

UPSTATE update

A publication
for the
SUNY Upstate
Medical University
Community

DECEMBER 20 THROUGH JANUARY 3, 2001



In the Calendar

**Obstetrics/Gynecology
Grand Rounds. 1/5. 7:30 a.m.
Marley Education Building,
Sulzle Aud.** See Upstate
Calendar inside.

Take Note

Receptions announced

All Upstate Medical
University individuals are invited
to the following:

- Retirement reception for Shirley Hermann of the Research Development Office will be held Thursday, Dec. 21 from 3 to 4:30 p.m. in Room 1254, Weiskotten Hall.
- Retirement reception for Ginny Convertino of the Auxiliary office will be held Wednesday, Jan. 3 from 2 to 4 p.m. in University Hospital, Room 1311.

Neurosurgery Research Laboratory relocates

The Neurosurgery Research
Laboratory has moved to Room
4117 in the Institute for Human
Performance. The phone
numbers remain the same.

Mystery and Merlot set for January 18

On Thursday, Jan. 18,
Central New Yorkers are
invited to be part of a mys-
tery when the Auxiliary to
Upstate Medical University
and University Hospital
Nursing Recognition present
the 3rd Annual Mystery
and Merlot mystery dinner
theatre. Be a part of this
fun evening that includes
wine and cheese sampling,
dinner, mystery theatre,
silent auction and the
opportunity to meet 93Q's
morning drive personalities
Ted Long and Amy
Robbins. Mystery and
Merlot will take place in
the Persian Terrace at the
Radisson Plaza-Hotel

Syracuse, beginning at 5:30
p.m. Performers for the
event are members of the
Fulton Community Theatre,
Ted and Amy... and you.
Proceeds from the event
will benefit the Auxiliary's
We Have A Little Emergency
car seat and helmet identifi-
cation program and Nursing
Recognition programs at
University Hospital. A min-
imum contribution of \$50
per person will be accepted
and two sponsorship levels
are offered. For more
information or to make
reservations, call the
Auxiliary office at
464-5606.

Mock Trial scheduled for Jan. 31

"You Be The Jury!
Verbal Orders: Rx For
Death!" is the theme for a
mock trial to be held
Wednesday, Jan. 31 from
1 to 4 p.m. in the Medical
Alumni Auditorium of
Weiskotten Hall.

The mock trial is a
creation of University
Hospital's Professional
Liability Education Forum
faculty, who will facilitate
University Hospital and
Syracuse University students
and staff in playing key
roles for the prosecution
and defense from nursing,
physician and pharmacy
perspectives. The faculty
team is comprised of
Regina McGraw (SUNY
Counsel), Ray Carnevale
and Theresa Gagnon (Risk
Management), George
Gaebler (Respiratory Therapy
and Hospital Administration),
Janette Miller (Orthopedics)
and Maggie Argentine
(Educational Support Services).

The case involves a
fictitious patient who
received a medication that
was ordered verbally;
dispensed and administered
in an excessive dose; and
the patient died. The trial

continued on page 2

Mystery and Merlot

It's a mystery!
No one had a clue ...



State University of New York



Upstate
Medical
University

calendar

Wednesday, Dec. 20

Anesthesiology Grand Rounds. 7 a.m. Wsk. Hall, Medical Alumni Aud. Otolaryngology and Communication Sciences Grand Rounds. 7 to 8 a.m. University Hospital, Rm. 6500.

Pediatric Grand Rounds. "Treatment for Recurrent Abdominal Pain." Presenter: Manoochehr Karjoo, MD, Upstate Medical University. 9:15 a.m. University Hospital, Rm. 6500.

Combined Infectious Diseases Conference. 4 p.m. University Hospital, Rm. 4505.

Thursday, Dec. 21

Medical Grand Rounds. 8:30 a.m. Wsk. Hall, Rm. 1159.

Urology Grand Rounds. 9 to 10 a.m. University Hospital, Rm. 6500.

Psychiatry Faculty Meeting. 12:30 to 1:45 p.m. PBS, 713 Harrison St., Rm. 338.

Shirley Hermann Retirement Reception. 3 to 4:30 p.m. Wsk. Hall, Rm. 1254.

Friday, Dec. 22

Obstetrics/Gynecology Grand Rounds. "Indications for Tension-Free Vaginal Tape: A Case Presentation." Presenter: Suchitra Kavety, MD, Upstate Medical University. 7:30 a.m. Marley Education Building, Sulzle Aud.

Wednesday, Dec. 27

Anesthesiology Grand Rounds. 7 a.m. Wsk. Hall, Medical Alumni Aud.

Otolaryngology and Communication Sciences Grand Rounds. 7 to 8 a.m. University Hospital, Rm. 6500.

Combined Infectious Diseases Conference. 4 p.m. University Hospital, Rm. 4505.

Thursday, Dec. 28

Urology Grand Rounds. 9 to 10 a.m. University Hospital, Rm. 6500.

Retirement Reception for Dr. David Murray. 3 to 6 p.m. 550 Harrison Center, Suite 100.

Friday, Dec. 29

Obstetrics/Gynecology Grand Rounds. "Cervical Cancer in pregnancy: A Case Presentation." Presenter: Melissa Jaitler, MD, Upstate Medical University. 7:30 a.m. Marley Education Building, Sulzle Aud.

Workshop. "MEDLINE on the Web." 11 a.m. to noon. Health Sciences Library, meet at Reference Desk. Call 464-4581 to register.

Wednesday, Jan. 3

Anesthesiology Grand Rounds. 7 a.m. Wsk. Hall, Medical Alumni Aud.

Otolaryngology and Communication Sciences Grand Rounds. 7 to 8 a.m. University Hospital, Rm. 6500.

Surgical Grand Rounds. "Gamma Knife Stereotactic Radiosurgery." Presenter: Charles Hodge, MD, Upstate Medical University. 8 to 9 a.m. Wsk. Hall, Rm. 103.

Pediatric Grand Rounds.

Presenter: Robert Corwin, MD, MEDBEST. 9:15 a.m. University Hospital, Rm. 6500.

Retirement Reception for Ginny Convertino. 2 to 4 p.m. University Hospital, Rm. 1311.

Combined Infectious Diseases Conference. 4 p.m. University Hospital, Rm. 4505.

Thursday, Jan. 4

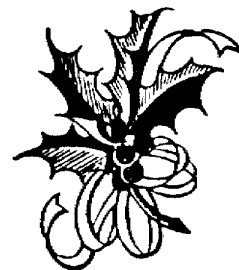
Medical Grand Rounds. "The 2000 ACLS Guidelines for Ventricular Fibrillation: The Sooner the Better." Presenter: Edgar R. Gonzalez, PharmD, Hampton University. 8:30 a.m. Wsk. Hall, Rm. 1159.

Urology Grand Rounds. 9 to 10 a.m. University Hospital, Rm. 6500.

Psychiatry Grand Rounds. Presenter: Philip Ninan, MD, Emory University School of Medicine. 12:30 to 2 p.m. PBS, 713 Harrison St.

Friday, Jan. 5

Obstetrics/Gynecology Grand Rounds. 7:30 a.m. Marley Education Building, Sulzle Aud.



Mock Trial *continued from page 1*

testimony will deal with evidence involving verbal orders, miscommunications, pharmacology knowledge, and how the best intentions can lead to tragic outcomes.

As of press time, the 'court lineup' includes: nurses Judy Kilpatrick (defendant) and Nancy Page (expert), physicians Dave Lehmann (expert), Paul Kent (plaintiff's doctor), and MSIII Jody Davis Connolly, (physician defendant) and a yet to be named pair of pharmacists. Win Thurlow of the New York Attorney General's office will preside as judge in the case, and prosecuting and defense attorney roles will be

filled by Syracuse University College of Law students under the guidance of Regina McGraw. As the title implies, you will be the jury. After hearing testimony, the audience will decide for the plaintiff or the defendant.

The Mock Trial has been approved for 4.8 contact hours by the Institute for Continuing Nursing Education. Refreshments will be served. Advance registration is suggested due to limited seating capacity for this community wide event. Please email bakerv@upstate.edu or call Educational Support Services (464-5463) to register.

Hospice and Palliative Care Associates present Anita Award to Dr. Colleen O'Leary

Colleen O'Leary, MD, assistant professor of anesthesiology, received the Anita Award from Hospice and Palliative Care Associates. The award, named for a former Hospice patient, recognizes a physician for honest and sensitive communication with and support for families facing a life threatening illness.

Dr. O'Leary is past president of the Onondaga County Medical Society and chief medical officer for Perioperative Services at Upstate Medical University. She was selected for her leadership role in promoting and understanding of end-of-life issues throughout the Central New York medical community.

This is the third consecutive year that a physician from Upstate Medical University was selected as recipient of the Anita Award. In 1998 the Anita Award went to Jonathan Wright, MD, of the Regional Oncology Center. Last year the award was presented to the University Hospital's Department of Radiation Oncology.



Colleen O'Leary, MD, assistant professor of anesthesiology, (left) accepts the Hospice Anita Award from Anita Award committee chair Lois Schaffer.



Pathway to Wellness offers Hatha Yoga classes

University Hospital's Pathway to Wellness Program will again offer Hatha Yoga classes in 2001.

The classes will be offered on campus each Monday and Wednesday, from 5 to 6 p.m., Jan. 8 through April 16. All members of the Upstate community are invited to participate. The fee is \$60 per session.

The schedule is as follows:

- **Monday sessions:** These classes build and encourage proper breathing and postures.
Days: Jan. 8, 22, 29; Feb. 5, 12, 19, 26; March 5, 12, 19, 26; April 2, 9, 16
Location: Physical Therapy Gym, 2N, University Hospital
- **Wednesday sessions:** These classes concentrate on floor exercises, breathing for relaxation and meditation.
Days: Jan. 10, 17, 24, 31; Feb. 7, 14, 21, 28; March 7, 14, 21, 28; April 4, 11
Location: Cognitive Therapy Room, UH

To register or for more information, contact:
Kim Utter at 464-4034.

Retirement reception for Dr. Murray set for Dec. 28

All Upstate individuals are invited to a retirement reception for David G. Murray, MD, Thursday, Dec. 28 from 3 to 6 p.m. in the Department of Orthopedic Surgery, Suite 100, 550 Harrison Center. Dr. Murray retires as distinguished professor and past chair of Orthopedic Surgery after serving Upstate for 39 years.

Health Insurance Option Transfer Period for New York State Employees

The Choices, a yearly publication sent out by the Department of Civil Service summarizing the coverage provided under each option offered under the New York State Health Insurance Program (NYSHIP), is now available. To obtain a copy, call or visit the Upstate Health Insurance Office, Rm. 204 Jacobsen Hall, ph. 464-4941 (Kathi Exner) or 464-4944 (Sherrie Johnson). You may also reach them by e-mail at: EXNERK or JOHNSOSA, via GroupWise.

The following rates reflect employee contributions on a biweekly basis for PEF and UUP represented employees and M/C employees.

PEF, UUP, M/C Biweekly rates for 2001:

Plan Name	Individual	Family
Empire	\$12.70	\$51.35
HMO/CNY	\$ 26.00	\$114.67
MVP	\$14.11	\$76.67
Univera (PHP)	\$14.18	\$84.29
United Healthcare	\$26.51	\$112.53

As a basis for comparison PEF, UUP, M/C Biweekly rates for 2000:

Plan Name	Individual	Family
Empire	\$11.40	\$46.28
HMO/CNY	\$ 9.11	\$63.75
MVP	\$10.58	\$68.50
Univera (PHP)	\$21.34	\$100.84
United Healthcare	\$19.41	\$90.54

The options listed at left are available for employees living or working in Onondaga County. If you reside outside of Onondaga County, please refer to the Rates and Deadlines flyer that will be mailed to your home for additional coverage options.

The following rates reflect employee contributions on a biweekly basis for CSEA represented employees.

CSEA Biweekly rates for 2001:

Plan Name	Individual	Family
Empire	\$8.63	\$37.98
HMO/CNY	\$24.40	\$106.65
MVP	\$13.19	\$71.98
Univera (PHP)	\$12.13	\$74.06
United Healthcare	\$24.93	\$104.48

As a basis for comparison CSEA Biweekly rates for 2000:

Plan Name	Individual	Family
Empire	\$7.86	\$34.31
HMO/CNY	\$ 7.72	\$56.79
MVP	\$8.99	\$60.53
Univera (PHP)	\$20.21	\$95.15
United Healthcare	\$18.06	\$83.68

The options listed above are available for employees living or working in Onondaga County. If you reside outside of Onondaga County, please refer to the Rates and Deadlines flyer that will be mailed to your home for additional coverage options.

The deadline to change your health insurance option is Dec. 29, 2000. No action is required if you wish to keep your current health insurance option.

If a new option is elected, your coverage under the new option will begin on Jan. 4, 2001 and the 2001 rates will be reflected in your Jan. 3, 2001 paycheck.

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Health Insurance Option Transfer Period for New York State Employees (continued)

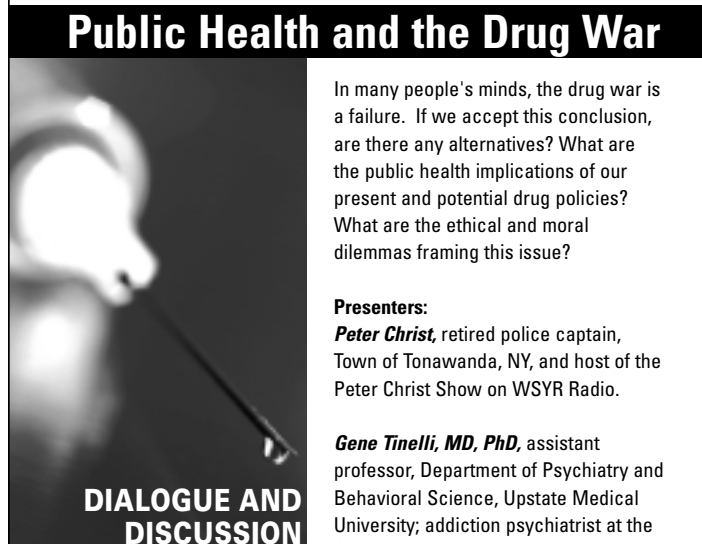
The following table is a brief outline of some of the benefit changes for 2001. The HMO contracts and the certificate of insurance from the Empire Plan carriers with amendments provide the specific benefits available under NYSHIP. Please refer to the Choices publication and/or contact the HMO or Empire Plan Administrator for additional information.

Plan Name	Plan Changes
Empire	For PEF, UUP, & M/C employees, the office copayment will increase from \$8 to \$10. For CSEA employees the office copayment will increase from \$5 to \$8. For CSEA employees, the annual deductible will increase from \$161 to \$175 (for enrollee; enrolled spouse/domestic partner; and all dependent children combined. The allowance for Hearing Aids will increase from \$800 to \$1000.
HMO/CNY and United Healthcare	The SUNY Upstate Medical University Health Insurance Office has not been notified of any benefit changes for HMO-CNY or United Healthcare for 2001. Please contact the HMOs directly for information pertaining to the benefits they will offer in 2001.
Univera (PHP)	The prescription drug coverage co-payments will change from \$5 generic/\$20 brand name to \$5 for Tier I / \$15 for Tier II / \$35 for Tier III.
MVP	The prescription drug coverage co-payments will change from \$5 generic/\$10 brand name to \$5 generic/\$20 brand name. Mail order prescription drug coverage \$10/generic, \$40 brand name for 90 days supply or 300 units.

You will be assured to get "medicine at its best" if you choose a physician and option affiliated with University Hospital.

FAITH & VALUES

F O R U M



Public Health and the Drug War

In many people's minds, the drug war is a failure. If we accept this conclusion, are there any alternatives? What are the public health implications of our present and potential drug policies? What are the ethical and moral dilemmas framing this issue?

Presenters:
Peter Christ, retired police captain, Town of Tonawanda, NY, and host of the Peter Christ Show on WSYR Radio.

Gene Tinelli, MD, PhD, assistant professor, Department of Psychiatry and Behavioral Science, Upstate Medical University; addiction psychiatrist at the Chemical Dependence Clinic, Veterans Administration Medical Center and at Crouse Hospital.

IALOGUE AND DISCUSSION

Noon - 1 p.m.

Wednesday, January 17

9th Floor Auditorium
 Room 9295
 Weiskotten Hall

This will not be a debate. Both presenters are on the same side, but they will present both sides of the argument, even though the pro-war position appears to be well presented by the news media and the government.

Both speakers are members of ReconsiDer, an organization dedicated to harm-reduction and the search for alternatives to the drug war as we know it. It is their contention, and that of a growing number of others, that the drug war contributes to racism, wasteful government spending, over-crowded prisons, loss of civil liberties, gun violence, intervention in foreign governments and corruption of police and the courts. As such, it is a failure.



* Made possible by a grant from the Auxiliary of Upstate Medical University

The question is: Should we be spending billions treating a public health problem as a criminal problem? In advance of this presentation, you may want to visit the ReconsiDer website at www.reconsider.org.

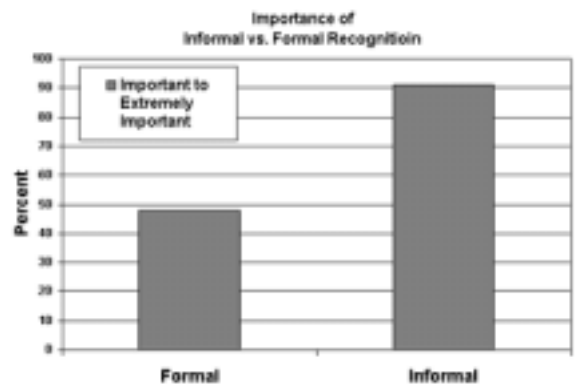
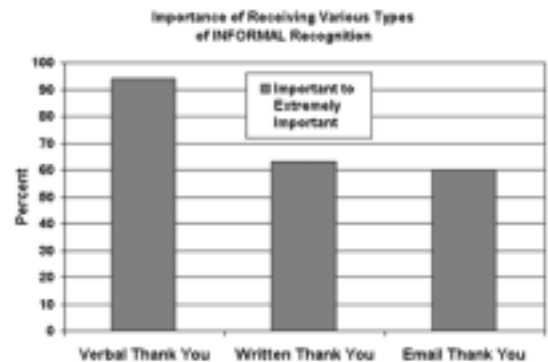


SPONSORED BY THE COOPERATIVE CAMPUS MINISTRIES COMMITTEE

The survey says... Give Thanks to Employees

“Thank you messages are the best, whether they are verbal, e-mail, or notes, it is nice to know that you are appreciated” is the message given by the more than 1,200 respondents to the Employee Recognition Committee’s recent survey. The charts at right summarize the survey results and support the mission of University Hospital’s newly appointed All Star Committee.

And, with a new mission, comes a new name... “Upstate Stars” (formerly All Stars). The Upstate Stars Program will provide an opportunity for the entire Upstate community to say “thank you” in innovative and inexpensive ways. The survey results, as well as national studies, indicate that formal (public recognition) is not as important as informal (thank you) recognition. The committee will focus on what is overwhelmingly important to employees...informal recognition. The committee is currently developing a variety of recognition training tools for managers and departments, which include an “Upstate Stars” informational web site. Look for more information about the all new Upstate Stars in future issues of *Upstate Update*.



NOTE: Due to the holidays, the deadline for the Jan. 3 to Jan. 17 issue of *Upstate Update* is WEDNESDAY, DEC. 20.



Jeanne S. Lange Memorial Lecture series introduced at 1st Annual Team SUNY Meeting

The Department of Cardiovascular Perfusion in the College of Health Professions at Upstate Medical University introduced its Jeanne S. Lange Memorial Lecture Series at the 1st Annual Team SUNY meeting, held this past November in the Institute of Human Performance. The series honors the founder of the college's cardiovascular perfusion program.

"It is fitting to honor Jeanne Lange in this way. Her commitment to perfusion education has had a tremendous impact on our profession. It is good to use a forum such as this to



Jeanne S. Lange

reflect upon our heritage," said Bruce Searles, CCP, the current program director of the cardiovascular perfu-

sion program. The lecturers and the presentations were:

Scott Alexander, CCP, chief perfusionist at University Hospital, ("Lange-isms: are they still valid?"); Ian Shearer, CCP, chief perfusionist, Duke University Health System, ("What is a Professional");

Frank Strickler, CCP, chief perfusionist, Albany Medical Center, ("I do it the same way everyday".)

Senior student research presentations followed the lectures. John Angotti presented a review of current and new pharmacological interventions relating to the CPB-induced inflammatory response; Michael Lockart

presented promising data in "Comparison of aprotinin and CMT in an in vitro inflammatory CPB circuit"; Jake Heiner delivered an IRB approved study entitled "ACT comparisons across eight different devices." A final student presentation, a survey study, was "Is pediatric perfusion education adequate?" delivered by Ron Angona. The survey evaluated responses in regards to pediatric perfusion education from program directors as well as recent perfusion graduates. The Team SUNY Meeting was supported by COBE Cardiovascular Inc.

Mindful Eating



A PRACTICE SITE OF
UNIVERSITY HOSPITAL

It's time to start thinking about our New Year resolutions! If one of them is a commitment to lose weight and achieve a healthier lifestyle, sign up now for University Hospital's Mindful Eating program.

Mindful Eating uses a non-traditional, non-diet approach for safe, effective, and **permanent** weight loss. It is the area's only program both developed and taught by a physician and a dietitian. Lisa Kaufmann, MD, is a specialist in Internal Medicine. Terry Podolak, RD, is a Registered Dietitian. They are recognized by their clients as supportive and empathetic instructors.

Mindful Eating is a 10 week program offered on Thursdays from 6:30-9 p.m., January 11 through March 29, 2001. Each session is 2 1/2 hours. The \$300 fee (only \$30 per week) includes all program materials and an all-day session on stress management. Payment plans are available.

To register or for more information please call 315-464-6052.



S Y R A C U S E , N E W Y O R K

in the spotlight...

SUNY Upstate Medical University

Margaret Turk, MD receives OSU Alumni Award

The Ohio State University (OSU) College of Medicine and Public Health honored Margaret Turk, MD, with an alumni achievement award during its 47th annual alumni reunion. Dr. Turk is an assistant professor of medicine at Upstate Medical University.

Dr. Turk earned her medical degree and completed her residency in physical medicine and rehabilitation at OSU. She was the 2000 AAPM&R Annual Assembly Chair, serves on the AAPM&R Business/Practice Committee, and is a director of the American Board of Physical Medicine and Rehabilitation.



Margaret Turk, MD

A message from the Ambassadors

Maintaining a clean and healthy environment is a vital part of University Hospital's mission.

- Please do not smoke in or near University Hospital entrances. (Smoke can harm our patients who have difficulty breathing). If you must smoke, please take advantage of University Hospital's designated smoking areas.

- If you spot someone smoking in or near University Hospital entrances, please remind them that University Hospital is smoke-free institution, but one which has, as a courtesy, designated smoking sites.

- Please find an appropriate way of disposing your cigarette. It is not suitable or healthy to toss cigarettes on the floor or on the ground. Thank you.

University Hospital Value Analysis Program presents:

"VIPER"

C O M I N G J A N U A R Y 2 0 0 1

"The challenge is yours"

Note: Contact the Human Resources Department for address corrections or to be deleted or added to the Update mailing list

Did You Know?

- In 1999, University Hospital had 1,874,155 pounds of dirty linen washed. That's about 6,000 pounds per day, six days per week. The average family of four produces between 50 and 60 pounds of dirty linen per week or about 3,100 pounds per year.
- Upstate Medical University qualifies for a discount rate from the U.S. Postal Service. The rate we would pay for postage would be only 26.1 cents per piece of mail if our envelopes were correctly labeled. The envelopes need to be typed or computer generated - not hand written. If you use a window envelope for your mailings, nothing other than the name and the address can be showing. If this happens, we pay 33 cents per piece even if it is typed. If you have questions on comments on other saving ideas for the mail center please contact Brenda Rodriguez, Mail Services Supervisor, at 464-5328.



Upstate Update is published by the Marketing and University Communications Department at SUNY Upstate Medical University. To submit news or calendar items, contact editor Doretta Royer, Rm. 205, 250 Harrison Center, 464-4836; email: royerd.

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**Submission deadline
for the 1/3 - 1/17 issue is
WEDNESDAY, DEC. 20, 2000.**