

U P S T A T E update

A publication
for the
SUNY Upstate
Medical University
Community

JANUARY 3 THROUGH JANUARY 17, 2001

In the Calendar

Upstate Medical University's American HeartWalk Team Captain's Kick-off Breakfast. 1/17. 8:30 a.m. C.A.B., East Lounge. See *Upstate Calendar* inside.

Take Note

Ginny Convertino retirement reception set for Jan. 3

A retirement reception for Ginny Convertino of the Auxiliary office will be held Wednesday, Jan. 3 from 2 to 4 p.m. in University Hospital, Room 1311.

Defensive Driving course offered on campus

NYSUT/UUP will offer a discounted Defensive Driving course on Tuesday, Jan. 16 and Monday, Jan. 22 from 4:30 to 7:30 p.m. in Room 6500 of University Hospital. The fee is \$30 per person. Individuals who are interested in enrolling in the course should contact Ronald Daloia at 464-6134.

SUNY Upstate professor wins grant to investigate spinal cord injury

Dennis J. Stelzner, PhD, professor of cell and developmental biology and medical humanities at Upstate Medical University, has been awarded a two-year \$444,562 grant for spinal cord injury research by the New York State Spinal Cord Research Trust Fund.

The grant awards were announced by New York State Health Commissioner Antonia Novello, MD, and actor Christopher Reeve, who suffers from a spinal cord injury, at a press conference held this past December in New York City.

Stelzner was selected as one of 10 researchers from New York to share \$3.6 million in grant support from New York State Spinal Cord Research Trust Fund, which was created in 1998 by Gov. George Pataki. The fund, financed through an existing surcharge on traffic tickets, is expected to raise \$8.5 million annually.

"This is an important and necessary program that provides an opportunity to accelerate research into this crucial area of

continued on page 3

Kellman named chair of University Medical Associates at Syracuse

Robert Kellman, MD, has been named chair of University Medical Associates at Syracuse Inc. (UMAS) and the Governing Board of the Faculty Practice Plan, College of Medicine at Upstate Medical University. The professor and chair of Upstate Medical University's Department of Otolaryngology and Communication Sciences, Kellman succeeds Frederick Davey, MD, who recently retired from SUNY Upstate.

As chair, Kellman provides leadership of the Board and Executive Committee in overall oversight of the clinical practice plan's Medical Service Groups. He is responsible for ensuring that UMAS participants and staff continue to implement common systems and standards including financial reporting, physician etiquette standards and business practices.

Kellman has been a member of the UMAS Executive Committee for a number of years, having served as the UMAS treasurer and chair of the Budget and Finance Committee;

continued on page 3



Dennis J. Stelzner, PhD

calendar

Wednesday, Jan. 3

Anesthesiology Grand Rounds. 7 a.m. Wsk. Hall, Medical Alumni Aud.

Otolaryngology and Communication Sciences Grand Rounds. 7 to 8 a.m. University Hospital, Rm. 6500.

Surgical Grand Rounds. "Gamma Knife Stereotactic Radiosurgery." Presenter: Charles Hodge, MD, Upstate Medical University. 8 to 9 a.m. Wsk. Hall, Rm. 103.

Pediatric Grand Rounds. Presenter: Robert Corwin, MD, MEDBEST. 9:15 a.m. University Hospital, Rm. 6500.

Health Sciences Library Tour. Noon. Wsk. Hall, meet at New Book area.

Retirement Reception for Ginny Convertino. 2 to 4 p.m. University Hospital, Rm. 1311.

Combined Infectious Diseases Conference. 4 p.m. University Hospital, Rm. 4505.

Thursday, Jan. 4

Medical Grand Rounds. "The 2000 ACLS Guidelines for Ventricular Fibrillation: The Sooner the Better." Presenter: Edgar R. Gonzalez, PharmD, Hampton University. 8:30 a.m. Wsk. Hall, Rm. 1159.

Urology Grand Rounds. 9 to 10 a.m. University Hospital. Rm. 6500.

Psychiatry Grand Rounds. "Neurobiology of Anxiety and Depression." Presenter: Philip T. Ninan, MD, Emory University School of Medicine. 12:30 to 2 p.m. PBS, 713 Harrison St.

Friday, Jan. 5

Obstetrics/Gynecology Grand Rounds. 7:30 a.m. Marley Education Building, Sulzle Aud.

Monday, Jan. 8

Childbirth Education Class. 2 to 4 p.m. Women's Health Services, UHCC, third floor. Call 464-2169 to register.

Tuesday, Jan. 9

Let's Not Meet By Accident. Visiting School: Skaneateles High School. 9:30 to 11 a.m. University Hospital, Emergency Department.

Breastfeeding Class. 3 to 4:30 p.m. Women's Health Services, UHCC, third floor. Call 464-2169 to register.

Hatha Yoga Class. 5 to 6 p.m. University Hospital, Physical Therapy Gym. Call 464-4034 for more information.

Wednesday, Jan. 10

Anesthesiology Grand Rounds. 7 a.m. Wsk. Hall, Medical Alumni Aud.

Otolaryngology and Communication Sciences Grand Rounds. 7 to 8 a.m. University Hospital, Rm. 6500.

Surgical Grand Rounds. "Minimally Invasive Surgery of the Foregut." Presenter: Bruce D. Schirmer, MD, University of Virginia. 8 to 9 a.m. Wsk. Hall, Rm. 103.

Pediatric Grand Rounds. 9:15 a.m. University Hospital, Rm. 6500.

Emergency Medicine Grand Rounds. 11 a.m. to noon. Health Sciences Library, Rm. 318.

Lecture. "Institutional Review Board (IRB) Application Process" Presenter: Marti Benedict, Upstate Medical University. Lunch: 11:45 a.m. Lecture: Noon. Wsk. Hall, Rm. 103 Weiskotten Hall.

Health Sciences Library Tour. See 1/3 Calendar listing.

Neurology/Neurosurgery Grand Rounds. Topic: Neurology. 4 p.m. University Hospital, Rm. 6500.

Combined Infectious Diseases Conference. 4 p.m. University Hospital, Rm. 4505.

Hatha Yoga Class. 5 to 6 p.m. University Hospital, Cognitive Therapy Room. Call 464-4034 for more information.

Thursday, Jan. 11

Medical Grand Rounds. 8:30 a.m. Wsk. Hall, Rm. 1159.

Urology Grand Rounds. 9 to 10 a.m. University Hospital. Rm. 6500.

Psychiatry Grand Rounds. "Diagnosis, Biology, and Treatment of Psychotic Depression." Presenter: Anthony J. Rothchild, MD, University of Massachusetts Medical Center. 12:30 to 2 p.m. PBS, 713 Harrison St.

Friday, Jan. 12

Obstetrics/Gynecology Grand Rounds. 7:30 a.m. Marley Education Building, Sulzle Aud.

Monday, Jan. 15

Childbirth Education Class. See 1/8 Calendar listing.

Tuesday, Jan. 16

Breastfeeding Class. See 1/9 Calendar listing.

Defensive Driving Course. 4:30 to 7:30 p.m. University Hospital, Rm. 6500. Call 464-6134 for more information.

Wednesday, Jan. 17

Anesthesiology Grand Rounds. 7 a.m. Wsk. Hall, Medical Alumni Aud.

Otolaryngology and Communication Sciences Grand Rounds. 7 to 8 a.m. University Hospital, Rm. 6500.

Upstate Medical University's American HeartWalk Team Captain's Kick-off Breakfast. 8:30 a.m. Campus Activities Bldg, East Lounge.

Surgical Grand Rounds. "What's New in Rectal Cancer." Presenter: Jiri Bem, MD, V.A. Medical Center. 8 to 9 a.m. Wsk. Hall, Rm. 103.

Pediatric Grand Rounds. 9:15 a.m. University Hospital, Rm. 6500.

Health Sciences Library Tour. See 1/3 Calendar listing.

Faith & Values Forum. "Public Health and the Drug War." Noon to 1 p.m. Wsk. Hall, Rm. 9295.

Neurology/Neurosurgery Grand Rounds. Topic: Neurosurgery. 4 p.m. University Hospital, Rm. 6500.

Combined Infectious Diseases Conference. 4 p.m. University Hospital, Rm. 4505.

Hatha Yoga Class. 5 to 6 p.m. University Hospital, Cognitive Therapy Rm. Call 464-4034 for more information.

Thursday, Jan. 18

Medical Grand Rounds.

"Cardiovascular Risk Factors After Transplantation."
 Presenter: M. Roy First, MD, University of Cincinnati Medical Center: 8:30 a.m. Wsk. Hall, Rm. 1159.

Urology Grand Rounds. 9 to 10 a.m. University Hospital. Rm. 6500.

Psychiatry Faculty Meeting.

Noon to 1:45 p.m. PBS, 713 Harrison St., Rm. 338.

3rd Annual Mystery and Merlot dinner theatre. Beginning at 5:30 p.m. Persian Terrace, Radisson Plaza-Hotel Syracuse. Call 464-5606 for more information.

Friday, Jan. 19

Obstetrics/Gynecology Grand

Rounds. 7:30 a.m. Marley Education Building, Sulzle Aud.

Professor wins grant *continued from page 1*

medicine," said Dr. Stelzner, who has been on the SUNY Upstate faculty since 1970. "Research has made significant gains in the last ten years and there is confidence among scientists that with continued support much of this research may find its way into clinical applications within a decade."

In his funded research

project, Stelzner will implant olfactory ensheathing cells within a crush injury of dorsal spinal cord to determine if dorsal column axons (the part of a nerve that acts like a communication cable) and corticospinal tract axons that have been damaged are able to regenerate into the intact spinal cord.

The 10 grant winners

were chosen based on the scientific merit of the proposals. Specific proposals were evaluated for both scientific and technical merit as well as their relevance to treatments and cures of spinal cord injury paralysis by a panel of national experts in this area from outside New York.

Kellman named chair of University Medical Associates *continued from page 1*

chair of the Physician Standards Committee; and as a member of the Multispecialty Group Task Force.

UMAS is the not-for-profit faculty practice corporation of the College of Medicine at SUNY Upstate Medical University. It integrates the 19 medical service groups to assure good business standards, coordinated planning and activity, market responsiveness, particularly concerning managed care and changes in health care delivery and reimbursement, and good clinical practice standards. UMAS also provides shared administrative, clerical and medical support services to the University Health Care Manlius.



Robert Kellman, MD

Mindful Eating



A PRACTICE SITE OF
 UNIVERSITY HOSPITAL

It's time to start thinking about our New Year resolutions! If one of them is a commitment to lose weight and achieve a healthier lifestyle, sign up now for University Hospital's Mindful Eating program.

Mindful Eating uses a non-traditional, non-diet approach for safe, effective, and **permanent** weight loss. It is the area's only program both developed and taught by a physician and a dietitian. Lisa Kaufmann, MD, is a specialist in Internal Medicine. Terry Podolak, RD, is a Registered Dietitian. They are recognized by their clients as supportive and empathetic instructors.

Mindful Eating is a 10 week program offered on Thursdays from 6:30-9 p.m., January 11 through March 29, 2001. Each session is 2 1/2 hours. The \$300 fee (only \$30 per week) includes all program materials and an all-day session on stress management. Payment plans are available.

To register or for more information please call 315-464-6052.



S Y R A C U S E , N E W Y O R K

Mystery and Merlot set for Jan. 18

Tickets are now on sale for the 3rd Annual Mystery and Merlot mystery dinner theatre to be held Thursday, Jan. 18, beginning at 5:30 p.m. in the Persian Terrace at the Radisson Plaza-Hotel Syracuse. The event is presented by the Auxiliary to Upstate Medical University and University Hospital Nursing Recognition. The evening includes wine and cheese sampling, dinner, mystery theatre, silent auction and the opportunity to meet 93Q's morning drive personalities Ted Long and Amy Robbins.

Performers for the event are members of the Fulton Community Theatre and Ted and Amy. Proceeds from the event will benefit the Auxiliary's We Have A Little Emergency car seat and helmet identification program and Nursing Recognition programs at University Hospital. A minimum contribution of \$50 per person will be accepted and two sponsorship levels are offered. For more information or to make reservations, call the Auxiliary office at 464-5606.

Mystery and Merlot



SCCFM announces Spring semester courses

The Syracuse Consortium for the Cultural Foundations of Medicine (SCCFM) will offer two for-credit courses.

Presenting "Gender Issues in Health Care," is SUNY Distinguished Teaching Professor Bonnie St. Andrews, PhD of Upstate's Center for Bioethics and Humanities. The course will be offered Tuesdays, beginning Jan. 16 from 4 to 7 p.m. in Room 010 of the Health Sciences Library.

John Townsend, PhD, associate professor of anthropology at Syracuse University, will teach "Medical Anthropology," each Thursday from 7 to 10 p.m. in the same location, beginning Jan. 18.

The courses are open to upper division undergraduates, graduate students, and faculty and to members of the public who



hold a bachelor's degree.

Colleges of Medicine and Health Professions students may register in Room 203 of the Campus Activities Building; graduate students and members of the public may register in Room 1162 of Weiskotten Hall; and nursing students may register at 545 Cedar Street, third floor.

The Syracuse Consortium for the Cultural Foundations of Medicine is a cooperative program of SUNY Upstate Medical University, LeMoyne College and Syracuse University. For more information, contact Robert W. Daly, MD, at 464-3104.

Special Thanks to Fabius-Pompey's Tiger Paws

University Hospital extends a special thank-you to the Tiger Paws Cub Scout Pack 115 of Fabius-Pompey. The Tiger Paws made a rocking horse and donated it to University Hospital's Pediatric units. They not only earned their "Make Your Own" Paw Patches for their efforts, but the Tiger Paws also earned the gratitude of the children who will have fun riding the horse. Among the Tiger Paws was Kyle Wisowaty, son of Carleen Donzella of the Neurology Department.



University Hospital's OASIS program receives \$20,000

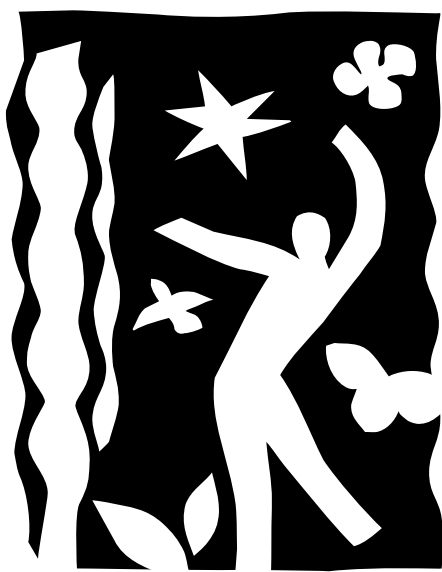
University Hospital's OASIS program has received a \$20,000 grant from the Verizon Foundation to support an internet mentoring program for middle school students and senior citizens.

The grant from Verizon Foundation will be used to purchase desktop computers and other hardware for a computer lab, to be located in OASIS's Shoppingtown Mall site, which is expected to open in the spring of 2001.

"The support from the Verizon Foundation provides us with the tools needed to build a successful internet mentoring program," said Lauren Feiglin, director of University Hospital's OASIS program. "We are extremely grateful for the Foundation's support."

The internet mentoring program called "We've Got Mail" will pair middle school students with OASIS members through e-mail. Students and OASIS members will e-mail each other weekly to discuss specific topics related to classroom instruction.

Feiglin said the program will benefit both students and mentors. "For the older adult, this program provides a meaningful mentoring opportunity as well as a chance to become more proficient on the computer," she said. "For the student, this program provides them with a chance to sharpen technology skills and enhance their education and benefit from a meaningful relationship with an older adult."



OASIS

Mock Trial scheduled for Jan. 31

"You Be The Jury! Verbal Orders: Rx For Death!" is the theme for a mock trial to be held Wednesday, Jan. 31 from 1 to 4 p.m. in the Medical Alumni Auditorium of Weiskotten Hall.

The mock trial is a creation of University Hospital's Professional Liability Education Forum faculty, who will facilitate University Hospital and Syracuse University students and staff in playing key roles for the prosecution and defense from nursing, physician and pharmacy perspectives.

The case involves a fictitious patient who received a medication that was ordered verbally; dispensed and administered in an excessive dose; and the patient died. The trial testimony will deal with evidence involving verbal orders, miscommunications, pharmacology knowledge, and how the best intentions can lead to tragic outcomes.

As the title implies, the audience will be the jury. After hearing testimony, the audience will decide for the plaintiff or the defendant.

The Mock Trial has been approved for 4.8 contact hours by the Institute for Continuing Nursing Education. Refreshments will be served. Advance registration is suggested due to limited seating capacity for this community wide event. Email bakerv@upstate.edu or call Educational Support Services (464-5463) to register.



How to effectively conduct clinical research is subject of study curriculum

The Introduction to the Principles and Practice of Clinical Research (IPPCR), a study curriculum on how to effectively conduct clinical research, will be held each Tuesday and Wednesday from Jan. 30 through May 22 in Room 318 of the Health Sciences Library. The course time is 5:30 to 6:30 p.m. with some sessions running until 7 p.m.

The program is designed to teach researchers how to design a good clinical trial. It covers epidemiologic methods and focuses on study design and development, protocol preparation, patient monitoring, quality assurance and FDA issues. It also includes data management and legal and ethical issues, including protection of human subjects. All materials will need to be printed from the IPPCR website (<http://www.cc.nih.gov/OD/corecourse/index2.html>) prior to each session and a certificate is awarded upon successful completion of the course, including a final exam. The course is sponsored by Warren Grant Magnuson Clinical Center, National Institutes of Health.

Registration forms for the IPPCR course are available in the Clinical Trials Office, located in Room 1166 of Weiskotten Hall. To request information or a registration form, call 464-5476. Completed registration forms must be faxed to 464-5386 or mailed to the CTO by Friday, Jan. 19.



Please join us in the fight against Central New York's #1 and #3 killers—Heart Disease and Stroke

Mark your calendar now for the American Heart Association's 17th Annual American Heart Walk Sat., March 31, 2001 • Shoppingtown Mall

Start getting your team together – walking or running!

3 Mile Walk (Indoor and Outdoor)

3, 5, and 10 Mile Runs (Outdoor only)

For more information, call Zanette at 464-4263 or Mary at 464-4836



Above: Students from the College of Health Professions were among the participants in last year's American HeartWalk

State University of New York



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IHP celebrates first year of service

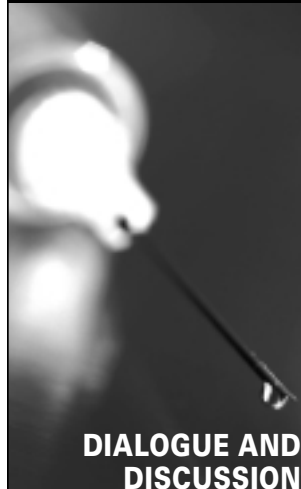


The Institute for Human Performance (IHP) recently celebrated its first year of service to the Central New York community. To recognize the milestone, the IHP Physical Plant Maintenance Team coordinated a gathering of 125 people, including Upstate President Gregory L. Eastwood, MD, Upstate Provost Kenneth Barker, PhD, Physical Plant Director Gary Kittell, IHP residents, and customers and guests of the IHP. The Maintenance Team designed a display which included a pictorial collage of the Team members and the types of equipment they service at the IHP. The display (top photo) also depicted the IHP's state-of-the-art computerized energy management system. Special thanks to the following Maintenance Team members for coordinating the day's events: Gary Alchesky, Joe Baum, Tom Brisk, Ric Butt, Alan Carr (center photo), Mat Kapilla, Charlie Lester, and Ed Wheeler.

FAITH & VALUES

F O R U M

Public Health and the Drug War



IALOGUE AND
DISCUSSION

Noon - 1 p.m.

Wednesday, January 17

9th Floor Auditorium

Room 9295

Weiskotten Hall

In many people's minds, the drug war is a failure. If we accept this conclusion, are there any alternatives? What are the public health implications of our present and potential drug policies? What are the ethical and moral dilemmas framing this issue?

Presenters:

Peter Christ, retired police captain, Town of Tonawanda, NY, and host of the Peter Christ Show on WSYR Radio.

Gene Tinelli, MD, PhD, assistant professor, Department of Psychiatry and Behavioral Science, Upstate Medical University; addiction psychiatrist at the Chemical Dependence Clinic, Veterans Administration Medical Center and at Crouse Hospital.

This will not be a debate. Both presenters are on the same side, but they will present both sides of the argument, even though the pro-war position appears to be well presented by the news media and the government.

Both speakers are members of **ReconSIDer**, an organization dedicated to harm-reduction and the search for alternatives to the drug war as we know it. It is their contention, and that of a growing number of others, that the drug war contributes to racism, wasteful government spending, over-crowded prisons, loss of civil liberties, gun violence, intervention in foreign governments and corruption of police and the courts. As such, it is a failure.

The question is: Should we be spending billions treating a public health problem as a criminal problem? In advance of this presentation, you may want to visit the ReconSIDer website at www.recon-sider.org.

Free
Pizza &
Soda!*

* Made possible by a grant from the Auxiliary of Upstate Medical University

State University of New York



Upstate
Medical
University

SPONSORED BY THE COOPERATIVE CAMPUS MINISTRIES COMMITTEE

in the spotlight...

SUNY Upstate Medical University

Lyn Stevens receives award at National Nursing Conference

Lyn Stevens, ACRN, NP received The Association of Nurses in AIDS Care (ANAC) President's Award for outstanding service of an ANAC committee chair. Stevens is the HIV training coordinator for the CNY HIV Clinical Education Initiative funded by the NYS Department of Health. As chair of the



Lyn Stevens, ACRN, NP

ANAC finance committee, she developed a corporate relations plan, expanded revenue streams beyond membership dues and with her careful guidance has established ANAC with a sound financial standing. In addition, she has helped committee chairs develop work plans for the next

year that define the financial implications of their work.

She was also re-elected for a second term as treasurer to the National Board of Directors of the Association of Nurses in AIDS Care (ANAC).

Xiaohong Wong, MD receives Janssen Psychiatry Resident Award of Excellence

Xiaohong Wong, MD was one of 146 outstanding psychiatry residents throughout the United States to receive the Janssen Psychiatry Resident Award of Excellence. Janssen Pharmaceutica Products, L.P. invited the directors of residency training programs to nominate one exceptional resident in their last year of training in psychiatry to receive this award.

Recipients were chosen for their exceptional academic performance, leadership skills, and clinical and scholarly achievements.

Award recipients attended a full day of educational programs designed to enhance their preparation for the management of a medical prac-



Xiaohong Wong, MD

tice. The educational portion of the program consisted of six internationally recognized speakers who gave lectures on various topics in psychiatry. A special awards ceremony and dinner was held where residents received a plaque to commemorate their achievement. The entire evening preceded the annual meeting of the American Psychiatric Association.

IRB Application Process is topic of lecture Jan. 10

Marti Benedict, Upstate Medical University's chief compliance officer, will present "Institutional Review Board (IRB) Application Process" at the next Hot topics in Research lecture, Wednesday, Jan. 10 in Room 103 of Weiskotten Hall. Lunch will be served at 11:45 a.m. with the lecture to follow at noon. The lecture is presented by the Clinical Trial Office Education Fund. To RSVP, call 464-5476.

Note: Contact the Human Resources Department for address corrections or to be deleted or added to the Update mailing list

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Upstate Update is published by the Marketing and University Communications Department at SUNY Upstate Medical University. To submit news or calendar items, contact editor Doretta Royer, Rm. 205, 250 Harrison Center, 464-4836; email: royerd.

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