neck which are in
turn believed to regulate
the function or activities of
chemicals used by brain
cells to communicate. VNS
therapy is delivered by the
Cyberonics' NeuroCybernetic
Prosthesis (NCP) System,
an implantable medical
device similar to a cardiac
pacemaker.

A stopwatch-sized
generator is implanted in
the left chest and a nerve
stimulation electrode is
attached to the vagus nerve
in the neck in a one hour
procedure typically per-

continued on page 11

Arnold Palmer to participate in Skins Game June 18

Arnold Palmer, one of
the most popular and suc-
cessful golfers of all time,
will participate in the 3rd
Annual Skins Game, an
activity of the Upstate
Medical University
Foundation Inc., Monday,
June 18 at Lafayette Golf &
Country Club in Jamesville.

Palmer will join PGA
Tour veterans Peter Jacobsen
and Chip Beck, and LPGA
Tour player Sally Dee.

"Arnold Palmer is one
of the most popular figures
not only in golf, but in all
of sports," said Eileen Pezzi,
vice president of develop-
ment at SUNY Upstate and
executive director of the
Upstate Medical University
Foundation at Syracuse Inc.

"To have his participation
continued on page 11



Arnold Palmer

calendar

Wednesday, March 14

Anesthesiology Grand Rounds. 7 a.m. Wsk. Hall, Medical Alumni Aud. Otolaryngology and Communication Sciences Grand Rounds. 7 to 8 a.m. University Hospital, Rm. 6500.

Surgical Grand Rounds. "Prosthetic Heart Valves." Presenter: Berkeley Brandt, III, Upstate Medical University. 8 to 9 a.m. Wsk. Hall, Rm. 103.

Pediatric Grand Rounds. "Perinatal Substance Abuse." Presenter: Richard Aubry, MD, Upstate Medical University; G. Richard Kinsella, Syracuse Brick House; Linda Vincent, RN, Crouse Hospital. 9:15 a.m. University Hospital, Rm. 6500.

Emergency Medicine Grand Rounds. "DVT-Interventional Management Techniques". Presenter: Kenneth D. Murphy, MD, Upstate Medical University. 11 a.m. to noon. Health Sciences Library, Rm. 318.

Health Sciences Library Tour. Noon. Meet at New Book area. Call 464-7192 for more information.

Neurosciences Grand Rounds. "Abnormal Cytokine Responses in "Demyelinating Disease." Presenter: Paul Massa, PhD, Upstate Medical University. 4 p.m. University Hospital, Rm. 6500.

Combined Infectious Diseases Conference. 4 p.m. University Hospital, Rm. 4505. "Treatment Options for Syphilis." Presenter: Shelley Gilroy, MD, Upstate Medical University.

Hatha Yoga Class. 5 to 6 p.m. University Hospital, Cognitive Therapy Rm. Call 464-4034

for more information.

Mini Medical School. 7 to 9:15 p.m. Wsk. Hall, Medical Alumni Aud. Registration is required.

Nursing and Health Professions Alumni Phonathon. Dinner and Training: 5:30 to 6:30 p.m. Calling: 6:30 to 8:30 p.m. C.A.B., Rm. 301.

Thursday, March 15

Medical Grand Rounds. "Thrombosis in Pregnancy." Presenter: Patrick Brill-Edwards, MD, Boston University. 8:30 a.m. Wsk. Hall, Rm. 1159.

Urology Grand Rounds. 9 to 10 a.m. University Hospital. Rm. 6500.

Psychiatry Faculty Meeting. Noon to 1:45 p.m. PBS Bldg., Rm. 338.

Friday, March 16

Obstetrics/Gynecology Grand Rounds. "Physician Impairment: Can It Happen to Me or a Colleague?" Presenter: Terrance Bedient, CHE, Medical Society of NYS. 7:30 a.m. Marley Education Building, Sulzle Aud.

Campus Blood Drive. 11:30 a.m. to 4:30 p.m. C.A.B., East/West Lounges. Call 464-8668 to schedule an appointment.

Monday, March 19

Childbirth Education Class. 2 to 4 p.m. Women's Health Services, UHCC, third floor. Call 464-2169 to register.

Hatha Yoga Class. 5 to 6 p.m. University Hospital, Physical Therapy Gym, 2N, University Hospital. Call 464-4034 for more information.

Nursing and Health Professions Alumni Phonathon. See 3/14 Calendar listing.

Tuesday, March 20

Auxiliary Book Fair. 10 a.m. to 4 p.m. University Hospital, second floor lobby.

Let's Not Meet by Accident. Visiting School: Jamesville DeWitt High School. 9 to 11:30 a.m. University Hospital, Emergency Department.

Breastfeeding Class. 3 to 4:30 p.m. Women's Health Services, UHCC, third floor. Call 464-2169 to register.

Nursing and Health Professions Alumni Phonathon. See 3/14 Calendar listing.

Wednesday, March 21

Anesthesiology Grand Rounds. 7 a.m. Wsk. Hall, Medical Alumni Aud.

Otolaryngology and Communication Sciences Grand Rounds. 7 to 8 a.m. University Hospital, Rm. 6500.

Surgical Grand Rounds. Presenter: Tae Kim, MD, Upstate Medical University. 8 to 9 a.m. Wsk. Hall, Rm. 103.

Pediatric Grand Rounds. "Pediatrician's Role in Dental Health." Presenter: Jerome M. Laffer, DMD, PC, St. Joseph's Hospital Health Center. 9:15 a.m. University Hospital, Rm. 6500.

Auxiliary Book Fair. 9 a.m. to 6:30 p.m. University Hospital, second floor lobby.

American Heart Run/Walk Registration. 11 a.m. To 4 p.m. University Hospital, second floor lobby.

Health Sciences Library Tour. See 3/14 Calendar listing.

Neurology/Neurosurgery Grand Rounds. Topic: Neurosurgery. 4 p.m. University Hospital, Rm. 6500.

Combined Infectious Diseases Conference. 4 p.m. University Hospital, Rm. 4505.

Hatha Yoga Class. See 3/14 Calendar listing.

Mini Medical School. See 3/14 Calendar listing.

Nursing and Health Professions Alumni Phonathon. See 3/14 Calendar listing.

Thursday, March 22

Joint Meeting: "Public Affairs Network for Schools and Colleges of Optometry." Hyatt Regency Embarcadero Center, San Francisco.

Medical Grand Rounds. "Non-Invasive in vivo Raman Spectroscopy of Human Blood." Presenter: Paul Knudson, MD, Upstate Medical University. 8:30 a.m. Wsk. Hall, Rm. 1159.

Auxiliary Book Fair. 9 a.m. to 6:30 p.m. University Hospital, second floor lobby.

Urology Grand Rounds. 9 to 10 a.m. University Hospital. Rm. 6500.

Psychiatry Grand Rounds. "The Importance of the Social History Interview." Presenters: Thomas Schwartz, MD and Geoffrey Hopkins, MD, Upstate Medical University. 12:30 to 2 p.m. PBS Building.

Central New York Poison Control Center Open House and Tour. 10 a.m. to noon. 550 East Genesee Street.

NPA Medical Alliance Grand Rounds. "STDS." Presenter: Jeffrey Gilbert, MD, Upstate Medical University. 3 to 5 p.m. University Hospital, Rm. 6500.

Friday, March 23

Joint Meeting "Public Affairs Network for Schools and Colleges of Optometry.

See 3/22 Calendar listing.

Obstetrics/Gynecology Grand Rounds. "Diagnosis and Treatment of STDS."

Presenter: Jeffrey Gilbert, MD, Albert Einstein College of Medicine. 7:30 a.m. Marley Education Building, Sulzle Aud.

8th Annual Sports Medicine Symposium. OnCenter.

Presented by Upstate's Departments of Orthopedic Surgery and Physical Medicine and Rehabilitation.

Auxiliary Book Fair. 7 a.m. to 4 p.m. University Hospital, second floor lobby.

Biomedical Sciences Seminar.

"From Yeast to Mouse: In Search of the Molecular Basis for Batten Disease." Presenter: David Pearce, Ph.D., University of Rochester, School of Medicine. Noon. Wsk. Hall, Rm. 3103. Sponsored by Program in Cell and Molecular Biology.

Saturday, March 24

Health Careers Open House.

8:45 a.m. to noon. Wsk. Hall.

Joint Meeting "Public Affairs Network for Schools and Colleges of Optometry. See 3/22 Calendar listing.

Let's Not Meet by Accident.

Visiting School: Manlius Pebble Hill Driving School. 9 to 11:30 a.m. University Hospital, Emergency Department.

Monday, March 26

Childbirth Education Class. See 3/19 Calendar listing.

Hatha Yoga Class. See 3/19 Calendar listing.

Tuesday, March 27

Let's Not Meet by Accident.

Visiting School: Red Creek Drivers Education. 9 to 11:30 a.m. University Hospital, Emergency Department.

Breastfeeding Class. See 3/20 Calendar listing.

Free Diabetes Screening. 7:30 a.m. to 3 p.m. Joslin Diabetes Center, 90 Presidential Plaza. Call 464-8668 for more information.

Wednesday, March 28

Conference. "Emergency Medicine for the 21 Century."

7:30 a.m. to 5 p.m. Onondaga County Convention Center at the OnCenter.

Anesthesiology Grand Rounds. 7 a.m. Wsk. Hall, Medical Alumni Aud.

Otolaryngology and Communication Sciences Grand Rounds. 7 to 8 a.m.

University Hospital, Rm. 6500.

Surgical Grand Rounds.

"Surgical Treatment of Atrial Dysrhythmias in Patients with Congenital Heart Disease." Presenter: Ralph Mosca, MD, Columbia Presbyterian Medical Center. 8 to 9 a.m. Wsk. Hall, Rm. 103.

Pediatric Grand Rounds.

"Neurofibromatosis: We Have a Gene and a Target." Presenter: Ronald Dubowy, MD, Upstate Medical University. 9:15 a.m. University Hospital, Rm. 6500.

Health Sciences Library Tour.

See 3/14 Calendar listing.

Neurology/Neurosurgery Grand Rounds. Topic: Neurology. 4 p.m. University Hospital, Rm. 6500.

Combined Infectious Diseases Conference. 4 p.m. University Hospital, Rm. 4505.

Hatha Yoga Class. See 3/14 Calendar listing.

Mini Medical School. See 3/14 Calendar listing.

Thursday, March 29

Medical Grand Rounds.

Discussant: James Turchik, MD, Upstate Medical University. 8:30 a.m. Wsk. Hall, Rm. 1159.

Urology Grand Rounds. 9 to 10 a.m. University Hospital. Rm. 6500.

Conference. "Translation Research Program: Bridging the Gap." Noon to 5 p.m. Sheraton University Hotel and Conference Center. Call 464-5476 for more information.

Psychiatry Grand Rounds.

"Psychogenic Vomiting." Presenters: Robert Gregory, MD and Ahmad Hameed, MD, Upstate Medical University. 12:30 to 2 p.m. PBS Bldg.

Friday, March 30

Frederick B. Parker, MD Teaching Day in Cardiothoracic Surgery.

9 am to 4 pm. Wsk. Hall, Medical Alumni Aud.

Obstetrics/Gynecology Grand Rounds. "Heritable Coagulopathies in Pregnancy: Two Case Presentations." Presenter: Aparna Eligeti, MD, Upstate Medical University. 7:30 a.m. Marley Education Building, Sulzle Aud.

Workshop. "MEDLINE on the WEB." 11 a.m. To noon. Health Sciences Library, meet at the Reference Desk. Call 464-4581 to register.

Lecture. "Asthma." Presenter: Mary Smith RRT, Lung Association of Central New York. Noon to 1 p.m. Wsk. Hall, Rm. 5301. Registration is required. Call 464-5580 for more information.

American Heart Health Expo.

1 to 7 p.m. Shoppingtown Mall, DeWitt.

Little Gifts for Life Dinner and Auction.

Patron Preview Party: 6 p.m. Silent Auction: 7 p.m. Dinner and a live auction: 8 p.m. OnCenter Ballroom.

Saturday, March 31

American Heart Walk/Run.

7:45 to 11:30 a.m. ShoppingTown Mall, DeWitt.



Sports Medicine Symposium scheduled March 23

The 8th Annual Sports Medicine Symposium will be held Friday, March 23 at the OnCenter. The conference is co-sponsored by Upstate's Sports Medicine Division of the Department of Orthopedic Surgery and the Department of Physical Medicine and Rehabilitation. Current topics in sports medicine with emphasis on injury prevention will be presented.

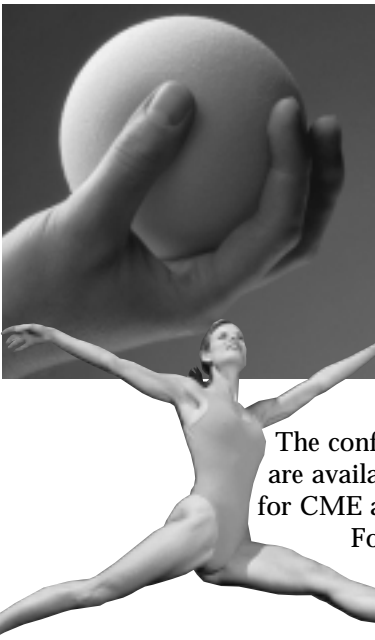
Upstate faculty include: Dwight Webster, MD; Tamara Scerpella, MD; and David Boyland, PT, ATC.

Guest lecturers include Dr. Don Brady, a local psychologist; Dr. Julie Dodds, a sports medicine specialist from Michigan State University; podiatrist Dr. Edward Glaser; and physical therapist David McCune. Marc Pietropaoli, MD of Auburn Orthopedic Specialists and Mike Hope, PT of Summitt Physical Therapy will also present sessions.

Afternoon sessions are dedicated to hands-on workshops.

The conference fee is \$80. Student fees are available. This conference is approved for CME and NATA credits.

For more information, call S.Elizabeth Burleigh at 464-4600 or email burleise@upstate.edu.



Teaching Day to honor Frederick B. Parker, Jr., MD, March 30

The Frederick B. Parker, Jr., MD, Teaching Day in Cardiothoracic Surgery will honor long-time surgery professor and chair Dr. Frederick Parker for his outstanding care and service to patients.



Frederick B. Parker, Jr., MD

Central New Yorkers are invited to this program to be held Friday, March 30 from 9 a.m. to 4 p.m. in the Medical Alumni Auditorium of Weiskotten Hall. Registration is not required.

Watts R. Webb, MD, clinical professor of surgery at Louisiana State University Health Science Center and former chair of Upstate's Department of Surgery, will deliver the keynote address.

Teaching Day topics include: coronary heart disease; the role of aortic root enlargement; coronary ischemia in hypoplastic left heart syndrome; PET scanning in diagnosis and evaluation of lung cancer; an overview of the Northern New England Cardiovascular Disease Study Group - when cardiac surgeons work together, patient care benefits; thoracic transplantation in children; and primary tumor in stage IV disease.

Leslie J. Kohman, MD, professor of surgery at Upstate Medical University, will moderate the program. Noted surgeons from across the nation and an Upstate Medical University ethicist will deliver the presentations.

Dr. Parker is widely known and respected for his work in thoracic surgery. He joined the Upstate faculty in 1971 and has since held several leadership positions within the campus and greater Central New York communities. He has held the position of chair of the Department of Surgery at Upstate since 1990.


To learn more about the program, contact Kathy Kelly at 464-5549.

Poison Control Center Open House and Tour March 22

The Central New York Poison Control Center (CNYPCC) will hold an Open House and Tour Thursday, March 22 from 10 a.m. to noon at the Center's 550 East Genesee Street location. Everyone is welcome to attend.



The Joslin Diabetes Center will offer FREE diabetes screenings, Tuesday, March 27 from 7:30 a.m. to 3 p.m. at the Joslin's 90 Presidential Plaza location. For more information, call Health Connections at 464-8668.

Don't forget
to... 

...register for the Heart Walk

Registration 

SUNY Upstate on-site registration

Date: Wednesday, March 21st

Time: 11 a.m. to 4 p.m.

Place: Second floor lobby,
University Hospital

To register: • **Bring completed registration form***
* Forms are available at Hospital Information Desk

• **\$25 minimum entry fee (per person)**

• **You must register on or before
March 15th to receive a free t-shirt.**

T-Shirts: Everyone who registered by 2/27 must pick up their shirts at registration on March 21st. If you did not register by 2/27, you will receive a t-shirt **but shirts may not be available until after the event and sizes may be limited.**

For more information, e-mail @ richerj or call Jennifer at 4-4845.

Event 

American Heart Walk

Date: Saturday, March 31

Place: Shoppingtown Mall, Dewitt

Time: **5K Walk** Indoor 8:45 a.m.
Outdoor 9:30 a.m.

8K Walk Outdoor 9:00 a.m.

5K Run Outdoor 8:20 a.m.

8K Run Outdoor 8:10 a.m.

15K Run Outdoor 8:00 a.m.

All runners and walkers should meet outside the mall in the parking lot directly across from Kaufmann's garage (Kinne road side) for the Upstate Medical University team picture at the following times:

10:00 am – Runners 10:45 am – Walkers

American Heart Health Expo March 30

Be sure to visit the American Heart Health Expo, Friday, March 30 from 1 to 7 p.m. in ShoppingTown Mall, DeWitt. Upstate Medical University will be represented by the Health Information Center; Joslin Diabetes Center; the outpatient services at the University Health Care Center; the Colleges of Medicine, Health Professions, Nursing, Graduate Studies; and OASIS.

Miracle Ride to benefit Children's Miracle Network

Order your registration form and begin collecting sponsors for the 7th Annual CNY Children's Miracle Network Miracle Motorcycle Ride, to be held Sunday, May 20 beginning 10 a.m at the Spinning Wheel Restaurant & Tavern in North Syracuse.

The Miracle Ride committee will hold a raffle drawing for a child's battery-operated motorcycle valued at \$299. Tickets are \$1 each or 6 for \$5.

To purchase raffle tickets or to obtain a Miracle Ride registration form, contact Cassandra Rucker at 464-4416 or ruckerc@upstate.edu

Asthma is topic of free lecture March 30

Asthma is the topic of a free lecture by Mary Smith RRT, Regional Asthma Coalition coordinator for the Lung Association of Central New York, Friday, March 30 from noon to 1 p.m. in Room 5301 Weiskotten Hall. Smith will provide an overall view of asthma, including levels, trigger mechanisms, and symptoms. A question and answer period will follow. The program is intended for persons with asthma, their family mem-

bers, or others who require more information about the disorder.

The lecture is sponsored by the Department of Cardiorespiratory Sciences, College of Health Professions, in conjunction with the Regional Asthma Coalition Lung Association of Central New York. Registration is required; to register, call the Department of Cardiorespiratory Sciences at the College of Health Professions, 464-5580.

***Vitality!* Institute for Human Performance to launch targeted fitness programs**

The Institute for Human Performance (IHP) of Upstate Medical University is launching a series of targeted fitness programs to improve the health of special populations and support the development of funded research programs. In their entirety, these programs will be called *Vitality!* The first targeted groups will be people with arthritis and multiple sclerosis.

Collaborative Partnerships

Together with the Arthritis Foundation, the IHP will sponsor programs to improve the strength, endurance and cardiovascular fitness of people with arthritis.

The program for those with multiple sclerosis will be co-sponsored by the IHP, Multiple Sclerosis Resources of Central New York and the Upstate Chapter of the National Multiple Sclerosis Society. These programs have been developed using national guidelines prescribing exercise and activity for specific populations.

Upstate Medical University physicians who specialize in care for patients with each condition will provide medical oversight for these programs.

Individualized Attention

Carol Sames, MS, fitness supervisor for the IHP, is helping to develop these programs which will be tailored to accommodate each participant's goals, special needs, and the recommendations of their physician. The programs will assist participants in improving their physical condition and quality of life. The IHP's extensive facilities will be used in these programs, including an adjustable depth 25 meter pool that is accessible for people with mobility impairments, an indoor track and cardiovascular and strength training equipment specifically designed for special populations.



Carol A. Sames (right) is helping to develop targeted fitness programs.

Advancing the Upstate Research Mission

The targeted fitness programs have three goals: to engage selected groups in research designed to determine best practices for the improvement of performance of persons with common conditions; to offer opportunities for targeted groups to use the facilities of the IHP; and to enable people with common performance-related concerns to participate in focused educational programs and form support groups.

"The IHP was designed to support research programs that can show the way to improve the health and perfor-

mance of people with a variety of performance-related goals and conditions. These research programs range from basic cell and molecular studies to those that are designed to improve human performance. Our ultimate ability to translate the results of fundamental studies into practice is dependent on the participation of people with performance-related goals. These fitness programs will provide subjects who have self-identified an interest in improving their condition and the condition of others with similar health concerns," said Kenneth L. Barker, PhD, provost and vice president for academic affairs.

More Programs on the Way

The arthritis and MS fitness programs are the first of many targeted fitness programs to be offered through *Vitality!* at the IHP. Efforts are underway to develop a program using the pool and other IHP facilities to improve the well-being and performance of people with spinal cord injuries in collaboration with the National Aquatic Service Inc. Patrick Connolly, MD, of the Department of Orthopedic Surgery, is promoting what will be a unique collaboration that will provide unparalleled opportunities for people with spinal cord injuries. "People with these injuries too often are limited in their opportunities to promote fitness and a sense of well being. This program should provide that opportunity," he said.

Additionally, the IHP plans to sponsor fitness programs for seniors and people who have compromised cardiovascular abilities. These programs await co-sponsors and faculty interested in serving as medical advisors. Barker adds "we are also looking for faculty members who are interested in developing research programs that would benefit from utilizing program participants." Barker believes the national focus on Healthy People 2010 will provide research funding opportunities. The unique facilities of the IHP will also provide a competitive advantage for faculty seeking private and federal support of studies designed to accomplish human performance related research objectives.

Information regarding the IHP *Vitality!* programs may be obtained by contacting Carol Sames, fitness supervisor at 464-9992 or Robert Collins, director of operations at 464-9996.



Carol Sames named IHP fitness supervisor

Carol Sames has been named fitness supervisor for Upstate's Institute for Human Performance (IHP).

In this role, Sames organizes the targeted fitness programs of IHP *Vitality!*, provides individual or group fitness training, and assists with fitness-related research.

Sames comes to Upstate Medical University with experience in clinical exercise physiology in cardiopulmonary rehabilitation and applied exercise programming. Most recently, she served as a clinical exercise physiologist in the Cardiopulmonary Wellness Department at Crouse

Carol
A.
Sames



Hospital, where she developed a patient education program emphasizing cardiac risk factor reduction. She serves as a guest lecturer on cardiopulmonary rehabilitation and stress testing at Upstate and Syracuse University. Sames is expected to receive her PhD in exercise physiology/teaching and leadership from Syracuse University this May.

Vintastic to benefit women's health services April 6

Central New Yorkers are invited to Vintastic, an Upstate Medical University Foundation benefit for University Hospital and women's health services, Friday, April 6 from 6:30 to 9:30 p.m. at the Lafayette Golf & Country Club, 4480 Lafayette Road.

The event features more than 180 wines from all over the world (selected by Roberts Liquors), delicious hors d'oeuvres, cheeses, desserts and coffee and live entertainment by the Don Martin Jazz Trio.

Highlights of the event include a live auction for two pair of Delta Airline tickets to San Francisco and Paris and for a pair of VIP tickets to the 2001 Skins Game, as well as drawings for wonderful prizes. Prior to the event at 6 p.m., a short presentation on women's health issues will be delivered by event co-chairs Dr. Shawky Badawy and Dr. B. N. Singh of Upstate Medical University.

Advance sale tickets are \$45 and may be charged to VISA or Mastercard by calling 464-4416. The deadline to purchase advance tickets is Wednesday, March 28. For more information, call the Foundation at 464-4416.

(Note: See front cover for more information about the Skins Game)

Important message from the Radiation Safety Office

The Radiation Safety Office (RSO) reminds Upstate Medical University's department chairs, directors, and administrators that they are required to notify and receive the approval of the Radiation Safety Officer for any of the following:

- any planned purchases of any ionizing radiation producing equipment or radioactive material;
- any planned demonstrations of new radiation producing equipment within the Medical Center; and
- any planned facility renovations involving future purchases and/or installation or use of radiation producing equipment or radioactive material. Lack of notification to or coordination by the Radiation Safety Officer slows the installation and/or acceptance process. It is not acceptable for a contractor to use the services of a third party health physics or medical physics contractor for planning or acceptance purposes without obtaining final review and approval of the Radiation Safety Officer. These actions could be considered a violation of SUNY Upstate Medical University's radiation use licenses.

Notification to the Officer must be made in writing or by e-mail with an appropriate signature or signature block. Approval notification will be by the same means back to the user. The following minimum information should be provided:

Equipment

The manufacturer, the model, a departmental point of contact, where and when it is to be installed either permanently or for demonstration, and a brief description of how and for what purpose it is to be used.

Radioactive materials

A completed Radioactive Materials Purchase Order Clearance Form (3 by 5 card) is necessary for all new purchases.

Approval can generally be obtained in a short time; however, sufficient time for evaluation, review and processing by the Radiation Safety Officer should be allowed. The intent is not to hold up procurement and installation, but to track radiation producing devices and radioactive materials entering and within Upstate Medical University. Should any of these items currently be on order and the above notification has not been made, contact the office immediately by telephone.

Once a radiation device is on site and setup or installed, notification should be made to the RSO for final clearance and coordination of acceptance testing.

Questions should be directed to the Radiation Safety Officer, University Hospital Room 636, 464-6510 or to the e-mail address radsafeo@mail.upstate.edu.

Payroll Services & Management training workshops scheduled

Upstate Medical University's Payroll Services Department invites SUNY Upstate management and administrative personnel to attend the following Payroll Management training workshops. They are as follows:

"Introduction to Payroll," to be held Wednesday, April 4 from 9 a.m. to noon in the East Lounge of the Campus Activities Building. The deadline to register is Monday, March 26.

This workshop (the same that was offered during the Spring/Summer 2000), provides an overview of the types of Payroll Services that are available to department managers and/or administrators and how important

their role is when submitting employee payroll and time information to Payroll Services. The workshop: reviews the types of payrolls and deadlines that are processed at Upstate; explains how and when employees are paid, and how and when to report employee productive and non-productive time to Payroll Services; what types of non-productive time is allowed and limitation thereof; explains how to resolve inconsistencies or errors with payroll/time information; and provides a brief description of the complex regulations that SUNY Upstate is required to implement.

"All About Reporting Employee Work Time & Time Accruals and How to Complete a Timesheet," will be held Wednesday, April 18 from 9 a.m. to noon in the East Lounge of the Campus Activities Building. The deadline to register is Monday, April 9.

This workshop explains: what type of employee time is considered work time (includes review of the work time rounding rules; and how employees earn and can use accruals. In addition to current timesheets being used, a new simplified timesheet will be introduced and made available to departments for time reporting. A portion of the workshop includes timesheet exercises where

each attendee will be asked to complete several different work schedules and timesheets applicable to their department. Each attendee should submit to Payroll Services samples of the current types of timesheets that are being submitted.

To register, visit <http://www.upstate.edu/hr/t> rain, e-mail to address "STATEPR" or fax to 464-6337. Include your name and/or additional names of people who would like to attend the workshop, work telephone number, and the preferred workshop session, no later than the deadlines indicated above. For more information, call 464-4840.

Medical Alumni Phonathon seeks volunteers

Volunteers are needed for the Medical Alumni Phonathon to be held Tuesday, April 3.

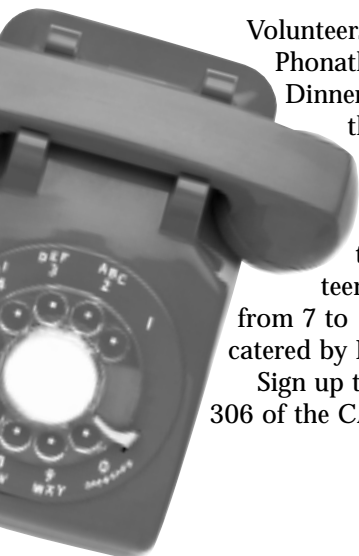
Dinner will be served at 6:30 p.m. in the third floor lobby of the CAB. Calling will be from 7 to 9 p.m. Faculty, staff, students and alumni may volunteer. Dinner will be catered by the Dinosaur Bar-B-Que. All volunteers are invited to a party March 17 from 7 to 10:00 p.m. with food and drink catered by Pascale's.

Sign up today in the Alumni Office, Room 306 of the CAB or call 464-4361.

Family Medicine to present Faculty Development program April 5

"Evidence-Based Mental Health" is the topic of a Faculty Development program, Thursday, April 5 from 8 to 10 a.m. in Room 318 of the Health Science Library. Program speakers are Fraser Tudiver, MD, Glenn Griffin, MD, Fred Dufour, MD and George Blakeslee, MD. The program will be videoconferenced to Wilson Hospital in Binghamton.

The free program is presented by Upstate's Department of Family Medicine. Registration is not required. CME credit is available. For more information, call 464-7027 or email fletchcm@upstate.edu





Health Careers Open House is March 24

Preparing academically for careers in the health professions and the job opportunities available in these fields are among the topics to be addressed at a free Health Careers Open House, to be held Saturday, March 24 from 8:45 a.m. to noon in Weiskotten Hall.

The Open House is sponsored by the College of Health Professions and the Office of Student Admissions at SUNY Upstate Medical University. It is intended for high school and college students, parents, counselors, teachers and college faculty and others who are interested in learning more about the health professions. Upstate's College of Nursing will also be represented at the Open House.

Professionals from eight health fields will be available to discuss job responsibilities, entry-level salaries, career ladder mobility and ways to obtain volunteer or observational experience. The open house focuses on the following careers:

- cardiovascular perfusion (use of high technology to pump or oxygenating blood, temporarily replacing the work of the heart or lungs);
- cytotechnology (microscopic screening for cancer);
- medical imaging sciences (taking x-rays, CTs and MRIs to diagnose injury or disease);
- medical technology (performing laboratory tests to diagnose and monitor disease);
- physical therapy education (preserving, developing and restoring maximum physical function);
- radiation therapy (treating cancer patients with radiation);
- respiratory care and cardiorespiratory sciences (assisting people who have difficulty breathing);
- and nursing (baccalaureate and master's programs only).

The Open House features classroom presentations, information about the Guaranteed Opportunity for Leadership Development (GOLD), an early admission program for high school seniors; a tour of the Upstate Medical University campus; and exhibitor tables.

Individuals are encouraged to telephone Upstate's Office of Students Admissions at 315-464-4570 to reserve a place.

To learn more about the Open House, call the Office of Student Admissions or visit www.upstate.edu

Bridging the Gap between laboratory and clinical practice is topic of conference March 29

Forming relationships among Central New York's basic and clinical scientists is the purpose of Upstate Medical University's conference titled "Translational Research: Bridging the Gap," Thursday, March 29 from noon to 5 p.m. at the Sheraton University Hotel and Conference Center. The conference is sponsored by the Research Administration Office. It provides a supportive environment for its researchers in the clinical trials, technology transfer and biomedical research areas.

According to John Lucas, PhD, vice provost for research at Upstate, the conference is meant to foster collaboration among investigators and hasten the translation of research results from the laboratory to clinical practice.

Conference speakers include Robert Roberts, MD, chief of medicine/cardiology at Baylor College of Medicine; John R. Feussner, MD, MPH, chief research and development officer for the Office of Research and Development, Department of Veteran's Affairs in Washington; and Carl Batt, PhD, the Liberty Hyde Bailey Professor and co-director of the Nanotechnology Center at Cornell University.



José Jalife, MD, professor and chair of Pharmacology at Upstate Medical University, will moderate a panel discussion whose speakers include: Larry Lantinga, PhD of the Veterans Administration Medical Center; and Ruth Weinstock, MD PhD, Richard Hunt, MD, David Ayers, MD, and Andrzej Krol, MD, of Upstate Medical University.

The program is sponsored in part by the Department of Research Administration and the Clinical Trials Office.

The deadline to register is Thursday, March 22. There is no fee to attend the program. Contact the Upstate Clinical Trials Office (464-5476) for a brochure and/or registration form.

Emergency Medicine for the 21st Century to be held March 28

The latest developments in emergency medicine for pediatric and adult patients is the focus of "Emergency Medicine for the 21st Century," a conference to be held Wednesday, March 28 at the OnCenter. Registration will take place at 7:30 a.m. with the conference to begin 8 a.m. and end 5 p.m.

The conference will review current issues in emergency medicine with emphasis on leading edge therapeutics and techniques for the evaluation and treatment of the emergency patient. The program includes hands-on workshops.

Charles V. Pollack, Jr., MA,

MD, a national leader in emergency medicine, will deliver the keynote address. Dr. Pollack is chair of the National Research Committee of the American College of Emergency Physicians and is the only physician to receive ACEP's highest national awards in both teaching and research.

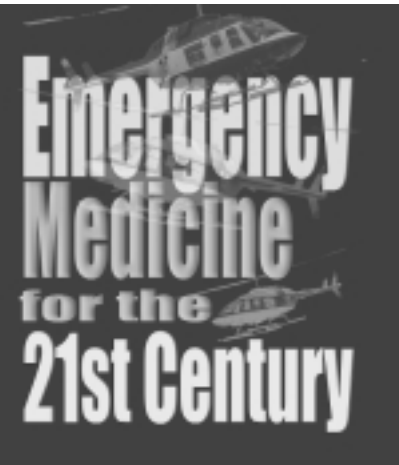
Richard C. Hunt, MD, professor and chair of Emergency Medicine at Upstate Medical University, and Lauren Pipas, MD, assistant professor of emergency medicine at Upstate, serve as program directors. Conference faculty include physicians from Upstate Medical University, St. Joseph's Hospital Health Center, and LifeNet NY/Albany MedFlight.

The conference is intended for physicians, trauma surgeons, physician assistants, nurse practitioners, nurses, pharmacists, pre-hospital personnel and other health care professionals who work with emergency cases.

SUNY Upstate Medical University designates this continuing medical education activity for 6 credit hours in Category 1 of the Physicians' Recognition Award of the American Medical Association. Application has been made to the American College of Emergency Physicians for ACEP Category 1 credit. Contact hours totaling 7.2 will be awarded by the Institute of Continuing Education of Upstate Medical University.

The deadline to register for the conference is Wednesday, March 21.

For more information about the conference or conference fees, contact the Office of Continuing Education at 464-4606.



March is National Social Work Month

"Do You Know Me? I'm the New Face of Social Work?" is the 2001 theme of National Social Work Month, an annual event celebrated during March.

SUNY Upstate Medical University joins the National Association of Social Workers in saluting the professional social workers at University Hospital, University Health Care Center and the Regional Oncology Center who help patients cope with problems, adjust to illness or loss of function, and make a seamless transition back to the community.

Upstate's Social Work Services traces its origins to 1910, with the first master's-trained professional social worker arriving in 1923 from New York City under the auspices of the Syracuse Community Chest. Subsequently, this department served as a model for the community and set the

stage for the development of other social work departments at Crouse, St. Joseph's, and Community-General Hospitals.

All social workers at Upstate Medical University are required to have a master's degree in social work and pass a written exam to become a New York State Certified Social Worker (CSW).

Take time during the month of March to recognize the important contribution the social worker on your medical team makes toward quality patient care.



COMMUNITY
Giving
CAMPAIGN

Kudos!

Upstate Medical University's Community Giving Campaign committee thanks UUP, CSEA, PEF and Campus Administration for donating a \$1,000 travel certificate to this year's Community Giving Campaign. Special thanks are extended to Raymond Colton, PhD, chapter president of United University Professions (UUP); June Edwards, PEF Division 320 leader; and John Harbin, president, local 615, CSEA for their efforts in securing this gift to our campaign.



OnCenter Ballroom is site for Little Gifts for Life March 30

The fifth annual dinner and auction “Little Gifts for Life” will be held Friday, March 30 at the OnCenter Ballroom. A Patron Preview Party will be held 6 p.m. followed by a silent auction at 7 p.m. Dinner and live auction begin 8 p.m. At the conclusion of the auction, guests may enjoy listening and dancing to the music of the popular local band, Atlas.

The auction is organized by families and friends of pediatric patients, physicians and nurses from the Center for Children’s Cancer and Blood Disorders and the Children’s Miracle Network. A portion of the proceeds raised from this year’s event will go toward the purchase of sleeper chairs.

For reservations or more information about “Little Gifts for Life,” contact the Children’s Miracle Network office at 464-4416.

little gifts
for life

• AUCTION & CELEBRATION •

Skins game *continued from page 1*

in the Skins Game to benefit Upstate Medical University is a dream come true.”

Palmer is fourth, behind Sam Snead, Ben Hogan and Jack Nicklaus on the all-time PGA Tour victory list with 60.

He also maintains an active business schedule with golf course design, construction and development projects. In 1997, he underwent surgery for prostate cancer and has since spearheaded the Senior Tour For a Cure program.

Jacobsen owns six PGA Tour victories, including the AT&T Pebble Beach National Pro-Am and the Buick Invitational of California, both of which he captured in 1995. Beck, a four-time PGA Tour winner, recorded the second 59 in PGA Tour history in the third round of the 1991 Las Vegas Invitational. Dee played in 26 LPGA Tour events last year, earning over \$110,000. Her best showing came at the Michelob Light Classic, where she tied for third with Karrie Webb and Rosie Jones. She joined the LPGA in 1999.

Individual tickets for the Skins Game are on sale for a reduced advanced sale price of \$30 at all area P&C Food Stores or by calling Upstate Medical University Foundation at 464-4416. Tickets are available through secure online ordering at ticketweb.com (or through links at upstate.edu or pandfoods.com) for \$35. Tickets purchased the day of the event will be \$40. All general tickets will include free parking and free courtesy shuttle service to and from the parking area and golf course. A limited number of VIP tickets (\$250) and corporate sponsorships are available by calling the Foundation at (315) 464-4416.

National Depression Study *continued from page 1*

formed on an outpatient basis. Using an external programmer, the physician can set or reset the stimulation parameters of the device. The system continually delivers preprogrammed intermittent electrical pulses to the vagus nerve.

“Our research volunteers represent a very select group of individuals who are moderately to severely depressed and who have failed medications and/or electroconvulsive therapy (ECT). They will help us to determine the degree and timing of antidepressant effects, and the safety and tolerability of VNS,” said Schwartz.

In order to determine the placebo effect, individuals are randomly assigned to control or treatment groups. However, ultimately all volunteers who participate in this study will have the opportunity for treatment.

In 1997, the FDA approved VNS using the NCP System as a therapy for epilepsy. In April of 1998, SUNY Upstate Medical University began using VNS therapy on patients with treatment resistant epilepsy. Since then, eighty patients have received the implant and therapy. Ten percent of these

individuals are completely seizure-free; nearly everyone realized some decrease in seizures.

Depression, a mood disorder characterized by persistent, emotional disturbances in the normal cognitive functions of the brain, is an expensive and life-threatening disorder costing the United States an estimated \$40 billion a year in lost work and healthcare costs. It is expected to be the second leading cause of disease burden in 2020.

Cyberonics, Inc. was founded in 1987 to develop medical devices for the treatment of epilepsy and other debilitating neurological disorders. Cyberonics anticipates spending nearly \$30 million on its depression studies using VNS therapy and the NCP System.

To learn more about the study, visit the Cyberonics web site at www.cyberonics.com/depression or call 315-464-5631. Patients who are interested in the study may also call Cyberonics’ toll-free telephone number: 888-748-1652.

in the spotlight...

SUNY Upstate Medical University

First Dearing-Daly Professor of Bioethics & Humanities Appointed

Samuel Gorovitz, PhD, has been appointed the first Dearing-Daly Professor of Bioethics and Humanities at SUNY Upstate Medical University. This professorship honors the groundbreaking work of Bruce Dearing, PhD, and Robert Daly, MD, in establishing a place for the scholarly study of bioethics and the medical humanities at Upstate. In this professorship, Gorovitz will develop innovative scholarly and educational programs in bioethics through the Center for Bioethics and Humanities.



Samuel Gorovitz, PhD

Dr. Gorovitz received his doctorate in philosophy from Stanford University. A leading scholar, he has written extensively on bioethics, particularly as it impacts on public policy. Recent areas of inquiry include genetic susceptibility testing, the protection of

research participants, doctor/patient relationships, and physician assisted suicide. He is author of "Doctors' Dilemmas: Moral Conflict and Medical Care" and of "Drawing the Line: Life Death, and Ethical Choices in an American Hospital." He is a fellow of the Hastings Center and, by gubernatorial appointment, serves on the New York State Task Force on Life and the Law.

Dr. Gorovitz has advised the U.S. Environmental Protection Agency and the World Health Organization, among others, on ethical aspects of health policy. He is also a professor of philosophy and of public administration at Syracuse University, where he was dean of arts and sciences for seven years. As of May, he will divide his time between the two institutions.

Dr. Gorovitz joins eight other faculty at the Center, a division within the College of Medicine established last year to consolidate and expand Upstate's efforts in bioethics and the humanities as they relate to health care. He will be formally welcomed at Upstate

this autumn at an inaugural lecture for the Dearing-Daly Professorship.

G. Bruce Dearing, PhD was Upstate Medical University's first professor of humanities in medicine. Robert Daly, MD is professor of psychiatry and medical humanities at Upstate Medical University.

Robert Silverman, MD tapped by American College of Obstetrics and Gynecology

Robert Silverman, MD, associate professor of obstetrics and gynecology and director of the Division of Maternal Fetal Medicine at Upstate Medical University, has been elected as the Chair of Section 5, District 2 of the American College of Obstetrics and Gynecology.

Register for On My Own Time

Registration forms are now available for Upstate Medical University's On My Own Time art show featuring artwork by Upstate's employees, retirees, students and volunteers. The show will be held April 16 through 27 in the Health Sciences Library. For more information, call Brenda Bolliver at 464-6548 or e-mail Bolliveb. The deadline to register is Monday, April 9.

Campus Blood Drive set for March 16

The Pathway to Wellness Program, in conjunction with the American Red Cross, will sponsor a blood drive Friday, March 16 from 11:30 a.m. to 4:30 p.m., in the East/West Lounges of the Campus Activities Building. Individuals interested in donating should call Health Connections Office at 464-8668 to schedule an appointment.

Auxiliary to present book fairs in March

A series of book fairs presented by the Auxiliary will be held in the second floor lobby of University Hospital on the following dates: Tues., March 20 (10 a.m. to 4 p.m.); Wed., March 21 (9 a.m. to 6:30 p.m.); Thurs., March 22 (9 a.m. to 6:30 p.m.) and Fri. March 23 (7 a.m. to 4 p.m.). Call the Auxiliary Office at 464-5606 for more information.

Upstate Update is published by the Marketing and University Communications Department at SUNY Upstate Medical University. To submit news or calendar items, contact editor Doretta Royer, Rm. 205, 250 Harrison Center, 464-4836; email: royerd.

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Note: Contact the Human Resources Department for address corrections or to be deleted or added to the Update mailing list